

Sunday,  
May 25,  
2025

# PARISH OF THE HOLY EUCHARIST



## Fr. Cartwright's Homily

If you missed Fr. Cartwright's clever homily about love and the Catholic Appeal, we posted the clip accessible from our webpage, [pothe.org](http://pothe.org).



Join thousands of Catholics across North America in asking for Our Lady of Guadalupe's intercession through the Silver Rose program.

**June 8  
Holy Martyrs**

More details coming in next week's bulletin.



## 6<sup>TH</sup> SUNDAY OF EASTER

"The Advocate, the Holy Spirit that the Father will send in My name—He will teach you everything and remind you of all that I told you. Peace I leave with you; My peace I give to you. Not as the world gives do I give it to you. Do not let your hearts be troubled or afraid." -Jn 14: 26 — 27

### THE ASCENSION OF THE LORD

This Solemnity and holy day of obligation is on Thursday, May 29. Masses are as follows:

#### Thursday, May 29

#### Wednesday, May 28 Vigil Mass

5:30 pm Holy Martyrs

8:00 am St. Gregory the Great

8:00 am Sacred Heart

5:30 pm Holy Martyrs

6:00 pm St. Jude

May we be joyful this day as we rejoice in Christ's Ascension and the hope of following Him to Heaven!

# Parish Calendar ~ This Week and Upcoming

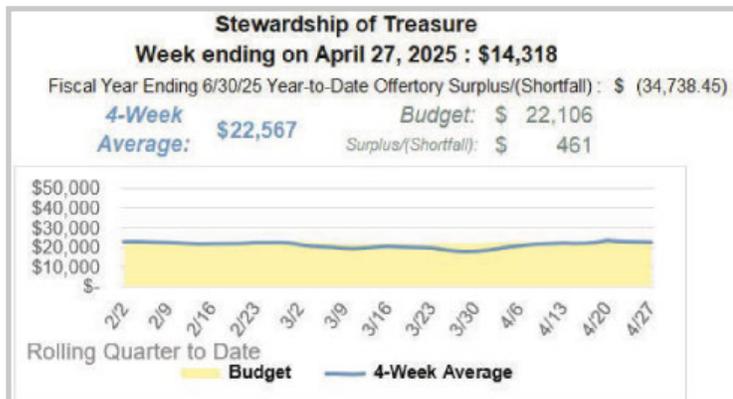
Saturday	Sunday	Monday	Tuesday	Wednesday
<b>24</b> <b>That Man is You</b> 7 am <i>Sacred Heart</i> <b>John Daigle Funeral</b> 10 am <i>St. Gregory the Great</i> <b>Eucharistic Adoration &amp; Confession</b> 8:45 - 9:45 am <i>Sacred Heart</i>	<b>25 6th Sunday of Easter</b> <b>Choir Rehearsal</b> 8 am <i>St. Jude</i> <b>Calix</b> 7 pm <i>Holy Martyrs</i>	<b>26 St. Philip Neri</b> <b>Memorial Day</b>  <b>Parish Office Closed</b>  <b>All Activities Cancelled</b>  <b>Memorial Day Mass</b> 9am <i>Holy Cross Cemetery</i> <i>(Sacred Heart if raining)</i>	<b>27 St. Augustine of Canterbury</b> <b>Centering Prayer Group</b> 9:30 am <i>Holy Martyrs</i> <b>Friends in Faith</b> 10:30 am <i>Holy Martyrs</i> <b>Donations to Friendship House</b> 12:30 - 1 pm <i>Holy Martyrs</i> <b>Spiritual Exercises for Young Adults</b> 6:30 pm <i>Holy Martyrs</i>	<b>28</b> <b>Choir Rehearsal</b> 4:45 pm <i>Sacred Heart</i> 7:00 pm <i>St. Gregory the Great</i> <b>Together with Alzheimer's</b> 7 pm <i>Sacred Heart</i>
Thursday	Friday	Saturday	Sunday	
<b>29 Ascension of the Lord</b>  <b>Choir Rehearsal</b> 6:30 pm <i>Holy Martyrs</i> <b>AA &amp; AI-Anon Meetings</b> 7 - 8:30 pm <i>St. Gregory the Great</i>	<b>30</b> <b>Eucharistic Adoration</b> 8:30 - 9:30 am <i>St. Gregory the Great</i> 3 - 6 pm <i>St. Jude</i> <b>Making Music, Praying Twice</b> 10:30 - 11:30 am <i>Holy Martyrs</i> <b>AA Meeting</b> 6:30 - 9:30 pm <i>Sacred Heart</i>	<b>31 Visitation of the Blessed Virgin Mary</b> <b>That Man is You</b> 7 am <i>Sacred Heart</i> <b>Eucharistic Adoration &amp; Confession</b> 8:45 - 9:45 am <i>Sacred Heart</i>	<b>1 7th Sunday of Easter</b>  <b>Sanctuary Candle lit in loving memory of Pope Francis</b> June 1 to 30 <i>Holy Martyrs</i>  <b>Sanctuary Candle lit in loving memory of Doris Mathew, OFS</b> June 1 to 30 <i>St. Gregory the Great</i>	
<b>Choir Rehearsal</b> 8 am <i>St. Jude</i> <b>Owen John Glynn Baptism</b> 11 am during Mass <i>Sacred Heart</i> <b>Homeschoolers Retreat</b> 2 - 5 pm <i>Holy Martyrs</i> <b>Calix</b> 7 pm <i>Holy Martyrs</i>				

## Mass Intentions for May 24 to June 1

<b>Saturday, May 24</b> 8:15 am SH Fr. M † George Pride by Bob McDougal 4:00 pm HM Fr. M † Christopher E. Prinn by Betsy, Ed & Sam Manganello 4:00 pm SGTG Fr. C *Special Intention for Kobe by Desiree Douglas Clady 4:00 pm SH Fr. K † Cindy Russell by Bill & Mary Keith	<b>Wednesday, May 28</b> 7:30 am HM MASS CANCELLED 5:30 pm HM Fr. M *Intentions of the St. Monica Club by a friend
<b>Sunday, May 25</b> 8:00 am SH Fr. K † Deceased members of the Metevier family by Paul & Gay Metevier 8:30 am HM Fr. M † Brenda Downey by the Ewald family 8:30 am SGTG Fr. C *All POTHE Parishioners 9:30 am SJ Fr. K † Rita Doten by Fr. Paul Marquis 10:30 am HM Fr. M † Philip Thomas by Savio Tony & family 11:00 am SH Fr. C † Charles M. Belisle by his children & grandchildren 5:30 pm HM Fr. M † Meredith Dalessandro by Helen Stanbro	<b>Thursday, May 29 Ascension of the Lord</b> 8:00 am SGTG Fr. C *All POTHE Parishioners 8:00 am SH Fr. M † Teresa Miller Murray by Francis Murray 5:30 pm HM Fr. C † Celeste Ferreira by the Van Loenen family 6:00 pm SJ Fr. K *Thanksgiving for a petition by Latre & Charlie Field
<b>Monday, May 26 Memorial Day</b> 7:30 am HM MASS CANCELLED 8:00 am SH MASS CANCELLED 9:00 am HCC Fr. M † Veterans by Knights of Columbus 12:15 pm SJ MASS CANCELLED	<b>Friday, May 30</b> 7:30 am HM Fr. K † Bill Hughes by Lewanne Hughes 8:00 am SGTG Fr. C † Barbara Ann Bethel by Deborah Connolly
<b>Tuesday, May 27</b> 7:30 am HM Fr. C † Edward L. Dilworth Sr. by Edward & Susan Dilworth 3:45 pm NH Fr. M *Intentions of the residents at Falmouth House, Oceanview	<b>Saturday, May 31</b> 8:15 am SH Fr. M † John Doran by Alexa Gilmore 4:00 pm HM Fr. K † Leon Bien by Maureen Bien 4:00 pm SGTG Fr. M † George Fuller by Jonathan Fuller 4:00 pm SH Fr. C † Sylvia LeBlond Bolduc by her family
	<b>Sunday, June 1</b> 8:00 am SH Fr. C † John & Eva LeCompte by John & Jeanne Collins 8:30 am HM Fr. K † Tucker W. Hodgkins by Chris & Nancy Pierce 8:30 am SGTG Fr. M † Adam Fogg by Ray & Elinor Fogg 9:30 am SJ Fr. C *All POTHE Parishioners 10:30 am HM Fr. K † Nodarse Morales by Vivian Gibbons 11:00 am SH Fr. M † All the souls in purgatory and those in my family by Solange Tchatat 5:30 pm HM Fr. K † Richard Intravia by the Robichaud family

NH—Nursing Home VP—Visiting Priest \*Special Intention † Deceased

# Sharing God's Word ~ Through Stewardship and Pastoral Life



## Welcome, Visitors!

Want to participate in our Offertory collection? If you'd like to make your offering online, please scan the QR code.



## UPCOMING SECOND COLLECTIONS

**May 25—SEMINARIANS OF CAPUCHIN FRANCISCANS:** This collection supports the seminarians of Fr. Peter Kaseta's order.

**June 1—POTHE Capital Campaign:** This collection supports facility improvement projects with 100% of your donation directly funding these projects.

**2025 DIOCESAN CATHOLIC APPEAL:** Last weekend was my initial invitation to participate in the **2025 Annual Catholic Appeal**. Many of you have already received information in the mail. The Annual Appeal funds the operations of the Diocese, much like the weekly collections funds the operations of the parish. You have shown yourselves to be very generous each year in support of this appeal. In fact, last year the average gift was about \$950 per family! That is amazingly impressive! We were ninth in terms of the total number of families making gifts. That also is very good. The 2025 goal for the Parish of the Holy Eucharist set by the diocese is \$403,816.32. This year I would like us not only to achieve our financial goal, but I would like to **contribute over 400 individual gifts to the appeal**. Last year we were so close, as you gave 365 gifts. I am optimistic and hopeful that we can achieve this together. Every single dollar matters. Every single gift matters. Please take some time to pray and consider what your gift this year will be able to be. I thank you enormously in advance.

—Fr. Cartwright

Listen to Fr. Cartwright's homily from last Sunday to hear his personal invitation and the reasons why he is encouraging us to participate. You can find his homily on our website or on our YouTube channel.

To make your secure electronic donation, please visit [Appeal.PortlandDiocese.org](https://Appeal.PortlandDiocese.org) or scan the QR Code.



## PASTOR'S PONDEROSA

Dear Parishioners,



A very happy Memorial Day weekend to all of you! We take this opportunity to remember all those who died in service to our country over the years. We thank those who are currently serving in our armed forces, especially those who are far from home. May God bless them and protect them! Please join us for **9 am Mass at Holy Cross Cemetery**. This is an occasion to pray for the dead. Catholic cemeteries are the principal way the Catholic community lives out the corporal and spiritual works of mercy of burying the dead and praying for the dead. They are a witness to our belief in the Resurrection of the body on the last day. They are sacred places, like our churches, where our prayer makes holy the locations set aside for these purposes. Memorial Day is an occasion to remind ourselves of the role that Catholic cemeteries play in the life of the Church.

This coming Thursday, we will celebrate the **Solemnity of the Ascension of the Lord**. It is a holy day of obligation, meaning we attend Mass on this day as we would on a Sunday. The entire schedule of Masses, beginning Wednesday night and continuing through the day Thursday is printed here. Please make plans now with your family regarding which Mass you will be able to attend.

The Ascension of Our Lord is not just the end of Jesus' time on Earth. It's also a turning point for the Church, and a sign of what comes next in the Christian story. Here are three key messages behind the Ascension: (1.) Jesus Completes His Work on Earth. The Ascension marks the completion of Jesus' mission. He came to teach, to heal, to suffer, die and rise again. After His Resurrection, His final act was to return to the Father. This signals that His saving work was done. (2.) He Opens Heaven to Us. By returning to Heaven, Jesus opens the way for all who follow Him. The Ascension is a sign of hope that eternal life is possible. He goes to prepare a place for His followers (John 14:2-3). (3.) The Mission Continues Before ascending, Jesus gave His apostles a mission: to go and make disciples of all nations. The Church begins to take shape here. He promises the Holy Spirit, who will guide and empower His followers to carry out this mission. That promise is fulfilled at Pentecost, 10 days later.

As we will soon be welcoming Fr. Joseph Jum, we also say thank you and goodbye to Fr. Paul. Please mark your calendar on **Tuesday, June 24, at Holy Martyrs hall** for a parish-wide thank you and send off for Fr. Paul who has faithfully served POTHE for 7 ½ years. Doors will open at 5:30 pm and dinner will be served at 6:00 pm. We will be taking RSVPs (due by Monday, June 16) so we have the right number of seats and amount of food. Please come and thank Fr. Paul for all he has done!

—Fr. Cartwright

# Called to Discipleship ~ Through Faith Formation and Pastoral Life

**MEMORIAL DAY MASS:** Please join our Parish in praying for deceased veterans at Mass offered at Holy Cross Cemetery on Monday, May 26, at 9:00 am. In the event of inclement weather, Mass will be offered at Sacred Heart. May all those who have died rest in peace.



**PENTECOST EXTENDED VIGIL:** Join us for the Extended Vigil of Pentecost on Saturday, June 7 at Sacred Heart. Holy Mass will begin at 4:00 pm with the praying of Vespers prior at 3:30 pm. During this extended vigil, we listen with quiet hearts to the Word of God, meditate on the great deeds God has done for his people, and pray that the Holy Spirit may bring to perfection his work in the world. The Anticipatory Masses at Holy Martyrs and St. Gregory the Great will be offered as scheduled as Vigil Masses of Pentecost.



**INVITATION TO THE ACTS CORE COMMISSIONING MASS:** We are excited to announce that we are officially commissioning our ACTS Core. The Core is the "board of directors" that manages the day-to-day business of our ACTS Ministry. We would love to have *many* parishioners attend to celebrate with us! The Commissioning Mass will be Sunday, June 8, at the 10.30 am Mass at Holy Martyrs. After Mass we will have a reception in the church hall for everyone, with light refreshments and fellowship. Please plan to join us to celebrate the formal start of our Core!



**KNIGHTS OF COLUMBUS CASH CALENDARS:** Our Knights will be selling calendars after Masses every weekend in May. Buy yours for a chance to win cash prizes! Proceeds to benefit the Knights of Columbus Scholarship program.

**FAITH-SHARING INVITATION - MAY 28:** The ACTS Ministry invites all adults to a faith-sharing group on Wednesday, May 28 at Our Lady of Hope parish hall on Ocean Avenue in Portland. We gather at 6.30 pm for snacks and socializing, and then do our faith sharing from 7 pm to 8 pm. Each meeting is "stand alone," so you can attend every month or intermittently. Fr. Brian Conley, SJ, is our leader. Plan to join us! This group is open to all adult parishioners who have had some experience with faith sharing, **so bring a friend!** If you have questions about faith sharing, contact Peter (207) 329-5889 or Fr. Brian (202) 731-1441.



Fr. Brian Conley, SJ, is our leader. Plan to join us! This group is open to all adult parishioners who have had some experience with faith sharing, **so bring a friend!** If you have questions about faith sharing, contact Peter (207) 329-5889 or Fr. Brian (202) 731-1441.

## PRAYER CORNER

### APOSTOLATE OF PRAYER FOR PRIESTS

<b>Saturday, May 24</b>	Rev. Roland P. Nadeau Rev. Alexander Boucher
<b>Sunday, May 25</b>	Rev. Emile H. Dube Rev. Antonidass Amirthanathan, HGN
<b>Monday, May 26</b>	Rev. Alfred Jacques Rev. Hyacinth N. Fomkwa
<b>Tuesday, May 27</b>	Rev. Kyle L. Doustou V. Rev. Jean-Paul Labrie
<b>Wednesday, May 28</b>	Rev. Nathan D. March Rev. James R Roy, MM
<b>Thursday, May 29</b>	Rev. James S. Plourde Rev. D. Joseph Manship
<b>Friday, May 30</b>	Rev. Kevin J.T. Martin V. Rev. Roland Berngeh
<b>Saturday, May 31</b>	All Priests
<b>Sunday, June 1</b>	Bishop James T. Ruggieri

**WHY WE ASK FOR PRAYERS:** We know God hears all our prayers. Many of us have known the power of His answers. As a faith community, we are called to pray for each other, which is why we publish a list of people in need of healing in the bulletin. Please call our parish office at (207) 847-6890 to include yourself on the list. If you want to add someone else, please ask permission from that person first.

**PRAY FOR OUR SEMINARIANS:** Vin Nguyen, Ezekiel Banla, Evans B. Yongyee, Joseph Beale, Nick Hershbine, Deacons: Erin Donlon, Thanh Duc Pham, Hoa Tien Nguyen.

**PRAY FOR THE KNIGHTS OF COLUMBUS AND FAMILY:** Brother Chip Metevier; Laurene, wife of Brother Dennis Dempsey; Nancy, wife of Brother John Walkenford; Brother Gerald Bose; Brother Charles Thurston; Luke Roy, son of Brother Mark Roy; Art Crowley, brother of Brother Mike Crowley; Brother Manen Clements and wife Pat; Brother James King; Cindy Carrier, wife of Brother Steve Carrier; Brother Paul Tracy

**PLEASE KEEP IN HEALING PRAYER:** Marianne McNally-Purda, Gretchen Sayward, Edward Hartnett, Peter Allen Longley, Marie McCann, Dolores Hartnett, Keith Stackpole, Ann Marie Branigan, Ryan Holden, Denise Tibbetts, Bob Pigeon, Nancy Crouch, Doris Charest, Charlie Miller, Jack Laibinis, Sr., Tiffany Eaton, Gilman Michaud, Kelly Dupont, Jean Bissonnette, Tanya Ziegler, Michael Connolly, Charles Pinette, Michaela McGee, Hannah Robinson, Pat Rideout, Joe Slattery, Dennis Chick, Michael Connolly, Patricia Dunn.

# Sharing God's Word ~ Through Faith Formation and Pastoral Life

## FROM OUR FAITH FORMATION DIRECTOR

### LIFE VIEWED FROM YOUR DEATHBED PART 3

Since that day in India, I did recover (as you can all plainly see) and I have since tried to live my life in accord with that insight, that there is nothing to lose and everything to gain in telling people about Jesus Christ and the way to heaven. Granted, the particulars of where that has taken me have been embarrassingly varied. Nonetheless, in all the ups and downs and moves and name changes, that perspective I gained from that glimpse at my own mortality has remained. What Christ taught us was true. People need to know what He taught, because Heaven depends on it.

That is not to say it has always been easy. Helping people on the way to heaven means both telling them things are pleasant to hear and also things that are frankly uncomfortable. It means the joys of sharing someone's excitement and regularly putting yourself in a position of possibly being rejected.

I think all of you realize this. I share this with you to encourage you that when you are faced with an uncomfortable situation where you have to talk about chastity, judgment, sin, or the truth of the Catholic faith with someone who does not want to hear it, put it in its eternal perspective. If that person gets upset now, they will not be upset if it helps them in eternity. If you feel uncomfortable now, it will pale compared to the joy you will experience in eternity if there was even a chance that it could help that person on the way to heaven.

I encourage you to consider your own life. If you were looking back on your life from the perspective of your deathbed, what decisions would you have wished you had made today? Do not worry about those decisions that you made years ago that you wish you could change. In light of eternity, how would you want to play your cards now?

I have the privilege in this job of working with young people who are preparing to make some key life decisions. When I was here as a seminarian in 2018, I taught a homeschool apologetics course. Those students are now in their early twenties and are starting to make major decisions. Each has chosen a different course, but many of them are making decisions with eternity in mind. Two have gotten married this year, two others have discerned religious life and a third will be receiving her religious name as a religious sister in the Children of Mary (i.e. becoming a nun).

Considering eternity need not mean you become a parish Director of Religious Education. The point is that God can do beautiful things with our lives if we let Him. The key is to remember that our lives are on loan from Him, and that our purpose is to labor for His greater glory, whatever shape that might take.

—Joe Moreshead

**CONGRATULATIONS!** One of our former parishioners received her religious name as a member of the Children of Mary. Please keep Sr. Mary Theophane (Kathleen Madore) in your prayers as she continues her religious formation.



**CONTRADANCE FOR TEENS:** Teen contradance will be held on Friday, June 6 from 5-8 pm in the Holy Martyrs hall. The night will conclude with compline (i.e. traditional night prayer) in the church. The contradance is geared towards high school students but is open to those between ages 13 and 25. You do not need to know how to dance prior to arriving; we will guide you through the steps. We would love to have you join us! RSVP, [pothe.org/middlehighschool](http://pothe.org/middlehighschool).



**MINI-RETREAT FOR HOMESCHOOLERS:** All parents who homeschool are invited to attend a mini-retreat on June 1 at Holy Martyrs church from 2:30-5:30 pm. In community, there will be time for inspiration, prayer, workshop, and curriculum swap! For more details and to purchase the \$5 ticket, please visit our website [www.pothe.org/homeschool](http://www.pothe.org/homeschool).



**FRIENDSHIP HOUSE:** Friendship House is a temporary home in South Portland for men recovering from substance abuse. The fourth Tuesday of the month we bring meals and donations to the men, who always express deep gratitude for all of you. If you've been considering participating in this corporal work of mercy, next month's meal will be delivered on Tuesday, May 27. Any meal or pantry donations are gladly accepted. Items can be dropped off at Holy Martyrs on Monday from 9 am—8 pm or on Tuesday from 9 am until 1 pm. Refrigeration is available. Thank you!



**ST. VINCENT DE PAUL CLOTHING NEEDS:** We are accepting *adult spring clothing* for men and women. **Clothes must be clean and in good, usable condition.** We especially need men's pants along with, long-sleeve tops, jackets, socks, shoes, and undergarments. Place donations in the collection bins—Holy Martyrs between the narthex and the parish hall, in ground entrance of Sacred Heart, and at the back of St. Gregory the Great. Thank you to all of our volunteers who support St. Vincent de Paul Mission. The St. Vincent de Paul Mission serves the homeless. Therefore, we accept clothing suitable for people in this condition. No children's, dress, or business clothing. No household items. FMI: Evelyn, (207) 447-1086.





**HOW WE HELP SENIORS:**  
 Discovering & Navigating  
 Community Options  
 Downsizing

Helping families navigate and make informed decisions about Senior Living options. We help locate the best available independent Living, Assisted Living and Memory Care communities for our clients!

**Call today for a free consultation! - 207-216-7710**  
[www.SeacoastSeniorAdvisors.com](http://www.SeacoastSeniorAdvisors.com)




**940 US ROUTE 1, YARMOUTH**  
**Casey Corkum - Manager**  
 (207) 846-4223  
[jpjerson@vipauto.com](mailto:jpjerson@vipauto.com)     **Tim Winkeler (Parishioner)**



**CUNNINGHAM**  
 SECURITY SYSTEMS  
 MAINE'S MOST TRUSTED

Local. Professional. Reliable.  
**207-846-3350**



Your Partner In Senior Care Solutions  
 CarePatrol of Portland - Bangor, ME

**INDEPENDENT LIVING / ASSISTED LIVING / MEMORY CARE**

**Our services are FREE for the Seniors and Families we help!!!**

[CAREPATROL.COM](http://CAREPATROL.COM) • 207-203-4234

Let me help you with your next move!



**JODI FEDERLE, REALTOR**  
 Call or Text 207.215.4006  
[jodi@portsidreg.com](mailto:jodi@portsidreg.com)  
 765 US Route One, Yarmouth  
 207.846.4300



**catholicmatch®**  
 Maine



[CatholicMatch.com/ME](http://CatholicMatch.com/ME)



**207-747-1297**  
[www.tuckerchevrolet.com](http://www.tuckerchevrolet.com)

**STONECREST**  
**LANDSCAPING**

**207-829-3464**

Cumberland, ME  
 Proudly Serving the Parish  
 of the Holy Eucharist  
[stonecrestlandscaping.com](http://stonecrestlandscaping.com)

**SUPPORT**  
**OUR**  
**ADVERTISERS!**

**LET'S GROW YOUR BUSINESS**  
 Place Your Ad Here and Support Our Parish!

**CONTACT ME Mac Economy**

[meconomy@4LPi.com](mailto:meconomy@4LPi.com)  
 (800) 477-4574 x6442

**NEVER MISS**  
**OUR BULLETIN!**

**SUBSCRIBE**

Have our bulletin emailed to you every week.



Visit [www.parishesonline.com](http://www.parishesonline.com)



Asbestos Lead & Mold  
**207-773-1276**  
 6 Environmental Dr  
 Cumberland Foreside, ME  
[lakesideap.com](http://lakesideap.com)



Ticks • Mosquitos  
 Carpenter Ants  
 Mice • Rats  
 Wasp • Hornets  
 Squirrels

**207-712-8871**  
 CORNISH, ME  
 Family Owned  
 & Operated

[www.rangerpestservices.com](http://www.rangerpestservices.com)

**IF YOU LIVE ALONE**

**MDMedAlert!™** As Low As  
**\$19<sup>95</sup>** /mo.

- ✓ Ambulance/Police
- ✓ Family/Friends
- ✓ GPS & Fall Alert

**CALL NOW! 800.808.9294**  
[md-medalert.com](http://md-medalert.com)




**Confused about Medicare?**  
**I can help.**



**Karen R. Vachon**  
 Licensed Insurance Agent

Providing local and personalized service to meet your needs.  
 No cost, No obligation,  
 call me today!

**207-544-4119**  
[www.vachonagency.com](http://www.vachonagency.com)

We do not offer every plan available in your area. Currently, we represent 7 organizations which offer 41 products in your area. Please contact Medicare.gov, 1-800-Medicare, or your local State Health Insurance Program (SHIP) for all options.

**WE'RE ON**  
**TOP OF IT.**



**207-252-7667**  
[roofingbydesignhi.com](http://roofingbydesignhi.com)



**Is Your Child Struggling?**

Trust Your Instincts—We Do

Do you feel the root cause of your child's condition is being missed—and want a drug-free solution that can actually address it?

Join pediatric health experts Drs. Conor and Victoria Campbell for a free in-person workshop to learn how we can help!

- Balance & Coordination Issues
- Ear Infections/Sore Throats
- Digestive Challenges
- Anxiety
- Trouble Sleeping



Sensory Processing Disorder  
 Autism Spectrum Challenges  
 Developmental Delays  
 ADHD/ADD  
 Asthma/Allergies

**Register Today**

73 Bell Street, Portland, ME | [www.treeoflifechiros.com](http://www.treeoflifechiros.com) | 207.536.0426

*Sacred places play a significant role in life.*

**Holy Cross Cemetery**

Smith Street, Yarmouth  
**207-847-6890**

**Be Still Counseling Services**  
 Andrew Phinney, LCSW

**Integrating Faith & Therapy**  
 Faith-based counseling services for individuals & couples

**207-370-9585**  
[bestillcounselingservices.com](http://bestillcounselingservices.com)  
 Therapy for Catholics by Catholics



**Hear Me Again**  
 Restoring Quality of Life

**Affordable Hearing Aids**  
 Randall A. Robinson, BC-HIS

**207-309-9001**  
 94 Auburn St., Ste. 201  
 Portland, ME  
 180 Pool St, Ste104,  
 Biddeford, ME

*Accepting most major Insurance.*  
 Contact me to see if your insurance has hearing aid benefits!

[www.Hearmeagain.net](http://www.Hearmeagain.net)

**Call Dave Spellman**



**ARE YOU READY TO RETIRE?**

[www.davespellman.com](http://www.davespellman.com)  
(207) 869-5720



**CATHOLIC FOUNDATION OF MAINE**  
*A Legacy of Sharing*

Your legacy gift supports the vitality of Catholic parishes, organizations, and ministries in Maine now and in perpetuity.  
(207) 321-7820  
[catholicfoundationmaine.org](http://catholicfoundationmaine.org)

**Residential Commercial**



**207.650.2139**  
[info@beaconelectricne.com](mailto:info@beaconelectricne.com)

**The Abbey**  
**CATHOLIC BOOK, GIFT & CHURCH SUPPLY SHOP**

Books • Bibles • Cards • Music  
Medals & Gifts For All Occasions  
Baptismal • Communion & Clergy Apparel



605 US Rte. 1 Dunstan Corner  
Scarborough, ME  
**207-885-5813**  
[www.theabbeycat.com](http://www.theabbeycat.com)



Adam & Caitlin Walker



- Family Owned & Operated  
- Compassionate, Family-Centered Care  
- Trusted by Our Communities for Generations

[ConroyTullyWalker.com](http://ConroyTullyWalker.com) • (207) 773-6511



**Affordable Hearing Aids**  
Randall A. Robinson, BC-HIS

207-309-9001  
94 Auburn St., Ste. 201  
Portland, ME  
[www.Hearmeagain.net](http://www.Hearmeagain.net)



**WILSON FUNERAL HOME**  
24 Shaker Rd., Gray ME • **657-3204**  
*Family owned since 1927*

JASON WILSON, MSB, AB  
MICHAEL RYAN-MATTHEW CARROLL - ERNIE PINKHAM - FUNERAL ATTENDANTS  
*We offer Traditional Funerals, Memorials, and Graveside services with either cremation or earth burial options.*

**Elder Law Nale & Nale Law Offices**

**Estate Planning and Asset Preservation: Planning, protecting and preserving your estate**



Member of the National Academy of Elder Law Attorneys (NAELA)

**Tracy Nale Sewall, Esq**  
121 Main Street, Yarmouth, ME • 207-873-5171



DAVID RICKERT JR  
**207-272-6700**  
Stone Walls, Patios,  
Fireplaces, Tile, Pizza Ovens  
[www.rickertstonemasonry.com](http://www.rickertstonemasonry.com)

**George Hildreth's**  
**YARMOUTH**  
**SUNOCO**  
**AUTO CARE**  
**846-3316**  
*Family Owned and Operated*



**grasshopper**  
Irrigation & Landscape Lighting

- \* Spring Turn-ons & Winterization
- \* Installation of New Systems & Landscape Lighting
- \* Service & Repair & Expansion of Existing Systems

[admin@grasshopperlandscape207.com](mailto:admin@grasshopperlandscape207.com)  
**207.632.1415 • [www.grasshopperlandscape207.com](http://www.grasshopperlandscape207.com)**



**A.T. Hutchins**  
**Funeral and Cremation Services**  
660 Brighton Avenue, Portland, Maine 04102  
(207) 878-3246

*Our Family Caring for the Community We Serve*  
[www.athutchins.com](http://www.athutchins.com)

**PINELAND**  
**FAMILY DENTISTRY**

GREGORY L. GODING, DMD  
49 Farm View Drive, Suite 303  
New Gloucester, ME 04260  
**688-4640**  
[www.pinelanddentistry.com](http://www.pinelanddentistry.com)

**SCOTT DUGAS**  
*Trucking and Excavating Inc.*

Site Work for New Homes and Septic Systems and Commercial Site Work  
**Sewer Hookups • Water Lines • Roadways • Driveways**  
**GUARANTEED WORK – FREE ESTIMATES**

387 East Elm Street, Yarmouth • **846-9917**  
– 43 YEARS OF DEPENDABLE SERVICE –  
[www.scottdugas.com](http://www.scottdugas.com)

**Mullaney & Co.**

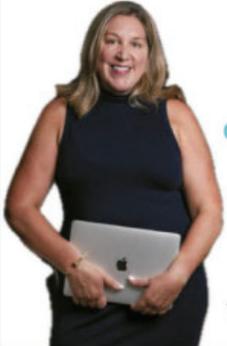
- Carpentry
- Woodworking
- Remodeling
- Handyman Services
- Installations
- Repair Work

Peter Mullaney - Parishioner  
Falmouth ME  
**207-797-9020**  
[mullco4@maine.rr.com](mailto:mullco4@maine.rr.com)



**40 PLUS YEARS**

**PASSIONATE REALTOR**  
**LIFELONG MAINER**



MARY CONROY | **portside**  
REAL ESTATE GROUP

**207.899.6605**  
[MARY@PORTSIDEREG.COM](mailto:MARY@PORTSIDEREG.COM)  
[WWW.MARYCONROYREALTOR.COM](http://WWW.MARYCONROYREALTOR.COM)

**WE'RE HIRING!**  
AD SALES EXECUTIVES  
BE YOURSELF.  
BRING YOUR PASSION.  
WORK WITH PURPOSE.

- Paid training
- Some travel
- Work-life balance
- Full-Time with benefits
- Serve your community

Contact us at [careers@4lpi.com](mailto:careers@4lpi.com) or [www.4lpi.com/careers](http://www.4lpi.com/careers)



Always Fresh, Made from Scratch Dinner  
the whole family will *love*

**MADE IN PORTLAND ME**

Available in the freezer section of  
Hannaford, Bow St Market,  
Rosemont Market,  
Town Landing Market



**BRUNO'S**  
PASTA COMPANY




# Parish Information ~ Celebrating the Sacraments

## OUR PRIESTS AND DEACON



Pastor:  
Fr. Steven Cartwright



Parochial Vicar:  
Fr. Peter Kaseta, O.F.M. Cap.



Parochial Vicar:  
Fr. Paul Marquis



Senior Deacon:  
Dennis Popadak

## OUR FAITH FORMATION AND ADMINISTRATIVE STAFF



Business  
Coordinator:  
Nicole Clavette



Bookkeeper:  
Terrie Casavant



Director of Pastoral  
& Liturgical Life:  
Regina des Rosiers



Handyman:  
Dave Therrien



Facilities  
Maintenance  
Manager:  
Steve Tuttle



Director of  
Communications &  
Technology:  
Joyce Hale



Director of  
Faith Formation:  
Joe Moreshead



Coordinator of  
Sacraments:  
Kim Lovett



Coordinator of  
Family Life:  
Kalee Gwarjanski



Faith Formation  
Assistant:  
Kate Scott



Director of  
Sacred Music:  
Jen Runge

## Our Mission

We are the Parish of the Holy Eucharist, a Catholic community called to discipleship, seeking deeper communion with God, each other, and our neighbors by celebrating the Sacraments, sharing God's Word, and serving all in need.

## Our Churches

**Holy Martyrs:** 266 Foreside Road, Falmouth

**Sacred Heart:** 326 Main Street, Yarmouth

**St. Gregory the Great:** 24 N. Raymond Road, Gray

**St. Jude:** 134 Main Street, Freeport

## Our Parish Office

### Address:

Parish of the Holy Eucharist  
266 Foreside Road  
Falmouth, ME 04105

**Phone:** (207) 847-6890

**E-mail:** [pothe@portlanddiocese.org](mailto:pothe@portlanddiocese.org)

**Website:** [pothe.org](http://pothe.org)

## Our Cemetery

### Holy Cross Cemetery

75 Smith Street, Yarmouth  
(207) 773-5796

## Our Eucharistic Adoration Schedule

### Monday:

12:00 pm - 8:00 pm Holy Martyrs (except holidays)

### Friday:

8:30 am - 9:30 am St. Gregory the Great  
3:00 pm - 6:00 pm St. Jude

### Saturday:

8:45 am - 9:45 am Sacred Heart

## Our Confession Schedule

### Tuesday:

5:30-6:30 pm St. Gregory the Great

### Saturday:

8:00 am Holy Martyrs, 1<sup>st</sup> Saturday of the month

8:45-9:45 am Sacred Heart

2:30-3:30 pm Sacred Heart, St. Gregory the Great,  
and Holy Martyrs

**Or by appointment**

## Our Mass Schedule

### Sunday Masses

#### Saturday (Anticipatory):

4:00 pm Holy Martyrs  
4:00 pm St. Gregory the Great  
4:00 pm Sacred Heart

#### Sunday:

8:00 am Sacred Heart  
8:30 am Holy Martyrs  
8:30 am St. Gregory the Great  
9:30 am St. Jude  
10:30 am Holy Martyrs  
11:00 am Sacred Heart  
5:30 pm Holy Martyrs (quiet Mass)

### BULLETIN SUBMISSIONS:

Items are due 10 days prior to  
publication. Submit to  
[pothe@portlanddiocese.org](mailto:pothe@portlanddiocese.org).

### Daily Masses

#### Monday:

7:30 am Holy Martyrs  
8:00 am Sacred Heart  
12:15 pm Saint Jude

#### Tuesday:

7:30 am Holy Martyrs

#### Wednesday:

7:30 am Holy Martyrs

#### Thursday:

8:00 am Sacred Heart

#### Friday:

7:30 am Holy Martyrs

8:00 am St. Gregory the Great

#### Saturday:

8:15 am Sacred Heart  
9:00 am Holy Martyrs 1<sup>st</sup> Sat.  
of the month

## Sacramental and Pastoral Care

**Becoming Catholic:** Please contact

[pothe.faithformation@portlanddiocese.org](mailto:pothe.faithformation@portlanddiocese.org)

**Sacrament of the Anointing of the Sick:** Please call the parish office with the name, condition, address, and phone number of the person who is in need. **If calling after hours**, when voicemail message begins, press 7 to leave a message for the on-call priest.

**Communion to the Homebound:** Please email Regina Prince, [regina.prince@portlanddiocese.org](mailto:regina.prince@portlanddiocese.org).

**Sacrament of Baptism for Infants:** Please contact our parish office to begin the process.

**Sacrament of Matrimony:** Please contact the parish office at least 6 months in advance of the desired date of your wedding.