

COMING SOON

FISH FRY FRIDAYS,

FRIDAYS DURING THE LENTEN

SEASON AFTER STATIONS OF THE

CROSS.

SUNDAY BREAKFAST AFTER BOTH

MASSES.

GRAND FINALE

LENTEN SACRIFICE

MORE DETAILS TO COME.

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\*Employment Opportunity

The Catholic Board of Education invites applications for the position of Finance Officer. Interested persons should contact the Catholic Education Centre for further details. Telephone number: 325-4452. Email address: [cboe@cec.edu.bs](mailto:cboe@cec.edu.bs).

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Ways to prepare for the Lenten Season

Set Clear Intentions:

Reflect on what you want to achieve during Lent, whether it's spiritual growth or personal improvement.

Engage in Prayer:

Dedicate time for prayer and meditation to deepen your relationship with God.

Fasting and Abstaining:

Decide on fasting goals that suit your health needs and spiritual objectives.

Almsgiving:

Plan acts of charity or service to help those in need during this season.

Spiritual Reading:

Incorporate scripture study or spiritual literature into your daily routine.

These practices can help you embark on a meaningful Lenten journey.

Prayer for the Week

Dear Father, Thank you for your goodness, mercies and your love. You have been a wonderful father and provider to me. I am so grateful for all that you have done for me. My words cannot fully express how deeply appreciative I am for your continuous blessings in my life. Walk beside me as I endure the challenges of today. Give me the strength I need to challenge the week ahead. Send Your angels to guard over me as You lead me into my divine purpose. In Jesus' mighty name I pray, Amen!


Luke 6: 27-38

N F U J I W V V J M J P U N C O E  
N V Z R X T Q N E B E D R O V S L  
E A S I E R T D S X K K R T A A V  
N T I N I E S T U A C T L I F Y K  
C N K S I O E U S Q I Z M C V I P  
V E L H Y P O C R I T E I E M N G  
P L A N K H I Z M V Y E S W M G O  
C H U N D E R S T A N D T O D T O  
U S P O C X P S M V K A A O I V D  
C P N J R G T R I G H T K D S Q O  
X L K R I V X T D S O O E X C B J  
C I B X T V E L V O T L U P I K E  
H N G S I I X D U M H E T Q P O S  
A T S P C M F Q H E E R C K L L U  
N E E E I Y R N V O R A L L E N S  
G R E C S Q G W F N S T L P S T N  
E Y E K E D D Y J E R E I V N P B

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splinter tiniest someone mistake saying  
easier others change notice Jesus  
right jesus speck plank wood  
good act see eye

ST. ANSELM'S PARISH

BERNARD ROAD, FOX HILL / P.O. Box FH 14389, Nassau, Bahamas. / TEL (242) 324-1325 E-mail address: [stanselm@batelnet.bs](mailto:stanselm@batelnet.bs); Website address: [stanselmbahamas.org](http://stanselmbahamas.org); Youtube chanel: [StanselmsBahamas](https://www.youtube.com/channel/UCStanselmsBahamas); Facebook address: [Facebook.com/stanselmsparish](https://www.facebook.com/stanselmsparish).



St. Anselm is a Catholic faith community centered in the Eucharist, seeking to live the love of God through worship, word and service.

“Love your enemies, do good to those who hate you, bless those who curse you, pray for those who mistreat you!”

“O Lord, I trust in your merciful love. My heart will rejoice in your salvation. I will sing to the Lord who has been bountiful with me.” (Cf. Psalm 13[12]:6)

23 February 2025

7th Sunday in Ordinary Time

1st Reading: 1 Samuel 26: 2, 7-9, 12-13, 22-23

Resp Ps: 103: 1-2, 3-4, 8, 10, 12-13

2nd Reading: 1 Corinthians 15: 45-49

Gospel: Luke 6: 27-38

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2 March 2025


8th Sunday in Ordinary Time

1st Reading: Sirach 27: 4-7

Resp Ps: 92: 2-3, 13-14, 15-16

2nd Reading: 1 Corinthians 15: 54-58

Gospel: Luke 6: 39-45



Most Rev. Patrick C. Pinder, S.T.D., C.M.G. KC\*HS  
Archbishop of Nassau.  
Fr. Noël Clarke, Pastor  
Rev. Mr. Ricardo Demeritte, Deacon  
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MASS SCHEDULE:  
SUNDAYS: 7.00am & 9.00am  
WEEKDAYS: 6.15 am  
Wednesdays - Adoration at 5.30pm & Mass  
HOLIDAYS: 8.00 a.m.  
Bible Study Monday 6.15pm—  
Virtual (CONFESSIONS:  
SUNDAY: by appointment  
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BAPTISMS: Call Parish Office to arrange

A WARM AND LOVING WELCOME TO ALL OUR VISITORS !

Please come again and if you would like to become a member, our contacts are listed above.

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To our members, We always thank God for all of you and continually mention you in our prayers!



## Let us Pray

Father, your Son accepted our sufferings to teach us the virtue of patience in human illness. Hear the prayers we offer for our sick brothers and sisters. May all who suffer pain, illness or disease, realize that they are chosen to be saints and know that they are joined to Christ in his suffering for the salvation of the world. Amen.

Leonard Bain, Shimonte Bain, Guy-Philip Bain, Paul Barnett Sr., Angnist Burrows, Donnalee Colebrooke, Carol & Sylvia Edgecombe, Michael Farrington, Insa Frith, Larry Higgs, Patricia Higgs, Monique Johnson, Creola Kelly, Daphne Kerr, Annette Knowles, George Knowles, Patricia Knowles, Terrance Knowles, Ida Major, Dellareese McPhee, Drucilla Moss, Saintalus Paul, Tanya Pinder-Carey, Agatha Pratt, Martha Roberts, Kyandre Sands, Jayde Smith, Mable Smith, Juanita Symonette, Jacinta White, Anastina Wilson and Monique Young, the imprisoned, the homebound, the hospitalized and persons in the Geriatrics Hospital. (If you, or a member of your family is ill, or if you know of a parishioner that is ill, please notify the parish office).

**24 February 2025 – Monday**

**1st Reading: Sirach 1: 1-10**

**Resp Ps: 93: 1ab, 1cd-2, 5**

**Gospel: Mark 9: 14-29**

**25 February 2025 – Tuesday**

**1st Reading: Sirach 2: 1-11**

**Resp Ps: 37: 3-4, 18-19, 27-28, 39-40**

**Gospel: Mark 9:30-37**

**26 February 2025 – Wednesday**

**1st Reading: Sirach 4: 11-19**

**Resp Ps: 119: 165, 168, 171, 172, 174, 175**

**Gospel: Mark 9:38-40**

**27 February 2025 – Thursday**

**1st Reading: Sirach 5: 1-8**

**Resp Ps: 1: 1-2, 3, 4 and 6**

**Gospel: Mark 9: 41-50**

**28 February 2025 – Friday**

**1st Reading: Sirach 6: 5-17**

**Resp Ps: 119: 12, 16, 18, 27, 34, 35**

**Gospel: Mark 10: 1-12**

**1 March 2025 – Saturday**

**1st Reading: Sirach 17: 1-15**

**Resp Ps: 103: 13-14, 15-16, 17-18**

**Gospel: Mark 10: 13-16**



**Happy Birthday Greetings to**

Byron Demeritte, Shakera Nesbitt, Jernesko

Moss **(Sun)** Julien MacArthur, Effie Owens **(Mon)**

Nichola Wilkinson, Jason Kemp, Ancilla Knowles

**(Tues)** Taneall Major, Tarell Major, Lovelee

McQueen **(Wed)** Katisha Bannister, Geanno Curry,

Leah Gittens **(Fri)** Hailee Dean, Sidney Cambridge

Sr., Dwight Higgs, Glen Williams **(Sat)** and to all

**celebrating this week!**

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**Commentators & Lectors**

**7th Sunday in Ordinary Time - February 23rd**

7:00am 1st Reader - Barbara Turnquest

2nd Reader/Commentator - Arthur Seymour

9:00am 1st Reader - Mechelle Martinborough

2nd Reader/Commentator - Derry Ferguson

**8th Sunday in Ordinary Time - March 2nd**

7:00am 1st Reader/Commentator - Bryant Collie

2nd Reader - Michael Missick

9:00am 1st Reader/Commentator - Anthony Butler

2nd Reader - Antoinette Nouguez

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**ASH WEDNESDAY**

Ash Wednesday is on Wednesday 5th March. Mass will be held at 6:15 am and 7:00pm in the Main Worship Space. Stations of the Cross will be held at 7pm beginning on Friday 7th March and will break on 14th March due to the Mission, resuming Friday, 21st March.

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**Funeral Service** for the late Nathan Martin, of Orlando, Florida and formerly of New Providence, will be held here on Saturday 15th March at 1pm. May his soul rest in peace.

## Reflecting on the Word

### Another Wisdom

We all know that you must love your friends, and love those who love you. We know that you can't let people get away with slapping you in the face. We know that when someone takes something away from you, steps must be taken to have the stolen goods returned. We know that when you lend someone something, you expect them to pay it back. We know that criminals are to be judged, and wrongdoers are to be condemned. Such things are obvious. They are part of the wisdom of the ages that has been passed on to us, and which we are passing on to our children. But there is another wisdom, that revealed in God's Son and for which we pray in the opening prayer. According to this wisdom, you are to love your enemies, bless those who curse you, give people your other cheek to slap, offer more goods to those who are taking things from you, lend without expecting repayment, and go through life without judging or condemning anyone. This is the wisdom Jesus challenges us with in his sermon. So, how much "faith" are we to put in Jesus' words? Are we to take them literally, or at least very seriously? What would happen if Christians everywhere were to base their lives on such "wisdom"? Here is what the U. S. Bishops have said, on the subject. Jesus yielded up his life for us in perfect loving union with the Father's will, and this is the meaning of his life which also gives meaning to our lives as his followers. If we can acknowledge selfishness as folly and self-sacrifice as victory, if we can love enemies, be vulnerable to injustice and, in being so, still say that we have triumphed, then we shall have learned to live in Christ Jesus.

**~US Bishops, To Live in Christ Jesus, 1976:116. Gerald Darring~**

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### Prayerful Sympathies

The Parish community extends prayerful sympathy to Ms. Alice Seymour and family on the passing of her brother, Oswald Johnson who died on Saturday 15th February, in Freeport Grand Bahama. Funeral services are being arranged. May he rest in peace.

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### Save the Date

**NASSAU BAHAMAS KOINONIA 67th RETREAT**

**DATE:** Friday, March 28 - Sunday, March 30, 2025.

**COST:** \$70.00

**WHO CAN ATTEND:** Adults from 30 years to 80 years old.

**WHERE:** Emmaus Centre, Bernard Road, Fox Hill

Application forms can be printed at the Office for interested persons.

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### Catholic Annual Mission

The Annual Mission will be held from Monday, March 10th to Friday, March 14th at Loyola Hall, under the Theme: **Pilgrims of Hope.** The Celebrant will be the Most Reverend Fr.

Kendrick Forbes, Bishop of Roseau Dominica, West Indies.