

Sunday,  
September 3,  
2023

# PARISH OF THE HOLY EUCHARIST



## New Daily Mass Schedule!

### MONDAY

7:30 am Holy Martyrs  
8:00 am Sacred Heart  
12:15 pm St. Jude

### TUESDAY

7:30 am Holy Martyrs

### WEDNESDAY

7:30 am Holy Martyrs

### THURSDAY

8:00 am Sacred Heart

### FRIDAY

7:30 am Holy Martyrs  
8:00 am St. Gregory the  
Great

### SATURDAY

8:15 am Sacred Heart  
9:00 am Holy Martyrs  
(1<sup>st</sup> Saturday Latin)



## 22<sup>ND</sup> SUNDAY IN ORDINARY TIME

*"Whoever wishes to come after me must deny himself, take up his cross, and follow me.  
For whoever wishes to save his life will lose it, but whoever loses his life for my sake will  
find it." - Matthew 16:24b-25*

 **atholicism  
101 classes**  
begin September 15.  
See p. 4 for more  
info.



# Parish Calendar ~ This Week and Upcoming

Saturday	Sunday		Monday	Tuesday
<b>2</b> <b>Cancelled - That Man is You</b> 7:00 am <i>Sacred Heart</i> <b>Eucharistic Adoration</b> 8:45 - 9:45 am <i>Sacred Heart</i> <b>Latin Mass</b> 9:00 am <i>Holy Martyrs</i> <b>Eucharistic Miracles Display</b> 9:00 am - 6:00 pm <i>St. Gregory the Great</i>	<b>3 FEAST OF ST. GREGORY THE GREAT</b>  <b>Eucharistic Procession</b> 9:30 am <i>St. Gregory the Great</i> <b>Eucharistic Adoration</b> 9:30 am - 2:00 pm <i>St. Gregory the Great</i> <b>Eucharistic Miracles Display</b> 9:30 am - 3:00 pm <i>St. Gregory the Great</i>	<b>Benediction &amp; St. Manuel Gonzalez Garcia Talk</b> 2:00 pm <i>St. Gregory the Great</i> <b>Calix</b> 7:00 pm <i>Holy Martyrs</i>	<b>4 PARISH OFFICE CLOSED</b> <b>AA Meeting</b> 10:30 am <i>Saint Gregory the Great</i> <b>Cancelled - Eucharistic Adoration</b> 12:00 - 8:00 pm <i>Holy Martyrs</i> <b>Cancelled - Boy Scouts</b> 6:30 pm <i>Sacred Heart</i> <b>ACTS Men's Team Meeting</b> 7:00 pm <i>Holy Martyrs</i>	<b>5</b> <b>Centering Prayer</b> 9:30 am <i>Holy Martyrs</i> <b>Catholic Homeschoolers</b> 10:00 am <i>Holy Martyrs</i> <b>Friends in Faith</b> 10:30 am <i>Holy Martyrs</i> <b>Knights of Columbus</b> 6:00 pm <i>Holy Martyrs</i>
Wednesday	Thursday	Friday	Saturday	Sunday
<b>6</b> <b>Troops of St. George</b> 6:00 pm <i>St. Gregory the Great</i> <b>Advent Fair Meeting</b> 6:30 pm <i>Sacred Heart</i> <b>Together with Alzheimer's</b> 7:00 pm <i>Sacred Heart</i> <b>Choir Rehearsal</b> 7:00 pm <i>St. Gregory the Great</i>	<b>7</b> <b>Meals on Wheels</b> 8:00 am - 12:30 pm <i>Holy Martyrs</i> <b>AA Meeting</b> 7:00 pm <i>Saint Gregory the Great</i>	<b>8</b> <b>Eucharistic Adoration</b> 8:30 - 9:30 am <i>St. Gregory the Great</i> 3:00 - 6:00 pm <i>St. Jude</i> <b>AA Meeting</b> 7:00 pm <i>Sacred Heart</i>	<b>9</b> <b>That Man is You</b> 7:00 am <i>Sacred Heart</i> <b>Eucharistic Adoration</b> 8:45 - 9:45 am <i>Sacred Heart</i>	<b>10</b> <b>Choir Rehearsal</b> 8:00 am <i>St. Jude</i> <b>FIRE &amp; Luncheon</b> 8:30 am - 12:30 pm <i>Holy Martyrs</i> <b>Calix</b> 7:00 pm <i>Holy Martyrs</i>

## Mass Intentions for September 2 – September 10

<b>Saturday, September 2</b> 8:15 am SH Fr. M †Jose Mayes by Estela Valle 9:00 am HM Fr. C *Strengthening family life by a parishioner 4:00 pm HM Fr. M †Dorothy & Donald Fredriksen by the Fredriksen family 4:00 pm SGTG Fr. C †Patricia & Joe Croteau by the Holmquist family 4:00 pm SH Fr. K †Michael & David Ferretti by Cathy Ferretti	<b>Thursday, September 7</b> 8:00 am SH Fr. K †Bill Hughes by Lewanne Hughes
<b>Sunday, September 3</b> 8:00 am SH Fr. K †Carole James by Frederick O. James 8:30 am HM Fr. M †Bruce Dominick by Barbara Keefe 8:30 am SGTG Fr. C †Louise & Dick Whitmire by Francis & Margaret Holnaider 9:30 am SJ Fr. K †Roland A. Fraser by Evelyn M. Fraser 10:30 am HM Fr. M †Bill Mullen by the Gove family 11:00 am SH Fr. C *All POTHE Parishioners 5:30 pm HM Fr. M †Sandra Quine by Carolee Carter & Tim Ferris	<b>Friday, September 8</b> 7:30 am HM Fr. K *Deceased members of the Rimkunas & Hahn families by Dolores Rimkunas 8:00 am SGTG Fr. C †The Carrier family by Steve & Cindy Carrier
<b>Monday, September 4</b> 7:30 am HM Fr. K *Special Intention 8:00 am SH Fr. M †Michael Kostin by the Kostin family 12:15 pm SJ Fr. C †Deceased family and friends of the Dexter family by Timothy and Lorena Dexter	<b>Saturday, September 9</b> 8:15 am SH Fr. M *Mr. & Mrs. Angles Litona , 5th Wedding Anniversary by Annick Metoule 4:00 pm HM Fr. K †William Sweeney, MD by Chris & Kim Kralik 4:00 pm SGTG Fr. M *Special Intention for Antonia Carbungco Javier by Steve & Emilia Lawson 4:00 pm SH Fr. C †Lionel & Rita Morency by Denise & Daniel Chapman
<b>Tuesday, September 5</b> 7:30 am HM Fr. C *Children & Teens of POTHE by POTHE Faith Formation 10:00 am NH Fr. M †Souls in Purgatory by a parishioner (Brentwood NH)	<b>Sunday, September 10</b> 8:00 am SH Fr. C †Sean Read by Ed & Gina Gawle 8:30 am HM Fr. K †Bruce Peaslee by Cathy & Peter Mullaney 8:30 am SGTG Fr. M †George & Rose Clark by Peter & Barbara Wood 9:30 am SJ Fr. C *All POTHE Parishioners 10:30 am HM Fr. K †Mary T. Honan by Sharon Leskanic 11:00 am SH Fr. M †Dottie Stackpole by the Sacred Heart Choir 5:30 pm HM Fr. K †James & Mary Jane McBrady by their family
<b>Wednesday, September 6</b> 7:30 am HM Fr. K †Susan L. Berger by John Berger	NH—Nursing Home VP—Visiting Priest *Special Intention †Deceased



# Called to Discipleship ~ Through Stewardship and Service

## PASTOR'S PONDEROSA

My Dear Parishioners,

On Sunday, September 10, we welcome our shepherd, Bishop Deeley, who will be offering the 8:30 am Mass at St. Gregory the Great. Within the Mass he will bless the new mensa (top) of the newly acquired altar from St. Charles Borromeo Seminary. I thank Chip Carney and Joe Moreshead for their assistance with this project. Bishop Deeley will also bless a new statue of St. Gregory the Great. This coming Sunday, September 3, we will begin the blessing and commissioning of our newly trained extraordinary ministers of Holy Communion throughout our parish. Given these wonderful occasions in the life of our parish and parishioners, I thought that I would write this Ponderosa on the nature and importance of blessings.

### What is a blessing?

Blessings come under the category of *sacramentals*. A sacramental is a special prayer, action, or object which, through the prayers of the Church, prepares a person to receive grace and to better cooperate with it. One example is when we make the Sign of the Cross using holy water when entering the church. That pious action and the holy water itself, which together remind us of our Baptism, awaken us to the presence of God and dispose us to receiving God's grace. Unlike a sacrament, a sacramental does not itself confer the grace of the Holy Spirit. Nevertheless, like a sacrament, a sacramental helps the faithful to sanctify each moment of life and to live in the paschal mystery of our Lord. By celebrating a blessing, the faithful can also sanctify various situations and events in their lives.

### Blessings in Sacred Scripture

Throughout Sacred Scripture, we find how God issued various blessings. In the account of creation, God blessed all the living creatures and especially Adam and Eve, telling them to be fertile, to multiply, and to fill the earth and subdue it. After the flood, God blessed Noah and his sons. For us Christians, blessings have taken on an even greater meaning through Christ, who perfectly revealed to us the goodness and love of God. St. Paul wrote, *"Praised be the God and Father of Our Lord Jesus Christ, who has bestowed on us in Christ every spiritual blessing."* Jesus blessed those He encountered: the little children (Mk 10:13-16) and the Apostles at the Ascension (Lk 24:50-53). He blessed objects: the loaves used to feed the 5,000 (Mk 6:34ff) and the bread of the Last Supper (Mt 26:26-30). Since Christ entrusted His saving ministry to the Church, it has instituted various blessings for people as well as objects to prompt the faithful to implore God's protection, divine assistance, mercy, faithfulness, and favor.

### Who can give a blessing?

The Catechism #1669 states:

"Every baptized person is called to be a 'blessing' and to bless. Hence lay people may preside at certain blessings; *the more a blessing concerns ecclesial and sacramental life, the more its administration is reserved to the ordained ministry (bishops, priests, deacons).*"

*By virtue of their ordination by the sacrament of Holy Orders, bishops, priests, and deacons are given the authority to bestow blessings on behalf of the Church. They do so by making the sign of the cross with their right hand over the person. Bishops, priests, and deacons are the ordinary ministers of blessings, asking God's help for those people being blessed or dedicating something to a sacred service; the ordained's blessing is imparted with the weight of the Church and therefore has great value in the eyes of God.*



While the ordained have the authority to bless the faithful, parents have the privilege of blessing their children in the life of the family at home, as in the parental blessing. What a devout custom it is for fathers and mothers to bless their children each day, and for children to ask for this blessing. The prayer that is said over the newly married couple at the Nuptial Mass prays: *"May the God of Abraham, the God of Isaac, and the God of Jacob bless you. As He sent His angel of peace, the blessed Raphael, so may He shower His blessings upon you. May Almighty God bless you, that you may see your children's children unto the third and fourth generation; and may you afterward have life everlasting."* Every time parents raise their hands in blessing, they draw down God's assistance for their children's welfare in body and soul.

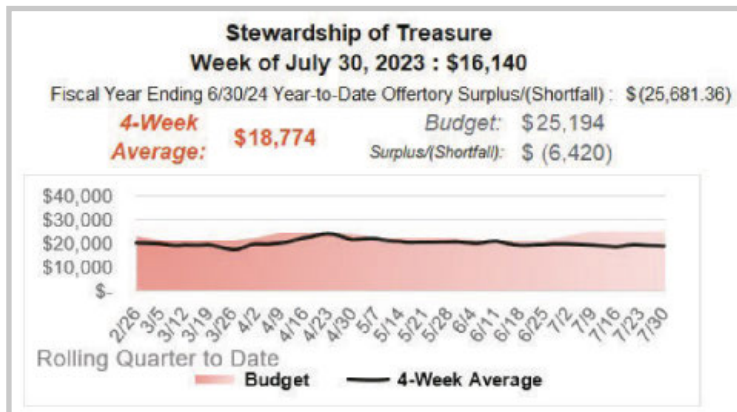
### Types of blessings

Blessings are categorized into two types: *invocative* and *constitutive*. In an *invocative* blessing, the minister implores the divine favor of God to grant some spiritual or temporal good without any change of condition, such as when a parent blesses a child. This blessing is also a recognition of God's goodness in bestowing this "blessing" upon us, such as when we offer a blessing for our food at mealtime. In blessing objects or places, a view is also taken toward those who will use the objects or visit the places. A *constitutive* blessing, invoked by a bishop, priest or deacon, signifies the permanent sanctification and dedication of a person or thing for some sacred purpose. Here the person or object takes on a sacred character and would not be returned to non-sacred or profane use. For example, when religious Sisters or Brothers profess final vows, they are blessed, indicating a permanent change in their lives. When a chalice is blessed, it becomes a sacred vessel dedicated solely to sacred usage.

In all, in bestowing His own blessing, God declares His goodness. We in turn bless God by praising Him, thanking Him for all His benefits, and offering to Him our service, adoration, and worship. When we invoke God's blessing, we implore His divine benevolence, trusting that He will respond to our needs.

-Fr. Cartwright

# Sharing God's Word ~ Through Pastoral Life and Ministry



**FRIENDS IN FAITH:** Our group of faith-filled women welcomes new members from around the parish as we gather again this fall. Plan to join us in September! We meet in hybrid mode, so you may join in person at Holy Martyrs Conference Room in Falmouth, or via Zoom. Our first meeting of the new season will be September 5 at 10.30 am. Some topics we are exploring this year include a study of God the Father, the Joyful Mysteries of the Rosary, a study about Angels, and more. FMI, contact Happy at [happyccopley@gmail.com](mailto:happyccopley@gmail.com).

**ADVENT FAIR MEETING!** Come one, come all! For anyone interested in being part of the Advent Fair, we will hold our first meeting on Wednesday, September 6 at 6:30 pm in Sacred Heart Hall. Join last year's team and get involved! We are looking for new ideas, people to chair tables, and team members to join our fun. Everyone has a place: men, women, and teens! Hope to see you there!

**MEN'S ACTS RETREAT - SAVE THE DATE!** Mark your calendars now! Our Men's Retreat will be held **Thursday evening, November 16 to Sunday morning, November 19**. This weekend will strengthen your faith, renew you spiritually, and begin friendships with some awesome men. Parish of the Holy Eucharist and Our Lady of Hope Parish are collaborating to offer this lay-led ACTS Retreat. All men age 21 and older are encouraged to attend. For more information and to register, visit <https://pothe.org/acts-retreat> or contact Tom Luna at 207-518-9236.



**ST. VINCENT DE PAUL CLOTHING DONATIONS:** We are now in need of **fall clothing** for women and men. **No more shorts and sandals.** We are accepting pants, tops, and lightweight sweaters. As always, we need socks, undergarments, shoes, sneakers, and backpacks! **All clothing must be clean and in good, usable condition!** Donations can be dropped off in the blue bins in the hallway between the narthex and hall at Holy Martyrs or in the back of Sacred Heart church. For more information, contact Evelyn at 207-447-1086.



## PRAYER CORNER

### APOSTOLATE OF PRAYER FOR PRIESTS

<b>Saturday, September 2</b>	Rev. Francis P. Morin Rev. Emile H. Dube
<b>Sunday, September 3</b>	Our Holy Father
<b>Monday, September 4</b>	Rev. Amandus B. Sway, AJ Rev. Kevin C. Hughes
<b>Tuesday, September 5</b>	Rev. David P. Cote Rev. Gerald A. Levesque
<b>Wednesday, September 6</b>	Rev. Roland P. Nadeau Rev. John Mazzei
<b>Thursday, September 7</b>	Rev. Vincent P. Mellone Rev. Alfred Jacques
<b>Friday, September 8</b>	All Priests
<b>Saturday, September 9</b>	Rev. Nehru Stephen Savaraya, HGN Rev. Peter A. Shaba, SMA
<b>Sunday, September 10</b>	Bishop Robert P. Deeley, JCD

**WHY WE ASK FOR PRAYERS:** We know God hears all our prayers. Many of us have known the power of His answers. As a faith community, we are called to pray for each other, which is why we publish a list of people in need of healing in the bulletin. Please call our parish office (207) 847-6890 to include yourself on the list. If you want to add someone else, please ask permission from that person first.

**PLEASE PRAY FOR OUR SEMINARIANS:** Andrew Bailey, Erin Donlon, Hoa Tien Nguyen, Vin Nguyen, Than Duc Pham, Matthew Valles, Ezekiel Banla, Yongyee Evans Bongwunyuy, Lam Thanh Vo, Joseph Beale, Nick Hershbine.

**PLEASE KEEP IN HEALING PRAYER:** Marianne McNally-Purda, Gretchen Sayward, Dennis Chick, Edward Hartnett, Joe Becker, Liz Chandler, Kalee Gwarjanski, Peter Allen Longley, Marie McCann, Bill Stanbro, Dolores Hartnett, Keith Stackpole, Charlie Pinette, Ann Marie Branigan, Ryan Holden, Jeannine Gaillard, Denise Tibbetts, Bob Pigeon, Nancy Crouch.

**LET US KEEP THE KNIGHTS OF COLUMBUS AND FAMILY IN OUR PRAYERS:** Brother Gary Potvin; Brother Chip Metevier; Father Ray Picard; Laurene, wife of Brother Dennis Dempsey; Anne Theriault, sister-in-law of Brother George Spino; Brother Mark Bastey; Nancy, wife of Brother John Walkenford; Brother Gerald Bose; Brother Joe Mathew and wife Doris; Brother Charles Thurston; Luke Roy, son of Brother Mark Roy; Art Crowley, brother of Brother Mike Crowley; Brother Manen Clements and wife Pat; David Shaw, brother of Brother Richard Shaw; Brother James King; Cindy Carrier, wife of Brother Steve Carrier; Yvonne, wife of Brother Chuck Devine; Holly Spino, sister-in-law of Brother George Spino; Brother Peter LaRochelle; Natalie Bonnell, widow of Brother John Bonnell; Samuel Winkeler, son of Brother Tim Winkeler; Brother Peter Roger.

# Sharing God's Word ~ Through Faith Formation and Pastoral Life

## FALL FAITH FORMATION KICKOFF

### FIRE (GRADE K-5)

Sunday, September 10, 8:30 am-12:30 pm at Holy Martyrs

### RCIA (ADULTS)

Monday, September 11, 6:30-8:00 pm at Holy Martyrs

### GOD, LOVE, MARRIAGE (GRADES 6-12)

Monday-Thursday, September 11-14,

6:30-7:15 pm Middle School at Holy Martyrs

7:30 -8:15 pm High School at Holy Martyrs

### CATHOLICISM 101 (ADULTS AND TEENS)

Friday, September 15, 6:45 pm at St. Jude

Saturday, September 16, 5:15-6:00 pm at St. Gregory

Tuesday, September 19, 9-9:45 am at Sacred Heart and  
7-7:45 pm at Holy Martyrs

### FLAME (GRADES 1 - 2 IN SACRAMENTAL PREP)

Sunday, September 17, 9:30-10:45 am at Sacred Heart

Tuesday, September 19, 4-5:15 pm at Sacred Heart

### ORATORY (GRADES 6-12)

Sunday, September 24, 5-7 pm at Sacred Heart

## CATHOLICISM 101

Do you know what Catholics believe? Do you know why? Did you know at one point in time and need a refresher? Joe Moreshead will be offering a series of classes covering the basics of the faith from start to finish over the course of a year. The first session on faith goes from September 15 – November 18. Topics and class schedule listed below.

Fridays, 6-6:45 pm at St. Jude

Saturdays, 5:15-6 pm at St. Gregory

Tuesdays, 9-9:45 am at Sacred Heart

Tuesdays, 7-7:45 pm at Holy Martyrs (livestreamed)

TOPICS	
Who is God?	September 15, 16, 19
Why did God make you?	September 22, 23, 26
What is sin?	September 29, 30, October 3
Who is Jesus Christ?	October 6, 7, 10
Why did Christ die?	October 13, 14, 17
What is the Church and what is her mission?	October 20, 21, 24
What happens after you die?	October 31, November 3, 4,
How do you pray and does it work?	November 6, 10, 11
What are all these devotions Catholics have? Where do they come from?	November 14, 17, 18

## GOD, LOVE, AND MARRIAGE: EVERYTHING YOU NEED TO KNOW BEFORE YOU START DATING:

This is a basic course on relationships and ethics for teenagers from a Catholic perspective. It will be held September 11 - 14 at Holy Martyrs. The schedule will be as follows: 6:30 pm - 7:15 pm, middle school; 7:30 pm – 8:15 pm, high school. To register, please see: <https://pothe.org/middlehighschool> Register now! For more information, contact Joe at [pothe.faithformation@portlanddiocese.org](mailto:pothe.faithformation@portlanddiocese.org).

**40 DAYS FOR LIFE:** September 27 through November 5, you are invited to participate in 40 Days for Life – 40 days of



prayer, fasting, and peaceful vigil for an end to abortion.

Volunteers are invited to stand and peacefully pray with us during our **daily vigil from 9am - 1pm Monday through Saturday** outside Planned Parenthood, 443 Congress Street in Portland. **Please pray, fast, and help spread the word about this important community outreach.**

For more information or to sign up for hourly timeslots, please contact [40daysportland@gmail.com](mailto:40daysportland@gmail.com), (207) 613-5910, or visit our website: [www.40daysforlife.com/portlandme](http://www.40daysforlife.com/portlandme)

## FRIENDSHIP HOUSE MEAL:

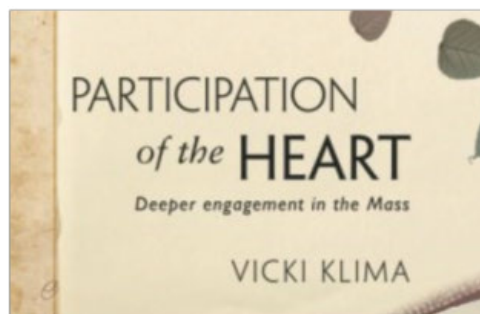


Please consider donating a meal, side dish, pantry item, or toiletries to the Friendship House. We will be bringing a meal to the men on Wednesday, September 6. You may drop off items Tuesday from 9 am - 4 pm, or on Wednesday from 9 am – 3 pm.

Refrigeration is available! For more information about Friendship House, contact Deborah at [dpnicklas@gmail.com](mailto:dpnicklas@gmail.com)

## WHAT ONLY YOU CAN DO AT MASS—AN EVENING FOR MAINE CATHOLICS:

On Friday, September 8 from 7-8:30 pm, St. Charles Church in Brunswick will host an evening for Maine Catholics to deepen their understanding of the Mass and the vital role each person fills in this community act of worship. Vicki Klima,



a highly regarded liturgist and educator, will highlight where Jesus Christ is present in the Mass and help us explore ways of being intentional about our participation in liturgy that also teaches us how to act in the world to carry out the mission of the Church. There is no charge for this event. Pre-registration appreciated: [www.portlanddiocese.org/event/what-only-you-can-do-mass](http://www.portlanddiocese.org/event/what-only-you-can-do-mass).





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**Tim Winkeler (Parishioner)**



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Parish of The Holy Eucharist, ME

04-0669



# Parish Information ~ Celebrating the Sacraments

## OUR PRIESTS AND DEACON



Pastor:  
Fr. Steven Cartwright



Parochial Vicar:  
Fr. Peter Kaseta,  
O.F.M. Cap.



Parochial Vicar:  
Fr. Paul Marquis



Senior Deacon:  
Dennis Popadak

## OUR FAITH FORMATION AND ADMINISTRATIVE STAFF



Director of  
Faith Formation:  
Joe Moreshead



Coordinator of  
Sacraments:  
Kim Lovett



Coordinator of  
Family Life:  
Kalee Gwarjanski



Director of  
Sacred Music:  
Jen Runge



Director of  
Communications  
& Technology:  
Joyce Hale



Receptionist/  
Administrative  
Assistant:  
Jonnie Clark



Bookkeeper:  
Terrie Casavant



Handyman:  
Dave Therrien



Facilities  
Maintenance  
Technician:  
Chip Metevier



Facilities Maintenance  
Manager:  
Steve Tuttle



Faith Formation  
Assistant:  
Kate McGrath  
Holmquist

## Our Mission

We are the Parish of the Holy Eucharist, a Catholic community called to discipleship, seeking deeper communion with God, each other, and our neighbors by celebrating the Sacraments, sharing God's Word, and serving all in need.

## Our Churches

**Holy Martyrs:** 266 Foreside Road, Falmouth

**Sacred Heart:** 326 Main Street, Yarmouth

**St. Gregory the Great:** 24 N. Raymond Road, Gray

**St. Jude:** 134 Main Street, Freeport

## Our Parish Office

### Address:

Parish of the Holy Eucharist  
266 Foreside Road  
Falmouth, ME 04105

**Phone:** (207) 847-6890

**E-mail:** [pothe@portlanddiocese.org](mailto:pothe@portlanddiocese.org)

**Website:** [pothe.org](http://pothe.org)

**Parish Facilities Emergency Phone:** (207) 310-7638

## Our Cemetery

### Holy Cross Cemetery

75 Smith Street, Yarmouth  
Contact Michele at (207) 773-5796

## Our Eucharistic Adoration Schedule

### Monday:

12:00 pm - 8:00 pm Holy Martyrs (except holidays)

### Friday:

8:30 am - 9:30 am St. Gregory the Great

3:00 pm - 6:00 pm St. Jude

### Saturday:

8:45 am - 9:45 am Sacred Heart

## Our Confession Schedule

### Saturday:

8:00 am Holy Martyrs, 1<sup>st</sup> Saturday of the month

8:45-9:45 am Sacred Heart

2:30-3:30 pm Sacred Heart, St. Gregory the Great,  
and Holy Martyrs

**Or by appointment**

## Our Mass Schedule

### Sunday Masses

#### Saturday (Anticipatory):

4:00 pm Holy Martyrs

4:00 pm St. Gregory the Great

4:00 pm Sacred Heart

#### Sunday:

8:00 am Sacred Heart

8:30 am Holy Martyrs

8:30 am St. Gregory the Great

9:30 am St. Jude

10:30 am Holy Martyrs

11:00 am Sacred Heart

5:30 pm Holy Martyrs (quiet Mass)

### BULLETIN SUBMISSIONS:

Items are due 10 days prior to  
publication. Submit to  
[pothe@portlanddiocese.org](mailto:pothe@portlanddiocese.org).

### Daily Masses

#### Monday:

7:30 am Holy Martyrs

8:00 am Sacred Heart

12:15 pm Saint Jude

#### Tuesday:

7:30 am Holy Martyrs

#### Wednesday:

7:30 am Holy Martyrs

#### Thursday:

8:00 am Sacred Heart

#### Friday:

7:30 am Holy Martyrs

8:00 am St. Gregory the Great

#### Saturday:

8:15 am Sacred Heart

9:00 am Holy Martyrs 1<sup>st</sup> Sat.  
of the month

## Sacramental and Pastoral Care

**Becoming Catholic:** Please contact

[pothe.faithformation@portlanddiocese.org](mailto:pothe.faithformation@portlanddiocese.org)

**Sacrament of the Anointing of the Sick:** Please call the parish  
office with the name, condition, address, and phone number of the  
person who is in need.

**Communion to the Homebound:** Please email Kim Lovett,  
[kim.lovett@portlanddiocese.org](mailto:kim.lovett@portlanddiocese.org).

**Sacrament of Baptism for Infants:** Please contact our parish  
office as soon as your child is born.

**Sacrament of Marriage:** Please contact the parish office at least 6  
months in advance of the desired date of your wedding.

**Making Funeral Arrangements:** Please contact the funeral home,  
and they will assist you in making arrangements for the church.