

Sunday,

February 4,

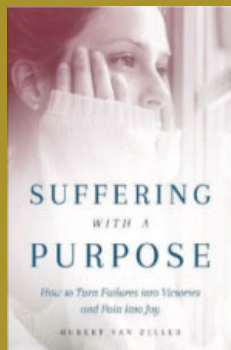
2024

# PARISH OF THE HOLY EUCHARIST



Holy Martyrs | St. Jude | St. Gregory the Great | Sacred Heart

## Lenten Parish Read



This year, Fr. Cartwright has selected, *Suffering with a Purpose* by Fr. Hubert Van Zeller. A copy will be available at each church next weekend. Please pick one up for your household.



## 5<sup>TH</sup> SUNDAY IN ORDINARY TIME

"He cured many who were sick with various diseases, and he drove out many demons, not permitting them to speak because they knew him." - Mk 1:34

### World Day of the Sick, February 11

Next Sunday, February 11, 2023, is World Day of the Sick, an observation introduced by Pope St. John Paul II as a way for believers to offer prayers for those suffering from illnesses.

Read more on p. 5.

# Parish Calendar ~ This Week and Upcoming

Saturday	Sunday	Monday	Tuesday	Wednesday
<b>3</b> <b>That Man is You!</b> 7:00 am <i>Sacred Heart</i> <b>First Saturday</b> <b>Confession &amp; Rosary</b> 8:00 am <i>Holy Martyrs</i> <b>Eucharistic Adoration &amp; Confession</b> 8:45 - 9:45 am <i>Sacred Heart</i> <b>Catholicism 101</b> 5:15 pm <i>St. Gregory the Great</i>	<b>4</b> <b>Choir Rehearsal</b> 8:00 am <i>St. Jude</i> <b>FIRE</b> 8:30 am <i>Holy Martyrs</i> <b>Calix</b> 7:00 pm <i>Holy Martyrs</i>	<b>5</b> <b>AA Meeting</b> 10:30 am <i>St. Gregory the Great</i> <b>Eucharistic Adoration</b> 12:00 - 8:00 pm <i>Holy Martyrs</i> <b>Youth Schola</b> 4:00 - 5:00 pm <i>Sacred Heart</i> <b>Cub Scouts</b> 5:30 - 6:30 pm <i>Sacred Heart</i> <b>Boy Scouts</b> 6:30 - 8:00 pm <i>Sacred Heart</i> <b>RCIA</b> 6:30 - 8:00 pm <i>Holy Martyrs</i>	<b>6</b> <b>Catholicism 101</b> 9:00 am <i>Sacred Heart</i> 7:00 pm <i>Holy Martyrs</i> <b>Centering Prayer Group</b> 9:30 am <i>Holy Martyrs</i> <b>Catholic Homeschoolers</b> 10:00 am <i>Holy Martyrs</i> <b>Friends in Faith</b> 10:30 am <i>Holy Martyrs</i> <b>Knights of Columbus</b> 6:00 pm <i>Holy Martyrs</i>	<b>7</b> <b>Choir Rehearsal</b> 4:45 - 6:00 pm <i>Sacred Heart</i> 7:00 pm <i>St. Gregory the Great</i> <b>Together with Alzheimer's</b> 7:00 pm <i>Sacred Heart</i>
Thursday	Friday	Saturday	Sunday	
<b>8</b> <b>Meals on Wheels</b> 8:00 am - 12:30 pm <i>Holy Martyrs</i> <b>Social Justice Meeting</b> 6:00 pm <i>Virtual</i> <b>Choir Rehearsal</b> 6:30 pm <i>Holy Martyrs</i>	<b>9</b> <b>Eucharistic Adoration</b> 8:30 - 9:30 am <i>St. Gregory the Great</i> 3:00 - 6:00 pm <i>St. Jude</i> <b>Making Music, Praying Twice</b> 10:30 am <i>Holy Martyrs</i> <b>AA Meeting</b> 7:00 pm <i>Sacred Heart</i>	<b>10</b> <b>That Man is You!</b> 7:00 am <i>Sacred Heart</i> <b>Eucharistic Adoration &amp; Confession</b> 8:45 - 9:45 am <i>Sacred Heart</i> <b>St. Valentine's Day Ball</b> 5:00 - 8:00 pm <i>Holy Martyrs</i>	<b>11</b> <b>Choir Rehearsal</b> 8:00 am <i>St. Jude</i> <b>Flame</b> 9:30 am <i>Sacred Heart</i> <b>The Oratory</b> 4:00 pm <i>Sacred Heart</i> <b>Calix</b> 7:00 pm <i>Holy Martyrs</i>	

## Mass Intentions for February 3 - February 11

<b>Saturday, February 3</b> 8:15 am SH Fr. M †Sylvio & Mary Morin by daughter, Jan Reynolds 9:00 am HM Fr. C *Special Intention by Maureen Arey 4:00 pm HM Fr. K †Brian Lynch by Annie & Larry Lynch 4:00 pm SGTG Fr. M †Liz Chandler by her friends at St. Gregory the Great 4:00 pm SH Fr. C †Mary & Ralph Masse by Michael & Debra Zboray	<b>Wednesday, February 7</b> 7:30 am HM Fr. K †David Shaw by Chris Shaw
<b>Sunday, February 4</b> 8:00 am SH Fr. C †Paul Francis O'Brien by Francis M. O'Brien & family 8:30 am HM Fr. K *All POTHE Parishioners 8:30 am SGTG Fr. M †Claire Wessenberg by Howard Wessenberg 9:30 am SJ Fr. C †Joe Ryan by the Morrones 10:30 am HM Fr. K †Agnes Leskanic by Danielle & Mark Tracy 11:00 am SH Fr. M †Andrew Stickney by Mark Stickney 5:30 pm HM Fr. K †Joann McFarland by Kevin O'Donovan	<b>Thursday, February 8</b> 8:00 am SH Fr. K †Bill Hughes by Lewanne Hughes
<b>Monday, February 5</b> 7:30 am HM Fr. K †Mildred Thiboutot by her children 8:00 am SH Fr. M *Special Intention for the poor to be safe in God's hands by Grace H. 12:15 pm SJ Fr. C *Children & Teens of POTHE by POTHE Faith Formation	<b>Friday, February 9</b> 7:30 am HM Fr. K †Mike Dilworth by his friends in faith 8:00 am SGTG Fr. C †Don Carrier by Cindy & Steve Carrier
<b>Tuesday, February 6</b> 7:30 am HM Fr. C †Bruce Peaslee by Michael & Diane Dunphy 4:00 pm NH Fr. M *For the Residents at Sedgewood Commons	<b>Saturday, February 10</b> 8:15 am SH Fr. M †Robert & Cynthia Hoehl by the Kostin family 4:00 pm HM Fr. C †Karl Fredriksen by his family 4:00 pm SGTG Fr. K †Doris Mathew by her friends at St. Gregory the Great 4:00 pm SH Fr. M †Susan Mary Conroy by Mary Mardas & Lisa Melville
	<b>Sunday, February 11</b> 8:00 am SH Fr. M †Christopher Foianini by Mary Foianini 8:30 am HM Fr. C †Dennis & Connie Mulherin by their loving family 8:30 am SGTG Fr. K †Jeannine Gaillard by St. Gregory the Great Choir 9:30 am SJ Fr. M †Maryhelen Rice by Gretchen Sayward 10:30 am HM Fr. C †Philip Thomas by Tessy Philip 11:00 am SH Fr. K *All POTHE Parishioners 5:30 pm HM Fr. C †Judy Benoit by Mr. & Mrs. Anthony Alfiero

NH—Nursing Home VP—Visiting Priest \*Special Intention †Deceased

# Called to Discipleship ~ Through Stewardship and Service

## KNIGHTS OF COLUMBUS | COUNCIL #15791—BABY

**BOTTLE DRIVE:** Last weekend, our Knights of Columbus begin their annual Baby Bottle Drive. Proceeds benefit the ABBA Center in Portland, which serves the needs of women with unplanned pregnancies. To participate, pick up an empty bottle, fill the bottle with paper currency, coins, or checks made payable to the Knights of Columbus Council #15791. Return the filled bottles to church the weekend of February 10 and 11. Thank you!



Thank you for your continued support of our Council through your participation in the CLYNK recycling program, sponsored by Hannaford. Empty CLYNK bags are available at the rear of each church. Please return filled green recycling bags to any Hannaford. Proceeds from this program benefit needy and worthy causes of the Knights of Columbus Council 15791. For more information about the Knights of Columbus in our parish, call Steve, (207) 712-2347. We meet the first Tuesday of the month at Holy Martyrs, beginning with fellowship and fraternity at 6:30 pm, followed by a business meeting at 7:00 pm. Our next meeting is February 6. FMI, visit [www.kofc.org/joinus](http://www.kofc.org/joinus).



**ST. VINCENT DE PAUL CLOTHING NEEDS:** Thank you to all who have so generously helped clothe those in need. We are still accepting warm winter clothing for women and men. Currently, we have an urgent need for men's pants. At Sacred Heart inside the side door, we added another bin for collecting donations. **All clothing must be clean and in good, usable condition!** Donations can be dropped off in the blue bins in the hallway between the narthex and hall at Holy Martyrs or in the back of Sacred Heart. Thank you for your help! FMI, contact Evelyn at (207) 447-1086.



**EUCCHARISTIC GUARDIANS:** We are fortunate to be able to offer hours of Eucharistic Adoration at Holy Martyrs and we would like to continue offering this opportunity to our parishioners. We need your help! We need at least two Guardians per hour to commit to keeping watch with Our Lord in the Blessed Sacrament. Can you keep watch one hour a week at Holy Martyrs? Eucharistic Adoration is available from 12 pm – 8 pm each Monday except holidays. FMI: Tracy, [tracywinkeler@gmail.com](mailto:tracywinkeler@gmail.com).



## SECOND COLLECTIONS IN FEBRUARY:

**February 14, Ash Wednesday**—East. Europe & Africa Fund

**February 18**— Native America & Black Missions

**FRIENDSHIP HOUSE:** Have you considered participating in this corporal work of mercy? Next month's meal will be delivered on Wednesday, February 7. Perhaps you have a favorite homecooked meal you'd like to offer? Any meal or pantry donations are gladly accepted.



Items can be dropped off at Holy Martyrs Monday or Tuesday from 9 am—4 pm or on Wednesday until 3 pm. Refrigeration is available. Thank you!

## ASH WEDNESDAY, FEBRUARY 14, MASSES

7:30 am Holy Martyrs  
8:00 am St. Gregory the Great  
8:00 am Sacred Heart  
12:15 pm Sacred Heart (Liturgy of the Word + Ashes, only)  
5:30 pm Holy Martyrs  
6:00 pm St. Jude

## DAILY MASS SCHEDULE DURING LENT

### Monday

7:30 am Holy Martyrs  
12:15 pm St. Jude  
5:30 pm Sacred Heart

### Tuesday

7:30 am Holy Martyrs  
5:30 pm Sacred Heart

### Wednesday

7:30 am Holy Martyrs

### Thursday

8:00 am Sacred Heart

### Friday

8:00 am St. Gregory the Great  
5:30 pm Holy Martyrs

## POTHE FRIDAYS DURING LENT

### Holy Martyrs

5:30 pm Mass  
6:00 pm Simple Supper  
6:30 pm Stations of the Cross

### St. Jude

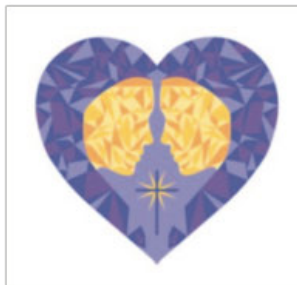
3-5:30 pm Eucharist Adoration  
5:30 pm Stations of the Cross  
6:00 pm Simple Supper

### St. Gregory the Great

8:00 am Mass  
5:30 pm Stations of the Cross  
6:00 pm Simple Supper

# Sharing God's Word ~ Through Pastoral Life and Ministry

## CATHOLIC WOMEN'S CONFERENCE: The 11th Maine



Catholic Women's Conference will be held on Saturday, March 16, at the Holiday Inn by the Bay, Portland, 9:15 am to 5 pm. Dynamic speaker, author, and podcast host, Danielle Bean, will explore the theme *Loved as I AM*, touching on God's gracious love that meets us where we are. The day will include keynotes by Bean,

a witness talk, opportunities for the Sacrament of Reconciliation, a chance to shop our exhibit hall, Mass with Bishop Robert Deeley, and more. The cost is \$85/person. FMI: <https://portlanddiocese.org/mcw>.

## ORATORY TIME CHANGE FOR FEBRUARY 11: We



realized recently that the next meeting of the Oratory (February 11) will fall on Super Bowl Sunday. Since kickoff is at 6:30 pm,

that night we're moving our meeting time back one hour.

**Oratory will meet from 4-6 pm on February 11.**

**CATHOLICISM 101 – WINTER SESSION:** Catholicism 101 has resumed for the winter session, The Sacraments. Classes meet weekly on Fridays at 6:05 pm at St. Jude, Saturdays at 5:15 pm at St. Gregory the Great, Tuesdays at 9 am at Sacred Heart, and Tuesdays at 7 pm at Holy Martyrs. Classes at Holy Martyrs will also be livestreamed and available to watch on demand. Topics are as follows:



- Week of February 2: Matrimony and Holy Orders

Visit <https://pothe.org/catholicism101> to watch previously recorded classes.

**We will be on recess during Lent.** Classes will resume on Friday, April 5. We will be discussing morality for our spring session.



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As we celebrate Catholic Schools Week, we would like to acknowledge the generous support of our fellow parishioners for our children's opportunities in education that would not be possible without you.

Thank you for sharing in our Catholic faith and values as our children continue to learn and grow.

With Gratitude,

The Preschool through 8th grade students at  
St. Brigid School.

## PRAYER CORNER

### APOSTOLATE OF PRAYER FOR PRIESTS

<b>Saturday, February 3</b>	Rev. Brian J. Conley, SJ Rev. Robert J. Pecoraro, SJ
<b>Sunday, February 4</b>	Our Holy Father
<b>Monday, February 5</b>	Our Holy Father
<b>Tuesday, February 6</b>	Rev. James R. Roy, MM Rev. James S. Plourde
<b>Wednesday, February 7</b>	Rev. Paul M. Sullivan Rev. Richard C. McLaughlin
<b>Thursday, February 8</b>	Rev. Jacob C. George Rev. John R. d'Anjou, SJ
<b>Friday, February 9</b>	Rev. Anthanasius S. Wirsy Rev. Gerald A. Levesque
<b>Saturday, February 10</b>	Rev. Dominic Tumusiime, AJ V. Rev. Paul H. Dumais
<b>Sunday, February 11</b>	Bishop Robert P. Deeley, JCD

**WHY WE ASK FOR PRAYERS:** We know God hears all our prayers. Many of us have known the power of His answers. As a faith community, we are called to pray for each other, which is why we publish a list of people in need of healing in the bulletin. Please call our parish office (207) 847-6890 to include yourself on the list. If you want to add someone else, please ask permission from that person first.

**PLEASE PRAY FOR OUR SEMINARIANS:** Andrew Bailey, Erin Donlon, Hoa Tien Nguyen, Vin Nguyen, Than Duc Pham, Matthew Valles, Ezekiel Banla, Yongyee Evans Bongwunyuy, Lam Thanh Vo, Joseph Beale, Nick Hershbine.

**PLEASE KEEP IN HEALING PRAYER:** Marianne McNally-Purda, Gretchen Sayward, Edward Hartnett, Joe Becker, Kalee Gwarjanski, Peter Allen Longley, Marie McCann, Bill Stanbro, Dolores Hartnett, Keith Stackpole, Charlie Pinette, Ann Marie Branigan, Ryan Holden, Denise Tibbetts, Bob Pigeon, Nancy Crouch, Doris Charest.

### LET US KEEP THE KNIGHTS OF COLUMBUS AND FAMILY IN OUR PRAYERS:

Brother Gary Potvin; Brother Chip Metevier; Father Ray Picard; Laurene, wife of Brother Dennis Dempsey; Anne Theriault, sister-in-law of Brother George Spino; Brother Mark Bastey; Nancy, wife of Brother John Walkenford; Brother Gerald Bose; Brother Joe Mathew and wife Doris; Brother Charles Thurston; Luke Roy, son of Brother Mark Roy; Art Crowley, brother of Brother Mike Crowley; Brother Manen Clements and wife Pat; David Shaw, brother of Brother Richard Shaw; Brother James King; Cindy Carrier, wife of Brother Steve Carrier; Yvonne, wife of Brother Chuck Devine; Holly Spino, sister-in-law of Brother George Spino; Brother Peter LaRochelle; Natalie Bonnell, widow of Brother John Bonnell; Samuel Winkeler, son of Brother Tim Winkeler; Brother Peter Rogers.

# Sharing God's Word ~ Through Faith Formation and Pastoral Life

## FROM OUR DIRECTOR OF FAITH FORMATION

### ANOINTING OF THE SICK

Up until now, the bulletin columns have lined up with the topics for the Catholicism 101 classes. This will put us slightly out of sync since Anointing of the Sick was covered side-by-side with Confirmation last week. I wanted to include a separate column on it since I think Anointing is little understood, and too frequently only thought about when emergencies come up and a priest needs to be called.

The Sacrament of Anointing is a sacrament of healing, so to state the obvious, you have to be sick in order to receive it. It's not enough just to be in danger (such as those who are going off to war). Anointing is meant specifically to help those who are sick.

What does it do? In the sacrament of anointing, the grace of healing is given to your soul and, if God judges it expedient, to your body as well. Physical healings are unusual, but they do happen. Archbishop Fulton Sheen told a story about being called to the bedside of a dying woman who had been living a notorious life of sin. When he anointed her, she miraculously recovered, amended her ways, and became quite an apostle of the faith in that neighborhood of New York City. God saw that her recovery would help her soul, and so He gave her that grace.



Even when bodily healings don't happen, spiritual strength and healing always does. Our last days on earth can be a trial. Some of us will be tested in faith, hope, and charity and sometimes the devil will take one last swing at us when we are most vulnerable. The Sacrament of the Sick gives us strength to make the final push and persevere in the faith until the bitter end.

It also heals us. It heals wounds left by sin over the years. If received with the right dispositions, it even cancels the temporal punishment due to our sins (i.e. it can reduce or cancel our time in Purgatory.) Perhaps most significantly, it can forgive sins, and this is vitally important for those who fall unconscious having not yet made a good Confession. If they are in some sense repentant of their sins before they

become unconscious, the act of being anointed can forgive mortal sin and save their soul.

When should you get anointed? As soon as you know the illness is serious. You should not wait until you or your loved one is actively dying. When that happens, the priest may not get there in time. Call early. Receive those graces of anointing as soon as you know you are ill so that you can lean on them throughout the illness. Should you recover, praise God! If you fall sick again, you can always be anointed again.

—Joe Moreshead

### WHEN SHOULD I CALL A PRIEST FOR ANOINTING?

#### FR. CARTWRIGHT EXPLAINS:

In its Constitution on the Sacred Liturgy, *Sacrosanctum Concilium*, the Fathers of the Second Vatican Council taught that "'Extreme Unction,' which may also and more fittingly be called 'Anointing of the Sick,' is not a sacrament only for those who are at the point of death. Hence, as soon as any one of the faithful begins to be in danger of death from sickness or old age, the fitting time for them to receive this sacrament has certainly already arrived." (73) This teaching is repeated in paragraph 1514 of the *Catechism of the Catholic Church*.

To help us understand what the Church means by someone who begins to be in danger of death but who is not at the point of death, the Introduction to the *Pastoral Care of the Sick* says the Anointing of the Sick may be received by "those who are seriously ill." (5) It goes on to say that "a prudent or reasonably sure judgment, without scruple, is sufficient for deciding on the seriousness of an illness" and that, "if necessary, a doctor may be consulted" (8). The same Introduction also says that "great care and concern should be taken to see that those of the faithful whose health is seriously impaired by sickness or old age receives this sacrament." (8) A footnote here in the English translation of the original Latin text explains that "the sacrament may and should be given to anyone whose health is seriously impaired; on the other hand, it may not be given indiscriminately or to any person whose health is not seriously impaired."

—Fr. Cartwright,

**WORLD DAY OF THE SICK:** Every February 11, the Catholic Church observes the World Day of Prayer for the Sick. This coincides with the feast of Our Lady of Lourdes. Many healing miracles have taken place in Lourdes, France where Our Lady appeared in 1858. This February 11, we encourage you to pray for the sick. If you are seriously ill and have not yet received an Anointing of the Sick, we encourage you to contact our office so that a priest can anoint you. Call (207) 847-6890.



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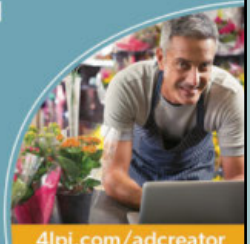
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Parish of The Holy Eucharist, ME

04-0669

# Parish Information ~ Celebrating the Sacraments

## OUR PRIESTS AND DEACON



Pastor:  
Fr. Steven Cartwright



Parochial Vicar:  
Fr. Peter Kaseta, O.F.M. Cap.



Parochial Vicar:  
Fr. Paul Marquis



Senior Deacon:  
Dennis Popadak

## OUR FAITH FORMATION AND ADMINISTRATIVE STAFF



Business  
Coordinator:  
Nicole Clavette



Bookkeeper:  
Terrie Casavant



Facilities  
Maintenance  
Technician:  
Chip Metevier



Facilities  
Maintenance  
Manager:  
Steve Tuttle



Director of  
Communications  
& Technology:  
Joyce Hale



Handyman:  
Dave Therrien



Director of  
Faith Formation:  
Joe Moreshead



Coordinator of  
Sacraments:  
Kim Lovett



Coordinator of  
Family Life:  
Kalee Gwarjanski



Faith Formation  
Assistant:  
Kate McGrath Holmquist



Director of  
Sacred Music:  
Jen Runge

## Our Mission

We are the Parish of the Holy Eucharist, a Catholic community called to discipleship, seeking deeper communion with God, each other, and our neighbors by celebrating the Sacraments, sharing God's Word, and serving all in need.

## Our Churches

**Holy Martyrs:** 266 Foreside Road, Falmouth

**Sacred Heart:** 326 Main Street, Yarmouth

**St. Gregory the Great:** 24 N. Raymond Road, Gray

**St. Jude:** 134 Main Street, Freeport

## Our Parish Office

### Address:

Parish of the Holy Eucharist  
266 Foreside Road  
Falmouth, ME 04105

**Phone:** (207) 847-6890

**E-mail:** [pothe@portlanddiocese.org](mailto:pothe@portlanddiocese.org)

**Website:** [pothe.org](http://pothe.org)

## Our Cemetery

### Holy Cross Cemetery

75 Smith Street, Yarmouth  
Contact Michele at (207) 773-5796

## Our Eucharistic Adoration Schedule

### Monday:

12:00 pm - 8:00 pm Holy Martyrs (except holidays)

### Friday:

8:30 am - 9:30 am St. Gregory the Great

3:00 pm - 6:00 pm St. Jude

### Saturday:

8:45 am - 9:45 am Sacred Heart

## Our Confession Schedule

### Saturday:

8:00 am Holy Martyrs, 1<sup>st</sup> Saturday of the month

8:45-9:45 am Sacred Heart

2:30-3:30 pm Sacred Heart, St. Gregory the Great,  
and Holy Martyrs

**Or by appointment**

## Our Mass Schedule

### Sunday Masses

#### Saturday (Anticipatory):

4:00 pm Holy Martyrs

4:00 pm St. Gregory the Great

4:00 pm Sacred Heart

#### Sunday:

8:00 am Sacred Heart

8:30 am Holy Martyrs

8:30 am St. Gregory the Great

9:30 am St. Jude

10:30 am Holy Martyrs

11:00 am Sacred Heart

5:30 pm Holy Martyrs (quiet Mass)

### BULLETIN SUBMISSIONS:

Items are due 10 days prior to  
publication. Submit to  
[pothe@portlanddiocese.org](mailto:pothe@portlanddiocese.org).

### Daily Masses

#### Monday:

7:30 am Holy Martyrs

8:00 am Sacred Heart

12:15 pm Saint Jude

#### Tuesday:

7:30 am Holy Martyrs

#### Wednesday:

7:30 am Holy Martyrs

#### Thursday:

8:00 am Sacred Heart

#### Friday:

7:30 am Holy Martyrs

8:00 am St. Gregory the Great

#### Saturday:

8:15 am Sacred Heart

9:00 am Holy Martyrs 1<sup>st</sup> Sat.  
of the month

## Sacramental and Pastoral Care

**Becoming Catholic:** Please contact

[pothe.faithformation@portlanddiocese.org](mailto:pothe.faithformation@portlanddiocese.org)

**Sacrament of the Anointing of the Sick:** Please call the parish office with the name, condition, address, and phone number of the person who is in need.

**Communion to the Homebound:** Please email Kim Lovett,  
[kim.lovett@portlanddiocese.org](mailto:kim.lovett@portlanddiocese.org).

**Sacrament of Baptism for Infants:** Please contact our parish office as soon as your child is born.

**Sacrament of Matrimony:** Please contact the parish office at least 6 months in advance of the desired date of your wedding.

**Making Funeral Arrangements:** Please contact the funeral home, and they will assist you in making arrangements for the church.