

# PARISH OF THE HOLY EUCHARIST

Sunday,  
January 15,  
2023



**K**nights of  
Columbus Baby  
Bottle Campaign  
begins January  
21/22. See inside  
for details.



*2<sup>nd</sup> Sunday in Ordinary Time*

"Now I have seen and testified that he is the Son of God." - Jn 1:34

# Parish Calendar ~ This Week and Upcoming

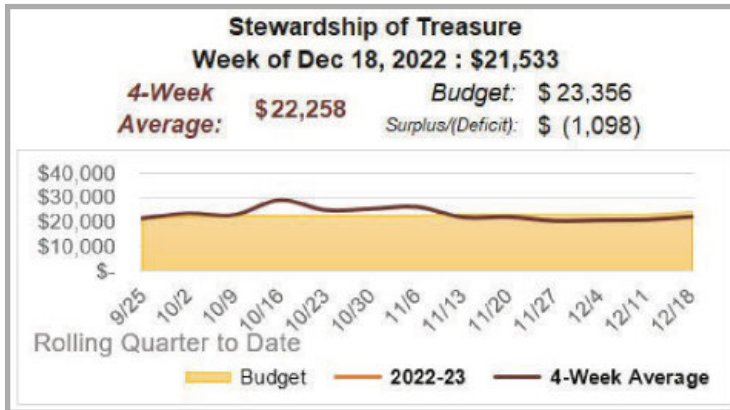
Saturday	Sunday	Monday	Tuesday
<b>14</b> <b>CANCELLED - That Man is You</b> 7:00 AM <i>Sacred Heart</i> <b>Eucharistic Adoration</b> 8:45 - 9:45 AM <i>Sacred Heart</i>	<b>15</b> <b>Choir Rehearsal</b> 8:00 AM <i>St. Jude</i> <b>Mason Matthew Orlando Baptism</b> 10:30 AM <i>St. Jude</i> <b>High School Faith Formation</b> 4:30 - 7:30 PM <i>Holy Martyrs</i> <b>Calix</b> 6:30 PM <i>Sacred Heart</i>	<b>16</b> <b>AA Meeting</b> 10:30 AM <i>St. Gregory the Great</i> <b>Eucharistic Adoration</b> 12:00 - 8:00 PM <i>Holy Martyrs</i> <b>Youth Schola</b> 4:00 PM <i>Sacred Heart</i> <b>Boy Scouts</b> 6:30 PM <i>Sacred Heart</i>	<b>17</b> <b>Centering Prayer</b> 9:30 AM <i>Holy Martyrs</i> <b>Catholic Homeschoolers</b> 10:00 AM - 12:00 PM <i>Holy Martyrs</i> <b>Friends in Faith</b> 10:30 AM <i>Holy Martyrs + Zoom</i> <b>Homeschoolers Band</b> 4:00 PM <i>St. Gregory the Great</i> <b>Finance Council Meeting</b> 6:00 PM <i>St. Gregory the Great</i> <b>Balloon Workshop</b> 7:00 PM <i>Holy Martyrs</i>
Wednesday	Thursday	Friday	Saturday/Sunday
<b>18</b> <b>Choir Rehearsal</b> 6:30 PM <i>Sacred Heart</i> 7:00 PM <i>St. Gregory the Great</i>	<b>19</b> <b>Community Storytime</b> 10:00 AM <i>St. Gregory the Great</i> <b>AA Meeting</b> 7:00 PM <i>St. Gregory the Great</i>	<b>20</b> <b>Eucharistic Adoration</b> 8:30 - 9:30 AM <i>St. Gregory the Great</i> 3:00 - 6:00 PM <i>St. Jude</i> <b>Walking with Moms in Need</b> 3:00 - 6:00 PM <i>St. Jude</i> <b>AA Meeting</b> 7:00 PM <i>Sacred Heart</i> <b>Making Music, Praying Twice</b> 10:30 AM <i>Holy Martyrs</i>	<b>21</b> <b>That Man is You</b> 7:00 AM <i>Sacred Heart</i> <b>Eucharistic Adoration</b> 8:45 - 9:45 AM <i>Sacred Heart</i> <b>22</b> <b>Choir Rehearsal</b> 8:00 AM <i>St. Jude</i> <b>High School Faith Formation</b> 10:00 AM <i>Sacred Heart</i> <b>FLAME</b> 10:00 AM <i>Sacred Heart</i> <b>ACTS Sanctity of Life Prayer Service</b> 2:00 - 4:00 PM <i>Holy Martyrs</i> <b>Calix</b> 6:30 PM <i>Sacred Heart</i>

## Mass Intentions for January 14 to January 22

<b>Saturday, January 14</b> 8:15 AM SH Fr. M *Don & Donna Franer by their loving son 4:00 PM HM Fr. M † Mary P. Mitchell by her family 4:00 PM SG Fr. C *All POTHE Parishioners 4:00 PM SH Fr. K † Robert & Cynthia Hoehl by the Kostin family <b>Sunday, January 15</b> 8:00 AM SH Fr. K † Bernadette Dossou by Caroline Nguemba Tagne 8:30 AM HM Fr. M † Deceased family & relatives of Ronald Hart 8:30 AM SG Fr. C † Gloria Hebert by Tom & Sherry Hebert 9:30 AM SJ Fr. K † Deceased family & friends of Michael & Sarah Doten 10:30 AM HM Fr. M † Don Gove by Happy Copley 11:00 AM SH Fr. C † Bill Eycleshymer by his wife, Judith 5:30 PM HM Fr. M *Mari Ferris by Tim & Carolee <b>Monday, January 16</b> 7:30 AM HM Fr. K † Rogelio Calingo by Georgiana Calingo 8:00 AM SG Fr. C † Joseph Vincent by Catherine M. 8:00 AM SH Fr. M † Salvatore Leo <b>Tuesday, January 17</b> 7:30 AM HM Fr. C *Edward Hartnett by Dolores Hartnett 8:00 AM SH Fr. M † Eleanor Kern Hunt by Stephen & Sally Hunt <b>Wednesday, January 18</b> 7:30 AM HM Fr. C † Deceased members of the Rimkunas & Hahn families by Dolores Rimkunas	<b>Thursday, January 19</b> 8:00 AM SH Fr. K † Jason Grasso by Kathy Lennon <b>Friday, January 20</b> 7:30 AM HM Fr. K † George & Bertha Lee by Mary Desimone 8:00 AM SG Fr. C † Deceased members of the Holmquist family by Alice McGrath <b>Saturday, January 21</b> 8:15 AM SH Fr. M † Deceased family & friends by Joseph Pelletier 4:00 PM HM Fr. K † Joseph F. Mitchell Jr. by his family 4:00 PM SG Fr. M † Kathleen O'Wril by Norman & Marcia d'Entremont 4:00 PM SH Fr. C † Josh Holzer by his mother, Judith <b>Sunday, January 22</b> 8:00 AM SH Fr. C *All POTHE Parishioners 8:30 AM HM Fr. K † Philip Hatch by Lisa & Dan Hatch 8:30 AM SG Fr. M † Carolyn Ridge by the Boulos family 9:30 AM SJ Fr. C † Ray Sr. & Ray Jr. Dauphinee by Mary Nolant 10:30 AM HM Fr. K *Healing for Paul Stachelek by the Palli & Monique families 11:00 AM SH Fr. M † Paula Lagunas Ayala by Arturo Juarez 5:30 PM HM Fr. K † Family & friends of the Conroy-Vella family VP - Visiting Priest *Special Intention †Deceased
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# Called to Discipleship ~ Through Stewardship and Service



**THANK YOU NOTES RECEIVED:** Over the Thanksgiving and Christmas holidays, several groups of volunteers within our parish organize events like our holiday food baskets and Giving Trees to provide for those in need. Countless other parishioners support these efforts to ensure our community members are fed, have clothing/toiletries for daily living, and gifts to give their children. Thank you for participating in these efforts and for bearing witness to our Christian identity to Serve All. POTHE indeed lives its mission! We received notes of gratitude in our parish office and wanted to share them with you, since they are intended for us all.



"Please extend to all who have contributed to the parish giving tree to embody the Christmas spirit of giving—I am truly grateful for their remembrance of me especially of Marie, Kim, and the Scicchitano family."

"Thank you to all those who were involved with helping us this year by providing a very generous Christmas basket. We are very appreciative of your kindness, love, and caring."

Thank you for your thoughtfulness and generosity.

**FRIENDSHIP HOUSE:** Friendship House is a temporary home in South Portland for men recovering from substance abuse. The first

Wednesday of the month, we bring your donations to the men, and in December, the men expressed how happy and grateful they were to receive our



gifts. They wish you all a Merry Christmas! Many thanks to our parishioners who contributed. Our next Friendship House meal delivery is Wednesday, February 1. My husband and I will be in the Holy Martyrs parking lot from 2:00 - 3:00 PM that afternoon to collect your contributions. Checks are also welcome at Friendship House, 390 Lincoln St., South Portland ME. Thank you for whatever you can do. Email or call with questions, [dpnicklas@gmail.com](mailto:dpnicklas@gmail.com) or (207) 272-0951.

**ONE-YEAR ANNIVERSARY CELEBRATION:** How time flies! We have been blessed to have Fr. Cartwright as our pastor for one year as of January 16. To celebrate this milestone, we will hold a coffee and donut reception directly following the 9:30 AM Mass at St. Jude. All are invited to attend to celebrate together!



**BABY BOTTLE CAMPAIGN:** The POTHE Knights of Columbus will sponsor their annual Baby Bottle Campaign January 28 and 29. Proceeds support the ABBA Center in



Portland, which serves the needs of women who are experiencing unplanned pregnancies. For more details about the Abba Center, visit [www.abbaportland.org](http://www.abbaportland.org). To participate in the Baby Bottle Campaign, pick up an empty bottle at any of our churches. Fill the bottle with paper

currency, coins, or checks made payable to Knights of Columbus Council #15791, and return filled bottles to any of our churches on February 11 or 12. For more information, email Chris at [cmaddenkofc15791@gmail.com](mailto:cmaddenkofc15791@gmail.com)

**ST. VINCENT DE PAUL CLOTHING DONATIONS:** We shout a big **"THANK You!"** to our fellow parishioners who have been so incredibly generous. We continue to seek **warm, winter clothing** for women and men—pants, sweatshirts, sweaters, jackets, hats, gloves, scarves, and boots. Undergarments, socks, and sneakers are always needed. Please donate items in good, clean condition. No summer clothing. **We appreciate your help!** For information, contact Evelyn at (207) 447-1086.



**BENEFITS COORDINATOR OPENING AT CHANCERY:**

The Chancery has an opening for a Benefits Coordinator/ Human Resource Generalist. This integral member of the HR team handles all aspects of the benefit programs offered by the Diocese, including medical, dental, vision, life, and long term disability insurances as well as pension for lay employees. This position also works with active and retired priests. Successful candidates will have 3-5 years of benefit administration experience, a high level of accuracy and attention to detail, as well as the ability to maintain confidential information. To apply, please send cover letter and resume to: [hr@portlanddiocese.org](mailto:hr@portlanddiocese.org)

# Sharing God's Word ~ Through Pastoral Life and Ministry

## FREE BALLOON DÉCOR WORKSHOP

**FREE BALLOON DÉCOR WORKSHOP:** Interested in learning how to create balloon décor? Our extremely talented graphic designer and event decorator, Ted Walsh, will be offering a free balloon décor workshop at Holy Martyrs. In this workshop you will learn how to create balloon centerpieces, arches, columns, and more! The workshop includes demonstrations, hands-on practice, and an instruction pamphlet with a list of resources. The workshop will be held on Tuesday, January 17 at 7:00 PM at Holy Martyrs. To register or if you have questions, email Ted by January 15 at [tedretired2010@hotmail.com](mailto:tedretired2010@hotmail.com).

**ST. VALENTINE'S BALL:** Tickets are available now! Celebrate love with dinner and dancing on Saturday, February 11 from 5-8 PM at Holy Martyrs. All ages are welcome. Suggested donation is \$5/person or \$20/family. For more information or to purchase tickets visit [pothe.org/stvball](http://pothe.org/stvball).



### REQUESTING A PHOTOGRAPHER:

We are looking for a portrait photographer for the dance attendees. Professional or amateur photographers are invited to inquire! Email [kalee.gwarjanski@portlanddiocese.org](mailto:kalee.gwarjanski@portlanddiocese.org)

**SANCTITY OF LIFE PRAYER SERVICE:** Come pray for the Sanctity of Life on Sunday, January 22. The service runs from 2 PM to 4 PM at Holy Martyrs church in Falmouth, and will also be livestreamed. We'll include the Rosary for Life and recitation of the Divine Mercy Chaplet; there will be time for silent Eucharistic Adoration and contemplation. This prayer service is sponsored by the POTHE/OLH ACTS Ministry and the Knights of Columbus. Please bring your families and friends, and join us in praying for this important cause.

### CALL FOR VOLUNTEERS – ADULT ALTAR SERVERS

**NEEDED:** Those who regularly attend our 4 PM Saturday Masses (St. Gregory's, Sacred Heart, Holy Martyrs) or the Sunday 5:30 PM at Holy Martyrs are encouraged to consider being trained as an altar server. Our ranks of youth servers are growing, but we still need help filling the remaining gaps. If you are interested or willing to learn, please contact Joe Moreshead at [pothe.faithformation@portlanddiocese.org](mailto:pothe.faithformation@portlanddiocese.org).



## Prayer Corner

### APOSTOLATE OF PRAYER FOR PRIESTS

<b>Saturday, Jan. 14</b>	Rev. David M. Affleck Rev. Bernard J. Welch
<b>Sunday, Jan. 15</b>	Bishop Robert P. Deeley, JCD
<b>Monday, Jan. 16</b>	Rev. Michael Adegoke Rev. Thanh Van Nguyen
<b>Tuesday, Jan. 17</b>	Rev. Brian J. Conley, SJ Rev. Robert Tumwekwase, AJ
<b>Wednesday, Jan. 18</b>	Rev. Augustin Sebasthian, HGN Rev. Anthony F. Kuzia, CM
<b>Thursday, Jan. 19</b>	Rev. Theodore Letendre, FIC Rev. Prabu N. Magimaidass, HGN, A.N.
<b>Friday, Jan. 20</b>	V.Rev. Paul H. Dumais Rev. D. Joseph Manship
<b>Saturday, Jan. 21</b>	Rev. Reginald R. Brissette Rev. Bruce M. Siket
<b>Sunday, Jan. 22</b>	Bishop Emeritus Joseph J. Gerry OSB

**WHY WE ASK FOR PRAYERS:** We know God hears all our prayers. Many of us have known the power of his answers. As a faith community, we are called to pray for each other, which is why we publish a list of people in need of healing in the bulletin. Please call our parish office (207) 847-6890 to include yourself on the list. If you want to add someone else, please ask permission from that person first.

**LET US CONTINUE TO KEEP THE KNIGHTS OF COLUMBUS AND FAMILY IN OUR PRAYERS:** Brother Gary Potvin; Cynthia, sister-in-law of Grand Knight Chris Madden; Brother Chip Metevier; Father Ray Picard; Laurene, wife of Brother Dennis Dempsey; Anne Theriault, sister-in-law of Brother George Spino; Brother Mark Bastey; Nancy, wife of Brother John Walkenford; Brother Gerald Bose; Brother Joe Mathew and wife Doris; Brother Charles Thurston; Luke Roy, son of Brother Mark Roy; Art Crowley, brother of Brother Mike Crowley; Brother Manen Clements and wife Pat; David Shaw, brother of Brother Richard Shaw; Brother James King; Cindy Carrier, wife of Brother Steve Carrier; Yvonne, wife of Brother Chuck Devine; Brittany and Brandon Walkenford, grandchildren of Brother John Walkenford; Holly Spino, sister-in-law of Brother George Spino; Brother Peter LaRochelle; Natalie Bonnell, widow of Brother John Bonnell; Jon Walkenford, son of Brother John Walkenford; Samuel Winkeler, son of Brother Tim Winkeler; Brother Peter Rogers.

**PLEASE KEEP IN HEALING PRAYER:** Edward Hartnet, Joe and Patricia Becker, Liz Chandler, Kalee Gwarjanski, Peter Allen Longley, Marie McCann, Bill Stanbro, Dolores Hartnet, Keith Stackpole, Charlie Pinette, Ann Marie Branigan, Ryan Holden.

**PLEASE PRAY FOR OUR SEMINARIANS:** Andrew Bailey, Erin Donlon, Hoa Nguyen, Vin Nguyen, Than Pham, Matthew Valles, Lam Vo.



# Sharing God's Word ~ Through Faith Formation and Pastoral Life

## FROM OUR DIRECTOR OF FAITH FORMATION

### Kicking off your Sunday Shoes

I've been drafting and redrafting this bulletin column. Somehow writing about dancing in a church bulletin column makes this feel like a weird variation on the musical Footloose. Rest assured, there's been no move to ban dancing by your local city council and I'd discourage any of you from breaking into a spontaneous musical number at town hall.

As it happens, we have two dances coming up in the next month. On February 11, the Parish of the Holy Eucharist is hosting the St. Valentine's Ball (5-8 PM at Holy Martyrs hall.) At the end of January (date still to be officially determined) Casco Bay Catholics is sponsoring a contradance at the Guild Hall at the Cathedral.

It's widely known that fun is not my specialty. It's not that I'm not fun, or never have fun, but when it comes to thinking of fun things to do, that's usually someone else's department. Admittedly, the dances were someone else's idea. However, I think these are really important and I wanted to say a little bit about why.

Reason #1: I think our society is forgetting how to have real fun. It struck me during the pandemic how virtual reality sucks the fun out of everything. Yes, Netflix can be entertaining, and scrolling through your Facebook feed (or whatever people are using nowadays) can make hours fly by in an instant, but they're passive, solitary activities and many of us lean on them too much. But if you scroll back only a little in your memory, the things that are most fun are with real physical people, doing real things. We need occasions like this to remember that.

Reason #2: Our kids could use a good example of what dances can look like. If memory serves me correctly, high school dances were less than edifying. I think the reason a lot of kids fell into this was that they didn't know what else to do; they were just following other people's lead. That's why it's great that we're having a parish dance. Our kids get to see an alternative (many of them years before they get to high school) and see that a dance can just be fun.

Reason #3: It's a good thing for our parish to do fun things together. As much as in Mass, our attention should be given to God, having a tight knit parish community is valuable. People need people. The way people get to know people is by coming to social events like this.

The Valentine's Ball is perfect for families but open to all ages. The contradance is great for those who would dance but need to be told how. For more information email, [pothe.faithformation@portlanddiocese.org](mailto:pothe.faithformation@portlanddiocese.org).

– Joe Moreshead



**ST. VALENTINE:** Who was Saint Valentine and how did he come to inspire Valentine's Day? Visit [www.catholiceducation.org](http://www.catholiceducation.org) and search St. Valentine.

**OUR HIGH SCHOOL GROUPS THIS MONTH:** Holy Martyrs high schoolers will meet on January 15.

They'll be discussing "Why be a Catholic?" and "Why go to church?"

Sacred Heart will meet on January 22 at 10 AM. (Enter the rectory by the side door.)

They'll be reflecting on Matthew 4:12-23 (the call of the first disciples) and discussing unity.

For questions, email Faith Formation [pothe.faithformation@portlanddiocese.org](mailto:pothe.faithformation@portlanddiocese.org).



**CONTRADANCING AT THE GUILD HALL:** At the end of



January (date to be announced soon) Casco Bay Catholics will be sponsoring a dance at the Guild Hall. The style of dance is called contradancing (think New England square dancing), which means there's a caller who walks you through each step and tells you what to do at each point in the dance. The dance is open to people of all ages and

promises to be a lot of fun. For more information, email [pothe.faithformation@portlanddiocese.org](mailto:pothe.faithformation@portlanddiocese.org)

**MAKING MUSIC, PRAYING TWICE—WINTER SESSION:**

Shaky Egg Shake-UP! Beat the winter blues with classes in January - February when Maine is at its coldest, but indoor free instrument play and shaky egg shakeups are at their finest! Faith-based music and movement classes tied to the season of



Winter-Ordinary Time for our littlest parishioners at POTHE! Come join other moms from the Parish as we move and groove to upbeat songs specifically tied to the liturgical church year. Sessions are held Fridays at Holy Martyrs at 10:30 on January 20, January 27, February 3, and February 10. Register online at [pothe.org/makingmusic](http://pothe.org/makingmusic). For more information, contact Jen Runge, Director of Sacred Music at [jennifer.runge@portlanddiocese.org](mailto:jennifer.runge@portlanddiocese.org).



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Parish of The Holy Eucharist, ME

04-0669

# Parish Information ~ Celebrating the Sacraments

## OUR PRIESTS AND DEACON



Pastor:  
Fr. Steven Cartwright



Parochial Vicar:  
Fr. Peter Kaseta,  
O.F.M. Cap.



Parochial Vicar:  
Fr. Paul Marquis



Senior Deacon:  
Dennis Popadak

## OUR FAITH FORMATION AND ADMINISTRATIVE STAFF



Director of  
Faith Formation:  
Joe Moreshead



Coordinator of  
Sacraments:  
Kim Lovett



Coordinator of  
Family Life:  
Kalee Gwarjanski



Director of  
Sacred Music:  
Jen Runge



Director of  
Communications  
and Technology:  
Joyce Hale



Business  
Coordinator:  
Oisín O'Searcoid



Bookkeeper:  
Terrie Casavant



Handyman:  
Dave Therrien



Sexton:  
Dillon  
Brabants



Facilities Maintenance  
Manager:  
Steve Tuttle

## Our Mission

We are the Parish of the Holy Eucharist, a Catholic community called to discipleship, seeking deeper communion with God, each other, and our neighbors by celebrating the Sacraments, sharing God's Word, and serving all in need.

## Our Churches

**Holy Martyrs:** 266 Foreside Road, Falmouth

**Sacred Heart:** 326 Main Street, Yarmouth

**St. Gregory the Great:** 24 N. Raymond Road, Gray

**St. Jude:** 134 Main Street, Freeport

## Our Parish Office

### Address:

Parish of the Holy Eucharist  
266 Foreside Road  
Falmouth, ME 04105

**Phone:** (207) 847-6890

**E-mail:** [pothe@portlanddiocese.org](mailto:pothe@portlanddiocese.org)

**Website:** [pothe.org](http://pothe.org)

**Parish Facilities Emergency Phone:** (207) 310-7638

## Our Cemetery

### Holy Cross Cemetery

75 Smith Street, Yarmouth  
Contact Michele at (207) 773-5796

## Our Eucharistic Adoration Schedule

### Monday:

12:00 PM - 8:00 PM Holy Martyrs (except holidays)

### Friday:

8:30 AM - 9:30 AM St. Gregory the Great

3:00 PM - 6:00 PM St. Jude

### Saturday:

8:45 AM - 9:45 AM Sacred Heart

## Our Confession Schedule

### Saturday:

8:00 AM Holy Martyrs, 1<sup>st</sup> Saturday of the month

8:45-9:45 AM Sacred Heart

2:30-3:30 PM Sacred Heart, St. Gregory the Great,  
and Holy Martyrs

**Or by appointment**

## Our Mass Schedules

### Sunday Masses

#### Saturday (Anticipatory):

4:00 PM Holy Martyrs

4:00 PM St. Gregory the Great

4:00 PM Sacred Heart

#### Sunday:

8:00 AM Sacred Heart

8:30 AM Holy Martyrs

8:30 AM St. Gregory the Great

9:30 AM St. Jude

10:30 AM Holy Martyrs

11:00 AM Sacred Heart

5:30 PM Holy Martyrs

### BULLETIN SUBMISSIONS:

Items are due 10 days prior to  
publication. Submit items to  
[pothe@portlanddiocese.org](mailto:pothe@portlanddiocese.org).

### Daily Masses

#### Monday:

7:30 AM Holy Martyrs

8:00 AM St. Gregory the Great

8:00 AM Sacred Heart

#### Tuesday:

7:30 AM Holy Martyrs

8:00 AM Sacred Heart

#### Wednesday:

7:30 AM Holy Martyrs

#### Thursday:

8:00 AM Sacred Heart

#### Friday:

7:30 AM Holy Martyrs

8:00 AM St. Gregory the Great

#### Saturday:

8:15 AM Sacred Heart

9:00 AM Holy Martyrs 1<sup>st</sup> Sat.  
of the month

## Sacramental and Pastoral Care

**Wishing to Become Catholic:** Please contact the parish office and ask for Faith Formation.

**Sacrament of the Anointing of the Sick:** Please call the parish office with the name, condition, address, and phone number of the person who is in need.

**Communion to the Homebound:** Please email Kim Lovett, [kim.lovett@portlanddiocese.org](mailto:kim.lovett@portlanddiocese.org).

**Sacrament of Baptism for Infants:** Please contact our parish office as soon as your child is born.

**Sacrament of Marriage:** Please contact the parish office at least 6 months in advance of the desired date of your wedding.

**Making Funeral Arrangements:** Please contact the funeral home, and they will assist you in making arrangements for the church.