

### Fish Fry Fridays

Continues every Friday until  
April 4th, 2025.  
Immediately after Stations of the  
Cross.


### Dinners are \$15.00

Conch Fritters will also be on sale.  
Sunday breakfast will be available for  
sale after both Masses.

Tickets are now available for the  
**Lenten Sacrifice - Fish Out**, from  
Committee Members or the Parish  
Office.

**Cost \$15.00**

**Date:** Saturday, April 12th from  
12noon to 5pm in the Parish Hall.



Exciting prizes, great company, and endless fun await you at  
our thrilling Bingo Night event!

**OUR LADY'S CHURCH**  
**SATURDAY MARCH 29TH 2025 @6:00PM**  
Church Hall, Deveaux Street

FOOD AND DRINKS WILL BE ON SALE

### Prayer for the Week

Provident Father, thank You for sending Your Son to  
purify us of our sins. Even when we are frustrated, please  
give us the grace to accept His work within us with a spirit  
of gratitude. God of all faithfulness, we vow to trust in  
Your divine wisdom even when we do not understand it,  
even when the world thinks we are fools for believing in a  
crucified King. We believe, we trust, and we love You  
forever and ever. Amen.

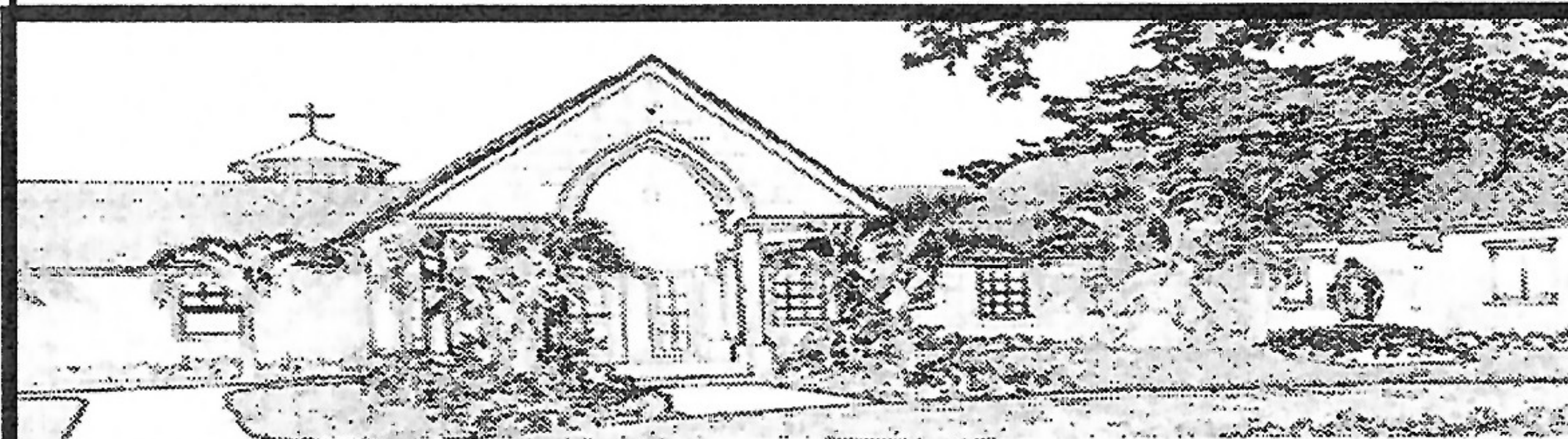
## The Woman at the Well

U S X J G Y D P S J S V H H R Z A  
T E T K N U R Q V O F Q U B I I K  
L L O N A M O W R X E R S T Q V C  
E P N I L X G R J F E U B R A R Y  
Z I K R Z N J M U T S S A M B L E  
S C X D Q H V K A E Y B N T D G E  
G S R I Y F I W J X N V D U J Q N  
K I W I T L G V F N Y R S L A T Q  
G D A G M N Y B G A A E H A M H X  
O K L K I P K Z L T O T S E V O L  
Y A K V M I H Y O I I N M Q R V J  
C B I R A O A T U R L I H H X O O  
G L M M W W I S O A A W D E H D P  
H U J O O S S R E M Y O R N K Q Y  
L L E W X I S I E A N A T D U W O  
R R F Q H F E H B S C S W I X H A  
T E W M C Q M T L D Z B T P P S C

living water	winter vbs	disciples	samaritan
husbands	messiah	thirsty	drink
Jesus	woman	John	walk
care	well	love	

# ST. ANSELM'S PARISH

BERNARD ROAD, FOX HILL / P.O. Box FH 14389, Nassau, Bahamas. / TEL (242) 324-1325 E-mail  
address: stanselm@batelnet.bs; Website address: stanselmbahamas.org; Youtube chanel: Stanselms Bahamas:  
Facebook address: Facebook.com/stanselmsparish.



*St. Anselm is a Catholic faith  
community centered in the  
Eucharist, seeking to live the  
love of God through  
worship, word and service.*

*"Those who drink of the water that I will give them, will never be thirsty."*

*"When I prove my holiness among you, I will gather you from all the foreign lands; and I will  
pour clean water upon you and cleanse you from all your impurities, and I will give you a new  
spirit says the Lord". [Cf. Ez:36:32-26]*

### 23rd March 2025

3rd Sunday of Lent - 1st Scrutiny

1st Reading: Exodus 17: 3-7

2nd Reading: Romans 5: 1-2, 5-8

Gospel: John 4: 5-42

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### 30th March 2025

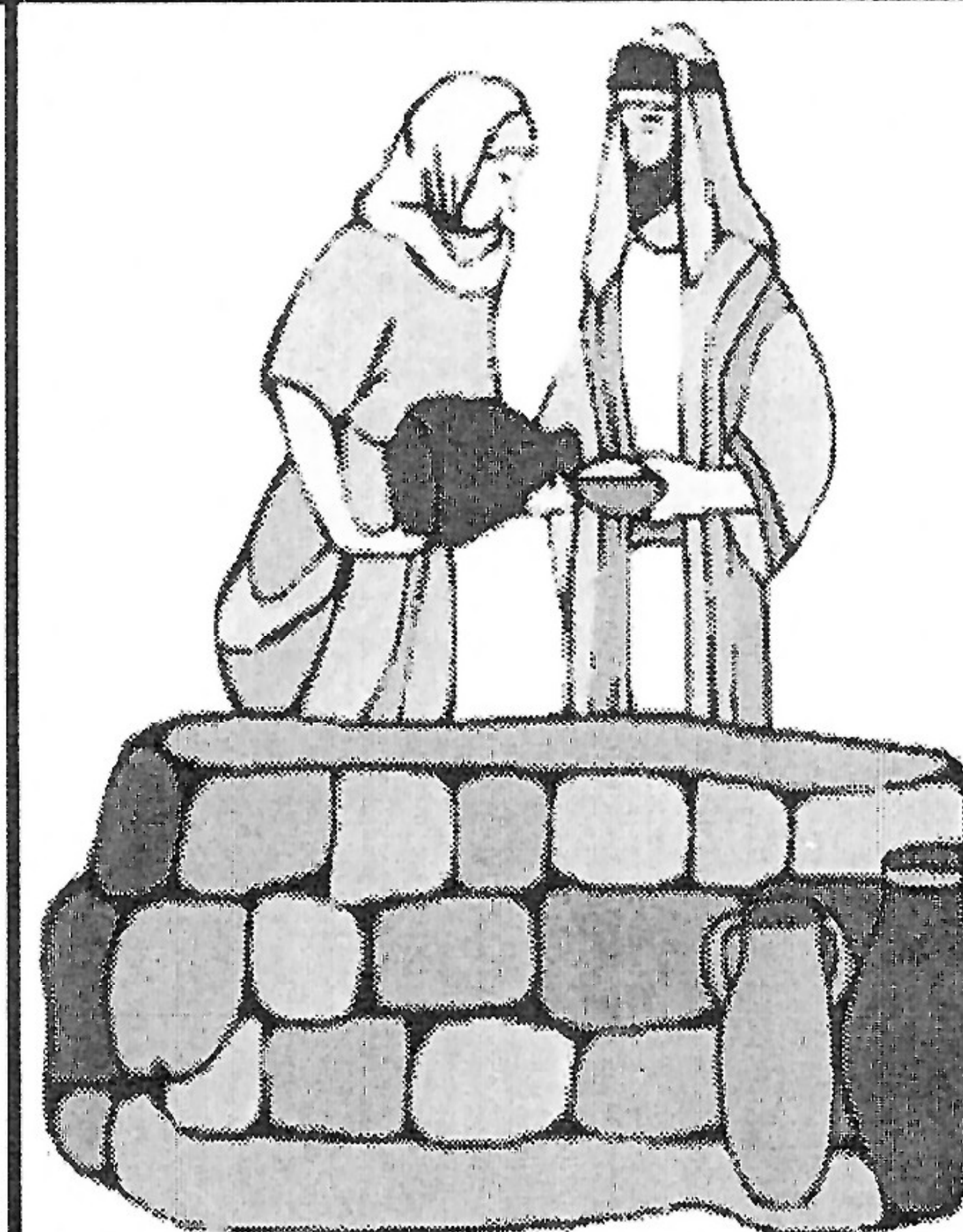
4th Sunday in Lent - 2nd Scrutiny

1st Reading: 1 Samuel 16: 1b,

6-7, 10-13a

2nd Reading: Ephesians 5: 8-14

Gospel: John: 9: 1-41



Most Rev. Patrick C. Pinder, S.T.D.,  
C.M.G. KC\*HS  
Archbishop of Nassau.  
Fr. Noël Clarke, Pastor  
Rev. Mr. Ricardo Demeritte, Deacon

### MASS SCHEDULE:

**SUNDAYS:** 7.00am & 9.00am

**WEEKDAYS:** 6.15 am

Wednesdays - Adoration at 5.30pm  
followed by Mass

**HOLIDAYS:** 8.00 a.m.

Bible Study Monday 6.15pm—

Virtual (CONFESSIONS:

**SUNDAY:** by appointment

**BAPTISMS:** Call Parish Office to arrange

## A WARM AND LOVING WELCOME TO ALL OUR VISITORS!

*Please come again and if you would like to become a member, our contacts are listed above.*

*To our members, We always thank God for all of you and continually mention you in our prayers!*





## Let us Pray

Father, your Son accepted our sufferings to teach us the virtue of patience in human illness. Hear the prayers we offer for our sick brothers and sisters. May all who suffer pain, illness or disease, realize that they are chosen to be saints and know that they are joined to Christ in his suffering for the salvation of the world. Amen.

Leonard Bain, Shimonte Bain, Guy-Philip Bain, Paul Barnett Sr., Angnist Burrows, Donnalee Colebrooke, Carol & Sylvia Edgecombe, Michael Farrington, Patricia Higgs, Monique Johnson, Creola Kelly, Daphne Kerr, Annette Knowles, George Knowles, Patricia Knowles, Terrance Knowles, Ida Major, Dellareese McPhee, Chruistina Moss, Drucilla Moss, Saintalus Paul, Tanya Pinder-Carey, Agatha Pratt, Martha Roberts, Jayde Smith, Joy Smith, Juanita Symonette, Jacinta White, Anastina Wilson and Monique Young, the imprisoned, the homebound, the hospitalized and persons in the Geriatrics Hospital. (If you, or a member of your family is ill, or if you know of a parishioner that is ill, please notify the parish office).

### Daily Readings

**24 March 2025 – Monday**

**1st Reading: 2 Kings 5: 1-15a6**

**Resp Ps: 42: 2, 3; 43: 3, 4**

**Gospel: Luke 4: 24-30**

**25 March 2025 – Tuesday**

**The Annunciation of the Lord**

**1st Reading: Isaiah 7: 10-14; 8: 10**

**Resp Ps: 40: 7-8a, 8b-9, 10, 11**

**2nd Reading: Hebrews 10: 4-10**

**Gospel: Luke 1: 26-38**

**26 March 2025 – Wednesday**

**1st Reading: Deuteronomy. 4: 1, 5-9**

**Resp Ps: 147: 12-13, 15-16, 19-20**

**Gospel: Matthew 5: 17-19**

**27 March 2025 – Thursday**

**1st Reading: Jeremiah 7: 23-28**

**Resp Ps: 95: 1-2, 6-7, 8-9**

**Gospel: Luke 11: 14-23**

**28 March 2025 – Friday**

**1st Reading: Hosea 14: 2-10**

**Resp Ps: 81: 6c-8a, 8b-9, 10-11ab, 14 and 17**

**Gospel: Mark 12: 28-34**

**29 March 2025 – Saturday**

**1st Reading: Hosea 6: 1-6**

**Resp Ps: 51: 3-4, 18-19, 20-21ab**

**Gospel: Luke 18: 9-14**



### **Happy Birthday Greetings to**

**Saunders (Today), Tina Sands, D'Shard**

**Davis (Mon), Catrina Basden, Lorrie Demeritte,**

**Kyandre Neely (Tues), Randolph Rodgers, Jewel**

**White, Nicholas Tucker, Ashley Butler (Thurs),**

**Floridell Adderley (Sat)...and to all celebrating**

**this week!**

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### **Commentators & Lectors**

#### **3rd Sunday of Lent—March 23rd-First Scrutiny**

**7:00am** 1st Reader - Denine Cambridge  
2nd Reader/Commentator/Narrator -Tanya Heastie  
Barbara Turnquest - Woman  
**9:00am** 1st Reader Da'Renique Antonio  
2nd Reader/Commentator/Narrator -Marcia Gibson  
Jean Gomez - Woman

#### **4th Sunday of Lent - March 30th-Second Scrutiny**

**7:00am** 1st Reader - Vann Gaitor  
2nd Reader/Commentator/Narrator - Arthur Seymour  
Man - Bursel Wood  
**9:00am** 1st Reader – Dr. Lester Gittens  
2nd Reader/Commentator/Narrator– Kevin Fernander  
Man– Anthony Butler

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**The Funeral service** for Alpheus Ramsey, who died on Monday, 10th March is scheduled for Friday 28th March at 11am, here at St. Anselm's. May his soul rest in peace.

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**The CAAA has begun.** No amount is too big or too small. Contributions can be made at the Parish Office, via Bank Transfer or at the Chancery Office. Representatives: Sharon Noville, Rosemary Burton, Christine Greene, Fr. Clarke or Deacon Demeritte.

## Reflecting on the Word

### The Prime Sin

Moses encountered on Mount Sinai the one God, the God of his ancestors, the God whose name is *I am*. A covenant was to be made with the people of Israel, one based on their recognition of Yahweh as the one God. The Israelites would stray from that covenant from time to time, turning away from the one God and worshipping false gods. Their prophets would repeatedly call them back to the covenant worship of the one God. We, too, turn away from the one God to worship false gods. We make an idol of money, worshipping at the altar of the almighty dollar. We make an idol of power, worshipping at the altar of political domination and economic oppression. We make an idol of pleasure, worshipping at the altar of sex and luxurious comfort. Our prophets call us back to the one God, but we ignore or kill them. Lent is a season to turn away from our false idols and call on the merciful and gracious Lord, who is "slow to anger and abounding in kindness." We are called in Lent "to prayer, fasting and works of mercy" because, as Jesus tells us in the Gospel, "you will all come to the same end unless you begin to reform." We are called to abandon our false gods of money, power and pleasure and return to the one God, "who secures justice and the rights of all the oppressed." The prime sin in so much of the biblical tradition is idolatry: service of the creature rather than of the creator, and the attempt to overturn creation by making God in human likeness. The Bible castigates not only the worship of idols, but also manifestations of idolatry, such as the quest for unrestrained power and the desire for great wealth. U.S. Bishops, Economic Justice for All., 1986: 33 Gerald Darring.

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### Schedule for the Lenten & Easter Season

Stations of the Cross Fridays at 7pm

Reconciliation/Penance Service—tentative dates April 1st or 8th\*\*\*\* at 7pm.

**Wednesday 9th April, Chrism Mass at 7pm. St. Francis Xavier Cathedral**

Sunday 13th April - Palm Sunday - One Mass at 8:45am Procession will leave the church grounds at 8.15am

Thursday 17th April - Holy Thursday Mass at 7:30pm

Friday, 18th April - Good Friday Children's Liturgy at 9:00am, Adult Liturgy at 1:00pm

Saturday, 19th April - Holy Saturday –Morning Prayer at 8:30am, Easter Vigil at 9:30pm

Sunday 20th April - Easter Sunday - 9:00am Mass

Monday 21st April - Feast of St. Anselm's/Easter Monday - 8:00am Mass

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### Marriage Preparation Class

An invitation is extended to all **Engaged** or **Courting** couples to register for the **Spring Marriage Preparation Classes** scheduled to start Wednesday, **April 2nd, 2025.**

A small donation of \$150.00 per couple is required. (Which *includes text books*)

**Venue:** Emmaus Centre, Fox Hill

**Time:** 7:00pm – 9:00pm - **Duration:** 10 weeks

Application forms are available via the Archdiocesan website (<https://archdioceseofnassau.org/familylife>) or the Office of Family Life. Please contact your Parish Priest to commence this process.

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A sacrifice to be real must cost, must hurt, and must empty ourselves. Give yourself fully to God. He will use you to accomplish great things on the condition that you believe much more in His love than in your weakness." ~Mother Teresa~