

Sunday,
September 15,
2024

PARISH OF THE HOLY EUCHARIST



FR. RALE 300TH ANNIVERSARY PILGRIMAGE



August 23, 2024, marked the 300th Anniversary of the death of Fr. Rale, an important figure in bringing Catholicism to Maine. Several of our altar servers journeyed on the pilgrimage.

Read more on p. 5.



24TH SUNDAY IN ORDINARY TIME

"For whoever wishes to save his life will lose it,
but whoever loses his life for My sake
and that of the Gospel will save it." -Mk 8: 35

Catechesis of the Good Shepherd For ages 3-6

Taught by Kate McGrath-Holmquist, CGS Certified Teacher, the class uses Montessori-style teaching strategies to introduce essential elements of the Catholic faith. Classes meet twice a month on Sunday mornings at Holy Martyrs following the 8:30 am Mass. Our next class is September 22. It's not too late to sign up here: www.pothe.org/cgs.



CATECHESIS of the GOOD SHEPHERD

Parish Calendar ~ This Week and Upcoming

Saturday	Sunday	Monday	Tuesday
14 Exaltation of the Holy Cross That Man is You 7:00 am <i>Sacred Heart</i> Eucharistic Adoration & Confession 8:45 - 9:45 am <i>Sacred Heart</i>	15 24 th Sunday of Ordinary Time Choir Rehearsal 8:00 am <i>St. Jude</i> FLAME 9:30 am <i>Sacred Heart</i> Michelle & Chris Netherland's Sacraments 11:00 am <i>Sacred Heart</i> The Oratory 5:00 pm <i>Sacred Heart</i> Calix 7:00 pm <i>Holy Martyrs</i>	16 Sts. Cornelius & Cyprian AA Meeting 10:30 am <i>St. Gregory the Great</i> Eucharistic Adoration 12:00 - 8:00 pm <i>Holy Martyrs</i> Cub Scouts Meeting 5:30 pm Boy Scouts Meeting 6:30 pm <i>Sacred Heart</i> OCIA 6:30 pm <i>Holy Martyrs</i>	17 Sts. Hildegard of Bingen and Robert Bellarmine Centering Prayer Group 9:30 am <i>Holy Martyrs</i> Catholic Homeschoolers 10:00 am <i>Holy Martyrs</i> Friends in Faith 10:30 am <i>Holy Martyrs</i> FLAME 4:00 pm <i>Sacred Heart</i> ACTS Women's Retreat Team Meeting 6:00 pm <i>Holy Martyrs</i> Tribunal Presentation on Declarations of Nullity 6:00 pm <i>Sacred Heart</i>
Wednesday	Thursday	Friday / Saturday	Sunday
18 Choir Rehearsal 4:45 pm <i>Sacred Heart</i> 7:00 pm <i>St. Gregory the Great</i> 4th Degree Knights 6:00 pm <i>St. Gregory the Great</i> ACTS Faith Sharing 6:30 pm <i>Holy Martyrs</i> Together w/ Alzheimer's 7:00 pm <i>Sacred Heart</i>	19 St. Januarius Meals on Wheels 8:00 am <i>Holy Martyrs</i> Senior Luncheon 12:00 - 2:30 pm <i>Sacred Heart</i> AA & Al-Anon Meetings 7:00 pm <i>St. Gregory the Great</i>	20 Sts. Andrew Kim Taejon, Paul Chong Hasang, & companions Eucharistic Adoration 8:30 - 9:30 am <i>St. Gregory the Great</i> 3:00 - 6:00 pm <i>St. Jude</i> AA Meeting 7:00 pm <i>Sacred Heart</i> 21 St. Matthew Eucharistic Adoration & Confession 8:45 - 9:45 am <i>Sacred Heart</i> Boulet/Sheridan Wedding 1:00 pm <i>St. Gregory the Great</i>	22 25 th Sunday of Ordinary Time Choir Rehearsal 8:00 am <i>St. Jude</i> FLAME 9:30 am <i>Sacred Heart</i> Catechesis of the Good Shepherd 9:30 am <i>Holy Martyrs</i> Joseph Stone's Baptism (during Mass) 10:30 am <i>Holy Martyrs</i> KoC "Meet & Greet" 1:00 - 3:00 pm <i>Sacred Heart</i> The Oratory 5:00 pm <i>Sacred Heart</i> Calix 7:00 pm <i>Holy Martyrs</i>

Mass Intentions for September 14 - September 22

Saturday, September 14 8:15 am SH Fr. M †Ruby & Norman Spooner by their family 4:00 pm HM Fr. M †William Sweeney, MD by Kim & Chris Kralik 4:00 pm SGTG VP †James Vallee by Theresa Rouleau 4:00 pm SH Fr. K †Ian Keith by Mary & Bill Keith Sunday, September 15 8:00 am SH Fr. K †Annie Sellick by Ian Sellick 8:30 am HM Fr. M †Christina Mortimer by Charlotte O'Donovan 8:30 am SGTG VP †Joel R. York by Rose York 9:30 am SJ Fr. K †William Comstock by Gretchen Sayward 10:30 am HM Fr. M †Dorothy McGurk by Agnes LaStoria 11:00 am SH Fr. C *All POTHE Parishioners 5:30 pm HM Fr. M †Gabriel Tchatat by Solange Tchatat Monday, September 16 7:30 am HM Fr. K †Deceased members of the Hahn & Rimkunas families by Dolores Rimkunas 8:00 am SH Fr. M †Robert & Cynthia Hoehl by the Kostin family 12:15 pm SJ Fr. C †Deacon Tom Ford by Deacon Dennis & Bev Popadak Tuesday, September 17 7:30 am HM Fr. C *Special Intention for Gabriella by her grandparents 10:00 am NH Fr. M *Intentions of the Coastal Manor Residents	Wednesday, September 18 7:30 am HM Fr. K †Norman & Yolande Roy by Michael & Theresa Beaulieu Thursday, September 19 8:00 am SH Fr. K †Deceased family & friends of Sally & Stephen Hunt Friday, September 20 7:30 am HM Fr. K †James Gorman Sr. by Maureen Gorman 8:00 am SGTG Fr. C †Deceased members of the Kimm & Gailbraith families Saturday, September 21 8:15 am SH Fr. M †George Rodrigues Sr. by the Rodrigues family 4:00 pm HM Fr. K †Robert & Rose Dyk by Trish Dyk 4:00 pm SGTG Fr. M †Doris Mathew by Mark & Cynthia Junco 4:00 pm SH Fr. C †Ann Marie Sitzmann by the Sitzmann family Sunday, September 22 8:00 am SH VP †Edward & Connie Ryan by the Ryan-Ertz family 8:30 am HM Fr. K †Ronald Mayers by Margaret Mayers 8:30 am SGTG Fr. M †Doris & Joseph Murphy by the Fuller family 9:30 am SJ VP *All POTHE Parishioners 10:30 am HM Fr. K †Susan Keeley by the Boulos family 11:00 am SH Fr. M †Norman Moreau by Caroline Nguemba Tagne 5:30 pm HM Fr. K †Kathy Albert by her family NH—Nursing Home VP—Visiting Priest *Special Intention †Deceased
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Called to Discipleship ~ Through Stewardship and Service



UPCOMING SECOND COLLECTIONS

September 15—Faith Formation Programming: This collection supports the Faith Formation department in hosting and participating in community/family-friendly events, providing supplementary books, and hosting dinners for the Oratory class (middle and high school).

October 6—Catastrophe Assistance: Details coming soon.

THANK YOU! FROM YARMOUTH FOOD PANTRY: Thank you for Sacred Heart's support of the Yarmouth Community Food Pantry. Through your generous donations, we collected over 150 lbs. of toothpaste, toothbrushes, bar soap, body wash, shampoo, conditioner, deodorant and hand soap through our **Summerstock the Pantry** drive for the month of August. As you know, toiletries are incredibly expensive and most cannot be purchased with SNAP benefits. Through Sacred Heart's compassionate 'yes' to this call, we will be able to help the 79 families we currently serve, meet their needs. Thank you for your partnership! -Michelle Hayes, YCFP Food Drive Coordinator



SOUP KITCHEN NEEDS VOLUNTEERS: The St. Vincent DePaul Soup Kitchen is open weekdays from 7:30 am to 1 pm. We are in need of volunteers to join our dedicated team on Tuesdays. Please consider sharing your time with those in need by volunteering for any of the Soup Kitchen's open hours. Thank you for your help! FMI, contact Jeanne at (774) 254-3334. ***Please note corrected phone number!**



ST. VINCENT DE PAUL CLOTHING NEEDS: We continue to need men's and women's clothing for our clients who visit the Soup Kitchen. **At this time, we are only accepting fall, casual clothing, NO SUMMER CLOTHING.** As always, please donate items that are in good, clean condition. We have blue bins to collect donations at Holy Martyrs between the narthex and the parish hall, in the back of Sacred Heart, and at the back of St. Gregory the Great! Thank you to all of our volunteers who support St. Vincent de Paul Mission. FMI: Evelyn, (207) 447-1086.



Welcome, Visitors!

Want to participate in our Offertory collection? If you'd like to make your offering online, please scan the QR code.



SENIOR LUNCHEONS RESUME: After breaking for the summer, Senior Luncheons resume the third Thursdays of the month at Sacred Heart, beginning with fellowship at 11:30 and lunch served at noon. Our fall kick-off luncheon will be held September 19. Bring a friend! FMI or transportation help: Kim Lovett, kim.lovett@portlanddiocese.org, (207) 553-7042.



FRIENDSHIP HOUSE MINISTRY—NEW SCHEDULE!

Beginning this month, we will deliver our Friendship House Meal on the last Tuesday of the month. This means we will deliver on September 24. Please have food and pantry/toiletry donations to Holy Martyrs by 1 pm on **Tuesday, September 24**. FMI, to sign up for email updates, or to volunteer, please contact Regina Prince at our Parish Office, (207) 847-6890, or sign up online, pothe.org/friendship-house.



KNIGHTS OF COLUMBUS NEWS:

Meet and Greet Session #2—On Sunday, September 22, your Knights will host a meet and greet session at Sacred Heart hall from 1-3 pm. Refreshments will be served. Please consider coming to talk with your Parish Knights of Columbus Order.

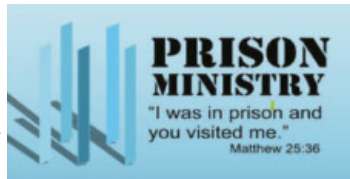


40 DAYS FOR LIFE: If God were to ask, "What did you do about abortion?" ...how would you answer? Through prayer, fasting, and peaceful vigil you can be a light in the darkness and a witness to the sanctity of all human life. **From September 25 to November 3**, faithful believers will unite in Portland to pray for an end to abortion, to give hope to all those who find themselves in a crisis pregnancy, and to offer healing to those who have experienced abortion. **Join us in prayer on the sidewalk 9 am-1 pm daily, Monday through Saturday, outside Planned Parenthood, 443 Congress Street in Portland.** Sign up for a prayer shift: www.40daysforlife.com/portlandme, or contact (207) 613-5910, 40daysportland@gmail.com.

Sharing God's Word ~ Through Pastoral Life and Ministry

PRISONS - A MINISTRY?

Join us for an inspiring witness from Scott Landry, parishioner and Associate Commissioner for the Maine Department of Corrections. He'll discuss some recent reforms at the Bureau of Prisons that have improved life for the inmates and those who work in Maine state prisons. Scott's talk will be followed by a panel discussion about the details of serving in Prison Ministry, featuring parishioners who have ministered to prisoners over the years. We'll gather at 2 pm on Sunday, October 6, at St. Pius X church at 492 Ocean Avenue, Portland. This program is free of charge and sponsored by the POTHE/OLH ACTS Ministry. Please plan to join us! FMI: Tom, (207) 518-9236.



WHAT IS AN ACTS RETREAT? An ACTS Retreat is a 3-day, 3-night parish-based retreat that offers parishioners the opportunity to experience the love of Jesus Christ in a deep, profound way. ACTS Retreats are given by our own lay parishioners for fellow parishioners and serve to build Christian community within our parish. The weekend is an opportunity to strengthen your faith, renew yourself spiritually, and create strong friendships.



Reserve your spot today for this special weekend! Our Women's Retreat will be held Thursday evening, November 7, to Sunday morning, November 10, at a beautiful lakeside retreat center in Winthrop. Retreat cost is \$195. Travel to retreat center and all meals are included. Cost should not be an obstacle; scholarship funds are available. For more information and to register, visit <https://pothe.org/acts-retreat> or contact Cubby at 207-577-7532.



TRIBUNAL PRESENTATION ON ANNULMENTS: The bond of marriage is unbreakable, according to Our Lord, "if it is lawful." But some marriages lack the necessary knowledge or consent to make those vows valid. When this happens, a member of the faithful can ask the Church to investigate and declare whether or not those vows really were valid and binding. When the Church finds they were not, these are called "declarations of nullity" or annulments. If you are divorced and remarried, are in an irregular marital situation, or have questions about the validity of a previous marriage, this is a great opportunity to learn more about ways of moving forward. Representatives from the Marriage Tribunal of the Diocese of Portland will offer this presentation on Tuesday, September 17 at 6 pm in the hall at Sacred Heart.

PRAYER CORNER

APOSTOLATE OF PRAYER FOR PRIESTS

Saturday, September 14	Rev. Kevin J.T. Martin Rev. Antonio A. Amato
Sunday, September 15	V. Rev. Louis J. Phillips Rev. Thanh Van Nguyen
Monday, September 16	Rev. Simon Assogba, SMA Rev. James R. Albert
Tuesday, September 17	Rev. Edward R. Clifford Rev. Paul G. Murray
Wednesday, September 18	Msgr. Marc B. Caron Rev. Robert Tumwekwase, AJ
Thursday, September 19	Rev. Antonidass Arnirathanathan, HGN Rev. John D. Dickinson
Friday, September 20	Rev. David M. Affleck Rev. Kevin M. Upham
Saturday, September 21	Rev. Elaiyareja Thaniyel, HGN Rev. Joseph Lukong
Sunday, September 22	All Priests

WHY WE ASK FOR PRAYERS: We know God hears all our prayers. Many of us have known the power of His answers. As a faith community, we are called to pray for each other, which is why we publish a list of people in need of healing in the bulletin. Please call our parish office at (207) 847-6890 to include yourself on the list. If you want to add someone else, please ask permission from that person first.

PLEASE PRAY FOR OUR SEMINARIANS: Vin Nguyen, Ezekiel Banla, Evans B. Yongyee, Joseph Beale, Nick Hershbine, **Deacons:** Erin Donlon, Thanh Duc Pham, Hoa Tien Nguyen.

LET US KEEP THE KNIGHTS OF COLUMBUS AND FAMILY IN OUR PRAYERS: Brother Chip Metevier; Laurene, wife of Brother Dennis Dempsey; Nancy, wife of Brother John Walkenford; Brother Gerald Bose; Brother Charles Thurston; Luke Roy, son of Brother Mark Roy; Art Crowley, brother of Brother Mike Crowley; Brother Manen Clements and wife Pat; Brother James King; Cindy Carrier, wife of Brother Steve Carrier; Jeanne Madden, wife of Brother Chris Madden; Brother Paul Tracy.

PLEASE KEEP IN HEALING PRAYER: Marianne McNally-Purda, Gretchen Sayward, Edward Hartnett, Joe Becker, Kalee Gwarjanski, Peter Allen Longley, Marie McCann, Dolores Hartnett, Keith Stackpole, Charlie Pinette, Ann Marie Branigan, Ryan Holden, Denise Tibbetts, Bob Pigeon, Nancy Crouch, Doris Charest, Charlie Miller, Jack Laibinis, Sr, Tiffany Eaton, Gilman Michaud, Kelly Dupont, Jean Bissonnette.

Sharing God's Word ~ Through Faith Formation and Pastoral Life

FROM OUR DIRECTOR OF FAITH FORMATION

REFLECTIONS ON THE 2024 FR. RALE PILGRIMAGE

Old Point in Madison, Maine is a beautiful spot. The Pines Trail runs along the Kennebec River, first in a fairly open picnic area and then along a path through the woods. People come here to hike, to fish, or just to watch the river and listen to the gurgle of the rapids.



That's what two unsuspecting ladies were doing on the morning of Saturday, August 24 when down the path, they saw 50 people, led by five altar boys in cassock and surplice, with incense and candles, and a processional cross, praying the divine mercy chaplet. I'm sure they were surprised to see us. In the middle of the woods, this ostentatiously Catholic religious procession had to look somewhat incongruous. Being in the front of the procession and therefore in full view of their reaction, I chuckled to myself, smiled, waved, and continued on.

One of the things that's moving about the Fr. Rale pilgrimage every year is the thought that the liturgical things we do during the procession aren't incongruous all, but very fitting. These were the things that happened on that very soil 300 years ago when Fr. Sebastian Rale was pastor of the Norridgewock.

Fr. Rale boasted that he had a veritable army of 40 altar boys who used to serve at Masses there. The Corpus Christi processions they had were extremely elaborate and they wound thorough the same woods that our procession was on in that moment. Three-hundred years ago, one of these processions led to the conversion of an entire tribe in that very spot.

When we had Mass, Fr. Nadeau pointed behind himself to the Fr. Rale monument and noted that marked the spot where the front door of the Fr. Rale's church had been. As strange it was for us to be setting out beach chairs to hear Mass in the open air, in this very spot Fr. Rale offered the Holy Sacrifice Mass for 30 years.

Catholic life thrived and blossomed among the Norridgewock 300 years ago. Processions, Masses, religious education, regular prayers, and visits to the Blessed Sacrament were part and parcel of life in that village. Then in 1724 it all stopped. It stopped not because the Norridgewock lost the faith, but because they lost their pastor to a coordinated military attack. The Catholic faith was considered a political liability to the English, and they

took out the one most responsible for sustaining it.

The English thought they could kill the Catholic faith on Maine soil. These annual pilgrimages show that the faith cannot be killed, but rises from the ashes. Those things like Masses and processions that used to be so common in Norridgewock under Fr. Rale happen again every year. The faithful in Maine may have been scattered 300 years ago, but the faith is still alive.

—Joe Moreshead

CATHOLICISM 101—CHURCH HISTORY: Following up on last year's survey of the faith, Joe Moreshead will be offering a survey of Church history over the next 2 years. During the fall session, beginning October 4, we will discuss major events in the life of the Church from the



Ascension of Our Lord through the High Middle Ages. During the winter session, we will cover the Renaissance through the early Reformation. Classes will take place weekly at the following times: Fridays at 6:05 pm at St. Jude, Saturdays at 5:15 pm at St. Gregory, Tuesdays at 9 am at Sacred Heart, and Tuesdays at 7 pm at Holy Martyrs (livestreamed). The first class is titled, *The Church under the Roman Empire* (33 AD-314 AD). FMI and to sign up for email reminders, visit pothe.org/catholicism101.

NOW AVAILABLE ON DEMAND! CATHOLICISM 101—THE CATECHISM: If you missed last year's year-long survey course of our Catholic Faith, you can now watch them online at your own pace. Visit pothe.org/catholicism101.

POTHE CHALICE PROGRAM: Attention all families! We invite you to join us in praying for our priests and seminarians in the Diocese of Portland. Each family can sign up to take a chalice to display in their home for a week. Over the course of the week, your family gathers each day to pray together for priests and to read about one of our local priest heroes. To sign up for a week or FMI, visit, pothe.org/chaliceprogram.



MAKING MUSIC, PRAYING TWICE OUTDOORS IN OCTOBER: Designed for babies, toddlers, and preschoolers, together with caregivers, you will move and groove to upbeat songs tied to the liturgical year. Classes begin Friday, October 4, 10:30 am in the Mary Garden at Holy Martyrs. FMI and to register, visit pothe.org/makingmusic or call Jen Runge, (207) 847-6884.



CALL FOR NEW CHOIR MEMBERS! If you can carry a tune and want to learn, come sing with us! Reach out to the Music Ministers at each church, visit www.pothe.org/sacredmusic, or call Jen Runge, (207) 847-6884.







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Parish Information ~ Celebrating the Sacraments

OUR PRIESTS AND DEACON



Pastor:
Fr. Steven Cartwright



Parochial Vicar:
Fr. Peter Kaseta, O.F.M. Cap.



Parochial Vicar:
Fr. Paul Marquis



Senior Deacon:
Dennis Popadak

OUR FAITH FORMATION AND ADMINISTRATIVE STAFF



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Nicole Clavette



Bookkeeper:
Terrie Casavant



Director of Pastoral
& Liturgical Life:
Regina Prince



Handyman:
Dave Therrien



Facilities
Maintenance
Manager:
Steve Tuttle



Director of
Communications
& Technology: Joyce
Hale



Director of
Faith Formation:
Joe Moreshead



Coordinator of
Sacraments:
Kim Lovett



Coordinator of
Family Life:
Kalee Gwarjanski



Faith Formation
Assistant: Kate
McGrath Holmquist



Facilities
Maintenance
Technician:
Chip Metevier



Director of
Sacred Music:
Jen Runge

Our Mission

We are the Parish of the Holy Eucharist, a Catholic community called to discipleship, seeking deeper communion with God, each other, and our neighbors by celebrating the Sacraments, sharing God's Word, and serving all in need.

Our Churches

Holy Martyrs: 266 Foreside Road, Falmouth

Sacred Heart: 326 Main Street, Yarmouth

St. Gregory the Great: 24 N. Raymond Road, Gray

St. Jude: 134 Main Street, Freeport

Our Parish Office

Address:

Parish of the Holy Eucharist
266 Foreside Road
Falmouth, ME 04105

Phone: (207) 847-6890

E-mail: pothe@portlanddiocese.org

Website: pothe.org

Our Cemetery

Holy Cross Cemetery

75 Smith Street, Yarmouth
Contact Michele at (207) 773-5796

Our Eucharistic Adoration Schedule

Monday:

12:00 pm - 8:00 pm Holy Martyrs (except holidays)

Friday:

8:30 am - 9:30 am St. Gregory the Great

3:00 pm - 6:00 pm St. Jude

Saturday:

8:45 am - 9:45 am Sacred Heart

Our Confession Schedule

Saturday:

8:00 am Holy Martyrs, 1st Saturday of the month

8:45-9:45 am Sacred Heart

2:30-3:30 pm Sacred Heart, St. Gregory the Great,
and Holy Martyrs

Or by appointment

Our Mass Schedule

Sunday Masses

Saturday (Anticipatory):

4:00 pm Holy Martyrs

4:00 pm St. Gregory the Great

4:00 pm Sacred Heart

Sunday:

8:00 am Sacred Heart

8:30 am Holy Martyrs

8:30 am St. Gregory the Great

9:30 am St. Jude

10:30 am Holy Martyrs

11:00 am Sacred Heart

5:30 pm Holy Martyrs (quiet Mass)

BULLETIN SUBMISSIONS:

Items are due 10 days prior to
publication. Submit to
pothe@portlanddiocese.org.

Daily Masses

Monday:

7:30 am Holy Martyrs

8:00 am Sacred Heart

12:15 pm Saint Jude

Tuesday:

7:30 am Holy Martyrs

Wednesday:

7:30 am Holy Martyrs

Thursday:

8:00 am Sacred Heart

Friday:

7:30 am Holy Martyrs

8:00 am St. Gregory the Great

Saturday:

8:15 am Sacred Heart

9:00 am Holy Martyrs 1st Sat.
of the month

Sacramental and Pastoral Care

Becoming Catholic: Please contact

pothe.faithformation@portlanddiocese.org

Sacrament of the Anointing of the Sick: Please call the parish office with the name, condition, address, and phone number of the person who is in need. **If calling after hours**, when voicemail message begins, press 7 to leave a message for the on-call priest.

Communion to the Homebound: Please email Kim Lovett,
kim.lovett@portlanddiocese.org.

Sacrament of Baptism for Infants: Please contact our parish office as soon as your child is born.

Sacrament of Matrimony: Please contact the parish office at least 6 months in advance of the desired date of your wedding.

Making Funeral Arrangements: Please contact the funeral home, and they will assist you in making arrangements for the church.