November 10

2024

# PARISH OF THE HOLY EUCHARIST







Please see our special publication insert for family and friends we honor this Veterans Day.



## 31<sup>ST</sup> SUNDAY IN ORDINARY TIME

"Amen, I say to you, this poor widow put in more than all the other contributors to the treasury. For they have all contributed from their surplus wealth, but she, from her poverty, has contributed all she had, her whole livelihood." -Mk 12:43-44

A Letter to Our Future President

By Bishop Ruggieri

Copies available at each church.



## Parish Calendar ~ This Week and Upcoming

Saturda	y/Sunday	Monday/Tuesday/Wednesday			
<b>9</b> Dedication of the Lateran Basilica		11 Veterans Day St. Martin of Tours			
That Man is You 7:00 am Sacred Heart Eucharistic Adoration & Confession 8:45 - 9:45 am Sacred Heart Catholicism 101 5:15 pm St. Gregory the Great  10 32nd Sunday of Ordinary Time Choir Rehearsal 8:00 am St. Jude	ACTS Women's Retreat Homecoming 10:00 am - 1:00 pm Holy Martyrs Elisa Angelina Belisle Baptism 10:30 am St. Jude Connected Catholics 2:00 - 3:30 pm Holy Martyrs Calix 7:00 pm Holy Martyrs	Parish Office Closed Cancelled—All Parish Activities AA Meeting 10:30 am St. Gregory the Great  12 St. Josaphat Catholicism 101 9:00 am Sacred Heart 7:00 pm Holy Martyrs	Centering Prayer Group 9:30 am Holy Martyrs Friends in Faith 10:30 am Holy Martyrs Sacramental Prep 4:00 pm Sacred Heart  13 St. Frances Xavier Cabrini Choir Rehearsal 4:45 pm Sacred Heart 7:00 pm St. Gregory the Great	ACTS Proto-Core Meeting 6:00 pm Holy Martyrs Troops of St. George 6:00 pm St. Gregory the Great Caring Community 6:30 pm St. Gregory the Great Together with Alzheimer's 7:00 pm Sacred Heart	
Thursday		Friday	Saturday	Sunday	
14		15 St. Albert the Great	16 St. Gertrude St. Margaret of Scotland	<b>17</b> 33rd Sunday of Ordinary Time	
Meals on Wheels 8:00 am - 12:30 pm St. Jude Social Justice Committee 5:30 pm Sacred Heart St. Monica Club 6:30 pm Holy Martyrs	Boy Scout Troop Leader Meeting 6:30 pm Sacred Heart Choir Rehearsal 6:30 pm Holy Martyrs AA & Al-Anon Meetings 7:00 pm St. Gregory the Great	Eucharistic Adoration 8:30 - 9:30 am St. Gregory the Great 3:00 - 6:00 pm St. Jude Making Music, Praying Twice 10:30 am Holy Martyrs Catholicism 101 6:05 pm St. Jude	That Man is You 7:00 am Sacred Heart Eucharistic Adoration & Confession 8:45 - 9:45 am Sacred Heart Catholicism 101 5:15 pm St. Gregory the Great	Choir Rehearsal 8:00 am St. Jude CGS 9:30 am Holy Martyrs Sacramental Prep 9:30 am Sacred Heart Oratory 5:00 pm Sacred Heart	

## Mass Intentions for November 9 - November 17

Saturday, November 9			Wednesday, November 13				
8:15 am	SH	Fr. M	†Francine Leary by John & Jeanne Collins	7:30 am	НМ	Fr. C	†Christina Mortimer by Kevin O'Donovan
4:00 pm	НМ	VP	*Spurgeon Burnett Lilley by Happy Copley	Thursday, November 14			
4:00 pm	SGTG	Fr. K	†Joseph Sullivan 5th Anniversary of Death by Suzanne Sullivan	8:00 am			<sup>†</sup> Bill Hughes by Lewanne Hughes
4:00 pm	СП	Er 1.4	†George Hoff by Donna & Larry Forcier	Friday, November 15			
4:00 pm				7:30 am	НМ	Fr. K	†Souls of the Unborn & their Parents by anonoymous
Sunday, November 10		0.00	CCTC				
8:00 am	SH	Fr. M	Patrick W. Corbett, Jr. by Sheila Anderson	8:00 am			†Teresa Popadak by a parishioner
8:30 am HM V		VP	*Special Intention for William Burke by the	Saturday, November 16			
0.50 4111		-	Van Loenen family	8:15 am	SH		*Joseph & Annie Yokell by their family
8:30 am	SGTG	Fr. K	†Peter Brennan by the Boulos family	4:00 pm	НМ	Fr. M	Jane Fredriksen by her family
9:30 am	SJ	Fr. M	†James Gorman by Louise Gorman	4:00 pm	SGTG	Fr. C	*Lucille Catherine Grassi by Chris & Lori Grassi
10:30 am	нм	VP	†Richard Bachelder by Jack & Judy Fallon	4:00 pm	SH	Fr. K	†Michael Kostin by the Kostin family
10.50 am	1 1171	VI	•	Sunday, November 17			
11:00 am	SH	Fr. K	†Ruth Mills 7th anniversary of her death by her 7 children	8:00 am	SH		†George DiDonna by Jerry & Brigid DiDonna
5:30 pm	НМ	VP	<b>★</b> All POTHE Parishioners	8:30 am	НМ	Fr. M	†Obar & Jarbis families by Barb Obar
Monday, November 11 Veterans Day		8:30 am	SGTG	Fr. C	†Manny Rideout by Pat Rideout		
7:30 am	НМ	Fr. K	*William Hoole by Peter A. Mullaney	9:30 am	SJ	Fr. K	†Mark Bastey by Megan Bastey
8:00 am	SH	Fr. M	†Marion Clark by Norman & Marcia d'Entremont	10:30 am	НМ		†Margaret Tringale by the Gove family
12:15 pm	SJ		CANCELLED	11:00 am	SH		*All POTHE Parishioners
Tuesday, November 12			5:30 pm	НМ	Fr. M	<b>★</b> Intentions of the St. Monica Club by a friend	
7:30 am	НМ	Fr. C	†Fr. Thomas Murphy by Deb Swift	NH—Nursi	ng Hom	ie VP-	—Visiting Priest ★Special Intention Deceased

## Sharing God's Word ~ Through Faith Formation and Pastoral Life



## PASTOR'S PONDEROSA

#### **EXPLAINING FUNERALS**

#### PART II:

## What is a funeral Mass? How does a Mass help the poor souls in Purgatory?

A Catholic Mass is the offering of prayers (and most of all, the holy sacrifice of the Mass) to pray for the soul of someone who has died. To understand why Catholics have funerals and how they work, you must first understand why Catholics pray for the dead.

At the moment of our death, our souls are judged by God at the particular judgement. If our souls are in a state of grace when we die (meaning that there is no mortal sin on our conscience) then we will eventually go to heaven. However, most of us require a time of purification before reaching heaven. This is called purgatory.

Why do most of us have to pass through purgatory first? St. John in the book of Revelation says that "nothing impure can enter heaven" (Rev. 21:27). Even though our sins are pardoned through Confession, they still leave stains behind on our souls. So long as those stains remain on our souls, we cannot enter heaven. The Catechism of the Catholic Church states, "All who die in God's grace and friendship, but still imperfectly purified, are indeed assured of their eternal salvation; but after death they undergo purification, so as to achieve the holiness necessary to enter the joy of heaven" (1030). We can undo these stains during our earthly life by doing penance, but whatever we don't do by penance on earth, we complete in purgatory. Jesus refers to this when He says, "Amen, I tell you, you will not be released until you have paid the last penny." (Mat. 5:26)

Because we are united in the Mystical Body of Christ through Baptism, our prayers and penances can help those we know and love who may be in purgatory. We can do penance on their behalf and help deliver them from purgatory.

What does the Mass have to do with the souls of our loved ones? The Church honors the memory of the dead by prayers of intercession for them. The Holy Mass is considered the most efficacious means to help the souls in purgatory. Holy Mass is the highest act of worship and the highest form of prayer. Saint Thomas Aquinas said, "As dew refreshes and raises up the withering plants and flowers, so does the Blood of Christ revive, comfort, and bring renewed hope to the Poor Souls in purgatory."

Just as Moses ascended Mount Sinai and interceded before God for the Israelites, the priest ascends the altar to pray to God for us. Just as in the old covenant, the priests offered sacrifices of their best livestock to God when praying for us, the priest in the Mass offers the greatest gift we have, namely the death of Jesus Christ, to the Eternal Father. Nothing moves the heart of God as much as the sacrifice of His only Son. Saint Anselm said that those Masses in which we participate or have offered during our life are more profitable than those offered for us after death.

Therefore, when we have the Mass offered for our loved ones, it is a great help to them in purgatory. At the funeral, we can unite our prayers and our petitions for them to the priest's prayers. It is an act of love done for our loved ones.

Next week: The importance of timely funerals.

-Fr. Cartwright

#### **FAITH FORMATION AND MINISTRY**

CATHOLICISM 101—CHURCH HISTORY: Each class is

presented four times. Check the bulletin calendar or the website for options. FMI, visit <a href="mailto:pothe.org/catholicism101">pothe.org/catholicism101</a>.



November 8, 9, 12: Of Popes and Emperors (700-1000 AD)

November 15, 16, 19: The Pope, the Head of Christendom (1000 AD-1200 AD)

ADVENT FAIR—HELP WITH DECORATIVE GREENS: Our Advent Fair approaches! It's December 7 at Sacred Heart! As we get ready, crafty hands will create winter tabletop

arrangements by using assorted greens, cones, small ornaments, berries, and other naturally dried items. We need containers



and decorations to help with this effort. You may leave vases and such on the Fair tables in all our churches. We would love to have help creating these arrangements, too (during the week leading up to the Fair). To contribute in any way, please contact Judith at <a href="willekent@yahoo.com">willekent@yahoo.com</a> or signup online at <a href="mailto:pothe.org/adventfair">pothe.org/adventfair</a>.

#### **DIOCESAN JOB OPENING—COMMUNICATIONS**

MANAGER: The position creates news content and stories, manages changes and enhancements to the website, oversees social media, monitors the media/press, provides event support and coverage, and produces graphics and multimedia. Successful candidates will be an active practicing Catholic in good standing with the Church; have a good understanding and knowledge of the roll of communications in advancing the mission of the Church, strong written and verbal communications skills, and a keen eye for detail and creativity and proficiency in social media platforms and content management systems. To apply, send cover letter and resume to: <a href="https://doi.org/10.1001/jnan.google.goo

## Called to Discipleship ~ Through Stewardship and Pastoral Life



#### Welcome, Visitors!

Want to participate in our Offertory collection? If you'd like to make your offering online, please scan the QR code.



**CATHOLIC APPEAL UPDATE:** We've reached 88% of our goal for this year's Appeal. Can you help us reach 100%?

#### **UPCOMING SECOND COLLECTIONS**

November 24 — Catholic Campaign for Human Development: Funds support local parish initiatives aiming to solve communitywide problems, enpowering the poor to make life changes promoting self-sufficiency.

FATHER SEBASTIÈN RÂLE, SJ, OF NORRIDGEWOCK: A SAINT FOR MAINE? Could Maine have its own native canonized saint? On Sunday, November 17 at 1:30 pm at St.

Pius X Church in Portland, Fr. Bill Clark of the College of the Holy Cross will be speaking on the story behind the Maine missionary and martyr, Fr. Sebastian Rale, and the controversies that surround him. Father Bill Clark, SJ, is a native of Maine, grew up near the site of Fr. Râle's death, and learned the missionary's story as a young boy. As a teacher of theology at the College of the Holy Cross in Worcester, Massachusetts, Fr. Clark



has done a lot of teaching and writing about the meaning and purpose of "local church communities," such as parishes (or mission villages!). He has served as a pastor, on the island of Jamaica. All those elements of his own life have come together in his interest in researching Fr. Râle's life and the cause for his canonization as a martyr saint.



**EUCHARISTIC** ADORATION AT HOLY MARTYRS: Due to Veterans Day, on November 11, there will be no Eucharistic Adoration at Holy Martyrs that day.

PRAYER CORNER				
APOSTOLATE OF PRAYER FOR PRIESTS				
Saturday, November 9	Rev. Albin A. Andrus Rev. Raymond Picard			
Sunday, November 10	Bishop Emeritus Robert P. Deeley, JCD			
Monday, November 11	Msgr. Paul F. Stefanko Msgr. Rene Mathieu			
Tuesday, November 12	Rev. John F O'Hara Rev. Thomas Andrews J, Xavier, SAC			
Weds., November 13	Rev. Brad Morin Rev. Hyacinth N. Fomkwa			
Thursday, November 14	Rev. Michael E. Sevigny, OFM Cap Rev. Kevin C. Hughes			
Friday, November 15	Rev. Aurelijus Gricius, OFM Rev. Joseph R. McKenna			
Saturday, November 16	Rev. Fredrick H. Morse Rev. Peter A. Shaba, SMA			
Sunday, November 17	Rev. Sahaya P. Remigius, SAC V. Rev. Claude R. Gendreau			

WHY WE ASK FOR PRAYERS: We know God hears all our prayers. Many of us have known the power of His answers. As a faith community, we are called to pray for each other, which is why we publish a list of people in need of healing in the bulletin. Please call our parish office at (207) 847-6890 to include yourself on the list. If you want to add someone else, please ask permission from that person first.

**PRAY FOR OUR SEMINARIANS:** Vin Nguyen, Ezekiel Banla, Evans B. Yongyee, Joseph Beale, Nick Hershbine, Deacons: Erin Donlon, Thanh Duc Pham, Hoa Tien Nguyen.

PRAY FOR THE KNIGHTS OF COLUMBUS AND FAMILY: Brother Chip Metevier; Laurene, wife of Brother Dennis Dempsey; Nancy, wife of Brother John Walkenford; Brother Gerald Bose; Brother Charles Thurston; Luke Roy, son of Brother Mark Roy; Art Crowley, brother of Brother Mike Crowley; Brother Manen Clements and wife Pat; Brother James King; Cindy Carrier, wife of Brother Steve Carrier; Brother Paul Tracy.

PLEASE KEEP IN HEALING PRAYER: Marianne McNally-Purda, Gretchen Sayward, Edward Hartnett, Joe Becker, Peter Allen Longley, Marie McCann, Dolores Hartnett, Keith Stackpole, Ann Marie Branigan, Ryan Holden, Denise Tibbetts, Bob Pigeon, Nancy Crouch, Doris Charest, Charlie Miller, Jack Laibinis, Sr, Tiffany Eaton, Gilman Michaud, Kelly Dupont, Jean Bissonnette, Tanya Ziegler, Michael Connolly, Charles Pinette, Michaela McGee.

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## Sharing God's Word ~ Through Faith Formation and Pastoral Life

#### FROM OUR DIRECTOR OF FAITH FORMATION

#### PENANCE: PRAYER, FASTING, AND ALMSGIVING

"How do we make satisfaction for our sins? Through penance, which can be done by prayer, fasting and almsgiving.

Part of the work of atoning for our sins is correcting the disorders in our soul that led us into sin in the first place. In this sense, think of your soul as a twisted piece of iron. The sins you committed have bent and distorted your soul. To reach heaven, it must be put right again, which means you need to push back in the opposite direction. It is notable that prayer, fasting, and almsgiving develop habits that push directly against the habits lead us into sin.

Let's begin with prayer. You will notice that many times we fall into sin because we don't pay enough attention to God. We might know the commandments, but we may not care, or we may think we have a better idea on how to live our lives. God takes a back seat. Prayer directly counters that attitude. When we pray, we make God a priority. Our time is given to Him, our attention is given to Him. We deliberately attempt to listen to Him and to submit ourselves to His will. The self will that leads us into sin is countered by prayer.

The second form of penance is fasting. Very often the pursuit of pleasure is what leads us into sin. Pleasure isn't bad in itself, but if we can't say no to our desires, it will get us into trouble fast. Our desire for stuff leads us to stealing. Gratifying our tempers leads to violence. Lust leads to sins against purity. When we fast, we deliberately say "No" to our appetites. Rather than gratifying our desires, we voluntarily choose some kind of suffering. It directly counteracts that tendency to pursue pleasure regardless of the cost. Our wills come into the control of our desires again, and the distortions in our souls are righted.

The third form of penance is almsgiving. Almsgiving means giving to the poor, but it can be expanded to mean any kind of act of charity or kindness. For all those times when thinking of ourselves led us into sin, almsgiving forces us to put other people first.

By prayer, fasting, and almsgiving, we can satisfy that temporal debt for our sins during this lifetime. But what if there is penance left to be done when we die? So long as we die in a state of grace, that remaining penance will be done by us in purgatory. Purgatory is a place of suffering; most saints and doctors of the church understand it to be a place of purifying fire. In purgatory, we pay the temporal satisfaction due to our sins. The impurities in our soul are burned away in the flames. When that debt is paid and our souls are purified, then we finally enter the joys of heaven forever.

-Joe Moreshead



**THANKSGIVING FOR THOSE IN NEED:** POTHE will be supporting as many families as possible by working with local food pantries to ensure that Thanksgiving is a bountiful and blessed day! All parishioners are asked to contribute food or assist in delivery. These efforts are being coordinated by the POTHE Social Justice and Peace Commission to support our mission "to follow Christ's example in serving those suffering from poverty, hunger, or injustice." FMI, visit pothe.org/holidayhelpers.

**HOLY MARTYRS:** Preparing Thanksgiving baskets for local families. Lists of food and donation envelops will be in the narthex on November 2-3. Return donations by November 24. FMI, Danielle, <a href="mailto:dtracy1@maine.rr.com">dtracy1@maine.rr.com</a> or (207) 232-5113.

**ST. JUDE:** Collecting food donations to support Freeport Community Services and local families. Pick up a grocery bag and shopping list November 3 and 10. Return donations to St. Jude by November 17. FMI, Chris at (207) 712-8127.

**St. Gregory:** Collecting food for holiday baskets for those in need. Bags with suggested items will be available November 9-10. Return donations by November 24. FMI, Kathy, kgeorge2@maine.rr.com.

**SACRED HEART:** Collecting food to assist the Yarmouth Food Pantry in creating Thanksgiving baskets. Bags with shopping lists of needed items will be handed out after Mass November 3. Food will be collected November 16-17. FMI, call the parish office (207) 847- 6890.

#### MAKING MUSIC, PRAYING TWICE—ADVENT FRIDAYS:

Designed for babies, toddlers, preschoolers, and their caregivers. Classes run Fridays, 10:30 am in the Green Room at Holy Martyrs beginning November 15. The last



class on December 20 will feature a Lessons and Carols retelling of the Christmas Story. FMI and to register, visit <a href="mailto:pothe.org/makingmusic">pothe.org/makingmusic</a> or call Jen Runge, (207) 847-6884.

ST. VINCENT DE PAUL CLOTHING NEEDS: We are

accepting warm, winter clothing for men and women. Clothes must be clean and in good, usable condition. We especially need men's pants, sweaters, long-sleeve tops, jackets, coats, socks, shoes, boots, and undergarments. Place donations in the provided collection bins at Holy Martyrs, St. Gregory the Great, and Sacred Heart. Thank

you to all of our volunteers! FMI: Evelyn, (207) 447-1086.



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## Parish Information ~ Celebrating the Sacraments

#### **OUR PRIESTS AND DEACON**



Pastor: Fr. Steven Cartwright



Parochial Vicar: Fr. Peter Kaseta, O.F.M. Cap.



Parochial Vicar. Fr. Paul Marquis



Senior Deacon: Dennis Popadak

#### **OUR FAITH FORMATION AND ADMINISTRATIVE STAFF**



Business Coordinator: Nicole Clavette



Bookkeeper. Terrie Casavant



Director of Pastoral & Liturgical Life: Regina Prince



Handyman: Dave Therrien



Facilities Maintenance Manager: Steve Tuttle



Director of Communications & Technology: Joyce Hale



Director of Faith Formation: Joe Moreshead



Coordinator of Sacraments: Kim Lovett



Coordinator of Family Life: Kalee Gwarjanski



Faith Formation Assistant: Kate McGrath Holmquist



Facilities Maintenance Technician: Chip Metevier



Director of Sacred Music: Jen Runge

#### **Our Mission**

We are the Parish of the Holy Eucharist, a Catholic community called to discipleship, seeking deeper communion with God, each other, and our neighbors by celebrating the Sacraments, sharing God's Word, and serving all in need.

#### **Our Churches**

**Holy Martyrs:** 266 Foreside Road, Falmouth **Sacred Heart:** 326 Main Street, Yarmouth

St. Gregory the Great: 24 N. Raymond Road, Gray

St. Jude: 134 Main Street, Freeport

#### **Our Parish Office**

Address:

Parish of the Holy Eucharist 266 Foreside Road Falmouth, ME 04105

**Phone:** (207) 847-6890

E-mail: pothe@portlanddiocese.org

Website: pothe.org

## Our Cemetery Holy Cross Cemetery

75 Smith Street, Yarmouth

Contact Michele at (207) 773-5796

## Our Eucharistic Adoration Schedule Monday:

12:00 pm - 8:00 pm Holy Martyrs (except holidays) **Friday:** 

8:30 am - 9:30 am St. Gregory the Great

3:00 pm - 6:00 pm St. Jude

Saturday:

8:45 am - 9:45 am Sacred Heart

## Our Confession Schedule Saturday:

8:00 am Holy Martyrs, 1<sup>st</sup> Saturday of the month 8:45-9:45 am Sacred Heart 2:30-3:30 pm Sacred Heart, St. Gregory the Great,

and Holy Martyrs

Or by appointment

Our Mass Schedule						
Sunday N	Masses	Daily Masses				
Saturday	(Anticipatory):	Monday:				
4:00 pm	Holy Martyrs	7:30 am	Holy Martyrs			
4:00 pm	St. Gregory the Great	8:00 am	Sacred Heart			
4:00 pm	Sacred Heart	12:15 pm	Saint Jude			
Sunday:		Tuesday:				
8:00 am	Sacred Heart	7:30 am	Holy Martyrs			
8:30 am	3:30 am Holy Martyrs		Wednesday:			
8:30 am	St. Gregory the Great	7:30 am	Holy Martyrs			
9:30 am St. Jude		Thursday:				
10:30 am	Holy Martyrs	8:00 am	Sacred Heart			
11:00 am	Sacred Heart	Friday:				
5:30 pm	Holy Martyrs (quiet Mass)	7:30 am	Holy Martyrs			
BULLETIN SUBMISSIONS: Items are due 10 days prior to		8:00 am	St. Gregory the Great			
		Saturday:				
	on. Submit to	8:15 am	Sacred Heart			
	portlanddiocese.org.	9:00 am	Holy Martyrs 1 <sup>st</sup> Sat. of the month			

#### Sacramental and Pastoral Care

**Becoming Catholic:** Please contact

pothe.faithformation@portlanddiocese.org

**Sacrament of the Anointing of the Sick:** Please call the parish office with the name, condition, address, and phone number of the person who is in need. **If calling after hours**, when voicemail message begins, press 7 to leave a message for the on-call priest.

**Communion to the Homebound:** Please email Kim Lovett, kim.lovett@portlanddiocese.org.

**Sacrament of Baptism for Infants:** Please contact our parish office as soon as your child is born.

**Sacrament of Matrimony:** Please contact the parish office at least 6 months in advance of the desired date of your wedding.

**Making Funeral Arrangements:** Please contact the funeral home, and they will assist you in making arrangements for the church.