

Fourth Sunday of Easter - May 8th, 2022

MASS INTENTIONS

Saturday
5:00 pm

May 14th
† Deceased members of the
DeMello family by Rose &
Lorna De Souza



THE BAPTISMAL PREPARATIONS will be held on the Thursday evening before the designated date at the end of the month.

The Baptisms will now be held on the last Sunday of each month following the 9:00 am mass.

Parents, we encourage you to attend Mass on Sunday and meet Fr. Pereira prior to registering your child for baptism. Please call our Baptism Contact (Shannon Corrigan) at 613-614-0142 or email at Shannon_ann_corrigan@hotmail.com.

CONGRATULATIONS to all the children who celebrated First Holy Communion last week:

Monday, April 25: Audrey Alemanji, Angelique Bartucci, Mark Brown, Miley Carriere, Savannah Clarke, Daniella Da Silva, Davin Da Silva, Isaac Da Silva, Emma Dickman, Ava Elonge, Amelia Go, Tomas Kaing, Georgio Mouawad, Jarren Moya, Philip Joven Piriz, Kaleigh Reid, Haleigh Roy, Michael Ruzzier and Izabella Stankowska.

Tuesday, April 26: Leilani Alfred, Hudson Fong, Renee Gauthier, Aryana Guillaume, Nara Lee Chun, Margot Lewandowski, Dominic Louis Feliz, Ryleigh Mack, Roman Mapp-Evangelista, Victoria Mogridge, Karson Palmer, Gwyneth Prince, Jackson Rolland, Quinn Rolland, Cataleya Solis, Helmut Tabe, Emalina Vispo and Rachel White.

Wednesday, April 27: Karlson Andrew, Owen Connolly, Jack Doxey, Julio Mateo Flores Ponce, Antonio Gebran, Niall Lannin, Bella Lewis, Leah Macpherson, Luca Pomoransky, Alessandro Porcari, Matthew Alberto Edgardo Rendon Brianna Skelly, Evangeline Skelly, Bella Ventura, Rafael Vilanova, Dominic Whelehan, Kaiden Wong, Rainen Wong and Teresa Zappia.

YOUR OFFERINGS:

April 30/May 1st

\$1,592.00

Thank you for your generosity and support

Pastor's Message

War a Spiritual Problem (?)

One of the CAC's early prophetic actions was to protest regularly at nuclear arms facilities in the Southwest. In this updated reflection from the 1990s, Father Richard reflects on the connection he observed between our focus on smaller issues which allow us to feel in control and even holy, while we tolerate war and the proliferation of nuclear weapons that create widespread death and destruction:

The nuclear myth, with its false promises of deterrence and security, gets us off almost all the hooks that the Divine Fisherman uses to draw us to deeper levels of spirituality and consciousness: our powerlessness, our essential insecurity, the desire to give one's life for something bigger than oneself, our fear of death, our capacity for faith, trust, and forgiveness, our restless hearts that long to be united.

Once we squelch spiritual energy in the name of hard-headed intellect and will, three not-so-obvious demons will move in to take the place of Spirit: expedience, law, and propriety. Many well-meaning Christians living out of this mindset, unaware that they have abandoned the marrow of the gospel of peace and love and put their hope in "enlightened" self-interest. And we have grown used to it for so long that we think it is the teaching of Jesus!

Let's take expedience. It is an early stage of moral development, but it finds no support in the words of Jesus. It is reflected in moral Christian parents who are righteously concerned about the evils of premarital sex but, when questioned, reveal that their real concern is for family embarrassment, future marriage prospects, or setbacks caused by an unplanned pregnancy.

This brings us to the second false savior: law. For many people, this is what religion is all about: law and order, control, doing what we're told, and obeying the commandments. Paul clearly taught the opposite in the whole book of Romans: "a person is justified by faith and not by doing works prescribed by the law" (3:28).

Finally, propriety. Being proper like everybody else on the block seems always to have been a substitute for real transformation. Middle-class religion loves to bless "the way everybody thinks." It makes the Sermon on the Mount into a tidy lesson while the poor remain oppressed, the hungry unfed, and illusions maintained. From this perspective, the

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human spirit remains without compassion—especially among nice, proper, churchgoing folks. Self-serving behavior takes the place of other-serving love.

What does this have to do with nuclear bombs and nuclear deterrence? I am convinced, with Pope Francis, that even owning nuclear weapons is a spiritual problem. The way forward will depend on spiritual transformation at a corporate level.

Fr. Eslin Pereira, CMF

Buy your 'Catch the Ace' tickets:

Every ticket purchased will help to fund the Affordable Housing Project launched by the Ottawa Central Council of the Society of Saint Vincent de Paul in concert with the Multifaith Housing Initiative (MHI). Through various fundraising activities, the OCC aims to raise sufficient funds to cover the down payments of 4- 6 apartments for Indigenous families in need. Info: www.ssvpottawa.ca. Cost: \$10 per ticket, every week. A letter from the Archbishop's office extends its full support to the SSVF fundraising project.



40 Cans for Lent - Food for Families

A big Thank You

The Knights of Columbus of St. Bernard Council, Fr. Eslin Pereira, and St. Bernard Parish appreciate and wish to thank all parishioners for their contribution of food and donation of cash as their spiritual sacrifice during the Lenten season.

- Thank you for the 2000 pounds of food received. The food was distributed to needy families through the Pavilion Food Bank in Ottawa, and
- Thank you for the \$2525 cash received. This amount will be distributed by way of Gift Card, donations to the Ottawa Food bank and the Pavilion Food bank.

May the risen Christ bless you all.

DONATIONS BY CREDIT CARD OR INTERAC to make weekly, monthly, or one time donations: Visit, saintbernardparish.com, click on Canada Helps to give. Canada Helps will instantly issue you a tax receipt and will forward your donation into our parish account.



CRA CHARITY NUMBER - Our parish is registered with CRA as: PAROISSE ST BERNARD 128967353RR0020. This

number is needed to setup payroll charity giving

SMART AGING

Sign-up for the Core Program before May 10th

Click here to register or call 613-789-3577 ext.4

Many seniors make significant life decisions in crisis moments. When this happens to you or your family, you often don't have adequate tools, resources and information to make the best decisions for you, or your loved ones.

The Council on Aging of Ottawa is looking to change that by giving you the opportunity to follow our Smart Aging program!

The Smart Aging Core Program consists of a series of eight weekly workshops covering key topics facing seniors today. Each workshop is designed to provide you with the information you need, before you need it, to make smart decisions at key transition points in your life.

Thursdays May 12th - June 30th 10:00am - 12:00pm Holy Cross Parish Hall
658 Walkley Rd. Ottawa, ON

Information - Fran Hadley

fran.hadley@gmail.com

613- 737- 5226

This event is free!!



Mother's Day Blessing

Just as God gives to each rose

A gentle touch of dew

And gives unto each evening sky

The lovely sunset's hue

So may He give to you

From his enduring love

Great happiness and hearts' content

And blessings from above.

