

Sunday,
August 11,
2024

PARISH OF THE HOLY EUCHARIST



**Yarmouth
Clam Festival**
volunteer

YARMOUTH CLAM FESTIVAL

Note of Gratitude

See p. 3



LAST WEEK TO BUY TICKETS !

Sarah Kroger Concert

August 16
Sacred Heart
7 pm
See p. 5.



19TH SUNDAY IN ORDINARY TIME

"I am the Living Bread that came down from heaven; whoever eats this Bread will live forever;
and the Bread that I will give is My flesh for the life of the world." - Jn 6 : 51

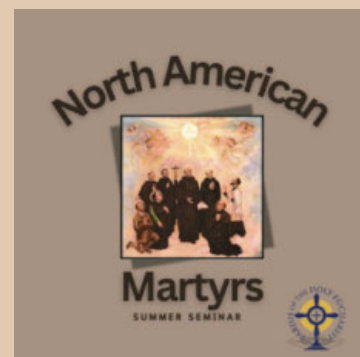


Summer Seminar

NOW AVAILABLE ONLINE

Watch or listen to all three sessions
as a YouTube playlist or in podcast
format.

Visit pothe.org/summer-seminar.



Parish Calendar ~ This Week and Upcoming

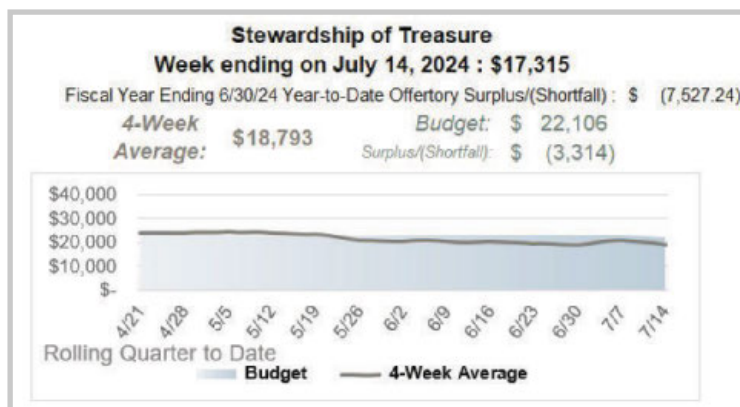
Saturday	Sunday	Monday	Tuesday	
10 That Man is You 7:00 am <i>Sacred Heart</i> Eucharistic Adoration & Confession 8:45 - 9:45 am <i>Sacred Heart</i> Paul Bracy/ Eva Montagne Wedding 1:00 pm <i>St. Gregory the Great</i>	11 Sanctuary Candle lit in Memory of Tammi Stokes <i>August 11 - 17</i> <i>Sacred Heart</i> Choir Rehearsal 8:00 am <i>St. Jude</i> Summer Sing Rehearsal 10:30 am <i>Sacred Heart</i> <i>Holy Martyrs</i>	12 AA Meeting 10:30 am <i>St. Gregory the Great</i> Eucharistic Adoration 12:00 - 8:00 pm <i>Holy Martyrs</i> Boy Scouts Meeting 6:30 pm <i>Sacred Heart</i>	13 Centering Prayer Group 9:30 am <i>Holy Martyrs</i> ACTS Women’s Retreat Team Meeting 6:00 pm <i>Holy Martyrs</i>	
Wednesday	Thursday	Friday	Saturday	Sunday
14 Vigil: Assumption of Mary Troops of St. George 6:00 pm <i>St. Gregory the Great</i> ACTS Proto-Core 6:00 pm <i>Holy Martyrs</i> Choir Rehearsal 7:00 pm <i>St. Gregory the Great</i>	15 Assumption of Mary Holy Day of Obligation Meals on Wheels 8:00 am - 12:30 pm <i>Holy Martyrs</i> AA & Al-Anon Meetings 7:00 pm <i>St. Gregory the Great</i>	16 Eucharistic Adoration 8:30 - 9:30 am <i>St. Gregory the Great</i> 3:00 - 6:00 pm <i>St. Jude</i> CANCELLED—AA Meeting 7:00 pm <i>Sacred Heart</i> Sarah Kroger Concert 7:00 pm <i>Sacred Heart</i>	17 That Man is You 7:00 am <i>Sacred Heart</i> Eucharistic Adoration & Confession 8:45 - 9:45 am <i>Sacred Heart</i> Clinton Barter Funeral 11:00 am <i>St. Gregory the Great</i> Road for Hope Visitors 5:00 pm <i>St. Gregory the Great</i>	18 Choir Rehearsal 8:00 am <i>St. Jude</i> Summer Sing Rehearsal 10:30 am <i>Sacred Heart</i> Dr. Peter Kwasniewski Lecture 4:30 pm <i>Holy Martyrs</i> Calix 7:00 pm <i>Holy Martyrs</i>

Mass Intentions for August 3 - August 11

Saturday, August 10	Thursday, August 15
8:15 am SH Fr. M †Tom Stanford by the Jordan family 4:00 pm HM Fr. K †Michael R. Dilworth by Edward & Susan Dilworth 4:00 pm SGTG Fr. M †Alfred R. Berner by Pam Kimm & Nicholas Gailbraith 4:00 pm SH Fr. C †John E. Dougherty III by Marilyn & Tom Kruze	Assumption of the Blessed Virgin Mary 8:00 am SGTG Fr. K †James & Anna Gurney by Deacon Dennis & Bev Popadak 8:00 am SH Fr. M †Michael Kostin by the Kostin family 5:30 pm HM Fr. K *Special Intention for Brian Hartnett by Dolores Hartnett 6:00 pm SJ Fr. C †Roland Fraser by Evelyn M. Fraser
Sunday, August 11	Friday, August 16
8:00 am SH Fr. C *All POTHE Parishioners 8:30 am HM Fr. K †Nancy Daggett by Peter & Cathy Mullaney 8:30 am SGTG Fr. M †Kathleen O'Wril by Tim O'Wril 9:30 am SJ Fr. C †Janice Hiatt by Sharon Coffin 10:30 am HM Fr. K †Konrad Barteles by Estela Valle 11:00 am SH Fr. M †Jack Piscopo by his family 5:30 pm HM Fr. K *Health & intentions of Dr. Roger Gagnon by Diana, David & Craig Doremus	7:30 am HM Fr. K †Fr. Thomas Murphy by Deb Swift 8:00 am SGTG Fr. C †Deceased loved ones of Maria Ramos by Maria Ramos
Monday, August 12	Saturday, August 17
7:30 am HM Fr. K †Patrick W. Corbett, Jr. by Sheila Anderson 8:00 am SH Fr. M †Miller family by Francis Murray 12:15 pm SJ Fr. C †Arthur Cooper by Daniel & Denise Chapman	8:15 am SH Fr. M †Josh Holzer by his mother, Judith Pollock 4:00 pm HM Fr. C †Mary Jean Fake by Lewanne Hughes 4:00 pm SGTG Fr. K †Nicholas Cote by his family 4:00 pm SH Fr. M †Peter & Phyllis Phaneuf by Michael & Debra Zboray
Tuesday, August 13	Sunday, August 18
7:30 am HM Fr. C †James Gorman, Sr. by Maureen Gorman	8:00 am SH Fr. M †Isadore and Rachel Houde by the Albert family 8:30 am HM Fr. C †Bruce Peaslee by Cecelia Peaslee 8:30 am SGTG Fr. K †Clayton Aldous by Len & Jennifer Sherwood 9:30 am SJ Fr. M *Special Intention for Beth Alster by Braedon, Emily & Luke Alster 10:30 am HM Fr. C *All POTHE Parishioners 11:00 am SH Fr. K †Tammi Stokes by Gina Stokes 5:30 pm HM Fr. C †Edith Kaulbach by Edward Johnson
Wednesday, August 14	
Vigil: Assumption of Mary 7:30 am HM Fr. C *Special Intention for the health of Karen Boulous McPhee 5:30 pm HM Fr. C *All POTHE Parishioners	

NH—Nursing Home VP—Visiting Priest *Special Intention †Deceased

Called to Discipleship ~ Through Stewardship and Service

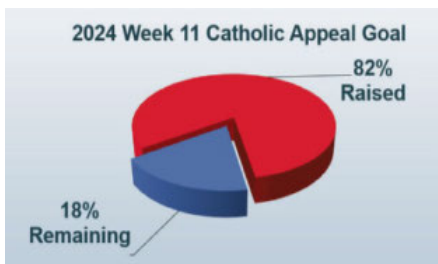


UPCOMING SECOND COLLECTIONS

August 11—Morning Star Recovery: Morning Star Recovery is a 501(c)(3) nonprofit with the mission of helping people become recovered from drug addiction through a 12-step program and reconciled with God through the Sacraments of the Catholic Church and traditional Catholic spirituality. We have dedicated this work to the Blessed Virgin Mary and we ask her to guide all who seek hope and healing.

August 18—Lay Mission-Helpers Association: This is an organization that makes it possible for lay Catholic professionals to share their talents and witness their Catholic faith in mission dioceses around the world.

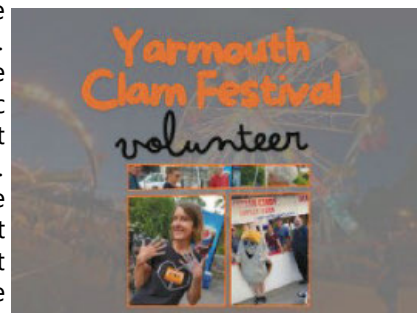
2024 CATHOLIC APPEAL PROGRESS REPORT: Our Annual Diocesan Catholic Appeal, *United in Hope*, supports the ministries of our Church in Maine, which educate our youth and young adults, assist our parishes, comfort the sick, and bring the Good News of Jesus Christ to the people of God. For a full list of programming, please see the brochures in our churches. As of Week 11 of the Catholic Appeal, POTHE has raised 82% of its annual goal. Can you help us reach 100%? FMI or to donate securely, visit portlanddiocese.org/giving.



YARMOUTH FOOD PANTRY REQUEST: Summer months tend to be lean at the Yarmouth food pantry. They are having a **Summerstock the Pantry** food drive for the month of August. There are specific needs that are difficult for the pantry to secure, and they have asked for our help. The Yarmouth food pantry has asked Sacred Heart to collect **shampoo and conditioner** for the month of August. We will place a collection box in the narthex at Sacred Heart for your donations throughout the month of August. Thank you!

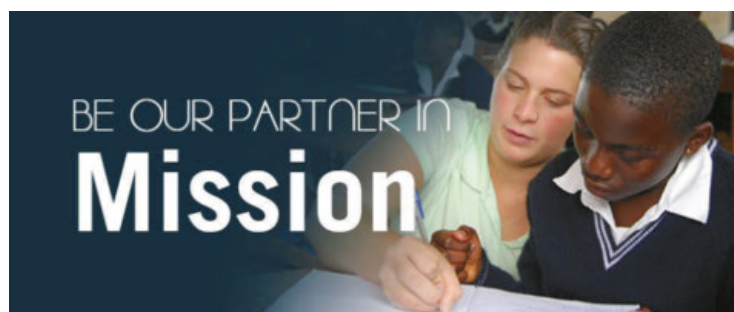


YARMOUTH CLAM FESTIVAL GRATITUDE: Thank you, Thank you, Thank you! Many hands make the work easier was so true at the Yarmouth Clam Festival... Both day managers were sick and it was a hectic weekend at first, Not knowing what's what... but everyone, everyone stepped up and made it happen. Lots of past experience made a huge difference! Cotton Candy was made, cars were parked, burgers and dogs were eaten, people were engaged and memories were made! Though POTHE'S participation in the YCF is for community engagement, sharing our beliefs and enjoyment...the byproduct was, we made about \$~2700 to help defray some of the costs of repairs. Looking forward to next year and your help!



—Sincerely,

Steve Carrier and Jonathan Fuller



MISSIONARY COOPERATION PROGRAM: Every year, the Diocese of Portland invites missionary groups to speak at its parishes through the nationwide Mission Cooperation Plan. Missionary groups share their stories and solicit prayers and financial support for their service through second collections. This year, on the weekend of **August 17 and 18**, POTHE will welcome Karen Hunka (served in Ghana) Danita Kurtz (served in Papua New Guinea), and Damian Kabot (served in Bolivia and Mexico) from the Lay Mission-Helpers Association (LMH) - an organization that makes it possible for lay Catholic professionals to share their talents and witness their Catholic faith in mission dioceses around the world. Since its foundation in Los Angeles in 1955, LMH has sent over 750 lay men, women, and families on mission to 37 countries. Currently, LMH serves in Ghana, Uganda, and Peru. Their missionaries come from across the United States and serve three-year terms as teachers, nurses, computer technicians, project managers, accountants, administrators, pastoral workers, and other professionals. For FMI, visit www.laymissionhelpers.org. Thank you for your generosity in supporting the missionary work of Lay Mission-Helpers!

Sharing God's Word ~ Through Pastoral Life and Ministry

DR. PETER KWASNIEWSKI COMING TO POTHE: Noted

author and liturgist Dr. Peter Kwasniewski will be joining us to give a lecture titled, *The Grace of Stability: How Liturgy Forms the Christian Soul*. The lecture at Holy Martyrs will be held on **Sunday, August 18 at 4:30 pm**, with a Q & A and book signing session immediately thereafter, and a light dinner to follow. Una Voce Maine is sponsoring the event. Reservations are not needed to attend, but UVM is asking for donations to help defray the expenses for the event, which fall outside our regular annual budget. Visit Una Voce Maine, www.unavocemaine.org/contact to contribute. Please include *Peter K* in your check memo or comment section online.



POTHE ANNUAL PARISH PICNIC: Come out to the lake at

St. Gregory the Great for our annual Parish Picnic on **August 24 from 12-3 pm**. We will provide the hamburgers and hotdogs. You bring an appetizer, side dish, salad, or dessert. Play lawn games, visit our ministry table, and swim in Crystal Lake! We have a new event this year that you won't want to miss. Practice your aim and warm up your throwing arm for this year's fundraiser, **Dunk the Pastor!** Proceeds benefit Faith Formation and Sacred Music Ministries. FMI and to sign up with your dish, visit pothe.org/parish-picnic-1.



SEBASTIAN RÂLE 300th ANNIVERSARY: Fr. Rale, a native

of France, was pastor of the Norridgewock tribe for 30 years. Despite risk to his own life, Fr. Rale refused to abandon the Norridgewock and was killed by English militia in 1724. Fr. Jim Nadeau will offer Mass at St. Sebastian Cemetery in Madison on **Friday, August 23 at 3 pm**. This is the 300th anniversary of Fr. Rale's death. A talk on Fr. Rale will follow at 5 pm. On **Saturday, August 24**, the Fr. Rale Pilgrimage will be held from 9 am – 12 pm, beginning at St. Sebastian's Church in Madison. On **Sunday, August 25**, from 2 – 3:30 pm, we will hold a Fr. Rale Pilgrimage at Holy Martyrs church in Falmouth for those in southern Maine who are unable to make it to Madison. Please invite others to come.



GET YOUR TICKETS FOR SARAH KROGER—THIS WEEK! Friday August 16, 7

pm, at Sacred Heart, Sarah Kroger, a GMA Dove Award®-nominated artist, songwriter, and worship leader is coming to perform for our parish. Join us for worship in song with Sarah! Tickets are \$25 each or \$50 per family. Buy your tickets on our website: pothe.org/sarah-kroger.



PRAYER CORNER

APOSTOLATE OF PRAYER FOR PRIESTS

Saturday, August 10	V. Rev. Jean-Paul Labrie Rev. Richard P. Rice
Sunday, August 11	Bishop Emeritus Robert P. Deeley, JCD
Monday, August 12	V. Rev. Wilfred P. Labbe Msgr. Charles M. Murphy
Tuesday, August 13	Rev. Daniel J. Baillargeon Rev. Robert A. Parent
Wednesday, August 14	Rev. Roland P. Nadeau V. Rev. Daniel P. Greenleaf
Thursday, August 15	Our Holy Father
Friday, August 16	Rev. Anthony Lawir Rev. Bruce M. Siket
Saturday, August 17	Rev. Augustin Sebasthiyan, HGN Rev. Alfred Jacques
Sunday, August 18	Rev. Albert B. Colpitts Rev. Johnson S. Panneer Slevam, HGN



Sanctuary Candle Lit

SACRED HEART

August 11 – 17

In Memory of

Tammi Stokes

WHY WE ASK FOR PRAYERS: We know God hears all our prayers. Many of us have known the power of His answers. As a faith community, we are called to pray for each other, which is why we publish a list of people in need of healing in the bulletin. Please call our parish office at (207) 847-6890 to include yourself on the list. If you want to add someone else, please ask permission from that person first.

PLEASE PRAY FOR OUR SEMINARIANS: Vin Nguyen, Ezekiel Banla, Evans B. Yongyee, Joseph Beale, Nick Hershbine, **Deacons:** Erin Donlon, Than Duc Pham, Hoa Tien Nguyen.

LET US KEEP THE KNIGHTS OF COLUMBUS AND FAMILY IN OUR PRAYERS:

Brother Chip Metevier; Laurene, wife of Brother Dennis Dempsey; Nancy, wife of Brother John Walkenford; Brother Gerald Bose; Brother Charles Thurston; Luke Roy, son of Brother Mark Roy; Art Crowley, brother of Brother Mike Crowley; Brother Manen Clements and wife Pat; Brother James King; Cindy Carrier, wife of Brother Steve Carrier; Jeanne Madden, wife of Brother Chris Madden; Brother Paul Tracy.

PLEASE KEEP IN HEALING PRAYER: Marianne McNally-Purda, Gretchen Sayward, Edward Hartnett, Joe Becker, Kalee Gwarjanski, Peter Allen Longley, Marie McCann, Dolores Hartnett, Keith Stackpole, Charlie Pinette, Ann Marie Branigan, Ryan Holden, Denise Tibbetts, Bob Pigeon, Nancy Crouch, Doris Charest, Charlie Miller, Jack Laibinis, Sr, Tiffany Eaton, Gilman Michaud, Kelly Dupont, Jean Bissonnette.

Sharing God's Word ~ Through Faith Formation and Pastoral Life

FROM OUR DIRECTOR OF FAITH FORMATION

SWIMMING AND THE SPIRITUAL LIFE:

LOOK AT YOUR COACH

Having talked about the temptation to look around when you shouldn't in a swimming race, now I want to talk about the temptation not to look when you should. Before you accuse me of inconsistencies, let me give you the backstory that will hopefully illustrate the distinction I'm making amply.

Starting in middle school, I swam distance events. Distance in swimming means 1000 yards or the mile (1650 yards, and yes, I know that's not exactly a mile.) These races take about ten minutes for the 1000 and seventeen minutes for the mile. Swimming distance well requires a lot of focus on maintaining your pace. You won't finish the race if you sprint the whole thing. On the other hand, leisurely and lackadaisical approaches won't get you a good time. To avoid these two extremes, you typically establish a pace you want to be held at with your coach ahead of time. If you're going faster, your coach will cue you to slow down. If you're slower than that pace, your coach will cue you to speed up.

I have vivid memories of swimming the 1000 at Bowdoin College when I was in high school. The race wasn't off to a good start. I think my goggles were leaking, I was tired from swimming mile earlier in the meet, and therefore was also somewhat cranky. Early into the race, my coach started signaling to me that I should go faster. I made some effort to pick up the pace. On the next lap as I turned to breathe and saw my coach, it became apparent that my efforts to pick up the pace fell short of expectations. We were now in a dilemma where I wasn't entirely sure I was able or wanted to go faster; my coach was quite insistent. When I next saw my coach, she was jumping up and down on the side of the pool, waving her arms and yelling things that are inaudible when half your head is in the water. The message was quite clear and I didn't want to hear it. I started breathing exclusively on one side, so I wouldn't see the side of the pool where my coach was, and have to be reminded that I should be going faster. I would later repent of this maneuver when some of my own swimmers did this to me when I was coaching them.

In the spiritual life, sometimes we have to be willing to hear that we're not keeping pace. When our pastors have to tell us that there are things in our lives we need to correct as we strive for heaven, it's important that we pay attention. Like my coach on the pool deck, they're telling us these things to help us finish the race. We ignore them at our own peril. As G.K. Chesterton put it, "We do not really want a religion that is right where we are right. What we want is a religion that is right where we are wrong." If we're in the wrong, ignoring those who would get us back on track doesn't make much sense.

—Joe Moreshead

GOD, LOVE AND MARRIAGE: EVERYTHING YOU NEED TO KNOW BEFORE YOU START DATING-

Once again, Joe Moreshead and Kalee Gwarjanski will be teaching a week long course for teens on love, relationships and where God fits into it all. The course runs for four nights in a row beginning on Monday, September 9 through Thursday, September 12. Students in grades 6-8 meet 6:30-7:30 PM. Students in grades 9-12 meet 7:30-8:30 PM. We'll cover why God gave us these feelings to begin with, what our moral responsibilities are, how to date, and how marriage and family life work. FMI and to sign up, contact Joe Moreshead, pothe.faithformation@portlanddiocese.org.

NEW! CATECHESIS OF THE GOOD SHEPHERD:

CGS is Montessori-style catechesis for ages 3-6 introducing essential elements of the Catholic faith. This trusted curriculum is used world-wide and we are excited to offer it to you! Classes are twice a month on Sunday mornings at Holy Martyrs church, once within FIRE and once following the 8:30 Mass. For more information, full schedule,



CATECHESIS of the GOOD SHEPHERD

PARENT CATECHESIS ORIENTATION MEETING: Please join Father Cartwright and the Faith Formation Staff to begin our upcoming year of Catechesis at Parish of the Holy Eucharist. We will have an orientation meeting on **Monday, August 19 at 6:00pm at Holy Martyrs**. Back by popular request, Father will provide encouragement for family learning. We will also give program overviews, complete registrations, and answer any questions.

POTHE CHALICE PROGRAM: Attention all families! We invite you to join us in praying for our priests and seminarians in the diocese of Portland. Each family can sign up to take a chalice to display in their home for a week. Over the course of the week, your family gathers each day to pray together for priests and to read about one of our local priest heroes, Fr. Gabriel Druillettes, known as the apostle to the Abenakis. To sign up for a week or FMI, please email pothe.faithformation@portlanddiocese.org.



TEEN OCIA: RCIA has been changed to OCIA! This process is for teens who would like to receive their sacraments. Classes will be offered on Wednesday nights, 6:30-7:30pm at Sacred Heart Church in three sessions during the year, leading up to Easter. FMI, contact Joe Moreshead at pothe.faithformation@portlanddiocese.org. If you're not sure what to say, type Teen OCIA in the subject line, send the email, and we can go from there.



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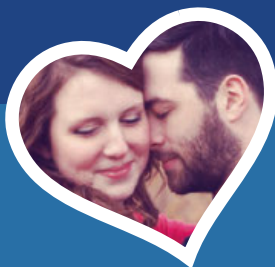
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Parish Information ~ Celebrating the Sacraments

OUR PRIESTS AND DEACON



Pastor:
Fr. Steven Cartwright



Parochial Vicar:
Fr. Peter Kaseta, O.F.M. Cap.



Parochial Vicar:
Fr. Paul Marquis



Senior Deacon:
Dennis Popadak

OUR FAITH FORMATION AND ADMINISTRATIVE STAFF



Business
Coordinator:
Nicole Clavette



Bookkeeper:
Terrie Casavant



Director of Pastoral
& Liturgical Life:
Regina Prince



Handyman:
Dave Therrien



Facilities
Maintenance
Manager:
Steve Tuttle



Director of
Communications
& Technology:
Joyce Hale



Director of
Faith Formation:
Joe Moreshead



Coordinator of
Sacraments:
Kim Lovett



Coordinator of
Family Life:
Kalee Gwarjanski



Faith Formation
Assistant: Kate
McGrath Holmquist



Facilities
Maintenance
Technician:
Chip Metevier



Director of
Sacred Music:
Jen Runge

Our Mission

We are the Parish of the Holy Eucharist, a Catholic community called to discipleship, seeking deeper communion with God, each other, and our neighbors by celebrating the Sacraments, sharing God's Word, and serving all in need.

Our Churches

Holy Martyrs: 266 Foreside Road, Falmouth

Sacred Heart: 326 Main Street, Yarmouth

St. Gregory the Great: 24 N. Raymond Road, Gray

St. Jude: 134 Main Street, Freeport

Our Parish Office

Address:

Parish of the Holy Eucharist
266 Foreside Road
Falmouth, ME 04105

Phone: (207) 847-6890

E-mail: pothe@portlanddiocese.org

Website: pothe.org

Our Cemetery

Holy Cross Cemetery

75 Smith Street, Yarmouth
Contact Michele at (207) 773-5796

Our Eucharistic Adoration Schedule

Monday:

12:00 pm - 8:00 pm Holy Martyrs (except holidays)

Friday:

8:30 am - 9:30 am St. Gregory the Great

3:00 pm - 6:00 pm St. Jude

Saturday:

8:45 am - 9:45 am Sacred Heart

Our Confession Schedule

Saturday:

8:00 am Holy Martyrs, 1st Saturday of the month

8:45-9:45 am Sacred Heart

2:30-3:30 pm Sacred Heart, St. Gregory the Great,
and Holy Martyrs

Or by appointment

Our Mass Schedule

Sunday Masses

Saturday (Anticipatory):

4:00 pm Holy Martyrs

4:00 pm St. Gregory the Great

4:00 pm Sacred Heart

Sunday:

8:00 am Sacred Heart

8:30 am Holy Martyrs

8:30 am St. Gregory the Great

9:30 am St. Jude

10:30 am Holy Martyrs

11:00 am Sacred Heart

5:30 pm Holy Martyrs (quiet Mass)

BULLETIN SUBMISSIONS:

Items are due 10 days prior to
publication. Submit to
pothe@portlanddiocese.org.

Daily Masses

Monday:

7:30 am Holy Martyrs

8:00 am Sacred Heart

12:15 pm Saint Jude

Tuesday:

7:30 am Holy Martyrs

Wednesday:

7:30 am Holy Martyrs

Thursday:

8:00 am Sacred Heart

Friday:

7:30 am Holy Martyrs

8:00 am St. Gregory the Great

Saturday:

8:15 am Sacred Heart

9:00 am Holy Martyrs 1st Sat.
of the month

Sacramental and Pastoral Care

Becoming Catholic: Please contact

pothe.faithformation@portlanddiocese.org

Sacrament of the Anointing of the Sick: Please call the parish office with the name, condition, address, and phone number of the person who is in need. **If calling after hours**, when voicemail message begins, press 7 to leave a message for the on-call priest.

Communion to the Homebound: Please email Kim Lovett,
kim.lovett@portlanddiocese.org.

Sacrament of Baptism for Infants: Please contact our parish office as soon as your child is born.

Sacrament of Matrimony: Please contact the parish office at least 6 months in advance of the desired date of your wedding.

Making Funeral Arrangements: Please contact the funeral home, and they will assist you in making arrangements for the church.