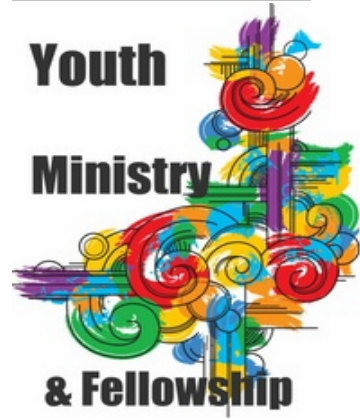


## Focus for Youth Ministry



At St. Anne Youth Ministry, our mission is three-fold; we seek to empower young people to live as disciples of Jesus Christ in the world today, to draw youth to responsible participation in the life, mission and work of the Catholic Church, and to foster the total personal and spiritual growth of the young people in our faith community.

Saint Anne Youth Ministry is open to youth entering the ninth grade, or for those in high school who have not had youth ministry experience previously. Our purpose is to build a community of young people examining issues at the forefront of their minds & lives, to encourage growth socially, provide interaction through community service projects, and faithfully deepen the relationship with God.

In May all the students are invited to register for the Sacrament of Confirmation preparation program, however this is not a requirement of any student. In order to register for Confirmation, you must be registered for and have participated in the Saint Anne Youth Ministry meetings and one Youth Ministry retreat. During the school year the Youth Ministry group meets on the 2<sup>nd</sup>, 3<sup>rd</sup> and 4<sup>th</sup> Monday evenings in the Parish Hall. From 6:00 to 6:30 p.m. youth may arrive and have time to socialize and check out upcoming events. At 6:30 p.m. we begin our meeting and will finish with closing prayer by 8:00 p.m. Attendance is taken and students are expected to attend ALL meetings.

### Retreats

In addition to ***Saint Anne*** gatherings, we offer Youth Ministry participants one weekend retreat a year. For 2025-2026, the retreat will be held in March 2026. Students wishing to enter the Confirmation program must attend a Youth Ministry retreat prior to registration for Confirmation. **The anticipated cost for the Youth Ministry retreat is \$160.00,**

### Dates of Retreats:

1. Confirmation Retreat: December 5-7, 2025
2. Youth Ministry Retreat March 13-15, 2026 @ YMCA Camp La Honda.
3. EMMAUS Peer Ministry Retreat August 16-17 YMCA Camp La Honda.



## Saint Anne Confirmation Preparation



The Sacramental preparation for Confirmation at St. Anne's is a two-year process, with the first year completed as a participant in the ***Saint Anne Youth Ministry*** program. Students may begin the enrollment process for Confirmation as early as spring of their freshman year, provided they have previously registered for Youth Ministry and attended a Youth Ministry Retreat. The process begins with the registration information meetings in May and a decision is made at that time if you would like to enter the program. Those deciding on enrollment are given a candidate agreement that is returned to a registration day with baptismal & sponsor information, along with a registration fee. The immediate preparation for the Sacrament begins in the fall. The Confirmation sessions meet twice a month on Sunday's from 2:30 p.m. to 4:30 p.m. There are 14 scheduled sessions, along with a weekend retreat, ministry projects, sponsor-candidate sessions, and the celebrations of different Rites. The date for the Rite of Confirmation will be in the Spring of 2026 at St. Anne Church.

### EMMAUS Peer Ministry

Since 1985, Youth Ministry at St. Anne's peer ministry model to promote and foster youth. We use the example of the road to 24:13-35) as a model that we journey Lord, in our everyday lived experiences. existing group of young people who have interest in serving the Church through the program for one year. For example, a prepare youth liturgies and retreats. Other responsibilities include planning and leading workshops, icebreakers and prayer for youth ministry meetings & facilitating small group discussions. The peer ministry group also takes on different projects throughout the year like the SOUPER Bowl project...a Justice & Service day at St. Anthony's, along with our monthly stewardship collections for various charities. The EMMAUS peer ministry group has an annual training retreat during the summer, and also meets quarterly for enrichment and planning. Peer ministry is open to high school students', sophomore and above, already confirmed. Applications are available in April every year.



has focused on a leadership among EMMAUS (Luke together, with the EMMAUS is an expressed an Youth Ministry group might

### LA YOUTH DAY

St. Anne Youth Ministry will be attending the Archdiocese of Los Angeles Youth Day February 18-21, 2026. This trip is open to all high school EMMAUS, Youth Ministry & Confirmation students and Emmaus Young Adults.

### Youth Mass

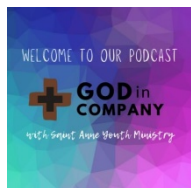
St. Anne Parish offers a Youth Liturgy on the second and fourth Sunday's of the month at the 5:00 p.m. mass. There are a wide variety of ways young people are invited to participate in the Youth Liturgy: the Youth Choir, Lector Ministry, Eucharistic Ministry and the Ministry of Welcome.

## 2025

August 15-17	Emmaus Peer Ministry Retreat
August 24	Emmaus Peer Ministry Commissioning
September 14	First Confirmation Meeting--Parents attend
September 15	First Youth Ministry meeting –Parents attend
October 11	Regional Catholic Youth Rally @ Moreau HS
October 31	Trunk or Treat @ St. Anne's (Service Opportunity)
November 8	Rock The Night Youth Showcase
November 24	Youth Ministry Thanksgiving Potluck
December 5-7	Confirmation Retreat
December 8	Advent Potluck celebration
December 23	EMMAUS Justice & Education Day @ St. Anthony's

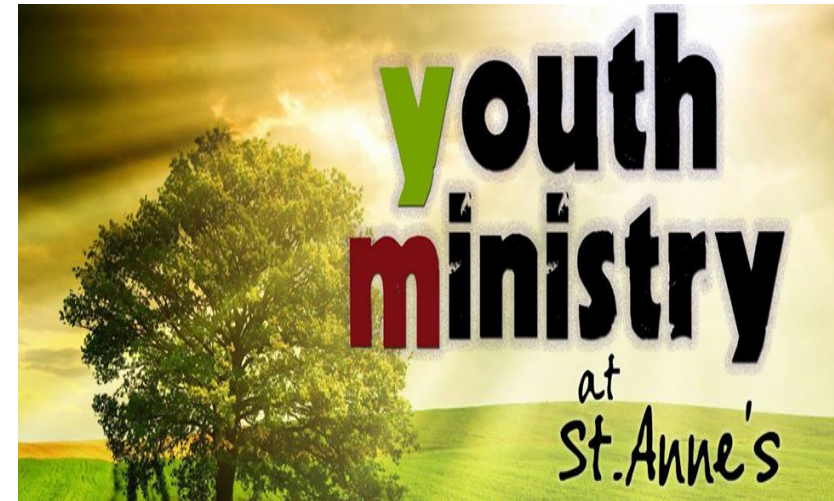
## 2026

January 12	1 <sup>st</sup> Youth Ministry meeting of 2026
February 8	SOUPER BOWL Service Project @ St. Anne
February 18	Ash Wednesday
February 18-21	LA Youth Day Trip
March 29-April 5	Holy Week
May 4	Last Youth Ministry Meeting
June 14	Youth Ministry Scholarships awarded



### **GOD IN COMPANY YOUTH MINISTRY PODCAST:**

Produced & Engineered by the Young Church of St. Anne



### Saint Anne Youth & Young Adult Ministry

32223 Cabello Street

Union City, CA. 94587

(510) 471-7766 ext. 22

[www.saintannecatholic.org](http://www.saintannecatholic.org)

Email: [ym@saintannecatholic.org](mailto:ym@saintannecatholic.org)

Instagram: [saintanneym](https://www.instagram.com/saintanneym)

Jim Soltau

Coordinator of Youth Ministry & Confirmation