March 30,

2025





BABY BOTTLE CAMPAIGN **THANK YOU &** REQUEST!

returned bottles for the Knights of Columbus Baby Bottle Campaign supporting the ABBA Women's Center in Portland. We are on track to give an even bigger donation than will announce the total we were able to donate

We await the return of about 35 Bottles but we are incredibly grateful your generosity. Please that we can finalize our women in choosing life for their unborn babies.



4TH SUNDAY OF LENT

"My son, you are here with me always; everything I have is yours. But now we must celebrate and rejoice, because your brother was dead and has come to life again; he was lost and has been found."

-Lk 15: 31 — 32

Parish Guide to Holy Week



TENEBRAE-Wednesday, April 16

"A Somber Reflection on the Death of Jesus through Chant and Scripture"

Sacred Heart Church ~ 7 pm

Have you planned your Holy Week?

See next week's bulletin or visit our website under the Lent tab.

Parish Calendar ~ This Week and Upcoming

Saturday/S	Sunday	Monday	Tuesday	Wednesday
29		31	1	2 St. Francis of Paola
That Man is You 7 am Sacred Heart Eucharistic Adoration & Confession 8:45 - 9:45 am Sacred Heart 30 4th Sunday of Lent - Laetare Sunday Sanctuary Candle lit in loving memory of Doris Mathew, OFS March 30 - April 30 St. Gregory the Great	Choir Rehearsal 8 am St. Jude Sacramental Prep 9:30 am Sacred Heart Maeve Marie Mulcahy Baptism 12:00 pm Sacred Heart Oratory 5 - 7 pm Sacred Heart Calix 7 pm Holy Martyrs	AA Meeting 10:30 - 11:30 am St. Gregory the Great Eucharistic Adoration 12 - 8 pm Holy Martyrs Youth Schola 4 pm Sacred Heart Cub Scouts 5:30 pm Boy Scouts 6:30 pm Sacred Heart OCIA 6:30 pm Holy Martyrs	Centering Prayer Group 9:30 am Holy Martyrs Catholic Homeschoolers 10 am - 12 pm Holy Martyrs Friends in Faith 10:30 am Holy Martyrs Sacramental Prep 4 pm Sacred Heart ACTS Men's Retreat Team Dinner & Meeting 5:30 - 8 pm Holy Martyrs Knights of Columbus 6:30 pm Holy Martyrs	Choir Rehearsal 4:45 pm Sacred Heart 7:00 pm St. Gregory the Great Together with Alzheimer's 7 pm Sacred Heart
Thursday	Friday		Saturday	Sunday
3	4 St. Isidore		5 St. Vincent Ferrer	6 5th Sunday of Lent
Meals on Wheels 8 am - 12:30 pm St. Jude St. Monica Club 6:30 pm Holy Martyrs Choir Rehearsal 6:30 pm Holy Martyrs AA & Al-Anon Meetings 7 - 8:30 pm St. Gregory the Great	Eucharistic Adoration 8:30 - 9:30 am St. Gregory the Great 3 - 6 pm St. Jude Catholic Homeschoolers 10 am - 1 pm Holy Martyrs Making Music, Praying Twice 10:30 am Holy Martyrs	Stations of the Cross 5:30 pm SJ, SGTG 6:30 pm HM Simple Supper 6:00 pm HM, SJ, SGTG AA Meeting 6:30 - 9:30 pm Sacred Heart	That Man is You 7 am Sacred Heart First Saturday Confession & Rosary 8 am Holy Martyrs Eucharistic Adoration & Confession 8:45 - 9:45 am Sacred Heart Latin Mass 9 am Holy Martyrs	Choir Rehearsal 8 am St. Jude FIRE/CGS 8:30 - 11:30 am Holy Martyrs Calix 7 pm Holy Martyrs

Mass Intentions for March 29 - April 6

Saturday, March 29			Wednesday, April 2				
8:15 am	SH	Fr. M	★ Special Intention for Allana by Mom & Dad	7:30 am	НМ	Fr. K	†John Taliento by his children
4:00 pm	НМ	Fr. K	† Deceased members of the Prinn family by Edward & Betsy Manganello	Thursday	, April		
4:00 pm	SGTG	Fr M	* K. P. Beaver by Jeanne & Chuck Meuse	8:00 am	SH	Fr. K	†Lon Fake by Lewanne Hughes
	SH		*All POTHE Parishioners	Friday, April 4			
Sunday, March 30			8:00 am	SGTG	Fr. C	†Joan Marie Schmitt by Paul & Paula Young	
8:00 am	SH	Fr. C	†Dan Wellehan by Lisa & Dan Hatch	5:30 PM	НМ	Fr. K	†James Gorman Sr. by Maureen Gorman
8:30 am	НМ	Fr. K	* Deceased members of the Mullaney &	Saturday,	April 5		
8:30 am	SGTG		Carson families by Peter & Cathy Mullaney †Lori Simpson by the Boulos family	8:15 am	SH	Fr. M	†Basil & Estella Latty family by Penny & Anthony DeGance
9:30 am			† Joan Walsh by Robert Walsh † E. P. & Theresa Thomas by Savio Tony &	9:00 am	НМ	Fr. C	*For the priests & faithful of the Latin Mass community by UnaVoce Maine
10:30 am		Fr. K	Tessy Philip	4:00 pm	НМ		*Werner Harrsch Jr. by the Brooks family
11:00 am	SH	Fr. M	† Bill Brown by Joan Brown & Michelle Best	4:00 pm	SGTG	Fr. K	†Phil Lavoie by Jonathan Fuller
5:30 pm	НМ	Fr. K	★ In Thanksgiving to St. Anthony by a parishioner	4:00 pm	SH		†Paul Forestell by Bill & Mary Keith
Monday, March 31			Sunday, April 6				
7:30 am	НМ	Fr. K	† Deceased members of the Hahn &	8:00 am	SH	Fr. M	*Susan Snow by Jeanne-Ann Ouellette
12:15 pm			Rimkunas families by Dolores Rimkunas † Fr. Richard Rice by Catherine M.	8:30 am	НМ	Fr. C	★ All POTHE Parishioners
5:30 pm			† Charles V. Gomez by J. Charles Gomez	8:30 am	SGTG	Fr. K	†Edward McBrady by the Boulos family
Tuesday, April 1		9:30 am	SJ	Fr. M	†John Sargent by Louise Gorman		
7:30 am	-	Fr. C	† Michael R. Dilworth by Edward & Susan Dilworth	10:30 am	НМ		†Gerald Griffin by Sharon Leskanic
10:00 am			★Intentions of the Residents at Heron House	11:00 am	SH	Fr. K	*Marie Miller by Alexa Gilmore
			*Children & Teens of POTHE by POTHE	5:30 pm	НМ	Fr. C	†Ursula Slavick by Helen Stanbro
5:30 pm	SH	Fr. M	Faith Formation	NH—Nursi	ng Hom	ie VP	—Visiting Priest ★Special Intention †Deceased

Sharing God's Word ~ Through Stewardship and Pastoral Life

PASTOR'S PONDEROSA

My dear parishioners,

The fourth Sunday in Lent is special. It's known by several names: it's been called The Sunday of the Five Loaves from the Gospel passage for the day (John 6:1-14); it's also been called Rose Sunday because the vestments and altar parchments change color from violet to rose — but why the change in color in the first place? Another name for this Sunday gives us a clue: Laetare Sunday (Laetare meaning: Rejoice). The Introit or entrance chant for this Sunday begins in Latin: Laetare Jerusalem, et conventum facite omnes qui diligitis eam. (Rejoice, O Jerusalem: and come together all you that love her). This chant is taken from Isaiah 66:10. The call to rejoice here in the middle of this season of repentance is meant as an encouragement to us, a comforting reminder of the tenderness of our nurturing God. As an outward symbol of this, the liturgical vestments on Laetare Sunday go from a somber violet to a soft, maternal rose color.

Next week, April 7-10, through The Light is On for You, we can once again experience the tenderness of God through his mercy. Confessions will be available from 6-7 pm at one of our parish churches each evening. Lent is the time of year when God desires us to prepare our hearts and purify our souls so that we are ready to receive Our Lord in His glorious coming at Easter. There's no time to delay. Sacred Scripture says, "Behold, now is the acceptable time; behold, now is the day of salvation" (2 Cor. 6:2). Sadly, it has become painfully obvious to me, both from personal pastoral experience and from polling data, that most Catholics in our country gave up the practice of sacramental Confession long ago. This is truly a heart-breaking tragedy. First, the sacrament of Penance is the ordinary means for the forgiveness of mortal sins committed after Baptism. But it is also a veritable treasure of graces and spiritual strength for us in our daily struggle against sin and temptation.

Pope Pius XII said many times that the great sin of our age is, in fact, the denial of sin. "Sin" has become a dirty word that we don't want to mention anymore, even from the pulpit. Doesn't it strike you as odd that the more sin there is in the world, the less Catholics, clergy, theologians, and laypeople, seem to say about it? This is theological insanity. Worse, it is spiritual suicide. There is only one thing that can separate us from God, and that is mortal sin. To conceal the reality of sin is, quite simply, to play the devil's game. It is to fall into his trap. I encourage you to give yourselves the best Easter gift possible, by encountering the tender Divine Mercy of God and the forgiveness of all your sins in the holy Sacrament of Confession.

On Tuesday, April 8, thanks be to God, we will celebrate the groundbreaking ceremony for the Fr. Jim Morrison Memorial Narthex at St. Gregory the Great Church. We will begin at noon with Mass with Our Shepherd, Bishop Ruggieri, and conclude with a luncheon in the hall. It would have also been the 79th birthday of dear Fr. Jim. Over these months, so many of you have given financially and earnestly prayed for the success of this endeavor that has been desired for so many years. I am humbled by the outpouring of support for this project throughout our parish and beyond. If you would like to attend the luncheon, please be sure to RSVP no later than this Friday, April 4. This is a wonderful and exciting time for our entire parish to celebrate an incredible milestone as we build for the future.

As I previously mentioned, please look ahead at the schedules of Masses for Easter, April 19-20. Please note that the ONLY Mass to be celebrated Saturday, April 19, the Eve of Easter, will be at 8:00 pm, the Easter Vigil at Sacred Heart. On Saturday, April 19, there will be no 4:00 pm Masses nor Confessions. In addition, there will be no 5:30 pm Mass on Sunday, April 20. You may want to begin to think about which Easter Mass you and your family will attend.

-Fr. Cartwright

FINANCIAL STEWARDHIP

UPCOMING SECOND COLLECTIONS

March 30—Catholic Relief Services: This collection provides funding for Catholic Relief Services, the USCCB Offices of International Justice and Peace, Migration and Refugee Services, and Pastoral Care for Migrants and Refugees, relief work of the Holy Father, and the Catholic Legal Immigration Network.

Welcome, Visitors!

Want to participate in our Offertory collection? If you'd like to make your offering online, please scan the QR code.



Called to Discipleship ~ Through Faith Formation and Pastoral Life

FROM OUR FAITH FORMATION DIRECTOR

St. Margaret Mary Alacoque and Devotion to the Sacred Heart

In light of our Lenten Retreat on the Sacred Heart, I would like to take the next few weeks to share with you some background on this devotion. At its core, devotion to the Sacred Heart is about the love of Christ. This love not only led Him to die for us, but also to wait for us day and night as a prisoner of love in the tabernacle. Our Lord loves us and He asks for our love in return. The visions of St. Margaret Mary Alacoque popularized this devotion. I would like to share her account of the first of those visions on December 27, 1673.

One day...I was praying before the Blessed Sacrament, when I felt myself wholly penetrated with that Divine Presence, but to such a degree that I lost all thought of myself and of the place where I was, and abandoned myself to this Divine Spirit, yielding up my heart to the power of His love. He made me repose for a long time upon His Sacred Breast,



where He disclosed to me the marvels of His love and the inexplicable secrets of His Sacred Heart, which so far He had concealed from me. Then it was that, for the first time, He opened to me His Divine Heart in a manner so real and sensible as to be beyond all doubt, by reason of the effects which this favor produced in me, fearful, as I always am, of deceiving myself in anything that I say of what passes in me. It seems to me that this is what took place:

"My Divine Heart," He said, "is so inflamed with love for men, and for thee in particular that, being unable any longer to contain within Itself the flames of Its burning Charity, It must needs spread them abroad by thy means, and manifest Itself to them (mankind) in order to enrich them with the precious treasures which I discover to thee, and which contain graces of sanctification and salvation necessary to with draw them from the abyss of perdition. I have chosen thee as an abyss of unworthiness and ignorance for the accomplishment of this great design, in order that every thing may be done by Me."

After this He asked me for my heart, which I begged Him to take. He did so and placed it in His own Adorable Heart where He showed it to me as a little atom which was being consumed in this great furnace, and withdrawing it thence as a burning flame in the form of a heart, He restored it to the place whence He had taken it saying to me: "See, My well-beloved, I give thee a precious token of My love, having enclosed within thy side a little spark of its glowing flames, that it may serve thee for a heart and consume thee to the last moment of thy life."

-Joe Moreshead

APOSTOLATE OF PRAYER FOR PRIESTS				
Saturday, March 29	All Priests			
Sunday, March 30	Rev. Vincent P Mellone Rev. Antonidass Amirthanathan, HGN			
Monday, March 31	Rev. Alou M. Pilizue, SMA Rev. Prabuu T.P. Antony Raj, HGN			
Tuesday, April 1	Rev. Patrick J. Finn Rev. James L. Nadeau			
Weds., April 2	Our Holy Father			
Thursday, April 3	Rev. Kent R. Ouellette Rev. Albin A. Andrus			
Friday, April 4	Rev. Aurelijus Gricius, OFM Rev. Daniel J. Baillargeon			
Saturday, April 5	Rev. Robert J. Pecoraro, SJ Rev. Justin F. Sefembly			
Sunday, April 6	Bishop James T. Ruggieri			



Mullaney.

Sanctuary Candle Lit SAINT GREGORY THE GREAT March 30 – April 30 In loving memory of Doris Mathew, OFS

WHY WE ASK FOR PRAYERS: We know God hears all our prayers. Many of us have known the power of His answers. As a faith community, we are called to pray for each other, which is why we publish a list of people in need of healing in the bulletin. Please call our parish office at (207) 847-6890 to include yourself on the list. If you want to add someone else, please ask permission from that person first.

PRAY FOR OUR SEMINARIANS: Vin Nguyen, Ezekiel Banla, Evans B. Yongyee, Joseph Beale, Nick Hershbine, Deacons: Erin Donlon, Thanh Duc Pham, Hoa Tien Nguyen.

PRAY FOR THE KNIGHTS OF COLUMBUS AND FAMILY: Brother Chip Metevier; Laurene, wife of Brother Dennis Dempsey; Nancy, wife of Brother John Walkenford; Brother Gerald Bose; Brother Charles Thurston; Luke Roy, son of Brother Mark Roy; Art Crowley, brother of Brother Mike Crowley; Brother Manen Clements and wife Pat; Brother James King; Cindy Carrier, wife of Brother Steve Carrier; Brother Paul Tracy; Mark Mullaney, brother of Brother Peter

PLEASE KEEP IN HEALING PRAYER: Marianne McNally-Purda, Gretchen Sayward, Edward Hartnett, Joe Becker, Peter Allen Longley, Marie McCann, Dolores Hartnett, Keith Stackpole, Ann Marie Branigan, Ryan Holden, Denise Tibbetts, Bob Pigeon, Nancy Crouch, Doris Charest, Charlie Miller, Jack Laibinis, Sr., Tiffany Eaton, Gilman Michaud, Kelly Dupont, Jean Bissonnette, Tanya Ziegler, Michael Connolly, Charles Pinette, Michaela McGee, Hannah Robinson, Pat Rideout, Joe Slattery, Dennis Chick, Michael Connolly.

Parish of the Holy Eucharist p. 4

Sharing God's Word ~ Through Faith Formation and Pastoral Life

REGISTER NOW FOR THE MEN'S ACTS RETREAT! The Men's ACTS Retreat is a wonderful chance to get away from

your routine and spend some time with the Lord. You will also meet other men who perhaps are asking the same questions that you are about life and eternity. A



parishioner remembers the ACTS Retreat: "In the fall of 2016, I was invited to attend an ACTS retreat. Through that retreat, God's love and mercy filled my heart and soul. I became aware of the power and grace of God in my life and the meaning of Christ's suffering, death, and Resurrection. This all led to a deepening of my faith, and I began developing a more intimate relationship with Our Lord."-JH The Men's Retreat will be held Thursday evening, April 24, to Sunday morning, April 27, at a lakeside retreat center in Winthrop. Retreat cost is \$195. Travel to the retreat center and all meals are included. Cost should not be an obstacle for attendees; scholarship funds are available. Reserve your spot now—this Retreat will fill up! For more information and to register, visit visit https://pothe.org/acts-retreat, or contact Paul at (207) 773-5507 or Mike at (214) 422-8149. You may also use the paper registration form that can be found in the back of our churches, and drop it off at the parish office.

TENEBRAE: On Wednesday, April 16, we will offer a *Tenebrae* service at Sacred Heart from 7-8 pm. *Tenebrae*, Latin for *darkness*, is an ancient liturgy traditionally

celebrated within the last three days of Holy Week ushering us into the darkness of Christ's Death. The service



begins with all candles aflame on a candelabra. As chanted prayer begins, a candle is snuffed at the conclusion of each prayer until a single candle remains. Then the remaining lit candle is hidden, a final prayer is said in darkness, and the liturgy concludes with a loud noise called, the *strepitus*, symbolizing the death of Christ and the darkness that fell over the Earth. All leave in silence. It's a remarkable service and we hope you have the opportunity to join us.

DIVINE MERCY NOVENA: Please join the Parish in praying

the Divine Mercy Novena that begins on Good Friday in preparation for the Feast Day of Divine Mercy Sunday, April 27. For each of the nine days, our Lord gave St. Faustina a different intention. The Novena and Chaplet will be prayed following all the Stations of the Cross on Good Friday, and following the daily morning Masses and scheduled Adoration from Easter Sunday to Divine Mercy Sunday. (You are encouraged to do Day 2 of the novena on your own). Novena Brochures will be



available at each church on Palm Sunday and can be found at the entrance of each church. Sign up on our webpage under the Lent tab to join our Divine Mercy Flocknote Group. Novena prayers will be sent to your email each day!

THE LIGHT IS ON FOR YOU

ADDED OPPORTUNITIES FOR CONFESSION NEXT WEEK



Next week, April 7-12, POTHE will offer an additional four hours of Confession to the normal weekly opportunities. The schedule for these four added hours are from 6-7 pm each evening as follows:

Monday, April 7—St. Gregory the Great

Tuesday, April 8—Sacred Heart

Wednesday, April 9—St. Jude

Thursday, April 10—Holy Martyrs

These days and times are in addition to regularly scheduled opportunities for Confession on Saturdays (2:30-3:30 pm at HM, SGTG, and SH) and Tuesdays (5:30-6:30 pm at SGTG).

EASTER FOOD DRIVE AT HOLY MARTYRS: We will

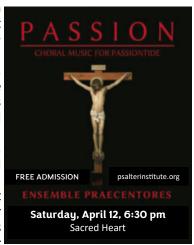
collect Easter dinner fixings to distribute to our friends in need in the community. A list of food suggestions can be found on the Easter table in the narthex. There is a food pantry box for donations; we can do the shopping for you! We are collecting all through the Lenten season and sorting and delivering the baskets Wednesday, April 9. Lists with suggested food donations will be handed out after Mass, are available on our



website under the Lent tab. FMI text Danielle (207) 232-5113.

PSALTERIUM INSTITUTE PRESENTS MUSIC FOR LENT: Psalterium Institute will be offering a Passiontidethemed evening of choral music for contemplation and

prayer at Sacred Heart in Yarmouth on April 12 at pm. Ensemble Praecentores (with our own Director of Sacred Music, Jennifer Runge among the schola) will sing selections of sacred scripture and poetry from Ash Wednesday, Palm Sunday, Holy Thursday, and Good bringing Friday, you through the season of Lent and Passiontide with our Lord, his apostles, and his Blessed Mother. Consider



joining us for an evening of beauty and prayer. The event is free, but you are welcome to make a donation online or at the door. FMI about the Psalterium Institute, visit www.psalterinstitute.org



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Parish Information ~ Celebrating the Sacraments

OUR PRIESTS AND DEACON



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Parochial Vicar: Fr. Peter Kaseta, O.F.M. Cap.



Parochial Vicar. Fr. Paul Marquis



Senior Deacon: Dennis Popadak

OUR FAITH FORMATION AND ADMINISTRATIVE STAFF



Business Coordinator. Nicole Clavette



Bookkeeper. Terrie Casavant



Director of Pastoral & Liturgical Life: Regina Prince



Handyman: Dave Therrien



Facilities Maintenance Manager. Steve Tuttle



Director of Communications & Technology: Joyce



Director of Faith Formation: Joe Moreshead



Coordinator of Sacraments: Kim Lovett



Coordinator of Family Life: Kalee Gwarjanski



Faith Formation Assistant: Kate McGrath Holmquist



Facilities Maintenance Technician: Chip Metevier



Director of Sacred Music: Jen Runge

Our Mission

We are the Parish of the Holy Eucharist, a Catholic community called to discipleship, seeking deeper communion with God, each other, and our neighbors by celebrating the Sacraments, sharing God's Word, and serving all in need.

Our Churches

Holy Martyrs: 266 Foreside Road, Falmouth Sacred Heart: 326 Main Street, Yarmouth

St. Gregory the Great: 24 N. Raymond Road, Gray

St. Jude: 134 Main Street, Freeport

Our Parish Office

Address:

Parish of the Holy Eucharist

266 Foreside Road Falmouth, ME 04105 Phone: (207) 847-6890

E-mail: pothe@portlanddiocese.org

Website: pothe.org

Our Cemetery

Holy Cross Cemetery

75 Smith Street, Yarmouth (207) 773-5796

Our Eucharistic Adoration Schedule

Monday:

12:00 pm - 8:00 pm Holy Martyrs (except holidays)

8:30 am - 9:30 am St. Gregory the Great 3:00 pm - 6:00 pm St. Jude

Saturday:

8:45 am - 9:45 am Sacred Heart

Our Confession Schedule

Tuesday:

5:30-6:30 pm St. Gregory the Great NEW!

Saturday:

8:00 am Holy Martyrs, 1st Saturday of the month 8:45-9:45 am Sacred Heart

2:30-3:30 pm Sacred Heart, St. Gregory the Great, and Holy Martyrs

Or by appointment

Our Mass Schedule until Holy Week					
Sunday N	Masses	Daily Masses			
_	(Anticipatory): Holy Martyrs	Monday: 7:30 am	Holy Martyrs		
· · · · · · · · · · · · · · · · · · ·	St. Gregory the Great	12:15 pm	, ,		
4:00 pm	Sacred Heart	5:30 pm	Sacred Heart		
Sunday:		Tuesday:			
8:00 am	Sacred Heart	7:30 am	Holy Martyrs		
8:30 am	Holy Martyrs	5:30 pm	Sacred Heart		
8:30 am	St. Gregory the Great	Wednesd	ay:		
9:30 am	St. Jude	7:30 am	Holy Martyrs		
10:30 am	Holy Martyrs	Thursday			
11:00 am	Sacred Heart	8:00 am	Sacred Heart		
5:30 pm	Holy Martyrs	Friday:			
		8:00 am	St. Gregory the Great		
BULLET	IN SUBMISSIONS:	5:30 pm	Holy Martyrs		
publicati	e due 10 days prior to on. Submit to	Saturday: 8:15 am	Sacred Heart Holy Martyrs 1 st Sat.		
potne@p	oortlanddiocese.org.	9:00 am	of the month		

Sacramental and Pastoral Care

Becoming Catholic: Please contact

pothe.faithformation@portlanddiocese.org

Sacrament of the Anointing of the Sick: Please call the parish office with the name, condition, address, and phone number of the person who is in need. If calling after hours, when voicemail message begins, press 7 to leave a message for the on-call priest.

Communion to the Homebound: Please email Regina Prince. regina.prince@portlanddiocese.org.

Sacrament of Baptism for Infants: Please contact our parish office to begin the process.

Sacrament of Matrimony: Please contact the parish office at least 6 months in advance of the desired date of your wedding.