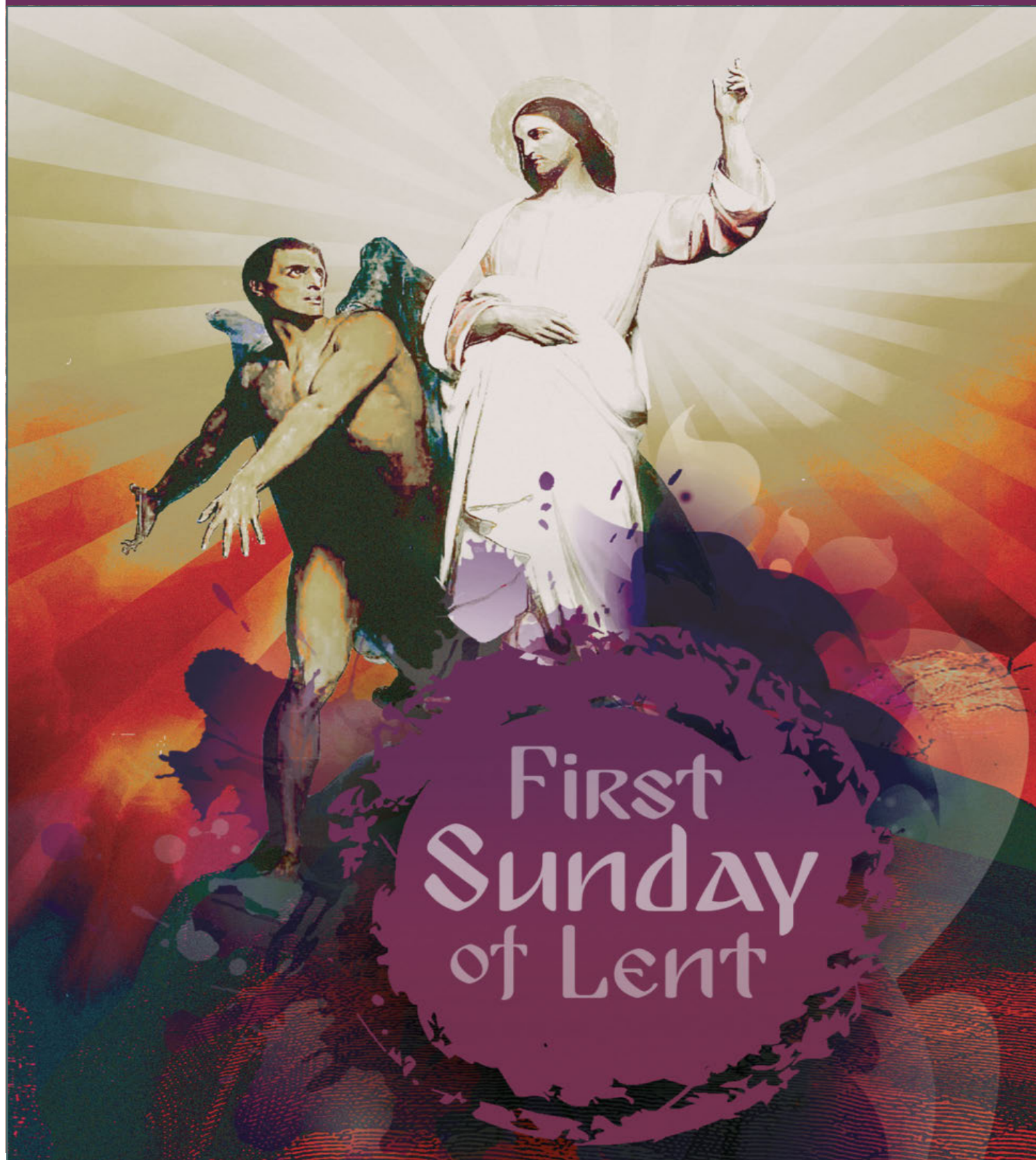




# PARISH OF THE HOLY EUCHARIST

HOLY MARTYRS SACRED HEART ST GREGORY ST JUDE  
MARCH 6, 2022 1ST SUNDAY OF LENT



First  
Sunday  
of Lent

### STAY CONNECTED

#### POTHE PUBLIC MASS SCHEDULE:

All Masses at Holy Martyrs will continue to be livestreamed. Go to: [pothe.org](http://pothe.org). and click on "Watch Mass Live".

#### Weekend Mass Schedule:

Holy Martyrs: Saturday at 4:00 pm  
Sunday at 8:30 am, 10:30 am, and 5:30 pm  
Sacred Heart: Saturday at 4:00 pm  
Sunday at 8:00 am, 11:00am  
St. Gregory: Saturday at 4:00 pm, Sunday at 8:30am  
St. Jude: Sunday at 9:30 am

#### Daily Mass Schedule during Lent:

Holy Martyrs: Monday - Friday 5:30 pm  
St. Gregory: Monday and Friday 8:00 am  
Sacred Heart: Mon, Tue, Thurs 8:00 am, Sat 8:15 am

#### Eucharistic Adoration:

Holy Martyrs: Monday 12:00 - 8:00 pm  
St. Gregory: Friday 8:30 - 9:30 am  
Sacred Heart: Saturday 8:45 - 9:45 am

#### Confession:

Sacred Heart : Saturday 8:45 am - 9:45 am  
HM, SG, SH : Saturday 2:30 pm - 3:30 pm

**Act of Contrition:** O my God, I am heartily sorry for having offended Thee, and I detest all my sins because of Thy just punishments, but most of all because they offend Thee, my God, who art all good and deserving of all my love. I firmly resolve with the help of Thy grace to sin no more and to avoid the near occasion of sin. Amen.

**Spiritual Communion:** My Jesus, I believe that You are present in the Most Holy Sacrament. I love You above all things and I desire to receive You into my soul. Since I cannot at this moment receive You sacramentally, come at least spiritually into my heart. I embrace You as if You were already there and unite myself wholly to You. Never permit me to be separated from You. Amen.



Knights of Columbus  
Council #15791

Knights of Columbus - March 2022:

#### March 2022 Birthdays

Brother James A. Cappelletti  
Brother Nicholas A. Corrow  
Brother Christopher A. Madden  
Brother Richard A Shaw

BECOME A KNIGHT: For more info [www.kofc.org/joinus](http://www.kofc.org/joinus)

March 2 - April 10  
**40 DAYS FOR LIFE**  
HELP SAVE LIVES IN **AUGUSTA**  
Here is how you can take part in 40 Days for Life in our community:

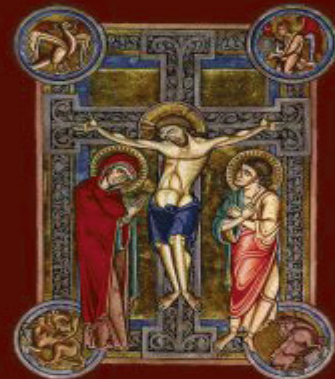
- Join our Vigil outside Maine Family Planning.
- Vigil hours are: 8 am to 8 pm daily.
- Contact Judy Icenogle: Tele: 872-6558 or [ricejuice@twc.com](mailto:ricejuice@twc.com) for more information.

You can protect mothers and children by joining this worldwide mobilization to pray and fast for an *end to abortion!*

### THE PSALTERIUM INSTITUTE CHAMBER CHOIR MARCH 26 AT SACRED HEART

#### MAGNA ET MIRABILIA

*Chanted Vespers and Choral Music for Lent and Passiontide*



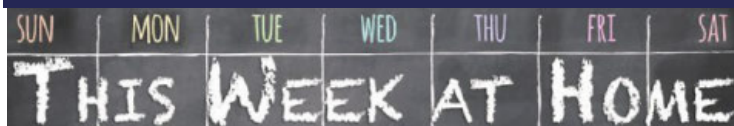
The Psalterium Institute Chamber Choir

*Leon Griesbach, Director*

March 25, 6:30pm  
Basilica of Saints Peter & Paul, Lewiston

March 26, 6:30pm  
Sacred Heart Catholic Church, Yarmouth





## 1st Sunday of Lent

### LET US PRAY

Jesus, I trust in You....

### GOSPEL BACKGROUND

Turning points can be times of doubt and insecurity. Jesus' response to the temptations of the devil offers an example for responding in faith when our doubts and insecurities tempt us to distrust God's sufficiency. Jesus rebukes the devil by quoting Scripture. Each citation is an affirmation of trust in God. We learn to trust in big things by practicing trust in little things. Our Lenten practices of prayer, fasting, and almsgiving invite us to trust God in these small ways. They remind us that God will suffice for us. They prepare us to trust in God in all things, especially in moments of doubt and uncertainty.

### LUKE 4: 1-13

Filled with the Holy Spirit, Jesus returned from the Jordan and was led by the Spirit into the desert for forty days, to be tempted by the devil. He ate nothing during those days, and when they were over He was hungry. The devil said to Him, "If you are the Son of God, command this stone to become bread." Jesus answered him, "It is written, One does not live on bread alone." Then he took Him up and showed Him all the kingdoms of the world in a single instant. The devil said to Him, "I shall give to You all this power and glory; for it has been handed over to me, and I may give it to whomever I wish. All this will be Yours, if You worship me." Jesus said to him in reply, "It is written, You shall worship the Lord, your God, and Him alone shall you serve." Then he led Him to Jerusalem, made Him stand on the parapet of the temple, and said to Him, "If you are the Son of God, throw Yourself down from here, for it is written: He will command His angels concerning You, to guard You, and: With their hands they will support You, lest You dash Your foot against a stone." Jesus said to him in reply, "It also says, You shall not put the Lord, your God, to the test." When the devil had finished every temptation, he departed from Him for a time.

### FAMILY CONVERSATION

Discuss how Jesus showed His trust in God when He resisted the devil's temptations. Invite family members to name times when they have trusted God in matters small or large. Write a family prayer together. You might write the prayer so that each line begins with a letter in the word "trust." Pray this prayer together.

Will I follow the path of Jesus?

"The Word is near you, on your lips and in your heart."  
Jesus the Eternal Word continues to call many to lives of holiness as priests, deacons, and in the consecrated life.  
Could you be one of them?

Contact Fr. Greg Dube, Director of Vocations, at  
(207)-773-6471 or email [vocations@portlanddiocese.org](mailto:vocations@portlanddiocese.org).

LENT  
Fast + Pray + Give

## LENTEN OFFERINGS FOR FAITH FORMATION

This Lent we strongly recommend adult small groups. We would like to promote the study *Into His Likeness* by Dr. Edward Sri on the FORMED.org platform. We will also be gifting you with the book to either accompany the study in your group or to read on your own. We are offering six Lenten Small Groups this season including *Into His Likeness* and *Lectio Divina*. Sign up at: <https://pothe.org/lentensmallgroups>

On **March 6**, in place of Faith Formation sessions, we will hold our annual **Lenten Family gathering**. We have some nice resources for families including a Stations of the Cross sticker book, rice bowls with an activity flyer, and more! For more information on the rice bowls visit <https://www.crsricebowl.org/>

We would also like to remind our parish that **Formed.org** – A "Catholic Netflix". Is a FREE resource. If you don't already have a subscription – sign up for free at: <https://formed.org/signup>

## DAILY MASS SCHEDULE DURING LENT

Monday - 8:00 am St Gregory and Sacred Heart; 5:30 pm Holy Martyrs

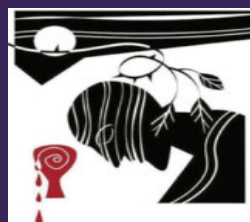
Tuesday - 8:00 am Sacred Heart; 5:30 pm Holy Martyrs

Wednesday - 5:30 pm Holy Martyrs

Thursday - 8:00 am Sacred Heart; 5:30 pm Holy Martyrs

Friday - 8:00 am St Gregory; 5:30 pm Holy Martyrs

Saturday - 8:15 am Sacred Heart



## STATIONS OF THE CROSS

Fridays in Lent: St. Gregory and St. Jude 5:30 pm; Holy Martyrs 6:30 pm. Simple Soup Suppers at Holy Martyrs and St. Gregory at 6:00 pm on Fridays in Lent.

## LIVING WITH GRIEF

Emmaus and St. Mary's Episcopal Church are pleased to announce they're sponsoring a "Living With Grief" series Wednesdays, March 9 - April 20, 2022 from 5 to 6:30 pm once a week for 6 weeks (note we will not be meeting during Holy Week). We hope to gather in person at St. Mary's depending on COVID, if not we'll meet on ZOOM. Any adult who has experienced the death of a loved one, is welcome to participate at no charge.

Grieving is painful and confusing, unsettling to say the least. It's easy to get stuck and wonder if we'll ever enjoy the fullness of life again. Death's seismic shifts in our world's (both externally and internally) affect our hearts, minds, bodies and souls. With this in mind "Living With Grief" is designed to help participants move through grief in a small caring, constructive, supportive community.

These sessions are designed for participants to:

- share their experiences in a confidential, nonjudgmental setting
- study the dynamics of grief and the effects of grief on everyday living
- explore the vital role spirituality plays in healing
- move forward in hope and over time find acceptance and perhaps even joy in the midst of loss

Suanne Williams-Lindgren and Deacon Christine Bennett from St. Mary's will be facilitating. The focus of Deacon Christine's ministry for many years has been to offer the opportunity for healing grief in small groups in the parish setting as well as in the context of the Maine Correctional Center in Windham. Early in her career Suanne worked as a Mental Health Counselor serving adults in MI and later as organization effectiveness professional, which included addressing issues regarding change and transition. Interested? FMI - please contact Beth Shaw at 207-781-3366.

## BUSINESS COORDINATOR WANTED

The Parish of the Holy Eucharist in Falmouth seeks a Business Coordinator for financial management and reporting; cash receipts control; payroll and accounts payable control; overseeing facilities use and facilities maintenance; human resource management; attendance at finance meetings; participation in diocesan business coordinator meetings; and adherence to internal audit controls. This is a full-time, salaried position that reports directly to the pastor. Applicants should have business management experience and be a practicing Catholic in good standing with the Church. Interested candidates should send a cover letter, resume, and three references to: [hr@portlanddiocese.org](mailto:hr@portlanddiocese.org)

## LENTEN SIMPLE SOUP SUPPERS SOUP MAKERS NEEDED

Soup makers needed for the following Fridays of Lent for our Simple Suppers: March 11, March 18, March 25, April 1, and April 8. Make soup at home and bring to Holy Martyrs in a Crock Pot. We also need folks to make salad and/or bring bread.

Ideas for meatless soup: Vegetable Barley, Roasted Cauliflower, Broccoli and Cheddar, Minestrone, Black Bean, Creamy Potato, Sweet Corn Bisque, Cream of Mushroom, Pumpkin Chipotle.

Sign up by calling Kim at 271-3133.

## DIRECTOR OF COMMUNICATIONS AND TECHNOLOGY WANTED

The Parish of the Holy Eucharist has an opening for a Director of Communications and Technology. This staff person oversees the entire infrastructure of internal and external communications and outreach using phone, print, web, and other media forms, while assisting the Pastor, parish staff, and parish ministries to effectively fulfill the mission of the Parish. Responsibilities include but are not limited to: production of the bulletin as well as various media forms that promote and build awareness of the mission and work of the Parish, maintaining all social media accounts, and maintaining the phone system. Successful candidates will have 5 years of experience in the communications or media field, proficiency in Microsoft Office, Adobe Design, and other software, basic knowledge of web publishing and experience in web design and maintenance, and be a practicing Catholic who understands and enthusiastically supports the mission and purpose of the Church.

To apply, please send resume and cover letter to: [steven.cartwright@portlanddiocese.org](mailto:steven.cartwright@portlanddiocese.org)

## SANCTUARY CANDLE INTENTIONS



March 6 - March 12

St. Jude Church

In Memory of Roland Fraser  
by his loving family



## Calendar of Events

## Mass Schedule and Prayer Intentions (pg 5)

### Saturday, March 5

7:00 am	SH	That Man is YOU!
8:15 am	SH	Public Mass followed by Eucharistic Adoration and Confession
2:30 pm		Confession (HM, SH, and SG)
4:00 pm		Public Mass (HM, SH, and SG)

### Sunday, March 6

8:00 am	SH	Public Mass
8:30 am		Public Mass (HM and SG)
9:30 am	SJ	Public Mass
10:30 am	HM	Public Mass
11:00 am	SJ	Lenten Small Group/Parish Hall
11:00 am	SH	Public Mass
5:30 pm	HM	Public Mass

### Monday, March 7

8:00 am		Public Mass (SH and SG)
12:00 pm	HM	Eucharistic Adoration (until 8:00 pm)
4:30 pm	HM	Youth RCIA / Conference Room
5:30 pm	HM	Public Mass
6:30 pm	SH	Boy Scouts / Parish Hall
7:00 pm	HM	RCIA / Conference Room

### Tuesday, March 8

8:00 am	SH	Public Mass
9:30 am	HM	Centering Prayer
10:30 am	HM	Friends in Faith F2F and via Zoom
1:30 pm	HM	Lenten Small Group/Conference Room
5:30 pm	HM	Public Mass
6:30 pm	HM	Moms Group/Upper Conference Room

### Wednesday, March 9

10:00 am	HM	Lenten Small Group/Green Room
11:30 am	SH	Senior Luncheon
5:30 pm	HM	Public Mass
6:30 pm	HM	ACTS Protocore Meeting

### Thursday, March 10

8:00 am	SH	Public Mass
1:00 pm		Lenten Small Group (via Zoom)
6:00 pm		Social Justice and Peace Mtg (via Zoom)
7:00 pm		Lenten Small Group (via Zoom)
5:30 pm	HM	Public Mass

### Friday, March 11

8:00 am	SG	Public Mass (followed by Adoration)
5:30 pm		Stations of the Cross (SG and SJ)
5:30 pm	HM	Public Mass
6:00 pm		Simple Soup Supper (HM and SG)
6:30 pm	HM	Stations of the Cross

### Saturday, March 12

7:00 am	SH	That Man is YOU!
8:15 am	SH	Public Mass (followed by Adoration and Confession)
2:30 pm		Confession (HM, SH, and SG)
4:00 pm		Public Mass (HM, SH, and SG)

### Saturday, March 5

8:15 am	SH	Fr. M	SI: for all Pregnant Moms in need of God's protection
4:00 pm	HM	Fr. M	Dorothy M. Cauty by Patricia LaClair
4:00 pm	SH	Fr. K	Susan M Conroy by Mary Mardas
4:00 pm	SG	Fr. C	All POTHE Parishioners

### Sunday, March 6

8:00 am	SH	Fr. K	SI: Luke Chapman by Daniel and Denise Chapman
8:30 am	HM	Fr. M	Holy Souls in Purgatory by Laurette Bilodeau
8:30 am	SG	Fr. C	William Ball by Dennis Dempsey
9:30 am	SJ	Fr. K	Edward J Twomey by his loving family
10:30 am	HM	Fr. M	Fran Downey (5th anniversary) with love from the Downey family
11:00 am	SH	Fr. C	Rolande Begin and the souls of our family members by Anne, Jack, and John
5:30 pm	HM	Fr. M	Patricia Bernier by Denise Tibbetts

### Monday, March 7

8:00 am	SH	Fr. M	SI: for God's protection of Ukraine and the Ukrainian people
8:00 am	SG	Fr. K	SI: for the health and healing of Esther Sedzia by her loving family
5:30 pm	HM	Fr. C	Charles Peter Pluto by Kerry and Luke Pluto

### Tuesday, March 8

8:00 am	SH	Fr. M	Mildred Thiboutot by Kim Palli
5:30 pm	HM	Fr. C	Milford Clark by Dave Daniels

### Wednesday, March 9

5:30 pm	HM	Fr. C	Lorraine Fahey by the Young family
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### Thursday, March 10

8:00 am	SH	Fr. K	Sarah-Jane Poli by Gabrielle Tilton
5:30 pm	HM	Fr. C	Stephen and Jean Gorecki by their loving family

### Friday, March 11

8:00 am	SG	Fr. K	Noella Breton by Cindy and Steve Carrier
5:30 pm	HM	Fr. C	Special Intention by Mats and Lisa Agren

### Saturday, March 12

8:15 am	SH	Fr. M	SI: for all Pregnant Moms in need of God's protection
4:00 pm	HM	Fr. M	Jack Mullin by Jack & Mary Ann Zinn
4:00 pm	SH	Fr. K	Bill Hughes by his family
4:00 pm	SG	Fr. C	Rolande Begin and the souls of our family members by Anne, Jack, and John

### Sunday, March 13

8:00 am	SH	Fr. K	Gene Higgins by Rosie and Pat Powers
8:30 am	HM	Fr. C	James Seavey by Meredith Charest
8:30 am	SG	Fr. K	SI: Hunter Palli by his loving family
9:30 am	SJ	Fr. M	Andrew Hovey by Louise Gorman
10:30 am	HM	Fr. C	R. Kent Zirkle by Ellen & Robert Shafer

### PARISH INFORMATION

**WISHING TO BECOME CATHOLIC:** PLEASE CONTACT THE PARISH OFFICE AND ASK FOR LIFELONG FAITH FORMATION

**SACRAMENT OF THE ANOINTING OF THE SICK AND PASTORAL CARE TO THE SICK AND HOMEBOUND:** PLEASE CALL THE PARISH OFFICE WITH THE NAME, CONDITION, ADDRESS, AND PHONE NUMBER OF THE PERSON WHO IS IN NEED

**SACRAMENT OF BAPTISM FOR INFANTS:** PLEASE CONTACT DEACON DENNIS AS SOON AS YOU GIVE BIRTH TO YOUR CHILD

**SACRAMENT OF MARRIAGE:** PLEASE CONTACT THE PARISH OFFICE AT LEAST 6 MONTHS IN ADVANCE OF THE DESIRED DATE OF YOUR WEDDING

**MAKING FUNERAL ARRANGEMENTS:** PLEASE CONTACT THE FUNERAL HOME, AND THEY WILL ASSIST YOU IN MAKING ARRANGEMENTS FOR THE CHURCH



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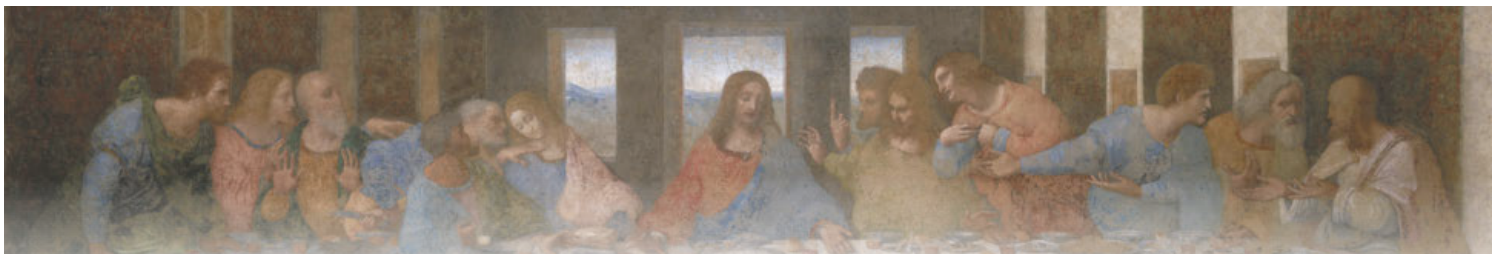
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Parish of The Holy Eucharist, ME

04-0669



**We are the Parish of the Holy Eucharist, a Catholic community called to discipleship, seeking deeper communion with God, each other, and our neighbors by celebrating the Sacraments, sharing God's Word, and serving all in need.**

### Weekend Mass Schedule

All Holy Martyrs Masses will be livestreamed at [pothe.org](http://pothe.org)

Saturday: Holy Martyrs, Sacred Heart and St Gregory at 4:00 pm

Sunday: Holy Martyrs at 8:30 am, 10:30 am, & 5:30 pm

St. Gregory at 8:30 am; St. Jude at 9:30 am

Sacred Heart at 8:00 am & 11:00 am

### Eucharistic Adoration

Holy Martyrs: Mon 12-8 pm, Sacred Heart: Sat 8:45-9:45 am

St. Gregory: Friday 8:30 am - 9:30 am

### Weekday Mass Schedule during LENT

All Holy Martyrs Masses will be livestreamed at [pothe.org](http://pothe.org)

Holy Martyrs: Monday through Friday 5:30 pm

St. Gregory: Monday and Friday 8:00 am

Sacred Heart Mon, Tues, Thur 8:00 am, Saturday at 8:15 am

### Confession (or by Appointment)

St. Gregory: Saturday 2:30 pm - 3:30 pm

Holy Martyrs: Saturday 2:30 pm - 3:30 pm

Sacred Heart: Saturday 8:45 am - 9:45 am and 2:30 pm - 3:30 pm



Fr. Steve Cartwright  
Pastor



Fr. Kaseta, OFM Cap  
Parochial Vicar



Fr. Paul Marquis  
Parochial Vicar



Deacon  
Dennis Popadak



Kim Palli  
Communications Dir.



Kim Lovett  
Faith Formation



Jen Runge  
Sacred Music Dir

All staff may be reached by emailing: [pothe@portlanddiocese.org](mailto:pothe@portlanddiocese.org) or calling the parish office (207.847.6890).

Bulletin item submissions are due 10 days prior to publication. Submit items to [kim.palli@portlanddiocese.org](mailto:kim.palli@portlanddiocese.org)

Holy Martyrs Masses are livestreamed to our website at [pothe.org](http://pothe.org).

Watch Sunday Mass on TV Channel 1303 at 10 am and 4 pm (pre-recorded broadcast).

Parish of the Holy Eucharist Office, 266 Foreside Rd., Falmouth, ME, 04105, 207.847.6890

Find us online at [pothe.org](http://pothe.org) and on Facebook, Twitter, and Instagram.

Holy Martyrs Church: 266 Foreside Rd., Falmouth

Sacred Heart Church: 326 Main St., Yarmouth

St. Gregory Church: 24 North Raymond Rd., Gray

St. Jude Church: 134 Main St., Freeport

Pray for those who are ill or recovering from surgery...

John Lambert, Patricia Becker, Liz Chandler, John V., Michael Rice, Esther Sedzia, Patricia Merrill, Erin Murphy, Michael Lewis, Karen Roberts, Louise Desjardins, Linda Momberket, Carriane Fecteau, Allison Hincks, Peter Coffin, Don Gove, Bill Stanbro, Gloria Legare, the Becker Family, Paul Taylor, Karen Belaire, Tim Dexter, Marie McCann, Jason Leo Vaz, Brian Pebbles, Lynette Willard, Gino Grassi, Mary Collins, Peter Allen Longley, Peter McKenney, Ann Marie Branigan, Sarah Hyde, Evelyn Pierce, Delores Hartnet, Mary Perron, Alicia Alonso

Pray for our seminarians Andrew Bailey, Dale Brown, Erin Donlon, Hoa Nguyen, Vin Nguyen, Than Pham, Matthew Valles, Lam Vo

Let us continue to keep in our healing prayers Brother Gary Potvin, Cynthia, sister-in-law of Brother Chris Madden, Brother Paul Metevier, Fr. Ray Picard, Laurene, wife of Brother Dennis Dempsey, Anne Theriault, sister-in-law of Brother George Spino, Brother Mark Bastey, Nancy, wife of Brother John Walkenford, Cindy, wife of Brother Steve Carrier, Brother Gerald Bose, Brother Frank Knight, Brother Joe Mathew and wife Doris, George Fuller, brother of Brother Jonathan Fuller, Brother Charles Thurston, Brother James King and wife Beth, Luke Roy, son of Brother Mark Roy, Brother Manen Clements and wife Pat, Art Cowley, brother of Mike Crowley, David Shaw, Richard Shaw, Yvonne Devine, wife of Brother Chuck Devine, Brittany and Brandon Walkenford, grandchildren of Brother John Walkenford, Holly Spino, sister-in-law of Brother George Spino, Pat Clements' extended family in Ukraine, Brother Peter LaRochelle

### Apostolate of Prayer for Priests of the Portland Diocese

Saturday	3/5	Rev. Theodore Letendre, FIC Rev. Hyacinth N Fomkwa
Sunday	3/6	Bishop Robert P Deeley, JCD
Monday	3/7	Rev. Bernard J Welch Rev. Alfred E Irving
Tuesday	3/8	Rev. Robert D Lariviere Rev. John D Dickinson
Wednesday	3/9	Rev. John R Skehan Rev. Alfred Jacques
Thursday	3/10	All Deceased Priests Rev. Antony Pichai Muthu, HGN
Friday	3/11	Rev. David E Schlaver, CSC Rev. Dominic Tumuslime, AJ Rev. John P Davis
Saturday	3/12	Rev. Ramundus Bukauskas, OFM
Sunday	3/13	Our Holy Father

## WEEKLY OFFERTORY

**\$14,907.41 – FEBRUARY 18 TO FEBRUARY 24, 2022**

Please consider making an online offertory donation via WeShare to help our Parish during this uncertain time.

Go to: [pothe.org](http://pothe.org) and select the WeShare button (right below the bulletin link button).

Questions? Contact the parish office at 207-553-7158 or by email at [pothe@portlanddiocese.org](mailto:pothe@portlanddiocese.org)