

Sunday,
September 8,
2024

PARISH OF THE HOLY EUCHARIST



SAVE THE DATE!

Blessing of the Animals
October 5

St. Gregory the Great,
9:30 am

Sacred Heart,
10:30 am



23RD SUNDAY IN ORDINARY TIME

"He ordered them not to tell anyone. But the more he ordered them not to, the more they proclaimed it. They were exceedingly astonished and they said, 'He has done all things well.

He makes the deaf hear and the mute speak.'" -Mk 7: 36-37

Parish Picnic Success!

Avery takes her
turn dunking our
Pastor!

More details on p. 3



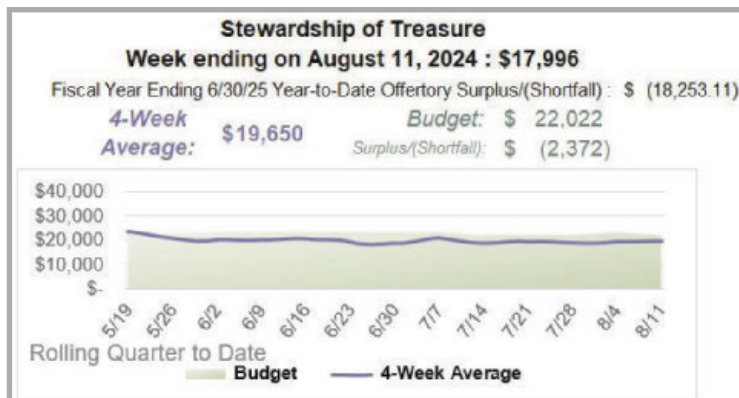
Parish Calendar ~ This Week and Upcoming

Saturday	Sunday	Monday	Tuesday	Wednesday
7 Memorial of the Blessed Virgin Mary That Man is You 7:00 am <i>Sacred Heart</i> First Saturday Confession & Rosary 8:00 am <i>Holy Martyrs</i> Eucharistic Adoration & Confession 8:45 - 9:45 am <i>Sacred Heart</i> Latin Mass 9:00 am <i>Holy Martyrs</i>	8 23rd Sunday of Ordinary Time (External Solemnity of St. Gregory the Great) Choir Rehearsal 8:00 am <i>St. Jude</i> FIRE 8:30 - 11:30 am <i>Holy Martyrs</i> Catechesis of the Good Shepherd 9:30 - 11:00 am <i>Holy Martyrs</i> ACTS Summer Picnic 12:00 - 4:00 pm <i>St. Gregory the Great</i> Connected Catholics 2:00 pm <i>Holy Martyrs</i> Calix 7:00 pm <i>Holy Martyrs</i>	9 St. Peter Claver AA Meeting 10:30 am <i>St. Gregory the Great</i> Eucharistic Adoration 12:00 - 8:00 pm <i>Holy Martyrs</i> Cub Scouts Meeting 5:30 pm Boy Scouts Meeting 6:30 pm <i>Sacred Heart</i> God, Love & Marriage Grades 6 - 8 6:30 pm Grades 9 - 12 7:30 pm <i>Holy Martyrs</i>	10 Centering Prayer Group 9:30 am <i>Holy Martyrs</i> Friends in Faith 10:30 am <i>Holy Martyrs</i> ACTS Women's Retreat Team Meeting 6:00 pm <i>Holy Martyrs</i> God, Love & Marriage Grades 6 - 8 6:30 pm Grades 9 - 12 7:30 pm <i>Holy Martyrs</i>	11 ACTS Core Meeting 6:00 pm <i>Holy Martyrs</i> Troops of St. George 6:00 pm <i>St. Gregory the Great</i> God, Love & Marriage Grades 6 - 8 6:30 pm Grades 9 - 12 7:30 pm <i>Holy Martyrs</i> Choir Rehearsal 7:00 pm <i>St. Gregory the Great</i>
Thursday		Friday	Saturday	Sunday
12 The Most Holy Name of Mary Meals on Wheels 8:00 am <i>Holy Martyrs</i> Social Justice Committee Meeting 6:00 pm <i>Sacred Heart</i> Boy Scouts Troop Leader Meeting 6:30 pm <i>Sacred Heart</i>		13 St. John Chrysostom Eucharistic Adoration 8:30 - 9:30 am <i>St. Gregory the Great</i> 3:00 - 6:00 pm <i>St. Jude</i> AA Meeting 7:00 pm <i>Sacred Heart</i>	14 Exaltation of the Holy Cross That Man is You 7:00 am <i>Sacred Heart</i> Eucharistic Adoration & Confession 8:45 - 9:45 am <i>Sacred Heart</i>	15 24th Sunday of Ordinary Time Choir Rehearsal 8:00 am <i>St. Jude</i> FLAME 8:30 - 11:30 am <i>Holy Martyrs</i> Michelle & Chris Netherland's Sacraments 11:00 am <i>Sacred Heart</i> The Oratory 5:00 pm <i>Sacred Heart</i>

Mass Intentions for September 7 - September 15

Saturday, September 7 8:15 am SH Fr. M † Deceased family of David & Renee Daniels 9:00 am HM Fr. C † Sandy Coleman by the Fallon family 4:00 pm HM Fr. C † Dorothy & Donald Fredriksen by their family 4:00 pm SGTG Fr. K † Doris Mathew by Joseph Mathew & family 4:00 pm SH Fr. M † Michael Kostin by the Kostin family Sunday, September 8 8:00 am SH Fr. M † Fr. Bud Welsh by Catherine M. 8:30 am HM Fr. C † Julia Glynn by Helen Stanbro 8:30 am SGTG Fr. K † Audrey Burns by the Nicak family 9:30 am SJ Fr. M † Mark Francis Bastey by Megan Bastey 10:30 am HM Fr. C † Deceased family of Thomas & Elizabeth Griffin 11:00 am SH Fr. K † Signa Milliken by James & Gail O'Connell 5:30 pm HM Fr. C * All POTHE Parishioners Monday, September 9 7:30 am HM Fr. K † Connie Sweetser by a friend 8:00 am SH Fr. M * Special Intention for Edward Hartnett by Dolores Hartnett 12:15 pm SJ Fr. C * Children & Teens of POTHE by POTHE Faith Formation Tuesday, September 10 7:30 am HM Fr. C † Albert Centrella by Joanne Van Loenan	Wednesday, September 11 7:30 am HM Fr. C * Michael R. Dilworth by Edward & Susan Dilworth Thursday, September 12 8:00 am SH Fr. K † Bill Hughes by Lewanne Hughes Friday, September 13 7:30 am HM Fr. K † Tom Stanford by the Jordan family 8:00 am SGTG Fr. C † Marie & Sam Tucker by Cindy & Steve Carrier Saturday, September 14 8:15 am SH Fr. M † Ruby & Norman Spooner by their family 4:00 pm HM Fr. M † William Sweeney, MD by Kim & Chris Kralik 4:00 pm SGTG VP † James Vallee by Theresa Rouleau 4:00 pm SH Fr. K † Ian Keith by his grandparents, Mary & Bill Keith Sunday, September 15 8:00 am SH Fr. K † Annie Sellick by Ian Sellick 8:30 am HM Fr. M † Christina Mortimer by Charlotte O'Donovan 8:30 am SGTG VP † Joel R. York by Rose York 9:30 am SJ Fr. K † William Comstock by Gretchen Sayward 10:30 am HM Fr. M † Dorothy McGurk by Agnes LaStoria 11:00 am SH VP * All POTHE Parishioners 5:30 pm HM Fr. M † Gabriel Tchatat by Solange Tchatat NH—Nursing Home VP—Visiting Priest * Special Intention † Deceased
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Called to Discipleship ~ Through Stewardship and Service



UPCOMING SECOND COLLECTIONS

September 8—Catholic University of America: Since 1903, the National Collection – the only nationwide second collection taken for higher education in the U.S. – has been a critical source of funding for Catholic University. Thanks to the collection, the University has been able to educate thousands of young minds in both faith and reason, while upholding the highest standards of education and conducting critical research to serve dioceses, parishes, and pastors throughout our country.

September 15—Faith Formation Programming: This collection supports the Faith Formation department in hosting and participating in community/family-friendly events, providing supplementary books, and hosting dinners for the Oratory class (middle and high school).

SENIOR LUNCHEONS RESUME: After breaking for the summer, Senior Luncheons resume the third Thursdays of the month at Sacred Heart, beginning with fellowship at 11:30 and lunch served at noon. Our fall kick-off luncheon will be held September 19. Bring a friend! FMI or transportation help, Kim Lovett, kim.lovett@portlanddiocese.org, (207) 553-7042.



KNIGHTS OF COLUMBUS NEWS:

Tour of the ABBA Center—Council Brothers and Parishioners, your Parish of the Holy Eucharist Knights will be taking a tour of the ABBA Center at 1250 Forest Avenue, 2nd floor, Portland, on September 12 at 5:30 pm. If you are interested in joining us, please RSVP to our parish office, (207) 847-6890 or pothe@portlanddiocese.org.



Meet and Greet Session #2—On Sunday, September 22, your Knights will host a meet and greet session at Sacred Heart hall from 1-3 pm. Refreshments will be served. Please consider coming to talk with your Parish Knights of Columbus Order.

Sept. Knight of the Month

Guard Charles Thurston

Sept. Family of the Month

Trustee Brother Donald Talbot and Wife

Welcome, Visitors!

Want to participate in our Offertory collection? If you'd like to make your offering online, please scan the QR code.



PARISH PICNIC—THANK YOU! Our 2024 Parish Picnic was a huge success! Thank you to all who showed up, brought food, and volunteered for various tasks. A special thank you to our Boy Scouts who brought games and handed out name tags. Last, but certainly not least, we can never pull this picnic off without the help of our Knights of Columbus who raked pine needles, brought and placed tables, cooked and served food. We hope everyone enjoyed our new picnic event "Dunk the Pastor!" He seemed to have enjoyed it as much as we did!



CALL FOR NEW CHOIR MEMBERS! Music ministry at POTHE provides beauty, joy, comfort, inspiration, and musical prayer for our liturgies and various parish celebrations. This is possible due to the generous sharing of time and talent of diverse and committed members. If you can carry a tune and want to learn, come sing with us! Rehearsals resume in earnest in September, making now the perfect time to reach out to the Music Ministers at each church: **Holy Martyrs**—Liam Scott, **St. Jude**—Duncan McFarland, **St. Gregory the Great**—Dave Bartoletti or Chip Carney, **Sacred Heart**—Ron Siviski or Jen Runge. FMI or to express interest, visit www.pothe.org/sacredmusic or call Jen Runge, (207) 847-6884.



ST. VINCENT DE PAUL CLOTHING NEEDS: We continue to need men's and women's clothing for our clients who visit the Soup Kitchen. **At this time, we are only accepting lightweight, casual clothing.** As always, please donate items that are in good, clean condition. We have blue bins to collect donations at Holy Martyrs between the narthex and the parish hall, in the back of Sacred Heart, and at the back of St. Gregory the Great! Thank you to all of our volunteers who support St. Vincent de Paul Mission. FMI: Evelyn, (207) 447-1086.



SOUP KITCHEN NEEDS VOLUNTEERS: The St. Vincent DePaul Soup Kitchen is open weekdays from 7:30 am to 1 pm. We are in need of volunteers to join our dedicated team on Tuesdays. Please consider sharing your time with those in need by volunteering for any of the Soup Kitchen's open hours. Thank you for your help! FMI, contact Jeanne at (774) 354-3334.



Sharing God's Word ~ Through Pastoral Life and Ministry

MAKING MUSIC, PRAYING TWICE OUTDOORS IN

OCTOBER: Designed for babies, toddlers, and preschoolers together with moms and dads, you will move and groove to upbeat songs tied to the liturgical church year. Bring your own batch of instruments to "play" with, a blanket to sit on, or use ours! **Classes begin Friday, October 4, 10:30 am in the Mary Garden at Holy Martyrs.** FMI and to register, visit pothe.org/makingmusic or call Jen Runge, (207) 847-6884.



WHAT IS AN ACTS RETREAT? An ACTS Retreat is a 3-day, 3-night, retreat offering parishioners the chance to experience the love of Jesus Christ in a profound way. ACTS Retreats are given by parishioners for fellow parishioners and build Christian community within the parish. The weekend is an opportunity to strengthen your faith, renew yourself spiritually, and create strong friendships. ACTS stands for: Adoration and prayer; Community, awareness of one's identity as a member of the Body of Christ; Theology, encouraging study of our faith and God's Word; and promoting the virtue of Service to Our Lord and one another. The ACTS Ministry is active at parishes across Maine; this retreat is a collaboration between POTHE and Our Lady of Hope Parish in Portland. Our Women's Retreat will be held Thursday evening, November 7 to Sunday morning, November 10, at a lakeside retreat center in Winthrop. Retreat cost is \$195. Scholarship funds are available. Travel to retreat and all meals are included. FMI and to register, visit <https://pothe.org/acts-retreat>, or contact Cubby at (207) 577-7532. You may also use the paper registration form that can be found in the back of our churches, and drop it off at the POTHE parish office.



Do you have questions about

Marriage Annulments

in the Catholic Church?



TRIBUNAL PRESENTATION ON ANNULMENTS: The bond of marriage is unbreakable, according to Our Lord, "if it is lawful." But some marriages lack the necessary knowledge or consent to make those vows valid. When this happens, a member of the faithful can ask the Church to investigate and declare whether or not those vows really were valid and binding. When the Church finds they were not, these are called "declarations of nullity" or annulments. If you are divorced and remarried, are in an irregular marital situation, or have questions about the validity of a previous marriage, this is a great opportunity to learn more about ways of moving forward. Representatives from the Marriage Tribunal of the Diocese of Portland will offer this presentation on Tuesday, September 17 at 6 pm in the hall at Sacred Heart.

PRAYER CORNER

APOSTOLATE OF PRAYER FOR PRIESTS

Saturday, September 7	V. Rev. Richard C Malo Rev. Nathan D. March
Sunday, September 8	Bishop Emeritus Robert P. Deeley, JCD
Monday, September 9	Rev. Robert C. Vaillancourt Rev. Dae J. Philip J. Clement
Tuesday, September 10	Rev. Algirdas Malakauskis, OFM Rev. Alexander Boucher
Wednesday, September 11	Rev. Apolinary Kavishe, AJ Rev. Thomas Lequin
Thursday, September 12	Rev. Philip A. Tracy Rev. Cyprian Tatah Ferdzefer
Friday, September 13	Rev. Arockisamy Santhiyagu HGN Rev. Patrick Machayi, SMA
Saturday, September 14	Rev. Kevin J.T. Martin Rev. Antonio A. Amato
Sunday, September 15	V.Rev. Louis J. Phillips Rev. Thanh Van Nguyen

WHY WE ASK FOR PRAYERS: We know God hears all our prayers. Many of us have known the power of His answers. As a faith community, we are called to pray for each other, which is why we publish a list of people in need of healing in the bulletin. Please call our parish office at (207) 847-6890 to include yourself on the list. If you want to add someone else, please ask permission from that person first.

PLEASE PRAY FOR OUR SEMINARIANS: Vin Nguyen, Ezekiel Banla, Evans B. Yongyee, Joseph Beale, Nick Hershbine, **Deacons:** Erin Donlon, Thanh Duc Pham, Hoa Tien Nguyen.

LET US KEEP THE KNIGHTS OF COLUMBUS AND FAMILY IN OUR PRAYERS: Brother Chip Metevier; Laurene, wife of Brother Dennis Dempsey; Nancy, wife of Brother John Walkenford; Brother Gerald Bose; Brother Charles Thurston; Luke Roy, son of Brother Mark Roy; Art Crowley, brother of Brother Mike Crowley; Brother Manen Clements and wife Pat; Brother James King; Cindy Carrier, wife of Brother Steve Carrier; Jeanne Madden, wife of Brother Chris Madden; Brother Paul Tracy.

PLEASE KEEP IN HEALING PRAYER: Marianne McNally-Purda, Gretchen Sayward, Edward Hartnett, Joe Becker, Kalee Gwarjanski, Peter Allen Longley, Marie McCann, Dolores Hartnett, Keith Stackpole, Charlie Pinette, Ann Marie Branigan, Ryan Holden, Denise Tibbetts, Bob Pigeon, Nancy Crouch, Doris Charest, Charlie Miller, Jack Laibinis, Sr, Tiffany Eaton, Gilman Michaud, Kelly Dupont, Jean Bissonnette.

Sharing God's Word ~ Through Faith Formation and Pastoral Life

FROM OUR DIRECTOR OF FAITH FORMATION

SANCTIFYING GRACE: DRESSING FOR THE WEDDING FEAST

Sanctifying grace is one of those concepts that I was never formally taught about either in CCD or while in seminary. I knew it was a thing because of political controversies about receiving Communion in a state of grace. This allowed me to piece together some kind of picture, but it left a lot of questions as to what grace was and what it did for my soul. I suspect there are more than a few people in a similar position, so I thought it was worth writing about.

In a nutshell, grace is help, given to us by God, to assist us on our way to heaven. There are two chief kinds of grace: actual grace and sanctifying grace. Actual grace are those nudges (sometimes not so subtle) that get you back on the straight and narrow. These are supernatural interventions that bring people to faith, hope, and charity. It's that kind of grace that the hymn, "Amazing Grace" is referring to.

Sanctifying grace is different. It acts on our soul and makes our souls holy and pleasing to God. When you have sanctifying grace in your soul, you can go to heaven. Without it, your soul is lost. Baptism and confession give sanctifying grace to a soul without it. Holy Communion, Confirmation, Anointing, Marriage, and Holy Orders increase sanctifying grace in souls that already have it.

I find this distinction between restoring a soul to grace and increasing grace a little difficult to explain for some reason, so I thought an analogy might be helpful. Recall Our Lord's parable of the wedding feast. The king has sent out his servants to the highways and byways to invite anyone and everyone to the wedding feast (i.e., heaven). However, one man arrives not dressed in a wedding garment. He is promptly thrown out of the feast into the darkness. A soul not clothed in sanctifying grace is like a person at a wedding feast not dressed for the occasion: that soul will not be allowed in.

To understand this better, I'm going to flesh this out using modern social standards for wedding attire. A soul not in a state of grace is like a guy who shows up to a wedding in a T shirt and gym shorts, having not shaved, showered, or brushed his teeth for weeks. He's just not appropriately dressed for the occasion. If he showed up like that, he would be asked to leave. Now, imagine this same man (having all the odors and scruff mentioned before) decided to shower and put on a collared shirt before going to the wedding. He may not look stunning, but he'd be allowed in. This is what Confession does for our souls: it cleans our souls up to the degree where we're at least allowed into the wedding banquet of heaven. Finally, imagine the same man looking around at the others at the wedding banquet and deciding to spiff up even more. He gets a haircut, trims his beard, rents a tux, and shows up dressed to the nines. That's what we mean by an increase in sanctifying grace. We were dressed before, but by God's grace, we are polished up and made even more radiant.

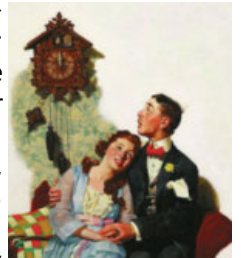
—Joe Moreshead

CATHOLICISM 101—CHURCH HISTORY: Following up on last year's survey of the faith, Joe Moreshead will be offering a survey of Church history over the next two years. During the fall session, beginning October 4, we will discuss major events in the life of the Church from the Ascension of Our Lord through the High Middle Ages. During the winter session, we will cover the Renaissance through the early Reformation. Classes will take place weekly at the following times: Fridays at 6:05 pm at St. Jude, Saturdays at 5:15 pm at St. Gregory, Tuesdays at 9 am at Sacred Heart, and Tuesdays at 7 pm at Holy Martyrs (livestreamed). The first class is titled, *The Church under the Roman Empire* (33 AD-314 AD). FMI and to sign up for email reminders, visit pothe.org/catholicism101.



NOW AVAILABLE ON DEMAND! CATHOLICISM 101—THE CATECHISM: If you missed last year's year-long survey course of our Catholic Faith, you can now watch them online at your own pace. Visit pothe.org/catholicism101.

GOD, LOVE, AND MARRIAGE—EVERYTHING YOU NEED TO KNOW BEFORE YOU START DATING: Once again, Joe Moreshead and Kalee Gwarjanski will be teaching a week-long course for teens on love, relationships, and where God fits into it all. The course runs for four nights in a row beginning on **Monday, September 9 through Thursday, September 12. Students in grades 6-8 meet 6:30-7:30 pm. Students in grades 9-12 meet 7:30-8:30 pm.** We'll cover why God gave us these feelings to begin with, what our moral responsibilities are, how to date, and how marriage and family life work. FMI and to sign up, contact Joe Moreshead, pothe.faithformation@portlanddiocese.org.



BECOMING CATHOLIC FOR TEENS: This class is for teens who are not baptized or would like to become Catholic. Classes will be offered on Wednesday nights, 6:30-7:30 pm at Sacred Heart church, in three sessions during the year, leading up to Easter. FMI, contact Joe Moreshead at pothe.faithformation@portlanddiocese.org. If you're not sure what to say, type Teen OCIA in the subject line, send the email, and we can go from there.



POTHE CHALICE PROGRAM: Attention all families! We invite you to join us in praying for our priests and seminarians in the diocese of Portland. Each family can sign up to take a chalice to display in their home for a week. Over the course of the week, your family gathers each day to pray together for priests and to read about one of our local priest heroes. To sign up for a week or FMI, visit, pothe.org/chaliceprogram.





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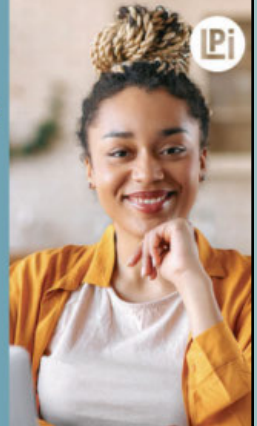
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Parish Information ~ Celebrating the Sacraments

OUR PRIESTS AND DEACON



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Fr. Steven Cartwright



Parochial Vicar:
Fr. Peter Kaseta, O.F.M. Cap.



Parochial Vicar:
Fr. Paul Marquis



Senior Deacon:
Dennis Popadak

OUR FAITH FORMATION AND ADMINISTRATIVE STAFF



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Nicole Clavette



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Director of Pastoral
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Regina Prince



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Director of
Faith Formation:
Joe Moreshead



Coordinator of
Sacraments:
Kim Lovett



Coordinator of
Family Life:
Kalee Gwarjanski



Faith Formation
Assistant: Kate
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Chip Metevier



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Jen Runge

Our Mission

We are the Parish of the Holy Eucharist, a Catholic community called to discipleship, seeking deeper communion with God, each other, and our neighbors by celebrating the Sacraments, sharing God's Word, and serving all in need.

Our Churches

Holy Martyrs: 266 Foreside Road, Falmouth

Sacred Heart: 326 Main Street, Yarmouth

St. Gregory the Great: 24 N. Raymond Road, Gray

St. Jude: 134 Main Street, Freeport

Our Parish Office

Address:

Parish of the Holy Eucharist
266 Foreside Road
Falmouth, ME 04105

Phone: (207) 847-6890

E-mail: pothe@portlanddiocese.org

Website: pothe.org

Our Cemetery

Holy Cross Cemetery

75 Smith Street, Yarmouth
Contact Michele at (207) 773-5796

Our Eucharistic Adoration Schedule

Monday:

12:00 pm - 8:00 pm Holy Martyrs (except holidays)

Friday:

8:30 am - 9:30 am St. Gregory the Great

3:00 pm - 6:00 pm St. Jude

Saturday:

8:45 am - 9:45 am Sacred Heart

Our Confession Schedule

Saturday:

8:00 am Holy Martyrs, 1st Saturday of the month

8:45-9:45 am Sacred Heart

2:30-3:30 pm Sacred Heart, St. Gregory the Great,
and Holy Martyrs

Or by appointment

Our Mass Schedule

Sunday Masses

Saturday (Anticipatory):

4:00 pm Holy Martyrs

4:00 pm St. Gregory the Great

4:00 pm Sacred Heart

Sunday:

8:00 am Sacred Heart

8:30 am Holy Martyrs

8:30 am St. Gregory the Great

9:30 am St. Jude

10:30 am Holy Martyrs

11:00 am Sacred Heart

5:30 pm Holy Martyrs (quiet Mass)

BULLETIN SUBMISSIONS:

Items are due 10 days prior to
publication. Submit to
pothe@portlanddiocese.org.

Daily Masses

Monday:

7:30 am Holy Martyrs

8:00 am Sacred Heart

12:15 pm Saint Jude

Tuesday:

7:30 am Holy Martyrs

Wednesday:

7:30 am Holy Martyrs

Thursday:

8:00 am Sacred Heart

Friday:

7:30 am Holy Martyrs

8:00 am St. Gregory the Great

Saturday:

8:15 am Sacred Heart

9:00 am Holy Martyrs 1st Sat.
of the month

Sacramental and Pastoral Care

Becoming Catholic: Please contact

pothe.faithformation@portlanddiocese.org

Sacrament of the Anointing of the Sick: Please call the parish office with the name, condition, address, and phone number of the person who is in need. **If calling after hours**, when voicemail message begins, press 7 to leave a message for the on-call priest.

Communion to the Homebound: Please email Kim Lovett,
kim.lovett@portlanddiocese.org.

Sacrament of Baptism for Infants: Please contact our parish office as soon as your child is born.

Sacrament of Matrimony: Please contact the parish office at least 6 months in advance of the desired date of your wedding.

Making Funeral Arrangements: Please contact the funeral home, and they will assist you in making arrangements for the church.