March 9,

2025

PARISH OF THE HOLY EUCHARIST

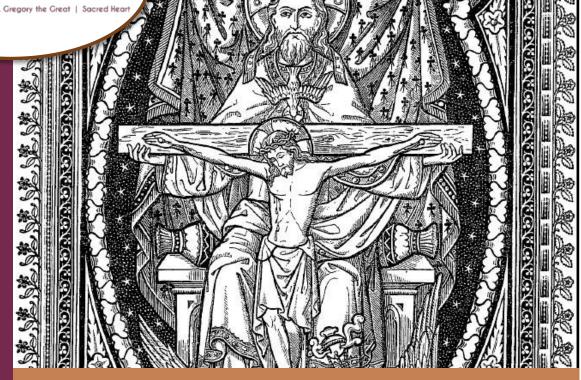


MARCH SENIOR LUNCHEON

Our next Senior
Luncheon will be held on
March 20 at Sacred Heart
beginning with fellowship
at 11:30 am and lunch
served at noon. Bring a
friend! FMI or
transportation help: Kim
Lovett, or (207) 553-7042.

ACTS MEN'S RETREAT

An ACTS Retreat is a 3-day, 3-night, retreat offering parishioners the chance to experience the love of Jesus Christ in a profound way. ACTS Retreats are given by parishioners for fellow parishioners and build Christian community within the parish. More details on p. 3.



1ST SUNDAY OF LENT

"Filled with the Holy Spirit, Jesus returned from the Jordan and was led by the Spirit into the desert for forty days, to be tempted by the devil. He ate nothing during those days, and when they were over he was hungry." -Lk 4:1-2



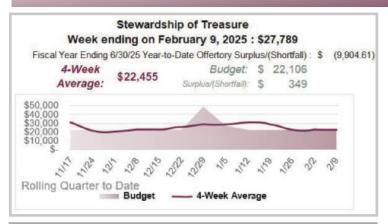
The POTHE Knights of Columbus Council #!5791 are pleased to announce the Spino family as their Family of the Year! More details on p. 3.

Parish Calendar ~ This Week and Upcoming

Saturday	Sunday	Mond	ay	Tuesday	Wednesday
8 St. John of God That Man is You 7 am Sacred Heart Eucharistic Adoration & Confession 8:45 - 9:45 am Sacred Heart OCIA Retreat 9 am - 3 pm Sacred Heart Galo Castellanos Funeral 10 am St. Gregory the Great	9 1st Sunday of Lent Choir Rehearsal 8 am St. Jude Sacramental Prep 9:30 am Sacred Heart Connected Catholics 2 pm Holy Martyrs Oratory 5 pm Sacred Heart Calix 7 pm Holy Martyrs	AA Meeting 10:30 am St. Gregory the Eucharistic Ac 12 - 8 pm Holy Martyrs Youth Schola 4 pm Sacred Heart Cub Scouts 5:30 pm Boy Scouts 6:30 pm Sacred Heart OCIA 6:30 pm Holy Martyrs		Centering Prayer Group 9:30 am Holy Martyrs Friends in Faith 10:30 am Holy Martyrs Sacramental Prep 4 pm Sacred Heart ACTS Men's Retreat Team Dinner & Meeting 5:30 - 8 pm Holy Martyrs	Choir Rehearsal 4:45 pm Sacred Heart 7:00 pm St. Gregory the Great Troops of St. George 6 - 8 pm St. Gregory the Great Teen Confirmation 6:30 pm Holy Martyrs
Thursday	Friday			Saturday	Sunday
Social Justice Committee Meeting 5:30 - 8 pm Sacred Heart Choir Rehearsal 6:30 pm Holy Martyrs Boy Scout Troop Leader Meeting 6:30 pm Sacred Heart AA & Al-Anon Meetings 7 - 8:30 pm St. Gregory the Great	Eucharistic Adoration 8:30 - 9:30 am St. Gregory the Great 3 - 6 pm St. Jude Making Music, Praying Twice 10:30 am Holy Martyrs	Stations of the 5:30 pm St. Gregory the St. Jude 6:30 pm Holy Martyrs Simple Suppe 6:00 pm Holy Martyrs St. Gregory the St. Jude AA Meeting 6:30 - 9:30 pm Sacred Heart	Great r	That Man is You 7 am Sacred Heart Eucharistic Adoration & Confession 8:45 - 9:45 am Sacred Heart Sacramental Prep Retreat 9:30 am - 12:30 pm Sacred Heart	16 2nd Sunday of Lent Choir Rehearsal 8 am St. Jude Sacramental Prep 9:30 am Sacred Heart CGS 9:30 - 11 am Holy Martyrs Knights of Columbus "Meet & Greet" 1 - 3 pm St. Gregory the Great Calix 7 pm Holy Martyrs
Mass Intentions for March 8 – March 16 Seturday, March 9					
Saturday, March o	Saturday, March 8 Wednesday, March 12				

Saturday, March 8		Wednesday, March 12					
	_		† George Pride by Bob McDougal	7:30 am	НМ	Fr. C	†Mr. & Mrs. John Gorman Sr. by Maureen Gorman
	НМ		Dorothy M. Canty by Patricia LaClair	Thursday, March 13			
4:00 pm	SGTG	Fr. M	† Ernie Austin by Sue, Brett, Braden, Blessing, Breanne & families	8:00 am	SH		†Bill Hughes by Lewanne Hughes
	61.1		† Harold & Rita O'Connell by James & Gail	Friday, March 14			
4:00 pm	SH	Fr. C	O'Connell	8:00 am	SGTG	Fr. C	†Deceased members of the Rouleau family
Sunday, I			WALL DOTLIED I .	5:30 PM	НМ	Fr. K	†Michael R. Dilworth by Edward & Susan Dilworth
8:00 am	SH		*All POTHE Parishioners	Saturday,	March	15	
8:30 am	HM		† Josephine Baldante by Linda La Vopa	8:15 am	SH		†Judy Mosier by Jan Reynolds
8:30 am			† Doris Mathew, OFS by Terri Seamans	4:00 pm	HM		†Carol Sullivan by Jack & Judy Fallon
9:30 am		Fr. C Fr. K	† Andrew Hovey by Louise Gorman † Deceased members of the Ryer & Schissel	4:00 pm	SGTG	Fr. K	†Carl & Mary Ann Lechner by Edward & Marcia Lechner
10:30 am	HIVI		† Deceased members of the Ryer & Schissel families by Mary & Chris Ryer	4:00 pm	SH	Fr. M	1 James & Theresa Forestell by Bill & Mary Keith
11:00 am	SH	Fr. M	†Charles Belisle by his Children & Grandchildren	Sunday, March 16			
5:30 pm	НМ	Fr. K	† William D. Stanbro by Tracy Winkeler	8:00 am	SH	Er M	†John & Catherine Collins by John & Jeanne Collins
Monday, March 10							
7:30 am		Fr. K	† Evangeline Harnois & Rosemarie Taliento by Lisa & Mats Agren	8:30 am	HM		John C. Flaherty by John M. Flaherty
			•	8:30 am	SGTG	Fr. K	David Maurice by Anne Maurice
12:15 pm	SJ	Fr. C	* Peggie Cocchia by Gretchen Sayward	9:30 am	SJ	Fr. M	†Margot & John Ďionne by Georgette B. Dionne
5:30 pm			† Souls in Purgatory by a parishioner	10:30 am	НМ		†Douglas Stoodley by Lyn Stoodley
Tuesday, March 11		11:00 am	СП	Fr. K	†Daniel J. Wellehan Jr. by Tim & Ann Marie		
7:30 am	НМ	Fr. C	†Corinne & Kristoffer by Mom & Dad				Bolduc
5:30 pm	SH	Fr. M	†Robert & Cynthia Hoehl by the Kostin family	5:30 pm NH—Nursi	HM ng Hom		★All POTHE Parishioners —Visiting Priest ★Special Intention †Deceased

Sharing God's Word ~ Through Stewardship and Pastoral Life



Welcome, Visitors!

Want to participate in our Offertory collection? If you'd like to make your offering online, please scan the QR code.



UPCOMING SECOND COLLECTIONS

March 9—Native American and Black Missions: This collection is the embodiment of the Church's concern for evangelizing the Black and Native American peoples of the United States. Funds are distributed as grants throughout the United States, supporting evangelization programs that otherwise would cease. *NOTE: If you receive offertory envelopes, the date for this collection was misprinted as February 23. The correct date is March 9. Envelopes received to date will be applied to this collection.

KNIGHTS MODEL FAMILY OF THE YEAR—THE SPINO FAMILY: In addition to attending Mass regularly, family prayer is especially important to the entire family. George Spino and his family have been members of Parish of the Holy Eucharist for 21 years. For 11 of those years, George has been a member of our Parish Knights. Brother George and his family have made our Parish, Council, and community stronger because of their belief in God, their faithful service, and their commitment to each other. Congratulations to the Spino family! The Knights of Columbus Council 15791 is pleased to award you the Model Family of the Year!

MEN'S ACTS RETREAT: The weekend is an opportunity to strengthen your faith, renew yourself spiritually, and create strong friendships. ACTS stands for: Adoration and prayer; Community, awareness of one's identity as a member of the Body of Christ; <u>Theology</u>, encouraging study of our faith and God's Word; and promoting the virtue of **S**ervice to Our Lord and one another. The ACTS Ministry is active at parishes across Maine; this retreat is a collaboration between POTHE and Our Lady of Hope Parish in Portland. Reserve your spot today for this special weekend! Our Men's Retreat will be held Thursday evening, April 24, to Sunday morning, April 27, at a retreat center in Winthrop. Retreat cost is \$195. Travel to retreat center and all meals are included. Cost should not be an obstacle for attendees; scholarship funds are available. FMI and to register, visit pothe.org/acts-retreat or contact Paul, (207) 773-5507, or Mike, (214) 422-8149.

PASTOR'S PONDEROSA

My dear parishioners,

As we have entered the holy season of lent, I would like to remind all of us of our Lenten duties of **fasting and abstinence**. It is a traditional doctrine of Christian spirituality that a

basic part of repentance, of turning away from sin and back to God, includes some form of penance, without which the Christian is unlikely to remain on the narrow path and be saved (Jer 18:11, 25:5; Ez 18:30, 33:11-15; Joel 2:12; Mt 3:2; Mt 4:17; Acts 2:38). Christ Himself said that His disciples would fast once He had departed (Lk 5:35).

The **law of fasting** requires a Catholic from their 18th to the 59th birthday to reduce the amount of food eaten from normal. The Church defines this as one meal a day, and two smaller meals, which if added together would not exceed the main meal in quantity. **Such fasting is obligatory on Ash Wednesday and Good Friday.** The fast is broken by eating between meals and by drinks which could be considered food (milk shakes, but not milk). Alcoholic beverages do not break the fast; however, they seem to be contrary to the spirit of doing penance.

The law of abstinence requires a Catholic 14 years of age until death to abstain from eating meat on Ash Wednesday, Good Friday, and the Fridays of Lent in honor of the Passion of Jesus on Good Friday. Meat is considered to be the flesh and organs of mammals and fowl. Also forbidden are soups or gravies made from them. Salt and freshwater species of fish, amphibians, reptiles, and shellfish are permitted.

Yes, there are some who are excused from fast and abstinence: Besides those outside the age limits, those of unsound mind, the sick, the frail, pregnant or nursing women according to need for meat or nourishment, manual laborers according to need, guests at a meal who cannot excuse themselves without giving great offense or causing enmity, and other situations of moral or physical impossibility to observe the penitential discipline are excused.

There is a lot going on in our parish during this holy season. I would like to direct your attention to the *Ideas for a Fruitful Lent* card which you received last weekend, as well as to the LENT tab at the top of our website. Also, please be aware that a new weekly confession time has been added. There will be a priest hearing confessions now on Tuesdays at St. Gregory the Great in Gray, from 5:30-6:30 pm.

Servant of God, Catherine Doherty once said, "Lent is a time of going very deeply into ourselves... What is it that stands between us and God? Between us and our brothers and sisters? Between us and life, the life of the Spirit? Whatever it is, let us relentlessly tear it out, without a moment's hesitation."

Lent is meant to be a time of spiritual renewal, where we look at our lives and determine where we need to improve. As we progress during this season, may we reflect on this passage from Catherine Doherty and look at ourselves to see what we need to get ready for our final voyage to Heaven.

-Fr. Cartwright

Called to Discipleship ~ Through Faith Formation and Pastoral Life

FROM OUR FAITH FORMATION DIRECTOR

Musings on the Oratory—Part 2 Food and Games

As mentioned last week, fun was a key part of Don Bosco's Oratory. As you may have already gathered, I'm a convert to the concept. My default would be to skip to the classroom conntent and not worry about anything else. My mind changed on it back when I was a Cap Corps Volunteer. We had a summer service retreat called the "Capuchin Outreach Program" or "COP." For a week, high school students stayed at our retreat house on the Hudson River, did service projects at different sites during the day, and came back for prayer and activities (and sleep) at night.

On the third day of the retreat, Fr. Marvin (the chaplain) announced we would be having "Messy Games." I've included a picture of Fr. Marvin during the games to give you a sense of what I mean by mess. Mess



included things like going down a slip and slide covered in paint or covering the Cap Corps Volunteer from head to toe in shaving cream. When the games were over and the teens went back into the retreat house to clean up, the blue footprints that covered the floor made it look like we had been invaded by an army of Smurfs.

When I first heard this was the plan, I expressed my reservations to Fr. Marvin. Mess like this didn't sound like a good time to me. What was the point exactly? He said, "Wait and see. In past years, this was the point in the retreat where the teens really started to love each other." He was right. There were a lot of laughs during the games, but the dynamic shifted completely in the wake of them. They had a chance to let their guard down around each other. After that they started building friendships and they started opening up to the retreat in a way they hadn't before. There was nothing catechetical about the games, but after them they were open to hearing catechesis. I was pleasantly surprised.

No such messes happen at the Oratory, but we do start every night off with games. One of the teens rings the bell in the church tower to signal the start of the Oratory, we say an opening prayer, and then we play games like spoons, Mafia, Lobster Mobster, etc. While the games are going on, dinner is cooking in the kitchen. One of our volunteers cooks a full dinner for them every Oratory night. When dinner is ready, we say grace and then (much to the chagrin of the middle school boys), the girls go first for food.

Like Don Bosco, we're trying to create a place that is both a home and a place of fun. Bit by bit the teens (who come from all over our parish) have gotten to know each other and it has made the prayer and learning aspects of the Oratory more fruitful. More on that next week.

–Joe Moreshead

ST. PATRICK'S DAY CONTRADANCE FOR TEENS:

Catholic teens and young adults ages 13-25 are invited to a contradance at Holy Martyrs hall on Monday, March 17 from 5-8 pm. Contradance is like square dancing in that there is a caller announcing the steps, but there are no designated dance partners. The night will conclude with traditional Night Prayer in the church. New people are welcome! FMI and to RSVP (required), email Joe Moreshead at pothe.faithformation@portlanddiocese.org.

APOSTOLATE OF PRAYER FOR PRIESTS				
Saturday, March 8	Rev. Antony Alexander Maria Doss Rev. Thanh Van Nguyen			
Sunday, March 9	Bishop Emeritus Robert P. Deeley, JCD			
Monday, March 10	Rev. Thomas Andrews J, Xavier, SAC			
Tuesday, March 11	Rev. Joseph W. Cahill Msgr. Rene Mathieu			
Weds., March 12	Rev. Normand P. Richard Rev. Roland P. Nadeau			
Thursday, March 13	Rev. Divine Fossoh Rev. Gerald A. Levesque			
Friday, March 14	Rev. Robert A. Parent V. Rev. Paul H. Dumais			
Saturday, March 15	Rev. Michael Adebote, SMA Rev. Joseph Lukong			
Sunday, March 16	Our Holy Father			

WHY WE ASK FOR PRAYERS: We know God hears all our prayers. Many of us have known the power of His answers. As a faith community, we are called to pray for each other, which is why we publish a list of people in need of healing in the bulletin. Please call our parish office at (207) 847-6890 to include yourself on the list. If you want to add someone else, please ask permission from that person first.

PRAY FOR OUR SEMINARIANS: Vin Nguyen, Ezekiel Banla, Evans B. Yongyee, Joseph Beale, Nick Hershbine, Deacons: Erin Donlon, Thanh Duc Pham, Hoa Tien Nguyen.

PRAY FOR THE KNIGHTS OF COLUMBUS AND FAMILY:

Brother Chip Metevier, Laurene, wife of Brother Dennis Dempsey, Nancy, wife of Brother John Walkenford; Brother Gerald Bose; Brother Charles Thurston; Luke Roy, son of Brother Mark Roy; Art Crowley, brother of Brother Mike Crowley; Brother Manen Clements and wife Pat; Brother James King; Cindy Carrier, wife of Brother Steve Carrier, Brother Paul Tracy; Mark Mullaney, brother of Brother Peter Mullaney.

PLEASE KEEP IN HEALING PRAYER: Marianne McNally-Purda, Gretchen Sayward, Edward Hartnett, Joe Becker, Peter Allen Longley, Marie McCann, Dolores Hartnett, Keith Stackpole, Ann Marie Branigan, Ryan Holden, Denise Tibbetts, Bob Pigeon, Nancy Crouch, Doris Charest, Charlie Miller, Jack Laibinis, Sr., Tiffany Eaton, Gilman Michaud, Kelly Dupont, Jean Bissonnette, Tanya Ziegler, Michael Connolly, Charles Pinette, Michaela McGee, Hannah Robinson, Pat Rideout, Joe Slattery, Dennis Chick, Michael Connolly.

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PRAYER

MASS, CONFESSION, ADORATION: Please see the back page of the bulletin for times and locations!

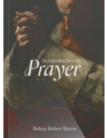
NEW ADDITION TO CONFESSION SCHEDULE: This Lent, our faithful priests are providing another weekly opportunity for us to experience the healing Sacrament of Reconciliation. Together with Saturdays, Confessions will be offered at St. Gregory the Great from 5:30 - 6:30 pm every Tuesday beginning March 11. There will also be added opportunities for Confession during *The Light is on for You* scheduled for April 7-10 (more details coming later).

FRIDAY EVENING STATIONS OF THE CROSS SIMPLE SUPPERS: On Fridays during Lent, three of our churches are praying the Stations of the Cross. Join your fellow parishioners at 5:30 pm at either St. Jude or St. Gregory the Great, followed by a simple supper. At Holy Martyrs, Stations of the Cross will be made at 6:30 pm after the simple supper. Holy Martyrs: Contact Kim Lovett or (207) 553-7042, to sign up with the dish you plan to bring. St. Jude: Please bring a dish to pass on any Friday, no sign-ups needed! St. Gregroy the Great: Each Friday's simple meal will be scheduled beforehand and will not be a potluck.

PARISH LENTEN RETREAT: Our Lenten Retreat this year will be March 24-26 at 11:00 am at Sacred Heart or 5:00 pm at St. Gregory the Great. Each session will include a talk on the Sacred Heart of Jesus followed by prayer and meditation. For those who wish to participate at home, talks and meditations will be available under parish website Lent tab.

PARISH READ: We will once again be undertaking a parish

spiritual read. Fr. Cartwright selected Bishop Barron's *Introduction to Prayer*. This book offers a collection of rich yet brief reflections on prayer in the Catholic spiritual tradition from acclaimed author, speaker, and theologian, Bishop Robert Barron. This book explores the answers to questions like: Why should I pray? What should I say or do when I'm praying? Who



exactly am I praying to? Are there different types of prayer? What do the spiritual masters say about prayer?, How can I establish a solid routine of prayer? Fr. Cartwright hopes this book will inspire us to seek out more frequent conversation and a deeper communion with God, not only through Lent but beyond. Available now at all churches. We are asking for a suggested donation of \$3. We hope you enjoy and find the book useful this Lent!

LENTEN SMALL GROUP: Friends in Faith invites you to join us to study *Made in Heaven: A Guided Lent Journal for Prayer and Meditation.* The program is led by Fr. Agustino Torres, CFR. We'll do short daily readings on our own, and watch a brief video during our discussions each week. We will pass out the books at our first meeting on Tuesday, March 4 (Shrove Tuesday), 10:30 am - noon. We meet in the Green Room at Holy Martyrs. Hoping to see you there. FMI, Happy (207) 272-2346, voice or text.

FASTING

THINGS PERHAPS FORGOTTEN ABOUT FASTING: Those who are between the ages of 18-59 are obliged to fast on Ash Wednesday and Good Friday. Fasting consists of one full meal and two smaller meals that together are not equal to one full meal. Those who are age 14 and older are obliged to abstain from meat on Ash Wednesday and all Fridays during Lent. For exceptions, please refer to <u>Fasting Exceptions</u>: <u>USCCB pdf</u>, which can also be found on our website under the Lent tab.

FAST FROM WHAT? In Fr. Cartwright's February 16 Pastor's Ponderosa, he suggested additional fasting for our other senses. He wrote, "For example, you can fast for your ears by turning off the car radio, television, or music app for a certain time each day or week. You can fast your eyes by turning off the television, computer, or tablet at regular times each day or week. You can avoid going to or watching movies on Netflix to fast for your eyes. Giving up shopping as a recreation for a certain day or week of Lent is a way to give our senses a break from stimulation. Some people avoid entertainment in public during Lent such as dancing, gambling, or concerts. All of these are actually very small penances, but they are a way to make Lent different from the rest of the year and to remind ourselves that many people in the world go without these pleasures every single day. These small penances are a way to simplify our life to focus on what is really important, namely, our faith and our loved ones."

ALMSGIVING

HAITI: Unite with our Parish efforts to financially support our Sister Parish in Haiti, the poorest country in the Western Hemisphere. Thank you to our Social Justice and Peace Commission for remaining vigilant to their needs. FMI or to join the Commission visit, pothe.org/haiti.

FRIENDSHIP HOUSE: POTHE is one of many churches providing for these men in temporary living at this home in Soth Portland. These men are recovering from substance abuse, and we collect meals, side dishes, pantry items, and toiletries on the Monday and Tuesday of the fourth week of the month. Join us in this charitable work, pothe.org/friendship-house.

ST. VINCENT DE PAUL CLOTHING: We are in <u>desperate</u> need of men's winter clothing donations. We seek pants, sweaters, long-sleeve tops, coats, hats, gloves, socks, shoes, boots, and undergarments. Donations must be in **good**, **usable condition**. Place donations in the collection bins. FMI: Evelyn, (207) 447-1086.

Parish of the Holy Eucharist p. 5



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Tim Winkeler (Parishioner)



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OUR PRIESTS AND DEACON



Pastor. Fr. Steven Cartwright



Parochial Vicar: Fr. Peter Kaseta, O.F.M. Cap.



Parochial Vicar. Fr. Paul Marquis



Senior Deacon: Dennis Popadak

OUR FAITH FORMATION AND ADMINISTRATIVE STAFF



Business Coordinator. Nicole Clavette



Bookkeeper. Terrie Casavant



Director of Pastoral & Liturgical Life: Regina Prince



Handyman: Dave Therrien



Facilities Maintenance Manager: Steve Tuttle



Director of Communications & Technology: Joyce Hale



Director of Faith Formation: Joe Moreshead



Coordinator of Sacraments: Kim Lovett



Coordinator of Family Life: Kalee Gwarjanski



Faith Formation Assistant: Kate McGrath Holmquist



Facilities Maintenance Technician: Chip Metevier



Director of Sacred Music: Jen Runge

Our Mission

We are the Parish of the Holy Eucharist, a Catholic community called to discipleship, seeking deeper communion with God, each other, and our neighbors by celebrating the Sacraments, sharing God's Word, and serving all in need.

Our Churches

Holy Martyrs: 266 Foreside Road, Falmouth **Sacred Heart:** 326 Main Street, Yarmouth

St. Gregory the Great: 24 N. Raymond Road, Gray

St. Jude: 134 Main Street, Freeport

Our Parish Office

Address:

Parish of the Holy Eucharist

266 Foreside Road Falmouth, ME 04105 **Phone:** (207) 847-6890

E-mail: pothe@portlanddiocese.org

Website: pothe.org

Our Cemetery

Holy Cross Cemetery

75 Smith Street, Yarmouth (207) 773-5796

Our Eucharistic Adoration Schedule

Monday:

12:00 pm - 8:00 pm Holy Martyrs (except holidays)

Friday:

8:30 am - 9:30 am St. Gregory the Great

3:00 pm - 6:00 pm St. Jude

Saturday:

8:45 am - 9:45 am Sacred Heart

Our Confession Schedule

Tuesday:

5:30-6:30 pm St. Gregory the Great NEW!

Saturday:

8:00 am Holy Martyrs, 1st Saturday of the month 8:45-9:45 am Sacred Heart

2:30-3:30 pm Sacred Heart, St. Gregory the Great, and Holy Martyrs

Or by appointment

Our Mass Schedule until Holy Week					
Sunday N	Masses	Daily Masses			
Saturday	(Anticipatory):	Monday:			
4:00 pm	Holy Martyrs	7:30 am	Holy Martyrs		
4:00 pm	St. Gregory the Great	12:15 pm	St. Jude		
4:00 pm	Sacred Heart	5:30 pm	Sacred Heart		
Sunday:		Tuesday:			
8:00 am	Sacred Heart	7:30 am	Holy Martyrs		
8:30 am	Holy Martyrs	5:30 pm	Sacred Heart		
8:30 am St. Gregory the Great		Wednesday:			
9:30 am	St. Jude	7:30 am	Holy Martyrs		
10:30 am	Holy Martyrs	Thursday	:		
11:00 am	Sacred Heart	8:00 am	Sacred Heart		
5:30 pm	Holy Martyrs	Friday:			
		8:00 am	St. Gregory the Great		
BULLETIN SUBMISSIONS: Items are due 10 days prior to publication. Submit to		5:30 pm	Holy Martyrs		
		Saturday: 8:15 am	Sacred Heart		
	ortlanddiocese.org.	9:00 am	Holy Martyrs 1 st Sat. of the month		

Sacramental and Pastoral Care

Becoming Catholic: Please contact

pothe.faithformation@portlanddiocese.org

Sacrament of the Anointing of the Sick: Please call the parish office with the name, condition, address, and phone number of the person who is in need. **If calling after hours**, when voicemail message begins, press 7 to leave a message for the on-call priest.

Communion to the Homebound: Please email Regina Prince, regina.prince@portlanddiocese.org.

Sacrament of Baptism for Infants: Please contact our parish office to begin the process.

Sacrament of Matrimony: Please contact the parish office at least 6 months in advance of the desired date of your wedding.