

Sunday,

August 18,

2024

PARISH OF THE HOLY EUCHARIST



CATECHIST ORIENTATION

August 26
Holy Martyrs
6 pm



CLASSES BEGIN SOON!

Have you registered?

First Class:
September 8
Holy Martyrs
8:30-11:30 am
FMI/Register:



20TH SUNDAY IN ORDINARY TIME

"Whoever eats My Flesh and drinks My Blood

remains in Me and I in him, says the Lord . " -Jn 6: 56

Save the Date!

Women's ACTS Retreat

Get away from your busy schedule and join women like yourself who are seeking God's answers to life, family, and eternity. All women aged 21 and older are encouraged to attend.

Visit <https://pothe.org/acts-retreat>



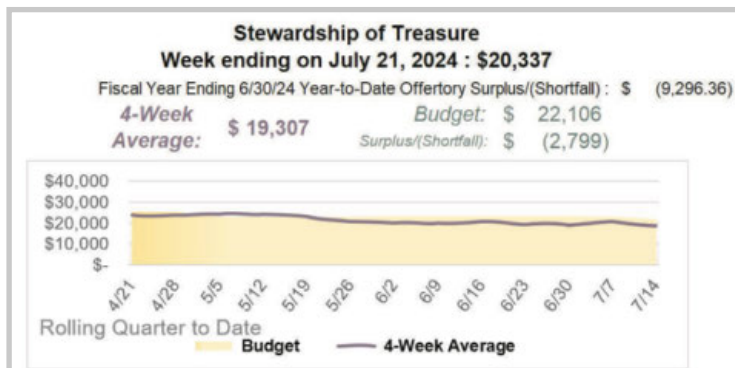
Parish Calendar ~ This Week and Upcoming

Saturday	Sunday	Monday	Tuesday	Wednesday
17 That Man is You 7:00 am <i>Sacred Heart</i> ACTS Core Meeting 8:00 am - 3:30 pm <i>Holy Martyrs</i> Adoration & Confession 8:45 - 9:45 am <i>Sacred Heart</i> Clinton Barter Funeral 11:00 am <i>St. Gregory the Great</i> Road for Hope Visitors 5:00 pm <i>St. Gregory the Great</i>	18 Choir Rehearsal 8:00 am <i>St. Jude</i> Summer Sing Rehearsal 10:30 am <i>Sacred Heart</i> Dr. Peter Kwasniewski Lecture 4:30 pm <i>Holy Martyrs</i> Calix 7:00 pm <i>Holy Martyrs</i>	19 AA Meeting 10:30 am <i>St. Gregory the Great</i> Eucharistic Adoration 12:00 - 8:00 pm <i>Holy Martyrs</i> Canceled—Boy Scouts 6:30 pm <i>Sacred Heart</i> Parent Orientation for Catechesis 6:00 - 7:00 pm <i>Holy Martyrs</i>	20 Centering Prayer Group 9:30 am <i>Holy Martyrs</i> Catholic Homeschoolers 10:00 am <i>Holy Martyrs</i> ACTS Women's Retreat Team Meeting 6:00 pm <i>Holy Martyrs</i>	21 Together w/ Alzheimer's 7:00 pm <i>Sacred Heart</i> Choir Rehearsal 7:00 pm <i>St. Gregory the Great</i>
Thursday	Friday	Saturday	Sunday	
22 Meals on Wheels 8:00 am <i>Holy Martyrs</i> Advent Fair Meeting 6:30 pm <i>Sacred Heart</i> AA Meeting 7:00 pm <i>St. Gregory the Great</i> Al-Anon Meeting 7:00 pm <i>St. Gregory the Great</i>	23 Eucharistic Adoration 8:30 - 9:30 am <i>St. Gregory the Great</i> 3:00 - 6:00 pm <i>St. Jude</i> AA Meeting 7:00 pm <i>Sacred Heart</i>	24 That Man is You 7:00 am <i>Sacred Heart</i> Eucharistic Adoration & Confession 8:45 - 9:45 am <i>Sacred Heart</i> Lewis Snow Funeral 11:00 am <i>Sacred Heart</i> Parish Picnic 12:00 pm <i>St. Gregory the Great</i>	25 Sanctuary Candle lit in memory of Kristen Gould August 25 - 31 <i>Holy Martyrs</i> Choir Rehearsal 8:00 am <i>St. Jude</i> Summer Sing Rehearsal 10:30 am <i>Sacred Heart</i>	Fr. Sebastian Rale Pilgrimage 2:00 pm <i>Holy Martyrs</i> Calix 7:00 pm <i>Holy Martyrs</i>

Mass Intentions for August 17 - August 25

Saturday, August 17				Thursday, August 22			
8:15 am	SH	Fr. M	†Josh Holzer by his mother, Judith Pollock	8:00 am	SH	Fr. K	†Jeannette Kabat by Cynthia & Philip Gerrard
4:00 pm	HM	VP	†Mary Jean Fake by Lewanne Hughes	Friday, August 23			
4:00 pm	SGTG	Fr. C	†Nicholas Cote by his family	7:30 am	HM	Fr. K	†Vincent Kane by Judith & John Goodrich
4:00 pm	SH	Fr. M	†Peter & Phyllis Phaneuf by Michael & Debra Zboray	8:00 am	SGTG	Fr. C	†Vincent family by Catherine M. Kobell
Sunday, August 18				Saturday, August 24			
8:00 am	SH	Fr. M	†Isadore and Rachel Houde by the Albert family	8:15 am	SH	Fr. M	*†Living and deceased members of Desiree Douglas Clady's family
8:30 am	HM	Fr. C	†Bruce Peaslee by Cecelia Peaslee	4:00 pm	HM	Fr. M	*Intentions of Connected Catholics members by Phyllis Kelly
8:30 am	SGTG	VP	†Clayton Aldous by Len & Jennifer Sherwood	4:00 pm	SGTG	Fr. C	*All POTHE Parishioners
9:30 am	SJ	Fr. M	*Special Intention for Beth Alster by Braedon, Emily & Luke Alster	4:00 pm	SH	Fr. K	†Carl Anderson, Jr. by his wife & children
10:30 am	HM	Fr. C	*All POTHE Parishioners	Sunday, August 25			
11:00 am	SH	VP	†Tammi Stokes by Gina Stokes	8:00 am	SH	Fr. K	†Chito Villanueva by Vicki Saba
5:30 pm	HM	Fr. C	†Edith Kaulbach by Edward Johnson	8:30 am	HM	Fr. M	†Julia & Francesca Valle by Estela Valle
Monday, August 19				8:30 am	SGTG	Fr. C	†Deceased members of the Orcutt family by the Orcutt family
7:30 am	HM		Mass Canceled	9:30 am	SJ	Fr. K	†Rene & Rosalie St. Pierre by Larry & Marie Beaulieu
8:00 am	SH	Fr. M	†Robert & Cynthia Hoehl by the Kostin family	10:30 am	HM	Fr. M	†John J. Smith by JoAnne Durant
12:15 pm	SJ	Fr. C	†Fr. Bud Welsh by Catherine M.	11:00 am	SH	Fr. C	†Deceased family members of Frances Prinn
Tuesday, August 20				5:30 pm	HM	Fr. M	†Souls in Purgatory
7:30 am	HM	Fr. C	†H. Grady Hughes by Helen Stanbro	NH—Nursing Home VP—Visiting Priest *Special Intention †Deceased			
12:00 pm	NH	Fr. M	*Intentions of the residents of Sedgewood Commons				
Wednesday, August 21							
7:30 am	HM	Fr. K	†Norman & Yolande Roy by Michael & Theresa Beaulieu				

Called to Discipleship ~ Through Stewardship and Service



UPCOMING SECOND COLLECTIONS

August 18—Lay Mission-Helpers Association: This is an organization that makes it possible for lay Catholic professionals to share their talents and be witnesses of their Catholic faith in mission dioceses around the world.

September 1—POTHE Capital Campaign: This collection supports facility improvement projects with 100% of your donation directly funding these projects.

September 8—Catholic University of America and Special Education Needs: Details coming soon.

2024 CATHOLIC APPEAL PROGRESS REPORT:

Our Annual Diocesan Catholic Appeal, *United in Hope*, supports the ministries of our Church in Maine, which educate our youth and young adults, assist our parishes, comfort the sick, and bring the Good News of Jesus Christ to the people of God. For a full list of programming, please see the brochures in our churches. As of Week 12, we are holding steady at reaching only 82% of our goal. Can you help us reach 100%? FMI or to donate securely, visit portlanddiocese.org/giving.



KNIGHTS OF COLUMBUS | COUNCIL #15791: Thank you for your continued support of our Council through your participation in the CLYNK recycling program, sponsored by Hannaford. Empty CLYNK bags are available at the rear of each church. Please return filled green recycling bags to any Hannaford. Proceeds from this program benefit needy and worthy causes of the Knights of Columbus Council 15791. For more information about the Knights of Columbus in our parish, call Regina Prince, Director of Liturgical and Parish Life, (207) 847-6890, and she will put you in touch with us. FMI, visit www.kofc.org/joinus.



Aug Knight of the Month

Brother Richard Shaw

Aug Family of the Month

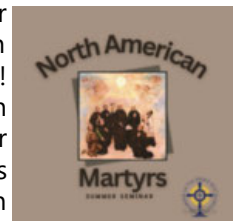
Advocate Frank Lemanski and Wife

MISSIONARY COOPERATION PROGRAM: This weekend, our parish welcomes Karen Hunka (served in Ghana), Danita Kurtz (served in Papua New Guinea), and Damian Kabot (served in Bolivia and Mexico) who will speak about their missionary service and appeal for our prayerful and financial support for the Lay Mission-Helpers Association (LMH). Founded in Los Angeles in 1955, LMH makes it possible for Catholic laity to use their professional gifts in service to the poor and the marginalized in mission dioceses. LMH missionaries serve 3-year terms as teachers, nurses, accountants, and other professionals in some of the most impoverished and underserved communities around the world. The second collection today will be for the support of the work of LMH. Please be generous! FMI, visit www.laymissionhelpers.org. Thank you for your generosity in supporting the missionary work of Lay Mission-Helpers!



AVAILABLE NOW ON OUR WEBSITE! NORTH AMERICAN MARTYRS SUMMER SEMINAR:

We are pleased to announce that our Summer Seminar—The Holy Martyrs of North America is now available to watch online! In July, Joe Moreshead, Director of Faith Formation, recorded his three classes for all to watch on demand. Class Handouts are linked in the video descriptions. Watch the classes at pothe.org/summer-seminar.



FRIENDSHIP HOUSE MINISTRY—NEW SCHEDULE!

Beginning in September, we will deliver our Friendship House Meal the last Tuesday of the month. This means that we will deliver a meal on September 24. Please have food and pantry/toiletry donations to Holy Martyrs by 1 pm on Tuesday, September 24. FMI, questions, to sign up for email updates, or to volunteer, please contact Regina Prince at our Parish Office, (207) 847-6890, or sign up online, pothe.org/friendship-house.



YARMOUTH FOOD PANTRY REQUEST: Summer months tend to be lean at the Yarmouth Food Pantry. They are having a *Summerstock the Pantry* food drive for the month of August. There are specific needs that are difficult for the Pantry to secure, and they have asked for our help. The Yarmouth Food Pantry has asked Sacred Heart to collect **shampoo and conditioner** for the month of August. There is a collection box in the narthex at Sacred Heart for your donations throughout the month of August. Thank you!



Sharing God's Word ~ Through Pastoral Life and Ministry

POTHE ANNUAL PARISH PICNIC: Come out to the lake at St. Gregory the Great for our annual Parish Picnic on **August 24 from 12-3 pm.** We will provide the hamburgers and hotdogs. You bring an appetizer, side dish, salad, or dessert. Play lawn games, visit our ministry table, and swim in Crystal Lake! We have a new event this year that you won't want to miss. Practice your aim and warm up your throwing arm for this year's fundraiser, **Dunk the Pastor!** Proceeds benefit Faith Formation and Sacred Music Ministries. FMI and to sign up with your dish, visit pothe.org/parish-picnic-1.



NEXT WEEK—SEBASTIAN RÂLE 300th ANNIVERSARY: Fr. Rale, a native of France, was pastor of the Norridgewock tribe for 30 years. Despite risk to his own life, Fr. Rale refused to abandon the Norridgewock and was killed by English militia in 1724. Fr. Jim Nadeau will offer Mass at St. Sebastian Cemetery in Madison on **Friday, August 23** at 3 pm. This is the 300th anniversary of Fr. Rale's death. A talk on Fr. Rale will follow at 5 pm. On **Saturday, August 24**, the Fr. Rale Pilgrimage will be held from 9 am – 12 pm, beginning at St. Sebastian's Church in Madison. On **Sunday, August 25**, from 2 – 3:30 pm, we will hold a Fr. Rale Pilgrimage at Holy Martyrs church in Falmouth for those in southern Maine who are unable to make it to Madison. Please invite others to come.

OPUS DEI: is a personal Prelature of the Catholic Church, which endeavors to help people find God in their everyday lives. Groups are separated by men and women with each group meeting on the fourth Wednesday of each month. For more information, go to opusdei.org. Opus Dei is part of the Catholic Church. The name is Latin for "Work of God." Opus Dei's mission is to spread the Christian message that every person is called to holiness and that every honest work can be sanctified. Our next Recollection is Wednesday, August 28 at Holy Martyrs.

Morning of Recollection for Women: The morning schedule begins at 9:30 am and includes a meditation by the priest, a talk given by a lay member on topics relating to the Christian life, and time for silent prayer. There will also be an opportunity for Confession/Spiritual Direction beginning at 9:30 am. The meditation begins at 10:30 am and Holy Mass begins at 11:50 am. The recollection is conducted by a priest of Opus Dei.

Evening of Recollection for Men: The evening schedule runs from 6 to 7:45 pm and includes opportunities for Confession, a talk by a layman on Christian virtue, Exposition of the Blessed Sacrament, a meditation guided by a priest of Opus Dei, time for silent prayer, Adoration, and Benediction. Confession is available from 5:15-6:00 pm. Snacks and refreshments will follow in the hall.

Welcome Visitors!

Want to participate in our offertory collection? If you'd like to make your offering online, please scan the QR code.



PRAYER CORNER

APOSTOLATE OF PRAYER FOR PRIESTS

Saturday, August 17	Rev. Augustin Sebasthiyan, HGN Rev. Alfred Jacques
Sunday, August 18	Rev. Albert B. Colpitts Rev. Johnson S. Panneer Slevam, HGN
Monday, August 19	Rev. Dominic Savio, HGN Rev. Divine Fossoh
Tuesday, August 20	Rev. Paul R. Marquis Rev. Vincent P. Mellone
Wednesday, August 21	Rev. Robert D. Lariviere Rev. Joseph O. Osunde, OP
Thursday, August 22	Rev. Peter Uhde Rev. Joseph W. Cahill
Friday, August 23	Rev. Albin A. Andrus †Rev. Raymond Picard
Saturday, August 24	Msgr. Paul F. Stefanko Msgr. Rene Mathieu
Sunday, August 25	All Priests

WHY WE ASK FOR PRAYERS: We know God hears all our prayers. Many of us have known the power of His answers. As a faith community, we are called to pray for each other, which is why we publish a list of people in need of healing in the bulletin. Please call our parish office at (207) 847-6890 to include yourself on the list. If you want to add someone else, please ask permission from that person first.

PLEASE PRAY FOR OUR SEMINARIANS: Vin Nguyen, Ezekiel Banla, Evans B. Yongyee, Joseph Beale, Nick Hershbine, **Deacons:** Erin Donlon, Than Duc Pham, Hoa Tien Nguyen.

LET US KEEP THE KNIGHTS OF COLUMBUS AND FAMILY IN OUR PRAYERS: Brother Chip Metevier; Laurene, wife of Brother Dennis Dempsey; Nancy, wife of Brother John Walkenford; Brother Gerald Bose; Brother Charles Thurston; Luke Roy, son of Brother Mark Roy; Art Crowley, brother of Brother Mike Crowley; Brother Manen Clements and wife Pat; Brother James King; Cindy Carrier, wife of Brother Steve Carrier; Jeanne Madden, wife of Brother Chris Madden; Brother Paul Tracy.

PLEASE KEEP IN HEALING PRAYER: Marianne McNally-Purda, Gretchen Sayward, Edward Hartnett, Joe Becker, Kalee Gwarjanski, Peter Allen Longley, Marie McCann, Dolores Hartnett, Keith Stackpole, Charlie Pinette, Ann Marie Branigan, Ryan Holden, Denise Tibbetts, Bob Pigeon, Nancy Crouch, Doris Charest, Charlie Miller, Jack Laibinis, Sr, Tiffany Eaton, Gilman Michaud, Kelly Dupont, Jean Bissonnette.

Sharing God's Word ~ Through Faith Formation and Pastoral Life

FROM OUR DIRECTOR OF FAITH FORMATION

SWIMMING AND THE SPIRITUAL LIFE:

THE VALUE OF ROUTINE

Over my years of swimming, the structure of our practices became fairly predictable. While the particulars of the main set would change, we could always be guaranteed a 500-yard warm up, 200-yard kick, maybe 4x50s descend, and 4x25s half fast, half easy (always spelt "EZ" on the board) would be the signal that the main set was coming up. The main set could take as much as an hour. Once we got within a half-hour of the end of practice, nothing intense got introduced. Usually in the leftover time we would work on hypoxics (i.e., sets in which we limited how much we breathed).

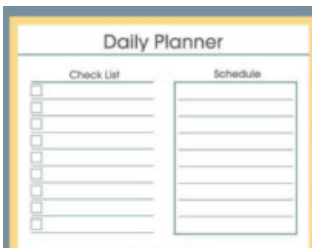
There was a rhythm to how the day would go. Mentally, you knew you were safe from anything grueling in the beginning of practice. When the 4x25s showed up on the board, you were prepared to embrace the pain for the main set. When the main set was done, you knew you could relax.

Occasionally our coaches tried to mix it up. In some sense, I get it. We, the swimmers, had started taking this pattern in our workouts as a kind of constitutional right that could not be transgressed. It was important our coaches reminded us that they were free to push harder than they had pushed before, so that we could improve. With that said, I think we swam worse when the routine was broken.

With the predictable rhythm, we knew what to expect. We could throw ourselves all into the main set knowing that there was a light at the end of the tunnel. When the routine was broken, we tended to hold back, not knowing if we would need extra gas for something coming later.

In a similar way, routines are fairly helpful in your prayer life. If you can establish a consistent routine (even with small practices), your spiritual life will go much better. If even a small part of your day is consistently carved out for prayer, you can give yourself completely to prayer in that moment. Without a routine, you're likely to go through your day aware that you should pray, but not sure when, and not sure how long you'll have to do it. Just as we did better with a smaller main set that we knew was coming, so too you're likely to do better with a small bit of time set aside for prayer that you can hold to than with grand aspirations for long hours in prayer that you haven't planned for. Likewise, have a routine as to what you're going to do for prayer. Sometimes prayer comes naturally, but for those times when it doesn't, I recommend having a consistent bare minimum routine. Maybe do one of the meditations from "My Daily Bread." Even an Our Father, Hail Mary, and Glory Be is good. Just have a routine and stick to it.

—Joe Moreshead



GOD, LOVE, AND MARRIAGE—EVERYTHING YOU NEED TO KNOW BEFORE YOU START DATING:

Once again, Joe Moreshead and Kalee Gwarjanski will be teaching a week-long course for teens on love, relationships, and where God fits into it all. The course runs for four nights in a row beginning on Monday, September 9 through Thursday, September 12. Students in grades 6-8 meet 6:30-7:30 pm. Students in grades 9-12 meet 7:30-8:30 pm. We'll cover why God gave us these feelings to begin with, what our moral responsibilities are, how to date, and how marriage and family life work. FMI and to sign up, contact Joe Moreshead, pothe.faithformation@portlanddiocese.org.

NEW! CATECHESIS OF THE GOOD SHEPHERD:

CGS is Montessori-style catechesis for ages 3-6, introducing essential elements of the Catholic faith. This trusted curriculum is used worldwide and we are excited to offer it to you! Classes are twice a month on Sunday mornings at Holy Martyrs church, once within FIRE and once following the 8:30 Mass. For more information, full schedule, and registration information please visit www.pothe.org/cgs.



PARENT CATECHESIS ORIENTATION MEETING:

Please join Father Cartwright and the Faith Formation Staff to begin our upcoming year of Catechesis at Parish of the Holy Eucharist. We will have an orientation meeting on **Monday, August 19 at 6:00 pm at Holy Martyrs**. Back by popular request, Father will provide encouragement for family learning. We will also give program overviews, complete registrations, and answer any questions.



TRIBUNAL PRESENTATION ON ANNULMENTS: The bond of marriage is unbreakable according to Our Lord, "if it is lawful." But some marriages lack the necessary knowledge or consent to make those vows valid. When this happens, a member of the faithful can ask the Church to investigate and declare whether or not those vows really were valid and binding. When the Church finds they were not, these are called "declarations of nullity" or annulments. If you are divorced and remarried, are in an irregular marital situation, or have questions about the validity of a previous marriage, this is a great opportunity to learn more about ways of moving forward. Representatives from the marriage tribunal of the Diocese of Portland will offer this presentation on Tuesday, September 17 at 6 pm in the hall at Sacred Heart.

WE APPRECIATE OUR
ADVERTISERS!



940 US ROUTE 1, YARMOUTH
Casey Corkum - Manager
(207) 846-4223

jpieron@vipauto.com

Tim Winkeler (Parishioner)



CUNNINGHAM
SECURITY SYSTEMS
MAINE'S MOST TRUSTED
Local. Professional. Reliable.
207-846-3350



Your Partner In Senior Care Solutions
CarePatrol of Portland - Bangor, ME

INDEPENDENT LIVING / ASSISTED LIVING / MEMORY CARE

**Our services are FREE for the
Seniors and Families we help!!!**

CAREPATROL.COM • 207-203-4234

Let me help you with your next move!



JODI FEDERLE, REALTOR

Call or Text 207.215.4006

jodi@portsidereg.com

765 US Route One, Yarmouth
207.846.4300



catholicmatch®
Maine



CatholicMatch.com/ME

World Mission Sunday
October 20th, 2024

**GO AND INVITE
EVERYONE**
to the banquet
(Mt. 22:9)



TEXT
"MISSIONS24"
TO 44384
to Give now

WWW.ONEFAMILYINMISSION.ORG/WMS

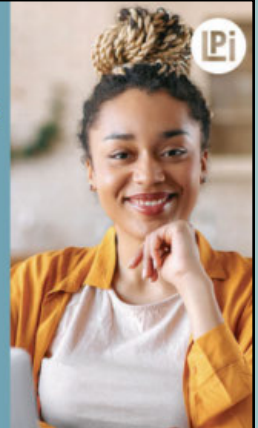
**SUPPORT
OUR
ADVERTISERS!**

WE'RE HIRING!

AD SALES EXECUTIVES

BE YOURSELF.
BRING YOUR PASSION.
WORK WITH PURPOSE.

- Paid training
- Some travel
- Work-life balance
- Full-Time with benefits
- Serve your community



Contact us at
careers@4lpi.com or
www.4lpi.com/careers

**NEVER MISS
OUR BULLETIN!**

SUBSCRIBE

Have our bulletin emailed
to you every week.

Visit www.parishesonline.com

IF YOU LIVE ALONE

MDMedAlert!™ As Low As

- ✓ Ambulance/Police
- ✓ Family/Friends
- ✓ GPS & Fall Alert

CALL NOW! 800.808.9294

md-medalert.com

\$19⁹⁵
/mo.



**Confused about Medicare?
I can help.**



Karen R. Vachon

Licensed Insurance Agent

Providing local and personalized
service to meet your needs.

No cost, No obligation,
call me today!

207-544-4119

www.vachonagency.com

"We do not offer every plan available in your area. Any information we provide is limited to those plans we do offer in your area. Please contact Medicare.gov or 1-800-MEDICARE to get information on all your options"

*Sacred places play
a significant role in life.*

**Holy Cross
Cemetery**

Smith Street, Yarmouth
207-847-6890

**WE'RE ON
TOP OF IT.**

ROOFING BY DESIGN
HOME IMPROVEMENT INC.

207-252-7667
roofingbydesignhi.com

**DOES YOUR NONPROFIT
ORGANIZATION NEED
A NEWSLETTER?**

Engaging,
ad-supported
print and digital
newsletters to reach
your community.

Visit lpicommunities.com

**OUR COMMUNITY
NEWSLETTER**
OCTOBER EDITION



Scan to
contact us!



Affordable Hearing Aids

Randall A. Robinson, BC-HIS

207-309-9001

94 Auburn St., Ste. 201

Portland, ME

180 Pool St, Ste104,

Biddeford, ME

Accepting most major Insurance.
Contact me to see if your insurance
has hearing aid benefits!

www.Hearmeagain.net



**Call
Dave
Spellman**



**ARE YOU READY
TO RETIRE?**

www.davespellman.com
(207) 869-5720



**CATHOLIC
FOUNDATION
OF MAINE**
A Legacy of Sharing

Your legacy gift supports the vitality of Catholic parishes, organizations, and ministries in Maine now and in perpetuity.
(207) 321-7820
catholicfoundationmaine.org

Residential Commercial




BEACON ELECTRIC

207.650.2139
info@beaconelectricne.com

The Abbey
**CATHOLIC BOOK, GIFT &
CHURCH SUPPLY SHOP**

Books • Bibles • Cards • Music
Medals & Gifts For All Occasions
Baptismal • Communion & Clergy Apparel



605 US Rte. 1 Dunstan Corner
Scarborough, ME
207-885-5813
www.theabbeycat.com

Family Owned. Family Focused.



**NEW LOCATION COMING TO
NORTH DEERING IN 2024**
Now Accepting New &
Transferred Pre-Arrangements

**CONROY-TULLY
WALKER**

Portland | South Portland
207-773-6511
www.ConroyTullyWalker.com

Adam and Caitlin Walker and Family



Hear Me Again
Restoring Quality of Life

Affordable Hearing Aids
Randall A. Robinson, BC-HIS

207-309-9001
94 Auburn St., Ste. 201
Portland, ME
www.Hearmeagain.net



WILSON FUNERAL HOME

24 Shaker Rd., Gray ME **657-3204**
Family owned since 1927

JASON WILSON, MSB, AB
MICHAEL RYAN-MATTHEW CARROLL - ERNIE PINKHAM - FUNERAL ATTENDANTS
We offer Traditional Funerals, Memorials, and Graveside services with either cremation or earth burial options.

Elder Law Nale & Nale Law Offices

**Estate Planning and Asset Preservation:
Planning, protecting and
preserving your estate**

Member of the National Academy of Elder Law Attorneys (NAELA)

Tracy Nale Sewall, Esq

121 Main Street, Yarmouth, ME • 207-873-5171



LET'S GROW YOUR BUSINESS
Place Your Ad Here and Support Our Parish!

CONTACT ME Mac Economy

meconomy@4LPi.com
(800) 477-4574 x6442



A.T. Hutchins

Funeral and Cremation Services

660 Brighton Avenue, Portland, Maine 04102
(207) 878-3246

Our Family Caring for the Community Serve

www.athutchins.com

PINELAND
FAMILY DENTISTRY

GREGORY L. GODING, DMD
49 Farm View Drive, Suite 303
New Gloucester, ME 04260
688-4640
www.pinelanddentistry.com

SCOTT DUGAS
Trucking and Excavating Inc.

Site Work for New Homes and Septic Systems and Commercial Site Work
Sewer Hookups • Water Lines • Roadways • Driveways
GUARANTEED WORK – FREE ESTIMATES

387 East Elm Street, Yarmouth • **846-9917**
– 43 YEARS OF DEPENDABLE SERVICE –
www.scottdugas.com

Mullaney & Co.

- Carpentry • Woodworking • Remodeling
- Handyman Services • Installations • Repair Work

Peter Mullaney- Parishioner

Falmouth ME
207-797-9020

mullo4@maine.rr.com



PASSIONATE REALTOR
LIFELONG MAINER



**MARY
CONROY** | **portside**
REAL ESTATE GROUP

207.899.6605

MARY@PORTSIDEREG.COM
WWW.MARYCONROYREALTOR.COM

George Hildreth's

**YARMOUTH
SUNOCO
AUTO CARE**

846-3316

Family Owned and Operated



BRUNO'S
PASTA COMPANY



THE HERITAGE CO.
Specializing in Historic and
Architectural Restorations

207-247-5372 East Waterboro, ME
WWW.HERITAGECOMPANYLLC.COM

Always Fresh, Made from Scratch Dinner
the whole family will *love*

MADE IN PORTLAND ME

Available in the freezer section of
Hannaford, Bow St Market,
Rosemont Market,
Town Landing Market



Parish Information ~ Celebrating the Sacraments

OUR PRIESTS AND DEACON



Pastor:
Fr. Steven Cartwright



Parochial Vicar:
Fr. Peter Kaseta, O.F.M. Cap.



Parochial Vicar:
Fr. Paul Marquis



Senior Deacon:
Dennis Popadak

OUR FAITH FORMATION AND ADMINISTRATIVE STAFF



Business
Coordinator:
Nicole Clavette



Bookkeeper:
Terrie Casavant



Director of Pastoral
& Liturgical Life:
Regina Prince



Handyman:
Dave Therrien



Facilities
Maintenance
Manager:
Steve Tuttle



Director of
Communications
& Technology:
Joyce Hale



Director of
Faith Formation:
Joe Moreshead



Coordinator of
Sacraments:
Kim Lovett



Coordinator of
Family Life:
Kalee Gwarjanski



Faith Formation
Assistant: Kate
McGrath Holmquist



Facilities
Maintenance
Technician:
Chip Metevier



Director of
Sacred Music:
Jen Runge

Our Mission

We are the Parish of the Holy Eucharist, a Catholic community called to discipleship, seeking deeper communion with God, each other, and our neighbors by celebrating the Sacraments, sharing God's Word, and serving all in need.

Our Churches

Holy Martyrs: 266 Foreside Road, Falmouth

Sacred Heart: 326 Main Street, Yarmouth

St. Gregory the Great: 24 N. Raymond Road, Gray

St. Jude: 134 Main Street, Freeport

Our Parish Office

Address:

Parish of the Holy Eucharist
266 Foreside Road
Falmouth, ME 04105

Phone: (207) 847-6890

E-mail: pothe@portlanddiocese.org

Website: pothe.org

Our Cemetery

Holy Cross Cemetery

75 Smith Street, Yarmouth
Contact Michele at (207) 773-5796

Our Eucharistic Adoration Schedule

Monday:

12:00 pm - 8:00 pm Holy Martyrs (except holidays)

Friday:

8:30 am - 9:30 am St. Gregory the Great

3:00 pm - 6:00 pm St. Jude

Saturday:

8:45 am - 9:45 am Sacred Heart

Our Confession Schedule

Saturday:

8:00 am Holy Martyrs, 1st Saturday of the month

8:45-9:45 am Sacred Heart

2:30-3:30 pm Sacred Heart, St. Gregory the Great,
and Holy Martyrs

Or by appointment

Our Mass Schedule

Sunday Masses

Saturday (Anticipatory):

4:00 pm Holy Martyrs

4:00 pm St. Gregory the Great

4:00 pm Sacred Heart

Sunday:

8:00 am Sacred Heart

8:30 am Holy Martyrs

8:30 am St. Gregory the Great

9:30 am St. Jude

10:30 am Holy Martyrs

11:00 am Sacred Heart

5:30 pm Holy Martyrs (quiet Mass)

BULLETIN SUBMISSIONS:

Items are due 10 days prior to
publication. Submit to
pothe@portlanddiocese.org.

Daily Masses

Monday:

7:30 am Holy Martyrs

8:00 am Sacred Heart

12:15 pm Saint Jude

Tuesday:

7:30 am Holy Martyrs

Wednesday:

7:30 am Holy Martyrs

Thursday:

8:00 am Sacred Heart

Friday:

7:30 am Holy Martyrs

8:00 am St. Gregory the Great

Saturday:

8:15 am Sacred Heart

9:00 am Holy Martyrs 1st Sat.

Sacramental and Pastoral Care

Becoming Catholic: Please contact

pothe.faithformation@portlanddiocese.org

Sacrament of the Anointing of the Sick: Please call the parish office with the name, condition, address, and phone number of the person who is in need. **If calling after hours**, when voicemail message begins, press 7 to leave a message for the on-call priest.

Communion to the Homebound: Please email Kim Lovett,
kim.lovett@portlanddiocese.org.

Sacrament of Baptism for Infants: Please contact our parish office as soon as your child is born.

Sacrament of Matrimony: Please contact the parish office at least 6 months in advance of the desired date of your wedding.

Making Funeral Arrangements: Please contact the funeral home, and they will assist you in making arrangements for the church.