

Sunday,
September 29,
2024

PARISH OF THE HOLY EUCHARIST



OCTOBER

THE MONTH OF THE MOST
HOLY ROSARY



Rosary for Life
Prayer Service
Sponsored by ACTS
October 19

**Novena for the
Protection of life**
Sponsored by our
Knights of Columbus
October 20-28

See p. 3 for more
details.



26TH SUNDAY IN ORDINARY TIME

“Whoever causes one of these little ones who believe in me to sin, it would be better for him if a great millstone were put around his neck and he were thrown into the sea.” -Mk 9: 42

Join us for the Blessing of Animals!

Saturday, October 5

9:30 am at St. Gregory the Great

10:30 am at Sacred Heart

Read more about this tradition on p. 4.



Parish Calendar ~ This Week and Upcoming

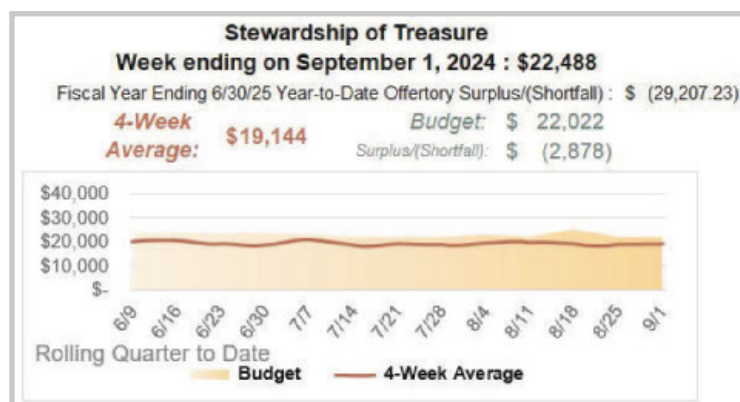
Saturday	Sunday	Monday	Tuesday / Wednesday
28 St. Lawrence Ruiz & Companions That Man is You 7:00 am <i>Sacred Heart</i> Eucharistic Adoration & Confession 8:45 - 9:45 am <i>Sacred Heart</i> Richelsen/Fallon Wedding 1:00 pm <i>Holy Martyrs</i>	29 26th Sunday of Ordinary Time Choir Rehearsal 8:00 am <i>St. Jude</i> Sacramental Prep 9:30 am <i>Sacred Heart</i> Calix 7:00 pm <i>Holy Martyrs</i>	30 St. Jerome AA Meeting 10:30 am <i>St. Gregory the Great</i> Eucharistic Adoration 12:00 - 8:00 pm <i>Holy Martyrs</i> Cub Scouts Meeting 5:30 pm Boy Scouts Meeting 6:30 pm <i>Sacred Heart</i> OCIA 6:30 pm <i>Holy Martyrs</i>	1 St. Therese of the Child Jesus Centering Prayer Group 9:30 am <i>Holy Martyrs</i> Catholic Homeschoolers 10:00 am <i>Holy Martyrs</i> Friends in Faith 10:30 am <i>Holy Martyrs</i> Sacramental Prep 4:00 pm <i>Sacred Heart</i> Knights of Columbus 6:00 pm <i>Holy Martyrs</i> ACTS Women's Retreat Team Meeting 6:00 pm <i>Holy Martyrs</i> 2 The Holy Guardian Angels Choir Rehearsal 4:45 pm <i>Sacred Heart</i> 7:00 pm <i>St. Gregory the Great</i> Together with Alzheimer's 7:00 pm <i>Sacred Heart</i>

Thursday	Friday	Saturday	Sunday
3 Meals on Wheels 8:00 am <i>Holy Martyrs</i> St. Monica Club 6:30 pm <i>Holy Martyrs</i> Choir Rehearsal 6:30 pm <i>Holy Martyrs</i> AA & Al-Anon Meetings 7:00 pm <i>St. Gregory the Great</i>	4 St. Francis of Assisi Eucharistic Adoration 8:30 - 9:30 am <i>St. Gregory the Great</i> 3:00 - 6:00 pm <i>St. Jude</i> Making Music, Praying Twice 10:30 am <i>Holy Martyrs</i> Catholicism 101 6:05 pm <i>St. Jude</i> AA Meeting 7:00 pm <i>Sacred Heart</i>	5 St. Faustina Kowalska That Man is You 7:00 am <i>Sacred Heart</i> First Saturday Confession & Rosary 8:00 am <i>Holy Martyrs</i> Eucharistic Adoration & Confession 8:45 - 9:45 am <i>Sacred Heart</i> Latin Mass 9:00 am <i>Holy Martyrs</i> Blessing of the Animals 9:30 am <i>St. Gregory the Great</i> 10:30 am <i>Sacred Heart</i> Catholicism 101 5:15 pm <i>St. Gregory the Great</i>	6 27th Sunday of Ordinary Time Choir Rehearsal 8:00 am <i>St. Jude</i> FIRE/CGS 8:30 AM <i>Holy Martyrs</i> Oratory 5:00 pm <i>Sacred Heart</i> Calix 7:00 pm <i>Holy Martyrs</i>

Mass Intentions for September 28 - October 6

Saturday, September 28 8:15 am SH Fr. M *Special Intention for Han by Mom & Dad 4:00 pm HM Fr. C †Andrew Kralik by Chris & Kim Kralik 4:00 pm SGTG Fr. K †Carl Anderson Jr. by his wife & children 4:00 pm SH Fr. M †Frank & Irene Brochu by Debra & Michael Zboray Sunday, September 29 8:00 am SH Fr. M †Jack Cireco by Edward Johnson 8:30 am HM VP *All POTHE Parishioners 8:30 am SGTG Fr. K †Deceased loved ones & friends of Dennis & Laurene Dempsey 9:30 am SJ Fr. M †Mark Bastey by Megan Bastey 10:30 am HM VP †Deceased family members of Thomas & Elizabeth Griffin 11:00 am SH Fr. K †Leopold Tchatat by Solange Tchatat 5:30 pm HM Fr. C †Jenna & Bradford Hart by the Hart family Monday, September 30 7:30 am HM Fr. K †Lionel Castonguay by Michael & Theresa Beaulieu 8:00 am SH Fr. M †Michael Kostin by the Kostin family 12:15 pm SJ Fr. C *Intentions of the St. Monica Club by a friend Tuesday, October 1 7:30 am HM Fr. C †Janes Noyes by Edward & Susan Dilworth 10:00 am NH Fr. M *Intentions of the residents of Heron House	Wednesday, October 2 7:30 am HM Fr. K †Charles V. Gomez by J. Charles Gomez Thursday, October 3 8:00 am SH Fr. K *Special Intention for Daniel & Brigid Melega by the Albert family Friday, October 4 7:30 am HM Fr. K *Special Intention 8:00 am SGTG Fr. C †John Bergeron by Pauline Bergeron Flood Saturday, October 5 8:15 am SH Fr. M *†For the Living & Deceased members of Desiree Douglas Clady's family 9:00 am HM Fr. C †Mr. Scott Gurney by the Arey family 4:00 pm HM Fr. M †Thomas Eschenfelder by Donna Crowley 4:00 pm SGTG Fr. C †Carl & Mary Ann Lechner by Edward & Marcia Lechner 4:00 pm SH Fr. K †Raymond Crowley by Patricia Crowley Sunday, October 6 8:00 am SH Fr. K †Frank Leary by John & Jeanne Collins 8:30 am HM Fr. M †Fred Trani by anonymous 8:30 am SGTG Fr. C †Roy Clark by Peter & Barbara Wood 9:30 am SJ Fr. K †Manola Basa by Leopold & Lydia Dondiz 10:30 am HM Fr. M †Paula Ferguson by John & Judith Goodrich 11:00 am SH Fr. C *All POTHE Parishioners 5:30 pm HM Fr. M *Children & Teens of POTHE by POTHE Faith Formation NH—Nursing Home VP—Visiting Priest Special Intention †Deceased
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Called to Discipleship ~ Through Stewardship and Service

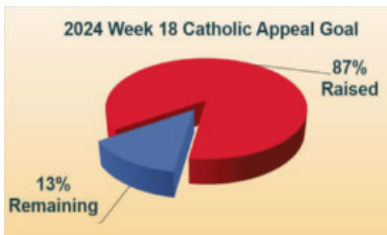


UPCOMING SECOND COLLECTIONS

October 6—Catastrophe Assistance: Over the past several years, the United States Conference of Catholic Bishops has called on parishes to conduct second collections in response to various natural disasters domestically and internationally. This has been a concrete and effective expression of solidarity of the Church in the United States with the suffering at home and abroad.

October 13—Haiti Door Collection: Check out our POTHE website with links to the Facebook Pages of our Sister Parish in Haiti! Visit: pothe.org/haiti.

2024 CATHOLIC APPEAL PROGRESS REPORT: Our Annual Diocesan Catholic Appeal, *United in Hope*, supports the ministries of our Church in Maine, which educate our youth and young adults, assist our parishes, comfort the sick, and bring the Good News of Jesus Christ to the people of God. For a full list of programming, please see the brochures in our churches. As of Week 18, your generosity has brought us to 87% of our goal. Can you help us reach 100%? FMI or to donate securely, visit portlanddiocese.org/giving.



40 DAYS FOR LIFE

40 DAYS FOR LIFE: If God were to ask, "What did you do about abortion?" ...how would you answer? Through prayer, fasting, and peaceful vigil you can be a light in the darkness and a witness to the sanctity of all human life. **From September 25 to November 3**, faithful believers will unite in Portland to pray for an end to abortion, to give hope to all those who find themselves in a crisis pregnancy, and to offer healing to those who have experienced abortion. **Join us in prayer on the sidewalk 9 am-1 pm daily, Monday through Saturday, outside Planned Parenthood, 443 Congress Street in Portland.** Sign up for a prayer shift: www.40daysforlife.com/portlandme, or contact (207) 613-5910, 40daysportland@gmail.com.

Welcome, Visitors!

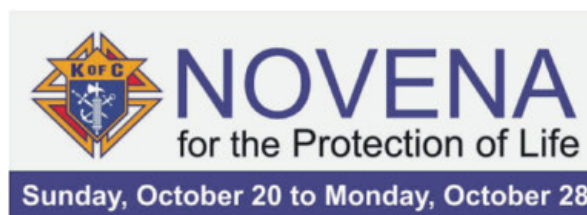
Want to participate in our Offertory collection? If you'd like to make your offering online, please scan the QR code.



ADVENT FAIR - ACCESSORIES TABLE! Our parish Advent Fair will be held at Sacred Heart on Saturday, December 7. Featured as always will be handcrafted items, baked goods, vintage items, Christmas Treasures, jewelry/accessories, live holiday decorations, raffles, and our fabulous luncheon cafe. This week we are highlighting donations for our **Accessories Table**. We'd love to have treasured jewelry, scarves, purses, belts and other accessories to offer. Teresa is in charge of this table; contact her with any questions: (207) 653-1332. We'll have more ways you can support our Fair and join in the fun! FMI about the Fair, contact Kim Lovett at the Parish office, (207) 847-6890.



ROSARY FOR LIFE PRAYER SERVICE: October is the month of the Most Holy Rosary and the *40 Days for Life* campaign is also in progress. This is also when we pray the beautiful *Rosary for Life*. Join us on **Saturday, October 19, at noon**. We will gather in the grotto at Holy Martyrs on Foreside Road in Falmouth. (We'll adjourn to the church if it's raining.) Bring your family if you can. Invite your friend in the next pew at Mass. Spread the word to all about this important event. Let's lift our voices to Heaven for the most vulnerable among us. This prayer service is sponsored by the POTHE/OLH ACTS Ministry.



NOVENA FOR THE PROTECTION OF LIFE: October 20 through October 28—parishioners, please make time and join your Council Brothers, and their family members, of the Parish of the Holy Eucharist Council #15791, in a private act of prayer to promote the protection of Life. You set the time and the place when it is convenient to you and your family. Use this webpage: <https://pothe.org/novena-for-life>, to register for the novena. Novena for Life prayers and Mysteries will be e-mailed or mailed to you upon request or, you can access these resources at the national Knights of Columbus website for *Novena for Life* at the link below- <https://www.kofc.org/en/what-we-do/faith-in-action-programs/life/novena-life.html>

Sharing God's Word ~ Through Pastoral Life and Ministry

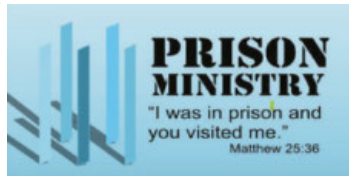
BLESSING OF ANIMALS: Please join us with your pets and animals for a blessing! This tradition is in remembrance of St. Francis of Assisi who loved all creatures. In this blessing, we ask God to grant that the animals may serve our needs and by His grace, we may be sustained and protected. Join us on October 5, the day after St. Francis of Assisi's feast day, at 9:30 am at St. Gregory the Great or 10:30 am at Sacred Heart for this wonderful blessing!



CALL FOR NEW CHOIR MEMBERS! If you can carry a tune and want to learn, come sing with us! Reach out to the Music Ministers at each church, visit www.pothe.org/sacredmusic, or call Jen Runge, (207) 847-6884.



PRISONS - A MINISTRY? Join us for an inspiring witness from Scott Landry, parishioner and Associate Commissioner for the Maine Department of Corrections. He'll discuss some recent reforms at the Bureau of Prisons that have improved life for the inmates and those who work in Maine state prisons. Scott's talk will be followed by a panel discussion about the details of serving in Prison Ministry, featuring parishioners who have ministered to prisoners over the years. We'll gather at 2 pm on Sunday, October 6, at St. Pius X church at 492 Ocean Avenue, Portland. This program is free of charge and sponsored by the POTHE/OLH ACTS Ministry. Please plan to join us! FMI: Tom, (207) 518-9236.



ACTS WOMEN'S RETREAT: The Women's ACTS Retreat is a wonderful chance to get away from your routine and spend some time with the Lord. You will also meet other women who perhaps are asking the same questions that you are about life and eternity.



A parishioner remembers her ACTS Retreat:

"In the fall of 2016, I was invited to attend an ACTS retreat. Through that retreat, God's love and mercy filled my heart and soul. I became aware of the power and grace of God in my life and the meaning of Christ's suffering, death, and Resurrection. This all led to a deepening of my faith, and I began developing a more intimate relationship with Our Lord." - JH

The Women's Retreat will be held **Thursday evening, November 7, to Sunday morning, November 10**, at a lakeside retreat center in Winthrop. Retreat cost is \$195. Travel to retreat center and all meals are included. Cost should not be an obstacle; scholarship funds are available. Reserve your spot now—this Retreat will fill up! FMI or to register, visit pothe.org/acts-retreat or contact Cubby at (207) 577-7532.

PRAYER CORNER

APOSTOLATE OF PRAYER FOR PRIESTS

Saturday, September 28	Rev. Anthanasius S. Wirsy Rev. Gerald A. Levesque
Sunday, September 29	Rev. Dominic Tumusiime, AJ V. Rev. Paul H. Dumais
Monday, September 30	Rev. Nsame Venantius Rev. Raymond P. Morency
Tuesday, October 1	Rev. William F. Modlin Rev. Paul E. Coughlin
Wednesday, October 2	Rev. Steven G. Cartwright Rev. Francis P. Morin
Thursday, October 3	Rev. Patrick E. Agbodi, SMA Rev. John P. Davis
Friday, October 4	Our Holy Father
Saturday, October 5	Rev. Frank J. Murray Rev. Joel R. Cyr
Sunday, October 6	Our Holy Father

WHY WE ASK FOR PRAYERS: We know God hears all our prayers. Many of us have known the power of His answers. As a faith community, we are called to pray for each other, which is why we publish a list of people in need of healing in the bulletin. Please call our parish office at (207) 847-6890 to include yourself on the list. If you want to add someone else, please ask permission from that person first.

PLEASE PRAY FOR OUR SEMINARIANS: Vin Nguyen, Ezekiel Banla, Evans B. Yongyee, Joseph Beale, Nick Hershbine, **Deacons:** Erin Donlon, Thanh Duc Pham, Hoa Tien Nguyen.

LET US KEEP THE KNIGHTS OF COLUMBUS AND FAMILY IN OUR PRAYERS: Brother Chip Metevier; Laurene, wife of Brother Dennis Dempsey; Nancy, wife of Brother John Walkenford; Brother Gerald Bose; Brother Charles Thurston; Luke Roy, son of Brother Mark Roy; Art Crowley, brother of Brother Mike Crowley; Brother Manen Clements and wife Pat; Brother James King; Cindy Carrier, wife of Brother Steve Carrier; Jeanne Madden, wife of Brother Chris Madden; Brother Paul Tracy.

PLEASE KEEP IN HEALING PRAYER: Marianne McNally-Purda, Gretchen Sayward, Edward Hartnett, Joe Becker, Peter Allen Longley, Marie McCann, Dolores Hartnett, Keith Stackpole, Ann Marie Branigan, Ryan Holden, Denise Tibbetts, Bob Pigeon, Nancy Crouch, Doris Charest, Charlie Miller, Jack Laibinis, Sr, Tiffany Eaton, Gilman Michaud, Kelly Dupont, Jean Bissonnette, Tanya Ziegler, Michael Connolly, Charles Pinette.

Sharing God's Word ~ Through Faith Formation and Pastoral Life

FROM OUR DIRECTOR OF FAITH FORMATION

REFLECTIONS ON FAMILY CATECHESIS (FIRE), PART 1

We are just beginning our third year of family catechesis in the Parish of the Holy Eucharist. The hall at Holy Martyrs is packed with families from around the Parish. We do a little review as a large group at the beginning of the class and I've been encouraged to hear the children answer questions like, "What is grace?" "What is the matter of the sacrament of Confirmation?", "Name one of the seven gifts of the Holy Spirit." Some of them are studying pretty hard in the weeks between classes and they're learning a lot.

One of the things I realized when registration came this year was that there are still a lot of families for whom this is new and have some hesitations. Those who have been involved know the fruits that this program produces, and there's a lot of enthusiasm around it, but if you haven't been involved, you don't have much of a window into what happens. It's harder to see that it's worth the investment.

In that regard, I have been derelict in my duties. The original purpose of this bulletin column was actually to keep the parish looped in on faith formation activities. To be frank, you'll probably start seeing doctrinal and spiritual reflections again soon, but I wanted to take a moment to share with you some of the things I've been seeing in our family catechesis program.

Family catechesis at Parish of the Holy Eucharist is called FIRE for Families in Religious Education. FIRE is the regular catechesis program for children in Kindergarten through 5th grade. There are several things that make this program stand out.

- There is a priest at FIRE every month.
- We have up to 140 children present at FIRE meetings; children get to meet other children from all four churches in our parish.
- While the target age is K-5, there are classes available for babies through teenagers.
- The curriculum through Sophia Press is robust.
- We pull out all the stops at our FIRE Mass so that the children get exposed to the most beautiful possible expression of the Mass.
- We choose an annual FIRE hymn that we sing at the beginning of every meeting, so that by the end of the year, the children know it by heart.
- Savio's Store gives children an opportunity to earn religious medals and statues by memorizing prayers.
- Parents have an opportunity to learn the faith themselves in the parent class.
- Parents have a central role in teaching their children the faith between classes.
- Our parish staff is directly involved in teaching and leading classes.

This is the bird's eye view of the program. Over the next few weeks, I'll zero in on some specifics.

—Joe Moreshead

CATHOLICISM 101—CHURCH HISTORY: Following up on last year's survey of the faith, Joe Moreshead will be offering a survey of Church history over the next 2 years. During the fall session, beginning **October 4**, we will discuss major events in the life of the Church from the Ascension of Our Lord through the High Middle Ages. During the winter session, we will cover the Renaissance through the early Reformation. Classes will take place weekly at the following times: Fridays at 6:05 pm at St. Jude, Saturdays at 5:15 pm at St. Gregory, Tuesdays at 9 am at Sacred Heart, and Tuesdays at 7 pm at Holy Martyrs (livestreamed). **The first class is titled, *The Church under the Roman Empire* (33 AD-314 AD).** FMI and to sign up for email reminders, visit pothe.org/catholicism101.



NOW AVAILABLE ON DEMAND! CATHOLICISM 101—THE CATECHISM: If you missed last year's year-long survey course of our Catholic Faith, you can now watch them online at your own pace. Visit pothe.org/catholicism101.

JOINING THE TROOP OF ST. GEORGE: Do you have a son you want to become a virtuous man? The troop of St. George is a Catholic scouting group for boys age 6-18. Boys and their fathers / grand-fathers or male guardian work together building skills, having adventures and developing connections within the Catholic community. The troop of St. George promotes virtue, honor and fraternity in boys and young men through the outdoors and Catholic tradition. FMI, www.troopofsaingorge.org, email Troop423@tsghq.org or call Dan (207) 240-5419.



POTHE CHALICE PROGRAM: Attention all families! We invite you to join us in praying for our priests and seminarians in the Diocese of Portland. Each family can sign up to take a chalice to display in their home for a week. Over the course of the week, your family gathers each day to pray together for priests and to read about one of our local priest heroes. To sign up for a week or FMI, visit, pothe.org/chaliceprogram.



MAKING MUSIC, PRAYING TWICE OUTDOORS IN OCTOBER: Designed for babies, toddlers, and preschoolers, together with their caregivers, you will move and groove to upbeat songs tied to the liturgical year. Classes begin Friday, October 4, 10:30 am in the Mary Garden at Holy Martyrs. FMI and to register, visit pothe.org/makingmusic or call Jen Runge, (207) 847-6884.







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OUR PRIESTS AND DEACON



Pastor:
Fr. Steven Cartwright



Parochial Vicar:
Fr. Peter Kaseta, O.F.M. Cap.



Parochial Vicar:
Fr. Paul Marquis



Senior Deacon:
Dennis Popadak

OUR FAITH FORMATION AND ADMINISTRATIVE STAFF



Business
Coordinator:
Nicole Clavette



Bookkeeper:
Terrie Casavant



Director of Pastoral
& Liturgical Life:
Regina Prince



Handyman:
Dave Therrien



Facilities
Maintenance
Manager:
Steve Tuttle



Director of
Communications
& Technology: Joyce
Hale



Director of
Faith Formation:
Joe Moreshead



Coordinator of
Sacraments:
Kim Lovett



Coordinator of
Family Life:
Kalee Gwarjanski



Faith Formation
Assistant: Kate
McGrath Holmquist



Facilities
Maintenance
Technician:
Chip Metevier



Director of
Sacred Music:
Jen Runge

Our Mission

We are the Parish of the Holy Eucharist, a Catholic community called to discipleship, seeking deeper communion with God, each other, and our neighbors by celebrating the Sacraments, sharing God's Word, and serving all in need.

Our Churches

Holy Martyrs: 266 Foreside Road, Falmouth

Sacred Heart: 326 Main Street, Yarmouth

St. Gregory the Great: 24 N. Raymond Road, Gray

St. Jude: 134 Main Street, Freeport

Our Parish Office

Address:

Parish of the Holy Eucharist
266 Foreside Road
Falmouth, ME 04105

Phone: (207) 847-6890

E-mail: pothe@portlanddiocese.org

Website: pothe.org

Our Cemetery

Holy Cross Cemetery

75 Smith Street, Yarmouth
Contact Michele at (207) 773-5796

Our Eucharistic Adoration Schedule

Monday:

12:00 pm - 8:00 pm Holy Martyrs (except holidays)

Friday:

8:30 am - 9:30 am St. Gregory the Great

3:00 pm - 6:00 pm St. Jude

Saturday:

8:45 am - 9:45 am Sacred Heart

Our Confession Schedule

Saturday:

8:00 am Holy Martyrs, 1st Saturday of the month

8:45-9:45 am Sacred Heart

2:30-3:30 pm Sacred Heart, St. Gregory the Great,
and Holy Martyrs

Or by appointment

Our Mass Schedule

Sunday Masses

Saturday (Anticipatory):

4:00 pm Holy Martyrs

4:00 pm St. Gregory the Great

4:00 pm Sacred Heart

Sunday:

8:00 am Sacred Heart

8:30 am Holy Martyrs

8:30 am St. Gregory the Great

9:30 am St. Jude

10:30 am Holy Martyrs

11:00 am Sacred Heart

5:30 pm Holy Martyrs (quiet Mass)

BULLETIN SUBMISSIONS:

Items are due 10 days prior to
publication. Submit to
pothe@portlanddiocese.org.

Daily Masses

Monday:

7:30 am Holy Martyrs

8:00 am Sacred Heart

12:15 pm Saint Jude

Tuesday:

7:30 am Holy Martyrs

Wednesday:

7:30 am Holy Martyrs

Thursday:

8:00 am Sacred Heart

Friday:

7:30 am Holy Martyrs

8:00 am St. Gregory the Great

Saturday:

8:15 am Sacred Heart

9:00 am Holy Martyrs 1st Sat.
of the month

Sacramental and Pastoral Care

Becoming Catholic:

Please contact
pothe.faithformation@portlanddiocese.org

Sacrament of the Anointing of the Sick: Please call the parish office with the name, condition, address, and phone number of the person who is in need. **If calling after hours**, when voicemail message begins, press 7 to leave a message for the on-call priest.

Communion to the Homebound: Please email Kim Lovett,
kim.lovett@portlanddiocese.org.

Sacrament of Baptism for Infants: Please contact our parish office as soon as your child is born.

Sacrament of Matrimony: Please contact the parish office at least 6 months in advance of the desired date of your wedding.

Making Funeral Arrangements: Please contact the funeral home, and they will assist you in making arrangements for the church.