How will you observe Holy Week this year?

1) Use a daily devotional to walk with Jesus through Jerusalem. Daily, spend time in scripture, soaking in the details of Jesus' final week on earth.

- 2) Attend a Maundy Thursday foot-washing service. Take time to wash each other's feet, explaining to your children that it's a way to serve each other. Jn 13:1-17, 31-35 together and then wash your children's
- 3) Eat a Passover meal with your family and friends. The Last Supper was Jesus' last observance of Passover, so experiencing a Passover seder (dinner) is another way to step into the story of the Last Supper yourself.
- 4) Keep a prayer vigil on Thursday night After the Last Supper, Jesus went to the Garden of Gethsemane to pray. This was his most passionate and desperate night of prayer, yet the disciples he took with him kept falling asleep.
- 5) Pray the Stations of the Cross. The Stations of the Cross (or Way of the Cross) is an ancient prayer that focuses on 14 moments (or stations) along Jesus' walk through Jerusalem. This prayer isn't only for Catholics. It's for anyone who wants to pick up their cross and walk with Jesus.
- 6) Fast on Good Friday. Take this as a day to fast in some way. It is the day Jesus died. It's the day of great sacrifice that Jesus made for us. Mourn the loss, imagine a "Good Friday world" without Jesus, and take time to repent of your own sins.
- 7) Observe the 3 hours on Good Friday when Jesus was on the cross. Jesus hung on the cross for three hours before he died. Historically, this is observed from noon to 3pm on Good Friday with a time of
- 8) Share the Easter story with your kids (or grandkids) Share the Easter story with others. Walk through Holy Week with them so they will fully understand why we celebrate on Easter Sunday. 9) Keep Saturday Solemn. Turn off electronics, limit activities, and imagine a day without Jesus. Experience the deep grief of the disciples who thought Jesus was gone forever and didn't vet understand the prophecy.
- 10) Rejoice on Easter Sunday. Rise early and watch the sunrise, the promise of a new day. Go to church as a family, celebrating in Christ's triumph over death.

Prayer of the Week

God I need you in every aspect of my life. I need your strength to lift me up when I am feeling stressed and overwhelmed. Something unexpected is bound to be thrown my way this week, and instead of seeing it as a burden I want to see it as an opportunity to get to know You better. I need your patience. There are times when I know I let the smallest things get to me. When they get to me I can let them build up so much that they get out of control or influence the rest of my day. Calm my heart and help me build patience to better serve you. Amen.

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Disciples	Glory	Hosanna	Jerusalem
Jesus	King	Lips of children	Master
Mount of Olives	Name of the Lord	Palm branches	Parade
Passover	People	Pharisees	Praise
Prophecy	Riding	Road	Son of David
Stones	Sunday	Temple	Untie

Waving

ST. ANSELM'S PARISH

BERNARD ROAD, FOX HILL / P.O. Box FH 14389, Nassau, Bahamas. / TEL (242) 324-1325 E-mail address: stanselm@batelnet.bs; Website address: stanselmbahamas.org; Youtube chanel:StanselmsBahamas: Facebook address: Facebook.com/stanselmsparish.



St. Anselm is a Catholic faith community centered in the Eucharist, seeking to live the love of God through worship, word and service.

"Hosanna in the Highest!"

"Hosanna to the Son of David; Blessed is he who comes in the name of the Lord, the King of Israel. Hosanna in the highest."

April 10th. 2022 Palm Sunday of the Lord's Passion 1st Reading: Is 50:94-7 2nd Reading: Phil 2:6-11 Gospel: Lk 22:14 -23:56

April 17th, 2022 Easter Sunday - The Resurrection of the Lord 1st Reading Acts 10:34a, 37-43 2nd Readina Col 3:1-4 or 1 Cor 5:66-8 Gospel LR 24:1-12



Most Rev. Patrick C. Pinder, S.T.D., C.M.G. KC*HS, Archbishop of Nassau.

Fr. Noël Clarke, Parish Priest Rev. Mr. Ricardo Demeritte, Deacon

MASS SCHEDULE:

SUNDAYS: 7.00am & 9.00am WEEKDAYS: 6.15 am Wednesdays - Adoration at 5.30pm & Mass HOLIDAYS: 8.00 a.m. Bible Study Monday 6.15pm-Virtual (CONFESSIONS: SUNDAY: by appointment)

BAPTISMS: Call Parish Office to arrange

A WARM AND LOVING WELCOME TO ALL OUR VISITORS!

Please come again and if you would like to become a member, our contacts are listed above.

To our members, We always thank God for all of you and continually mention you in our prayers!

Let us Pray

her, your Son accepted our sufferings to teach us the virtue of patience in human illness. Hear the prayers we r for our sick brothers and sisters. May all who suffer pain, illness or disease, realize that they are chosen to be its and know that they are joined to Christ in his suffering for the salvation of the world. Amen.

ren Antonio Sr., Alice Anthony, Paul Barnett Sr., Rosemary Black, Pauline Christie, Donnalee Colcbrooke, Sonia ville, Jacqueline Dyce, Carol & Sylvia Edgecombe, Michael Farrington, Hartman Johnson, Edward Kerr, Patricia wles, Ruth Knowles, Paula Lundy, Ida Major, Hosea Moss, Takera Perigord, Shirley Pinder, Martha Roberts. ndre Sands, Giovani Small, Jayde Smith, Joy Smith, Mable Smith, Dorothy Symonette, Lucinda Symonette, Anastina son and Jacinta White, the imprisoned, the homebound, the hospitalized and persons in the Geriatrics Hospital. (If , or a member of your family is ill, or if you know of a parishioner that is ill, please notify the parish office).

Daily Scripture Reading

fay 11th Tuesday 12th 'eadina: Is 42: 1-7 1st Reading: Is 49:1-6 Ps 27 1, 2, 3, 13-14 Resp Ps 71:1-2, 3-4a, 5ab-6ab, 15 & 17 el: In 12:1-11 Gospel: In 13:21-33, 36-38

Wednesday 13th

1st Reading: Is 50:4-9a Resp Ps 69:8-10, 21-22, 31 & 33-34 Gospel: Matt 26:14-25

The Sacred Paschal Triduum

Friday 15th sday 14th Good Friday Thursday 'gading: Ex 12:1-8, 11-14 1st Reading: Is 52:13 - 53:12 Ps 116:12-13, 15-166c, 17-18 Resp Ps 31: 2, 6, 12-13, 15-16, 17, 25 Reading: 1st Cor 11:23-26 2nd Reading: Heb 4:14-16; 5:7-9 Gospel: In 18:1 - 19:42 el: In 13:1-15

! 16th - Holy Saturday - The Easter Vigil in the Holy Night Reading: Gen 1:1 - 2:2 or 1:1, 26-31a

Ps 104: 1-2, 5-6, 10, 12, 13-14, 24, 35

s 33:4-5, 6-7, 12-13, 20 & 22

Reading: Gen 22:1-18 or 22:1-2, 9a, 10-13, 15-18

Ps 16:5, 8, 9-10, 11

Reading: Ex 14:15 - 15:1

2 Ps Ex 15:1-2, 3-4, 5-6, 17-18

Reading: Is 54:5-14

2 Ps30: 2, 4, 5-6, 11-12, 13

Reading: Is 55:1-11

2 Ps Is12:2-3, 4, 5-6

Reading: Bar 3:9-15, 32 - 4: 4

p Ps 19: 8, 9, 10, 11

Readina Ez36:16-17a, 18-28

Ps 42:3, 5; 43:3, 4 or Is 12:2-3, 46cd, 5-6 or Ps 51:12-13, 14-15, 18-19 stle Reading: Rom 6:3-11

p Ps 118: 1-2, 16-17, 22-23

pel: Lk 24:1-12



HappyBirthdayGreetings to...Patricia Cartwright, Duval Davis, Lillian

Flowers, Tavaughn Stubbs, Eryn Wilmott, (Today) Xavier Collie, Kevin Demeritte, Tenisha Demeritte, Nash Cartwright, Noel Cartwright, Atrillio Hamilton, (Mon) Alisha Burrows, Jamon Clarke, Charlton Culmer, Kishante Flowers, Sheila Rhodriguez, Dolores Smith, Shadrack Smith Jr. (Tue) Cigi Williams, Blavne Edgecombe, Manuel Gonsalves, (Thur) Ormond Collie, Frederick Sturrup, (Fri) Dorothy Bowleg, Phylesha Knowles, Anish Roy, (Sat) ... and to all celebrating this week!

Prayerful Sympathy

The parish community extends heartfelt sympathy to Denisco Rahming, Shanice Smith, Inga Pratt and Yoshi Forbes and their families on the death of their father, Richard Smith who died on Monday. April 4th and will be buried from St. Paul's Baptist Church tomorrow. May his soul rest in peace.

Easter Water Bottles

We have a limited supply of new Easter water bottles so we are encouraging parishioners to bring in their old bottles for refilling on Easter Sunday.

CCD News

CCD closed for the Easter Break on Saturday, April 13th and reopens on Saturday, May 4th. ************

"God is faithful and He will not let you be tested beyond your strength."

~1 Corinthians 10:13~

Reflecting on the Word

Abandonment and Salvation

Jesus came triumphantly into Jerusalem, but he knew what faced him. The death would be terrible, and the suffering that would accompany it would be searing.

Worst of all would be the pain of abandonment. Jesus would die abandoned by everyone. His friends and disciples would run away and leave him alone.

From among his very best friends, one would turn him over to the authorities and another would deny knowing him. Jesus' experience of abandonment even seemed to extend to his Father: "My God, my God, why have you abandoned me?"

In dying his lonely death on the cross, Jesus brought salvation to all those who are abandoned by others; the poor, the homeless, the unemployed, the lonely elderly, those suffering from communicable diseases, the hungry, political prisoners, prostitutes, those on death row. Jesus died and rose that they might be liberated from their abandonment.

"Your attitude must be Christ's," we are told by St. Paul. We must empty ourselves and take the form of slaves on behalf of those who are abandoned by the world.

The ultimate injustice is for a person or group to be treated actively or abandoned passively as if they were nonmembers of the human race. To treat people this way is effectively to say that they simply do not count as human beings. ~ U.S. Bishops, Economic Justice for All, 1986: 77 ~ Gerald Darring *********************

Commentators & Lectors

Palm Sunday - April 10th

7:00am —Vann Gaitor — 1st Reader/Commentator -Letitia Ellis - 2nd Reader

Passion Readers:

S-Alexia Edgecombe & SS - Bryant Collie 9:00am-Kavon Rolle - 1st Reader

—Philandra Bain Wood — 2nd Reader /Commentator

Passion Readers:

S-Alexandrea Taylor & SS - Ricardo Taylor

Easter Vigil-April 16th (9:00pm) Readings

1st-Kavon Rolle, Mya Demeritte, Nathan Gittens 3rd-Rose Burton

5th-Bursel Woods

6th-Philandra Bain Wood

7th-Vann Gaitor

Epistle-Bryant Collie

Holy Thursday - April 14th

7:30pm—Lana Edgecombe—1st Reader -Kevin Fernander-2nd Reader

Good Friday-April 15th

11:00am -Jean Gomez-1st Reader -Brianne Gibson-2nd Reader

Passion Readers:

S-Deline Gittens & SS-Nathan Gittens 2:00mm —Anthony Butler—1st Reader

-Anntoinette Nouguez-2nd Reader

Passion Readers:

S-Jacinta Higgs & SS-Derry Ferguson

Easter Sunday-The Resurrection of the Lord - April 17th

7:00am — Tanya Heastie— 1st Reader / Commentator

-William Heastie-2nd Reader

9:00am — Julie Bingham — 1st Reader/Commentator

- Rebecca Bingham- 2nd Reader

Easter Schedule

Holy Thursday, April 14th—Mass at 7.30pm—Good Friday, April 15th—Mass at 11:00am & 2:00pm Holy Saturday, April 16th-Morning Prayer at 8.30am - Easter Vigil at 9:00pm Easter Sunday, April 17th-Mass at 7:00am and 9:00am Easter Monday, April 18th (Public Holiday) Mass at 8.00am