2023

PARISH OF THE

HOLY EUCHARIST



Pictures from Palm Sunday







2RD SUNDAY OF EASTER

Jesus said to him, "Have you come to believe because you have seen me? Blessed are those who have not seen and have believed." - Jn 20:29





Easter Vigil and overcoming darkness with the Light of Christ

Parish Calendar ~ This Week and Upcoming

Saturday	Sunday	Monday	Tuesday	
That Man is You 7:00 am Sacred Heart Eucharistic Adoration 8:45 - 9:45 am Sacred Heart	16 DIVINE MERCY SUNDAY Choir Rehearsal 8:00 am St. Jude Divine Mercy Sunday 2:00 - 5:00 pm Holy Martyrs High School Faith Formation 4:30 - 7:30 pm Holy Martyrs Calix 6:30 pm Sacred Heart	17 PATRIOTS DAY OFFICE CLOSED AA Meeting 10:30 am St. Gregory the Great Holy is His Name Scripture Study 7:00 pm Holy Martyrs FOLLOWING CANCELLED: Eucharistic Adoration Holy Martyrs Youth Schola Sacred Heart Boy Scouts Sacred Heart	18 Centering Prayer 9:30 am Holy Martyrs Catholic Homeschoolers 10:00 am Holy Martyrs Friends in Faith 10:30 am Holy Martyrs + Zoom	Homeschoolers Band 4:00 pm St. Gregory the Great ACTS Women's Retreat Team Meeting 6:00 - 8:30 pm Holy Martyrs
Wednesday / Thursday		Friday	Saturday	Sunday
Choir Rehearsal 6:30 pm Sacred Heart 7:00 pm St. Gregory the Great ACTS Proto-Core Meeting 6:30 pm Holy Martyrs	Together with Alzheimer's 7:00 pm Sacred Heart 20 AA Meeting 7:00 pm St. Gregory the Great	Eucharistic Adoration 8:30 - 9:30 am St. Gregory the Great 3:00-6:00 pm St. Jude AA Meeting 7:00 pm Sacred Heart	That Man is You 7:00 am Sacred Heart Eucharistic Adoration 8:45 - 9:45 am Sacred Heart	Choir Rehearsal 8:00 am St. Jude FLAME 10:00 am Sacred Heart High School Faith Formation 10:00 am Sacred Heart

Mass Intentions for April 15 to April 23

Saturday, April 15		Wednesday, April 19					
	НМ	Fr. K	†Patricia Becker by Diane Shaw †Peter Kelly III by the Poulos family	7:30 am	НМ	Fr. K	†John & Rosemarie Taliento by Lisa & Mats Agren
			*Barbara Roy by Janet & Lawrence Nowinski	Thursda	y, Apri	il 20	
4:00 pm Sunday ,			tViola Palmacci by Gina, David & family DIVINE MERCY SUNDAY	8:00 am	SH	Fr. K	†Bill Hughes by Lewanne Hughes
8:00 am	_		Gary Horton by John & Jeanne Collins	Friday, A	April 21	1	
8:30 am	НМ	Fr. K	Mary M. Collins & Edmund M. Collins by Mary E. Collins	7:30 am	НМ	Fr. K	†Eugene McCarthy, Jr. by Diana Poulos Sanders
			† Kathleen O'Wril by Fran & Maggie Holnaider	8:00 am	SGTG	Fr. C	†Deceased members of the Holmquist family by Alice McGrath
9:30 am	SJ	Fr. C	*All POTHE Parishioners	Saturday	. April	22	·
10:30 am	НМ	Fr. K	†Robert & Marcia Hayes by Stephen Hayes & Carol McCarthy	8:15 am	_		★ Special Intention for Slawek's family
11.00	CLI	Fr. M	†Blandine Kom Tagne by Caroline Nguembu	4:00 pm	НМ	Fr. C	* All POTHE Parishioners
11:00 am	11:00 am SH Fr.	Fr. IVI	Tagne	4:00 pm	SGTG	Fr. K	†Lucille Janowski by Jackie Royles
5:30 pm		ΓI. N	Deceased family & friends of the Conroy- Vella family by Dee Conroy-Vella	4:00 pm	SH	Fr. M	†Lionel & Rita Morency by Denise & Daniel Chapman
Monday, April 17 Patriots Day		Sunday, April 23					
7:30 am	НМ	Fr. K	*Special Intention for Richard & Jeannette	8:00 am	-		†Pat Becker by Jerry & Brigid DiDonna
			Dillihunt by Joanne Van Loenen *Carl Jr., Carl Sr., Ethel & Merilyn Anderson	8:30 am	НМ	Fr. C	†Judith D. Valle by her spouse
8:00 am	SGTG		by Sheila Anderson & family	8:30 am	SGTG	Fr. K	†Dolly Daigle by St. Gregory's Choir
0.00	CLI		*1 For the living & deceased members of	9:30 am	SJ	Fr. M	†Maryhelen Rice by Gretchen Sayward
8:00 am	2H	Fr. IVI	Desiree Douglas Clady's family	10:30 am	НМ	Fr. C	†Dr. Donald Gove by the Ray family
Tuesday	/, Apri	l 18		11:00 am	SH	Fr. K	†Lawrence O'Connell by the Lattanzi family
7:30 am	НМ	Fr. C	Mary T. Honan by the Taliento & Agren families	5:30 pm		Fr. C	+Cynthia Pernice by Chris & Jeannie Madden
8:00 am	SH	Fr. M	†Souls in Purgatory by a parishioner	VP-	–Visitin	g Priest	t * Special Intention * Deceased

Called to Discipleship ~ Through Stewardship and Service



DONATIONS

in Louing Memory/Honor of ...

Deceased members of the Agren family by the Agrens

Susan & Patrick Gray by Shawn & Martha Albert

Blanche & Jerry Azarewiez, Jerome John Azarewiez, & Helen Puczynsiel by Maryann Anderson

James Daviau by Jane Anderson

Anne, Pasquale & Joseph Napolitano

Inocencia Pan & John Crocker

Charest & Bouchard family

Kristen Gould

James & Barbara Devlin by Richard & Ann Bayer

Gerard & Ferande Belisle, Herbert & Pearl Emery by the Bélisle family

Mr. & Mrs. Lionel York, Mr. & Mrs. James Boulos by Steven & Theresa Boulos

Robert & Paula Sacco by Genn Branco

Cemoni & Brooks families by the Brooks family

Mr & Mrs James Buccina by Deborah Buccina

Deceased loved ones by Sandra Christman

Clements & Piontek families by Manen & Pat Clements

All our departed loved ones by Armand & Dena Demers

Cynthia J. Dillon by William & Diane Dillon

Friends & family of Mike, Sarah & Lillian Doten: in memory of Harold & Rita Doten, Aborted Children, Isaac Benjamin

bý Michael, Sarah & Lillian Doten

Bob Dyk by Trish Dyk

Deceased members of the Erwin & Roach families by James & Eileen Erwin

Bill Langer by family

Jack Facteau Sr., & Waitrovich family by Rosemary Fecteau, Ph.D

The Fedrizzi & McKinley families by Francis Fedrizzi

William & Eileen Glynn , John FitzGerald by John & Stephanie FitzGerald

Sean Read, Truc Huynh, Ben Merrill & Michael Keaveny by Ed & Gina Gawle

Anthony Houghton by Robert & Romonda Grzymala

Etta Hart, Jenna & Bradford Hart, Joan Wunderlich, Reginald Binette & family, Bill & Eleanor Bruce, Cecile & Teddy Binette

by Gayle Hart

Eunice & George Rinderle, Catherine & James Hebson, Catherine & Gary McVicker, Rosemary Stutz, Brenda

by Charles & Margaret Hebson

Julia Keefe by Barbara Keefe

Andrew & Helen Kralik by Christopher Kralik

Emily Grace Ladd by Anne Russo Ladd

Deceased members of the Baldante & LaVopa families by Mrs. Linda LaVopa

Gninin Koffi by Latre Sibi Lawson Owanda

Maryann & Carl Lechner by Edward & Marcia Lechner

Husband William Macaro & son, Buzzy by Arlene Macaro

Sal & Hazel by Doug & Mary Martin

Mario & Dorothy Martino by Matt Martino

David Maurice by Anne Maurice

Percy & Elaine Mayers, Harry & Owen

by Margaret Mayers

Jeanne & Leo Lemire & Gerard Rousseau by Christopher & Lisa McNierney

Our children & grandchildren by Paul & Gay Metevier

Nicholas J. Greene by Lawrence & Janet Nowinski Lydia & Tino Tamborrian by Diane Nugent

Paul F. O'Brian & Damiano (Danny) Alongi, Judith Mary Baer by Frances Mary O'Brian

Esther & Robert Sedzia, Patricia & William Pall by Kim Palli

John Crotty & Warren Ocharsky by Nancy Phillips

John & Sally Pierce, Richard & Eliza Stark, Carol Stark by Nancy & Chris Pierce

Bill Eycleshymer & Josh Holzer by Judith Pollock

Catherine & Richard White, Ed & Viola

by Kenneth & Claire Recker Elwin Scott Sr & David Rickert, Sr.

by Kelly Rickert David & Edward Roy, Sr. by Ann Roy

Thomas Connor by Carolyn Ruggles

Ugo Vezzoli, Lena Vezzoli, John Milo, Ella Milo, Santa Illuzzi, Angelo Illuzzi by Anthony & Angela Russo

The Ryer & Schissel families by Mary & Chris Ryer

Deceased family members of the Kavanaugh & Saffian families by Amy & Jim Saffian

Raymone Soucy, Demo Agginis by Leo & Laurie Soucy

My Parents by Anita Stivaletti

Judie Valle by Frank Thiboutot

Rosaire Toulouse, Alan Toulouse, Martin Schmittberger, Maria Schmittberger by David & Ann Toulouse

Carolyn & Tom Kelly, Ruth & Malcolm Williams, Paul Tracy, Sr., Chris Toppi by Paul & Becky Tracy

Alberta Adcock by Tracy Winkeler

Henry Tanguay, Rebecca Aube, Philip Strout

by Simone Wright

Sharing God's Word ~ Through Pastoral Life and Ministry

WELCOME, CHIP!: Some of you might recognize our

newest team member. Please welcome Paul "Chip" Metevier as our new Facilities Maintenance Technician. Chip retired after 40 years in the insurance business assessing and managing property damage claims. Chip raised four children, has five grandchildren, and has been a parishioner since 1985, volunteering on the grounds particularly with masonry



work. He is looking forward to serving POTHE and we are excited to have him working with us!

FEAST OF DIVINE MERCY: The Please join us in person or



via livestream for a solemn celebration of Divine Mercy Sunday on Sunday, April 16, at Holy Martyrs Church in Falmouth. Confessions will be heard beginning at 2:00 pm and throughout the service. At 3:00 pm Eucharistic Adoration will begin during which there will be the Veneration of the Divine Mercy image, reading from St. Faustina's diary, the recitation of the Chaplet of Divine Mercy, meditation, and litanies of the Sacred Heart and Divine Mercy. The

service will conclude by 5:00 pm with Benediction.

WHAT IS AN ACTS RETREAT?: An ACTS Retreat is a 3-day, 3-night, retreat offering parishioners the chance to

experience the love of Jesus Christ in a profound way. ACTS Retreats are given by our own parishioners for fellow parishioners, and build Christian



community within the parish. The weekend is an opportunity to strengthen your faith, renew yourself spiritually, and create strong friendships. ACTS stands for: Adoration and prayer; Community, awareness of one's identity as a member of the Body of Christ; Theology, encouraging study of our faith and God's Word; and promoting the virtue of Service to Our Lord and one another. ACTS Ministry is active at parishes across Maine; this retreat is a collaboration between POTHE and Our Lady of Hope Parish in Portland. Our Women's Retreat will be held Thursday evening, May 18 to Sunday morning, May 21, at a lakeside retreat center in Winthrop. Retreat cost is \$175; scholarship funds are available. Travel to retreat and all meals are included. For more information and to register, visit https://pothe.org/acts -retreat, contact Cathy at camullaney@gmail.com, or contact the POTHE office, (207) 847-6890.

HABITAT FOR HUMANITY ANNUAL WALK: On Saturday, April 29, Cumberland, Yarmouth, North Yarmouth, and Falmouth will be hosting a Habitat for Humanity walk at Twin Brooks in Cumberland from 9 am until 12 noon. Proceeds go towards Habitat for Humanity of Greater Portland. If you are interested in walking, running, and/or donating to a great cause, visit https://habitatportlandme.org/springwalk/.

PRAYER CORNER

APOSTOLATE OF	PRAYER FOR PRIESTS
Saturday, Apr. 15	Msgr. Paul F. Stefanko Rev. Alexander Boucher
Sunday, Apr. 16	Bishop Emeritus Joseph J. Gerry OSB
Monday, Apr. 17	Priests Unassigned Rev. John R. d'Anjou, SJ
Tuesday, Apr. 18	Rev. Patrick J. Finn Rev. Michael E. Sevigny, OFM Cap
Wednesday, Apr. 19	Rev. Anthanasius S. Wirsiy V. Rev. Wilfred P. Labbe
Thursday, Apr. 20	Rev. Albin A. Andrus Rev. Divine Fossoh
Friday, Apr. 21	Our Holy Father
Saturday, Apr. 22	Msgr. Rene Mathieu Rev. Sylvio J. Levesque
Sunday, Apr. 23	Rev. Paul M. Sullivan Rev. Joel R. Cyr

WHY WE ASK FOR PRAYERS: We know God hears all our prayers. Many of us have known the power of His answers. As a faith community, we are called to pray for each other, which is why we publish a list of people in need of healing in the bulletin. Please call our parish office (207) 847-6890 to include yourself on the list. If you want to add someone else, please ask permission from that person first.

LET US KEEP THE KNIGHTS OF COLUMBUS AND FAMILY IN OUR PRAYERS: Brother Gary Potvin; Cynthia, sister-in-law of Grand Knight Chris Madden; Brother Chip Metevier; Father Ray Picard; Laurene, wife of Brother Dennis Dempsey; Anne Theriault, sister-in-law of Brother George Spino; Brother Mark Bastey; Nancy, wife of Brother John Walkenford; Brother Gerald Bose; Brother Joe Mathew and wife Doris; Brother Charles Thurston; Luke Roy, son of Brother Mark Roy; Art Crowley, brother of Brother Mike Crowley; Brother Manen Clements and wife Pat; David Shaw, brother of Brother Richard Shaw; Brother James King; Cindy Carrier, wife of Brother Steve Carrier; Yvonne, wife of Brother Brittany and Brandon Walkenford, Devine: grandchildren of Brother John Walkenford; Holly Spino, sister-in-law of Brother George Spino; Brother Peter LaRochelle; Natalie Bonnell, widow of Brother John Bonnell; Jon Walkenford, son of Brother John Walkenford; Samuel Winkeler, son of Brother Tim Winkeler; Brother Peter Roger.

PLEASE KEEP IN HEALING PRAYER: Edward Hartnett, Joe Becker, Liz Chandler, Kalee Gwarjanski, Peter Allen Longley, Marie McCann, Bill Stanbro, Dolores Hartnett, Keith Stackpole, Charlie Pinette, Ann Marie Branigan, Ryan Holden, Jeannine Gaillard, Denise Tibbetts, Bob Pigeon, Nancy Crouch.

PLEASE PRAY FOR OUR SEMINARIANS: Andrew Bailey, Erin Donlon, Hoa Nguyen, Vin Nguyen, Than Pham, Matthew Valles, Lam Vo.

Parish of the Holy Eucharist p. 4

Sharing God's Word ~ Through Faith Formation and Pastoral Life

FROM OUR DIRECTOR OF FAITH FORMATION

Swimming and the Spiritual Life: Obedience

Some of you know that I grew up in competitive swimming. I swam for Coastal Maine Aquatics year-round from age eight to eighteen and for Cheverus High School during the school



season. When I graduated and went to college, I chose swim to volunteered coaching public high school team instead. For a good fifteen years, I was in the pool or on the deck two hours a day, five to six days a week,

eleven months out of the year. Those of you familiar with the effects of chlorine will understand the chemical glow and the particular fragrance that comes with that amount of pool time.

Suffice to say that swimming was an important part of my life. There were life lessons I learned from my time in the sport. Some of those life lessons carried over into my spiritual life. Over the next few weeks, I'd like to share some of those with you.

First lesson: it's amazing how much progress you can make by just doing what you're told.

When I started out in the pool, I was no instant prodigy. Hand/foot/head to eye coordination didn't come naturally to me. Besides, I had a great love for food (still do, honestly) and this gave me a portly stature for an eight year old that didn't work to my competitive advantage. By contrast, some of my teammates were much more invested in the sport than myself. They would work out outside practice. They would even lay off the sweets during swim meets. Unsurprisingly, my more ambitious teammates had the faster times.

The one thing I had going for me (at least at that point in my swim career) was that I did what I was told. In the world of swimming, there are ways to cut corners; for instance, making a U-turn in your lane when your coach isn't looking, or pulling on the lane line, or deciding you have a cramp when you're really just tired. I generally avoided those options and just did the sets as my coach asked me to. It took three years of plugging along like that, but around age eleven, I started seeing the fruit. My times dropped fast; I went from being in the middle of the pack to the front and even got a few age group records. This didn't come from going above and beyond; it was the fruit of just doing what I was supposed to be doing.

The same is true of the spiritual life. It is easy to look at the lives of the saints and think that we have to aim at heroics in order to be holy. In fact, just doing what God tells you will carry you far. Avoid sin, attend Mass, abstain from meat on Fridays, pray every day, and resolve to do God's will when it becomes known to you. It doesn't seem like much, but if you hold to that routine, you'll see the fruit in time.

-Joe Moreshead

MAKING MUSIC, PRAYING TWICE

MOVEMENT IN MAY": Calling all wiggly littles! Join other moms and their children 5 and under for faithfilled music and movement classes outside in the Mary Garden at Holy Martyrs church in Falmouth. Music and themes to celebrate the Easter -Pentecost liturgical season. Classes meet Fridays at 10:15 am starting May 5 through June 2. Register at www.pothe.org/makingmusic



"MUSIC AND

MAY CROWNING AND PROCESSION: Join us at Holy



Martyrs church May 7 for the May Crowning in conjunction with our final family catechesis class for the year, following the 10:30 am Mass. One of the children will crown the statue of Mary that is usually in the chapel, after which we will process with the statue around the block in her honor. For more information, email

pothe.faithformation@portlanddiocese.org.

PSALTERIUM INSTITUTE CHOIRS IN CONCERT: The



Psalterium Institute choral ensembles will conclude the 2022-2023 season with a

special evening filled with beautiful choral music from ancient Gregorian Chant through modern choral selections, featuring the Psalterium Institute Chamber Choir, Psalterium Boy Choir, and Magnificat Girl Choir. Join us Friday, May 12, 6:30 pm at Sacred Heart church. Suggested Donation is \$10.00. For more information about the Institute, visit www.psalterinstitute.org.

TOTUS TUUS IN WINDHAM & SCARBOROUGH: Totus Tuus dates have been announced. Totus Tuus will once again be held in neighboring parishes— St. Maximilian Kolbe Church, Scarborough, July 9-14 and Our Lady of Perpetual Help, Windham, July 23-28. Totus Tuus is a summer Catholic youth program dedicated to sharing the Gospel and promoting the Catholic Faith through evangelization, catechesis, Christian witness, and Eucharistic worship. To register for either program, go to https:// www.registertotustuusme.org/.

VACATION BIBLE CAMP: Vacation Bible Camp will take place July 17-21 at St. Gregory the Great, 9 am to noon. (Please note, this is a change from previous years in which VBC was held the fourth week of July.) The theme this year will be on the Mass. CatChat writes, Kids will develop a new appreciation for the Catholic Mass and will deepen their

love for Jesus in the Eucharist through faith teachings, catchy music, fun games, crafts, and more." To register go to https://pothe.org/vacation-bible-camp.



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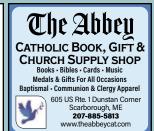






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Parish Information ~ Celebrating the Sacraments

OUR PRIESTS AND DEACON



Pastor. Fr. Steven Cartwright



Parochial Vicar. Fr. Peter Kaseta, O.F.M. Cap.



Parochial Vicar. Fr. Paul Marquis



Senior Deacon: Dennis Popadak

OUR FAITH FORMATION AND ADMINISTRATIVE STAFF



Director of Faith Formation: Joe Moreshead



Coordinator of Sacraments: Kim Lovett



Coordinator of Family Life: Kalee Gwarjanski



Sacred Music: Jen Runge

Director of





Receptionist/ Administrative Assistant: Jonnie Clark

Business Coordinator: Oisin O'Searcoid



Bookkeeper: Terrie Casavant



Handyman: Dave Therrien



Facilities Maintenance Technician: Chip Metevier



Facilities Maintenance Manager: Steve Tuttle

Our Mission

We are the Parish of the Holy Eucharist, a Catholic community called to discipleship, seeking deeper communion with God, each other, and our neighbors by celebrating the Sacraments, sharing God's Word, and serving all in need.

Our Churches

Holy Martyrs: 266 Foreside Road, Falmouth **Sacred Heart:** 326 Main Street, Yarmouth

St. Gregory the Great: 24 N. Raymond Road, Gray

St. Jude: 134 Main Street, Freeport

Our Parish Office

Address:

Parish of the Holy Eucharist

266 Foreside Road Falmouth, ME 04105 **Phone:** (207) 847-6890

E-mail: pothe@portlanddiocese.org

Website: pothe.org

Parish Facilities Emergency Phone: (207) 310-7638

Our Cemetery

Holy Cross Cemetery

75 Smith Street, Yarmouth Contact Michele at (207) 773-5796

Our Eucharistic Adoration Schedule

Monday:

12:00 pm - 8:00 pm Holy Martyrs (except holidays)

Friday:

8:30 am - 9:30 am St. Gregory the Great

3:00 pm - 6:00 pm St. Jude

Saturday:

8:45 am - 9:45 am Sacred Heart

Our Confession Schedule Saturday:

8:00am Holy Martyrs, 1st Saturday of the month 8:45-9:45 am Sacred Heart 2:30-3:30 pm Sacred Heart, St. Gregory the Great, and Holy Martyrs

Or by appointment

Our Mass Schedule				
Sunday N	Masses	Daily Masses		
Saturday 4:00 pm	(Anticipatory): Holy Martyrs	Monday: 7:30 am	Holy Martyrs	
4:00 pm	St. Gregory the Great	8:00 am	St. Gregory the Great	
4:00 pm	Sacred Heart	8:00 am	Sacred Heart	
Sunday:		Tuesday:		
8:00 am	Sacred Heart	7:30 am	Holy Martyrs	
8:30 am	Holy Martyrs	8:00 am	Sacred Heart	
8:30 am	St. Gregory the Great	Wednesday:		
9:30 am	St. Jude	7:30 am	Holy Martyrs	
10:30 am	Holy Martyrs	Thursday	:	
11:00 am	Sacred Heart	8:00 am	Sacred Heart	
5:30 pm	Holy Martyrs	Friday:		
		7:30 am	Holy Martyrs	
BULLET	IN SUBMISSIONS:	8:00 am	St. Gregory the Great	
Items are due 10 days prior to		Saturday:		
	on. Submit to	8:15 am	Sacred Heart	
pothe@p	oortlanddiocese.org.	9:00 am	Holy Martyrs 1 st Sat. of the month	

Sacramental and Pastoral Care

Wishing to Become Catholic: Please contact the parish office and ask for Faith Formation.

Sacrament of the Anointing of the Sick: Please call the parish office with the name, condition, address, and phone number of the person who is in need.

Communion to the Homebound: Please email Kim Lovett, kim.lovett@portlanddiocese.org.

Sacrament of Baptism for Infants: Please contact our parish office as soon as your child is born.

Sacrament of Marriage: Please contact the parish office at least 6 months in advance of the desired date of your wedding.

Making Funeral Arrangements: Please contact the funeral home, and they will assist you in making arrangements for the church.