

Sunday,
April 23,
2023

PARISH OF THE HOLY EUCHARIST



**Easter Vigil
Sacraments of
initiation**



3RD SUNDAY OF EASTER

They set out at once and returned to Jerusalem where they found gathered together the eleven and those with them who were saying, "The Lord has truly been raised and has appeared to Simon!" - Lk 24:33-34

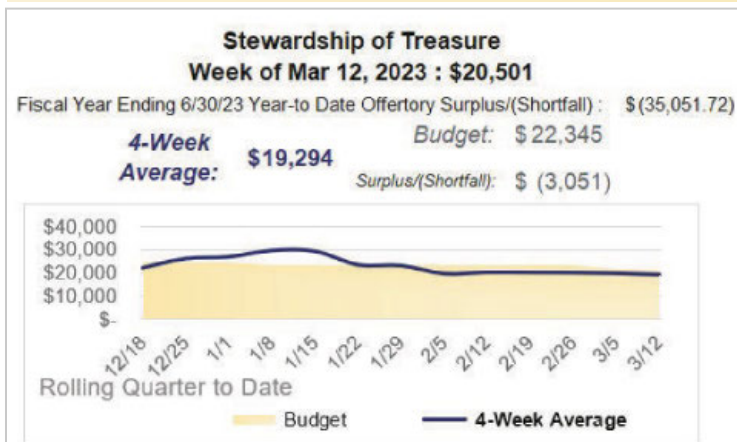
Parish Calendar ~ This Week and Upcoming

Saturday	Sunday	Monday	Tuesday	
22 That Man is You 7:00 am <i>Sacred Heart</i> Eucharistic Adoration 8:45 - 9:45 am <i>Sacred Heart</i>	23 Choir Rehearsal 8:00 am <i>St. Jude</i> FLAME 10:00 am <i>Sacred Heart</i> High School Faith Formation 10:00 am <i>Sacred Heart</i>	24 AA Meeting 10:30 am <i>St. Gregory the Great</i> Eucharistic Adoration 12:00 - 8:00 pm <i>Holy Martyrs</i> Youth Schola 4:00 pm <i>Sacred Heart</i> Boy Scouts 6:30 pm <i>Sacred Heart</i> Holy is His Name Scripture Study 7:00 pm <i>Holy Martyrs</i>	25 Centering Prayer 9:30 am <i>Holy Martyrs</i> Friends in Faith 10:30 am <i>Holy Martyrs + Zoom</i> Homeschoolers Band 4:00 pm <i>St. Gregory the Great</i>	FLAME 5:30 pm <i>Sacred Heart</i> Pastoral Council 6:30 pm <i>St. Jude</i> ACTS Women's Retreat Team Meeting 6:00 - 8:30 pm <i>Holy Martyrs</i>
Wednesday	Thursday	Friday	Saturday	Sunday
26 Opus Dei Recollection Day <i>For Women</i> 9:00 am - 2:00 pm <i>For Men</i> 5:00 - 9:00 pm <i>Holy Martyrs</i> Choir Rehearsal 6:30 pm <i>Sacred Heart</i> 7:00 pm <i>St. Gregory the Great</i>	27 AA Meeting 7:00 pm <i>St. Gregory the Great</i> Teen Confirmation Session 6:30 pm <i>Sacred Heart</i>	28 Eucharistic Adoration 8:30 - 9:30 am <i>St. Gregory the Great</i> 3:00-6:00 pm <i>St. Jude</i> AA Meeting 7:00 pm <i>Sacred Heart</i>	29 That Man is You 7:00 am <i>Sacred Heart</i> Eucharistic Adoration 8:45 - 9:45 am <i>Sacred Heart</i>	30 Choir Rehearsal 8:00 am <i>St. Jude</i> FLAME 10:00 am <i>Sacred Heart</i>

Mass Intentions for April 22 to April 30

Saturday, April 22 8:15 am SH Fr. M *Special Intention for Slaweks family 4:00 pm HM Fr. C *All POTHE Parishioners 4:00 pm SGTG Fr. K †Lucille Janowski by Jackie Royles 4:00 pm SH Fr. M †Lionel & Rita Morency by Denise & Daniel Chapman	Thursday, April 27 8:00 am SH Fr. K †Thomas Kane by Lucinda Piotrowski
Sunday, April 23 8:00 am SH Fr. M †Pat Becker by Jerry & Brigid DiDonna 8:30 am HM Fr. C †Judith D. Valle by her spouse 8:30 am SGTG Fr. K †Dolly Daigle by St. Gregory Choir 9:30 am SJ Fr. M †Maryhelen Rice by Gretchen Sayward 10:30 am HM Fr. C †Dr. Donald Gove by the Ray family 11:00 am SH Fr. K †Lawrence O'Connell by the Lattanzi family 5:30 pm HM Fr. C †Cynthia Pernice by Chris & Jeannie Madden	Friday, April 28 7:30 am HM Fr. K †Martha P. Kammer by Karen Boulous McPhee †Deceased members of the Donovan & d'Entremont families by Norman & Marcia d'Entremont 8:00 am SGTG Fr. C
Monday, April 24 7:30 am HM Fr. K †Mass of Remembrance 8:00 am SGTG Fr. C †Kathleen O'Wril by Janet & Lawrence Nowinski 8:00 am SH Fr. M †Jake Halpin by a friend	Saturday, April 29 8:15 am SH Fr. M †Patricia Becker by Jan Reynolds 4:00 pm HM Fr. M †Sr. Sylvia Comer, RSM by Mary Lou Lancaster & family 4:00 pm SGTG Fr. C †David Maurice by Anne Maurice 4:00 pm SH Fr. K †Deceased family & friends of Peter & Cindy McCabe by Peter & Cindy McCabe
Tuesday, April 25 7:30 am HM Fr. C †Kyle Thomas Noyes by James Ciampi 8:00 am SH Fr. M *Special Intention by a parishioner	Sunday, April 30 8:00 am SH Fr. K †Deceased family & friends of Donna Curtis by Donna Curtis 8:30 am HM Fr. M †Ryan Rogers by Sharon Leskanic 8:30 am SGTG Fr. C †Kathy O'Wril by Jackie Royles 9:30 am SJ Fr. K *Angel Martinez, Anna Martinez & Earl Salazar by Priscilla Quintana 10:30 am HM Fr. M †Mary T. Honan by Charlotte O'Donovan 11:00 am SH Fr. C *All POTHE Parishioners 5:30 pm HM Fr. M †Elizabeth Bachelder by Kathy Coster
Wednesday, April 26 7:30 am HM Fr. K †Donnie Fox by Carol Holly	VP—Visiting Priest *Special Intention †Deceased

Called to Discipleship ~ Through Stewardship and Service



EASTER FLOWER DONATIONS:

In memory of ...

Anthony Bigting
 by Maria Ramos

Deceased members of the Rowe Family
 by Brent & Elizabeth Rowe

SECOND COLLECTION: On April 29, POTHE will hold a second collection for Catholic Home Missions, which offers financial support to missionary activities that strengthen the Catholic Church in the United States, and in its territories and former territories. Catholic Home Missions educates American Catholics about mission needs and invites them to assist fellow Catholics in the practice of the faith.

HAITI DOOR COLLECTION: Our next Haiti door collection, which supports our sister parishes in Haiti, will be held on May 6. Please continue to support our sister parish in Haiti with your prayers and generous financial support in the scheduled Haiti door collections.

ST. VINCENT DE PAUL CLOTHING DONATIONS: We are now collecting men's and women's lighter weight jackets, sweaters, pants, and tops along with shoes and sneakers. The men would appreciate baseball cap donations. We can **only accept clean, usable casual clothing**. We are **not accepting heavy coats and jackets** since spring has arrived! Donations can be dropped off in the blue bins in the hallway between the narthex and hall at Holy Martyrs or in the back of Sacred Heart church. Thank you to all who have helped clothe the clients at St. Vincent de Paul. For questions, call Evelyn at (207) 447-1086.



OPUS DEI WOMEN'S MORNING OF RECOLLECTION:

The morning of recollection is Wednesday, April 26 from 10 am—12:30 pm at Holy Martyrs, and includes a meditation by the priest, a talk given by a lay member on topics relating to the Christian life, and silent time for prayer. Opportunity for Confession and Spiritual Direction will be available throughout the morning. Holy Mass begins at 11:50 am. **Babysitting is available!** The recollection is conducted by a priest of Opus Dei, a personal prelature of the Catholic Church. For more information about Opus Dei, visit opusdei.org.

KNIGHTS OF COLUMBUS • COUNCIL #15791: Thank you, POTHE parishioners, for your continued support of our Council through your participation in the CLYNK recycling program, sponsored by Hannaford stores. Empty CLYNK bags are available at the rear of each church. Please return filled green recycling bags to any Hannaford. Proceeds from this program benefit needy and worthy causes of the Knights of Columbus Council 15791. Thank you for your continued support! For more information about the Knights of Columbus in our parish, email Chris at cmaddenkofc15791@gmail.com. We meet the first Tuesday of the month at Holy Martyrs beginning with fellowship and fraternity at 6:30 pm, followed by a business meeting at 7:00 pm. To become a Knight, visit www.kofc.org/joinus.



MONTH OF APRIL

Knight of the Month **Family of the Month**

Trustee/PGK Mike Crowley Lecturer George Spino & Family

FRIENDSHIP HOUSE: Friendship House is a temporary home in South Portland for men recovering from substance abuse. The first Wednesday of the month, we bring your donations to the men. Last month parishioners generously donated three hardy casseroles and an Easter Ham with lots of fresh vegetables. The men who received this food were appreciative, grateful, and sincerely asked us to thank you all. The date of our next meal for Friendship House is Wednesday, May 3; please help if you can. We will be in the Holy Martyrs parking lot from 2:00 - 3:00 pm that afternoon to collect your contributions, but you are welcome to drop them off in the kitchen Monday or Tuesday prior during business hours. Checks are also welcome at Friendship House, 390 Lincoln St., South Portland ME. Thank you for whatever you can do. Email or call with questions, dpnicklas@gmail.com or (207) 272-0951.

WOMEN'S ACTS RETREAT: A fellow parishioner who attended an ACTS Retreat told us: "I agreed to attend an ACTS Retreat in 2018, the first time I was asked. I felt my relationship with Jesus was going along just as fine as can be, but I am so grateful I attended. I gained so much, not only from the experience, but from the fellowship that was shared and the relationships that were made. I believe every man and every woman should go on an ACTS Retreat. The retreat changed my outlook and deepened my love in Christ."-JR



Reserve your spot today for this special weekend! The Women's Retreat will be held **Thursday evening, May 18, to Sunday morning, May 21**, at a beautiful lakeside retreat center in Winthrop. Retreat cost is \$175. Travel to retreat center and all meals are included. Cost should not be an obstacle; scholarship funds are available. For more information and to register, visit <https://pothe.org/acts-retreat>, contact Cathy at camullaney@gmail.com, or contact the POTHE office, (207) 847-6890.

Sharing God's Word ~ Through Pastoral Life and Ministry

Congratulations Neophytes!



Adults left to right: Joa Moniz, Dwight Holmquist, Amanda St. Peter, River Bundy
Children left to right: Eduarda Moniz, Levi Hamilton, Abbey Hamilton, Kennedy Hamilton, Jeselle Peacock

PRAYER CORNER

APOSTOLATE OF PRAYER FOR PRIESTS

Saturday, Apr. 22	Msgr. Rene Mathieu Rev. Sylvio J. Levesque
Sunday, Apr. 23	Rev. Paul M. Sullivan Rev. Joel R. Cyr
Monday, Apr. 24	Rev. Brittoraj Amalogam Rev. Eddy J. Morin
Tuesday, Apr. 25	Rev. Andrew Bisson, OFM Rev. Dominic Tumusiime, AJ
Wednesday, Apr. 26	Rev. Philip A. Tracy V. Rev. Jean-Paul Labrie
Thursday, Apr. 27	Rev. Aurelijus Gricius, OFM Rev. Simon Assogba, SMA
Friday, Apr. 28	All Priests
Saturday, Apr. 29	Rev. Joseph R McKenna Rev. Gregory P. Dube
Sunday, Apr. 30	Rev. John F. O'Hara V.Rev. Louis J. Phillips

WHY WE ASK FOR PRAYERS: We know God hears all our prayers. Many of us have known the power of His answers. As a faith community, we are called to pray for each other, which is why we publish a list of people in need of healing in the bulletin. Please call our parish office (207) 847-6890 to include yourself on the list. If you want to add someone else, please ask permission from that person first.

LET US KEEP THE KNIGHTS OF COLUMBUS AND FAMILY IN OUR PRAYERS: Brother Gary Potvin; Cynthia, sister-in-law of Grand Knight Chris Madden; Brother Chip Metevier; Father Ray Picard; Laurene, wife of Brother Dennis Dempsey; Anne Theriault, sister-in-law of Brother George Spino; Brother Mark Bastey; Nancy, wife of Brother John Walkenford; Brother Gerald Bose; Brother Joe Mathew and wife Doris; Brother Charles Thurston; Luke Roy, son of Brother Mark Roy; Art Crowley, brother of Brother Mike Crowley; Brother Manen Clements and wife Pat; David Shaw, brother of Brother Richard Shaw; Brother James King; Cindy Carrier, wife of Brother Steve Carrier; Yvonne, wife of Brother Chuck Devine; Brittany and Brandon Walkenford, grandchildren of Brother John Walkenford; Holly Spino, sister-in-law of Brother George Spino; Brother Peter LaRoche; Natalie Bonnell, widow of Brother John Bonnell; Jon Walkenford, son of Brother John Walkenford; Samuel Winkeler, son of Brother Tim Winkeler; Brother Peter Roger.

PLEASE KEEP IN HEALING PRAYER: Edward Hartnett, Joe Becker, Liz Chandler, Kalee Gwarjanski, Peter Allen Longley, Marie McCann, Bill Stanbro, Dolores Hartnett, Keith Stackpole, Charlie Pinette, Ann Marie Branigan, Ryan Holden, Jeannine Gaillard, Denise Tibbetts, Bob Pigeon, Nancy Crouch.

PLEASE PRAY FOR OUR SEMINARIANS: Andrew Bailey, Erin Donlon, Hoa Nguyen, Vin Nguyen, Than Pham, Matthew Valles, Lam Vo.

Sharing God's Word ~ Through Faith Formation and Pastoral Life

FROM OUR DIRECTOR OF FAITH FORMATION

Swimming and the Spiritual Life: The Sound of Silence

Last week, we began our series on what swimming can teach you about the spiritual life. This week we'll continue with the next lesson: the value of silence.

You wouldn't know it from the pool deck (attending a swim meet with the cheers of parents and kids echoing through a very echoey pool isn't exactly peaceful) but silence comes part and parcel with swimming. Sure, there's a lot of chatter and joking around on the deck, or between sets, but as soon as you push off that wall, it's you and the pool. All you can hear is the wash of water in and out of your ears.

Part of being a swimmer is making peace with that silence. When you have long sets to do, there's not much to occupy your mind. The visual is pretty constant (you see that same black line on the bottom of the pool over and over and over again) and the audio stimulation is pretty muted. You can't check out completely, because you have to keep track of how many laps you've done, but otherwise the only thing to naturally occupy your mind is the thought of how much your arms hurt as you try to power through to the end of the set. Over time, I learned to take advantage of that silence. Those long sets were where I did a lot of my thinking. Papers for school were written during those practices. A lot of the grand mystery of life questions were contemplated while splashing back and forth across the Don Richards Pool. Things in my day that I needed to process were chewed through then.

In silence, God speaks. When your life is filled with too much noise and distraction, it's easy to miss what God is trying to say to you. It can be natural for people to want to fill the moments of silence in their life. Some people get uncomfortable when things are too quiet, and the means of filling that void are almost endless: music, TikTok, texting, Netflix, etc. When you stop filling your life with background noise, even for a moment, and give God a chance to speak, you might be surprised at what He has to say. The sport of swimming forced me to make peace with those moments of silence (earbuds short circuit in the pool). I'd encourage you to seek out moments of silence (even short ones) for yourself to seek out moments of silence (even short ones) for yourself.

—Joe Moreshead

HABITAT FOR HUMANITY ANNUAL WALK: On Saturday, April 29 from 9 am -noon, surrounding towns will be hosting a Habitat for Humanity walk at Twin Brooks in Cumberland. Proceeds go towards Habitat for Humanity of Greater Portland. If you are interested in walking, running, and/or donating to, visit <https://habitatportlandme.org/springwalk/>.

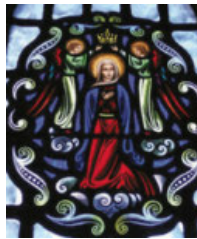


MAKING MUSIC, PRAYING TWICE: MUSIC AND MOVEMENT IN MAY

Calling all wiggly littles! Join other moms and their children 5 and under for faith-filled music and movement classes outside in the Mary Garden at Holy Martyrs church in Falmouth. Music and themes to celebrate the Easter - Pentecost liturgical season. Classes meet Fridays at 10:15 am starting May 5 through June 2. Register at www.pothe.org/makingmusic



MAY CROWNING AND PROCESSION: Join us at Holy



Martyrs church May 7 for the May Crowning in conjunction with our final family catechesis class for the year, following the 10:30 am Mass. One of the children will crown the statue of Mary that is usually in the chapel, after which we will process with the statue around the block in her honor. For more information, email

pothe.faithformation@portlanddiocese.org.

PSALTERIUM INSTITUTE CHOIRS IN CONCERT: The



Psalterium Institute choral ensembles will conclude the 2022-2023

season with a special evening filled with beautiful choral music from ancient Gregorian Chant through modern choral selections, featuring the Psalterium Institute Chamber Choir, Psalterium Boy Choir, and Magnificat Girl Choir. Join us Friday, May 12, 6:30 pm at Sacred Heart church. *Suggested Donation is \$10.00.* For more information about the Institute, visit www.psalterinstitute.org.

TOTUS TUUS IN WINDHAM & SCARBOROUGH: Totus Tuus dates have been announced. Totus Tuus will once again be held in neighboring parishes— St. Maximilian Kolbe Church, Scarborough, July 9-14 and Our Lady of Perpetual Help, Windham, July 23-28. Totus Tuus is a summer Catholic youth program dedicated to sharing the Gospel and promoting the Catholic Faith through evangelization, catechesis, Christian witness, and Eucharistic worship. To register for either program, go to <https://www.registertotustuusme.org/>.

VACATION BIBLE CAMP: Vacation Bible Camp will take place July 17-21 at St. Gregory the Great, 9 am to noon. (Please note, this is a change from previous years in which VBC was held the fourth week of July.) The theme this year will be on the Mass. CatChat writes, "Kids will develop a new appreciation for the Catholic Mass and will deepen their love for Jesus in the Eucharist through faith teachings, catchy music, fun games, crafts, and more." To register go to <https://pothe.org/vacation-bible-camp>.





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Parish Information ~ Celebrating the Sacraments

OUR PRIESTS AND DEACON



Pastor:
Fr. Steven Cartwright



Parochial Vicar:
Fr. Peter Kaseta,
O.F.M. Cap.



Parochial Vicar:
Fr. Paul Marquis



Senior Deacon:
Dennis Popadak

OUR FAITH FORMATION AND ADMINISTRATIVE STAFF



Director of
Faith Formation:
Joe Moreshead



Coordinator of
Sacraments:
Kim Lovett



Coordinator of
Family Life:
Kalee Gwarjanski



Director of
Sacred Music:
Jen Runge



Director of
Communications
& Technology:
Joyce Hale



Receptionist/
Administrative
Assistant:
Jonnie Clark



Business
Coordinator:
Oisín O'Searcoid



Bookkeeper:
Terrie Casavant



Handyman:
Dave Therrien



Facilities
Maintenance
Technician:
Chip Metevier



Facilities Maintenance
Manager:
Steve Tuttle

Our Mission

We are the Parish of the Holy Eucharist, a Catholic community called to discipleship, seeking deeper communion with God, each other, and our neighbors by celebrating the Sacraments, sharing God's Word, and serving all in need.

Our Churches

Holy Martyrs: 266 Foreside Road, Falmouth

Sacred Heart: 326 Main Street, Yarmouth

St. Gregory the Great: 24 N. Raymond Road, Gray

St. Jude: 134 Main Street, Freeport

Our Parish Office

Address:

Parish of the Holy Eucharist
266 Foreside Road
Falmouth, ME 04105

Phone: (207) 847-6890

E-mail: pothe@portlanddiocese.org

Website: pothe.org

Parish Facilities Emergency Phone: (207) 310-7638

Our Cemetery

Holy Cross Cemetery

75 Smith Street, Yarmouth
Contact Michele at (207) 773-5796

Our Eucharistic Adoration Schedule

Monday:

12:00 pm - 8:00 pm Holy Martyrs (except holidays)

Friday:

8:30 am - 9:30 am St. Gregory the Great

3:00 pm - 6:00 pm St. Jude

Saturday:

8:45 am - 9:45 am Sacred Heart

Our Confession Schedule

Saturday:

8:00am Holy Martyrs, 1st Saturday of the month

8:45-9:45 am Sacred Heart

2:30-3:30 pm Sacred Heart, St. Gregory the Great,
and Holy Martyrs

Or by appointment

Our Mass Schedule

Sunday Masses

Saturday (Anticipatory):

4:00 pm Holy Martyrs

4:00 pm St. Gregory the Great

4:00 pm Sacred Heart

Sunday:

8:00 am Sacred Heart

8:30 am Holy Martyrs

8:30 am St. Gregory the Great

9:30 am St. Jude

10:30 am Holy Martyrs

11:00 am Sacred Heart

5:30 pm Holy Martyrs

BULLETIN SUBMISSIONS:

Items are due 10 days prior to
publication. Submit to
pothe@portlanddiocese.org.

Daily Masses

Monday:

7:30 am Holy Martyrs

8:00 am St. Gregory the Great

8:00 am Sacred Heart

Tuesday:

7:30 am Holy Martyrs

8:00 am Sacred Heart

Wednesday:

7:30 am Holy Martyrs

Thursday:

8:00 am Sacred Heart

Friday:

7:30 am Holy Martyrs

8:00 am St. Gregory the Great

Saturday:

8:15 am Sacred Heart

9:00 am Holy Martyrs 1st Sat.
of the month

Sacramental and Pastoral Care

Wishing to Become Catholic: Please contact the parish office and ask for Faith Formation.

Sacrament of the Anointing of the Sick: Please call the parish office with the name, condition, address, and phone number of the person who is in need.

Communion to the Homebound: Please email Kim Lovett,
kim.lovett@portlanddiocese.org.

Sacrament of Baptism for Infants: Please contact our parish office as soon as your child is born.

Sacrament of Marriage: Please contact the parish office at least 6 months in advance of the desired date of your wedding.

Making Funeral Arrangements: Please contact the funeral home, and they will assist you in making arrangements for the church.