

Youth Group...

Youth group meeting resumes on Friday 3rd February, from 7:00 pm to 8:30 pm, and every other Friday in the Parish Hall.

Ages 12 to 18 years, are invited to attend.

Celebrating the Eucharist Missalettes

On Sale

February 22nd, 2023 to April 29th, 2023 period, are on sale for a small fee of \$5.00 at the parish office. Imagine having your own copy at your fingertips, day and night!! Follow the Eucharist from sun up to sundown. :-)

NB. Funds to defray cost of purchasing.

St Thomas More Parish says BINGO IS BACK. Come out and play **BINGO** on Friday 10th February from 6:30pm to 11:00pm on the Church grounds. \$10.00 in advance. Ticket includes one free game. Food and drink will be on sale. Call 432-7100 for more info.

"A weekend to remember...An experience you will never forget..."

The Archdiocesan Office of Family Life is sponsoring a Marriage Renewal Weekend to be held Friday, Feb. 10th through Sunday Feb. 12th, 2023 at **Emmanuel Centre**, Fox Hill. All married couples desiring to enhance and deepen their relationship are invited to register. **Cost \$200.00 per couple**, (Meals & Accommodations included) Deadline for applications to be submitted is Friday, February 1st, 2023. Please contact the Office of Family Life at 322-8919 or 328-4310 for more information.

Get Ready for **FISH FRY FRIDAYS** every Friday during **LENT** beginning Friday 24th, February from 8 pm to 10pm. Hosted by the Fundraising Committee. Vouchers will be sold and be honored any Friday during Lent. Your support is appreciated.

Prayer for the Week

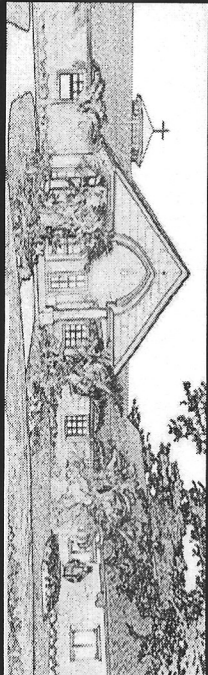
Lord, as I start this week, I acknowledge that You are God; You are powerful, good and gracious. There is no one like You, and I praise Your great name! You are holy, and there is no other name under heaven by which I receive life and salvation except through Jesus. Amen.

S T H I R S T G V H M Q B U S
T O D O Y R G P R E E O A F L
K T T Q O M Y L B Z J A U M K
X D A O M H U N G E R W V R Z
P L P N F U R W Y I D T X E N
E U E J M E R C Y A I M E M N
G B R W S P U L E R I S E N B
N C H E P B W D E I E D D U K
K H E E I T K H V G Q E E R N I
T Q A R R Y N O F Y S E Y C N
E N R Y I I H H N S V N K W G
M A T S T J P L E S E C N A D
E U R P F I L L E D D I X N O
E Z F T H S B P X R I P L Q M
K Z H U H U C J L H O H C M R

KINGDOM	MERCY	EARTH	FILLED	MOURN
HUNGER	HEART	SPIRIT	BLESSED	INHERIT
THIRST	WEEK	PURE	POOR	HEAVEN

ST. ANSELM'S PARISH

BERNARD ROAD, FOX HILL / P.O. Box FH 14389, Nassau, Bahamas / TEL (242) 324-1325 E-mail address: stanselm@batelnet.bs; Website address: stanselmbahamas.org; Youtube channel: [StanselmBahamas](https://www.youtube.com/channel/UCStanselmBahamas); Facebook address: [Facebook.com/stanselmpsparish](https://www.facebook.com/stanselmpsparish).



St. Anselm is a Catholic faith community centered in the Eucharist, seeking to live the love of God through worship, word and service.

"Blessed are the poor in spirit for theirs is the Kingdom of Heaven!"

Save us, O Lord our God! And gather us from the nations, to give thanks to your holy name, and make it our glory to praise you. PS. 106 (105):47

January 29th, 2023

4th Sunday in Ordinary Time

1st Reading Zep 2:3: 3:12-13

2nd Reading 1 Cor. 1:26-31

Gospel Matthew 5:1-12a

February 5th, 2023

5th Sunday in Ordinary Time

1st Reading Isaiah 58:7-10

2nd Reading 1 Cor.2:1-5

Gospel Matthew 5:13-16



Most Rev. Patrick C. Pinder, S.T.D.,
C.M.G. KC*HS, Archbishop of Nassau.

Fr. Noël Clarke, Parish Priest
Rev. Mr. Ricardo Dementie, Deacon

MASS SCHEDULE:

SUNDAYS: 7.00am & 9.00am

WEEKDAYS: 6.15 am

Wednesdays - Adoration at

5.30pm & Mass

HOLIDAYS: 8.00 a.m.

Bible Study Monday 6.15pm—
Virtual (CONFESSIONS:

SUNDAY: by appointment)

BAPTISMS:

Call Parish Office to arrange

A WARM AND LOVING WELCOME TO ALL OUR VISITORS!

Please come again and if you would like to become a member, our contacts are listed above.

To our members, We always thank God for all of you and continually mention you in our prayers!

Let us Pray

Father, your Son accepted our sufferings to teach us the virtue of patience in human illness. Hear the prayers we offer for our sick brothers and sisters. May all who suffer pain, illness or disease, realize that they are chosen to be saints and know that they are joined to Christ in his suffering for the salvation of the world. Amen.

Paul Barnett Sr., Rosemary Black, Guy-Phillipe Berlin, Pauline Christie, Donndee Colebrooke, Sonia Darville, Carol & Sylvia Edgcombe, Michael Farrington, Hartman Johnson, Edward Kerr, Ann Treco-Knowles, Patricia Knowles, Paula Lundy, Ida Major, Delareese McPhee, Vanessa Moss, Derek & Donnell Musgrove, Martha Roberts, Kyndre Sands, Jayle Smith, Mable Smith, Lucinda Symonette, Anastina Wilson, and Jacinta White, the imprisoned, the homebound, the hospitalized and persons in the Geriatrics Hospital. (If you, or a member of your family ill, or if you know of a parishioner that is ill, please notify the parish office).

Daily Scripture Reading

Monday 1st Reading: *Jleb 11:32-40*
Resp Ps: 31: 20, 21, 22, 23, 24
Gospel: *Mark 5:1-20*

Tuesday 3rd St. John Bosco, Priest,
1st Reading: *Phil 4:4-9 or Jleb 12:40*
Resp Ps: 103 or Ps. 22:26-27, 28 & 30, 31-32
Gospel: *Matt. 18:1-5 or Mark 5:21-43*

Wednesday 1st 1st Reading: *Jleb 12:4-7, 11-15*
Resp Ps: 103: 1-2, 13-14, 17-18a
Gospel: *Mark 6:1-6*

Thursday 2nd Presentation of the Lord
1st Reading: *Malachi 3:1-4*
Resp Ps: 24: 7, 8, 9, 10
2nd Reading: *Jleb 2: 14-18*
Gospel: *Luke 2: 22-40*

Friday St. Blase, Bishop & Martyrs & St. Ansgar, Bishop

3rd 1st Reading: *Jfebreus 13: 1-8*
Resp Ps: 27: 1, 3, 5, 8b-9abc
Gospel: *Mark 6: 14-29*

Saturday 1st Reading: *Jleb 13:15-17, 20-21*
Resp Ps: 23:1-3a, 3b-4, 5, 6
Gospel: *Mark 6:30-34*

Weekly Memory Verse (challenge yourself)

"For my eyes have seen Your salvation that You have prepared in the presence of all peoples, a light for revelation to the Gentiles, and for glory to Your people Israel."
~Luke 2:30-32~

Happy Birthday Greetings to..Feliciana Cooper,

Ella Gray, Cardia Wood (Today) Agnes Cash-Greene, Kellan Williams, Lydia Ferguson (Mon) Judith Davis, Lauren Ferguson, Troy Rodgers, Reuben Knowles (Tues), Stephen Basden, Davyn Femandar, Leevan Johnson (Tues) Jeffrey Cooper, Dr. Jacinta Higgs (Wed), Rashad Cash, Randolph Cartwright, Terrance Knowles Jr., Anthony Swaby, Daphne Ginton, (Thurs) Clarence Ferguson (Fri), Khe'Anna McCartney, Matthew Rahming, Cindy Robins, Glen Curry (Sat)..... **and to all celebrating this week!**

~Commentators & Lectors~

4th Sunday in Ordinary Time - 29th January, 2023

7:00 am Delora Moncur 1st Reader
Philandra Bain-Wood 2nd Reader/Commentator
9:00 am Mary Musgrove 1st Reader
Alice Marie Musgrove-Thompson 2nd Reader/Commentator

5th Sunday in Ordinary Time - 5th February, 2023

7:00 am Deline Gittens 1st Reader/Commentator
Nathan Gittens 2nd Reader
9:00 am Anthony Butler 1st Reader/Commentator
Ashton Butler 2nd Reader

Bake Sale

Confirmation I Class is hosting a Bake Sale on Sunday 5th February 2023, in the Parish Hall. Proceeds in aid of community projects. Your support is greatly appreciated.

Reflecting on the Word

Justice and Love

Today's liturgy is about love: help us to love you with all our hearts and to love all persons as you love them. It is also about justice: we are to seek justice, following the Lord, who "secures justice for the oppressed," (Responsorial Psalm) and following Christ, whom God has made "our wisdom and also our justice." (Second Reading) But God's love and justice are different from ours. The Gospel teaches us that in the just world of God, the sorrowing are consoled, the lowly inherit the land, the hungry have their fill, and the persecuted rejoice at being insulted and slandered. The children of God are different from the children of the world: God chose those whom the world considers absurd to shame the wise; he singled out the weak of this world to shame the strong. He chose the world's lowborn and despised, those who count for nothing, to reduce to nothing those who were something. (Second Reading) The love of God is more powerful than all the sin we can muster, and the justice of God overcomes all the world's injustice, its poverty and hunger, its oppression and war, its alienation and domination of others. "The Lord sets captives free." (Responsorial Psalm) May we be saved by the Lord's love. "Christian love of neighbor and justice cannot be separated. For love implies an absolute demand for justice, namely a recognition of the dignity and rights of one's neighbor. Justice attains its inner fullness only in love. Because every man is truly a visible image of the invisible God and a brother of Christ, the Christian finds in every man God himself and God's absolute demand for justice and love." ~Synod of Bishops, Justice in the World, 1971: 34 Gerald Daring~

Happy Wedding Anniversary

Saintalus & Genevive Paul celebrating their 55th today
Keith & Michelle Evans celebrating their 24th on Monday, January 30th
Cale & Keturah Demeritte celebrating their 6th on Saturday, February 4th

CCD News

Please continue to pray for our Confirmation Candidates: Darren Antonio Jr., Annaid Burrows, Sanchino Burrows, Torrance Carey, Kendrick Dames Jr., Deja Davis, Blair Ginton, Benedict Gonsalves, Justin Higgs, Christi Knowles, Stephen Mackey, Taneall Major, Jamari Miller, Jordyn Richardson and Jeremiah Young who are on retreat this weekend.

Altar Servers Recruitment

How about serving your Church in a new capacity? The Altar Servers Guild is looking for new persons to join. You are eligible once you have received the sacrament of First Communion. Meetings are held the 1st Saturday in every month. First meeting to be held on Sat. 4th Feb.