

How to Embrace the True Meaning of Advent

**Ready to make Advent meaningful?**

Here are actionable ways to incorporate its spiritual significance into your life:

**Light an Advent Wreath:** Create or buy an Advent wreath with four candles. Light one each Sunday, reflecting on hope, peace, joy, and love. Free devotionals are available at Focus on the Family.

**Practice Daily Reflections:** Read Advent scriptures or meditations. Apps like Hallow offer guided Advent prayers.

**Give Back:** Volunteer at a local charity or donate to causes like World Vision to embody Advent's spirit of love.

**Simplify Your Schedule:** Cut back on non-essential commitments to focus on family, faith, and rest.

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**St Anselm's Gift Day 2025!**

Gift Day 2025 continues until December 15th. Envelopes are available at the Parish Office or at the back of the Church. We are asking that you be as generous as your means will allow. All funds will go towards the future projects of the Church. Thank you in advance.

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***Marriage Preparation 2026  
Schedule***

*January 7 – March 11*

*April 1<sup>st</sup> – June 3<sup>rd</sup>*

*September 2<sup>nd</sup> to November 4<sup>th</sup>*

*For more information kindly contact the office of Family life @ 322-8919. Mrs. Eulie Elliott.*

***Prayer of the Week***

Heavenly Father, As I step into this new week, I come before You with a heart full of gratitude and hope. Thank You for the gift of life, for Your endless love, and for the opportunities that lie ahead. I ask for Your guidance in every decision I make, Your strength in every challenge I face, and Your peace in every moment of uncertainty. Fill my heart with courage, my mind with clarity, and my spirit with joy. Protect me and my loved ones from harm, and surround us with Your love and grace. May this week be filled with purpose, kindness, and growth. Help me to trust in Your plan and walk in faith, In Jesus' name, I pray. Amen.

**Advent Word Search**

N	P	E	A	C	E	C	A	N	D	L	E	S	L
F	H	O	E	A	O	N	K	R	C	V	U	W	L
R	A	C	J	N	E	N	A	T	I	V	I	T	Y
A	I	H	E	M	S	T	E	T	N	E	N	N	I
N	S	R	S	E	S	R	E	S	E	G	O	L	D
K	S	I	U	H	N	E	M	E	S	I	W	E	N
I	E	S	S	E	Y	S	Y	A	E	O	J	V	I
N	M	T	R	L	L	E	R	M	N	Y	R	O	T
C	S	M	A	H	T	P	R	W	J	G	R	L	L
E	A	A	M	T	M	O	H	Y	O	J	E	I	A
N	C	S	A	E	S	H	E	R	P	H	L	L	H
S	L	Y	A	B	W	R	E	A	T	H	S	R	S
E	N	O	W	A	D	V	E	N	T	S	C	N	A
S	H	E	P	H	E	R	D	S	E	H	A	A	A

- STAR
- SHEPHERDS
- ANGELS
- PEACE
- GOLD
- BETHLEHEM
- JESUS
- FRANKINCENSE
- JOY
- CANDLE
- NATIVITY
- CHRISTMAS
- WREATH
- LOVE
- WISEMEN
- MESSIAH
- MYRRH
- ADVENT
- HOPE

# ST. ANSELM'S PARISH

**BERNARD ROAD, FOX HILL / P.O. Box FH 14389, Nassau, Bahamas. / TEL (242) 324-1325 E-mail address: [st.anselmromanchurch@gmail.com](mailto:st.anselmromanchurch@gmail.com); Website address: [stanselmbahamas.org](http://stanselmbahamas.org); Youtube channel: StanselmsBahamas**



***St. Anselm is a Catholic faith community centered in the Eucharist, seeking to live the love of God through worship, word and service.***

## Stay Awake!

*"To you, I lift up my soul, O my God. In you, I have trusted; let me not be put to shame. Nor let my enemies exult over me; and let none who hope in you be put to shame." (Psalm 25:[24]:1-3)*

**30 November 2025**

**First Sunday of Advent**

*1st Reading: Isaiah 2: 1-5  
Resp Ps: 122: 1-2, 3-4ab, 4cd-5, 6-7, 8-9  
2nd Reading: Romans 13: 11-14*

***Gospel: Matthew 24: 37-44***

**7 December 2025**

**Second Sunday of Advent**

*1st Reading: Isaiah 11: 1-10  
Resp Ps: 72: 1-2, 7-8, 12-13, 17  
2nd Reading: Romans 15: 4-9*

***Gospel: Matthew 3:1-12***



**Most Rev. Patrick C. Pinder, S.T.D.,  
C.M.G. KC\*HS  
Archbishop of Nassau.  
Fr. Noël Clarke, Parish Priest  
Rev. Mr. Ricardo Demeritte, Deacon**

**MASS SCHEDULE:**

**SUNDAYS: 7.00am & 9.00am**

**WEEKDAYS: 6.15 am**

**Wednesdays - Adoration at 5.30pm followed by Mass**

**HOLIDAYS: 8.00 a.m.**

**Bible Study Monday 6.15pm**

**CONFESSIONS:**

**SUNDAY: by appointment**

**BAPTISMS:**

**Call Parish Office to arrange**

***A WARM AND LOVING WELCOME TO ALL OUR VISITORS!***

*Please come again and if you would like to become a member, our contacts are listed above.*

*To our members, We always thank God for all of you and continually mention you in our prayers!*

## Let us Pray

Father, your Son accepted our sufferings to teach us the virtue of patience in human illness. Hear the prayers we offer for our sick brothers and sisters. May all who suffer pain, illness or disease, realize that they are chosen to be saints and know that they are joined to Christ in his suffering for the salvation of the world. Amen.

**Darren Antonio Sr., Stafford Armbrister, Leonard Bain, Shimonte Bain, Guy-Philip Bain, Paul Barnett Sr., Angnist Burrows, Uthan Cornish, Laurie Curtis, Carol & Sylvia Edgecombe, Michael Farrington, Arnold Ferguson, Clarence Ferguson, Brian Fernander, Salvacion Foody, Patricia Higgs, Monique Johnson, Creola Kelly, Daphne Kerr, Annette Knowles, Patricia Knowles, Terrance Knowles, Ida Major, Dellareese McPhee, Supt. Buchanan Moncur, Christina Moss, Drucilla Moss, Saintalus Paul, Tanya Pinder-Carey, Agatha Pratt, Valgo Shannon, Jayde Smith, Juanita Symonette, Jacinta White, Nancy Wilmott, Anastina Wilson, the imprisoned, the homebound, the hospitalized and persons in the Geriatrics Hospital. (If you or a member of your family is ill, kindly contact the Parish Office.)**

### Daily Readings

**1 December 2025 – Monday**

1st Reading: Isaiah 4: 2-6

Resp Ps: 122: 1-2, 3-4b, 4cd-5, 6-7, 8-9

**Gospel: Matthew 8: 5-11**

**2 December 2025 – Tuesday**

1st Reading: Isaiah 11: 1-10

Resp Ps: 72: 1-2, 7-8, 12-13, 17

**Gospel: Luke 10: 21-24**

**3 December 2025 – Wednesday**

St. Francis Xavier, Priest

1st Reading: 1 Corinthians 9:16-19, 22-23 or Isaiah 25: 6-10a

Resp Ps: 117 or Ps: 23: 1-3a, 3b-4, 5, 6

**Gospel: Mark 16:15-20 or Matthew 15: 29-37**

**4 December 2025 – Thursday**

St. John of Damascus, Priest & Doctor of the Church

1st Reading: Isaiah 26: 1-6

Resp Ps: 118: 1 and 8-9, 19-21, 25-27a

**Gospel: Matthew 7: 21, 24-27**

**5 December 2025 – Friday**

1st Reading: Isaiah 29: 17-24

Resp Ps: 27: 1, 4, 13-14

**Gospel: Matthew 9: 27-31**

**6 December 2025 – Saturday**

St. Nicholas, Bishop

1st Reading: Isaiah 30: 19-21, 23-26

Resp Ps: 147: 1-2, 3-4, 5-6

**Gospel: Matthew 9: 35 – 10: 1, 5a, 6-8**



### Happy Birthday Greetings to

Kenyon Jervis, David Prabhu, Barbara Ferguson, Anatole Saunders, Phillip Saunders, Perrika Curry, Joan Treco, John Greene (**Today**) Marissa Bain, Karen Knowles, Tanaj Rodgers, Shiloh & L. Symphony Sawyer, Trey Strachan (**Mon**) Kishon Demeritte, Neil Gibson (**Tues**) Jermaine Ferguson, Arielle Bowleg (**Wed**) Adam Bowleg, Dyvynne Miller, Darriel Miller, Cheiwah Ferguson, Cecilia Hanna (**Thurs**) Samantha Always (**Fri**) Skye Clarke, Myles Saunders, Acharnicko Evans, Yvette White, Malie Harris, Letitia Ellis (**Sat**). **and to all celebrating this week!**

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### LECTORS

**1st Sunday of Advent — 30th November 2025**

**7am**

1st Reader— Rosemary Burton

2nd Reader/Commentator – Alexia Edgecombe

**9am**

1st Reader - Da'Renique Antonio

2nd Reader/Commentator - Kavon Rolle

**2nd Sunday of Advent - 7th December 2025**

**7am**

1st Reader/Commentator— Letitia Ellis

2nd Reader— Lee Doris Duncombe

**9am**

1st Reader— Brianne Gibson

2nd Reader/Commentator— Ashton Davis

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### Thank You

**A Special thank you for all who came out and supported the BINGO night last Friday evening. A good time was had by all!**

## Preparing for Christ

**“The Son of Man is coming at the time you least expect.”**

**(Mt 24:44)**

That is a frightening prospect.

- What if Jesus comes when there are still nearly two and a half billion people living in countries where the annual per capita income is \$400 or less?
- When there are still about 40,000 people dying every day from hunger?
- When a billion people, one fifth of the human race, still do not have decent housing?
- When there are still 20 million Latin American children sleeping in the street?
- When there are still hundreds of millions of people without basic medical care?
- When one out of every four human beings still has no access to safe drinking water?

“It is now the hour for us to wake from sleep (Rom 13:11).” The challenge to “beat our swords into plowshares” (Is 2:4) has been around for centuries, as have other biblical challenges to “cast off deeds of darkness (Rom 13:12).” The season of Advent is a time for us to wake ourselves up and begin preparing better for the coming of Christ.

Hope in the coming kingdom is already beginning to take root in the hearts of men. The radical transformation of the world in the paschal mystery of the Lord gives full meaning to the efforts of men, and in particular of the young, to lessen injustice, violence and hatred and to advance all together in justice, freedom, brotherhood and love. ~Synod of Bishops, *Justice in the World*, 1971: 76 **Gerald Darring~**

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### Welcome!

The parish community welcomes the family of Sheila Rolle on the 7th anniversary of her death today.

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### Happy Wedding Anniversary

Conrad Jr. & Janiska Maycock celebrating their 8th on Tuesday, December 2

Jermaine & Gwendolyn Fritz celebrating their 21st on Thursday, December 4th

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### Upcoming Liturgical Schedule

December 9th (Tuesday) Penance Service 7pm (Main Worship Space)

December 24th (Wednesday) **Christmas Eve** - 9:30pm

December 25th Mass at 9am. (Thursday)

December 26th - **Boxing Day** Mass at 8am. (Friday)

December 28th - **Feast of the Holy Family** 7am & 9am.

December 31st - **New Year's Eve** - Holy Hour 10pm, Mass at 11pm **Mary Mother of God**. (Wednesday)

January 1st (**New Year's Day**) 8am (Thursday)

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**An invitation from the Knights of Columbus Council # 10415** to pray the Rosary and Adoration of the Blessed Sacrament every Monday during Advent at St. Joseph Church, Boyd Road at 6.00pm.