

Sunday,

January 14,

2024

PARISH OF THE HOLY EUCHARIST



Ash Wednesday

February 14

See p. 2 for Lenten
Mass Schedule.

See next week's edition
for Stations, simple
supper, and Ash
Wednesday schedules.

Pro-Life Novena and Prayer Service

See p. 4 for details .

Making Music, Praying Twice Winter Session

See p. 4 for details .



2ND SUNDAY IN ORDINARY TIME

"We have found the Messiah: Jesus Christ, who brings us truth and grace." - Jn 1:41, 17b

Parish Calendar ~ This Week and Upcoming

| Saturday | Sunday | Monday | Tuesday | Wednesday |
|---|--|---|--|--|
| 13 That Man is You! 7:00 am <i>Sacred Heart</i> Eucharistic Adoration & Confession 8:45 - 9:45 am <i>Sacred Heart</i> Barbara Remy Funeral 11:00 am <i>Sacred Heart</i> Catholicism 101 5:15 pm <i>St. Gregory the Great</i> | 14 Choir Rehearsal 8:00 am <i>St. Jude</i> FIRE (rescheduled from January 7) 8:30 - 10:30 am <i>Holy Martyrs</i> Oratory 5:00 - 7:00 pm <i>Sacred Heart</i> Calix 7:00 pm <i>Holy Martyrs</i> | 15 Parish Office Closed AA Meeting 10:30 am <i>St. Gregory the Great</i> Cancelled - Eucharistic Adoration 12:00 - 8:00 pm <i>Holy Martyrs</i> Cancelled - Youth Schola 4:00 - 5:00 pm <i>Sacred Heart</i> Cancelled - Cub Scouts 5:30 - 6:30 pm <i>Sacred Heart</i> Cancelled - Boy Scouts 6:30 - 8:00 pm <i>Sacred Heart</i> Cancelled - RCIA 6:30 - 8:00 pm <i>Holy Martyrs</i> | 16 Catholicism 101 9:00 am <i>Sacred Heart</i> 7:00 pm <i>Holy Martyrs</i> Centering Prayer Group 9:30 am <i>Holy Martyrs</i> Catholic Homeschoolers 10:00 am <i>Holy Martyrs</i> Friends in Faith 10:30 am <i>Holy Martyrs</i> FLAME 5:15 PM <i>Sacred Heart</i> | 17 Choir Rehearsal 4:45 - 6:00 pm <i>Sacred Heart</i> 7:00 pm <i>St. Gregory the Great</i> |
| Thursday | Friday | Saturday | Sunday | |
| 18 Meals on Wheels 8:00 am - 12:30 pm <i>Holy Martyrs</i> Choir Rehearsal 6:30 pm <i>Holy Martyrs</i> AA Meeting 7:00 pm <i>St. Gregory the Great</i> | 19 Eucharistic Adoration 8:30 - 9:30 am <i>St. Gregory the Great</i> 3:00 - 6:00 pm <i>St. Jude</i> Making Music, Praying Twice 10:00 am <i>Holy Martyrs</i> Catholicism 101 6:05 pm <i>St. Jude</i> | 20 That Man is You! 7:00 am <i>Sacred Heart</i> Eucharistic Adoration & Confession 8:45 - 9:45 am <i>Sacred Heart</i> Catholicism 101 5:15 pm <i>St. Gregory the Great</i> | 21 Choir Rehearsal 8:00 am <i>St. Jude</i> FLAME 9:30 am <i>Sacred Heart</i> Ava Michelle Netherland Baptism 11:30 am <i>Holy Martyrs</i> | ACTS Prayer Service for Life 2:00 - 4:00 pm <i>Holy Martyrs</i> Calix 7:00 pm <i>Holy Martyrs</i> |

Mass Intentions for January 13 - January 21

| | |
|--|--|
| Saturday, January 13 8:15 am SH Fr. M *Intentions of the St. Monica Club by a friend 4:00 pm HM Fr. K †Todd Tardy by his family 4:00 pm SGTG Fr. M †Alice Waylein by Shiela Anderson 4:00 pm SH Fr. C †Bill Eycleshymer by his wife, Judith Pollock Sunday, January 14 8:00 am SH Fr. C *POTHE Parishioners 8:30 am HM Fr. K †Lucy Burke by Ray & Elinor Fogg 8:30 am SGTG Fr. M †Rose Clark by Peter & Barbara Wood 9:30 am SJ Fr. C *†Living and deceased members of Desiree Douglas Clady's family 10:30 am HM Fr. K †Agnes Mastrangeli by Kara Salvatore 11:00 am SH Fr. M †Bernadette Dossou by Caroline Nguemba Tagne 5:30 pm HM Fr. K †Elaine Kelley Natale by Chris Madden Monday, January 15 Martin Luther King Holiday 7:30 am HM Fr. K †Alice Rojas de Stanco by Judith & John Goodrich 8:00 am SH Fr. M †Michael Kostin by the Kostin family 12:15 pm SJ Fr. C MASS CANCELLED Tuesday, January 16 7:30 am HM Fr. C †Louis Palladino by Joanne Van Loenen 10:00 am NH Fr. M †Souls in Purgatory by a parishioner; Mass at Heron House Nursing Home | Wednesday, January 17 7:30 am HM Fr. K *Special Intention Thursday, January 18 8:00 am SH Fr. K *Special Intention for Molly Friday, January 19 7:30 am HM Fr. K *Special Intention for the poor to be safe in God's hands by Grace H. 8:00 am SGTG Fr. C †Susan Butler by Linda Nicak Saturday, January 20 8:15 am SH Fr. M †Peter Cheney by Ellen Honan & Dick Curry 4:00 pm HM Fr. C †Blanche & Jerry Azarewicz by Maryann Anderson 4:00 pm SGTG Fr. K *Special Intention for Rosemary & Alfonse Ferrara & family by Roxanne & Bruce Murphy 4:00 pm SH Fr. M †Tom Mardas by Mary Mardas & Lisa Melville Sunday, January 21 8:00 am SH Fr. M †Maurice Stickney by Mark Stickney 8:30 am HM Fr. C †Philip & Adeline Hatch by the Hatch family 8:30 am SGTG Fr. K †Wade Trudel by Suzanne Trudel 9:30 am SJ Fr. M †Joan Coll by Mary Johnson 10:30 am HM Fr. C †Agnes Leskanic by Teresa McGrath 11:00 am SH Fr. K †Josh Holzer by his mother Judith Pollock 5:30 pm HM Fr. C *All POTHE Parishioners NH—Nursing Home VP—Visiting Priest *Special Intention †Deceased |
|--|--|

Called to Discipleship ~ Through Stewardship and Service

MASS SCHEDULE DURING LENT

Monday

7:30 am Holy Martyrs
12:15 pm St. Jude
5:30 pm Sacred Heart

Tuesday

7:30 am Holy Martyrs
5:30 pm Sacred Heart

Wednesday

7:30 am Holy Martyrs

Thursday

8:00 am Sacred Heart

Friday

8:00 am St. Gregory the Great
5:30 pm Holy Martyrs

KNIGHTS OF COLUMBUS • COUNCIL #15791: Thank you for your continued support of our Council through your participation in the CLYNK recycling program, sponsored by Hannaford stores. Empty CLYNK bags are available at the rear of each church. Please return filled green recycling bags to any Hannaford. Proceeds from this program benefit needy and worthy causes of the Knights of Columbus Council 15791. For more information about the Knights of Columbus in our parish, call Steve, (207) 712-2347. We meet the first Tuesday of the month at Holy Martyrs, beginning with fellowship and fraternity at 6:30 pm followed by a business meeting at 7:00 pm. Our next meeting is February 6. FMI, visit www.kofc.org/joinus.



ST. MONICA CLUB MEETING: The next meeting of the St. Monica Club will be held on Thursday, February 1 from 6:30 pm – 7:30 pm at Holy Martyrs Church. The St. Monica Club is a prayer group for women who gather each month to pray for the conversion of their families. Meetings will begin in the Holy Martyrs chapel with prayers and reflections and conclude with social time in the hall. Meetings will be the first Thursday of the month. To sign up, visit our website or email us at pothe@portlanddiocese.org.



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FRIENDSHIP HOUSE: Been considering participating in this corporal work of mercy? Next month's meal will be delivered on Wednesday, February 7. Perhaps you have a favorite homecooked meal you'd like to offer? Any meal or pantry donations are gladly accepted.

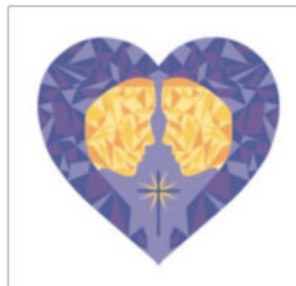


Items can be dropped off at Holy Martyrs Monday or Tuesday from 9 am—4 pm or on Wednesday until 3 pm. Refrigeration is available. Thank you!

ST. VALENTINE'S BALL: Tickets are available now! Celebrate love with dinner and dancing on Saturday, February 10 from 5-8 pm at Holy Martyrs. All ages are welcome. Suggested donation is \$5/person or \$20/family. For more information and to purchase tickets visit www.pothe.org/stvball. This event will sell out!



CATHOLIC WOMEN'S CONFERENCE: The 11th Maine Catholic Women's Conference will be held on Saturday, March 16, at the Holiday Inn by the Bay, Portland, 9:15 am to 5 pm. Dynamic speaker, author, and podcast host, Danielle Bean, will explore the theme *Loved as I AM*, touching on God's gracious love that meets us where we are. The day will include keynotes by Bean, a witness talk, opportunities for the Sacrament of Reconciliation, a chance to shop our exhibit hall, Mass with Bishop Robert Deeley, and more. The cost is \$85/person. FMI: <https://portlanddiocese.org/mcwc>.



EUCCHARISTIC GUARDIANS: We are fortunate to be able to offer hours of Eucharistic Adoration at Holy Martyrs and we would like to continue offering this opportunity to our parishioners. We need your help! We need at least two Guardians per hour to commit to keeping watch with Our Lord in the Blessed Sacrament. Can you keep watch one hour a week at Holy Martyrs? Eucharistic Adoration is available from 12 pm – 8 pm each Monday except holidays. FMI: Tracy, tracywinkeler@gmail.com.



ST. VINCENT DE PAUL CLOTHING NEEDS: We are now in need of **warm winter clothing** especially for men but also for women. We are now accepting pants, tops, sweaters, and jackets. As always, we need undergarments, socks, shoes, boots, hats, scarves, mittens/gloves, and backpacks! **All clothing must be clean and in good, usable condition!**



Donations can be dropped off in the blue bins in the hallway between the narthex and hall at Holy Martyrs or in the back of Sacred Heart. Thank you for your help! FMI, contact Evelyn at (207) 447-1086.

Sharing God's Word ~ Through Pastoral Life and Ministry

2024 SMALL GROUP FAITH-SHARING OPPORTUNITY:

Our OLH/POTHE ACTS Ministry is sponsoring a faith-sharing group that will meet once a month on Tuesday evenings from January through June. This series will meet at St. Pius X church hall on Ocean Avenue. Our group leader is Fr. Brian Conley, SJ. The first meeting is **Tuesday, January 30, from 6.30 pm to 8 pm.** FMI about joining the group: Mike (214) 422-8149.

PRO-LIFE NOVENA—NINE DAYS FOR LIFE: Starting January 14, the Parish of the Holy Eucharist will be reciting the Nine Days for Life Novena prayer following weekend and daily Masses at Parish of the Holy Eucharist. The Novena ends on January 22, the anniversary of Roe vs. Wade. To preview the novena, go to : <https://www.usccb.org/sites/default/files/2023-12/9-days-novena-printable.pdf>

PRAYER SERVICE FOR LIFE:



Please join us to pray for the sanctity of life at our *Prayer Service for Life* on Sunday, January 21, from 2 pm to 4 pm, at Holy Martyrs. We'll include the Rosary for Life and the Divine Mercy Chaplet; there will be time for silent Eucharistic Adoration and contemplation.

This prayer service is sponsored by the OLH/POTHE ACTS Ministry. Bring your families and friends, and join us in praying for this important cause.

MAKING MUSIC PRAYING TWICE—SHAKY EGG SHAKE

-UP: Beat the winter blues with four classes in January - February when Maine is at its coldest, but indoor free instrument play and shaky egg shakeups are at their finest! Perfect for moms, dads, grandmas, and caretakers along with their littles 5 and under on January 19, 26, February 2, and 9 in the Holy Martyrs Green Room beginning at 10:30 am. Register online or FMI: Jennifer Runge, jennifer.runge@portlanddiocese.org or (207) 847-6884.



PRAYER FOR OUR PRIESTS: Our priests need prayers to persevere in their vocation and to serve well. We invite you to say this prayer by St. John Vianney:

God, please give to your Church today many more priests after Your own heart. May they be worthy representatives of Christ the Good Shepherd. May they wholeheartedly devote themselves to prayer and penance; be examples of humility and poverty; shining models of holiness; tireless and powerful preachers of the Word of God; zealous dispensers of Your grace in the sacraments. May their loving devotion to Your Son Jesus in the Eucharist and to Mary His Mother be the twin fountains of fruitfulness for their ministry. Amen.

PRAYER CORNER

APOSTOLATE OF PRAYER FOR PRIESTS

| | |
|------------------------------|--|
| Saturday, January 13 | Rev. Sahaya P. Remigius, SAC V. Rev. Claude R. Gendreau |
| Sunday, January 14 | Bishop Robert P. Deeley, JCD |
| Monday, January 15 | Rev. Patrick J. Finn Rev. Normand P. Richard |
| Tuesday, January 16 | Rev. Michael Adebote, SMA Msgr. J. Joseph Ford |
| Wednesday, January 17 | Rev. James Doran Rev. Roger P. Chabot |
| Thursday, January 18 | Rev. Selvaraj Kasi, HGN Rev. Roland Bemgeh |
| Friday, January 19 | V. Rev. Richard C. Malo Rev. Nathan D. March |
| Saturday, January 20 | Rev. Robert C. Vaillancourt Rev. Dae J. Philip J. Clement |
| Sunday, January 21 | Rev. Algirdas Malakauskis, OFM Rev. Alexander Boucher |

WHY WE ASK FOR PRAYERS: We know God hears all our prayers. Many of us have known the power of His answers. As a faith community, we are called to pray for each other, which is why we publish a list of people in need of healing in the bulletin. Please call our parish office (207) 847-6890 to include yourself on the list. If you want to add someone else, please ask permission from that person first.

PLEASE PRAY FOR OUR SEMINARIANS: Andrew Bailey, Erin Donlon, Hoa Tien Nguyen, Vin Nguyen, Than Duc Pham, Matthew Valles, Ezekiel Banla, Yongyee Evans Bongwunyuy, Lam Thanh Vo, Joseph Beale, Nick Hershbine.

PLEASE KEEP IN HEALING PRAYER: Marianne McNally-Purda, Gretchen Sayward, Edward Hartnett, Joe Becker, Kalee Gwarjanski, Peter Allen Longley, Marie McCann, Bill Stanbro, Dolores Hartnett, Keith Stackpole, Charlie Pinette, Ann Marie Branigan, Ryan Holden, Denise Tibbetts, Bob Pigeon, Nancy Crouch, Doris Charest.

LET US KEEP THE KNIGHTS OF COLUMBUS AND FAMILY IN OUR PRAYERS:

Brother Gary Potvin; Brother Chip Metevier; Father Ray Picard; Laurene, wife of Brother Dennis Dempsey; Anne Theriault, sister-in-law of Brother George Spino; Brother Mark Bastey; Nancy, wife of Brother John Walkenford; Brother Gerald Bose; Brother Joe Mathew and wife Doris; Brother Charles Thurston; Luke Roy, son of Brother Mark Roy; Art Crowley, brother of Brother Mike Crowley; Brother Manen Clements and wife Pat; David Shaw, brother of Brother Richard Shaw; Brother James King; Cindy Carrier, wife of Brother Steve Carrier; Yvonne, wife of Brother Chuck Devine; Holly Spino, sister-in-law of Brother George Spino; Brother Peter LaRochelle; Natalie Bonnell, widow of Brother John Bonnell; Samuel Winkeler, son of Brother Tim Winkeler; Brother Peter Rogers.

Sharing God's Word ~ Through Faith Formation and Pastoral Life

FROM OUR DIRECTOR OF FAITH FORMATION

CONFESSION

Confession is one of the most important sacraments and probably the one people drag their feet on most. "Do I really have to? Surely, there must be another way!" While our reluctance is understandable, the short answer is yes, we need to. Confession is the ordinary means by which sins are forgiven for those who are baptized. After the Resurrection, Jesus delegated His authority to forgive sins to the twelve apostles. "Receive the Holy Spirit. Whose sins you bind on earth are bound in heaven and whose sins you loose on earth are loosed in heaven." (John 20:23) Those twelve apostles, the original bishops, passed the authority they received onto other bishops, who passed them on to other bishops, and so on and so forth until we get to Bishop Deeley himself.

It is because of this chain of apostolic succession that confession works. If you asked me to absolve you, I could say the words and nothing would happen. When a priest says the words of absolution, something happens. God has given him authority to do something that ordinary human beings cannot.

Remember Our Lord's words to the apostles: "You will sit on twelve thrones judging the twelve tribes of Israel." (Matthew 19:28) When you go to confession, you're approaching the

everyone who has ever lived will know, too. Those sins won't be hidden forever, no matter what you do. Given that they're known, the question is how you handle it. Do you try to make it right? Do you acknowledge that you've done wrong? Or do you hide it or try to justify it? The former approach means suffering through the shame for a moment, and receiving incredible graces on the other side. The latter only makes our situation worse.

Take advantage of Confession. Go regularly (monthly even). Keep a clean slate. You don't know the day or the hour when the Lord will take you, and the more we put off Confession, the more we get drawn into sin, away from God. Don't hold back. You have nothing to lose but your pride, and heaven itself to gain.

—Joe Moreshead

FIRST CONFESSIONS: Please pray for our children in sacramental prep who will be making their first Confession during the month of January. We have 31 children preparing for their sacraments this year.

ORATORY DATES FOR THE WINTER AND SPRING: The



Oratory, our ministry for students in grades 6-8 and 9-12, has completed a great first semester! Every second and fourth Sunday of the month we've met

for fellowship, catechesis and prayer. Meetings continue on the following dates: January 14 & 28, February 11 & 25, March 10 & 24, April 28, and May 12.

CATHOLICISM 101 – WINTER SESSION: After a break for Advent, Catholicism 101 will resume for the winter session, beginning January 5 and ending February 6. Joe Moreshead will be offering



five classes on the sacraments. Classes will meet weekly on Fridays at 6:05 pm at St. Jude, Saturdays at 5:15 pm at St. Gregory the Great, Tuesdays at 9 am at Sacred Heart, and Tuesdays at 7 pm at Holy Martyrs. The classes at Holy Martyrs will also be livestreamed and available to watch on demand. The topics are as follows:

- Week of January 12: Confession
- Week of January 19: The Holy Eucharist
- Week of January 26: Confirmation and Anointing of the Sick
- Week of February 2: Matrimony and Holy Orders

For updates or to register go to <https://pothe.org/catholicism101>. Visit the same link to watch the fall session.



judgment seat of the apostles to seek a pardon. You know that if it goes to trial at the particular judgment, you will be found guilty, but you have the chance now, to seek pardon from those to whom God gave the authority to grant it. You have TO come sorry for your sins with the intent not to commit them again, but if you do, the whole sentence could be avoided.

Such is the system Christ set up for the forgiveness of sins. It's not complicated and there's no mystery to it. If that's the case, then why does everyone seem to want to find a loophole to get out of it? Shame. Confession requires us to name things that we have done that we are deeply ashamed of and wish no one would know. It's helpful to keep in mind that God already does know and at the final judgment,



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Tim Winkeler (Parishioner)



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Parish Information ~ Celebrating the Sacraments

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Fr. Steven Cartwright



Parochial Vicar:
Fr. Peter Kaseta, O.F.M. Cap.



Parochial Vicar:
Fr. Paul Marquis



Senior Deacon:
Dennis Popadak

OUR FAITH FORMATION AND ADMINISTRATIVE STAFF



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Nicole Clavette



Bookkeeper:
Terrie Casavant



Facilities
Maintenance
Technician:
Chip Metevier



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Manager:
Steve Tuttle



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& Technology:
Joyce Hale



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Dave Therrien



Director of
Faith Formation:
Joe Moreshead



Coordinator of
Sacraments:
Kim Lovett



Coordinator of
Family Life:
Kalee Gwarjanski



Faith Formation
Assistant:
Kate McGrath Holmquist



Director of
Sacred Music:
Jen Runge

Our Mission

We are the Parish of the Holy Eucharist, a Catholic community called to discipleship, seeking deeper communion with God, each other, and our neighbors by celebrating the Sacraments, sharing God's Word, and serving all in need.

Our Churches

Holy Martyrs: 266 Foreside Road, Falmouth

Sacred Heart: 326 Main Street, Yarmouth

St. Gregory the Great: 24 N. Raymond Road, Gray

St. Jude: 134 Main Street, Freeport

Our Parish Office

Address:

Parish of the Holy Eucharist
266 Foreside Road
Falmouth, ME 04105

Phone: (207) 847-6890

E-mail: pothe@portlanddiocese.org

Website: pothe.org

Our Cemetery

Holy Cross Cemetery

75 Smith Street, Yarmouth
Contact Michele at (207) 773-5796

Our Eucharistic Adoration Schedule

Monday:

12:00 pm - 8:00 pm Holy Martyrs (except holidays)

Friday:

8:30 am - 9:30 am St. Gregory the Great

3:00 pm - 6:00 pm St. Jude

Saturday:

8:45 am - 9:45 am Sacred Heart

Our Confession Schedule

Saturday:

8:00 am Holy Martyrs, 1st Saturday of the month

8:45-9:45 am Sacred Heart

2:30-3:30 pm Sacred Heart, St. Gregory the Great,
and Holy Martyrs

Or by appointment

Our Mass Schedule

Sunday Masses

Saturday (Anticipatory):

4:00 pm Holy Martyrs

4:00 pm St. Gregory the Great

4:00 pm Sacred Heart

Sunday:

8:00 am Sacred Heart

8:30 am Holy Martyrs

8:30 am St. Gregory the Great

9:30 am St. Jude

10:30 am Holy Martyrs

11:00 am Sacred Heart

5:30 pm Holy Martyrs (quiet Mass)

BULLETIN SUBMISSIONS:

Items are due 10 days prior to
publication. Submit to
pothe@portlanddiocese.org.

Daily Masses

Monday:

7:30 am Holy Martyrs

8:00 am Sacred Heart

12:15 pm Saint Jude

Tuesday:

7:30 am Holy Martyrs

Wednesday:

7:30 am Holy Martyrs

Thursday:

8:00 am Sacred Heart

Friday:

7:30 am Holy Martyrs

8:00 am St. Gregory the Great

Saturday:

8:15 am Sacred Heart

9:00 am Holy Martyrs 1st Sat.
of the month

Sacramental and Pastoral Care

Becoming Catholic: Please contact

pothe.faithformation@portlanddiocese.org

Sacrament of the Anointing of the Sick: Please call the parish office with the name, condition, address, and phone number of the person who is in need.

Communion to the Homebound: Please email Kim Lovett,
kim.lovett@portlanddiocese.org.

Sacrament of Baptism for Infants: Please contact our parish office as soon as your child is born.

Sacrament of Matrimony: Please contact the parish office at least 6 months in advance of the desired date of your wedding.

Making Funeral Arrangements: Please contact the funeral home, and they will assist you in making arrangements for the church.