

Around the Parish

The Fundraising Committee is seeking new members to come and be apart of this vibrant group. Meetings are held on Wednesday’s at 7pm in the Parish Hall. Come and share your ideas and offer suggestions on ways we can continue to keep St. Anselm’s the Number One Cathedral in the East. See you there!
Fish Fry Fridays, every Friday after Stations of the Cross in the Parish Hall.

6 Ideas to Make the Most of Your Lenten Journey

- 1. *Pray the Stations of the Cross as a family.* Go on your Lenten journey together as a family. Praying the Stations of the Cross together as a family can be a great way to build spiritual connection during Lent.
- 2. *Give up social media for Lent.* Lent is an excellent opportunity to step away from the online world and explore what else life has to offer. For Christians, it can be a chance to practice their faith and focus more on spiritual matters and relationships with family and friends.
- 3. *Make a special effort to be patient with your loved ones.* The season of Lent is a spiritual time for many people, in which they focus on how to improve relationships. One of the essential components of being a loving and devoted partner or family member is patience.
- 4. *Give up meat for Lent and try some new vegetarian recipes.* Another way to practice fasting during your Lenten journey is to give something up. Perhaps try not eating meat during Lent.
- 5. *Spend time each day reading Scripture or a spiritual book.* Taking time each day to read Scripture or a spiritual book is a great way to fill your soul with joy and purpose. It’s an activity that can provide perspective, peace, and growth for any faith journey.
- 6. *Go on a retreat for Lent.* Going on a retreat is an ideal way to spend quality self-reflective time, clear your head, and refocus your faith. You don’t have to go anywhere extravagant.

Prayer for the Week

Heavenly Father, I seek Your guidance and wisdom as I begin this new week.
Direct my steps and illuminate my path. Grant me discernment in every decision I make.
Help me to align my will with Yours and to walk in Your ways. In all things, may Your wisdom guide me.
Amen.

X	B	K	C	B	E	A	P	E	K	Q	A	E	O	X	K
Q	M	V	N	K	Q	P	C	G	Y	R	A	S	O	R	I
Z	K	B	K	O	S	L	N	P	N	Z	N	P	G	O	T
O	K	C	R	G	B	F	X	A	Z	N	V	U	J	M	P
E	J	W	Q	E	D	C	H	W	A	M	E	N	N	F	T
T	P	R	A	Y	Y	L	X	F	R	P	S	V	K	O	W
I	M	F	Y	U	S	A	F	U	H	H	Q	N	Y	X	O
C	L	L	Q	W	M	H	R	S	O	Y	M	T	X	W	M
U	B	Q	E	H	H	L	C	P	L	C	A	P	S	Z	H
Q	C	G	P	V	O	S	V	B	Y	Y	R	Z	B	W	E
T	E	Q	Z	S	P	A	E	G	F	E	Y	N	H	A	T
N	T	M	X	O	A	V	F	Y	R	Q	H	E	N	U	Q
O	P	C	Y	I	O	C	P	N	A	O	O	Y	F	N	W
O	H	Q	C	L	F	E	R	V	B	D	L	P	A	X	Z
I	X	H	G	O	K	I	G	A	Z	I	Y	X	A	K	M
R	G	R	O	N	F	C	C	T	M	M	F	T	X	L	C
N	F	J	Q	V	A	B	A	U	L	E	J	Y	R	L	M
S	D	R	X	D	I	A	H	T	R	Q	N	G	X	O	P
G	Z	L	G	V	R	J	L	G	H	C	Z	T	R	Q	F
E	T	Y	R	X	E	O	L	Y	I	O	S	G	S	G	A
J	A	R	R	L	H	R	L	W	X	S	L	H	N	E	C
Z	Y	A	T	D	F	E	Y	Z	T	S	E	I	R	P	W
X	E	G	X	M	H	T	P	N	B	M	T	O	C	P	C
B	J	S	O	K	N	S	I	H	F	S	Z	V	K	X	F
S	V	M	K	B	J	A	F	O	A	J	U	R	F	Q	C
T	I	V	J	W	S	E	P	F	A	E	N	I	O	M	K
E	P	O	L	S	U	G	S	V	N	S	O	I	T	Z	V
W	E	A	G	S	R	H	D	U	A	U	S	X	R	W	G
F	D	J	H	M	E	P	T	S	S	S	H	Q	D	N	U
A	Y	T	U	M	Q	W	W	V	O	W	J	W	D	B	G

- Amen
- Catholic
- Crucifix
- Holy
- Jesus
- Mary
- Rosary
- Sacraments
- Saints
- Jesus
- Prayer
- Priest
- Pray
- Lord
- Holy
- Easter
- Fasting
- Palm
- Love
- Forty days

ST. ANSELM'S PARISH

BERNARD ROAD, FOX HILL / P.O. Box FH 14389, Nassau, Bahamas. / TEL (242) 324-1325 E-mail address: stanselm@batelnet.bs; Website address:stanselmbahamas.org; Youtubechannel:StanselmsBahamas: Facebook address: Facebook.com/stanselmsparish.



St. Anselm is a Catholic faith community centered in the Eucharist, seeking to live the love of God through worship, word and service.

“This is my beloved Son, listen to him.”

“Of you my heart has spoken: Seek his face. It is your face, O Lord, that I seek; hide not your face from me.” (CF. Psalm 27[26] :8-9)

February 25th, 2024

2nd Sunday in Lent

1st Reading: Genesis 22:1-2,9a,10-13,15-18

2nd Reading: Romans 8:31b-34

Gospel: Mark 9:2-10

March 3rd, 2024

3rd Sunday of Lent –First

Scrutiny

1st Reading: Exodus 17:3-7

2nd Reading: Romans 5:1-2, 5-8

Gospel: John 4:5—42



Most Rev. Patrick C. Pinder, S.T.D., C.M.G. KC*HS, Archbishop of Nassau.
Fr. Noël Clarke, Parish Priest
Rev. Mr. Ricardo Demeritte, Deacon
~~~~~

**MASS SCHEDULE:**  
**SUNDAYS:** 7.00am & 9.00am  
**WEEKDAYS:** 6.15 am  
Wednesdays - Adoration at 5.30pm & Mass follows  
**HOLIDAYS:** 8.00 a.m.  
Bible Study Monday 6.15pm—Virtual  
**(CONFESSIONS:**  
**SUNDAY:** by appointment)  
~~~~~  
BAPTISMS:
Call Parish Office to arrange

A WARM AND LOVING WELCOME TO ALL OUR VISITORS!

Please come again and if you would like to become a member, our contacts are listed above.

~~~~~
To our members, We always thank God for all of you and continually mention you in our prayers!

Let us Pray

Father, your Son accepted our sufferings to teach us the virtue of patience in human illness. Hear the prayers we offer for our sick brothers and sisters. May all who suffer pain, illness or disease, realize that they are chosen to be saints and know that they are joined to Christ in his suffering for the salvation of the world. Amen. **Leonard Bain, Paul Barnett Sr., Rosemary Black, Guy-Phillipe Berlin, Donnalee Colebrooke, Jaqueline da Costa, Sonia Darville, Carol & Sylvia Edgecombe, Michael Farrington, Patricia Higgs, Hartman Johnson, Monique Johnson, Daphne Kerr, Edward Kerr, Patricia Knowles, Bernadette Rolle-Major, Ida Major, Dellareese McPhee, Drucilla Moss, Agatha Pratt, Martha Roberts, Kyandre Sands, Jayde Smith, Mable Smith, Lucinda Symonette, Anastina Wilson and Jacinta White, the imprisoned, the homebound, the hospitalized and persons in the Geriatrics Hospital. (If you, or a member of your family ill, or if you know of a parishioner that is ill, please notify the parish office).**

Daily Scripture Reading

26 February 2024 - Monday

1st Reading: Daniel 9: 46-10

Resp Ps: 79: 8, 9, 11 and 13

Gospel: Luke 6: 36-38

27 February 2024 - Tuesday

1st Reading: Isaiah 1: 10, 16-20

Resp Ps: 50: 8-9, 166c-17, 21 and 23

Gospel: Matthew 23: 1-12

28 February 2024 - Wednesday

1st Reading: Jeremiah 18: 18-20

Resp Ps: 31: 5-6, 14, 15-16

Gospel: Matthew 20: 17-28

29 February 2024—Thursday

1st Reading: Jeremiah 17: 5-10

Resp Ps: 1: 1-2, 3, 4 and 6

Gospel: Luke 16: 19-31

1 March 2024 - Friday

1st Reading: Genesis 37: 3-4, 12-13a, 17b-28

Resp Ps: 105: 16-17, 18-19, 20-21

Gospel: Matthew 21: 33-43, 45-46

2 March 2024 - Saturday

1st Reading: Micah 7: 14-15, 18-20

Resp Ps: 103: 1-2, 3-4, 9-10, 11-12

Gospel: Luke 15: 1-3, 11-32

Happy Birthday Greetings to: Nichola Wilkinson, Jason Kemp, Ancilla Knowles (Today) Taneall Major, Tarell Major, Lovelee McQueen (Mon) Katisha Bannister (Tues) Geanno Curry, Leah Gittens (Wed) Hailee Dean, Sidney Cambridge Sr. (Thurs), Glen Williams, Dwight Higgs Jr. (Fri) Trevor Tucker (Sat). **and to all celebrating this week!**

~Commentators & Lectors~

2nd Sunday of Lent — 25th February, 2024

7am	Twana Lockhart	1st Reader
	Marcia Gibson	2nd Reader/Commentator
9am	Mechelle Martinborough	1st Reader
	Derry Ferguson	2nd Reader/Commentator

3rd Sunday of Lent—3rd March, 2024, 1st Scrutiny

7am	Letitia Ellis	1st Reader
	Philandra Bain-Woods	2nd Reader/Commentator
	Woman—Lananita Edgecombe	
9am	Jean Gomez	1st Reader
	Julie Bingham	2nd Reader & Commentator
	Woman—Derry Ferguson	

Reminders

Stations of the Cross resumes this Friday, March 1st at 7pm.
FISH FRY Fridays by the Fundraising committee resumes this Friday.

Sunday Breakfast after each Mass.

Happy Wedding Anniversary

Alexander & Candia Ferguson celebrating 24 years on Monday 26th.

Reflecting on the Word A More Just Society

In the midst of our suffering and hardship, we must keep sight of the “light at the end of the tunnel.” We know that Jesus is that light and that we must trust in that light the way Abraham trusted in God. We are suffering voluntarily in our Lenten fast. We are also acutely aware in this season of the suffering caused by our sinfulness. Easter, however, awaits us, the hope of resurrection, because “God is for us.” Many in our world are suffering involuntarily. They are the poor, the hungry, the homeless, the victims of oppression and war and other injustices. Is there “light at the end of the tunnel” for them? When will Easter come to them? Who is for them besides God? Christians cannot allow the magnitude of social evils to overwhelm them. They must always live by the light of Christ and the hope of resurrection. Christian hope is strong and resilient, for it is rooted in a faith that knows that the fullness of life comes to those who follow Christ in the way of the Cross. In pursuit of concrete solutions, all members of the Christian community are called to an ever finer discernment of the hurts and opportunities in the world around them, in order to respond to the most pressing needs and thus build up a more just society. **U.S. Bishops, Economic Justice for All, 1986:126 Gerald Darring**

Please mark your calendar for the following upcoming **Archdiocesan Youth Event:** SEARCH Re-Birth XIV Friday - Sunday, Mar. 1-3, at St. Augustine’s Monastery (Open to 16 – 19 year olds) Begins: 6:30pm Ends: 4:00pm (Online application deadline Wed. Feb. 28) Registration link:

<https://form.jotform.com/rcayouthoffice/search2024-teen-retreat>

The Catholic Board of Education invites applications for the following positions:

- 1) Facilities Manager
- 2) Receptionist
- 3) Janitor/Handyman

For further information please contact the Catholic Education Centre. Resumes should be submitted to **cboe@cec.edu.bs**. (No hardcopy applications will be accepted.)

Romans 15:13: "May the God of hope fill you with all joy and peace as you trust in him, so that you may overflow with hope by the power of the Holy Spirit."

Ephesians 3:20: "Now to him who is able to do immeasurably more than all we ask or imagine, according to his power that is at work within us."