

Sunday,

July 20,
2025

PARISH OF THE HOLY EUCHARIST



NARTHEX UPDATES

From Fr.
Cartwright

The Father Jim Morrison Memorial Narthex continues to be progressing well. This week we expect the roofing to be completed by the time you read this bulletin! I encourage you to stay up to date with the project by visiting our website:

Narthex Updates under the **NARTHEX** tab.



16TH SUNDAY IN ORDINARY TIME

“Martha, Martha, you are anxious and worried about many things. There is need of only one thing. Mary has chosen the better part and it will not be taken from her.” -Luke 10: 41—42



Parish Calendar ~ This Week and Upcoming

Saturday	Sunday	Monday	Tuesday	Wednesday
19 Memorial of the Blessed Virgin Mary That Man is You 7 am <i>Sacred Heart</i> Eucharistic Adoration & Confession 8:45 - 9:45 am <i>Sacred Heart</i>	20 16th Sunday in Ordinary Time Choir Rehearsal 8 am <i>St. Jude</i> Friendship House Meal Drop-off 12:30 pm <i>Holy Martyrs</i> Knights of Columbus "Meet & Greet" 1 - 3 pm <i>St. Jude</i>	21 St. Laurence of Brindisi AA Meeting 10:30 am - 12 pm <i>St. Gregory the Great</i> Eucharistic Adoration 12 - 8 pm <i>Holy Martyrs</i> Boy Scout Meeting 6:30 pm <i>Sacred Heart</i>	22 St. Mary Magdalene Centering Prayer Group 9:30 am <i>Holy Martyrs</i>	23 St. Bridget of Sweden Opus Dei Recollection Day for Women 9:30 am - 12:30 pm for Men 5 - 8:45 pm <i>Holy Martyrs</i> Together with Alzheimer's 7 - 8:30 pm <i>Sacred Heart</i> Choir Rehearsal 7:00 pm <i>St. Gregory the Great</i>
Thursday	Friday	Saturday	Sunday	
24 St. Charbel Makhlof Meals on Wheels 8 am - 12:30 pm <i>St. Jude</i> AA & AI-Anon Meetings 7 - 8:30 pm <i>St. Gregory the Great</i>	25 St. James Eucharistic Adoration 8:30 - 9:30 am <i>St. Gregory the Great</i> 3 - 6 pm <i>St. Jude</i> AA Meeting 6:30 - 9:30 pm <i>Sacred Heart</i>	26 Sts. Joachim & Anne That Man is You 7 am <i>Sacred Heart</i> Eucharistic Adoration & Confession 8:45 - 9:45 am <i>Sacred Heart</i> William Halligan Funeral 11 am <i>Holy Martyrs</i>	27 17th Sunday in Ordinary Time Choir Rehearsal 8 am <i>St. Jude</i> NFP Information Session 6 - 8:30 pm <i>Holy Martyrs</i>	

Mass Intentions for July 19 to July 27

Saturday, July 19	Wednesday, July 23
8:15 am SH Fr. J *Intentions of the St. Monica Club by a friend	7:30 am HM Fr. J *Special Intention by a parishioner
4:00 pm HM Fr. J †Tom Whyte by Liz & Charlie Kean	Thursday, July 24
4:00 pm SGTG Fr. C †Madeline Morin by the Morin family & children	8:00 am SH Fr. J †Helena Daborowski by Karen & Ken
Sunday, July 20	Friday, July 25
8:00 am SH Fr. J †Susan Mary Conroy by Mary Mardas	7:30 am HM Fr. J †Marie Manganello by Charlotte O'Donovan
8:30 am HM Fr. C †Anne Brana by Barbara Keefe	8:00 am SGTG Fr. C †Jo Luncher by her family
8:30 am SGTG VP †Ned Blackburn by Jonathan Fuller	Saturday, July 26
9:30 am SJ Fr. J †Patricia Perron by Cathy Madore	8:15 am SH Fr. J †Vagos Tsigourakos by Dina Lattanzi
10:30 am HM Fr. C *All POTHE Parishioners	4:00 pm HM Fr. C †Peter Morrisette by Patricia LaClair
11:00 am SH MASS CANCELLED	4:00 pm SGTG Fr. J †Angelo Muccino by Annemarie Salzberg
5:30 pm HM Fr. J *Special Intention by a parishioner	Sunday, July 27
Monday, July 21	8:00 am SH Fr. K †Normand & Estelle Albert by the Albert family
8:00 am SH Fr. J †Richard Intravia by the Robichaud family	8:30 am HM Fr. J †Brenda Downey by Ellen Honan & Dick Curry
12:15 pm SJ Fr. C †Souls in Purgatory by a parishioner	8:30 am SGTG Fr. C *All POTHE Parishioners
Tuesday, July 22	9:30 am SJ Fr. K *Special Intention for Kobe by Desiree Douglas Clady
7:30 am HM Fr. C †Priscilla & Arthur Bartholomew by Donna Crowley	10:30 am HM Fr. J †Thomas Scavia by Savio Tony & family
	11:00 am SH Fr. C †Deceased members of the Berger family by John Berger
	5:30 pm HM Fr. C †Eileen Devin by Jack & Judy Fallon
	NH—Nursing Home VP—Visiting Priest *Special Intention †Deceased

Sharing God's Word ~ Through Stewardship and Pastoral Life

PASTOR'S PONDEROSA

Dear Parishioners,

As I mentioned in last week's Ponderosa, His Excellency, Bishop Ruggieri, has recently promulgated new Instructions *On the Manner of Distributing Holy Communion Outside of Mass by an Extraordinary Minister of Holy Communion* and *On the Manner of Distributing Holy Communion During Mass for the Diocese of Portland*, which will take effect on August 1, 2025. These norms are intended to foster greater clarity and consistency in our liturgical practice across the Diocese. A reminder that there will be a mandatory meeting for all Extraordinary Ministers of the parish on Tuesday, July 22 at Sacred Heart from 6-7 pm to review these norms in more depth. There will be an option to attend virtually.

Below are some bullet points from *On the Manner of Distributing Holy Communion During Mass*:

- Extraordinary ministers of Holy Communion are seated in the body of the church during Holy Mass; they do not take part in the entrance procession or recessional.
- Extraordinary ministers approach the altar once the celebrant has consumed both species.
- There is to be no more hand sanitizer on credence tables. If the extraordinary minister wishes to sanitize their hands before the distribution of Holy Communion, that is to take place at their seats before entering the sanctuary.
- Extraordinary ministers are never to take the vessels from the altar themselves, they are to be given to them by the celebrant and, if necessary, the deacon
- For those who require a low-gluten host, one can no longer provide their own low-gluten host.
- Communicants who receive Holy Communion in the hand must consume the Sacred Host within the sight of the minister, they may not walk away from the minister before consuming the Sacred Host.
- Communicants can never self-intinct the Sacred Host in the Precious Blood
- Priests can offer a blessing using the simple formula "*May Almighty God bless you...*" while making the sign of the Cross.
- Deacons and lay extraordinary ministers say simply, "*May God bless you*" without making any gesture at all.
- Any Precious Blood which remains is consumed entirely and immediately by the minister while at the altar.
- Servers do not carry unpurified vessels.
- Priests and deacons are charged with purifying vessels, during Holy Mass or after Holy Mass.
- Extraordinary ministers and lay faithful cannot purify vessels either during or after Holy Mass.
- Priests may purify vessels at the altar or credence table; deacons purify vessels at the credence table.

In next week's Ponderosa, I will address the *Changes in Protocol for Extraordinary Ministers of Holy Communion for the Homebound*.

—Fr. Cartwright

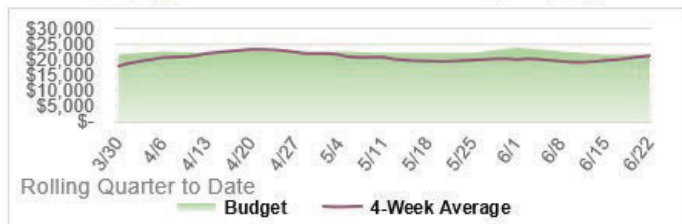
Stewardship of Treasure

Week ending on June 22, 2025 : \$19,680

Fiscal Year Ending 6/30/25 Year-to-Date Offertory Surplus/(Shortfall) : \$(70,585.39)

4-Week
Average: \$21,413

Budget: \$ 22,022
Surplus/(Shortfall): \$ (609)



Welcome, Visitors!

Want to participate in our Offertory collection? If you'd like to make your offering online, please scan the QR code.



UPCOMING SECOND COLLECTIONS

July 20—POTHE UTILITIES COLLECTION: This supports defraying costs associated with cooling our churches, lighting our buildings, and keeping the water running. Thank you for supporting our utilities collection.

July 27—PETER'S PENCE: This enables the Holy Father to respond with emergency financial assistance to requests to aid the neediest throughout the world. It likewise provides us with a tangible opportunity to sustain those who suffer.

2025 DIOCESAN CATHOLIC APPEAL: We continue to make great progress in reaching our gift count goal. Thank you! As of week 7, POTHE has contributed 283 gifts (71% of our goal), totaling \$290,721. We are leading the way for our diocese. Together we make the difference, and every gift matters. To make your secure electronic donation, visit <https://Appeal.PortlandDiocese.org>.

Donate here!



Week 7	2025	2024
Gift Count	283	196
Count Goal	400	365
Gift Amount	\$ 290,721	\$ 238,179
Goal Amount	\$ 403,816	\$ 373,904



Week 7: Catholic Appeal Progress Comparing 2025 and 2024



Called to Discipleship ~ Through Faith Formation and Pastoral Life

FRIENDSHIP HOUSE DELIVERY: Our next meal delivery to the men at Friendship House is this Tuesday. Please drop off main dish items, side dishes, and pantry staples in the kitchen at Holy Martyrs prior to noon on Tuesday July 22. Label items and refrigerate if needed. Cathy made a generous delivery in June of chicken casseroles, cold cuts, cheese, bread, peanut butter, condiments, milk, potatoes, snack items, and numerous personal and cleaning products. This ministry is coordinated by the POTHE Social Justice and Peace Commission in support of our mission to follow Christ's example ministering to those suffering from poverty, hunger, or injustice. Thank you for your generosity.



THE KNIGHTS' TOOTSIE ROLL DRIVE: Your POTHE Knights will be selling delicious Tootsie Rolls during the Yarmouth Clam Festival (July 18-20), and after all August 3 Masses. All funds collected will go to helping people with intellectual disabilities through various agencies. You may not have eaten a Tootsie Roll since 1936, but you'll find they haven't changed a bit (and the cost is negotiable). Thank you for your support!



ST. VINCENT DE PAUL CLOTHING NEEDS: We are accepting *adult, casual summer clothing* for men and women. **Clothes must be clean and in good, usable condition.** We especially need men's clothing. Place donations in the collection bins—Holy Martyrs between the narthex and the parish hall, in ground entrance of Sacred Heart, and at the back of St. Gregory the Great. Thank you to all of our volunteers who support St. Vincent de Paul Mission. The St. Vincent de Paul Mission serves the homeless. Therefore, we accept clothing suitable for people in this condition. **No children's, dress, or business clothing. No household items.** FMI: Evelyn, (207) 447-1086.



CATHOLIC CHARITIES MAINE GOLF CLASSIC—FALMOUTH: Catholic Charities Maine is hosting the 23rd Annual Put Children First Golf Classic on Monday, September 15 at The Woodlands Club in Falmouth. This event raises funds for childcare scholarships that help low-income, working families at the St. Elizabeth's and St. Louis child development centers in Southern Maine. Participants can choose to play, sponsor, or volunteer to support the cause. Spots fill quickly, so early registration is encouraged. For more information or to sign up, visit www.ccmaine.org/golf or call (207) 523-1188.

PRAYER CORNER

APOSTOLATE OF PRAYER FOR PRIESTS

Saturday, July 19	Rev. Aurelijus Gricius, OFM
Sunday, July 20	Our Holy Father
Monday, July 21	Rev. Richard C. Malo Rev. James R Roy, MM
Tuesday, July 22	Rev. Joseph A. Jum Rev. Hoa Tien Nguyen
Wednesday, July 23	Rev. Edward R. Clifford Rev. Roger P. Chabot
Thursday, July 24	Rev. Emile H. Dube Rev. David M. Affleck
Friday, July 25	Rev. John C. Bacevicius, OFM Rev. Gerald A. Levesque
Saturday, July 26	Rev. Prabu N. Magimaidass, HGN Rev. Brittoraaj Amalogam
Sunday, July 27	Rev. Simon Assogba, SMA Rev. Bruce M. Siket

WHY WE ASK FOR PRAYERS: We know God hears all our prayers. Many of us have known the power of His answers. As a faith community, we are called to pray for each other, which is why we publish a list of people in need of healing in the bulletin. Please call our parish office at (207) 847-6890 to include yourself on the list. If you want to add someone else, please ask permission from that person first.

PRAY FOR OUR SEMINARIANS: Vin Nguyen, Ezekiel Banla, Evans B. Yongyee, Joseph Beale, Nick Hershbine,

PRAY FOR THE KNIGHTS OF COLUMBUS AND FAMILY: Brother Chip Metevier; Laurene, wife of Brother Dennis Dempsey; Nancy, wife of Brother John Walkenford; Brother Gerald Bose; Brother Charles Thurston; Luke Roy, son of Brother Mark Roy; Art Crowley, brother of Brother Mike Crowley; Brother Manen Clements and wife Pat; Brother James King; Cindy Carrier, wife of Brother Steve Carrier; Brother Paul Tracy

PLEASE KEEP IN HEALING PRAYER: Marianne McNally-Purda, Gretchen Sayward, Edward Hartnett, Peter Allen Longley, Dolores Hartnett, Keith Stackpole, Ann Marie Branigan, Ryan Holden, Denise Tibbetts, Bob Pigeon, Nancy Crouch, Doris Charest, Charlie Miller, Jack Laibinis, Sr., Tiffany Eaton, Gilman Michaud, Kelly Dupont, Jean Bissonnette, Tanya Ziegler, Michael Connolly, Charles Pinette, Michaela McGee, Hannah Robinson, Pat Rideout, Joe Slattery, Michael Connolly, Patricia Dunn, Mark Peterson, Donald McNeil.

Sharing God's Word ~ Through Faith Formation and Pastoral Life

FROM OUR FAITH FORMATION DIRECTOR EVANGELIZATION AND INTEGRITY, PART 1

There is a lot of talk in the modern church about evangelization strategies: how to market the faith to people who have never heard of it or otherwise don't find it appealing. While I appreciate the zeal for souls, I think it has a downside. To put it bluntly, it can lead us to be ashamed of Jesus Christ and the Gospel when those things are hard to market.

I know for myself, I have had to consciously resist the temptation to go along to get along in order to preserve my Faith. Most people I grew up with (both relatives and friends) don't believe and don't practice the Faith. They hold ideologies and lifestyles that are contrary to it. While I've never been a "go with the herd" type of person, standing out and being vulnerable to other people's criticism isn't my idea of fun either.

I suspect you've all been there at one point or another. There's a conversation going on, whether that be in a classroom lecture, in a lunch table discussion, or on the nightly news. Sometimes it's explicitly critical of the Catholic Church; sometimes it denigrates the Catholic faith. Sometimes people are deriding values and positions Catholics hold, without necessarily saying the word "Catholic." Degrees of passion vary. Some are saying such people are superstitious, bigoted, misogynists. Some just think those beliefs are absurd. Regardless, it becomes clear that if you were to say something too Catholic in that crowd, you would have a lot of detractors and few defenders.

It is only human under such circumstances to want to make sure that none of these people know that you're Catholic. You want to hide. If they don't know what you believe, if you can slip under the radar, you won't have to face the criticism and abuse. Unfortunately, I think St. Peter thought the same thing when he was warming himself outside the praetorium.

The reality is that we frequently give scandal when we hide. The nameless crowd criticizing the Church could have a majority of believing Catholics in it, but how would anyone know that if they all remain silent and pretend to be something other than they are? Further, there is something wrong with not wanting to be publicly associated with Jesus Christ and His teachings. Shouldn't this be something we are proud of? Shouldn't we be loyal to Him no matter what? "Whoever is ashamed of Me and My words, the Son of Man will be ashamed of when he comes before His Father in Heaven" (Luke 9:26).

Our Lord knew this temptation. I think this was why he told His disciples that they were the light of the world. That light should not be hidden under a bushel basket, but should be visible. (Matthew 5:14-16) I'd like to suggest that we should strive to cultivate a burning fire of love for Jesus Christ in our hearts, and then live such that what is on the inside, can be seen by everyone on the outside.

—Joe Moreshead

BISHOP RUGGIERI ATTENDING OUR TRADITIONAL LATIN MASS:

On August 2 at Holy Martyrs, we are excited and honored to welcome Bishop Ruggieri at our next First Saturday Traditional Latin Mass. Prior to Mass Confessions, will be heard beginning at 8 am with recitation of the Most Holy Rosary at 8:05 am. Mass will be offered at 9 am with fellowship to follow. FMI on the Traditional Latin Mass, visit <https://www.unavocemaine.org/>.



SUMMER SING AT SACRED HEART:

Ever considered joining the Sacred Heart 11 am gour-part Choir but were too nervous to do it? Our Director of Sacred Music, Jen Runge, invites you to join her and others to *sing the Mass*. No previous choir experience necessary, just an openness to trying new things and a good sense of pitch. It's a perfect time to join with lots of familiar hymn tunes on the schedule! Meet at 10:40 am before the 11 am Mass throughout July and August pothe.music@portlanddiocese.org.



NATURAL FAMILY PLANNING WEEK:

Following the 5:30 pm Mass on July 27 at Holy Martyrs, join local NFP teacher, Sarah Chamberlain, as she walks us through an introduction to using Natural Family Planning (NFP) while we enjoy tacos! NFP is the natural way to manage your fertility. To RSVP and to ask anonymous questions, please visit www.pothe.org/nfp.



POTHE ANNUAL PARISH PICNIC:

Come out to the lake at St. Gregory the Great for our annual Parish Picnic on Saturday, August 9 from 12-3 pm. We will provide the hamburgers and hotdogs. Please bring



an appetizer, side dish, salad, or dessert. Play lawn games, visit with fellow parishioners, swim in Crystal Lake, and have fun! FMI, to RSVP, and to sign up with your dish or to volunteer, visit, pothe.org/parish-picnic.

MANDATORY EMHC MEETING:

There will be a mandatory meeting for all Extraordinary Ministers. We will be discussing new Parish protocols due to norms set in place by our Bishop. Ministers may attend in person at Sacred Heart Hall or by Zoom on July 22, 6-7 pm. Commissioned Extraordinary Ministers received an email with the meeting link. If you have questions or did not receive an email and believe you should have, please contact, Regina des Rosiers, (207) 847-6890 or pothe.liturgy@portlanddiocese.org.



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Parish of The Holy Eucharist, ME

04-0669

Parish Information ~ Celebrating the Sacraments

OUR PRIESTS AND DEACON



Pastor:
Fr. Steven Cartwright



Parochial Vicar:
Fr. Joseph Jum



Senior Priest:
Fr. Peter Kasetz, O.F.M. Cap.



Senior Deacon:
Dennis Popadak

OUR FAITH FORMATION AND ADMINISTRATIVE STAFF



Business
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Nicole Clavette



Bookkeeper:
Terrie Casavant



Director of Pastoral
& Liturgical Life:
Regina des Rosiers



Handyman:
Dave Therrien



Facilities
Maintenance
Manager:
Steve Tuttle



Director of
Communications &
Technology:
Joyce Hale



Director of
Faith Formation:
Joe Moreshead



Coordinator of
Sacraments:
Kim Lovett



Coordinator of
Family Life:
Kalee Gwarjanski



Faith Formation
Assistant:
Kate Scott



Director of
Sacred Music:
Jen Runge

Our Mission

We are the Parish of the Holy Eucharist, a Catholic community called to discipleship, seeking deeper communion with God, each other, and our neighbors by celebrating the Sacraments, sharing God's Word, and serving all in need.

Our Churches

Holy Martyrs: 266 Foreside Road, Falmouth

Sacred Heart: 326 Main Street, Yarmouth

St. Gregory the Great: 24 N. Raymond Road, Gray

St. Jude: 134 Main Street, Freeport

Our Parish Office

Address:

Parish of the Holy Eucharist
266 Foreside Road
Falmouth, ME 04105

Phone: (207) 847-6890

E-mail: pothe@portlanddiocese.org

Website: pothe.org

Our Cemetery

Holy Cross Cemetery

75 Smith Street, Yarmouth
(207) 773-5796

Our Eucharistic Adoration Schedule

Monday:

12:00 pm - 8:00 pm Holy Martyrs (except holidays)

Friday:

8:30 am - 9:30 am St. Gregory the Great

3:00 pm - 6:00 pm St. Jude

Saturday:

8:45 am - 9:45 am Sacred Heart

Our Confession Schedule

Saturday:

8:00 am Holy Martyrs, 1st Saturday of the month

8:45-9:45 am Sacred Heart

2:30-3:30 pm St. Gregory the Great and Holy Martyrs

Or by appointment

Our **NEW** Mass Schedule as of **July 1**

Sunday Masses

Saturday (Anticipatory):

4:00 pm Holy Martyrs

4:00 pm St. Gregory the Great

Sunday:

8:00 am Sacred Heart

8:30 am Holy Martyrs

8:30 am St. Gregory the Great

9:30 am St. Jude

10:30 am Holy Martyrs

11:00 am Sacred Heart

5:30 pm Holy Martyrs (quiet Mass)

BULLETIN SUBMISSIONS:

Items are due 10 days prior to publication. Submit to
pothe@portlanddiocese.org.

Daily Masses

Monday:

8:00 am Sacred Heart

12:15 pm Saint Jude

Tuesday:

7:30 am Holy Martyrs

Wednesday:

7:30 am Holy Martyrs

Thursday:

8:00 am Sacred Heart

Friday:

7:30 am Holy Martyrs

8:00 am St. Gregory the Great

Saturday:

8:15 am Sacred Heart

9:00 am Holy Martyrs 1st Sat.
of the month

Sacramental and Pastoral Care

Becoming Catholic: Please contact Joe Moreshead,
pothe.faithformation@portlanddiocese.org

Sacrament of the Anointing of the Sick: Please call the parish office with the name, condition, address, and phone number of the person who is in need. **If calling after hours**, when voicemail message begins, press 7 to leave a message for the on-call priest.

Communion to the Homebound: Please email Regina des Rosiers, pothe.liturgy@portlanddiocese.org.

Sacrament of Baptism for Infants: Please contact our parish office or submit an inquiry online to begin the process.

Sacrament of Matrimony: Please contact the parish office at least 6 months in advance of the desired date of your wedding.

Making Funeral Arrangements: Please contact the funeral home, and they will assist you in making arrangements for the church.