

Sunday,
January 11,
2026

PARISH OF THE HOLY EUCHARIST



GIVING TREE AND FOOD DRIVE RESULTS!

See p. 3

MAINE CATHOLIC MEN'S AND WOMEN'S CONFERENCE REGISTRATIONS

See p. 4

UPCOMING BABY BOTTLE DRIVE

See p. 4

CHRISTMAS POSTER CONTEST WINNERS

See p. 5

THE BAPTISM OF THE LORD

“After Jesus was baptized, He came up from the water and behold, the heavens were opened for Him, and He saw the Spirit of God descending like a dove and coming upon Him. And a Voice came from the heavens, saying, “This is my beloved Son, with whom I am well pleased.” - Matthew 3: 16 -17



Hadley and Hayley as angels

SUCCESS! Annual Christmas Pageant

On December 14, at St. Gregory the Great, POTHE held their annual Christmas Pageant with families across all four churches participating with over 40 children! Thank you to all our families and volunteers who made the pageant possible and one to remember.

Parish Calendar ~ This Week and Upcoming

Saturday	Sunday	Monday	Tuesday	
10 That Man is You 7 am <i>Sacred Heart</i> Eucharistic Adoration & Confession 8:45 - 9:45 am <i>Sacred Heart</i> First Confessions 1:30 pm <i>St. Gregory the Great</i>	11 The Baptism of the Lord Choir Rehearsal 8 am <i>St. Jude</i> Sacramental Prep 9:30 am <i>Sacred Heart</i> Teen Sacraments 4 pm <i>Sacred Heart</i> The Oratory 5 - 7 pm <i>Sacred Heart</i>	12 Children's Guided Adoration 11 am <i>Holy Martyrs</i> Eucharistic Adoration 12 - 8 pm <i>Holy Martyrs</i> Youth Schola 4 pm <i>Sacred Heart</i> Cub Scouts 5:30 pm Boy Scouts 6:30 pm <i>Sacred Heart</i> OCIA 6:30 - 8:00 pm <i>Holy Martyrs</i>	13 St. Hilary Centering Prayer Group 9:30 am <i>Holy Martyrs</i> Friends in Faith 10:30 am <i>Holy Martyrs</i> Sacramental Prep 4 - 5:15 pm <i>Sacred Heart</i> Young Adult Group Men/Women 6 - 8 pm <i>Holy Martyrs</i> Choir Rehearsal 6:45 pm <i>Holy Martyrs</i>	
Wednesday	Thursday	Friday	Saturday	Sunday
14 Choir Rehearsal 4:45 pm <i>Sacred Heart</i> 7 pm <i>St. Gregory the Great</i> The Troops of St. George 6 - 8 pm <i>St. Gregory the Great</i>	15 Meals on Wheels 8 am - 12:30 pm <i>St. Jude</i> Boy Scout Troop Leader Meeting 6:30 pm <i>Sacred Heart</i> AA & Al-Anon Meeting 7 - 8:30 pm <i>St. Gregory the Great</i>	16 Eucharistic Adoration 8:30 - 9:30 am <i>St. Gregory the Great</i> 3 - 6 pm <i>St. Jude</i> Making Music, Praying Twice 10:30 am <i>Holy Martyrs</i> AA Meeting 6:30 - 9:30 pm <i>Sacred Heart</i>	17 St. Antony That Man is You 7 am <i>Sacred Heart</i> Eucharistic Adoration & Confession 8:45 - 9:45 am <i>Sacred Heart</i> Teen First Confessions 1:30 pm <i>Holy Martyrs</i>	18 2nd Sunday in Ordinary Time Choir Rehearsal 8 am <i>St. Jude</i>

Mass Intentions for January 10 to January 18

Saturday, January 10 8:15 am SH Fr. J †Virginia D. Oliver by the Bearse family 4:00 pm HM Fr. C *Jean Burton & John Yarborough on their 50th Anniversary by Michal Yarborough 4:00 pm SGTG Fr. J †Doris L. Mathew, OFS by Joe Mathew, OFS & family Sunday, January 11 8:00 am SH Fr. K †Ian Keith by Mary Keith 8:30 am HM Fr. J †William Reed by Margie Reed & family 8:30 am SGTG Fr. C †Claire Wessenberg by Howard Wessenberg 9:30 am SJ Fr. K †Justin Henry by Ronald Kovich 10:30 am HM Fr. J †William & Patricia Palli by their loving family 11:00 am SH Fr. C †Bill Eycleshymer by his wife, Judith 5:30 pm HM Fr. C *All POTHE Parishioners Monday, January 12 8:00 am SH Fr. J *Special Intention for Bunny Lilly by Alexa Gilmore 12:15 pm SJ Fr. C *Intentions of the St. Monica Club by a friend Tuesday, January 13 7:30 am HM Fr. C †Loretta Dilworth by Edward & Susan Dilworth Wednesday, January 14 7:30 am HM Fr. C †Dennis Nagy by Cynthia Gerrard	Thursday, January 15 8:00 am SH Fr. J †Charles Belisle by Mary Belisle Friday, January 16 7:30 am HM Fr. J †James Finn by Karen Moreshead 8:00 am SGTG Fr. C †Janet Nowinski by Rene Higgins Saturday, January 17 8:15 am SH Fr. J †Larry Shawn Cagle by Margaret Cagle 4:00 pm HM Fr. J †Carol Fredriksen by Julie Rice 4:00 pm SGTG Fr. C *All POTHE Parishioners Sunday, January 18 8:00 am SH Fr. C †Family of Wayne & Michele Smith by Wayne & Michele Smith 8:30 am HM Fr. K †Sean Murphy by Barbara Keefe 8:30 am SGTG Fr. J †Wyatt Bragdon by the Boulos family 9:30 am SJ Fr. C †Margaret Grover by Mark Grover †Deceased members of the Breed family by Martina Breed 10:30 am HM Fr. K †Michael & Maria Barretti by Dina Lattanzi 11:00 am SH Fr. J †Michael & Maria Barretti by Dina Lattanzi 5:30 pm HM Fr. J *Special Intention for Toby & Joanne Cook by Sally Duncan NH—Nursing Home VP—Visiting Priest *Special Intention †Deceased HM—Holy Martyrs, SJ—St. Jude, SGTG—St. Gregory the Great, SH—Sacred Heart
--	---

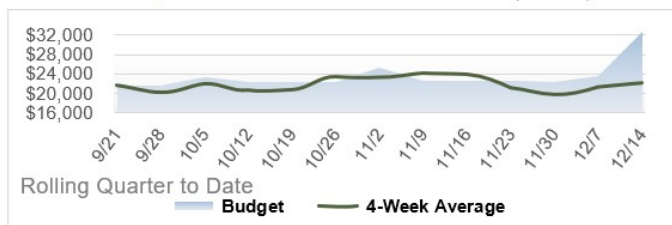
Sharing God's Word ~ Through Stewardship and Pastoral Life

Stewardship of Treasure

Week ending on December 14, 2025 : \$20,937

Fiscal Year Ending 6/30/26 Year-to-Date Offertory Surplus/(Shortfall) : \$ (15,058.28)

4-Week Average: \$22,145 Budget: \$ 32,821
Surplus/(Shortfall): \$ (10,676)



Welcome, Visitors!

Want to participate in our Offertory collection? If you'd like to make your offering online, please scan the QR code.



UPCOMING SECOND COLLECTIONS

JANUARY 18—POTHE CATHOLIC SCHOOL TUITION SUBSIDY COLLECTION: Our Parish offers financial support to families desiring to send their children in grades k-8 to Catholic schools. This offer is only possible with your generous support. Thank you for helping our families.

JANUARY 25—LATIN AMERICAN MISSION: For over 50 years, Catholics in the United States have expressed solidarity with the Church from Mexico to the Caribbean, to the southern tip of South America through this second collection.

THANK YOU FOR YOUR GENEROSITY THIS

CHRISTMAS! A huge thank you to the donors and volunteers who made the following possible:

- Holy Martyrs collected gift cards for 100 youth at Long Creek and donated to our needy fund.
- Volunteers at Holy Martyrs delivered a full table of food to feed 24 families, for a beautiful Christmas dinner, including fresh foods and a ham or turkey.
- Sacred Heart fulfilled 102 tags on the giving tree for new families arriving in Maine. Karen Romano and a Catholic Charities case worker distributed gifts.
- Sacred Heart collected 39 bags of apples and oranges for the Christmas food baskets distributed by the Yarmouth Food Pantry
- St Gregory collected 77 gifts for 5 families with 18 children. They also prepared 6 food baskets with turkeys for the families.
- St Jude fulfilled 50 tags on their Christmas giving tree and donated gifts to Freeport Community Services for 4 families including 9 children and 8 adults.
- We delivered your donated foods and pantry items to the men at Friendship House.

These efforts are in support of our Social Justice and Peace mission: to follow Christ's example in serving those suffering from poverty, hunger, or injustice.

PASTOR'S PONDEROSA

My Dear Parishioners,

Our parish is once again blessed to offer *God, Love, & Marriage*, this year as a one-day retreat for our middle school and high school students. In a world that is deeply confused about love, relationships, identity, and the purpose of sexuality, this class could not be more timely or more necessary. This is not simply "another program," it is a vital opportunity to help our young people understand God's beautiful plan for human love and to stand strong in a culture that often distorts it.

Every teenager today is growing up in a world saturated with sexual imagery, broken understandings of marriage, and the widespread plague of pornography. Pornography is not a "harmless phase". It damages the ability to love, distorts the meaning of the body, harms relationships, and has destroyed countless marriages and families. The Church, as a loving Mother, wants to form our youth to see their dignity, to understand that their bodies are sacred, and to know that God created love and sexuality with a purpose: communion, holiness, and self-giving love.

This retreat will address topics such as: why God created us male and female, what love truly is (and what it is not), the difference between lust and love, what dating should look like, the beauty and purpose of marriage, how virtue helps us live freely and joyfully.

A major focus will be the virtue of chastity, which the Catechism of the Catholic Church calls a lifelong virtue of "successful integration of sexuality within the person" (CCC 2337). Chastity is not repression, shame, or fear; it is freedom. It means ordering our desires rightly so that we can truly love, rather than using others or being enslaved by urges. Chastity is not the same as celibacy. Celibacy is a specific calling; chastity is for everyone: married, single, widowed, young, or old. Every Christian is called to live chastity according to their state in life. Chastity leads to deeper peace, healthier relationships, clearer thinking, and true joy.

Our young people deserve to hear the truth spoken with clarity, compassion, and hope. They deserve to know that God is not against love; He is the very Author of it. They deserve to know that the Church's teachings are not burdens, but treasures that protect the human heart and lead to real happiness. They deserve to be equipped to navigate friendships, dating, and their future vocations with confidence, maturity, and faith.

Parents, I strongly encourage you to send your children. Parishioners, please pray for our presenters and for every teen who will attend. The retreat will take place at Holy Martyrs Church in Falmouth on Saturday, January 31 from 9 am until 3 pm. Teens from other parishes are welcome to join. There is a \$15 registration fee to cover breakfast and lunch. Middle School and High School catechists from Parish of the Holy Eucharist will be giving the talks. May this retreat help our young people discover the beauty of God's plan for love, marriage, and family, and grow in the grace to live it courageously. —Fr. Cartwright

Called to Discipleship ~ Through Faith Formation and Pastoral Life

MAINE CATHOLIC MEN'S CONFERENCE: Registration is now open for the 2026 Maine Catholic Men's Conference! In addition to St. John's Community Center in Brunswick, a second location has been added at the John J. Harris Hall in Presque Isle. The keynote address from Fr. Sebastian White, O.P. will be live streamed from Brunswick, but all other activities will be in person, including Mass at Nativity of the Blessed Virgin Mary Church. The March 7 event runs from 9 am to 5 pm in each location. The cost is \$50, which includes lunch. A family rate of \$65 is available for a father and high school-aged son. Register today at portlanddiocese.net/mens-conference.

MAINE CATHOLIC WOMEN'S CONFERENCE: On Saturday, April 18, 2026, the diocese welcomes Christine Eberle as the keynote speaker for the annual Maine Catholic Women's Conference, *Walking Together in Faith and Doubt*, which will touch on the importance of community during both the joyful and sorrowful seasons of our lives. The day will include talks from Christine, witness talks, a chance to shop local Catholic vendors, and opportunities for Confession. The day will conclude with Mass. The conference will be held at St. John's Community Center In Brunswick. Registration is now open! Register today at <https://portlanddiocese.net/womens-conference>

NOVENA FOR LIFE: The protection of life is a sustained prayer intention of the Church, and in particular of the Knights of Columbus. The Nine Days for Life Novena is celebrated every year, January 16 through the 24. Your Knights have provided Rosary for Life prayer cards, available in the Narthex, to help you observe this celebration. Please take one on your way out today.

KNIGHTS OF COLUMBUS ANNUAL BABY BOTTLE DRIVE: Our annual collection for the benefit of the ABBA Pregnancy Center will be held starting on the weekend of January 17-18, in conjunction with the *Nine Days for Life Novena*. Simply pick up a baby bottle from a Knight on that weekend after Mass, fill it up with cash, a check *made payable to K of C Council 15791*, or all that change you have all over the house. Then, on February 1, return the full bottle to a Knight after Mass. Collected funds support ABBA Women's Center in Portland. The ABBA Center provides free services to women who are pregnant, with the intent of helping direct them to "Choose Life" for their unborn children.



OUR LADY & ST. JOSEPH'S BALL—LEWISTON: This Young Adult Ball on February 7 beginning at 6 pm is open to anyone across the diocese between the ages of 18-39! Looking for a fun date night idea? Perhaps you want to step out of your comfort zone? Or perhaps you are wanting to meet more young adults in the area? Either way - this is for you! Please wear formal attire and bring a charcuterie item to share! Tickets are \$15; all proceeds will go to the Prince of Peace Parish Young Adult group to fund future events. RSVP online at princeofpeace.me/young-adults or contact pop.eco@portlanddiocese.org for more info.

PRAYER CORNER

Saturday, January 10	Rev. Patrick Machayi, SMA Rev. Felix Udolisa, OP
Sunday, January 11	Bishop Emeritus Robert P. Deeley, JCD
Monday, January 12	V. Rev. Msgr. Paul F. Stefanko, VF Rev. Thomas Aquinas Chinnappan, HGN
Tuesday, January 13	Rev. Francis P. Morin Msgr. Marc B. Caron
Wednesday, January 14	Rev. Philip P. Cyr Rev. Eugene Murenzi
Thursday, January 15	Rev. Amandus B. Sway, AJ Rev. Athanasius S. Wirsy
Friday, January 16	V. Rev. Selvaraj Kasi HGN, VF Rev. Paul M. Sullivan, SJ
Saturday, January 17	Rev. Brittoraj Amalogam, HGN Rev. Nyohnunfon Kilian
Sunday, January 18	Bishop Emeritus Robert P. Deeley, JCD



CHALICE PROGRAM

ST. GREGORY THE GREAT
January 11 - January 17
In the care of the
Amoroso Family

WHY WE ASK FOR PRAYERS: We know God hears all our prayers. Many of us have known the power of His answers. As a faith community, we are called to pray for each other, which is why we publish a list of people in need of healing in the bulletin. Please call our parish office at (207) 847-6890 to include yourself on the list. If you want to add someone else, please ask permission from that person first.

PRAY FOR OUR SEMINARIANS: Vin Nguyen, Deacon Ezekiel Banla, Deacon Evans B. Yongyee, Joseph Beale, Nick Hershbine, Adam Chamberland, David Leff

PRAY FOR THE KNIGHTS OF COLUMBUS AND FAMILY: Brother Chip Metevier; Laurene, wife of Brother Dennis Dempsey; Nancy, wife of Brother John Walkenford; Brother Gerald Bose; Brother Charles Thurston; Art Crowley, brother of Brother Mike Crowley; Brother Manen Clements and wife Pat; Brother James King; Cindy Carrier, wife of Brother Steve Carrier; Brother Paul Tracy; Sandy Lemanski, sister of Brother Frank Lemanski

PLEASE KEEP IN HEALING PRAYER: Marianne McNally-Purda, Gretchen Sayward, Edward Hartnett, Peter Allen Longley, Dolores Hartnett, Keith Stackpole, Ann Marie Branigan, Ryan Holden, Denise Tibbetts, Bob Pigeon, Nancy Crouch, Doris Charest, Charlie Miller, Jack Laibinis, Sr., Tiffany Eaton, Gilman Michaud, Kelly Dupont, Jean Bissonnette, Tanya Ziegler, Michael Connolly, Hannah Robinson, Pat Rideout, Joe Slattery, Michael Connolly, Patricia Dunn, Donald McNeil, Peter Coffin.

Sharing God's Word ~ Through Faith Formation and Pastoral Life

FROM OUR FAITH FORMATION DIRECTOR

THE EIGHTH COMMANDMENT: THE REPUTATION OF OTHERS

Continuing the eighth commandment (thou shalt not bear false witness) we come to the second part: our duty towards our neighbor's reputation.

This commandment brings me back to being a high school teacher. "Mr. Moreshead! Bob just said a bad word." "Mr. Moreshead! Billy just burped." "Mr. Moreshead! Sam is sleeping again." When I would tell them to slow it down on the tattling, the inevitable response was, "But it's true!"

We'll get back to my students momentarily. To understand the gravity of this commandment, we need to recognize that human beings are social creatures and our reputations are one of the most important assets we hold. Our life goes one way if others generally view us as good people; it goes another if that reputation is lost. People's reputations are important to them and they are fragile.

Calumny is when someone's reputation is damaged due to a false charge. (My students knew this would be wrong, which is why "But it's true" was always the last line.) It is a grave injustice to accuse someone of wrongdoing when they are innocent. Such was the case with Suzannah in the book of Daniel; she was falsely accused and nearly stoned to death before she was vindicated. There are other cases where the accused is never vindicated in this life and endures the full brunt of their punishment. Even if the truth does come out, suspicions usually linger. Even if the accuser retracts their accusation (as they have a moral obligation to do), too often it is too little too late, and that person never regains their good name fully.

But to my students' point, what if we are talking about a real fault? What if one of the freshmen really was caught picking his nose, or another student really did start snoring in the middle of class? If it's true, why can't I talk about it? Because people's reputations are important and they're fragile. This is called detraction. When we talk about the faults of others, we need to be sure we have a serious reason (for instance, there is some danger to others); we should speak of these faults only to others who must know (for example, law enforcement). People may forfeit their good name because of a serious crime, but that need not be the case for lesser faults.

I am not saying you need to speak of everyone as if they are a saint. Serious crimes should be reported to the police, and a just consequence of a serious crime is the loss of your good name. However, we must be careful, because damage to someone's reputation is hard to undo. Err on the side of caution. If you have to talk through something that reflects badly on someone, do so in confidence with a close friend, not in public or in a group. Our tongues are some of the most dangerous weapons we have, and they can do real damage if we are not careful. —Joe Moreshead

TEEN RETREAT—GOD, LOVE, AND MARRIAGE: Parish of the Holy Eucharist will be hosting a day retreat for students in grades 7-12 on everything you need to know before you start dating. Students will attend talks with their own gender and age group. Topics include why we fall in love, morality, how to go on a date, dealing with break ups, and what the vocation of marriage is. The retreat will take place from 9 am – 3 pm at Holy Martyrs in Falmouth on Saturday, January 31. The retreat cost is \$15 per person and includes lunch and a light breakfast. For a full schedule, contact information for questions, and to register, visit: www.pothe.org/glm.

CATHOLIC SCHOOL TUITION SUBSIDIES AVAILABLE: Families intending to send their children to a K-8 Catholic school may apply for the Parish of the Holy Eucharist tuition subsidy. Applicants should be practicing Catholics and contributing members of the parish. To apply, please submit an application to the parish office. The application can be downloaded from our website, pothe.org/subsidy. FMI, Joe Morshead, Director of Faith Formation, (207) 847-6885 or pothe.faithformation@portlanddiocese.org.

POTHE CHALICE PROGRAM: Attention all families! We invite you to join us in praying for our priests and seminarians in the Diocese of Portland. Each family can sign up to take a chalice to display in their home for a week. Over the course of the week, your family gathers each day to pray together for priests and to read about one of our local priest heroes. To sign up for a week or FMI, visit, pothe.org/chaliceprogram.

ANNOUNCING CHRISTMAS POSTER WINNERS! Early in December, our Knights of Columbus sponsored their annual Keep Christ in Christmas Poster Contest, inviting the children of our parish to create a poster encouraging people to remember that Jesus is the reason for the season. Here are the winners!

- * First Place—Penny Gwarjanski (poster pictured below)
- * Second Place—Reid Gwarjanski
- * Third Place (tie) —Soren Bernsten and Heidi Pyle

Congratulations to the winners and thank you to all who participated!



Downeast

Audio • Video • Home Theater

207-720-0702

downeastaudiovideo.com

Ted Wright Forest Services

- Forest Mgmt. Plans
- Timber Harvests
- Shoreland Vegetation Removal Plans

207-532-8721

tedwrightforestry@gmail.com

tedwrightforestservices.com

Brunswick, ME

Serving the Midcoast Maine and Beyond



940 US ROUTE 1, YARMOUTH

Casey Corkum - Manager

(207) 846-4223

jpieron@vipauto.com

Tim Winkler (Parishioner)



CUNNINGHAM
SECURITY SYSTEMS
MAINE'S MOST TRUSTED
Local. Professional. Reliable.
207-846-3350



Dr. Anthony Russo



Now Accepting New Patients

We are in-network with most PPO insurance plans

207.847.0176

242 MAIN STREET
YARMOUTH

(right down the street from Sacred Heart)

www.makemesmileyarmouth.com

Be Still Counseling Services
Andrew Phinney, LCSW

Integrating Faith & Therapy

Faith-based counseling services for individuals & couples

207-370-9585

bestillcounselingservices.com

Therapy for Catholics by Catholics



"Constructing with a Purpose Since 1988"

Commercial Contractor • Custom Homes

Family Owned & Operated

(207)839-2744 • www.greatfallsinc.com

20 Mechanic Street Gorham, Maine

STONECREST LANDSCAPING

207-829-3464

Cumberland, ME
Proudly Serving the Parish of the Holy Eucharist
stonecrestlandscaping.com



CHEVROLET

207-747-1297

www.tuckerchevrolet.com

ELEVATE

MAINE REALTY



Matthew Martino

207-245-8976

matt@elevatemaine.com

Parishioner, REALTOR®

ELEVATE YOUR REAL ESTATE EXPERIENCE.

DIRFY GENERATORS



LIMITED TIME OFFER!



RECEIVE \$800 CASH toward the cost of propane installation

Call for Details!

207-637-3346 • dirtygenerators.com



Asbestos Lead & Mold

207-773-1276

6 Environmental Dr
Cumberland Foreside, ME

lakesideap.com

Confused about Medicare?

I can help.

Karen R. Vachon

Licensed Insurance Agent



Providing local and personalized service to meet your needs.

No cost, No obligation, call me today!

207-544-4119

www.vachonagency.com

We do not offer every plan available in your area. Currently, we represent 7 organizations which offer 41 products in your area. Please contact Medicare.gov, 1-800-Medicare, or your local State Health Insurance Program (SHIP) for all options.

WE'RE ON TOP OF IT.



207-252-7667

roofingbydesigme.com



Is Your Child Struggling?

Trust Your Instincts—We Do

Do you feel the root cause of your child's condition is being missed—and want a drug-free solution that can actually address it?

Join pediatric health experts Drs. Conor and Victoria Campbell for a free in-person workshop to learn how we can help!

- Balance & Coordination Issues
- Ear Infections/Sore Throats
- Digestive Challenges
- Anxiety
- Trouble Sleeping



- Sensory Processing Disorder
- Autism Spectrum Challenges
- Developmental Delays
- ADHD/ADD
- Asthma/Allergies

Register Today

73 Bell Street, Portland, ME | www.treeoflifechiros.com | 207.536.0426



Providing a full life for those who need memory support.

Locally owned | Call 207.274.6834

FallbrookWoods.com | 60 Merrymeeting Drive, North Deering



Affordable Hearing Aids

Randall A. Robinson, BC-HIS

207-309-9001

94 Auburn St., Ste. 201

Portland, ME

180 Pool St, Ste104,

Biddeford, ME

Accepting most major Insurance. Contact me to see if your insurance has hearing aid benefits!

www.Hearmeagain.net



Call Dave Spellman



ARE YOU READY TO RETIRE?

www.davespellman.com
(207) 869-5720



CATHOLIC FOUNDATION OF MAINE
A Legacy of Sharing

Your legacy gift supports the vitality of Catholic parishes, organizations, and ministries in Maine now and in perpetuity.
(207) 321-7820
catholicfoundationmaine.org

Residential Commercial




207.650.2139
info@beaconelectricne.com


The Abbey
CATHOLIC BOOK, GIFT & CHURCH SUPPLY SHOP

Books • Bibles • Cards • Music
Medals & Gifts For All Occasions
Baptismal • Communion & Clergy Apparel

605 US Rte. 1 Dunstan Corner
Scarborough, ME
207-885-5813
www.theabbeycat.com



Adam & Caitlin Walker



- Family Owned & Operated
- Compassionate, Family-Centered Care
- Trusted by Our Communities for Generations

ConroyTullyWalker.com • (207) 773-6511

IF YOU LIVE ALONE

MDMedAlert!™ As Low As **\$19⁹⁵** /mo.

- ✓ Ambulance/Police
- ✓ Family/Friends
- ✓ GPS & Fall Alert

CALL NOW! 800.808.9294
* md-medalert.com




PAUL WHITE COMPANY
Commercial & Residential Flooring Solutions

Portland Showroom | 50 Allen Avenue, ME 04103
207-797-4657
paulwhitecompany.com

Elder Law Nale & Nale Law Offices

Estate Planning and Asset Preservation: Planning, protecting and preserving your estate



Member of the National Academy of Elder Law Attorneys (NAELA)

Tracy Nale Sewall, Esq
121 Main Street, Yarmouth, ME • 207-873-5171



RICKERT STONE MASONRY

DAVID RICKERT JR
207-272-6700
Stone Walls, Patios, Fireplaces, Tile, Pizza Ovens
www.rickertstonemasonry.com



Brentwood
Center for Health & Rehabilitation

370 Portland St, Yarmouth
for information about us please call Kansas Stash at
207-550-1154
<https://brentwoodcenterrehab.com/>

George Hildreth's

YARMOUTH



AUTO CARE

846-3316
Family Owned and Operated



grasshopper
Irrigation & Landscape Lighting

- * Spring Turn-ons & Winterization
- * Installation of New Systems & Landscape Lighting
- * Service & Repair & Expansion of Existing Systems

admin@grasshopperlandscape207.com
207.632.1415 • www.grasshopperlandscape207.com



A.T. Hutchins
Funeral and Cremation Services
660 Brighton Avenue, Portland, Maine 04102
(207) 878-3246

Our Family Caring for the Community We Serve
www.athutchins.com



SCOTT DUGAS
Trucking and Excavating Inc.

Site Work for New Homes and Septic Systems and Commercial Site Work
Sewer Hookups • Water Lines • Roadways • Driveways
GUARANTEED WORK – FREE ESTIMATES

387 East Elm Street, Yarmouth • **846-9917**
– 43 YEARS OF DEPENDABLE SERVICE –
www.scottdugas.com



PINELAND
FAMILY DENTISTRY

GREGORY L. GODING, DMD
49 Farm View Drive, Suite 303
New Gloucester, ME 04260
688-4640
www.pinelanddentistry.com

Mullaney & Co.

- Carpentry
- Woodworking
- Remodeling
- Handyman Services
- Installations
- Repair Work

Peter Mullaney - Parishioner
Falmouth ME
207-797-9020
mullco4@maine.rr.com



40 PLUS YEARS

READY TO MEET YOUR REAL ESTATE NEEDS

Every step of the way



portside REAL ESTATE GROUP
MARY CONROY

mary@portsidereg.com
(207) 899-6605
maryconroyrealtor.com
portsidereg.com



DIRIGO PROPERTY SERVICES

Renovations and Remodeling

207-402-8142
dirigopropertyservices.com



Ranger Pest Services

Ticks • Mosquitos
Carpenter Ants
Mice • Rats
Wasp • Hornets
Squirrels

207-712-8871
CORNISH, ME
Family Owned & Operated
www.rangerpestservices.com



BRUNO'S
PASTA COMPANY

Always Fresh, Made from Scratch Dinner the whole family will love
MADE IN PORTLAND ME
www.brunosportland.com

Available in the freezer section of
Hannaford, Bow St Market,
Rosemont Market,
Town Landing Market



Parish Information ~ Celebrating the Sacraments

OUR PRIESTS AND DEACON



Pastor:
Fr. Steven Cartwright



Parochial Vicar:
Fr. Joseph Jum



Senior Priest:
Fr. Peter Kaseta, O.F.M. Cap.



Senior Deacon:
Dennis Popadak

OUR FAITH FORMATION AND ADMINISTRATIVE STAFF



Business
Coordinator:
Nicole Clavette



Bookkeeper:
Terrie Casavant



Director of Pastoral
& Liturgical Life:
Regina des Rosiers



Facilities
Maintenance
Manager:
Steve Tuttle



Director of
Communications &
Technology:
Joyce Hale



Director of
Faith Formation:
Joe Moreshead



Coordinator of
Sacraments:
Kim Lovett



Coordinator of
Family Life:
Kalee Gwarjanski



Faith Formation
Assistant:
Kate Scott



Director of
Sacred Music:
Jen Runge

Our Mission

We are the Parish of the Holy Eucharist, a Catholic community called to discipleship, seeking deeper communion with God, each other, and our neighbors by celebrating the Sacraments, sharing God's Word, and serving all in need.

Our Churches

Holy Martyrs: 266 Foreside Road, Falmouth

Sacred Heart: 326 Main Street, Yarmouth

St. Gregory the Great: 24 N. Raymond Road, Gray

St. Jude: 134 Main Street, Freeport

Our Parish Office

Address:

Parish of the Holy Eucharist
266 Foreside Road
Falmouth, ME 04105

Phone: (207) 847-6890

E-mail: pothe@portlanddiocese.org

Website: pothe.org

Our Cemetery

Holy Cross Cemetery

75 Smith Street, Yarmouth
(207) 773-5796

Our Eucharistic Adoration Schedule

Monday:

12:00 pm - 8:00 pm Holy Martyrs (except holidays)

Friday:

8:30 am - 9:30 am St. Gregory the Great

3:00 pm - 6:00 pm St. Jude

Saturday:

8:45 am - 9:45 am Sacred Heart

Our Confession Schedule

Saturday:

8:00 am Holy Martyrs, 1st Saturday of the month

8:45-9:45 am Sacred Heart

2:30-3:30 pm Holy Martyrs and St. Gregory the Great

Or by appointment

Our Mass Schedule

Sunday Masses	Daily Masses
Saturday (Anticipatory):	Monday:
4:00 pm Holy Martyrs	8:00 am Sacred Heart
4:00 pm St. Gregory the Great	12:15 pm Saint Jude
Sunday:	Tuesday:
8:00 am Sacred Heart	7:30 am Holy Martyrs
8:30 am Holy Martyrs	Wednesday:
8:30 am St. Gregory the Great	7:30 am Holy Martyrs
9:30 am St. Jude	Thursday:
10:30 am Holy Martyrs	8:00 am Sacred Heart
11:00 am Sacred Heart	Friday:
5:30 pm Holy Martyrs (quiet Mass)	7:30 am Holy Martyrs
BULLETIN SUBMISSIONS:	8:00 am St. Gregory the Great
Items are due 10 days prior to publication. Submit to pothe@portlanddiocese.org .	Saturday:
	8:15 am Sacred Heart
	9:00 am Holy Martyrs 1 st Sat. of the month

Sacramental and Pastoral Care

Becoming Catholic: Please contact

pothe.faithformation@portlanddiocese.org

Sacrament of the Anointing of the Sick: Please call the parish office with the name, condition, address, and phone number of the person who is in need. **If calling after hours**, when voicemail message begins, press 7 to leave a message for the on-call priest.

Communion to the Homebound: Please email Regina des Rosiers, pothe.liturgy@portlanddiocese.org.

Sacrament of Baptism for Infants: Please contact our parish office to begin the process.

Sacrament of Matrimony: Please contact the parish office at least 6 months in advance of the desired date of your wedding.

Making Funeral Arrangements: Please contact the funeral home, and they will assist you in making arrangements for the church.