

Sunday,
January 4,
2026

PARISH OF THE HOLY EUCHARIST



Holy Martyrs | St. Jude | St. Gregory the Great | Sacred Heart

TEEN RETREAT!

Details on p. 5

DATE CHANGE!

The St. Monica Club was previously listed as meeting on January 15. However, we've moved the meeting to January 8. We hope you can join us.

Read more details
about the St. Monica
Club on p. 5.



TEEN RETREAT

January 31

Details on p. 5

TREASURY

January 31

Details on p. 5

THE EPIPHANY OF THE LORD

“And behold, the star that they had seen at its rising preceded them, until it came and stopped over the place where the child was. They were overjoyed at seeing the star, and on entering the house they saw the child with Mary his mother. They prostrated themselves and did him homage.”

—Matthew 2: 9 — 11

Parish Calendar ~ This Week and Upcoming

Saturday	Sunday	Monday	Tuesday	
3 The Most Holy Name of Jesus CANCELLED - That Man is You 7 am <i>Sacred Heart</i> First Saturday Confession & Rosary 8 am <i>Holy Martyrs</i> Eucharistic Adoration & Confession 8:45 - 9:45 am <i>Sacred Heart</i> Latin Mass 9 am <i>Holy Martyrs</i>	4 The Epiphany of the Lord Choir Rehearsal 8 am <i>St. Jude</i> Sacramental Prep 9:30 am <i>Sacred Heart</i> CGS 9:30 am <i>Holy Martyrs</i> Teen Sacraments 4 pm <i>Sacred Heart</i> The Oratory 5 - 7 pm <i>Sacred Heart</i>	5 St. John Newman AA Meeting 10:30 am - 12 pm <i>St. Gregory the Great</i> Eucharistic Adoration 12 - 8 pm <i>Holy Martyrs</i> Youth Schola 4 pm <i>Sacred Heart</i> Cub Scouts 5:30 pm Boy Scouts 6:30 pm <i>Sacred Heart</i> OCIA 6:30 - 8:30 pm <i>Holy Martyrs</i>	6 St. Andre Bessette Centering Prayer Group 9:30 am <i>Holy Martyrs</i> Catholic Homeschoolers 10 am - 12 pm <i>St. Gregory the Great</i> Friends in Faith 10:30 am <i>Holy Martyrs</i> Sacramental Prep 4 - 5:15 pm <i>Sacred Heart</i>	Young Adult Group Men/Women 6 - 8 pm <i>Holy Martyrs</i> Knights of Columbus 6:30 - 9 pm <i>Holy Martyrs</i> Choir Rehearsal 6:45 pm <i>Holy Martyrs</i>
Wednesday	Thursday	Friday	Saturday	Sunday
7 St. Raymond of Penyafort Choir Rehearsal 4:45 pm <i>Sacred Heart</i> 7 pm <i>St. Gregory the Great</i> Together with Alzheimer's 7 - 8:30 pm <i>Sacred Heart</i>	8 Meals on Wheels 8 am - 12:30 pm <i>St. Jude</i> Social Justice Committee Meeting 6 - 8 pm <i>Virtual</i> AA & Al-Anon Meeting 7 - 8:30 pm <i>St. Gregory the Great</i>	9 Eucharistic Adoration 8:30 - 9:30 am <i>St. Gregory the Great</i> 3 - 6 pm <i>St. Jude</i> AA Meeting 6:30 - 9:30 pm <i>Sacred Heart</i>	10 That Man is You 7 am <i>Sacred Heart</i> Eucharistic Adoration & Confession 8:45 - 9:45 am <i>Sacred Heart</i>	11 The Baptism of the Lord Choir Rehearsal 8 am <i>St. Jude</i> Sacramental Prep 9:30 am <i>Sacred Heart</i> Teen Sacraments 4 pm <i>Sacred Heart</i> The Oratory 5 - 7 pm <i>Sacred Heart</i>

Mass Intentions for January 3 to January 11

Saturday, January 3 8:15 am SH Fr. J *Intentions of the St. Monica Club by a friend 9:00 am HM VP *Children & Teens of POTHE by POTHE Faith Formation 4:00 pm HM Fr. J †Michael R. Dilworth by Edward & Susan Dilworth 4:00 pm SGTG Fr. VP †David Maurice by Anne Maurice				Thursday, January 8 8:00 am SGTG Fr. C †Philip & Antoinette Rotolo by Terry Flaherty & family			
Sunday, January 4 8:00 am SH Fr. J †James Addison Bracy by Paul Bracy 8:30 am HM VP †Philip B. Hatch by the Hatch family 8:30 am SGTG Fr. K †Mary Ann Collins by Maggie & Fran Holnaider 9:30 am SJ Fr. J †Fr. Hubert Paquette by Evelyn Fraser 10:30 am HM VP *All POTHE Parishioners 11:00 am SH Fr. K †Deceased members of the Tchatat family by Solange Tchatat 5:30 pm HM Fr. J †Deceased members of the Laconi family by David & Eileen Laconi				Friday, January 9 7:30 am HM Fr. J †Deceased members of the Hahn & Rimkunas families by Dolores Rimkunas 8:00 am SGTG CANCELLED 10:00 am NH Fr. J *Intentions of the Residents at Heron House			
Monday, January 5 8:00 am SH Fr. J *Healing for our daughters by a parishioner 12:15 pm SJ Fr. J *†For the living & deceased members of Desiree Douglas Clady's family				Saturday, January 10 8:15 am SH Fr. J †Virginia D. Oliver by the Bearse family 4:00 pm HM Fr. C *Jean Burton & John Yarborough on their 50th Anniversary by Michal Yarborough 4:00 pm SGTG Fr. J †Doris L. Mathew, OFS by Joe Mathew, OFS & family			
Tuesday, January 6 7:30 am HM Fr. J †Christopher David by Joanne Van Loenen				Sunday, January 11 8:00 am SH Fr. K †Ian Keith by Mary Keith 8:30 am HM Fr. J †William Reed by Margie Reed & family 8:30 am SGTG Fr. C †Claire Wessenberg by Howard Wessenberg 9:30 am SJ Fr. K †Justin Henry by Ronald Kovich 10:30 am HM Fr. J †William & Patricia Palli by their loving family 11:00 am SH Fr. C †Bill Eycleshymer by his wife, Judith 5:30 pm HM Fr. C *All POTHE Parishioners			
Wednesday, January 7 7:30 am HM Fr. J †Cecelia Rusinek by Karen & Ken Rusinek				NH—Nursing Home VP—Visiting Priest *Special Intention †Deceased HM—Holy Martyrs, SJ—St. Jude, SGTG—St. Gregory the Great, SH—Sacred Heart			

Sharing God's Word ~ Through Stewardship and Pastoral Life

PASTOR'S PONDEROSA

My Dear Parishioners,

The Solemnity of the Epiphany is one of the great feasts of the Church's year, rich in beauty, theology, and meaning for our daily lives. The word epiphany comes from the Greek *epiphaneia*, meaning "manifestation" or "revealing." On this holy day, the Church proclaims that Jesus Christ is not only the Messiah of Israel, but the Savior of the whole world. The light that rose over Bethlehem was never meant to remain hidden; it was meant to shine to the ends of the earth.

In the Gospel, the Magi come from the East, guided by a star. They were not members of the chosen people; they were foreigners, seekers, men attentive to the signs God placed before them. Their journey teaches us an essential truth of the faith: God takes the initiative in revealing Himself, and He does so in ways that draw all people to His Son.

The gifts the Magi offer are not random. Gold acknowledges Christ as King. Frankincense recognizes Him as God. Myrrh foreshadows His suffering and death. From the very beginning, the mystery of Christmas already points toward the Cross. The child adored in the manger is the same Lord who will one day give His life for the salvation of the world. Epiphany reminds us that the Christian faith is never sentimental, it is sacrificial, demanding, and glorious.

There is also a powerful lesson in the journey of the Magi. They follow the light they have, step by step, even when it leads them into uncertainty. When they arrive in Jerusalem, the star disappears for a time. They must ask questions, seek help, and listen to Sacred Scripture. Only then does the star reappear and lead them to Christ. Faith often unfolds in this same way. God gives us enough light for the next step, not always the whole path at once.

Epiphany is not only about revelation; it is about response. The Magi fall down in adoration. They offer their best. And then Scripture tells us they return home "by another way." An encounter with Christ always changes us. We do not leave the same way we came. What does this mean for our daily lives?

First, Epiphany calls us to be attentive to God's presence in the ordinary. The Lord still uses "stars" to guide us, moments of grace, quiet promptings, the wisdom of the Church, the needs of others. We must slow down enough to notice them.

Second, it challenges us to ask: What do I bring to Christ? Our time, our talents, our sacrifices, our struggles, when offered in faith, they become gifts pleasing to God.

Finally, Epiphany reminds us that we are meant to reflect Christ's light. In a world often marked by confusion and darkness, Christian families are called to be small epiphanies, places where truth is spoken, mercy is practiced, and love is visible.

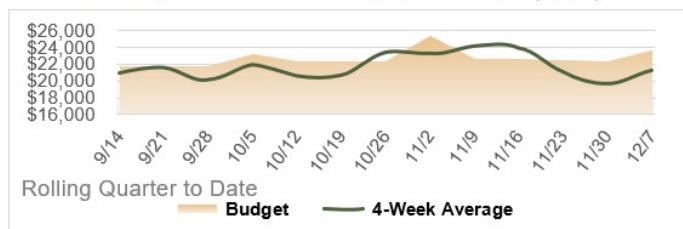
May this solemn feast renew our faith, so that through our lives, others may come to recognize and adore the Light of the world.
—Fr. Cartwright

Stewardship of Treasure

Week ending on December 7, 2025 : \$26,134

Fiscal Year Ending 6/30/26 Year-to-Date Offertory Surplus/(Shortfall) : \$ (3,174.45)

4-Week Average: \$21,300 Budget: \$ 23,721
Surplus/(Shortfall): \$ (2,421)



FIVE HIGHEST BILLS FOR THE PREVIOUS MONTH

Catholic School Tuition Subsidy (Final two installments)	\$20,000
Property Insurance (Parish)	\$4,095
Central Maine Power (HM, SJ, SGTG, SH)	\$3,373
Property Tax (SH Rectory)	\$2,826
Propane, Natural Gas, Oil (HM& SH, SJ, HM Rect)	\$2,392

Welcome, Visitors!

Want to participate in our Offertory collection? If you'd like to make your offering online, please scan the QR code.



UPCOMING SECOND COLLECTIONS

JANUARY 4—HAITI DOOR COLLECTION: Through your generosity, our sister parishes have been able to feed the poor and provide safe gathering spaces. Thank you for your support! FMI and to donate, pothe.org/haiti.

JANUARY 18—POTHE CATHOLIC SCHOOL TUITION SUBSIDY COLLECTION: Our Parish offers financial support to families desiring to send their children in grades k-8 to Catholic Schools. This offer is only possible with your generous support. Thank you for helping families raise their children in our Faith.

ST. VINCENT DE PAUL CLOTHING NEEDS: Thank you for all of your wonderful donations! We are accepting **ADULT WINTER CLOTHING** for men and women. We need warmer tops, pants, undergarments, socks, and sneakers. **Clothes must be clean and in good, usable condition.** Place donations in the collection bins at Holy Martyrs or Sacred Heart. The St. Vincent de Paul Mission serves the homeless. Therefore, we accept clothing suitable for people in this condition. **No children's, dress, or business clothing. No household items.** FMI: Evelyn, (207) 447-1086.



Called to Discipleship ~ Through Faith Formation and Pastoral Life

ST. MONICA CLUB—JANUARY 8: The St. Monica Club is a prayer group for women to gather each month to pray for the conversion of their families. Meetings begin in the Holy Martyrs chapel with prayers and reflections and conclude with social time in the hall. Meetings are typically held the first Thursday of the month. However, due to the holiday, our next meeting is scheduled for Thursday, January 8, 6:30 pm. To learn more and to join the email list, visit pothe.org/st-monica-club.



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POTHE CHALICE PROGRAM: Attention all families! We invite you to join us in praying for our priests and seminarians in the Diocese of Portland. Each family can sign up to take a chalice to display in their home for a week. Over the course of the week, your family gathers each day to pray together for priests and to read about one of our local priest heroes. To sign up for a week or FMI, visit, pothe.org/chaliceprogram.



FREEPORT COMMUNITY SERVICES THANKS ST. JUDE: "Each year, community members, churches, local businesses and more generous people fulfill gift requests for our *Holiday Helpline*. This year friends from **Bath Savings, Norway Savings Bank** and **St. Jude Church in Freeport** were among many who came through our doors with presents for people in need. With the help of our amazing volunteers, we prep and organize all of the gifts to get to homes in Freeport and Pownal in time for the holidays. Thank you all for your outpouring of support this year. We wish you the happiest of holidays!" - Freeport Community Services



Giving Tree volunteer coordinators from St. Jude Pictured left to right: Chris LeHay, Pat Palmer, and Carol Hudson

PRAYER CORNER

Saturday, January 3	Rev. Joseph Lukong Rev. Thanh Duc Pham
Sunday, January 4	Bishop James T. Ruggieri
Monday, January 5	Rev. Michael Adebote, SMA Msgr. Charles M Murphy
Tuesday, January 6	Rev. Dominic Tumusiime AJ
Wednesday, January 7	Rev. Andrew Bisson, OFM Rev. Divine Fossoh
Thursday, January 8	Rev. James R Roy, MM V. Rev. Seamus P Griesbach
Friday, January 9	All Priests
Saturday, January 10	Rev. Patrick Machayi, SMA Rev. Felix Udolisa, OP
Sunday, January 11	Bishop Emeritus Robert P. Deeley, JCD

WHY WE ASK FOR PRAYERS: We know God hears all our prayers. Many of us have known the power of His answers. As a faith community, we are called to pray for each other, which is why we publish a list of people in need of healing in the bulletin. Please call our parish office at (207) 847-6890 to include yourself on the list. If you want to add someone else, please ask permission from that person first.

PRAY FOR OUR SEMINARIANS: Vin Nguyen, Deacon Ezekiel Banla, Deacon Evans B. Yongyee, Joseph Beale, Nick Hershbine, Adam Chamberland, David Leff

PRAY FOR THE KNIGHTS OF COLUMBUS AND FAMILY: Brother Chip Metevier; Laurene, wife of Brother Dennis Dempsey; Nancy, wife of Brother John Walkenford; Brother Gerald Bose; Brother Charles Thurston; Art Crowley, brother of Brother Mike Crowley; Brother Manen Clements and wife Pat; Brother James King; Cindy Carrier, wife of Brother Steve Carrier; Brother Paul Tracy; Sandy Lemanski, sister of Brother Frank Lemanski

PLEASE KEEP IN HEALING PRAYER: Marianne McNally-Purda, Gretchen Sayward, Edward Hartnett, Peter Allen Longley, Dolores Hartnett, Keith Stackpole, Ann Marie Branigan, Ryan Holden, Denise Tibbetts, Bob Pigeon, Nancy Crouch, Doris Charest, Charlie Miller, Jack Laibinis, Sr., Tiffany Eaton, Gilman Michaud, Kelly Dupont, Jean Bissonnette, Tanya Ziegler, Michael Connolly, Hannah Robinson, Pat Rideout, Joe Slattery, Michael Connolly, Patricia Dunn, Donald McNeil, Peter Coffin.

Sharing God's Word ~ Through Faith Formation and Pastoral Life

FROM OUR FAITH FORMATION DIRECTOR

JUST BECAUSE IT'S TRUE...

Last week we said that lying is always wrong according to the eighth commandment. Does that mean then that our minds should be an open book for everyone to hear about? No.

First, being honest is not an excuse for being rude. Be charitable and gentle with others. Some things may be true, but not worth saying.

Second, some things may be true, but personal. I would recommend not writing an op-ed on your latest intestinal issues. Be judicious in who you share these kinds of things with.

Third, there are cases where we have a moral obligation to keep a secret. For instance, imagine you are living in 1930's Germany and have been hiding Jews in your home. If the Gestapo were to knock on your door and ask, "Are there Jews here?" honest transparency would not be the best policy. You have an obligation in charity to guard this secret.

If you cannot say, "Yes" (because that would betray them) and you cannot say, "No" (because that would be a lie) what are you to do? One option is to say true, but distracting or misleading things (i.e. red herrings.) Tell them about how you were sure you saw Jews fording the river behind your house just a few weeks ago and conveniently leave out the detail they were crossing to sneak into your cellar. Another option is to have recourse to mental reservation. This is when you leave a key part of the statement unsaid in your mind. For instance, you might say, "There are no Jews here" and silently reserve the qualification that by 'here' you mean the exact spot on which you are standing. If all else fails, you can always have recourse to silence. You may never lie, but you are also never obligated to say things that will unjustly harm another person.

These kinds of recourses are for extreme situations. In most day to day situations, straight forward honesty is the best policy. But such extreme situations do sometimes happen and when they do, I think it is significant that lying is a line that conscientious Catholics creep up to but do not cross. If you ever get a chance, I highly recommend the book *Diary of a Hunted Priest* by Fr. John Gerard. It is written by a Jesuit who recounts his experience being hunted by Queen Elizabeth while in England in the late 1500's. When captured, Fr. Gerard has to do a lot of maneuvering to avoid betraying his fellow Catholics while not falling into a lie. His interrogators were Machiavellian at heart and had no such scruples, but he as a Catholic, who was risking everything for his faith, wanted to do nothing that would be offensive to God.

The truth matters. We don't always have to speak, but when we speak, it should be the truth as best we know it, spoken with as much charity as we can muster.

—Joe Moreshead

TEEN RETREAT—GOD, LOVE, AND MARRIAGE: Parish of the Holy Eucharist will be hosting a day retreat for students in grades 7-12 on everything you need to know before you start dating. Students will attend talks with their own gender and age group. Topics include why we fall in love, morality, how to go on a date, dealing with break ups, and what the vocation of marriage is. The retreat will take place from 9 am – 3 pm at Holy Martyrs in Falmouth on Saturday, January 31. The retreat cost is \$15 per person and includes lunch and a light breakfast. For a full schedule, contact information for questions, and to register, visit: www.pothe.org/glm.

CATHOLIC SCHOOL TUITION SUBSIDIES AVAILABLE: Families intending to send their children to a K-8 Catholic school may apply for the Parish of the Holy Eucharist tuition subsidy. Applicants should be practicing Catholics and contributing members of the parish. To apply, please submit an application to the parish office. The application can be downloaded from our website, pothe.org/subsidy. FMI, Joe Moreshead, Director of Faith Formation, (207) 847-6885 or pothe.faithformation@portlanddiocese.org.

MAINE CATHOLIC WOMEN'S CONFERENCE: On Saturday, April 18, 2026, the diocese welcomes Christine Eberle as the keynote speaker for the annual Maine Catholic Women's Conference, *Walking Together in Faith and Doubt*, which will touch on the importance of community during both the joyful and sorrowful seasons of our lives. The day will include talks from Christine, witness talks, a chance to shop local Catholic vendors, opportunities for Confession, and private prayer. The day will conclude with Mass. The conference will be held at St. John's Community Center In Brunswick. Early bird registration is now open! Register today at <https://portlanddiocese.net/womens-conference>

Saturday, April 18, 2026

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Keynote speaker:
Christine Eberle



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Parish Information ~ Celebrating the Sacraments

OUR PRIESTS AND DEACON



Pastor:
Fr. Steven Cartwright



Parochial Vicar:
Fr. Joseph Jum



Senior Priest:
Fr. Peter Kaseta, O.F.M. Cap.



Senior Deacon:
Dennis Popadak

OUR FAITH FORMATION AND ADMINISTRATIVE STAFF



Business
Coordinator:
Nicole Clavette



Bookkeeper:
Terrie Casavant



Director of Pastoral
& Liturgical Life:
Regina des Rosiers



Facilities
Maintenance
Manager:
Steve Tuttle



Director of
Communications &
Technology:
Joyce Hale



Director of
Faith Formation:
Joe Moreshead



Coordinator of
Sacraments:
Kim Lovett



Coordinator of
Family Life:
Kalee Gwarjanski



Faith Formation
Assistant:
Kate Scott



Director of
Sacred Music:
Jen Runge

Our Mission

We are the Parish of the Holy Eucharist, a Catholic community called to discipleship, seeking deeper communion with God, each other, and our neighbors by celebrating the Sacraments, sharing God's Word, and serving all in need.

Our Churches

Holy Martyrs: 266 Foreside Road, Falmouth

Sacred Heart: 326 Main Street, Yarmouth

St. Gregory the Great: 24 N. Raymond Road, Gray

St. Jude: 134 Main Street, Freeport

Our Parish Office

Address:

Parish of the Holy Eucharist
266 Foreside Road
Falmouth, ME 04105

Phone: (207) 847-6890

E-mail: pothe@portlanddiocese.org

Website: pothe.org

Our Cemetery

Holy Cross Cemetery

75 Smith Street, Yarmouth
(207) 773-5796

Our Eucharistic Adoration Schedule

Monday:

12:00 pm - 8:00 pm Holy Martyrs (except holidays)

Friday:

8:30 am - 9:30 am St. Gregory the Great

3:00 pm - 6:00 pm St. Jude

Saturday:

8:45 am - 9:45 am Sacred Heart

Our Confession Schedule

Saturday:

8:00 am Holy Martyrs, 1st Saturday of the month

8:45-9:45 am Sacred Heart

2:30-3:30 pm Holy Martyrs and St. Gregory the Great

Or by appointment

Our Mass Schedule

Sunday Masses

Saturday (Anticipatory):

4:00 pm Holy Martyrs

4:00 pm St. Gregory the Great

Sunday:

8:00 am Sacred Heart

8:30 am Holy Martyrs

8:30 am St. Gregory the Great

9:30 am St. Jude

10:30 am Holy Martyrs

11:00 am Sacred Heart

5:30 pm Holy Martyrs (quiet Mass)

BULLETIN SUBMISSIONS:

Items are due 10 days prior to publication. Submit to
pothe@portlanddiocese.org.

Daily Masses

Monday:

8:00 am Sacred Heart

12:15 pm Saint Jude

Tuesday:

7:30 am Holy Martyrs

Wednesday:

7:30 am Holy Martyrs

Thursday:

8:00 am Sacred Heart

Friday:

7:30 am Holy Martyrs

8:00 am St. Gregory the Great

Saturday:

8:15 am Sacred Heart

9:00 am Holy Martyrs 1st Sat.
of the month

Sacramental and Pastoral Care

Becoming Catholic: Please contact

pothe.faithformation@portlanddiocese.org

Sacrament of the Anointing of the Sick: Please call the parish office with the name, condition, address, and phone number of the person who is in need. **If calling after hours**, when voicemail message begins, press 7 to leave a message for the on-call priest.

Communion to the Homebound: Please email Regina des Rosiers, pothe.liturgy@portlanddiocese.org.

Sacrament of Baptism for Infants: Please contact our parish office to begin the process.

Sacrament of Matrimony: Please contact the parish office at least 6 months in advance of the desired date of your wedding.

Making Funeral Arrangements: Please contact the funeral home, and they will assist you in making arrangements for the church.