

Sunday,

February 2,

2025

# PARISH OF THE HOLY EUCHARIST



Holy Martyrs | St. Jude | St. Gregory the Great | Sacred Heart



## The Blessing of Throats

February 8 and 9

Our priests will invite those who wish to have their throats blessed to remain after every Mass. We pray for the intercession of St. Blaise in asking God to grant us the gift of good health this winter.

Please join us!

CATHOLIC  
SCHOOLS  
Week



## Celebrate Catholic Schools Week!

Visit our website under the Faith Formation tab for links to Catholic Schools in the area.



## FEAST OF THE PRESENTATION OF THE LORD

"Now, Master, you may let your servant go in peace, according to your word, for my eyes have seen your salvation which you prepared in the sight of all the peoples: a light for revelation to the Gentiles, and glory for your people Israel." -Lk 2:29-32

## Bishop Ruggieri visits Catholic Homeschoolers Group

Last week, Bishop Ruggieri visited our Catholic Homeschoolers Group to learn more about this schooling choice for families. We appreciated your visit, Bishop Ruggieri!



# Parish Calendar ~ This Week and Upcoming

Saturday / Sunday		Monday	Tuesday	
<b>1</b> Memorial of the Blessed Virgin Mary  <b>That Man is You</b> 7:00 am <i>Sacred Heart</i> <b>First Saturday Confession &amp; Rosary</b> 8 am <i>Holy Martyrs</i> <b>Eucharistic Adoration &amp; Confession</b> 8:45 - 9:45 am <i>Sacred Heart</i> <b>Latin Mass</b> 9 am <i>Holy Martyrs</i> <b>First Confessions</b> 2:15 pm <i>Holy Martyrs</i>		<b>3</b> St. Ansgar St. Blaise  <b>AA Meeting</b> 10:30 am - 12 pm <i>St. Gregory the Great</i> <b>Eucharistic Adoration</b> 12 - 8 pm <i>Holy Martyrs</i> <b>Youth Schola</b> 4 pm <i>Sacred Heart</i> <b>Cub Scout Meeting</b> 5:30 pm <b>Boy Scout Meeting</b> 6:30 pm <i>Sacred Heart</i> <b>OCIA</b> 6:30 pm <i>Holy Martyrs</i>	<b>4</b>  <b>Catholicism 101</b> 9:00 am <i>Sacred Heart</i> 7:00 pm <i>Holy Martyrs</i> <b>Centering Prayer Group</b> 9:30 am <i>Holy Martyrs</i> <b>Catholic Homeschoolers</b> 10:00 am <i>Holy Martyrs</i> <b>Friends in Faith</b> 10:30 am <i>Holy Martyrs</i>	<b>ACTS Men's Retreat Team Dinner &amp; Meeting</b> 5:30 - 8 pm <i>Holy Martyrs</i> <b>Knights of Columbus</b> 6:30 pm <i>Holy Martyrs</i> <b>Finance Council Meeting</b> 6:30 pm <i>St. Gregory the Great</i>
Wednesday/Thursday		Friday	Saturday	Sunday
<b>5</b> St. Agatha  <b>Choir Rehearsal</b> 4:45 pm <i>Sacred Heart</i> 7:00 pm <i>St. Gregory the Great</i> <b>Together with Alzheimer's</b> 7:00 pm <i>Sacred Heart</i>  <b>6</b> St. Paul Miki & Companions <b>Meals on Wheels</b> 8:00 am - 12:30 pm <i>St. Jude</i>		<b>7</b>  <b>Eucharistic Adoration</b> 8:30 - 9:30 am <i>St. Gregory the Great</i> 3 - 6 pm <i>St. Jude</i> <b>Making Music, Praying Twice</b> 10:30 am <i>Holy Martyrs</i> <b>Catholicism 101</b> 6:05 pm <i>St. Jude</i> <b>AA Meeting</b> 6:30 - 9:30 pm <i>Sacred Heart</i>	<b>8</b> Memorial of the Blessed Virgin Mary  <b>That Man is You</b> 7:00 am <i>Sacred Heart</i> <b>Eucharistic Adoration &amp; Confession</b> 8:45 - 9:45 am <i>Sacred Heart</i> <b>First Confession</b> 2:15 pm <i>Sacred Heart</i> <b>Catholicism 101</b> 5:15 pm <i>St. Gregory the Great</i>	<b>9</b> 5th Sunday in Ordinary Time  <b>Choir Rehearsal</b> 8:00 am <i>St. Jude</i> <b>Sacramental Prep</b> 9:30 am <i>Sacred Heart</i> <b>Calix</b> 7:00 pm <i>Holy Martyrs</i>

## Mass Intentions for February 1 – February 9

<b>Saturday, February 1</b> 8:15 am SH Fr. M *Special intention for our children & grandchildren by Peter & Cindy McCabe 9:00 am HM Fr. C *Special intention for priests & faithful of Latin Mass community by Una Voce Maine 4:00 pm HM Fr. C *Special Intention for Dino Prato by the Van Loenen family 4:00 pm SGTG Fr. K †Doris Mathew by the Knights of Columbus 4:00 pm SH Fr. M †Josh Holzer by his mom, Judith Pollock				
<b>Sunday, February 2</b> 8:00 am SH Fr. C †Eleanor Hunt by Stephen & Sally Hunt 8:30 am HM Fr. M †Deceased members of the Pierce & Stark families by Christopher & Nancy Pierce 8:30 am SGTG Fr. K †Wade Trudel by Suzanne Trudel 9:30 am SJ Fr. C †Roland Fraser by Evelyn Fraser 10:30 am HM Fr. M *All POTHE Parishioners 11:00 am SH Fr. K †Mary Z. Morgan by William J. Morgan 5:30 pm HM Fr. C †Lev Agren by the Agren family				
<b>Monday, February 3</b> 7:30 am HM Fr. K *Special Intention 8:00 am SH Fr. M †Basil & Estella Latty family by Penny & Anthony DeGance 12:15 pm SJ Fr. C †Souls in Purgatory by a parishioner				
<b>Tuesday, February 4</b> 7:30 am HM Fr. C †Shirley Ludwin by Deb Swift 2:00 pm NH Fr. M *Intentions of the Residents of Sedgewood Commons				
<b>Wednesday, February 5</b> 7:30 am HM Fr. K †George Pride by Bob McDougal				
<b>Thursday, February 6</b> 8:00 am SH Fr. K †David Shaw by the Shaw family				
<b>Friday, February 7</b> 7:30 am HM Fr. K †Nancy March by Tracy Winkeler 8:00 am SGTG Fr. C †Rita Picard by Bret & Marie Sullivan				
<b>Saturday, February 8</b> 8:15 am SH Fr. M †Deceased members of the Daniels family by David & Renee Daniels 4:00 pm HM Fr. M †Celine Barrett by Terry & Kathleen Duddy 4:00 pm SGTG Fr. C †John Bergeron by Pauline Bergeron Flood 4:00 pm SH Fr. K †Casey Chapman & Crystal Doucette by Daniel & Denise Chapman				
<b>Sunday, February 9</b> 8:00 am SH Fr. K †Phil Shimmin by Dina Lattanzi 8:30 am HM Fr. M †Charlie Lynch by Cathy Mullaney & friends 8:30 am SGTG Fr. C †Claire Wessenberg by Howard Wessenberg 9:30 am SJ Fr. K †Ralph Lloyd by Randal & Sylvia Ann Lloyd 10:30 am HM Fr. M †Deceased members of the Strabley family by F. Richard & Betty Strabley 11:00 am SH Fr. C *All POTHE Parishioners 5:30 pm HM Fr. M †Bernard R. Allain by Terence J. Kiernan NH—Nursing Home VP—Visiting Priest *Special Intention †Deceased				



# Sharing God's Word ~ Through Stewardship and Pastoral Life



## Welcome, Visitors!

Want to participate in our Offertory collection? If you'd like to make your offering online, please scan the QR code.



## UPCOMING SECOND COLLECTIONS

**February 2—Catholic School Tuition Collection:** This second collection supports the possibility of a Catholic education for the K-8 children for our Parish. This collection for tuition subsidies will help offset the cost of tuition for Catholic schools and ensure that our elementary school children can receive a Catholic education. Thank you for your support.

**February 16—Haiti Door Collection:** Since 1992, through your generosity, our sister parishes have been able to feed the poor, provide safe gathering spaces, and continue to provide places of worship through several natural disasters and political turmoil. The parishes of St. Therese of the Child Jesus in Marbial and Sacred Heart in Meyer continue to persevere and to joyfully share God's love and mercy. Thank you for your support! FMI, [pothe.org/haiti](http://pothe.org/haiti).

**POTHE NEEDY FUND SUPPORTS LA FIRE RELIEF:** We recently made a \$2500 donation to St. Vincent de Paul of Los Angeles. The recent fires in Los Angeles have left families, first responders, and entire communities facing unimaginable challenges. St. Vincent de Paul is providing essential necessities; however, critical needs remain. Our contribution will go directly toward purchasing vital supplies and supporting those most affected.

The POTHE Social Justice and Peace Commission is grateful for the ongoing generous support of our parishioners, allowing us to follow our mission to follow Christ's example in serving those suffering from poverty, hunger, or injustice. Thank you!



-Elizabeth Rosquete, Chairperson

## PASTOR'S PONDEROSA

My dear parishioners,



Beginning last weekend and into next, many children of our parish will be making their First Holy Confession in preparation for receiving the Sacraments of Confirmation and First Holy Eucharist on Saturday, June 7 at Sacred Heart Church. This is a wonderful milestone in their lives and their families' as well as a great honor and responsibility for me. I ask you to please pray for our children who will be receiving their sacraments for the first time.

The Worldwide Marriage Encounter movement celebrates World Marriage Day on the weekend before Valentine's Day. Many couples have experienced the strengthening of their relationship through their experience of a Marriage Encounter weekend. Overall, in the State of Maine, the total number of marriages (religious or not) continues to decline. Some of that is due in part to the aging of the State's population. Much of it, I fear, is due to the loss of confidence in the institution of marriage itself. Many people today ask themselves, "Why be married?" It is sad that so many people can no longer come up with a good answer to that question! We believe marriage is a way for men and women to fulfill their desire to give of themselves. They give of themselves totally to their spouse and children for life. In offering that gift, they find fulfillment and happiness. That is a message we need to share more and more with our society.

Speaking of marriages, as a reminder, a Catholic (either baptized as a Catholic or later entering the Catholic Church) is bound to be married in the Catholic Church. As per canon 1108.1, "Catholics who wish to marry are obliged to observe canonical form, which means they must marry before the bishop, the parish priest, or a priest/deacon delegated by either of them, and in a ceremony in accord with the liturgical books." For various reasons, Catholic parties find themselves in a civil marriage or one that took place before a non-Catholic minister, without the permission of the Catholic Church. If a Catholic enters marriage outside of the Catholic Church without the necessary dispensation, or permission, then the marriage is considered invalid. While such a marriage may have legal standing in the eyes of the state, it has no legitimate standing in the eyes of the Church.

Couples can seek to have their marriages approved or "blessed" by the Catholic Church. This ceremony sacramentalizing an existing marriage outside of the Catholic Church is called a convalidation and involves both parties making a new act of the will to enter into a valid Catholic marriage, thus demonstrating that they desire a bond that "by its nature is perpetual and exclusive," and which "strengthens and, as it were, consecrates the spouses in a Christian marriage for the duties and dignity of their state" (Code of Canon Law, Canon 1134). Convalidation constitutes the marriage as a true sacramental union. Catholics need faithful priests to walk this road with them. If you are interested in learning more, please reach out to me.

-Fr. Cartwright

# Called to Discipleship ~ Through Faith Formation and Pastoral Life

**ANNUAL DONATION REPORT:** If you would like to request your annual donation report from 2024, please visit our website [pothe.org](http://pothe.org), scroll down, and click on the **Annual Donation Report Request** button to fill out a request, or you may call the parish office, (207) 847-6890.

**SOUPER BOWL OF CARING:** The Parish of the Holy Eucharist will be participating in the *Super Bowl of Caring* on February 8 and 9. Donations of cash or check will be collected after Mass at all of our churches by our ushers and Faith Formation families. Please make checks payable to Parish



of the Holy Eucharist with *Super Bowl* in the memo line. Donations will be sent to the six food pantries in our Parish area: Cumberland, Falmouth, Freeport, Gray, New Gloucester, and Yarmouth. May we show God's love to our neighbors in need as we remember those who go without food in our area!

**MEN'S ACTS RETREAT:** A parishioner remembers his ACTS Retreat: *"I thought I was doing pretty well in my relationship with God, but I got this little nudge inside me that I should try something different. With*



*ACTS, I discovered new-found strength by focusing on that relationship with the support, example, and inspiration of other lay men in my community. These men share many of my same challenges, doubts, and yearnings. There is tremendous comfort in that. ACTS was not what I expected, but it was what I needed. My spiritual life has been re-invigorated."* -TL The Men's Retreat will be held Thursday evening, April 24, to Sunday morning, April 27 at a lakeside retreat center in Winthrop. Retreat cost is \$195. Travel to retreat center and all meals are included. Cost should not be an obstacle for attendees; scholarship funds are available. Reserve your spot now—this Retreat will fill up! FMI and to register, visit <https://pothe.org/acts-retreat> or contact Paul at (207) 773-5507 or Mike at (214) 422-8149.

**ST. VINCENT DE PAUL CLOTHING NEEDS:** We are accepting warm, winter clothing for men and women. **Clothes must be clean and in good, usable condition.** We especially need men's pants along with sweaters, long-sleeve tops, jackets, coats, socks, shoes, boots, and undergarments. Place donations in the collection bins—Holy Martyrs between the narthex and the parish hall, in ground entrance of Sacred Heart, and at the back of St. Gregory the Great. Thank you to all of our volunteers who support St. Vincent de Paul Mission. FMI: Evelyn, (207) 447-1086.



## PRAYER CORNER

### APOSTOLATE OF PRAYER FOR PRIESTS

**Saturday, February 1**

Rev. Reginald R. Brissette  
Rev. Paul M. Sullivan

**Sunday, February 2**

Bishop James T. Ruggieri

**Monday, February 3**

Rev. Raymond P. Morency  
Rev. John Mazzei

**Tuesday, February 4**

Rev. Antonio A. Amato  
Rev. Roger P. Chabot

**Wednesday, February 5**

Our Holy Father

**Thursday, February 6**

Rev. Robert L. Lupo  
Rev. Alfred Jacques

**Friday, February 7**

Rev. Justin F. Sefembly  
V. Rev. Claude R. Gendreau

**Saturday, February 8**

Rev. Roland Berngeh  
Rev. Seamus P. Griesbach

**Sunday, February 9**

Bishop Emeritus Robert P. Deeley, JCD

**WHY WE ASK FOR PRAYERS:** We know God hears all our prayers. Many of us have known the power of His answers. As a faith community, we are called to pray for each other, which is why we publish a list of people in need of healing in the bulletin. Please call our parish office at (207) 847-6890 to include yourself on the list. If you want to add someone else, please ask permission from that person first.

**PRAY FOR OUR SEMINARIANS:** Vin Nguyen, Ezekiel Banla, Evans B. Yongyee, Joseph Beale, Nick Hershbine, Deacons: Erin Donlon, Thanh Duc Pham, Hoa Tien Nguyen.

**PRAY FOR THE KNIGHTS OF COLUMBUS AND FAMILY:** Brother Chip Metevier; Laurene, wife of Brother Dennis Dempsey; Nancy, wife of Brother John Walkenford; Brother Gerald Bose; Brother Charles Thurston; Luke Roy, son of Brother Mark Roy; Art Crowley, brother of Brother Mike Crowley; Brother Manen Clements and wife Pat; Brother James King; Cindy Carrier, wife of Brother Steve Carrier; Brother Paul Tracy; Mark Mullaney, brother of Brother Peter Mullaney.

**PLEASE KEEP IN HEALING PRAYER:** Marianne McNally-Purda, Gretchen Sayward, Edward Hartnett, Joe Becker, Peter Allen Longley, Marie McCann, Dolores Hartnett, Keith Stackpole, Ann Marie Branigan, Ryan Holden, Denise Tibbetts, Bob Pigeon, Nancy Crouch, Doris Charest, Charlie Miller, Jack Laibinis, Sr., Tiffany Eaton, Gilman Michaud, Kelly Dupont, Jean Bissonnette, Tanya Ziegler, Michael Connolly, Charles Pinette, Michaela McGee, Hannah Robinson, Pat Rideout, Joe Slattery, Dennis Chick. Parish of the Holy Eucharist p. 4

# Sharing God's Word ~ Through Faith Formation and Pastoral Life

## Catholic Schools Week

### MY TESTIMONIAL

My name is Ann Pierce. I have been a parishioner of POTHE since 2018 when my husband and I moved our family to Falmouth. We have four children, ages 13, 11, 10 and 8.

Our children attend St. Brigid school in Portland. St. Brigid is an incredible faith community for our family. We originally chose the school for its Catholic values and traditions; academic rigor; and smaller class sizes. We wanted a place where our children could thrive academically while receiving instruction under the same values framework we teach at home. At St. Brigid, we have found this and much more.

Our Catholic school is a place where our children can speak freely about their faith, and share it with their friends in their daily lessons and actions. They attend Mass together weekly as a school, and are provided opportunities to participate in the mass through altar serving, reading, and liturgical music. Different grades have special opportunities to participate in their faith, such as first graders acting out the Nativity at the annual Christmas concert; second graders reporting on a saint for All Saints Day and dressing as that saint at the Mass; third graders leading the Mass for the Feast of the Epiphany, and even eighth graders acting out the living Stations of the Cross during Lent. Once a month, we have the option of arriving to school 30 minutes early to say the Rosary together in one of the classrooms. Additionally, St. Brigid has recently been able to offer occasional Confession for the students who want to attend.

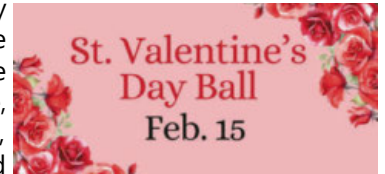
Service and community outreach, while a part of most school programming, is strong at our Catholic school and is presented through the lens of our faith: teaching the children to be people for others, as Jesus was for us. Sacrifice, empathy, compassion – these are the values they learn as they serve at the soup kitchen; assemble new mother and baby kits for the Mother Seton House; create winter homeless bags to distribute; or provide toiletries and supplies to the Friendship House and Grace House to support adults recovering from addiction. This opens lines of conversation about real people who need our prayers and support. Showing the students that they can connect with anyone through prayer and faith is transformative.

As parents, Ed and I do believe that our children's faith formation is our responsibility and begins and ends in the home. However, having their school community act as a partner for us has been immensely helpful. We feel supported in our efforts to raise them with Catholic values, and it brings us joy to see them sharing their faith with friends and teachers each day.

Thank you for listening and for your continued support of our Catholic school students in the POTHE community. Together, we can raise them to be stewards of our faith and people for others.

–Anne Pierce, Parishioner

**ST. VALENTINE'S DAY BALL:** Tickets for the 3<sup>rd</sup> Annual St. Valentine's Day Ball are on sale now! This year's dinner dance will be at 5 pm on February 15 at Holy Martyrs. Tickets are required and can be purchased on our website, [pothe.org/stvball](http://pothe.org/stvball). Act fast, they will sell out! If you would like to volunteer for this fun event, please reach out to Kalee Gwarjanski, Coordinator of Family Life, [kalee.gwarjanski@portlanddiocese.org](mailto:kalee.gwarjanski@portlanddiocese.org) or (207) 663-9076.



### MAKING MUSIC, PRAYING TWICE—SHAKY EGG SHAKE UP!

Come beat the winter blues in our parish's own *free* early childhood music and movement class! For all parents and caregivers with their little ones 5 and under. Classes meet at Holy Martyrs, Fridays, 10:30 am January 17 - February 14. FMI or to register online, [pothe.org/makingmusic](http://pothe.org/makingmusic) or Jen Runge, (207) 847-6884.



**ST. ANDREW DINNER WITH OUR BISHOP:** Bishop James Ruggieri invites young men (high school age and older) who want to learn more about the Catholic priesthood to attend a dinner on Friday, February 7 from 6-8 pm at St. Maximilian Kolbe Church, 150 Black Point Rd., Scarborough. Join Bishop Ruggieri, Fr. Brad Morin, Vocations Director, and area priests for a time of prayer followed by dinner and conversation. Young men open to a vocation to the priesthood will have a chance to learn more about the priesthood and ask questions in a relaxed atmosphere. FMI and to RSVP, Fr. Alex Boucher, [alexander.boucher@portlanddiocese.org](mailto:alexander.boucher@portlanddiocese.org) or visit the website, [www.jp2me.org/andrew](http://www.jp2me.org/andrew).

**VACATION BIBLE CAMP:** Join our parish at Vacation Bible Camp this year, July 14-18, 9 am-noon. This year's theme is Wilderness Adventure. This program was created to help children explore, learn, and grow in their Catholic faith. The goal of this program is to help children better understand the seven sacraments and deepen their love for Jesus. We are looking for campers in rising grades K-5. We are also in need of adult and teen volunteers. Camp will take place at Holy Martyrs this year! Registration is open now!



**CATHOLICISM 101—CHURCH HISTORY:** The winter session began January 10. Each class is offered multiple times over a week, and classes are available to watch on demand on our website. FMI, previously recorded classes, and to sign up for email reminders, visit [pothe.org/catholicism101](http://pothe.org/catholicism101).



**Jan. 31, Feb. 1, 4:** The Council of Trent  
**February 7, 8, 11:** Martyrs of the Reformation



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<p> <b>Hear Me Again</b> Restoring Quality of Life</p> <p><b>Affordable Hearing Aids</b> Randall A. Robinson, BC-HIS</p> <p><b>207-309-9001</b> <b>94 Auburn St., Ste. 201</b> <b>Portland, ME</b> <b>180 Pool St, Ste104,</b> <b>Biddeford, ME</b></p> <p><i>Accepting most major Insurance.</i> Contact me to see if your insurance has hearing aid benefits! <b><a href="http://www.Hearmeagain.net">www.Hearmeagain.net</a></b></p>		



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# Parish Information ~ Celebrating the Sacraments

## OUR PRIESTS AND DEACON



Pastor:  
Fr. Steven Cartwright



Parochial Vicar:  
Fr. Peter Kaseta, O.F.M. Cap.



Parochial Vicar:  
Fr. Paul Marquis



Senior Deacon:  
Dennis Popadak

## OUR FAITH FORMATION AND ADMINISTRATIVE STAFF



Business  
Coordinator:  
Nicole Clavette



Bookkeeper:  
Terrie Casavant



Director of Pastoral  
& Liturgical Life:  
Regina Prince



Handyman:  
Dave Therrien



Facilities  
Maintenance  
Manager:  
Steve Tuttle



Director of  
Communications  
& Technology: Joyce  
Hale



Director of  
Faith Formation:  
Joe Moreshead



Coordinator of  
Sacraments:  
Kim Lovett



Coordinator of  
Family Life:  
Kalee Gwarjanski



Faith Formation  
Assistant: Kate  
McGrath Holmquist



Facilities  
Maintenance  
Technician:  
Chip Metevier



Director of  
Sacred Music:  
Jen Runge

## Our Mission

We are the Parish of the Holy Eucharist, a Catholic community called to discipleship, seeking deeper communion with God, each other, and our neighbors by celebrating the Sacraments, sharing God's Word, and serving all in need.

## Our Churches

**Holy Martyrs:** 266 Foreside Road, Falmouth

**Sacred Heart:** 326 Main Street, Yarmouth

**St. Gregory the Great:** 24 N. Raymond Road, Gray

**St. Jude:** 134 Main Street, Freeport

## Our Parish Office

### Address:

Parish of the Holy Eucharist  
266 Foreside Road  
Falmouth, ME 04105

**Phone:** (207) 847-6890

**E-mail:** [pothe@portlanddiocese.org](mailto:pothe@portlanddiocese.org)

**Website:** [pothe.org](http://pothe.org)

## Our Cemetery

### Holy Cross Cemetery

75 Smith Street, Yarmouth  
Contact Michele at (207) 773-5796

## Our Eucharistic Adoration Schedule

### Monday:

12:00 pm - 8:00 pm Holy Martyrs (except holidays)

### Friday:

8:30 am - 9:30 am St. Gregory the Great

3:00 pm - 6:00 pm St. Jude

### Saturday:

8:45 am - 9:45 am Sacred Heart

## Our Confession Schedule

### Saturday:

8:00 am Holy Martyrs, 1<sup>st</sup> Saturday of the month

8:45-9:45 am Sacred Heart

2:30-3:30 pm Sacred Heart, St. Gregory the Great,  
and Holy Martyrs

**Or by appointment**

## Our Mass Schedule

### Sunday Masses

#### Saturday (Anticipatory):

4:00 pm Holy Martyrs

4:00 pm St. Gregory the Great

4:00 pm Sacred Heart

#### Sunday:

8:00 am Sacred Heart

8:30 am Holy Martyrs

8:30 am St. Gregory the Great

9:30 am St. Jude

10:30 am Holy Martyrs

11:00 am Sacred Heart

5:30 pm Holy Martyrs (quiet Mass)

### BULLETIN SUBMISSIONS:

Items are due 10 days prior to  
publication. Submit to  
[pothe@portlanddiocese.org](mailto:pothe@portlanddiocese.org).

### Daily Masses

#### Monday:

7:30 am Holy Martyrs

8:00 am Sacred Heart

12:15 pm Saint Jude

#### Tuesday:

7:30 am Holy Martyrs

#### Wednesday:

7:30 am Holy Martyrs

#### Thursday:

8:00 am Sacred Heart

#### Friday:

7:30 am Holy Martyrs

8:00 am St. Gregory the Great

#### Saturday:

8:15 am Sacred Heart

9:00 am Holy Martyrs 1<sup>st</sup> Sat.  
of the month

## Sacramental and Pastoral Care

### Becoming Catholic:

Please contact  
[pothe.faithformation@portlanddiocese.org](mailto:pothe.faithformation@portlanddiocese.org)

**Sacrament of the Anointing of the Sick:** Please call the parish office with the name, condition, address, and phone number of the person who is in need. **If calling after hours**, when voicemail message begins, press 7 to leave a message for the on-call priest.

**Communion to the Homebound:** Please email Regina Prince,  
[regina.prince@portlanddiocese.org](mailto:regina.prince@portlanddiocese.org).

**Sacrament of Baptism for Infants:** Please contact our parish office to begin the process.

**Sacrament of Matrimony:** Please contact the parish office at least 6 months in advance of the desired date of your wedding.

**Making Funeral Arrangements:** Please contact the funeral home, and they will assist you in making arrangements for the church.