



PARISH OF THE HOLY EUCHARIST

Sunday,
December 11,
2022



Third Sunday of Advent

"This is the one about whom it is written: Behold, I am sending my messenger ahead of you; he will prepare your way before you." - Mt 11:10

Giving trees are up and ready for us to help those in need this Christmas. Check our website under *For Adults→ Seeking to Serve*, and click on *Christmas Holiday Helpers* for details.



See insert for a guide to going to Confession and a sample Examination of Conscience!

Parish Calendar ~ This Week and Upcoming

Saturday / Sunday		Monday	Tuesday	
10 That Man is You 7:00 AM <i>Sacred Heart</i> Eucharistic Adoration 8:45 - 9:45 AM <i>Sacred Heart</i> First Reconciliation 2:15 - 3:30 PM <i>Holy Martyrs</i> 11 3rd Sunday of Advent Choir Rehearsal 8:00 AM <i>St. Jude</i>	High School Faith Formation 10:00 - 10:45 AM <i>Sacred Heart</i> FLAME Sacrament 10:00 AM <i>Sacred Heart</i> Noah Gary Conroy Ouellette Baptism 12:15 PM <i>Sacred Heart</i> Lessons & Carols 4:00 PM <i>Sacred Heart</i> CALIX 6:30 PM <i>Sacred Heart</i>	12 AA Meeting 10:30 AM <i>St. Gregory the Great</i> Eucharistic Adoration 12:00 - 8:00 PM <i>Holy Martyrs</i> Youth Schola 4:00 PM <i>Sacred Heart</i> The Light is On 6:00 PM <i>St. Gregory the Great</i> Boy Scouts 6:30 PM <i>Sacred Heart</i>	13 Centering Prayer 9:30 AM <i>Holy Martyrs</i> Friends in Faith 10:30 AM <i>Holy Martyrs</i> Prayer Shawl Group 2:00 - 4:00 PM <i>Sacred Heart</i> Homeschoolers Band 4:00 PM <i>St. Gregory the Great</i>	FLAME Sacrament Prep 5:30 PM <i>Sacred Heart</i> The Light is On - Confession 6:00 PM <i>Sacred Heart</i> Moms Group 6:30 PM <i>Holy Martyrs</i> Praying the Christmas Story - The Shepherds 6:30 PM <i>St. Gregory the Great</i>
Wednesday		Thursday	Friday / Saturday	Sunday
14 Opus Dei Recollection Day for Women 9:00 AM - 2:00 PM <i>Holy Martyrs</i> Small Faith Sharing Group 10:00 AM <i>Holy Martyrs</i> Senior Luncheon 12:00 - 2:00 PM <i>Sacred Heart</i> Opus Dei Recollection Evening for Men 5:00 - 9:00 PM <i>Holy Martyrs</i>	The Light is On - Confession 6:00 PM <i>St. Jude</i> ACTS Proto-Core 6:30 PM <i>Holy Martyrs</i> Choir Rehearsal 6:30 PM <i>Sacred Heart</i> Choir Rehearsal 7:00 PM <i>St. Gregory the Great</i> Together with Alzheimer's 7:00 PM <i>Sacred Heart</i>	15 Community Storytime 10:00 AM <i>St. Gregory the Great</i> Choir Rehearsal 6:00 PM <i>Holy Martyrs</i> The Light is On - Confession 6:00 PM <i>Holy Martyrs</i> Teen Confirmation 6:30 PM <i>Sacred Heart</i> AA Meeting 7:00 PM <i>St. Gregory the Great</i>	16 Eucharistic Adoration 8:30 - 9:30 AM <i>St. Gregory the Great</i> 3:00 - 6:00 PM <i>St. Jude</i> Walking with Moms in Need 3:00 - 6:00 PM <i>St. Jude</i> 17 Sanctuary Candle in Memory of Tammi Stokes That Man is You 7:00 AM <i>Sacred Heart</i> Eucharistic Adoration 8:45 - 9:45 AM <i>Sacred Heart</i>	18 4th Sunday of Advent Choir Rehearsal 8:00 AM <i>St. Jude</i> Christmas Pageant 9:30 AM <i>St. Gregory the Great</i> FLAME 10:00 AM <i>Sacred Heart</i> Maddison Danielle Poppy Kane Baptism 11:30 PM <i>Sat. Gregory the Great</i> Eleanor Grimes Gerrity Baptism 12:15 PM <i>Sacred Heart</i>

Mass Intentions for December 10 to December 18

Saturday, December 10 8:15 AM SH Fr. M †Beatrice Legere by Joe Moreshead 4:00 PM HM Fr. K †Fr. Harold Moreshead by Paul Foley 4:00 PM SG Fr. M †Ann Jewett Reiche by Fran Grunden 4:00 PM SH Fr. C †Joe Bernard by Mary Keith & family	Wednesday, December 14 7:30 AM HM Fr. C *A friend who is battling cancer by the Martin family
8:00 AM SH Fr. C *†All POTHE Parishioners 8:30 AM HM Fr. K †Marilyn Daniels by her loving family 8:30 AM SG Fr. M †John Zurawski by his daughter, Susan Ferreira 9:30 AM SJ Fr. C †John DiMillo & the Severino/Vasile families by R. & M. Mazzola 10:30 AM HM Fr. K †Tim Jerome by the Downey Family 11:00 AM SH Fr. M †Patricia Garcia by Arturo Juarez 5:30 PM HM Fr. K †Deceased family & friends of the Conroy-Vella family	Thursday, December 15 8:00 AM SH Fr. K †Lydia Napolitano
Monday, December 12 7:30 AM HM Fr. K †Patricia Halpin by James & Susan Keeley 8:00 AM SG Fr. C †Philip Lavoie by Jonathan Fuller 8:00 AM SH Fr. M †Theresa Bernier by Wilfred & Wendy Joy	Friday, December 16 7:30 AM HM Fr. K †Dorothy Pisini by James & Margaret Pisini 8:00 AM SG Fr. C †Matthews family by Steve & Cindy Carrier
Tuesday, December 13 7:30 AM HM Fr. C †Pat Pride by Friends in Faith Group 8:00 AM SH Mass Cancelled	Saturday, December 17 8:15 AM SH Fr. M †Deceased family & friends of Thomas & Jane Crowley 4:00 PM HM Fr. C †George W. Canty by Patricia LaClair 4:00 PM SG Fr. K †Edward Ludwin by Terry & Deborah Swift 4:00 PM SH Fr. M †Bill Hughes by his loving family
	Sunday, December 18 8:00 AM SH Fr. M †Harold Larrabee by Jerry & Brigid DiDonna 8:30 AM HM Fr. C *Joanna by her grandparents 8:30 AM SG Fr. K †Mervin Chadbourne by Bill & Kim Shelley 9:30 AM SJ Fr. M †Elaine Wilday by Kate Rolfson 10:30 AM HM Fr. C †David Theriault by Maryann A. Anderson 11:00 AM SH Fr. K †John Dello Stritto by the Knights of Columbus 5:30 PM HM Fr. C *All POTHE Parishioners

*Special Intention †Deceased

Called to Discipleship ~ Through Stewardship, Service, Ministry



KNIGHTS OF COLUMBUS • COUNCIL #15791: Please consider supporting our CLYNK Bottle & Can Recycling Program. For more information about the Knights of Columbus in our parish, email Chris at cmaddenkofc15791@gmail.com. To become a Knight, visit www.kofc.org/joinus.



MONTH OF NOVEMBER

Knight of the Month **Family of the Month**

Brother Luke Pluto Brother Stephen Carrier and Family

MONTH OF DECEMBER

Knight of the Month **Family of the Month**

Trustee Ezequiel Arturo Brother John DeFusco and Family
 Juarez

BOY SCOUTS TROOP 12 FUNDRAISER: Are you looking for a practical gift or stocking stuffer for Christmas? Between Thanksgiving and Christmas, Boy Scouts Troop 12 will be selling VIP Coupon Books. The books include two free oil changes, two tire rotations, a free State Inspection, and more. Total savings can add up to \$300! Last year's books sold out. More details coming soon!



APOSTOLATE OF PRAYER FOR PRIESTS

Saturday, Dec. 10	Rev. David P. Cote Rev. James R. Albert
Sunday, Dec. 11	Our Holy Father
Monday, Dec. 12	Rev. Amandus B. Sway, AJ Rev. Dominic Savio, HGN
Tuesday, Dec. 13	Rev. William F. Modlin Msgr. Charles M. Murphy
Wednesday, Dec. 14	V. Rev. Claude R. Gendreau Rev. Joseph R. McKenna
Thursday, Dec. 15	Rev. Brad Morin Rev. Jacques D. Dolbec, SOLT
Friday, Dec. 16	Rev. Antony Alexander Maria Doss Rev. James R. Roy, MM
Saturday, Dec. 17	Rev. Albert B. Colpitts Rev. Selvaraj Kasi, HGN
Sunday, Dec. 18	Bishop Emeritus Joseph J. Gerry, OSB

WHY WE ASK FOR PRAYERS: We know God hears all our prayers. Many of us have known the power of His answers. As a faith community, we are called to pray for each other, which is why we publish a list of people in need of healing in the bulletin. Please call our parish office (207) 847-6890 to include yourself on the list. If you want to add someone else, please ask permission from that person first.

LET US CONTINUE TO KEEP THE KNIGHTS OF COLUMBUS AND FAMILY IN OUR PRAYERS: Brother Gary Potvin; Cynthia, sister-in-law of Grand Knight Chris Madden; Brother Chip Metevier; Father Ray Picard; Laurene, wife of Brother Dennis Dempsey; Anne Theriault, sister-in-law of Brother George Spino; Brother Mark Bastey; Nancy, wife of Brother John Walkenford; Brother Gerald Bose; Brother Joe Mathew and wife Doris; Brother Charles Thurston; Luke Roy, son of Brother Mark Roy; Art Crowley, brother of Brother Mike Crowley; Brother Manen Clements and wife Pat; David Shaw, brother of Brother Richard Shaw; Brother James King; Cindy Carrier, wife of Brother Steve Carrier; Yvonne, wife of Brother Chuck Devine; Brittany & Brandon Walkenford grandchildren of Brother John Walkenford; ; Holly Spino, sister-in-law of Brother George Spino; Brother Peter LaRochelle; Natalie Bonnell, widow of Brother John Bonnell; Jon Walkenford, son of Brother John Walkenford; Samuel Winkeler, son of Brother Tim Winkeler, Brother Peter Rogers .

PLEASE KEEP IN HEALING PRAYER: Edward Hartnet, Joe & Patricia Becker, Liz Chandler, Kalee Gwarjanski, Peter Allen Longley, Marie McCann, Bill Stanbro, Dolores Hartnet, Keith Stackpole, Charlie Pinette, Ann Marie Branigan, Kathleen O'Wril, Ryan Holden.

PLEASE PRAY FOR OUR SEMINARIANS: Andrew Bailey, Erin Donlon, Hoa Nguyen, Vin Nguyen, Than Pham, Matthew Valles, Lam Vo.

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BOY SCOUTS TROOP 12 INVITATION TO JOIN: Missed

Prayer Corner

PRAYER SHAWL GROUP: The POTHE Prayer Shawl Ministry is offering prayer shawls to those who could use one. Why a prayer shawl? They are used to bring comfort after undergoing medical procedures, a loss, birthing, illness and recovery, and many more uncomfortable, stressful situations. Many prayers and blessings are prayed into every stitch! One recipient of a shawl wrote to us saying, "I will cherish having these prayers shawls to connect with my mother-in-law in these final days. Bless you for this gift of love. I don't always get a chance to read through the entire POTHE bulletin, but I did today and the prayer shawls just jumped out to me. Those shawls are a blessing made by loving hands." ~M.C. This year we sent a dozen prayer shawls to France that were given to Ukrainian refugees. Our next meeting is December 13 from 2-4 PM at Sacred Heart. If you know of someone in need of a prayer shawl, please contact Bonnie, (207) 846-0817 or celtic20@icloud.com.



Sharing God's Word ~ Through Service, Ministry and Pastoral Life



DIOCESE OF PORTLAND OFFICE OF THE BISHOP

November 23, 2022

Rev. Steven G. Cartwright
Parish of the Holy Eucharist
266 Foreside Rd
Falmouth ME 04105-1729

Dear Father Cartwright:

Greetings in the blessings of the hope of Advent!

With this note, I write to congratulate you and the parishioners of the Parish of the Holy Eucharist for reaching your financial goal. This is no doubt due in part to the good work you do in the pastoral care of your parishioners. You generously bring the Good News of the Lord to the people you serve: As such, you have been able to inspire your parishioners at Parish of the Holy Eucharist to continue to offer their support for the work of the Church.

There are many needs in the parish and in the diocese. Our common mission is so important. It is through the funds collected in the Appeal that the diocese is enabled to support the work of the parish and those ministries that cross parish boundaries, such as hospital chaplains and campus ministries. The good that is happening in our diocese is all possible because of the generosity of the parishioners. I appreciate that you have helped the people of Parish of the Holy Eucharist to know of the good that is done by the Appeal. You always make that good effort to help the faithful see the needs of the diocese as a part of our responsibility to each other as Church.

Please extend my deep gratitude and sincere thanks to the parishioners of Parish of the Holy Eucharist for their generosity and their commitment to the work of the church. It is in our working together and walking daily with the Lord that the mission of the church is carried out.

With every prayerful best wish for you and your parishioners, I am

Gratefully yours in the Lord,

Most Reverend Robert P. Deeley, J.C.D.
Bishop of Portland

Sharing God's Word ~ Through Faith Formation and Pastoral Life

FROM OUR DIRECTOR OF FAITH FORMATION

Welcoming the Divine Guest, Part 2 Make Room for Him

During His earthly life, Jesus was the guest in many homes. Some welcomed Him, some did not. As we prepare to invite Him as a guest into our hearts in communion, it is worth looking at what lessons we can learn from these Gospel passages.

In last week's column, I told you that Jesus is knocking at the door of your heart. Now imagine Mary and Joseph knocking at the door of your heart and looking for a place to stay. Mary is carrying the Christ child and looking for a place where He can be born. Will you welcome them into your heart or is there no room in the inn?

The people who turned Mary and Joseph away were not trying to be inhospitable; they simply had no room in which to host them. The house was full. The same thing can happen with our hearts. Mother Teresa used to say, "Even God cannot fill what is already full." Our hearts can be full of distractions, noise, worldly cares, and desires, and we find that with all this stuff cluttering our hearts, there is no room for Jesus.

How do we make room? By fasting. If it is noise that is preventing us from hearing God, fast from music, movies, or social media. If it is attachment to food or drink or worldly pleasures, fast from those and make room for Him and the joys He intends for you. If it is attachment to sin, go to Confession and resolve to begin a new life so that there is room for His will in your heart.

The Eucharistic fast (not eating or drinking anything but water or medicine an hour before receiving Communion) is a bare minimum aid to this process of making room in our hearts. However, we are always free to do more to prepare. Mary and Joseph found no room in the inn when Jesus was about to be born. When Jesus comes to you in Communion, will He find room in your heart?

—Joe Moreshead

THE LIGHT IS ON FOR YOU: We will offer expanded hours to celebrate the Sacrament of Reconciliation each evening at a different church in our parish from 6:00-7:00 PM this week December 12-15. Please see the rotation schedule below. For your convenience, we've included a guide for going to Confession and a sample Examination of Conscience.



- Monday, December 12 – St. Gregory the Great
- Tuesday, December 13 – Sacred Heart
- Wednesday, December 14 – St. Jude
- Thursday, December 15 – Holy Martyrs

DATES FOR FIRST RECONCILIATION: First Confessions will take place during regular parish Confession times. Children should arrive by 2:15 PM, and Confessions will begin at 2:30 PM. Parents of children in Flame should sign up (limited to ten slots) by emailing Faith Formation, pothe.faithformation@portlanddiocese.org. The remaining date is Saturday, December 17 at Sacred Heart.

ADVENT

GAUDETE SUNDAY: The Third Sunday of Advent is also known as Gaudete Sunday. The word "gaudete" is derived from the Latin words "gaudium," joy, and "gaudeo," to rejoice or be glad. Gaudete Sunday occurs eight to thirteen days before Christmas, and the nearness of the feast is reason for great joy. Gaudete is taken from the Entrance Antiphon: "Gaudete in Domino semper: iterum dico, gaudete." "Rejoice in the Lord always; again I say, rejoice." Rose represents joy and may be used as the liturgical color for Gaudete Sunday. Violet remains the official color for the Season of Advent, the Third Sunday included, because all of Advent has a penitential tone, a time to be absolved of sin and be in the state of grace for Christmas. Gaudete Sunday offers a brief respite to focus on the uplifting, upcoming joyful celebration of the Nativity of the Lord.

PRAYING THE CHRISTMAS STORY: Join Joe Moreshead Tuesday evenings from 6:30-7:30 PM during Advent to meditate on key passages from the Gospels related to Christmas. The next session is at St. Gregory the Great. Dec. 13: The Shepherds (SGTG), Dec. 20: The Magi (HM).

CHRISTMAS PAGEANT: Open to all children in our parish. Pageant will be at St. Gregory the Great on December 18 at 9:30 AM. If you are interested in participating, please contact Faith Formation to join and for rehearsal information at pothe.faithformation@portlanddiocese.org.

CHRISTMAS HOLIDAY HELPERS: We appreciate the generosity of our parishioners!

Holy Martyrs Food Baskets - We are building Christmas celebration food baskets for families in our community in need to enjoy a healthy, hearty meal and help stock their pantries for the cold winter. We are collecting food at Holy Martyrs to be sorted and delivered on Tuesday, December 20. For more information, contact Danielle at (207) 232-5113 or dtracy1@maine.rr.com, or visit our website to sign up using the signup genius link: pothe.org/Christmas-helpers.

St. Gregory the Great Giving Tree - Working with the Community of Caring, families in need for Christmas will be selected as recipients. All gift cards and gifts must be returned by Sunday, December 18. Envelopes will also be available for donations toward Christmas gifts or for food items for holiday meals.

Sacred Heart and St. Jude Giving Trees: Please return your gifts back to the church where you selected your tag by this Sunday, December 11.



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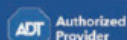


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Parish of The Holy Eucharist, ME

04-0669

Parish Information ~ Celebrating the Sacraments

OUR PRIESTS AND DEACON



Pastor:
Fr. Steven Cartwright



Parochial Vicar:
Fr. Peter Kaseta,
O.F.M. Cap.



Parochial Vicar:
Fr. Paul Marquis



Deacon:
Dennis Popadak

OUR FAITH FORMATION AND ADMINISTRATIVE STAFF



Director of
Faith Formation:
Joe Moreshead



Coordinator of
Sacraments:
Kim Lovett



Coordinator of
Family Life:
Kalee Gwarjanski



Director of
Sacred Music:
Jen Runge



Director of
Communications
and Technology:
Joyce Hale



Business
Coordinator:
Oisín O'Searcoid



Bookkeeper:
Terrie Casavant



Handyman:
Dave Therrien



Sexton:
Dillon
Brabants



Facilities Maintenance
Manager:
Steve Tuttle

Our Mission

We are the Parish of the Holy Eucharist, a Catholic community called to discipleship, seeking deeper communion with God, each other, and our neighbors by celebrating the Sacraments, sharing God's Word, and serving all in need.

Our Churches

Holy Martyrs: 266 Foreside Road, Falmouth

Sacred Heart: 326 Main Street, Yarmouth

St. Gregory the Great: 24 N. Raymond Road, Gray

St. Jude: 134 Main Street, Freeport

Our Parish Office

Address:

Parish of the Holy Eucharist
266 Foreside Road
Falmouth, ME 04105

Phone: (207) 847-6890

E-mail: pothe@portlanddiocese.org

Website: pothe.org

Parish Facilities Emergency Phone: (207) 310-7638

Our Cemetery

Holy Cross Cemetery

75 Smith Street, Yarmouth
Contact Michele at (207) 773-5796

Our Eucharistic Adoration Schedule

Monday:

12:00 PM - 8:00 PM Holy Martyrs (except holidays)

Friday:

8:30 AM - 9:30 AM St. Gregory the Great

3:00 PM - 6:00 PM St. Jude

Saturday:

8:45 AM - 9:45 AM Sacred Heart

Our Confession Schedule

Saturday:

8:00 AM Holy Martyrs, 1st Saturday of the month

8:45-9:45 AM Sacred Heart

2:30-3:30 PM Sacred Heart, St. Gregory the Great,
and Holy Martyrs

Or by appointment

Our Mass Schedules

Weekend Masses

Saturday:

4:00 PM Holy Martyrs

4:00 PM St. Gregory the Great

4:00 PM Sacred Heart

Sunday:

8:00 AM Sacred Heart

8:30 AM Holy Martyrs

8:30 AM St. Gregory the Great

9:30 AM St. Jude

10:30 AM Holy Martyrs

11:00 AM Sacred Heart

5:30 PM Holy Martyrs

BULLETIN SUBMISSIONS:

Items are due 10 days prior to
publication. Submit items to
pothe@portlanddiocese.org.

Daily Masses

Monday:

7:30 AM Holy Martyrs

8:00 AM St. Gregory the Great

8:00 AM Sacred Heart

Tuesday:

7:30 AM Holy Martyrs

8:00 AM Sacred Heart

Wednesday:

7:30 AM Holy Martyrs

Thursday:

8:00 AM Sacred Heart

Friday:

7:30 AM Holy Martyrs

8:00 AM St. Gregory the Great

Saturday:

8:15 AM Sacred Heart

9:00 AM Holy Martyrs 1st Sat.
of the month

Sacramental and Pastoral Care

Wishing to Become Catholic: Please contact the parish office and ask for Lifelong Faith Formation.

Sacrament of the Anointing of the Sick and Pastoral Care to the Sick and Homebound: Please call the parish office with the name, condition, address, and phone number of the person who is in need.

Sacrament of Baptism for Infants: Please contact Deacon Dennis as soon as your child is born.

Sacrament of Marriage: Please contact the parish office at least 6 months in advance of the desired date of your wedding.

Making Funeral Arrangements: Please contact the funeral home, and they will assist you in making arrangements for the church.