

Sunday,

February 23,

2025

PARISH OF THE HOLY EUCHARIST



LENT 2025

A first look!

Inside our bulletin, we've begun compiling a subset of the available resources for observing the Penitential Season of Lent. Please visit our website pothe.org and click on the Lent tab for a more complete listing.

We're preparing reminder cards for parishioners to keep in your car, carry in your bag, or post on your refrigerator. These cards contain ideas for prayer, fasting, and acting on works of charity. Cards will be available next week! Please make time with your families to prayerfully plan how you will observe this Lent!



7TH SUNDAY IN ORDINARY TIME

“Even sinners lend to sinners, and get back the same amount. But rather, love your enemies and do good to them, and lend expecting nothing back; then your reward will be great and you will be children of the Most High, for he himself is kind to the ungrateful and the wicked.

Be merciful, just as your Father is merciful.” -Lk 6: 34 — 36

WE APPRECIATE YOU!

We, the Parish clergy and staff, want to thank **you**, our dedicated volunteers! Join us for our Mardi Gras Reception on **Tuesday, March 4 from 5 - 7 pm** at Holy Martyrs. All parishioners are invited to attend!



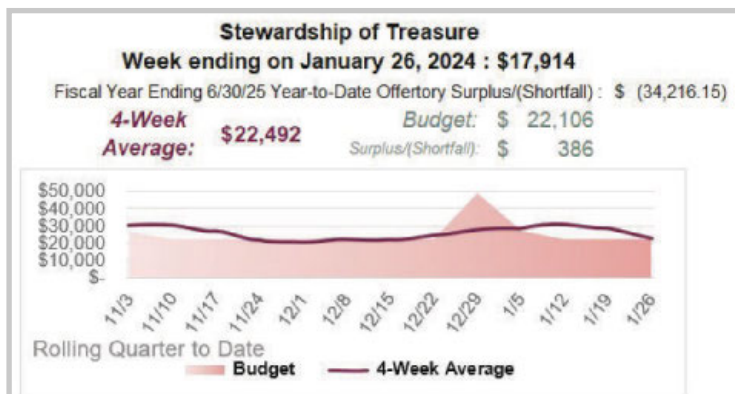
Parish Calendar ~ This Week and Upcoming

Saturday	Sunday	Monday	Tuesday	
<div>22 St. Peter's Chair</div> <div>That Man is You 7:00 am Sacred Heart Eucharistic Adoration & Confession 8:45 - 9:45 am Sacred Heart</div>	<div>23 7th Sunday in Ordinary Time</div> <div>Sanctuary Candle lit for John A. Laibinis Jr. February 23 - March 1 Holy Martyrs Choir Rehearsal 8:00 am St. Jude Sacramental Prep 9:30 am Sacred Heart</div> <div>Gabriel Scott Dompierre Baptism 10:30 am (during Mass) Holy Martyrs Oratory 5:00 pm Sacred Heart Calix 7:00 pm Holy Martyrs</div>	<div>24</div> <div>Eucharistic Adoration 12 - 8 pm Holy Martyrs Youth Schola 4 pm Sacred Heart Cub Scouts 5:30 pm Boy Scouts 6:30 pm Sacred Heart OCIA 6:30 pm Holy Martyrs</div>	<div>25</div> <div>Centering Prayer Group 9:30 am Holy Martyrs Friends in Faith 10:30 am Holy Martyrs Sacramental Prep 4 pm Sacred Heart ACTS Men's Retreat Team Dinner & Meeting 5:30 - 8 pm Holy Martyrs</div>	
Wednesday	Thursday	Friday	Saturday	Sunday
<div>26</div> <div>Opus Dei Recollection for Women 9:30 am - 12:30 pm for Men 5:00 - 8:45 pm Holy Martyrs Choir Rehearsal 4:45 pm Sacred Heart 7:00 pm St. Gregory the Great ACTS Core Meeting 6:00 pm Holy Martyrs Teen Confirmation 6:30 pm Holy Martyrs</div>	<div>27 St. Gregory of Narek</div> <div>Meals on Wheels 8:00 am - 12:30 pm St. Jude Choir Rehearsal 6:30 pm Holy Martyrs AA & Al-Anon Meetings 7:00 - 8:30 pm St. Gregory the Great</div>	<div>28</div> <div>Eucharistic Adoration 8:30 - 9:30 am St. Gregory the Great 3 - 6 pm St. Jude AA Meeting 6:30 - 9:30 pm Sacred Heart</div>	<div>1 Memorial of the Blessed Virgin Mary</div> <div>That Man is You 7:00 am Sacred Heart First Saturday Confession & Rosary 8:00 am Holy Martyrs Eucharistic Adoration & Confession 8:45 - 9:45 am Sacred Heart Latin Mass 9:00 am Holy Martyrs</div>	<div>2 8th Sunday in Ordinary Time</div> <div>Choir Rehearsal 8:00 am St. Jude FIRE/CGS 8:30 - 11:30 am Holy Martyrs Calix 7:00 pm Holy Martyrs</div>

Mass Intentions for February 22 – March 2

Saturday, February 22 8:15 am SH Fr. M Kristen Gould by her loving family 4:00 pm HM Fr. C † Alice Marie Meuse by Jeanne & Chuck Meuse 4:00 pm SGTG Fr. K † Rita Picard by Bret & Marie Sullivan 4:00 pm SH Fr. M † Viola Palmacci by Gina Stokes Sunday, February 23 † 8:00 am SH Fr. M † William Waylein by Sheila Anderson & family 8:30 am HM Fr. C *All POTHE Parishioners 8:30 am SGTG Fr. K † Bogart Salzberg by Annemarie Salzberg 9:30 am SJ Fr. M † Victor Fraser by Evelyn Fraser 10:30 am HM Fr. C † Bill Stanbro by friends in Centering Prayer 11:00 am SH Fr. K † Inez Moore by her niece, Kara Salvadore 5:30 pm HM Fr. C *Special Intention for Sharon Leskanic by Tracy Winkeler Monday, February 24 7:30 am HM Fr. K † Robert B. Noyes by Edward & Susan Dilworth 8:00 am SH Fr. M † Clarinda Young by Deb Swift 12:15 pm SJ Fr. C † Michael J. Robb by Paul Doiron Tuesday, February 25 7:30 am HM Fr. C † Deceased members of the Boulos, Pelletier, Flaherty & Wise families by Karen McPhee Wednesday, February 26 7:30 am HM Fr. K *Special Intention	Thursday, February 27 8:00 am SH Fr. K † Pat Becker by Joe Becker Friday, February 28 7:30 am HM Fr. K † Michael Kostin by the Kostin family 8:00 am SGTG Fr. C † Deceased family members of Bret & Marie Sullivan by Bret & Marie Sullivan Saturday, March 1 8:15 am SH Fr. M † Kay Pierce by Frank Leahy 9:00 am HM Fr. C † Maria Francisca Valle by Estela Valle 4:00 pm HM Fr. M † John Salvo by Mary & Tony Salvo 4:00 pm SGTG Fr. C † Victoria P. Dizon by Emilia & Steve Lawson 4:00 pm SH Fr. K † Bill Honan by Michael & Molly (Honan) DiLorenzo Sunday, March 2 8:00 am SH Fr. K † Susan & Patrick Gray by the Albert family 8:30 am HM Fr. C † Francis Downey by his grandchildren 8:30 am SGTG Fr. M † Clifford Tracy by Sherry Hebert 9:30 am SJ Fr. K † Renato Balmaceda by Lydia Dondiz 10:30 am HM Fr. M † Joseph DiMateo by John Marr Sr. 11:00 am SH Fr. C *All POTHE Parishioners 5:30 pm HM Fr. M † Donna M. Jones by Helen Stanbro NH—Nursing Home VP—Visiting Priest *Special Intention †Deceased
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Sharing God's Word ~ Through Stewardship and Pastoral Life



Welcome, Visitors!

Want to participate in our Offertory collection? If you'd like to make your offering online, please scan the QR code.



UPCOMING SECOND COLLECTIONS

March 5, Ash Wednesday—Church in Eastern Europe and Solidarity Fund for Africa: This is a combined collection with 50% of the funds collected going towards each cause. The first cause seeks to meet the needs of rebuilding the Church. It focuses on training seminarians and lay leaders, supporting social service programs, youth ministry, pastoral and catechetical centers, schools, church construction and renovation, and evangelization through Catholic media. The second cause is our opportunity to support the faith of our African brothers and sisters.

March 9—Native American and Black Missions: This collection continues as the embodiment of the Church's concern for evangelizing the Black and Native American peoples of the United States. The funds are distributed as grants to dioceses throughout the United States, supporting and strengthening evangelization programs that otherwise would cease. This Collection was formerly known as The Black and Indian Home Mission Collection.

NEW DATES! KNIGHTS OF COLUMBUS ANNUAL BABY BOTTLE DRIVE:

Once again, our Knights are raising funds to support ABBA Women's Center in Portland. The ABBA Center provides free services to women who are pregnant, with the intent of helping direct them to "Choose Life" for their unborn children. **Baby bottles will be available after Masses on February 22 and 23.** Please take one home and fill the bottles with cash, coins, or checks made payable to *Knights of Columbus Council #15791*. **Return the filled bottles the weekend of March 1 and 2.** Thank you for participating in this important work supporting women to choose life.



FRIENDSHIP HOUSE MINISTRY: We deliver our next Friendship House meal on Tuesday, February 25. Please have food and pantry/toiletry donations to Holy Martyrs by 1 pm.

PASTOR'S PONDEROSA



My dear parishioners,

I'd like to thank everyone who attended our 3rd annual **St. Valentine's Day Ball** last Saturday. A great time of fellowship, dinner, and dancing was had by all! I'd like to thank in a special way Kalee, who has worked so hard every year to put this wonderful event together for us, as well as all our volunteers who help in many ways.

Speaking of volunteers, on **Tuesday, March 5 from 4-7 pm** at Holy Martyrs, will have our annual Mardi Gras volunteer party. This is the staff's opportunity to thank all our volunteers of our parish. Whether you are a reader, a greeter, a decorator, an usher, a catechist, and everything in between, **YOU** are invited to join us! Our parish simply would not survive if it weren't for our many incredible volunteers who give their time and talents monthly, weekly and, yes, even daily to further the mission of POTHE. If you volunteer in ANY capacity, please be sure to pick up an invite at Mass this weekend and please plan to join us.

Lent will begin next Wednesday, March 5. There will be times for Confessions, Stations of the Cross, Simple Suppers, and Masses during the weeks of Lent, as you can see in this bulletin. But perhaps the more important opportunities are those we create for ourselves, opportunities to practice the spiritual and corporal works of mercy, opportunities for sacrifices and other acts of mortification, opportunities to reflect on where our life is really leading us and decide about taking a new direction back to the Lord and to one another. These final days leading up to Lent are the time to give some thought to all those possibilities.

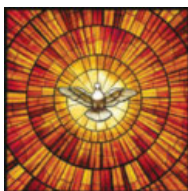
Beginning on **Tuesday, March 4**, I will be adding an additional time for the Sacrament of Reconciliation at St. Gregory the Great in Gray, from 5:30-6:30 pm. Fr. Peter, Fr. Paul, and I will rotate each week. We will offer this time through Lent and Easter and then do a re-evaluation.

Also, for Lent this year, we will once again be undertaking a parish spiritual read. I have selected Bishop Barron's **Introduction to Prayer**. Prayer fascinates us. Studies show that even atheists and agnostics sometimes pray. But what precisely is prayer? How does it "work"? And what are some of the time-tested ways to practice it? This book offers a collection of rich yet brief reflections on prayer in the Catholic spiritual tradition from acclaimed author, speaker, and theologian Bishop Robert Barron. This book explores the answers to questions like: Why should I pray?, What should I say or do when I'm praying?, Who exactly am I praying to?, Are there different types of prayer?, What do the spiritual masters say about prayer?, How can I establish a solid routine of prayer?, And many more. I hope that this book will inspire us to seek out more frequent conversation, and a deeper communion with God, not only through Lent, but beyond.

—Fr. Cartwright

Called to Discipleship ~ Through Faith Formation and Pastoral Life

TEEN CONFIRMATION: We have a group of teens preparing for their Confirmation this year. Classes will meet on Wednesday evenings at Holy Martyrs from 6:30 pm – 7:30 pm from February 26 through March 26. To sign up, go to pothe.org/teenconfirmation or contact Joe Moreshead at (207) 847-6885.



ADULT CONFIRMATION: If you are a baptized Catholic age 12-120 and have not yet received the Sacrament of Confirmation, we highly encourage you to contact us about starting preparation to complete your Sacraments of Initiation. Adult and teen Confirmations typically take place in the spring, which means winter is a great time to start the process. Classes will be tailored to your needs and we are happy to work with your schedule. FMI, pothe.org/confirmation or Joe Moreshead (207) 847-6885.

CALLING MISSIONARY TEACHERS – TOTUS TUUS

2025: The Diocese of Portland is accepting applications for college age students to spend a summer bringing youth and teens closer to Christ by leading Totus Tuus! Teachers for Totus Tuus are Catholic college students who are on fire for their faith! FMI or to apply, <https://portlanddiocese.org/vocations-seminarians/teach-totus-tuus>.



THE CROSS, THE TOMB, AND THE RESURRECTION—A Journey to Easter in the Ordinary with Fr. Bob Pecoraro, SJ

This retreat looks at the Cross, the tomb, and the Resurrection not as individual events but rather, as a continuum that fulfills God's salvific plan. The retreat will be held Saturday, March 8 from 9 am to noon (doors open at 8:30 am) at Our Lady of Hope Parish Hall, 492 Ocean Ave, Portland. This event is free, but please register so we will know that you are coming and have enough materials on hand. Registration deadline is February 28.



SMALL GROUP FAITH-SHARING FOR ADULTS: Our OLH/POTHE ACTS Ministry is sponsoring a faith-sharing group for adult parishioners that meets once a month on Wednesday evenings. We'll gather at St. Pius X church hall on Ocean Avenue in Portland. Our group leader is Fr. Brian Conley, SJ. The next meeting is **Wednesday, February 26, from 6.30 pm to 8 pm (there will be snacks!).** Please plan to join us! FMI: Peter, 207-329-5889.



VACATION BIBLE CAMP: Join our parish at Vacation Bible Camp this year, July 14-18, 9 am-noon. This year's theme is Wilderness Adventure. We are looking for campers in rising grades K-5 AND adult/teen volunteers. Camp will take place at Holy Martyrs this year! Registration is open now!



PRAYER CORNER

APOSTOLATE OF PRAYER FOR PRIESTS

Saturday, February 22	V. Rev. Jean-Paul Labrie Rev. Peter Uhde
Sunday, February 23	Rev. Elaiyareja Thaniyel, HGN Rev. Edward R Clifford
Monday, February 24	Rev. Albin A. Andrus Rev. Robert C. Vaillancourt
Tuesday, February 25	Rev. Hyacinth N. Fomkwa Rev. Anthony Lawir
Weds., February 26	Rev. Augustine Foka Kifon Rev. Amandus B. Sway, AJ
Thursday, February 27	Rev. Joel R. Cyr Rev. John C. Bacevicius, OFM
Friday, February 28	Rev. William F. Modlin Rev. Alexander Boucher
Saturday, March 1	V.Rev. Richard C. Malo Rev. Sahaya P. Remgius, SAC
Sunday, March 2	Bishop James T. Ruggieri



Sanctuary Candle Lit

HOLY MARTYRS
February 23 – March 1
for
John A. Laibinis, Jr.

WHY WE ASK FOR PRAYERS: We know God hears all our prayers. Many of us have known the power of His answers. As a faith community, we are called to pray for each other, which is why we publish a list of people in need of healing in the bulletin. Please call our parish office at (207) 847-6890 to include yourself on the list. If you want to add someone else, please ask permission from that person first.

PRAY FOR OUR SEMINARIANS: Vin Nguyen, Ezekiel Banla, Evans B. Yongyee, Joseph Beale, Nick Hershbine, Deacons: Erin Donlon, Thanh Duc Pham, Hoa Tien Nguyen.

PRAY FOR THE KNIGHTS OF COLUMBUS AND FAMILY: Brother Chip Metevier; Laurene, wife of Brother Dennis Dempsey; Nancy, wife of Brother John Walkenford; Brother Gerald Bose; Brother Charles Thurston; Luke Roy, son of Brother Mark Roy; Art Crowley, brother of Brother Mike Crowley; Brother Manen Clements and wife Pat; Brother James King; Cindy Carrier, wife of Brother Steve Carrier; Brother Paul Tracy; Mark Mullaney, brother of Brother Peter Mullaney.

PLEASE KEEP IN HEALING PRAYER: Marianne McNally-Purda, Gretchen Sayward, Edward Hartnett, Joe Becker, Peter Allen Longley, Marie McCann, Dolores Hartnett, Keith Stackpole, Ann Marie Branigan, Ryan Holden, Denise Tibbetts, Bob Pigeon, Nancy Crouch, Doris Charest, Charlie Miller, Jack Laibinis, Sr., Tiffany Eaton, Gilman Michaud, Kelly Dupont, Jean Bissonnette, Tanya Ziegler, Michael Connolly, Charles Pinette, Michaela McGee, Hannah Robinson, Pat Rideout, Joe Slattery, Dennis Chick. Parish of the Holy Eucharist p. 4

Sharing God's Word ~ Through Faith Formation and Pastoral Life

FROM OUR FAITH FORMATION DIRECTOR

FRIENDSHIP WITH JESUS

Part III—Jesus Loves Me and He's Always There

As I became closer with Jesus and got to know Him more, I learned more about Him. One of the key lessons that came through was that Jesus loves me.

It sounds obvious, but the reality was more profound than I had expected. I had heard people tell me Jesus loved me before, but it was abstract to me. "Of course Jesus loves me, since God is Love and Jesus is God. That's just what Jesus does." As I got to know Jesus, it wasn't just a concept anymore. I began to notice how good He was to me and how much He took care of me. He put wonderful people in my life in my family and my friends. Everything I needed He provided for me, from a Catholic education, to grace when I was down to the wire finishing a project, to encounters with people and experiences that happened right when I needed them most. Like a good friend, Jesus really cared for me and was there for me.



Second: Jesus loves me, yes I know, but that doesn't always mean He's gentle and warm. Have you ever had those friends who know you well enough to tell it to you straight when you're screwing up? Why do they do that? Because they care for you too much let you keep going as you are. It is the same way with Jesus. Jesus cares for you too much to sit by passively while you throw your life away. He loves you enough to be warm and kind when you need comforting, but He also loves you enough to tell you to smarten up when you need a wakeup call. It's hard to hear in the moment, but it's a sign of a true friend.

The third thing I learned about Jesus: He's always there. Friends are people you can count on, who will stand by you until the bitter end. Jesus is that friend par excellence. Even the best of human friends can flake out on you sometimes, but Jesus never does. I know I can always find Jesus waiting for me in the tabernacle, ready to listen, to help, to guide me. He was the first person I came to when I got accepted to college, the first person I went to when one of my friends passed away, the first person I went to when I was struggling to keep afloat with my school work. No matter what was going on, He was someone Whom I could turn to, Who would be there for me.

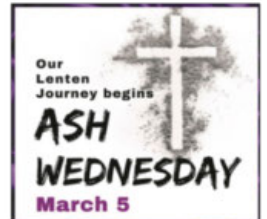
I encourage you to get to know this Jesus Christ. He's there waiting for you; you just have to get to know Him. It can be as simple as starting a conversation. Some of you think this is nuts, but I encourage you to give it a try. Go, speak to Him. It's a chance for you to meet the greatest friend you'll ever know.

—Joe Moreshead



MASSES AND DISTRIBUTION OF ASHES

7:30 am Holy Martyrs
8:00 am St. Gregory the Great
Sacred Heart
12:15 pm Sacred Heart (Liturgy of the Word
and ashes only)
5:30 pm Holy Martyrs
6:00 pm St. Jude



DAILY MASS SCHEDULE DURING LENT

Monday

7:30 am Holy Martyrs
12:15 pm St. Jude
5:30 pm Sacred Heart

Tuesday

7:30 am Holy Martyrs
5:30 pm Sacred Heart

Wednesday

7:30 am Holy Martyrs

Thursday

8:00 am Sacred Heart

Friday

8:00 am St. Gregory the Great
5:30 pm Holy Martyrs

FRIDAY EVENING STATIONS OF THE CROSS SIMPLE

SUPPERS: On Fridays during Lent, three of our churches are making the Stations of the Cross. Join us at 5:30 pm at either St. Jude or St. Gregory the Great, followed by a simple supper. At Holy Martyrs, Stations of the Cross will be made at 6:30 pm after the simple supper.

LENTEN SMALL GROUP: Friends in Faith invites you to join us to study *Made in Heaven: A Guided Lent Journal for Prayer and Meditation*. The program is led by Fr. Agustino Torres, CFR. We'll do short daily readings on our own, and see a brief video during our discussions each week. We will pass out the books at our first meeting on Tuesday, March 4 (Shrove Tuesday), 10:30 am - noon. We meet in the Green Room at Holy Martyrs. Hoping to see you there. FMI, Happy (207) 272-2346, voice or text.

PARISH LENTEN RETREAT: Our Lenten retreat this year will be March 24-26 at 11:00 am at Sacred Heart or 5:00 pm at St. Gregory the Great. Each session will include a talk on the Sacred Heart of Jesus followed by prayer and meditation. For those who wish to participate at home, the talks and meditations will be available on our website under our Lent tab.

ALMSGIVING—ST. VINCENT DE PAUL

CLOTHING: We are in desperate need of men's winter clothing donations. We seek pants, sweaters, long-sleeve tops, coats, hats, gloves, socks, shoes, boots, and undergarments. Donations must be in **good, usable condition**. Place donations in the collection bins. FMI: Evelyn, (207) 447-1086.



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Fr. Steven Cartwright



Parochial Vicar:
Fr. Peter Kaseta, O.F.M. Cap.



Parochial Vicar:
Fr. Paul Marquis



Senior Deacon:
Dennis Popadak

OUR FAITH FORMATION AND ADMINISTRATIVE STAFF



Business
Coordinator:
Nicole Clavette



Bookkeeper:
Terrie Casavant



Director of Pastoral
& Liturgical Life:
Regina Prince



Handyman:
Dave Therrien



Facilities
Maintenance
Manager:
Steve Tuttle



Director of
Communications
& Technology: Joyce
Hale



Director of
Faith Formation:
Joe Moreshead



Coordinator of
Sacraments:
Kim Lovett



Coordinator of
Family Life:
Kalee Gwarjanski



Faith Formation
Assistant: Kate
McGrath Holmquist



Facilities
Maintenance
Technician:
Chip Metevier



Director of
Sacred Music:
Jen Runge

Our Mission

We are the Parish of the Holy Eucharist, a Catholic community called to discipleship, seeking deeper communion with God, each other, and our neighbors by celebrating the Sacraments, sharing God's Word, and serving all in need.

Our Churches

Holy Martyrs: 266 Foreside Road, Falmouth

Sacred Heart: 326 Main Street, Yarmouth

St. Gregory the Great: 24 N. Raymond Road, Gray

St. Jude: 134 Main Street, Freeport

Our Parish Office

Address:

Parish of the Holy Eucharist
266 Foreside Road
Falmouth, ME 04105

Phone: (207) 847-6890

E-mail: pothe@portlanddiocese.org

Website: pothe.org

Our Cemetery

Holy Cross Cemetery

75 Smith Street, Yarmouth
Contact Michele at (207) 773-5796

Our Eucharistic Adoration Schedule

Monday:

12:00 pm - 8:00 pm Holy Martyrs (except holidays)

Friday:

8:30 am - 9:30 am St. Gregory the Great

3:00 pm - 6:00 pm St. Jude

Saturday:

8:45 am - 9:45 am Sacred Heart

Our Confession Schedule

Saturday:

8:00 am Holy Martyrs, 1st Saturday of the month

8:45-9:45 am Sacred Heart

2:30-3:30 pm Sacred Heart, St. Gregory the Great,
and Holy Martyrs

Or by appointment

Our Mass Schedule

Sunday Masses

Saturday (Anticipatory):

4:00 pm Holy Martyrs

4:00 pm St. Gregory the Great

4:00 pm Sacred Heart

Sunday:

8:00 am Sacred Heart

8:30 am Holy Martyrs

8:30 am St. Gregory the Great

9:30 am St. Jude

10:30 am Holy Martyrs

11:00 am Sacred Heart

5:30 pm Holy Martyrs (quiet Mass)

BULLETIN SUBMISSIONS:

Items are due 10 days prior to
publication. Submit to
pothe@portlanddiocese.org.

Daily Masses

Monday:

7:30 am Holy Martyrs

8:00 am Sacred Heart

12:15 pm Saint Jude

Tuesday:

7:30 am Holy Martyrs

Wednesday:

7:30 am Holy Martyrs

Thursday:

8:00 am Sacred Heart

Friday:

7:30 am Holy Martyrs

8:00 am St. Gregory the Great

Saturday:

8:15 am Sacred Heart

9:00 am Holy Martyrs 1st Sat.
of the month

Sacramental and Pastoral Care

Becoming Catholic: Please contact

pothe.faithformation@portlanddiocese.org

Sacrament of the Anointing of the Sick: Please call the parish office with the name, condition, address, and phone number of the person who is in need. **If calling after hours**, when voicemail message begins, press 7 to leave a message for the on-call priest.

Communion to the Homebound: Please email Regina Prince, regina.prince@portlanddiocese.org.

Sacrament of Baptism for Infants: Please contact our parish office to begin the process.

Sacrament of Matrimony: Please contact the parish office at least 6 months in advance of the desired date of your wedding.

Making Funeral Arrangements: Please contact the funeral home, and they will assist you in making arrangements for the church.