



# PARISH OF THE HOLY EUCHARIST

MAY 17, 2020 SIXTH SUNDAY OF EASTER

THE ASCENSION OF THE LORD  
LIVE STREAM MASSES

VIGIL: WEDNESDAY, 5:30PM  
THURSDAY, 7:30AM, 5:30PM

## STAY 'CONNECTED'

(1) **Drive Up Eucharistic Adoration at Holy Martyrs Church on Mondays, 4:15pm - 5:15pm.** Drivers must park in a spot facing the rear of Holy Martyrs as the exposition of the Blessed Sacrament will happen through the windows of the kitchen. (The only location that can accommodate many drivers to view the Blessed Sacrament). Drivers must stay in their vehicles.

(2) POTHE Bulletins can be picked up outside each of our churches

(3) Masses at Holy Martyrs will be live streamed only (no Face 2 Face attendance). Go to: [pothe.org](http://pothe.org). and click on 'Watch Mass Live' or [pothe.org/face-book](http://pothe.org/face-book). If you need assistance please contact Kim Palli at 207-553-9075. You may also watch prerecorded Mass on Channel 1303 on Sunday's 10:00am and 4:00pm.

(4) **Drive through Confession - St Gregory: Saturday 9:00am-10:00am**  
**Holy Martyrs: Saturday 2:30pm-3:30pm**  
**Sacred Heart: Saturday 2:30pm-4:30pm**

(5) Act of Contrition:

O my God, I am heartily sorry for having offended Thee, and I detest all my sins because of thy just punishments, but most of all because they offend Thee, my God, who art all good and deserving of all my love. I firmly resolve with the help of Thy grace to sin no more and to avoid the near occasion of sin. Amen.

(6) Spiritual Communion:

"My Jesus, I believe that you are present in the Most Holy Sacrament. I love you above all things and I desire to receive you into my soul. Since I cannot at this moment receive you sacramentally, come at least spiritually into my heart. I embrace you as if you were already there and unite myself wholly to you. Never permit me to be separated from you. Amen."



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*The 2020 Brother James O. Harris Scholarship Application is now out. Please go to the Knights web page or call Brother Stephen Griffin at 517-0481 to have a copy mailed to you.*

*Clynk Bottle & Can Recycle Program: The Knights of Columbus Council 15791 wishes to thank the Parish of the Holy Eucharist and parishioners for your continual support of the Council through your participation in the Clynk Recycling Program; sponsored by Hannaford Stores.*

**BECOME A KNIGHT:** For more information [www.kofc.org/joinus](http://www.kofc.org/joinus)

## GOD DWELLS WITHIN EACH OF US



Gerald Fuller shares this story. Dorothy Pryse was listening to a Christian radio station as she drove to the grocery store one morning. A person was talking about kindness. Then he said, "I wonder how many of you are listening to me on your car radio and thinking of how you can be kind while driving?" Dorothy began thinking about what he was saying. A few blocks away, she saw a woman waiting in her car to come out of her driveway. Traffic was heavy; Dorothy knew this woman would have a hard time getting out. She slowed down to let her out. The woman smiled and waved at her.

When she got to the grocery store she saw a parking space. As she started pulling in, another car on the opposite side also started pulling in. Dorothy backed out and found another parking spot. As they both got out of their cars, the driver of the other car said, "I can't believe what you just did. Anyone else would have made me back out."

Dorothy explained what she had heard on the radio about showing love. The two women began talking. Dorothy discovered the woman had just moved into the area, didn't know anyone and was looking for a church. "I invited her to come to our Church, Dorothy says, "and a strong friendship has blossomed from our chance meeting and a small act of kindness." ( Stories for All Seasons pg 21)

Jesus promises that we will not be orphans. God dwells within each of us. When we think about God's love within us, we may be tempted to think about the heroic opportunities that we need help: forgiving our arch nemesis, walking away from serious sin and addiction, coping with a loved one who has abandoned the faith, etc. When we stumble in these great moments, we falsely conclude that God is not really present, or that we are somehow not worthy. The more obvious reality is that we need to grow in our appreciation and understanding of God's indwelling. That happens when we have small moments of grace, as in the above story. Two simple gestures, each taking less than a minute, united with God's presence, could have made a profound impact in these lives.

This week, in preparation for the great Solemnity of Pentecost, instead of wondering where the overwhelming moments of the Spirit are in your life, focus on the smaller moments. Intentionally imagine an act of kindness that you can offer to someone and do it. See if you can recognize how God will use that moment to strengthen your faith and be present in the life of someone else.  
 — Father Phil

Outdoor confessions at St. Gregory's will now be on Saturdays from 9am to 10am.

For those who are wondering, at Holy Martyrs and St. Gregory's, I sit in my car with the windshield blocked and a purple cloth over the driver side window. Please drive up so your driver side window is facing me. I cannot see. If you desire face to face, just let me know. If there are more than one person in vehicle, then stop a distance a way and come stand five feet from the car window. At Sacred Heart, Fr. Paul has a kneeler and screen off the parking lot door. You may also sit across from him to confess your sins.

A number of parishioners have inquired about the financial position of the parish. Your generosity is allowing us to keep our staff on full time, and to pay the bills that are coming in. Thank you. We are continuing our support for our brothers and sisters in Haiti, and will have a special solicitation in June. We are continuing to help the needy within our parish boundaries. If any parishioner wishes to assist with those efforts, you may do so on the We-Share site or mail in a donation to the parish office. Please make sure your intention is clearly designated. We have also begun our Catholic Appeal program to help fund the works of the Diocese. Please be generous, as our parish shows leadership in this effort. I would be most grateful if we could increase the number of parishioners participating. In these tough times, that will be the greatest sign that we recognize the indwelling of God's spirit.





## Sixth Sunday of Easter

Our Liturgical Color is White  
This Week's Theme: HOLY SPIRIT, COME!

### Gospel of John 14: 15 - 21

**OUR FAMILY PRAYS:** "In the name of the Father and of the Son and of the Holy Spirit. Amen. Risen Jesus, Father in Heaven, Holy Spirit, we believe that you are ONE GOD. When we spend time with you, we grow to understand relationships. Thank you for being with us on this earth, through the Holy Spirit. We thank you for keeping us safe, healthy, patient and trusting. In the name of the Father and of the Son and of the Holy Spirit. Amen."

**SCRIPTURE BACKGROUND:** In today's Gospel, Jesus continues his Last Supper conversation with the Apostles. He promises to return to them after his Death and Resurrection (He does! from New Testament accounts, before his Ascension to Heaven, Jesus appeared at least 10 times to his disciples and various groups during a period of about 40 days; he also later appeared to Saul - St. Paul, after his Ascension). At this supper, Jesus also promises that after his Ascension to his Father in heaven, he will continue to be with them through a helper, an advocate, called **the Holy Spirit**.

What is Jesus' point? He is telling them and us that he (God) will never abandon us, that he will not leave us orphans. He does not promise perfection or earth (this is reserved for Heaven). He promises that no matter what happens in our lives, the Holy Spirit (God) will help us through everything, because he loves us. Jesus asks us to trust him. He is faithful to us, always, through thick and thin!

**OUR FAMILY SHARES CONVERSATION:** When Italian St. Catherine of Siena thought about the fish that live in the sea, she was a beautiful symbol of the existence we have in God. She wrote that every human being is both surrounded by God and filled with God, "like the fish in the sea and the sea in the fish".

1. What does this mean to me?
2. Can a fish live without water? What does water do for fish?
3. Do I have another way or image to describe how God is essential to our existence?
4. How does God work on earth to show his love for us? Give some real live examples!
5. Do I trust that Jesus is truthful in his presence?

**OUR FAMILY ACTS:** We will join our community in worship through one of our parish Livestream Masses (pothe.org - 4:00 on Sat; 8:30 or 10:30 am or 5:30 pm on Sun)  
(Adapted from Pflaum Publishing)

**FAMILY TIP:** Remember also to access formed.org, your FREE "Catholic Netflix" through our parish account. Go to formed.org, click on "Sign up", select "I belong to an organization or church", select "Parish of the Holy Eucharist", and create your family log-in. Once you have an account, and each time you sign in, you will be sent an email for verification. Enjoy the many amazing resources for all ages and levels.

## MAY 21ST, THE ASCENSION OF THE LORD

The Ascension of our Lord is an event that is commemorated by a feast day, usually Thursday in the Sixth Week of Easter. It's also one of the Glorious Mysteries of the Rosary.

As Jesus told His Apostles right before His Ascension "Thus it is written...that repentance and remission of sins should be preached in his [Christ's] name to all the nations, beginning from Jerusalem. You yourselves are witnesses of these things" (Luke 24:46-48).

He also said: "You shall receive power when the Holy Spirit comes upon you, [see Acts 2:1-11] and you shall be witnesses for me in Jerusalem and in all Judea and Samaria and even to the very ends of the earth" (Acts 1:8).

This prayer below brings our Lord's stirring words to mind:

**Dear Lord Jesus Christ, right before your Ascension into heaven you told your apostles to be His witnesses to the ends of the earth upon receiving the Holy Spirit. May I be similarly inspired to spread your Gospel message in word and deed, according to your will for me. And may I do so prudently and joyfully, with your help, your guidance, and your grace! And remembering this glorious event, help me to seek what is above, Heaven, where you are seated at the right hand of God the Father!**

Our Lord must commission His apostles, and by extension His disciples as well, to go forward and spread his teaching once they've been baptized by the Holy Spirit at Pentecost. (Scripture only mentions the apostles as being present for this wondrous event, but there are Church approved private revelations that mention His Disciples as being there as well.)

Upon the promised descent of the Holy Spirit ten days later the once timid Apostles and Disciples went boldly forth to proclaim Jesus' Good News of mankind's redemption and salvation, as St. Luke recounts in the book of Acts.

One of the last lines in the first Ascension Day reading at Mass reminds me that we have to play our part in our salvation, in living a life of loving obedience to our Lord and His Commandments. We see Jesus' Apostles and perhaps disciples, looking up in amazement as "he was lifted up before their eyes, and a cloud took him out of their sight" (Acts 1:9).

Suddenly two men dressed in white say to them "Men of Galilee, why do you stand looking up to heaven? This Jesus who has been taken up from you into heaven, shall come in the same way as you have seen him going up to heaven" (Acts 1:11).

In other words, "Stop standing around gawking, and wondering when Christ might come back, and get busy with what He wants you to do!" And that applies to all of us as well, each in our own ways. 'Go.....'

— OurCatholicPrayers.com

### Donations Needed at Soup Kitchens

Friendship House - Next Meals & Household Donation Pickup at Holy Martyrs is on Wednesday, June 3rd at 3:00pm. People who want to help without bringing things to Holy Martyrs can send checks to: Friendship House, 390 Lincoln Street, South Portland ME.

Thank you! – Deborah Nicklas (cell phone: 272-0951)

St Vincent de Paul Soup Kitchen is in need of donations to support the purchase of food to prepare bagged lunches which volunteers are assembling for the Homeless and NOW Unemployed individuals & families too.

Please send donations to: St Vincent de Paul Soup Kitchen 307 Congress St, Portland ME 04101/ATTN: Jesse

### St Gregory Campground Community Bash

Once the State of Maine lifts the Stay at Home orders we would like to offer opportunities this Summer for our Parishioners & Friends to gather at St Gregory's with music/karaoke, a potluck & bon fire to give thanks that the Coronavirus has passed. If you would like to be involved with the planning of these events please contact Kim Palli at 553-9075.

### Apostolate of Prayer for Priests

"Those who love Me will keep my word."

Is your love for the Lord leading you to grow in holiness as a priest, deacon or in the consecrated life? Call Father Seamus Griesbach at (207) 773-6471

or write: [seamus.griesbach@portlanddiocese.org](mailto:seamus.griesbach@portlanddiocese.org).



**Knights of Columbus  
Council #15791  
Parish of the Holy Eucharist**

## Announcing 2020 Scholarships!

Knights of Columbus Council #15791 will award two \$1,000 scholarships to graduating seniors in the parish.

Scholarship application forms are now available at each of the parish churches, or can be downloaded from the quick links section of the POTHE website: [[www.pothe.org](http://www.pothe.org)].

For more information please contact the Council Youth Director at 517-0481 or email: [griffinsm15@gmail.com](mailto:griffinsm15@gmail.com).

### OUTREACH INVITATION FOR INDIVIDUALS IN COLLEGE & HIGH SCHOOL

Would you share your expressions of hope, faith and encouragement with our parish and local communities during this extended time of COVID-19?

Do you want to do this through your creative gift of music, visual arts, drama, math, history, prayer, videography, storytelling, poetry, dance, crafts?

Please contact Georgette Dionne, Director of Lifelong Faith Formation, at [georgette.dionne@portlanddiocese.org](mailto:georgette.dionne@portlanddiocese.org) to share and discuss how you would like to share your message and concern.

**Saturday, May 16**

9:00am SG Outdoor Confession  
 2:30pm HM,SH Outdoor Confession  
 4:00pm HM Mass (live streaming on pothe.org/facebook or pothe.org and click 'Watch Mass Live')

**Sunday, May 17**

8:30am HM Mass (live streaming on pothe.org/facebook or pothe.org and click 'Watch Mass Live')  
 10:30am HM Mass (live streaming on pothe.org/facebook or pothe.org and click 'Watch Mass Live')  
 5:30pm HM Mass (live streaming on pothe.org/facebook or pothe.org and click 'Watch Mass Live')

**Monday, May 18**

4:15pm HM Drive Up Eucharistic Adoration  
 5:30pm HM Mass (live streaming on pothe.org/facebook or pothe.org and click 'Watch Mass Live')

**Tuesday, May 19**

5:30pm HM Mass (live streaming on pothe.org/facebook or pothe.org and click 'Watch Mass Live')

**Wednesday, May 20**

7:30am HM Mass (live streaming on pothe.org/facebook or pothe.org and click 'Watch Mass Live')  
 5:30pm HM Mass (live streaming on pothe.org/facebook or pothe.org and click 'Watch Mass Live')

**Thursday, May 21 (THE ASCENSION)**

7:30am HM Mass (live streaming on pothe.org/facebook or pothe.org and click 'Watch Mass Live')  
 5:30pm HM Mass (live streaming on pothe.org/facebook or pothe.org and click 'Watch Mass Live')

**Friday, May 22**

5:30pm HM Mass (live streaming on pothe.org/facebook or pothe.org and click 'Watch Mass Live')

**Saturday, May 23**

9:00am SG Outdoor Confession  
 2:30pm HM,SH Outdoor Confession  
 4:00pm HM Mass (live streaming on pothe.org/facebook or pothe.org and click 'Watch Mass Live')

**Sunday, May 24**

8:30am HM Mass (live streaming on pothe.org/facebook or pothe.org and click 'Watch Mass Live')  
 10:30am HM Mass (live streaming on pothe.org/facebook or pothe.org and click 'Watch Mass Live')  
 5:30pm HM Mass (live streaming on pothe.org/facebook or pothe.org and click 'Watch Mass Live')

**Marriage Bans**

III Nicholas Rizzo/Katie Robaczewski

**Mass Schedule & Prayer Intentions (pg 5)****Saturday, May 16**

4:00pm HM Fr. K Pauline Cemani by Brooks Ewald family

**Sunday, May 17**

8:30am HM Fr. T David Maurice by Will & Gail Plante  
 10:30am HM Fr. M Josephine Marr by The Marr Family  
 5:30pm HM Fr. T Paul Weyand by Judy Weyand

**Monday, May 18**

5:30pm HM Fr. T Konrad Barteles, Julia Valle & Jose E Mayes by Estela Valle

**Tuesday, May 19**

5:30pm HM Fr. T Sl: Rita Moreny by The Chapman Family

**Wednesday, May 20**

7:30am HM Fr. T Catherine DiDonna by Brifid & Gerry DiDonna  
 5:30pm HM Fr. K Sl: Margarita, Vlad & Hunter by Their Mother

**Thursday, May 21 (THE ASCENSION OF THE LORD)**

7:30am HM Fr. T Lev Agren & for the Family & Friends of the Agren Family  
 5:30pm HM Fr. T Nany March by Her LTMTF Friends

**Friday, May 22**

5:30pm HM Fr. T Lorraine & Herman Clark by Marian & Don Cote

**Saturday, May 23**

4:00pm HM Fr. K Dorothy Fredriksen by Trish Dyk

**Sunday, May 24**

8:30am HM Fr. T All POTHE Parishioners  
 10:30am HM Fr. M Joyce Kissel by Louise Gorham  
 5:30pm HM Fr. T Henry & Teresa Desantis & Parents by Mildred Thiboutst

**PARISH INFORMATION**

**BULLETIN** ITEMS FOR THE BULLETIN ARE DUE 10 DAYS PRIOR TO PUBLICATION. PLEASE SUBMIT INFORMATION TO: KIM.PALLI@PORTLANDDIOCESE.ORG

**WISHING TO REGISTER IN THE PARISH** PLEASE CONTACT THE PARISH OFFICE OR FILL OUT THE FORM ON OUR WEBSITE

**WISHING TO BECOME CATHOLIC** PLEASE CONTACT THE PARISH OFFICE AND ASK FOR LIFELONG FAITH FORMATION

**SACRAMENT OF THE ANOINTING OF THE SICK AND PASTORAL CARE TO THE SICK AND HOMEBOUND** PLEASE CALL THE PARISH OFFICE WITH THE NAME, CONDITION, ADDRESS, AND PHONE NUMBER OF THE PERSON WHO IS IN NEED

**SACRAMENT OF BAPTISM FOR INFANTS** PLEASE CONTACT DEACON DENNIS AS SOON AS YOU GIVE BIRTH TO YOUR CHILD

**ADULT CONFIRMATION** PLEASE CONTACT GEORGETTE IN THE LIFELONG FAITH FORMATION OFFICE

**SACRAMENT OF MARRIAGE** PLEASE CONTACT THE PARISH OFFICE AT LEAST 6 MONTHS IN ADVANCE OF THE DESIRED DATE OF YOUR WEDDING

**SACRAMENT OF CONFESSION** HELD EVERY SATURDAY IN HM, SH & SG AT 3:00PM OR AT ANY TIME BY APPOINTMENT WITH THE PRIEST

**MASS INTENTIONS** CALL THE PARISH OFFICE OR FILL OUT AN ENVELOPE FOUND IN THE NARTHEX

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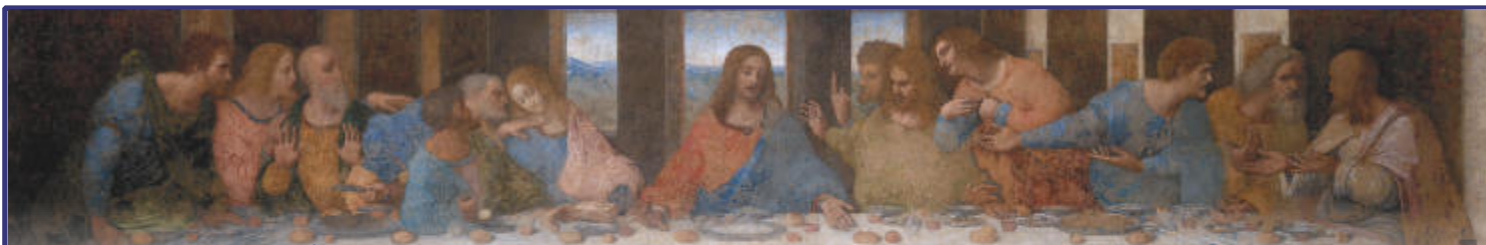
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We are the Parish of the Holy Eucharist, a Catholic Community called to discipleship, seeking deeper communion with God, each other, and our neighbors by celebrating the Sacraments, sharing God's word, and serving all in need.

**Weekend Mass Schedule (Suspended at SG, SJ & SH, Holy Martyrs, Live Streamed: Go to: [pothe.org](http://pothe.org))**

Saturday Holy Martyrs: 4:00pm  
 Sunday Holy Martyrs: 8:30am, 10:30am, 5:30pm  
 Sacred Heart: 8:00am, 11:00am (Suspended)  
 St. Gregory: 8:30am; St. Jude: 9:30am (Suspended)

**Eucharistic Adoration (Drive Up at Holy Martyrs)**  
 Mondays 4:15-5:15pm Holy Martyrs

**Daily Mass Schedule (Live-streamed: go to: [pothe.org](http://pothe.org))**

Holy Martyrs 5:30pm Monday, Tuesday, Thursday, Friday; 7:30am Wednesday

**Weekly Rosary (on Saturdays) (Suspended)**  
 7:45am-Sacred Heart; 3:25pm-St. Gregory; 3:30pm-Holy Martyrs

**Drive Through Confession (on Saturdays or by appointment)**  
 2:30pm-3:30pm at Holy Martyrs, 2:30pm-4:30pm at Sacred Heart, 9:00am-10:00am at St. Gregory



Fr. Tracy  
Pastor



Fr. Kaseta, OFM Cap  
Parochial Vicar



Fr. Marquis  
Parochial Vicar



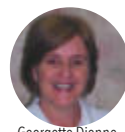
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Dennis Popadak



Melissa Bagdon  
Business Manager



Kim Palli  
Communication Director



Georgette Dionne  
Faith Formation Dir.



Kim Lovett  
Faith Formation



Jen Runge  
Music Ministry Dir.

All staff may be reached by emailing: [pothe@portlanddiocese.org](mailto:pothe@portlanddiocese.org) or calling the parish office (207.847.6890).

Bulletin item submissions are due 10 days prior to publication. Submit items to [kim.palli@portlanddiocese.org](mailto:kim.palli@portlanddiocese.org).

Holy Martyrs Masses & Adoration are streamed live to our website and Facebook Live. Watch Sunday Mass on TV Channel 1303 at 10am & 4pm.

Find us online: [pothe.org](http://pothe.org) & on Facebook, Twitter & Instagram.

Parish of the Holy Eucharist Offices (Hours - Monday-Friday, 9am-4pm), 266 Foreside Rd., Falmouth, ME, 04105, 207.847.6890

**Holy Martyrs Church:** 266 Foreside Rd., Falmouth

**Sacred Heart Church:** 326 Main St., Yarmouth

**St. Gregory Church:** 24 North Raymond Rd., Gray

**St. Jude Church:** 134 Main St., Freeport

## APOSTOLATE OF PRAYER FOR PRIESTS OF THE PORTLAND DIOCESE

- Saturday, 5/16 Rev. Frank J Murray & Rev. Benedict O Faneys OP
- Sunday, 5/17 Bishop Joseph J Gerry OSB
- Monday, 5/18 Rev. John F O'Hara & Rev. Robert D Lariviere
- Tuesday, 5/19 Rev. Dominic Savio HGN & Rev. John D Dickinson
- Wednesday, 5/20 Rev. Apolinary Kavishe AJ & Rev. Thomas Lequin
- Thursday, 5/21 V Rev. Claude R Gendreau & Rev. Robert C Vallancourt
- Friday, 5/22 Rev. Joseph J Koury & Rev. Reginald R Brissette
- Saturday, 5/23 Rev. Innocent F Okozi SMA & Rev. Michael J Seavey
- Sunday, 5/24 Rev. Seamus P Griesbach & Rev. Albert B Colpitts

## Pray for those who are ill or recovering from surgery...

Roena Zink, Ellie Peters, John Lambert, Tom O'Connor, Mary Collins, Charlie Pinette, Liz Chandler, Dave Toulouse, Helen Roberge, Bonnie LaChance, John Flood, Maryhelen Rice, Gretchen Sayward, Michael & Timothy Rice, Joan Hatt, Esther Sedzia, William Palli, Sr., Alisson Hincks, Mark Gaudet, Maureen Perkins, Fran Ober, Peter Coffin, Don Gove, Bill Stanbro, Catherine D'Amboise, Douglas Lewis, Gloria Legare, The Becker Family  
**Pray for our seminarians...** Matt Valles, Joshua Maloney, Liam Gallagher, Joseph Moreshead, Alex Boucher, Joshua Guillemette, Than Pham, Hoa Nguyen

**Let us continue to keep in our healing prayers...** Cindy, wife of Brother Steve Carrier, Cynthia, sister-in-law of Brother Chris Madden, Brother Paul Metevier, Father Ray Picard, Anne Theriault, sister-in-law of Brother George Spino, Laurene, wife of Brother Dennis Dempsey, Brother Mark Baste, Michael A. Stone, brother-in-law of Brother Frank Lemanski, Brother Gerald Bosse, Nancy, wife of Brother John Walkenford, Yvonne, wife of Brother Chuck Devine, Brother Gary Potvin, Kristine, wife of Brother Peter Rogers

## WEEKLY OFFERTORY

**\*\* THROUGH MAY 7, 2020**

**\$16,243.00**

Please consider making an online offertory donation via WeShare to help our Parish during this uncertain time. Go to: [pothe.org](http://pothe.org) and select the WeShare link. Questions? Call the Parish Office and ask for Melissa Bagdon.