

Sunday,
March 1,
2026

PARISH OF THE HOLY EUCHARIST



Altar Servers Wanted!

If you have made your first communion or are about to this year, the Parish of the Holy Eucharist wants you! We will be offering altar server training at all four churches in the coming months. Trainings are held at your convenience. Our altar server program is organized according to rank, so that more advanced skills are learned as more Masses are served. This is a great hands-on way to engage with the Mass and is an important service to our parish. FMI or to schedule a training sign up online, pothe.org/altar-serve.

SAVE THE DATE!

Vacation Bible Camp will be held July 20-24, 9 am – 12 pm at Holy Martyrs this summer. Details coming soon.



2ND SUNDAY OF LENT

“This is my beloved Son, with whom I am well pleased; listen to him.” -Matthew 17: 5b



St. Patrick's Potluck Dinner

Saturday
MARCH 14
5:30 PM

Holy Martyrs
Church Hall
Falmouth, ME

Reservations at:
pothe.org/koc



Bring a dish
to share with
others!

Parish Potluck
to support our
seminarians!

More details on p. 3

Parish Calendar ~ This Week and Upcoming

Saturday/Sunday	Monday	Tuesday	Wednesday	Thursday
28 That Man is You 7 am <i>Sacred Heart</i> Eucharistic Adoration & Confession 8:45 - 9:45 am <i>Sacred Heart</i> 1 2nd Sunday of Lent Choir Rehearsal 8 am <i>St. Jude</i> Sacramental Prep 9:30 am <i>Sacred Heart</i>	2 Eucharistic Adoration 12 - 8 pm <i>Holy Martyrs</i> Youth Schola 4 pm <i>Sacred Heart</i> Cub Scout Meeting 5:30 pm Boy Scout Meeting 6:30 pm <i>Sacred Heart</i> ACTS Women's Retreat Team Meeting 6 - 8:30 pm <i>Holy Martyrs</i> OCIA 6:30 - 8 pm <i>Holy Martyrs</i>	3 St. Katharine Drexel Centering Prayer Group 9:30 am <i>Holy Martyrs</i> Catholic Homeschoolers 10 am - 12 pm <i>St. Gregory the Great</i> Friends in Faith 10:30 am <i>Holy Martyrs</i> Sacramental Prep 4 pm <i>Sacred Heart</i> Knights of Columbus 6:30 - 9 pm <i>Holy Martyrs</i> Choir Rehearsal 6:45 pm <i>Holy Martyrs</i>	4 St. Casimir CFM Seminar 10 am - 1 pm <i>Holy Martyrs</i> Choir Rehearsal 4:45 pm <i>Sacred Heart</i> 7 pm <i>St. Gregory the Great</i> Teen Confirmation 6:30 pm <i>Holy Martyrs</i> Together with Alzheimer's 7 - 8:30 pm <i>Sacred Heart</i>	5 Meals on Wheels 8 am - 12:30 pm <i>St. Jude</i> St. Monica Club 6:30 pm <i>Holy Martyrs</i> AA & Al-Anon Meeting 7 - 8:30 pm <i>St. Gregory the Great</i>
Friday	Saturday	Sunday		
6 Eucharistic Adoration 8:30 - 9:30 am <i>St. Gregory the Great</i> 3 - 5:30 pm <i>St. Jude</i> Stations of the Cross 12:15 pm <i>Sacred Heart</i> 5:30 pm <i>St. Jude</i>	7 Sts. Perpetua & Felicity That Man is You 7 am <i>Sacred Heart</i> First Saturday Confession & Rosary 8 am <i>Holy Martyrs</i> Eucharistic Adoration & Confession 8:45 - 9:45 am <i>Sacred Heart</i>	8 3rd Sunday of Lent Choir Rehearsal 9 am <i>St. Jude</i> CGS 9:30 am <i>Holy Martyrs</i> Sacramental Prep 9:30 am <i>Sacred Heart</i> Teen Sacraments 4 pm <i>Sacred Heart</i> The Oratory 5 - 7 pm <i>Sacred Heart</i>		

Mass Intentions for February 28 to March 8

Saturday, February 28 8:15 am SH Fr. J †David Stauss by Kevin O'Donovan 4:00 pm HM Fr. J †Barbara Connolly & Mary Mitchell by Stephen Mitchell 4:00 pm SGTG Fr. C †Jocelyne Lavoie by Paul Bracy	Thursday, March 5 8:00 am SH Fr. J †Matthew Chase Straut by Maura Thornton
Sunday, March 1 8:00 am SH Fr. C †Deceased members of the Metevier family by Chip & Gay Metevier 8:30 am HM Fr. K †Brenda Downey by the Downey family 8:30 am SGTG Fr. J †Lynn Cartwright by the Boulos family 9:30 am SJ Fr. C *All POTHE Parishioners 10:30am HM Fr. K †Justin Stebbins by Karen & George Spino 11:00 am SH Fr. J †Bonnie Stoloski by Manen & Pat Clements 5:30 pm HM Fr. J †Deceased members of the Pisini family by James & Margaret Pisini	Friday, March 6 7:30 am HM MASS MOVED TO EVENING FOR LENT 8:00 am SGTG Fr. C †Laurene Dempsey by the McGrath/Holmquist family 5:30 pm HM Fr. J *Children & Teens of POTHE
Monday, March 2 8:00 am SH Fr. J †Kathy Derrig Lee by Sheila Anderson 12:15 pm SJ Fr. C †Brian John by Evelyn Fraser	Saturday, March 7 8:15 am SH Fr. J *Special Intention for my daughter 9:00 am HM Fr. C †Terri Paulger by Joan Fitzpatrick 4:00 pm HM Fr. C †Dorothy M. Canty by Patricia LaClair 4:00 pm SGTG Fr. J †Doris L. Mathew, OFS by Joe Mathew, OFS & family
Tuesday, March 3 7:30 am HM Fr. C †Daniel Grondin Cardillo by his loving family 5:30 pm SH Fr. J †Arthur Ledue Sr. by the Agren family	Sunday, March 8 8:00 am SH Fr. J †Carole James by Frederick James 8:30 am HM Fr. C †Bertha & George Lee by Mary Desimone 8:30 am SGTG Fr. K †Fernande LeBlond by Raymond & Elinor Fogg 9:30 am SJ Fr. J †Peggy Comstock Coccia by Gretchen Sayward 10:30 am HM Fr. C †Thomas Scaria by Savio Tony & family 11:00 am SH Fr. K †Deceased members of the Hagerty & Richards family by Michael & Cindy Hagerty 5:30 pm HM Fr. C *All POTHE Parishioners
Wednesday, March 4 7:30 am HM Fr. J †Tom Gruber by the Hale Family	NH—Nursing Home VP—Visiting Priest *Special Intention †Deceased HM—Holy Martyrs, SJ—St. Jude, SGTG—St. Gregory the Great, SH—Sacred Heart

Sharing God's Word ~ Through Stewardship and Pastoral Life

PASTOR'S PONDEROSA

My Dear Parishioners,

One of the beautiful truths of our Catholic faith is the Church is not sustained by buildings or programs alone, but by the faithful stewardship of her people. Every generation receives the gift of faith from those who came before it, and each generation is entrusted with passing that gift forward.

For this reason, I warmly invite all parishioners to attend **A Lenten Path to Discerning Stewardship**, a presentation, this **Wednesday, March 4 at 10:30 am, at Holy Martyrs**, offered in collaboration with the Catholic Foundation of Maine. This gathering will provide an opportunity to reflect on how our faith shapes not only our present giving, but also the legacy we leave for the future. The Church teaches that stewardship is part of Christian discipleship. The fifth precept of the Catholic Church reminds us of our responsibility "to help provide for the needs of the Church, each according to his ability" (CCC 2043). This teaching recognizes that the Church's mission, to celebrate the holy sacraments, proclaim the Gospel, educate the young, and serve those in need, depends upon the us.

Often we think of stewardship as offertory giving. While that remains essential each week to pay our staff, keep the lights on, plow our parking lots, and much more, stewardship also invites us to think long-term. How can we ensure that our Parish remains strong for our children and grandchildren?

The Catholic Foundation of Maine, established in 2003 as an independent nonprofit led by lay Catholics, exists to help answer that question. Managing over \$40 million through 135 endowments, its mission is to establish and steward endowments that support Catholic ministries, parishes, vocations, charities, scholarships, and organizations in perpetuity. An endowment is an invested gift, producing ongoing income year after year, providing lasting support for the Church's work. These gifts continue to bear fruit indefinitely, becoming a lasting sign of faith and commitment. During our March 4 presentation, parishioners will learn how endowments help provide stable, long-term support for parish and diocesan ministries, simple ways to include the Church in estate planning, and how planned gifts, often made through wills or other assets, can support the causes we love, while also benefiting future generations.

Planned or legacy giving is not reserved for the wealthy. Often, a simple bequest in a will is the easiest way to ensure that one's faith continues to make a difference long after one's lifetime. Such gifts become an enduring expression of gratitude to God and a final act of stewardship. This presentation is an invitation to learn, ask questions, and discern how God may be calling each of us to support His Church, not only today, but for generations yet to come.

I hope you join us as we explore together what faithful stewardship can look like in every stage of life. The seminar concludes with lunch. The workshop is free to attend, but we ask that you RSVP on the website so that we can plan accordingly. Together, we can ensure that the faith we cherish today at POTHE will continue to flourish tomorrow.

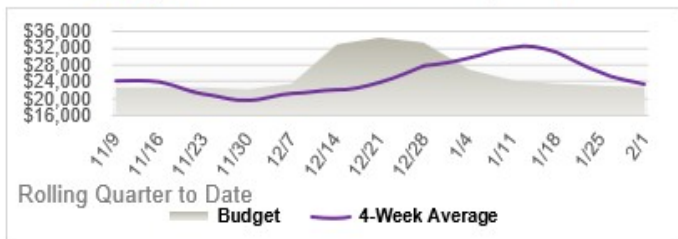
–Fr. Cartwright

Stewardship of Treasure

Week ending on February 1, 2026 : \$21,978

Fiscal Year Ending 6/30/26 Year-to-Date Offertory Surplus/(Shortfall) : \$ (12,807.14)

4-Week Average: \$ 23,447 Budget: \$ 22,832 Surplus/(Shortfall): \$ 615



Welcome, Visitors!

Want to participate in our Offertory collection? If you'd like to make your offering online, please scan the QR code.



FIVE HIGHEST BILLS FOR JANUARY

Natural Gas (Parishwide)	\$9,046
Electricity (Parishwide)	\$6,033
Plowing and Sanding (Parishwide)	\$5,486
Flocknote and Ministry Scheduling Software	\$1,497
Online Giving Fees	\$1,214

UPCOMING SECOND COLLECTIONS

MARCH 1—POTHE CAPITAL CAMPAIGN: This collection supports facility improvement projects, with 100% of your donation directly funding these projects. Our Capital Campaign will end December 31, 2026.

MARCH 15—CATHOLIC RELIEF SERVICES: This collection provides funding for Catholic Relief Services, the USCCB Offices of International Justice and Peace, Migration and Refugee Services, and Pastoral Care for Migrants and Refugees, relief work of the Holy Father, and the Catholic Legal Immigration Network.

POTHE UTILITIES SECOND COLLECTION UPDATE:

Thank you for your generosity and care in supporting the parish in the special second collection for utilities on February 15. We collected \$7,454. Thank you!

PARISH POTLUCK: Celebrate St. Patrick's Day with food, fun, and fellowship at our parishwide potluck dinner at Holy Martyrs on March 14 at 5:30 pm. Donations will be accepted at the door with all proceeds benefitting our diocesan seminarians. RSVP on our website, pothe.org/koc. Please bring a dish to share, . FMI, Chancellor, Matt (207) 245-8976 or matt@elevatemaine.com.



Called to Discipleship ~ Through Faith Formation and Pastoral Life

WOMEN'S ACTS RETREAT: Give yourself this special time

with the Lord! It will also be a time to make new friendships with women who are walking the same road that you are. An OLH parishioner remembers the ACTS



Retreat: *"I thought I was doing pretty well in my relationship with God, but I got this little nudge inside me that I should try something different. With ACTS, I discovered new-found strength by focusing on that relationship with the support, example, and inspiration of other [folks] in my community. These folks share many of my same challenges, doubts, and yearnings. There is tremendous comfort in that. ACTS was not what I expected but it was what I needed. My spiritual life has been re-invigorated."* -TL The Women's Retreat will be held Thursday evening, April 23, to Sunday morning, April 26, at a lakeside retreat center in Winthrop. Retreat cost is \$210. Travel to the retreat center and all meals are included. Cost should not be an obstacle; scholarship funds are available. Reserve your spot now—this Retreat will fill up! FMI and to register, visit pothe.org/acts-retreat or contact Kim Lovett at (207) 553-7042.

THAT MAN IS YOU! Please consider TMIY for Lent - this is an open invitation to join the POTHE Saturday Morning TMIY Men's Group for our Lenten program - The Mysteries of the Rosary. We meet weekly on Saturdays in the Sacred Heart Parish Hall at 7:00 am, come earlier at 6:30 am for pre-program coffee and fellowship. If you are looking for something special for Lent, please join us!



MAKING MUSIC, PRAYING TWICE—LOOSEN UP IN LENT: Our next session of Making Music, Praying Twice Praying has begun, and you can join anytime. Bring your preschool and younger children and join other caretakers from the Parish as we move and groove to songs specifically tied to the liturgical Church year. The final class will feature a Divine Mercy Chaplet in song designed for littles. Classes are held at Holy Martyrs on Fridays at 10:30 am, running through March 20. Register at pothe.org/makingmusic.

TEEN AND ADULT CONFIRMATION: Confirmations will take place at Holy Martyrs on May 1 at 7 pm. If you have received your First Communion but have not yet been confirmed, we invite you to contact us about completing your sacraments. Classes for teens take place on Wednesday evenings from 6:30-7:30 pm at Holy Martyrs February 25 through March 25. Classes for adults will be arranged at your convenience. FMI, submit a request-more-info form on our website, pothe.org/confirmation.

LECTURE SERIES: Joe Moreshead will give a series of three classes, *Caught in the Crossfire: Catholic Missionaries in the French and Indian Wars*. Classes will be in the hall at Sacred Heart from 11 am until 12 pm on March 13, 20, and 27.

PRAYER CORNER

Saturday, February 28	Rev. Elaiyaraja Thaniyel, HGN Rev. Jacob C. George
Sunday, March 1	Bishop James T. Ruggieri
Monday, March 2	Rev. Joseph A. Jum All Deceased Priests
Tuesday, March 3	V Rev. Msgr. Paul F. Stefanko, VF Rev. Brian J. Conley, SJ
Wednesday, March 4	Rev. Michael E. Sevigny, OFM Cap Rev. Robert L. Lupo
Thursday, March 5	Rev. David R. Raymond Rev. Peter Onwe, OP
Friday, March 6	Rev. Johnson S. Panneer Slevam, HGN Rev. Joseph W Cahill
Saturday, March 7	Rev. James R. Roy, MM Rev. Paul E. Coughlin
Sunday, March 8	Bishop Emeritus Robert P. Deeley, JCD

WHY WE ASK FOR PRAYERS: We know God hears all our prayers. Many of us have known the power of His answers. As a faith community, we are called to pray for each other, which is why we publish a list of people in need of healing in the bulletin. Please call our parish office at (207) 847-6890 to include yourself on the list. If you want to add someone else, please ask permission from that person first.

PRAY FOR OUR SEMINARIANS: Vinh Nguyen, Deacon Ezekiel Banla, Deacon Evans B. Yongyee, Joseph Beale, Nick Hershbine, Adam Chamberland, David Leff

PRAY FOR THE KNIGHTS OF COLUMBUS AND FAMILY: Brother Chip Metevier; Nancy, wife of Brother John Walkenford; Brother Gerald Bose; Brother Charles Thurston; Art Crowley, brother of Brother Mike Crowley; Brother Manen Clements and wife Pat; Brother James King; Cindy Carrier, wife of Brother Steve Carrier; Brother Paul Tracy; Sandy Lemanski, sister of Brother Frank Lemanski

PLEASE KEEP IN HEALING PRAYER: Marianne McNally-Purda, Gretchen Sayward, Edward Hartnett, Peter Allen Longley, Dolores Hartnett, Keith Stackpole, Ann Marie Branigan, Ryan Holden, Denise Tibbetts, Bob Pigeon, Nancy Crouch, Doris Charest, Charlie Miller, Jack Laibinis, Sr., Tiffany Eaton, Gilman Michaud, Kelly Dupont, Jean Bissonnette, Tanya Ziegler, Michael Connolly, Hannah Robinson, Pat Rideout, Joe Slattery, Michael Connolly, Patricia Dunn, Donald McNeil, Peter Coffin, Gayle Hart

Sharing God's Word ~ Through Faith Formation and Pastoral Life

LENT IS HERE!

Lent is a time of penitential preparation for Easter. This season is meant to be a time of repentance, fasting, and almsgiving, as a way to connect more deeply with God. It is an opportunity for Christians to reflect on their lives, recognize their faults, and open themselves to the grace of the Resurrection. The 40 days of Lent symbolize a period of trial, purification, and preparation for something new, offering an opportunity for renewal and transformation. POTHE will offer opportunities to observe Lent this year. Have you discerned how you will respond to this invitation to deepen your relationship with God?

DAILY MASS SCHEDULE DURING LENT

Monday

8:00 am Sacred Heart
12:15 pm St. Jude
(*ad orientem*)

Tuesday

7:30 am Holy Martyrs
(*ad orientem*)
5:30 pm Sacred Heart

Wednesday

7:30 am Holy Martyrs

Thursday

8:00 am Sacred Heart

Friday

8:00 am St. Gregory the Great
(*ad orientem*)
5:30 pm Holy Martyrs

Saturday

8:15 am Sacred Heart
(followed by Adoration and Confession)

FRIDAY—STATIONS OF THE CROSS

Sacred Heart—**NEW THIS YEAR!**

12:15 pm

St. Jude

5:30 pm (NO simple supper this year)

St. Gregory the Great

6:00 pm (followed by a simple supper)

Holy Martyrs

6:30 pm (following 5:30 pm Mass and a simple supper)

EUCCHARISTIC ADORATION

Mondays

12:00—8:00 pm
Holy Martyrs

Fridays

8:30—9:30 am
St. Gregory the Great

Fridays

3:00—5:30 pm
St. Jude

Saturdays

8:45—9:45 am
Sacred Heart

CONFESSION

Saturday

8:45—9:45 am
Sacred Heart

2:30—3:30 pm
Holy Martyrs

St. Gregory the Great

The Light is ON for You!

March 23—26
6 pm each night as follows:

March 23—St. Gregory
March 24—Sacred Heart
March 25—St. Jude
March 26—Holy Martyrs

LENTEN PATH TO DISCERNING STEWARDSHIP

Have you ever wondered how you can make a lasting impact on the future of our parish? Join us for a special seminar this Lent geared towards the fifth precept of the Catholic Church, *Provide for the Needs of the Church*. Join us to learn how planned gifts and endowments help sustain our ministries for generations to come.

We'll explore:

- How endowments support long-term parish needs
- Simple ways to include the church in your estate plans
- The spiritual and practical benefits of legacy giving

The seminar will be held **March 4 beginning at 10:30 am at Holy Martyrs** with talks given by Fr. Cartwright; David Spellman, Financial Planner; and representatives from the Catholic Foundation of Maine*. The seminar concludes with a provided lunch. The workshop is free to attend, but we ask that you register on our website at pothe.org/cfmstewardship, so that we can plan accordingly. There you will also find the meeting agenda. All are welcome—whether you're just curious or actively considering a legacy gift. Come discover how your faith and generosity can continue blessing our community far into the future. FMI, contact Nicole Clavette, Business Coordinator, (207) 553-7158, or pothe.business@portlanddiocese.org.

*The Catholic Foundation of Maine was founded and incorporated in 2003. This non-profit foundation gives donors like you an opportunity to share your gifts with individual Catholic institutions, causes, ministries, and parishes you care about, both now and in the future.



LANGUAGE OF COMPASSION PRESENTATION

The Social Justice Commission recently considered ways in which we could assist parishioners in greeting the world from a place of Christlike love, mercy, and compassion. We are called to evangelize and share the message of the Lord especially with those most in need. Sometimes we lack the words or understanding to greet our brothers and sisters in Christ from a place of compassion and not judgement. Judy Shaw, a parishioner and member of the Project Rachel Team, will offer a *Language of Compassion* presentation – greeting those who are post-abortive from a place of love, mercy, and compassion, on Sunday, March 15 at Holy Martyrs, 3-5 pm.

PARISH READ

Are you looking to deepen your prayer life this Lent? Do you want to know Christ better and grow in your relationship with Him? This year, our parish is reading, *40 Days to Peace and Union with God—A Journey in Prayer Through the Daily Gospels*, by Fr. Bartunek. Books will be available at each of our churches beginning Sunday, February 15. Copies are free, but donations of \$3 per book are appreciated to help cover the cost.

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Parish Information ~ Celebrating the Sacraments

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Fr. Steven Cartwright



Parochial Vicar:
Fr. Joseph Jum



Senior Priest:
Fr. Peter Kaseta, O.F.M. Cap.



Senior Deacon:
Dennis Popadak

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Nicole Clavette



Bookkeeper:
Terrie Casavant



Coordinator of
Baptisms:
Regina des Rosiers



Facilities
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Steve Tuttle



Director of
Communications &
Technology:
Joyce Hale



Director of
Faith Formation:
Joe Moreshead



Coordinator of
Sacraments:
Kim Lovett



Coordinator of
Family Life:
Kalee Gwarjanski



Faith Formation
Assistant:
Kate Scott



Director of
Sacred Music:
Jen Runge

Our Mission

We are the Parish of the Holy Eucharist, a Catholic community called to discipleship, seeking deeper communion with God, each other, and our neighbors by celebrating the Sacraments, sharing God's Word, and serving all in need.

Our Churches

Holy Martyrs: 266 Foreside Road, Falmouth

Sacred Heart: 326 Main Street, Yarmouth

St. Gregory the Great: 24 N. Raymond Road, Gray

St. Jude: 134 Main Street, Freeport

Our Parish Office

Address:

Parish of the Holy Eucharist
266 Foreside Road
Falmouth, ME 04105

Phone: (207) 847-6890

E-mail: pothe@portlanddiocese.org

Website: pothe.org

Our Cemetery

Holy Cross Cemetery

75 Smith Street, Yarmouth
(207) 773-5796

Our Eucharistic Adoration Schedule

Monday:

12:00 pm - 8:00 pm Holy Martyrs (except holidays)

Friday:

8:30 am - 9:30 am St. Gregory the Great

3:00 pm - 6:00 pm St. Jude

Saturday:

8:45 am - 9:45 am Sacred Heart

Our Confession Schedule

Saturday:

8:00 am Holy Martyrs, 1st Saturday of the month

8:45-9:45 am Sacred Heart

2:30-3:30 pm Holy Martyrs and St. Gregory the Great

Or by appointment

Our Mass Schedule until Holy Week

Sunday Masses	Daily Masses
Saturday (Anticipatory):	Monday:
4:00 pm Holy Martyrs	8:00 am Sacred Heart
4:00 pm St. Gregory the Great	12:15 pm St. Jude
Sunday:	Tuesday:
8:00 am Sacred Heart	7:30 am Holy Martyrs
8:30 am Holy Martyrs	5:30 pm Sacred Heart
8:30 am St. Gregory the Great	Wednesday:
9:30 am St. Jude	7:30 am Holy Martyrs
10:30 am Holy Martyrs	Thursday:
11:00 am Sacred Heart	8:00 am Sacred Heart
5:30 pm Holy Martyrs	Friday:
	8:00 am St. Gregory the Great
	5:30 pm Holy Martyrs
BULLETIN SUBMISSIONS:	Saturday:
Items are due 10 days prior to publication. Submit to pothe@portlanddiocese.org .	8:15 am Sacred Heart
	9:00 am Holy Martyrs 1 st Sat. of the month (TLM)

Sacramental and Pastoral Care

Becoming Catholic: Please contact

pothe.faithformation@portlanddiocese.org

Sacrament of the Anointing of the Sick: Please call the parish office with the name, condition, address, and phone number of the person who is in need. **If calling after hours**, when voicemail message begins, press 7 to leave a message for the on-call priest.

Communion to the Homebound: Please email Regina des Rosiers, pothe.liturgy@portlanddiocese.org.

Sacrament of Baptism for Infants: Please email Regina des Rosiers, pothe.liturgy@portlanddiocese.org.

Sacrament of Matrimony: Please contact the parish office at least 6 months in advance of the desired date of your wedding.

Making Funeral Arrangements: Please contact the funeral home, and they will assist you in making arrangements for the church.