February 9,

2025

PARISH OF THE HOLY EUCHARIST





The Blessing of Throats

This weekend!

Our priests will invite those who wish to have their throats blessed to remain after every Mass. We pray for the intercession of St. Blaise in asking God to grant us the gift of good health this winter.

Please join us!



5TH SUNDAY IN ORDINARY TIME

"Jesus said to Simon, 'Do not be afraid; from now on you will be catching men.' When they brought their boats to the shore, they left everything and followed him." -Lk 5:10-11

Celebration of 40 Years!

On January 19, the Parish gathered for an organ recital and hymn sing to celebrate our talented musicians' 40 years of service to our Parish. Thank you, Ron Siviski and Phil Thibault, for your dedication and for sharing your talents with us!







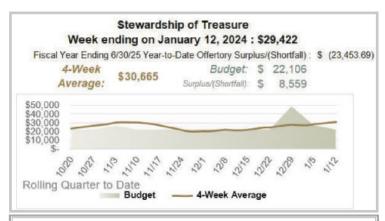
Parish Calendar ~ This Week and Upcoming

Saturday	Sunday	Monday	Tuesday	Wednesday
8 Memorial of the Blessed Virgin Mary	9 5th Sunday in Ordinary Time	10 St. Scholastica	11 Our Lady of Lourdes	12
That Man is You 7:00 am Sacred Heart Eucharistic Adoration & Confession 8:45 - 9:45 am Sacred Heart First Confession 2:15 pm Sacred Heart Catholicism 101 5:15 pm St. Gregory the Great	Choir Rehearsal 8:00 am St. Jude Sacramental Prep 9:30 am Sacred Heart Calix 7:00 pm Holy Martyrs	Children's Adoration Hour 11:00 am Holy Martyrs Eucharistic Adoration 12 - 8 pm Holy Martyrs Youth Schola 4 pm Sacred Heart Cub Scout Meeting 5:30 pm Boy Scout Meeting 6:30 pm Sacred Heart OCIA 6:30 pm Holy Martyrs	Catholicism 101 9:00 am Sacred Heart 7:00 pm Holy Martyrs Centering Prayer Group 9:30 am Holy Martyrs Friends in Faith 10:30 am Holy Martyrs Sacramental Prep Parent Meeting 4:00 pm Sacred Heart ACTS Men's Retreat Team Dinner & Meeting 5:30 - 8 pm Holy Martyrs	Choir Rehearsal 4:45 pm Sacred Heart 7:00 pm St. Gregory the Great Troops of St. George 6:00 pm St. Gregory the Great
Thursday		Friday	Saturday	Sunday
Meals on Wheels 8:00 am - 12:30 pm St. Jude ACTS Men's Retreat Team Leaders Meeting 6:00 pm Holy Martyrs Boy Scout Troop Leader Meeting 6:30 pm Sacred Heart	Choir Rehearsal 6:30 pm Holy Martyrs AA & Al-Anon Meetings 7:00 - 8:30 pm St. Gregory the Great	Eucharistic Adoration 8:30 - 9:30 am St. Gregory the Great 3 - 6 pm St. Jude Making Music, Praying Twice 10:30 am Holy Martyrs AA Meeting 6:30 - 9:30 pm Sacred Heart	15 Memorial of the Blessed Virgin Mary That Man is You 7:00 am Sacred Heart Eucharistic Adoration & Confession 8:45 - 9:45 am Sacred Heart St. Valentine's Day Ball 5 - 8 pm Holy Martyrs	16 6th Sunday in Ordinary Time Choir Rehearsal 8:00 am St. Jude CGS 9:30 am Holy Martyrs Calix 7:00 pm Holy Martyrs

Mass Intentions for February 8 – February 16

Saturday, February 8			Wednesday, February 12				
8:15 am	SH	Fr. M	†Deceased members of the Daniels family by David & Renee Daniels	7:30 am	НМ	Fr. C	†Philip Ripa by Danielle Ogden
4:00 pm	НМ	Er M	†Celine Barrett by Terry & Kathleen Duddy	Thursday	, Febru		
4:00 pm			† John Bergeron by Pauline Bergeron Flood	8:00 am	SH	Fr. K	†Robert & Cynthia Hoehl by the Kostin family
4:00 pm	SH	Fr. K	†Casey Chapman & Crystal Doucette by Daniel & Denise Chapman	Friday, Fe		y 14	·
Sunday,	Februa	arv 9		7:30 am	НМ		*Kay Faulkner by Helen Stanbro
8:00 am	SH		† Phil Shimmin by Dina Lattanzi	8:00 am			*Martin Stanley by Paul & Paula Young
8:30 am	НМ		†Charlie Lynch by Cathy Mullaney & friends	Saturday,	Febru	_	
8:30 am			†Claire Wessenberg by Howard Wessenberg	8:15 am	SH	Fr. M	*Tanner Aho by Courtney Hardwick
9:30 am			†Ralph Lloyd by Randal & Sylvia Ann Lloyd	4:00 pm	HM	Fr. K	†Yvonne Tardy by Barb Obar
10:30 am			† Deceased members of the Strabley family by F. Richard & Betty Strabley	4:00 pm 4:00 pm	SGTG SH		†Elena Reichman by Emilia & Steve Lawson †Raymond Crowley by Patricia Crowley
11:00 am	SH		*All POTHE Parishioners	Sunday, F			, , , , , , , , , , , , , , , , , , , ,
5:30 pm			†Bernard R. Allain by Terence J. Kiernan	8:00 am	SH	_	*All POTHE Parishioners
Monday,			·	8:30 am	НМ	Fr. K	†Fr. Don Bosco Duquette, OFM Cap. by the Van Loenen family
7:30 am	НМ	Fr. K	† Michael R. Dilworth by Edward & Susan Dilworth	8:30 am			†Pat Beaver by Jeanne & Chuck Meuse
8:00 am	SH	Fr. M	†Tom Mardas by Mary Mardas	9:30 am	SJ	Fr. C	*Maryhelen Rice by Gretchen Sayward
12:15 pm	SJ		*TFor the living & deceased members of Desiree Douglas Clady's family	10:30 am	НМ		†Philip Thomas by Tessy Philip
Tuesday, February 11		11:00 am	SH	Fr. M	†Charles M. Belisle, MD by Amy Belisle & Michael Ting		
7:30 am		_	†Dennis & Connie Mulherin by their loving family	5:30 pm NH—Nursi	HM ng Hom	Fr. K	Souls in Purgatory by Sharon Leskanic —Visiting Priest *Special Intention Deceased

Sharing God's Word ~ Through Stewardship and Pastoral Life



Welcome, Visitors!

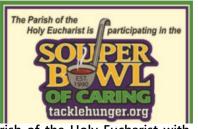
Want to participate in our Offertory collection? If you'd like to make your offering online, please scan the QR code.



UPCOMING SECOND COLLECTIONS

Souper Bowl of Caring: The Parish of the Holy Eucharist

will be participating in the Souper Bowl of Caring on February 8 and 9. Donations of cash or check will be collected after Mass at all of our churches by our ushers and Faith Formation families. Please



make checks payable to Parish of the Holy Eucharist with Souper Bowl in the memo line. Donations will be sent to the six food pantries in our Parish area: Cumberland, Falmouth, Freeport, Gray, New Gloucester, and Yarmouth. May we show God's love to our neighbors in need as we remember those who go without food in our area!

February 16—Haiti Door Collection: Since 1992, through your generosity, our sister parishes have been able to feed the poor, provide safe gathering spaces, and continue to provide places of worship through several natural disasters and political turmoil. The parishes of St. Therese of the Child Jesus in Marbial and Sacred Heart in Meyer continue to persevere and to joyfully share God's love and mercy. Thank you for your support! FMI, pothe.org/haiti.

SENIOR LUNCHEONS RESUME: After breaking for a

couple of months, Senior Luncheons resume the third Thursdays of the month at Sacred Heart, beginning with fellowship at 11:30 am and lunch served at noon. Our next luncheon will be held February 20. Bring a friend! FMI or transportation help: Kim



PASTOR'S PONDEROSA

My dear parishioners,

Last Monday, we celebrated the feast St. Blaise, Bishop and Martyr. After each Mass this weekend, the faithful will have the opportunity to have their throats blessed. We pray for the intercession of St. Blaise in asking God to grant us the gift of good health this winter.

As many of you have seen, last week the Maine Law Court invalidated the 2021 law removing the statute of limitations on allegations of past abuse. Bishop Ruggieri has promulgated a statement on this decision which can be found on the diocesan website and on our parish website.

Please know that the Diocese of Portland has investigated with great care any reports of abuse brought forth, dedicating resources to examining every claim regardless of timeline and providing counseling and support services to those who have come forward. What is learned in those investigations informs us how future offenses can be avoided or prevented. We as a diocese are committed to the highest standards and protocols of keeping our parishes safe places for our children.

There has not been any substantiated report of abuse of a minor in Maine by a member of the clergy occurring within the last 25 years. The **Office of Safe Environment** is responsible for assisting the bishop in the diocese's efforts to combat and prevent child abuse. Created in 2002, the office is responsible for coordinating implementing the diocese's Safe Environment training programs including:

Protecting God's Children: a program designed to educate adults on how to recognize the warning signs that might indicate a child is being abused. This program also addresses in detail how predators behave leading up to an attempt to abuse. Over 21,000 have completed this training (including our 4,837 currently active clergy, employees and volunteers).

Circle of Grace: a program designed to educate both parents and children on the different ways that predators behave and how children can best protect themselves.

The office also performs criminal background checks and motor vehicle checks on all diocesan clergy, diocesan employees, and volunteers who work with children. In 2024, the diocese ran 5,802 background checks. Since 2007, the diocese has spent more than \$5 million on programs to protect children and to offer counseling/clinical outpatient mental health treatment free of charge to those who have come forth to us directly. This work will continue.

The impact that clergy abuse has had on the lives of both victims and survivors can never be understated. As a priest trying to lead souls to Our Lord through His Sacraments it makes me both sad and angry. The reprehensible conduct of certain clergy during that era represents a profoundly painful time that still has effects we all experience today. May we continually pray for justice and healing.

Called to Discipleship ~ Through Faith Formation and Pastoral Life



PURGATORIAL SOCIETY: The second POTHE Purgatorial Society Mass will be **Friday, February 21 at 6:30 pm at Sacred Heart** with Vespers for the Dead (Evening Prayer) at 6:00pm. The Purgatorial Society at POTHE aims to assist the poor souls in purgatory on their way to Heaven. Deceased loved ones enrolled in the Society are remembered and prayed for at the Society's Masses for a year. FMI or to enroll your loved one, visit <u>pothe.org/purgatorialsociety</u>, or call the Parish office at (207) 847-6890.

ST. VINCENT DE PAUL CLOTHING NEEDS: We are

accepting warm, winter clothing for men and women. Clothes must be clean and in good, usable condition. We especially need men's pants along with sweaters, long-sleeve tops, jackets, coats, socks, shoes, boots, and undergarments. Place donations in the collection bins—Holy



Martyrs between the narthex and the parish hall, in ground entrance of Sacred Heart, and at the back of St. Gregory the Great. Thank you to all of our volunteers who support St. Vincent de Paul Mission. FMI: Evelyn, (207) 447-1086.

KNIGHTS OF COLUMBUS | COUNCIL #15791: Thank you for your continued support of our Council through your

participation in the CLYNK recycling program, sponsored by Hannaford. Empty CLYNK bags are available at the rear of each church. Please return filled green recycling bags to any Hannaford. Proceeds from this program benefit needy and worthy causes of the Knights of Columbus Council 15791. For



February Knight of the Month

DGK Dennis Carraway

February Family of the Month

Deacon Dennis Popadak and wife, Beverly

ANNUAL DONATION REPORT: If you would like to request your annual donation report from 2024, please visit our website pothe.org, scroll down, and click on the **Annual Donation Report Request** button to fill out a request, use the QR code to the right, or you may call the parish office, (207) 847-6890.



PRAYER CORNER

APOSTOLATE OF PRAYER FOR PRIESTS			
Saturday, February 8	Rev. Roland Berngeh Rev. Seamus P. Griesbach		
Sunday, February 9	Bishop Emeritus Robert P. Deeley, JCD		
Monday, February 10	Rev. Anthanasius S. Wirsiy Rev. Brian J. Conley, SJ		
Tuesday, February 11	Rev. Michael E. Sevigny, OFM, Cap Rev. Kevin JT Martin		
Weds., February 12	Rev. Algirdas Malakauskis, OFM Rev. Paul R. Marquis		
Thursday, February 13	Rev. Thomas Lequin Rev. Joseph R. McKenna		
Friday, February 14	All Priests		
Saturday, February 15	Rev. Brittoraj Amalogam V.Rev. Louis J. Phillips		
Sunday, February 16	Our Holy Father		

WHY WE ASK FOR PRAYERS: We know God hears all our prayers. Many of us have known the power of His answers. As a faith community, we are called to pray for each other, which is why we publish a list of people in need of healing in the bulletin. Please call our parish office at (207) 847-6890 to include yourself on the list. If you want to add someone else, please ask permission from that person first.

PRAY FOR OUR SEMINARIANS: Vin Nguyen, Ezekiel Banla, Evans B. Yongyee, Joseph Beale, Nick Hershbine, Deacons: Erin Donlon, Thanh Duc Pham, Hoa Tien Nguyen.

PRAY FOR THE KNIGHTS OF COLUMBUS AND FAMILY:

Brother Chip Metevier; Laurene, wife of Brother Dennis Dempsey; Nancy, wife of Brother John Walkenford; Brother Gerald Bose; Brother Charles Thurston; Luke Roy, son of Brother Mark Roy; Art Crowley, brother of Brother Mike Crowley; Brother Manen Clements and wife Pat; Brother James King; Cindy Carrier, wife of Brother Steve Carrier; Brother Paul Tracy; Mark Mullaney, brother of Brother Peter Mullaney.

PLEASE KEEP IN HEALING PRAYER: Marianne McNally-Purda, Gretchen Sayward, Edward Hartnett, Joe Becker, Peter Allen Longley, Marie McCann, Dolores Hartnett, Keith Stackpole, Ann Marie Branigan, Ryan Holden, Denise Tibbetts, Bob Pigeon, Nancy Crouch, Doris Charest, Charlie Miller, Jack Laibinis, Sr., Tiffany Eaton, Gilman Michaud, Kelly Dupont, Jean Bissonnette, Tanya Ziegler, Michael Connolly, Charles Pinette, Michaela McGee, Hannah Robinson, Pat Rideout, Joe Slattery, Dennis Chick. Parish of the Holy Eucharist p. 4

Sharing God's Word ~ Through Faith Formation and Pastoral Life

FROM OUR FAITH FORMATION DIRECTOR

FRIENDSHIP WITH JESUS

The following is a talk I gave to a high school retreat in 2014 when I was a Cap Corps Volunteer at Capuchin Youth and Family Ministries in Garrison, New York.

How many of you have been told before that Jesus is your friend? If Jesus is your friend, how many of you spend time with Him? How many of you talk to Him regularly?

I know when I was a teenager, talking with Jesus and spending time with Him would have sounded weird. I had heard that Jesus was my friend and in an abstract way I believed it, but there was one characteristic of Jesus that put Him in a whole other category from my other friends: the divinity bit.



Being told that I could have a conversation with Jesus would be like being told that the president of the United States wanted to have coffee with me tomorrow morning. Unless it's an FBI agent with a special connection to the White House telling me this, I'm not going to believe it. Mr. President has much more important things to concern himself than little old me. If the president of the United States is too far above me to sit and chat over coffee, Jesus Christ, the king of the universe reigning on His throne in Heaven is clearly out of my league.

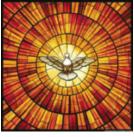
This was the way I thought when I was a teenager, but right around the 8th grade, that view began to change. The church we went to in the summertime was the chapel for the Brothers of Christian Instruction (not to be confused with the Christian Brothers.) I was told once that one of the brothers used to pull up a chair on the altar, sit down, and whisper to Jesus through the doors of the tabernacle.

At first this struck me as bizarre, but over time I thought about it. What's in the tabernacle? The Eucharist. What is the Eucharist? The Body, Blood, Soul and Divinity of Jesus Christ. If Jesus is standing right there in front of you, why shouldn't you be able to have a conversation with Him? Jesus Christ has ears to hear and a mouth to speak. It seemed to work for this Brother, so why not try it?

I went to a Catholic high school (I was a freshman that year) and one of the benefits of going to a Catholic school was that Jesus was literally in the house: on the first floor of Loyola Hall in the tabernacle of the school chapel. During my free periods, I used to slip away, go to the chapel, kneel down before the Blessed Sacrament and have a conversation with Jesus there. I talked to Him about my life, how things were going in school, how things were with my family, and I asked Him for help in things I was struggling with. Like any friendship, the more I spent time with Him and talked with Him, the more I got to know Him.

-Joe Moreshead

TEEN CONFIRMATION: We have a group of teens preparing for their Confirmation this year. Classes will meet on Wednesday evenings at Holy Martyrs Church from 6:30 pm - 7:30 pm from February 26 through March 26. To sign up, go to pothe.org/ teenconfirmation or contact Joe Moreshead at (207) 847-6885.



ST. VALENTINE'S DAY BALL: Tickets for the 3rd Annual St. Valentine's Day Ball are on sale now! This year's dinner dance

will be at 5 pm on February 15 at Holy Martyrs. Tickets are required and can purchased on our website, pothe.org/stvball. Act fast, they will sell out! If you would



like to volunteer for this fun event, please reach out to Kalee Gwarjanski, Coordinator Family Life. kalee.gwarjanski@portlanddiocese.org or (207) 663-9076.

MAKING MUSIC, PRAYING TWICE—SHAKY EGG

SHAKE UP! Come beat the winter blues in our parish's own free early childhood music and movement class! For all



parents and caregivers with their little ones 5 and under. Classes meet at Holy Martyrs, Fridays, 10:30 am January 17 -February 14. FMI or to register online, pothe.org/ makingmusic or Jen Runge, (207) 847-6884.

VACATION BIBLE CAMP: Join our parish at Vacation Bible

Camp this year, July 14-18, 9 am-This year's theme is noon. Adventure. Wilderness This : program was created to help children explore, learn, and grow in their Catholic faith. The goal of this



program is to help children better understand the seven sacraments and deepen their love for Jesus. We are looking for campers in rising grades K-5. We are also in need of adult and teen volunteers. Camp will take place at Holy Martyrs this year! Registration is open now!

CATHOLICISM 101—CHURCH HISTORY: The winter

session began January 10. Each class is offered multiple times over a week, available to watch on demand on our website. FMI, previously



recorded classes, and to sign up for email reminders, visit pothe.org/catholicism101.

February 7, 8, 11: Martyrs of the Reformation Last class until the Fall!



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Parish Information ~ Celebrating the Sacraments

OUR PRIESTS AND DEACON



Pastor: Fr. Steven Cartwright



Parochial Vicar: Fr. Peter Kaseta, O.F.M. Cap.



Parochial Vicar. Fr. Paul Marquis



Senior Deacon: Dennis Popadak

OUR FAITH FORMATION AND ADMINISTRATIVE STAFF



Business Coordinator: Nicole Clavette



Bookkeeper. Terrie Casavant



Director of Pastoral & Liturgical Life: Regina Prince



Handyman: Dave Therrien



Facilities Maintenance Manager: Steve Tuttle



Director of Communications & Technology: Joyce



Director of Faith Formation: Joe Moreshead



Coordinator of Sacraments: Kim Lovett



Coordinator of Family Life: Kalee Gwarjanski



Faith Formation Assistant: Kate McGrath Holmquist



Facilities Maintenance Technician: Chip Metevier



Director of Sacred Music: Jen Runge

Our Mission

We are the Parish of the Holy Eucharist, a Catholic community called to discipleship, seeking deeper communion with God, each other, and our neighbors by celebrating the Sacraments, sharing God's Word, and serving all in need.

Our Churches

Holy Martyrs: 266 Foreside Road, Falmouth **Sacred Heart:** 326 Main Street, Yarmouth

St. Gregory the Great: 24 N. Raymond Road, Gray

St. Jude: 134 Main Street, Freeport

Our Parish Office

Address:

Parish of the Holy Eucharist 266 Foreside Road Falmouth, ME 04105

Phone: (207) 847-6890

E-mail: pothe@portlanddiocese.org

Website: pothe.org

Our Cemetery Holy Cross Cemetery

75 Smith Street, Yarmouth

Contact Michele at (207) 773-5796

Our Eucharistic Adoration Schedule Monday:

12:00 pm - 8:00 pm Holy Martyrs (except holidays)

8:30 am - 9:30 am St. Gregory the Great 3:00 pm - 6:00 pm St. Jude

Saturday:

8:45 am - 9:45 am Sacred Heart

Our Confession Schedule Saturday:

8:00 am Holy Martyrs, 1st Saturday of the month 8:45-9:45 am Sacred Heart 2:30-3:30 pm Sacred Heart, St. Gregory the Great, and Holy Martyrs

Or by appointment

Our Mass Schedule					
Sunday N	Masses	Daily Masses			
Saturday	(Anticipatory):	Monday:			
4:00 pm	Holy Martyrs	7:30 am	Holy Martyrs		
4:00 pm	St. Gregory the Great	8:00 am	Sacred Heart		
4:00 pm	Sacred Heart	12:15 pm	Saint Jude		
Sunday:		Tuesday:			
8:00 am	Sacred Heart	7:30 am	Holy Martyrs		
8:30 am Holy Martyrs		Wednesday:			
8:30 am	St. Gregory the Great	7:30 am	Holy Martyrs		
9:30 am	St. Jude	Thursday	:		
10:30 am	Holy Martyrs	8:00 am	Sacred Heart		
11:00 am	Sacred Heart	Friday:			
5:30 pm	Holy Martyrs (quiet Mass)	7:30 am	Holy Martyrs		
BULLETIN SUBMISSIONS: Items are due 10 days prior to		8:00 am	St. Gregory the Great		
		Saturday:			
	on. Submit to	8:15 am	Sacred Heart		
pothe@portlanddiocese.org.		9:00 am	Holy Martyrs 1 st Sat. of the month		

Sacramental and Pastoral Care

Becoming Catholic: Please contact

pothe.faithformation@portlanddiocese.org

Sacrament of the Anointing of the Sick: Please call the parish office with the name, condition, address, and phone number of the person who is in need. **If calling after hours**, when voicemail message begins, press 7 to leave a message for the on-call priest.

Communion to the Homebound: Please email Regina Prince, regina.prince@portlanddiocese.org.

Sacrament of Baptism for Infants: Please contact our parish office to begin the process.

Sacrament of Matrimony: Please contact the parish office at least 6 months in advance of the desired date of your wedding.

Making Funeral Arrangements: Please contact the funeral home, and they will assist you in making arrangements for the church.