

Challenge yourself to start New Year's Resolutions for Your Spiritual Life

- Simplify your life.
- Read one spiritual book per month.
- Pray a decade of the Rosary daily.
- Keep the Sabbath holy.
- Go to Confession once a month.
- Listen more.
- Give your failures, weaknesses, and sins to God.
- Pray every day to hear God's will for my life and be obedient to it. (Deut 4:7)
- Read the Bible every day to understand God's character and his ways. (Heb 4:12).
- Encourage others to start or continue their journey of faith. (2 Cor 13:11).
- Invite at least one person from my family or community to my church each week. (Heb 3:13).
- Join a local year round Bible study. (Ps 119:11).
- Commit to a community outreach for one season. (Deut 10:18).
- Volunteer at my church to teach Sunday School or provide nursery care. (Mark 10:45).
- Open my home to times of fellowship and discipleship. (Heb 13:2)
- Commit to identifying the needs vs. wants in my budget and increasing my charitable giving. (Matt 6:28).
- Keep a journal to daily or weekly document the progress of my resolutions. (Ex 13:9a).

Instead of completely abandoning your spiritual resolutions when life gets out of sync (as it assuredly will), surrender your brokenness, your tears, your pain and suffering, even and especially your sins and repeated weaknesses to God. When He asks us to give Him everything, He means even the parts of ourselves we don't like and would rather hide.

Prayer for the Week

Arise, shine, for the Light of the World has come! Darkness covers the earth and its people, but the radiance of God's Light burns away its shadows, illuminates the smallest corner, and heralds in the start of a new dawn, where hearts no longer fear, souls might be set free, and sister shall follow brother, nation shall follow nation, and kings and princes bow down in awe before the one who comes to reign. Arise, shine, for the Light of the World has come! Alleluia!

X T T S Q T Q M R Q P M G L O W L Q B W
 Z S H P H V O F A M K T Y J V E W M E I
 T A O L L J U D E A I O N R G Q E V T S
 O I R V Z C D U X A N Q Y K R O O A H E
 R O S M H L Z I I R G N L Y F H E T L M
 A I E Y H E D E K S H X E P R E F J E E
 H O S Q K H R V Y R E E K B A W T J H N
 T O K J E L T Q L B R M I K N R M U E Z
 E B Z H I N P A D V O L N X K I L E M O
 A Z Z Y P N O V A Z D D G Y I T W W Y N
 C N S R J E R U S A L E M K N M N F P L
 H G Q Y B V S J G I Y A A Z C F H R R W
 E O J E L A W Q M F V M K H E T O R O R
 R L H S I F L R I I P F E J N B D S P E
 S D Y H M Y F A C N I B R F S X V K H X
 T G W U S V I O A Y M V O S E S S R E M
 Y J G A H V I R H M U V U O G T E S C S
 P I Q B T G E D K U M L H Y Q A Q N Y S
 P A R T H I A D I R A U V W H R R P N X
 Q O D M K J O U R N E Y U H U O N X G W

KINGMAKER	KING HEROD	HORSES
MYRRH	FRANKINCENSE	JUDEA
TORAH TEACHERS	BETHLEHEM	WISE MEN
GOLD	PARTHIA	STAR
BALAAM	PROPHECY	YESHUA
JOURNEY	JERUSALEM	MICAH

ST. ANSELM'S PARISH

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St. Anselm is a Catholic faith community centered in the Eucharist, seeking to live the love of God through worship, word and service.

"They fell down and worshipped Jesus."

"Behold, the Lord, the Mighty One, has come: and kingship is in his grasp, and power and dominion." (1 Chronicles 9:12)

January 4th, 2026
The Epiphany of the Lord

1st Reading: Isaiah 60:1-6
 Resp. Ps. 72: 2, 7-8, 10-11, 12-13
 2nd Reading Ephesians 3:2-3a, 5-6
 Gospel: Matthew 2:1-12



Most Rev. Patrick C. Pinder, S.T.D.,
 C.M.G. KC*HS
 Archbishop of Nassau.
 Fr. Noël Clarke, Pastor
 Rev. Mr. Ricardo Demeritte, Deacon

MASS SCHEDULE:
 SUNDAYS: 7.00am & 9.00am
 WEEKDAYS: 6.15 am
 Wednesdays - Adoration at 5.30pm & Mass
 HOLIDAYS: 8.00 a.m.
 Bible Study Monday 6.15pm—
 Virtual (CONFESSIONS):
 SUNDAY: by appointment
 BAPTISMS: Call Parish Office to arrange

January 11th, 2026
The Baptism of the Lord

1st Reading: Is 42:1-4, 6-7
 Resp. Ps. 29:1-2, 3-4, 3, 9-10
 2nd Reading: Acts of The Apostle 10:34-38
 Gospel: Mathew 3:13-17

A WARM AND LOVING WELCOME TO ALL OUR VISITORS!

Please come again and if you would like to become a member, our contacts are listed above.

To our members, We always thank God for all of you and continually mention you in our prayers!



Let us Pray

Father, your Son accepted our sufferings to teach us the virtue of patience in human illness. Hear the prayers we offer for our sick brothers and sisters. May all who suffer pain, illness or disease, realize that they are chosen to be saints and know that they are joined to Christ in his suffering for the salvation of the World. Amen.
Leonard Bain, Shimonte Bain, Paul Barnett Sr., Guy-Phillipe Berlin, Agnist Burrows, Hazel Chipman, Donnalee Colebrooke, Sonia Darville, Carol Edgecombe, Michael Farrington, Wesley Hicken, Patricia Higgs, Larry Higgs, Monique Johnson, Creola Kelly, Daphne Kerr, Edward Kerr, Annette Knowles, Patricia Knowles, Ida Major, Dellareese McPhee, Tyrone Miller, Drucilla Moss, Sainталus Paul, Agatha Pratt, Martha Roberts, Kyandre Sands, Jayde Smith, Mable Smith, Juanita Symonette, Anastina Wilson, Jacinta White and Monique Young the imprisoned, the homebound, the hospitalized and persons in the Geriatrics Hospital. (If you, OR A MEMBER OF YOUR FAMILY IS ILL, OR IF YOU KNOW OF A PARISHIONER THAT IS ILL, PLEASE NOTIFY THE PARISH OFFICE.)

Daily Scripture Reading

5 January 2026 – Monday
St. John Neumann, Bishop
 1st Reading: 1 Corinthians 9: 16-19, 22-23
 or 1 John 3: 22 – 4: 6
 Resp Ps: 96 or Ps: 2: 7bc-8, 10-11
 Gospel: John 10: 11-16 or Matt. 4: 12-17, 23-25

6 January 2026 – Tuesday
St. André Bessette, Religious
 1st Reading: 1 John 4: 7-10
 Resp Ps: 72: 1-2, 3-4, 7-8
 Gospel: Mark 6: 34-44

7 January 2026 Wednesday
St. Raymond of Peñafort, Priest
 1st Reading: 1 John 4: 11-18
 Resp Ps: 72: 1-2, 10, 12-13
 Gospel: Mark 6: 45-52

8 January 2026 – Thursday
 1st Reading: 1 John 4: 19 – 5: 4
 Resp Ps: 72: 1-2, 14 and 15bc, 17
 Gospel: Luke 4: 14-22

9 January 2026 – Friday
 1st Reading: 1 John 5: 5-13
 Resp Ps: 147: 12-13, 14-15, 19-20
 Gospel: Luke 5: 12-16

10 January 2026 – Saturday
 1st Reading: 1 John 5: 14-21
 Resp Ps: 149: 1-2, 3-4, 5 and 6a and 9b
 Gospel: John 3: 22-30



Happy Birthday Greetings to... *Walton Rolle (Today)* Kevin Rolle, D'Maine Cooper, Omar Downes, (Mon) Sage Saunders, Lauryn Cartwright, Wanda Burrows, Santina Davis, Sharanicka Davis, Dylan Bain, Derick McDonald (Tues) J'Anne Murray, Dhalia Dames (Wed) Aaron McPhee, Brian Davis, Amiro Curry, Tanya Heastie, Evan Thompson, Vanessa Sturup (Thurs) Allison Basden, Insa Frith, Tarquin Kelly, Joshua Major (Fri) Drew Wood, Marissa Knowles, Kaylan McCartney (Sat) and to all celebrating this week!

LECTORS/COMMENTATORS

The Epiphany of the Lord—January 4th, 2026

7am

1st Reader – Kenra Knowles
 2nd Reader/Commentator – Twana Lockhart

9am

1st Reader – Cherise Ferguson-Toote
 2nd Reader/Commentator – Marici Thompson

The Baptism of the Lord—January 11th, 2026

7am

1st Reader – Chante Beneby
 2nd Reader/Commentator – Tanya Heastie

9am

1st Reader – Criselle Ferguson-King
 2nd Reader/Commentator – Anthony Butler

“God is our strength. Let Him be the strong foundation of our life so that we will not stumble when things go bad. Happy New Year!”

Reflecting on the Word

Perfected Revelation

The “epiphany” of Jesus, his revelation to the world, was accompanied by the offering of three gifts, each of which symbolized a different aspect of the divine/human savior. **Frankincense** is offered to Jesus, the Son of God, the eternal Word of the Father who is worshiped with the Father and the Spirit. **Gold** is offered to Jesus the King of the human race, the summit of creation. **Myrrh** is offered to the divine/human savior of the world who suffered and died for the salvation of all. Jesus is revealed in our own day also. He is revealed as the Word of God speaking to us in the marvelous workings of nature, in the achievements of the human spirit, and in the dialogue between Church and world. He is revealed to us as King in every victory over ignorance, alienation and powerlessness. He is revealed to us as Suffering Messiah in the heart and face of every poor person, every stranger, every wanderer living in a back alley or under a bridge, every person victimized by others. “His glory has shone among us.” We have only to recognize him and to do what the magi did in his presence: “They prostrated themselves and did him homage.” Jesus perfected revelation by fulfilling and manifesting himself: through his words and deeds, his signs and wonders, but especially through his death and glorious resurrection from the dead and final sending of the Spirit of truth.

~Vatican II, Constitution on Divine Revelation, 1965: 4 Gerald Darring~

Happy Anniversary to Wayne & Tiana Miller celebrating their 4th on Thursday the 8th.

CCD will re-open on Saturday January 10th, 2026, at 10.00am with Mass.

We continue to pray for our Candidates: Duval Davis, Logan Forbes, Giovanni Knowles, and **Catechumens:** Vanria Gibson, Amy Godet and Paige Souffrant, as they continue their journey to Full Communion in the Church.

Welcome!

The Parish community extends a warm welcome to the family and friends of Allison Basden who are worshipping with her at the 9am Mass in celebration of her birthday. Happy Birthday!

Prayerful Sympathy

The Parish Community extends prayerful sympathy to Carol “Bunny” Edgecombe and family on the death of her mother Mrs. Sylvia Edgecombe, who died on Monday the 29th of December. Funeral services to be announced at a later date. May she rest in peace.

The Youth and Young Adult Ministry is proud to announce the return of the Archdiocese Inter-Parish Trivia Competition. The Youth Office will be facilitating a workshop for all adults 21+ who are interested in being a Judge or Timekeeper for the event, which will be held on Saturday 21st February, 2026 at Holy Family Parish Hall. The Judges workshop will be held at Sacred Heart Parish Hall on Saturday 17th January 2026 from 10am to 12pm. Kindly contact the Youth Office if you are interested.