

Sunday,
February 11,
2024

SYNOD
LISTENING
SESSIONS
IN MAINE



Synod Listening Sessions

Scheduled throughout
the Diocese during Lent.

See p. 4 for details.



Holy Martyrs | St. Jude | St. Gregory the Great | Sacred Heart

PARISH OF THE HOLY EUCHARIST



LENT AND MORE IN 2024

See inside for Lenten
programming and our
Holy Week schedule.
Plus, we've included a
quick reference insert.

Information is also
posted on our website:

pothe.org/lent-2024

Scan the QR Code to
visit the page.

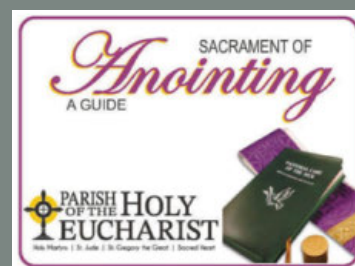


6TH SUNDAY IN ORDINARY TIME

"Moved with pity, He stretched out His hand, touched him, and said to him,
'I do will it. Be made clean.'" - Mk 1:41

Sacrament of Anointing of the Sick A Guide

Reference cards are available at all churches
beginning this weekend. Each card contains a
summarized teaching of the Sacrament and a
listing of churches by town with phone numbers
to call for an Anointing.



Parish Calendar ~ This Week and Upcoming

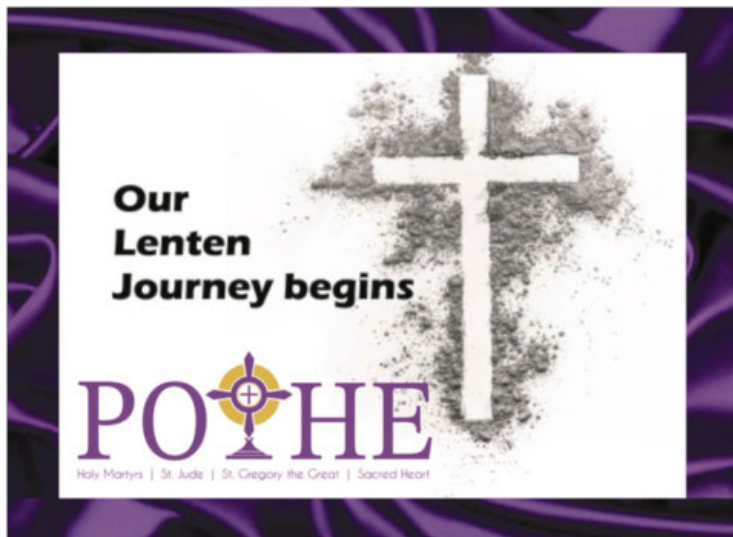
Saturday	Sunday	Monday	Tuesday	Wednesday
10 That Man is You! 7:00 am <i>Sacred Heart</i> Eucharistic Adoration & Confession 8:45 - 9:45 am <i>Sacred Heart</i> Barbara Orlando Funeral 11:00 am <i>St. Gregory the Great</i> St. Valentine's Day Ball 5:00 - 8:00 pm <i>Holy Martyrs</i>	11 Sanctuary Candle lit in honor of Lynn Ray <i>February 11 - 17</i> <i>Sacred Heart</i> Choir Rehearsal 8:00 am <i>St. Jude</i> FLAME 9:30 am <i>Sacred Heart</i> The Oratory 4:00 pm <i>Sacred Heart</i> Calix 7:00 pm <i>Holy Martyrs</i>	12 AA Meeting 10:30 am <i>St. Gregory the Great</i> Eucharistic Adoration 12:00 - 8:00 pm <i>Holy Martyrs</i> Youth Schola 4:00 - 5:00 pm <i>Sacred Heart</i> Cub Scouts 5:30 - 6:30 pm <i>Sacred Heart</i> Boy Scouts 6:30 - 8:00 pm <i>Sacred Heart</i> RCIA 6:30 - 8:00 pm <i>Holy Martyrs</i>	13 Centering Prayer Group 9:30 am <i>Holy Martyrs</i> Catholic Homeschoolers 10:00 am <i>Holy Martyrs</i> Friends in Faith 10:30 am <i>Holy Martyrs</i> Prayer Shawl Group 2:00 pm <i>Sacred Heart</i> FLAME 5:15 pm <i>Sacred Heart</i> Catholicism 101: Winter Finale 7:00 pm <i>Holy Martyrs</i>	14 Ash Wednesday Liturgy of the Word & Ash Distribution 12:15 pm <i>Sacred Heart</i> Choir Rehearsal 4:45 - 6:00 pm <i>Sacred Heart</i> 7:00 pm <i>St. Gregory the Great</i> The Troops of St. George 6:00 pm <i>St. Gregory the Great</i>

Thursday	Friday	Saturday	Sunday
15 Meals on Wheels 8:00 am - 12:30 pm <i>Holy Martyrs</i> Senior Luncheon 12:00 pm <i>Sacred Heart</i> Choir Rehearsal 6:30 pm <i>Holy Martyrs</i> AA Meeting 4:30 pm <i>St. Gregory the Great</i>	16 Eucharistic Adoration 8:30 - 9:30 am <i>St. Gregory the Great</i> 3:00 - 5:20 pm <i>St. Jude</i> Stations of the Cross 5:30 pm <i>St. Gregory the Great & St. Jude</i> 6:30 pm <i>Holy Martyrs</i>	17 That Man is You! 7:00 am <i>Sacred Heart</i> Eucharistic Adoration & Confession 8:45 - 9:45 am <i>Sacred Heart</i>	18 Choir Rehearsal 8:00 am <i>St. Jude</i> Calix 7:00 pm <i>Holy Martyrs</i>

Mass Intentions for February 10 - February 18

Saturday, February 10 8:15 am SH Fr. M †Robert & Cynthia Hoehl by the Kostin family 4:00 pm HM Fr. C †Karl Fredriksen by his family 4:00 pm SGTG Fr. K †Doris Mathew by her friends at St. Gregory the Great 4:00 pm SH Fr. M †Susan Mary Conroy by Mary Mardas & Lisa Melville Sunday, February 11 8:00 am SH Fr. M †Christopher Foianini by Mary Foianini 8:30 am HM Fr. C †Dennis & Connie Mulherin by their loving family 8:30 am SGTG Fr. K †Jeannine Gaillard by St. Gregory the Great Choir 9:30 am SJ Fr. M †Maryhelen Rice by Gretchen Sayward 10:30 am HM Fr. C †Philip Thomas by Tessy Philip 11:00 am SH Fr. K *All POTHE Parishioners 5:30 pm HM Fr. C †Judy Benoit by Mr. & Mrs. Anthony Alfiero Monday, February 12 7:30 am HM Fr. K †Ignacy Daborowski by Karen & Ken Rusinek 8:00 am SH Fr. M †Carmelo Misitano by Mary Johnson 12:15 pm SJ Fr. C †Irene Moreshead by Joe Moreshead Tuesday, February 13 7:30 am HM Fr. C *Special Intention for Gloria Erwin by Julie Unruh Wednesday, February 14 Ash Wednesday 7:30 am HM Fr. K *Special intention for Brady & Keegan by Mom 8:00 am SGTG Fr. C †Liz Chandler by her friends at St. Gregory the Great 8:00 am SH Fr. M †Lucien & Juliette Guay & Nicholas Douglas by Joanne Poulin	Wednesday, February 14 Ash Wednesday 5:30 pm HM Fr. M †Elizabeth "Betsy" Barbera by Krista Taliento 6:00 pm SJ Fr. C *Special Intention for Esther Russell by Mark & Lynn Rosenthal Thursday, February 15 8:00 am SH Fr. K *Special Intention for Michelle Gardner by Denise & Daniel Chapman Friday, February 16 8:00 am SGTG Fr. C †John & Dorothy Zboray by Michael & Debra Zboray 5:30 pm HM Fr. K †Alice Rojas de Stanco by Judith & John Goodrich Saturday, February 17 8:15 am SH Fr. M *In thanksgiving to St. Benedict Joseph Labre by a parishioner 4:00 pm HM Fr. M †Yvonne Tardy by her children 4:00 pm SGTG Fr. C †Ronald Sullivan by his wife, Suzanne 4:00 pm SH Fr. K †Michael Kostin by the Kostin family Sunday, February 18 8:00 am SH Fr. K †Philip & Antoinette Rotolo by Terry Flaherty & family 8:30 am HM Fr. M *In honor of St. Caprian for the health of my wife by a parishioner 8:30 am SGTG Fr. C †Jeannine Gaillard by Maggie & Fran Holnaider 9:30 am SJ Fr. K *All POTHE Parishioners 10:30 am HM Fr. M †Francis Downey by the Downey family 11:00 am SH Fr. C †Richard & Patricia Goulette by Elaine Goulette 5:30 pm HM Fr. M †Kevin Courtney by Chris Madden NH—Nursing Home VP—Visiting Priest *Special Intention †Deceased
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Called to Discipleship ~ Through Stewardship and Service



MASSES AND DISTRIBUTION OF ASHES

7:30 am Holy Martyrs
8:00 am St. Gregory the Great
8:00 am Sacred Heart
12:15 pm Sacred Heart (Liturgy of the Word + Ashes only)
5:30 pm Holy Martyrs
6:00 pm St. Jude



DAILY MASS SCHEDULE DURING LENT

Monday

7:30 am Holy Martyrs
12:15 pm St. Jude
5:30 pm Sacred Heart

Tuesday

7:30 am Holy Martyrs
5:30 pm Sacred Heart

Wednesday

7:30 am Holy Martyrs

Thursday

8:00 am Sacred Heart

Friday

8:00 am St. Gregory the Great*
5:30 pm Holy Martyrs

* Offered *ad orientem*. To learn more about *ad orientem* posture, visit our website, pothe.org/ad-orientem

FRIDAY EVENING STATIONS OF THE CROSS SIMPLE SUPPERS:

On Fridays during Lent, three of our churches are making the Stations of the Cross. Join us at 5:30 pm at either St. Jude or St. Gregory the Great, followed by a simple supper. At Holy Martyrs, Stations of the Cross will be made at 6:30 pm after the simple supper.

SUFFERING WITH A PURPOSE BY HUBERT VAN ZELLER:

Our parish Lent book is *Suffering with a Purpose* by Fr. Hubert Van Zeller. For each Station of the Cross, Fr. Van Zeller offers a reflection on how to take up our own crosses. Just as Our Lord took something as terrible as the Cross and turned it into the greatest act of love the world has ever known, so too we can take our crosses and turn them into something beautiful for the greater glory of God. A donation of \$3 is suggested for each book to help defray the costs.

CATHOLIC RELIEF SERVICES RICE BOWLS: Once again, rice bowls will be available at the back of each church to fill up with cash and loose change and return. The proceeds from these rice bowls will go to benefit Catholic Relief Services.

LENTEN STUDY WITH FRIENDS IN FAITH: Please consider joining Friends in Faith during Lent, when we will be examining the parish Lenten read, Hubert Van Zeller's *Suffering with a Purpose*. We will read segments together during our meeting each week, with group discussion along the way. Friends in Faith meets at Holy Martyrs every Tuesday at 10.30 am, and on Zoom as well. We would be glad to have you join us during Lent. FMI, contact Happy, happycooley@gmail.com.

MOTHER CABRINI MOVIE, SHOWING MARCH 8-13: A new film about the Italian American saint who spent her life founding orphanages and hospitals around the world will be in select theaters March 8-13. The movie focuses on Mother Cabrini's efforts to found an orphanage in New York City when she first arrived in America from Italy. Currently there are showings of *Cabrini* in Saco and Augusta. For showtimes and tickets, visit: <https://www.angel.com/tickets/cabrini>.

VESPERS & MEDITATIONS FOR LENT—PSALTERIUM INSTITUTE: Join the Psalterium Chamber Choir and Magnificat Girl Choir for chanted Vespers (evening prayer) followed by choral music for quiet reflection and meditation at 6:30 pm on Friday, March 8 at Sacred Heart.

FOLLOW ME - PARISH LENTEN RETREAT: On Monday, March 11 through Wednesday, March 13, Joe Moreshead will be offering a parish Lenten retreat, reflecting on Our Lord's words, "Follow me." The sessions will last for an hour once a day with a morning or evening option. They will include a spiritual reflection, time for prayer and meditation, and the Divine Office. Monday will focus on how the apostles left their nets to follow Our Lord. Tuesday will be on following Our Lord to the Cross, and Wednesday will be on following Him in the apostolic life. Participants can choose which session to attend. Sessions will be offered from 11 am – 12 pm at Sacred Heart in Yarmouth or from 5:30-6:30 pm at St. Gregory the Great in Gray.

THE LIGHT IS ON FOR YOU—EXTENDED CONFESSION OPPORTUNITIES:

During the Fifth Week of Lent, POTHE will offer four evenings to celebrate the Sacrament of Reconciliation. Confession will be available from 6-7 pm according to the following schedule:

- Monday, March 18, St. Gregory the Great
- Tuesday, March 19, Holy Martyrs
- Wednesday, March 20, St. Jude
- Thursday, March 21, Sacred Heart

TENEBRAE: On Wednesday, March 27, we will offer a Tenebrae service at Sacred Heart church from 7-8 pm. The Office of Readings will be sung. FMI, about Tenebrae Services, visit our website pothe.org/lent-2024 or contact pothe.faithformation@portlanddiocese.org.

Sharing God's Word ~ Through Pastoral Life and Ministry

BISHOP DEELEY'S INVITATION: Under the guidance of Pope Francis and in preparation for the second and final session of the ongoing Synod for the universal church scheduled for October 2024, every diocese in the world has been asked to host listening sessions for the public. The Diocese of Portland has scheduled three sessions on the following dates in the State of Maine:



- **Saturday, February 17, 10 am-11:30 am:**
Holy Rosary Parish Center, Caribou
- **Saturday, March 2, 10 am -11:30 am:**
St. John the Baptist School Hall, Winslow
- **Saturday, March 9, 10 am-11:30 am:**
St. Maximilian Kolbe Hall, Scarborough

The Synod on Synodality is a three-year process of listening and dialogue on communion, participation, and mission for the Catholic Church. It began in October 2021 and concludes in October 2024.

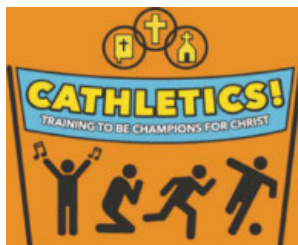
A synod is, by definition, an assembly of clergy and laity in the Church. The intent of this current Synod of Synodality is not to be a one-time experience but an ongoing opportunity for discernment and collectively moving the Church forward.

Listening sessions are for Catholics, practicing and non-practicing, as well as non-Catholics to express their thoughts and reflections.

These planned listening sessions are an important part of this worldwide synodal process of engagement and collective commitment by the people of God to grow and journey together.

SAVE THE DATE! VACATION BIBLE CAMP 2024:

Vacation Bible Camp will once again be held on the third week of July (July 15-19) at St. Gregory the Great in Gray, from 9 am-12 pm. Our theme this year will be *Cathletics! Training Kids to be Champions for Christ*. Through games, music, snacks, and faith time, we will learn about training for excellence in our Catholic faith by living the commandments, the beatitudes, the fruits of the Spirit, and evangelization. FMI, email pothe.faithformation@portlanddiocese.org.



Sanctuary Candle Lit
SACRED HEART
February 11-17
for
Lynn Ray

PRAYER CORNER

APOSTOLATE OF PRAYER FOR PRIESTS

Saturday, February 10	Rev. Dominic Tumusiime, AJ V. Rev. Paul H. Dumais
Sunday, February 11	Bishop Robert P. Deeley, JCD
Monday, February 12	Rev. Nsame Venantius Rev. Raymond P. Morency
Tuesday, February 13	Rev. William F. Modlin Rev. Paul E. Coughlin
Wednesday, February 14	All Priests
Thursday, February 15	Rev. Steven G. Cartwright Rev. Francis P. Morin
Friday, February 16	Rev. Patrick E. Agbodi, SMA Rev. John P. Davis
Saturday, February 17	Rev. Frank J. Murray Rev. Joel R. Cyr
Sunday, February 18	Rev. Alfred E. Irving Rev. Bernard J. Welch

WHY WE ASK FOR PRAYERS: We know God hears all our prayers. Many of us have known the power of His answers. As a faith community, we are called to pray for each other, which is why we publish a list of people in need of healing in the bulletin. Please call our parish office (207) 847-6890 to include yourself on the list. If you want to add someone else, please ask permission from that person first.

PLEASE PRAY FOR OUR SEMINARIANS: Andrew Bailey, Erin Donlon, Hoa Tien Nguyen, Vin Nguyen, Than Duc Pham, Matthew Valles, Ezekiel Banla, Yongyee Evans Bongwunyuy, Lam Thanh Vo, Joseph Beale, Nick Hershbine.

PLEASE KEEP IN HEALING PRAYER: Marianne McNally-Purda, Gretchen Sayward, Edward Hartnett, Joe Becker, Kalee Gwarjanski, Peter Allen Longley, Marie McCann, Bill Stanbro, Dolores Hartnett, Keith Stackpole, Charlie Pinette, Ann Marie Branigan, Ryan Holden, Denise Tibbetts, Bob Pigeon, Nancy Crouch, Doris Charest, Charlie Miller.

LET US KEEP THE KNIGHTS OF COLUMBUS AND FAMILY IN OUR PRAYERS: Brother Gary Potvin; Brother Chip Metevier; Father Ray Picard; Laurene, wife of Brother Dennis Dempsey; Anne Theriault, sister-in-law of Brother George Spino; Brother Mark Bastey; Nancy, wife of Brother John Walkenford; Brother Gerald Bose; Brother Joe Mathew and wife Doris; Brother Charles Thurston; Luke Roy, son of Brother Mark Roy; Art Crowley, brother of Brother Mike Crowley; Brother Manen Clements and wife Pat; David Shaw, brother of Brother Richard Shaw; Brother James King; Cindy Carrier, wife of Brother Steve Carrier; Yvonne, wife of Brother Chuck Devine; Holly Spino, sister-in-law of Brother George Spino; Brother Peter LaRochelle; Natalie Bonnell, widow of Brother John Bonnell; Samuel Winkeler, son of Brother Tim Winkeler; Brother Peter Rogers.

Sharing God's Word ~ Through Faith Formation and Pastoral Life

FROM OUR DIRECTOR OF FAITH FORMATION

MARRIAGE AND HOLY ORDERS

As Catholicism 101 wraps up its final class of the winter session (spring session to start on April 5) our last two sacraments to discuss are the sacraments of service: Marriage and Holy Orders.



Both of these sacraments give grace to live out a particular vocation in the Church. In Holy Matrimony you are given grace to work out your salvation as a spouse and a parent, and to help your family reach heaven with you. As a deacon, priest, or bishop, you are given the graces (and responsibility) of teaching, governing, and sanctifying the Church. You will work out your salvation not as a father of a family, but as a pastor of souls.

In both cases, when we reach the pearly gates, God will want to see the fruits of our labors, but these fruits will look very different. The married man or woman will be asked how they acquitted their responsibilities to their spouse and their family. Did they honor and cherish their spouse all the days of their life, in good times and in bad? Did they help their spouse and their children on the way to heaven? Did they live married life in a way that was good and holy?

The man in Holy Orders will be asked how he acquitted his responsibilities to the souls within his parish. Did he tell them everything they need to know to get to heaven? Did he draw them back when they strayed from the straight and narrow? Was he tireless in bringing them to the means of grace, the sacraments, and was he generous in offering himself as Christ's instrument in the world?

Whatever our vocation is (and for most people, it's marriage) we must live it well. Holiness will look different in different states of life, but we can only be holy in the state of life we're actually in. Remember, on our own efforts, we cannot be a perfect spouse or a perfect pastor. But we're not on our own. Through the sacraments, God gives us His help to live out these vocations well.

Sometimes people wonder what the difference is between a natural marriage (two non-Catholics getting married by a justice of the peace) and a Catholic, sacramental marriage. The difference is grace. In a sacramental marriage, you are bound together forever by God. Your marriage has a different mission than a natural marriage, namely the pursuit of heaven. And you have supernatural help given to you to live this in a way that is literally out of this world. A holy marriage, in which God's grace is welcome and at work, can be a great light in a frequently dark world.

Live out your vocation well. People can get to heaven by different roads, but your road will always be the vocation that you are in.

—Joe Moreshead

SECOND COLLECTIONS IN FEBRUARY:

February 14, Ash Wednesday—East. Europe & Africa Fund

February 18*— Native America & Black Missions

*Offertory envelopes mailed home are dated incorrectly.

HAITI DOOR COLLECTION: Our next Haiti door collection, which supports our sister parish in Haiti, will be held on **February 24/25**. Please continue to support our sister parish in Haiti with your prayers and generous financial support in the scheduled Haiti door collections.



WORLD DAY OF THE SICK: Every February 11, the Catholic Church observes the World Day of Prayer for the Sick. This coincides with the feast of Our Lady of Lourdes. Many healing miracles have taken place in Lourdes, France where Our Lady appeared in 1858. This February 11, we encourage you to pray for the sick. If you are seriously ill and have not yet received an Anointing of the Sick, we encourage you to contact our office so that a priest can anoint you. Call (207) 847-6890.

CONTACTING OUR OFFICE FOR AN ANOINTING AFTER HOURS:

Call our office, (207) 847-6890, and let the phone ring until voicemail picks up, about 5 rings. The recording will direct you to press 7 to leave a message for the on-call priest. After pressing 7, you will be transferred to a mailbox that gives instructions to leave your name and telephone number for the priest on call. After leaving your name and telephone number, hang up the phone, and your message will be delivered to the on-call priest. He will call you back to make arrangements.

ORATORY TIME CHANGE FOR FEBRUARY 11:

We realized recently that the next meeting of the Oratory (February 11) will fall on Super Bowl Sunday.

Since kickoff is at 6:30 pm, that night we're moving our meeting time back one hour.

Oratory will meet from 4-6 pm on February 11.

ANSWERING OUR LORD'S CALL TO WELCOME THE IMMIGRANT:

"I was a stranger, and you welcomed me." Help welcome New Mainers!

The work of welcoming the stranger as Jesus taught in Matthew 25 is a community effort. Since 1975, Catholic Charities Maine's Refugee and Immigration Services (RIS) has helped those fleeing violence and persecution acclimate to life in America and become independent, productive members of our community. Volunteers help get families settled into their new home, or help with gathering and sorting donated household goods. To learn more, visit www.ccmaine.org/refugee-immigration-services/support or contact Kelly Day at kday@ccmaine.org or (207) 523-1152.



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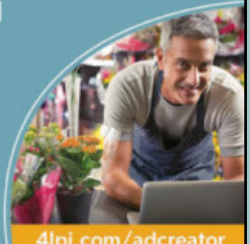
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Fr. Peter Kaseta, O.F.M. Cap.



Parochial Vicar:
Fr. Paul Marquis



Senior Deacon:
Dennis Popadak

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Faith Formation
Assistant:
Kate McGrath Holmquist



Director of
Sacred Music:
Jen Runge

Our Mission

We are the Parish of the Holy Eucharist, a Catholic community called to discipleship, seeking deeper communion with God, each other, and our neighbors by celebrating the Sacraments, sharing God's Word, and serving all in need.

Our Churches

Holy Martyrs: 266 Foreside Road, Falmouth

Sacred Heart: 326 Main Street, Yarmouth

St. Gregory the Great: 24 N. Raymond Road, Gray

St. Jude: 134 Main Street, Freeport

Our Parish Office

Address:

Parish of the Holy Eucharist
266 Foreside Road
Falmouth, ME 04105

Phone: (207) 847-6890

E-mail: pothe@portlanddiocese.org

Website: pothe.org

Our Cemetery

Holy Cross Cemetery

75 Smith Street, Yarmouth
Contact Michele at (207) 773-5796

Our Eucharistic Adoration Schedule

Monday:

12:00 pm - 8:00 pm Holy Martyrs (except holidays)

Friday:

8:30 am - 9:30 am St. Gregory the Great

3:00 pm - 6:00 pm St. Jude

Saturday:

8:45 am - 9:45 am Sacred Heart

Our Confession Schedule

Saturday:

8:00 am Holy Martyrs, 1st Saturday of the month

8:45-9:45 am Sacred Heart

2:30-3:30 pm Sacred Heart, St. Gregory the Great,
and Holy Martyrs

Or by appointment

Our Mass Schedule

Sunday Masses

Saturday (Anticipatory):

4:00 pm Holy Martyrs

4:00 pm St. Gregory the Great

4:00 pm Sacred Heart

Sunday:

8:00 am Sacred Heart

8:30 am Holy Martyrs

8:30 am St. Gregory the Great

9:30 am St. Jude

10:30 am Holy Martyrs

11:00 am Sacred Heart

5:30 pm Holy Martyrs (quiet Mass)

BULLETIN SUBMISSIONS:

Items are due 10 days prior to
publication. Submit to
pothe@portlanddiocese.org.

Daily Masses

Monday:

7:30 am Holy Martyrs

8:00 am Sacred Heart

12:15 pm Saint Jude

Tuesday:

7:30 am Holy Martyrs

Wednesday:

7:30 am Holy Martyrs

Thursday:

8:00 am Sacred Heart

Friday:

7:30 am Holy Martyrs

8:00 am St. Gregory the Great

Saturday:

8:15 am Sacred Heart

9:00 am Holy Martyrs 1st Sat.
of the month

Sacramental and Pastoral Care

Becoming Catholic:

Please contact
pothe.faithformation@portlanddiocese.org

Sacrament of the Anointing of the Sick: Please call the parish office with the name, condition, address, and phone number of the person who is in need. **If calling after hours**, when voicemail message begins, press 7 to leave a message for the on-call priest.

Communion to the Homebound: Please email Kim Lovett,
kim.lovett@portlanddiocese.org.

Sacrament of Baptism for Infants: Please contact our parish office as soon as your child is born.

Sacrament of Matrimony: Please contact the parish office at least 6 months in advance of the desired date of your wedding.

Making Funeral Arrangements: Please contact the funeral home, and they will assist you in making arrangements for the church.