



PSALM 145

MY GOD,
I WILL PRAISE
YOUR NAME
FOREVER.

QUEEN OF APOSTLES CHURCH | SUNDAY, JULY 9, 2023

W E L C O M E T O



Queen of Apostles

NEVER GIVE UP!

4911 MOORPARK AVE, SAN JOSE, CA 95129
(408) 253 - 7560

WEEKEND MASSES

SATURDAY MASS **8:00 AM**

Saturday Vigil Mass **5:00 PM**

SUNDAY MASS

7:30 AM | 9:00 AM | 11:00 AM

WEEKDAY MASSES

MONDAY to FRIDAY **9:00 AM**

BLESSED SACRAMENT ADORATION

Every 1st Friday **After the 9AM mass**

Every Saturday **3:00 - 5:00 PM**

CONFESSION

SATURDAY **4:00 PM**

Location: Our Lady's Chapel

Join us for DAILY ROSARY
(on Zoom)

MONDAY to FRIDAY **7:00 PM**

MEETING ID: 821 6087 2390
PASSWORD: ROSARY

Bible Study (on Zoom):

"Mary, A Biblical walk with the Blessed Mother"

EVERY TUESDAY **10:00 AM & 7:30 PM**

WEEKLY COLLECTION

FOR THE WEEK ENDING JULY 2, 2023

OFFERTORY

Mass Collection	\$ 5,062.21
WeShare Receipts (Online)	\$ 4,076.00
TOTAL	\$ 9,138.21

Average Weekly Goal **\$ 10,000.00**

Second Collection	\$ 995.00
Others	\$ 60.00

- Sandwiches for Homeless

Marriage Prep	\$ 100.00
St. Vincent de Paul	\$ 90.00

*Thank You
for your
generosity*

Car Donation for the Sisters

The Sisters of the Blessed Virgin of Carmel, the community of women religious that manages and assists our retired clergy at St. Joseph Retirement House in Cupertino is looking for a car that they can use. Recently, the young sisters learned to drive and passed to receive their California driver's license. If you or someone you know who wish to donate a vehicle, used but in good working condition, kindly connect with Fr. Jeff or Fr. Celso at 408-253-7560.



* Sunday Evening Mass **is back!**

Great news for all those who struggle to wake up on Sunday mornings. Our Sunday night Mass will be making a comeback beginning **September 3rd**.

We are currently looking for folks who would be willing to serve as lectors, musicians and extraordinary ministers of Holy Communion.

The 7pm Mass on Sunday evening will be brought back on a **trial basis** through the month of September, but it's continuation will depend on whether or not we have enough ministers, and enough people in the pews. **Please pass the word along** especially to any youth and young adults that you know, who might find that this Mass fits in better with their busy schedules.

SUNDAY | 7/9**Fourteenth Sunday in Ordinary Time****MONDAY | 7/10**

7:00 PM | Community Rosary on Zoom

TUESDAY | 7/1110:00 AM | **Bible Study**

7:00 PM | Community Rosary on Zoom

7:30 PM | **Bible Study****WEDNESDAY | 7/12**

7:00 PM | Community Rosary on Zoom

THURSDAY | 7/13

7:00 PM | Community Rosary on Zoom

FRIDAY | 7/14

7:00 PM | Community Rosary on Zoom

SATURDAY | 7/154:00 PM | **Confession @ the Chapel**

7:00 PM | Community Rosary on Zoom

SUNDAY | 7/16**Fifteenth Sunday in Ordinary Time**

READINGS FOR THE WEEK

SUNDAY | 7/9• **14th Sunday in Ordinary Time**

- Zec 9:9-10
- Rom 8:9, 11-13
- Mt 11:25-30

MONDAY | 7/10

- Gn 28:10-22a
- Mt 9:18-26

TUESDAY | 7/11

- *Saint Benedict*
◦ Abbot
- Gn 32:23-33
- Mt 9:32-38

WEDNESDAY | 7/12

- Gn 41:55-57; 42:5-7a, 17-24a
- Mt 10:1-7

THURSDAY | 7/13

- Saint Henry
- Gn 44:18-21, 23b-29; 45:1-5
- Mt 10:7-15

FRIDAY | 7/14

- USA: *Saint Kateri Tekakwitha*
◦ Virgin

- Gn 46:1-7, 28-30
- Mt 10:16-23

SATURDAY | 7/15

- *Saint Bonaventure*
◦ Bishop and Doctor of the Church
- Gn 49:29-32; 50:15-26a
- Mt 10:24-33

NEXT SUN | 7/16

- **15th Sunday in Ordinary Time**
- Is 55:10-11
- Rom 8:18-23
- Mt 13:1-23 or 13:1-9

SATURDAY | JULY 8**5:00 PM Vigil**

- Glorinda Dobleman †

SUNDAY | JULY 9**7:30 AM**

- James Solchenberger †
- Sue Peredo

9:00 AM

- James O. Vadeboncoeur Jr. (For healing)

11:00 AM

- Missa Pro Populo
- Cesar Bolanos II †
- Paul Richard †

MONDAY | JULY 10**9:00 AM**

- Michelle Mckenzie
- Conchita Arroyo Martinez †
- Paul Nguyen †

TUESDAY | JULY 11**9:00 AM**

- Paul Nguyen †
- Adeline Taylor †
- Molly Ryan †

WEDNESDAY | JULY 12**9:00 AM**

- Madieline N. Seiler (Birthday)
- Douglas Millett
- Paul Nguyen †

THURSDAY | JULY 13**9:00 AM**

- Julieta Allen (For Strength and Healing)
- Felixberto Sampang (For Strength and Healing)
- Joseph Phung Vu †

FRIDAY | JULY 14**9:00 AM**

- Millard Thompson
- Cecilia Ta † and Anthony Loc Nguyen †
- David Trumbull †

SATURDAY | JULY 15**8:00 AM**

- Cecilia Ta † and Anthony Loc Nguyen †
- Sue Peredo

5:00 PM VIGIL


- No Intention



WE LOVINGLY PRAY FOR...

For all those who are sick, including *Kathy Chan, Michelle Mackenzie and Lorraine DeCastro*; for all those who have died, including *Bishop Patrick McGrath, Phyllis Couthinho, Joseph Phung Vu, Molly Ryan, Arlene Barraza, and Rocca Guido*, that they may find eternal rest in the arms of Jesus.

God, our hearts are broken with pain at the senseless deaths caused by gun violence. Families mourn, children live in fear, and some in our nation respond by arming themselves with more guns with greater capacity to end life. Our disconnection and alienation has caused some to turn to guns for protection and safety. We ask that you touch our hearts with your love, heal our brokenness, and turn us away from violence toward peace. Help us to transform our own hearts and to seek peaceful ways of resolving our differences. Let our hands reach out and connect with those who feel alone, those who live in fear, and those suffering from mental illness. Let our voices be raised asking our legislators to enact gun laws to protect all in our society, especially those most vulnerable. Let our pens write messages demanding change while also scripting words of hope and transformation. We ask this in the name of the God who desires that we live together in peace. Amen



JULY 9, 2023 | FOURTEENTH SUNDAY IN ORDINARY TIME

FROM THE PASTOR'S DESK

By Fr. Jeff Fernandez

Last weekend was the beginning of a new fiscal year in the administrative side of parish life. Submission of financial reports and budgets, transition of new assignments for priests, re-organization and vacations are just a few of the many things that keep us moving in the parish office.

Our experience of the pandemic caused by the influential Covid-19 symptom has affected all of us. Now that we are in the endemic stage, we are still coping with bringing back what we used to have prior to March 20, 2020, when we had to close our churches and parishes.

As we start a new fiscal year, a reorganization must be accomplished to maintain our sustainability as a parish and continue to serve our ministry to the people of God. Our Sunday collection is our bread and butter to sustain and to provide the services and ministry that we have as a parish community. Your generous support through your financial giving has kept us going to maintain the work entrusted to us by the Lord. And as a faithful steward of the vineyard I have to make some decisions that will allow us to work with what we have and what we receive from the generosity and faithful support of our parish family.

Beginning July 1, Holy Families, which is our Faith Formation ministry will include all sacramental preparations with regards to First Holy Communion, First Reconciliation and Confirmation. Under its umbrella will be the Middle and Highschool youth ministry. Kristie Manning remains the director of faith formation and will be assisting with the religious curriculum at the school as well. Father Celso will be taking care of the Baptism preparations and will continue to assist me in other matters. Kevin Nelson takes on the role of maintenance supervisor for the parish. Malou Bautista serves as parish administrative assistant. Stefanie Hoover and Tracy Nicoletti will continue to serve as school principal and vice principal.

I am grateful to Jeffrey Ruster, who has served as our Youth and Young Adult Coordinator for the past year; his time with us is a blessing. I also would like to acknowledge the time, services, and dedication that two of our retired parishioners, Maryanne Oddo and Kathy Fanger has given in manning the parish office during the absence of a front office receptionist. A word of gratitude and appreciation as well is conveyed to Haidee Baluta, Joanne Halili, and Mayumi Bernardo in their devotedness and the services they provide.

New beginnings are an important part of our human existence. It allows us to look back and improve what needs to be worked on and at the same time it allows us to see and be grateful for the many blessings we have at times do not recognize in life. As we begin a new fiscal year, I am grateful to God for the commitment and faithfulness that so many of you have given to our parish and school community. I am unceasingly inspired by the many hours, services, and devotion that our volunteers continuously provide in the areas of liturgy, music, social, school and parish life.

***May we all be inspired by Jesus Christ our Lord through Mary, Queen of Apostles and
in doing so, find its way in glorifying God by our lives.***



CATECHESIS ON THE REAL PRESENCE IN THE EUCHARIST

Why should we receive communion from the cup?

The clearest reason is because it is what Jesus asked us to do. "From the first days of the Church's celebration of the Eucharist, Holy Communion consisted of the reception of both species in fulfillment of the Lord's command to "take and eat... take and drink." The distribution of Holy Communion to the faithful under both kinds was thus the norm for more than a millennium of Catholic liturgical practice."

The practice of Holy Communion under both kinds at Mass continued until the late eleventh century, when the custom of distributing the Eucharist to the faithful under the form of bread alone began to grow. By the twelfth century theologians such as Peter Cantor speak of Communion under one kind as a "custom" of the Church. This practice spread until the Council of Constance in 1415 decreed that Holy Communion under the form of bread alone would be distributed to the faithful.

In 1963, the Fathers of the Second Vatican Council authorized the extension of the faculty for Holy Communion under both kinds in *Sacrosanctum Concilium*:

”

“THE DOGMATIC PRINCIPLES WHICH WERE LAID DOWN BY THE COUNCIL OF TRENT REMAINING INTACT, COMMUNION UNDER BOTH KINDS MAY BE GRANTED WHEN THE BISHOPS THINK FIT, NOT ONLY TO CLERICS AND RELIGIOUS, BUT ALSO TO THE LAITY.”

“

The distribution of Holy Communion under both kinds does not represent a change in the Church's immemorial beliefs concerning the Holy Eucharist. Today the Church finds it salutary to restore a practice, when appropriate, that for various reasons was not opportune. As the General Instruction of the Roman Missal (GIRM) says,

“Since the celebration of the Eucharist is the Paschal Banquet, it is desirable that in accordance with the Lord's command his Body and Blood should be received as spiritual food by those of the faithful who are properly disposed.” (GIRM 80)

“Holy Communion has a fuller form as a sign when it takes place under both kinds. For in this form the sign of the Eucharistic banquet is more clearly evident and clearer expression is given to the divine will by which the new and eternal Covenant is ratified by the Blood of the Lord, as also the connection between the Eucharistic banquet and the eschatological banquet in the Kingdom of the Father.” (GIRM 281 / Eucharisticum Mysterium)

Wine highlights not only the celebratory nature of the Paschal Mystery but also the suffering and dying. The grapes are crushed, and the wine poured out just as Jesus was crushed by the weight of our sins and his Precious Blood poured out.

Jesus asked us to drink from the same cup he drank from - a cup of blessing as well as a cup of sacrifice.

The Church or “the Catholic faith teaches that Christ, whole and entire, and the true Sacrament, is received even under only one species are not deprived of any grace that is necessary for salvation.” (GIRM 282 / Doctrina de Communionem sub Utraque Specie et Parvulorum)

Christ's presence in the Eucharist challenges human understanding, logic, and ultimately reason. His presence cannot be known by the senses, but only through faith—a faith that is continually deepened through that communion which takes place between the Lord and his faithful in the very act of the celebration of the Eucharist. Fathers of the Church frequently warned the faithful that by relying solely on their senses they would see only bread and wine. Rather, they exhorted [us] the members of the Church to recall the word of Christ by whose power the bread and wine have been transformed into his own Body and Blood.



"COME TO ME ALL YOU WHO ARE BURDENED AND I WILL GIVE YOU REST"

MATTHEW 11:28

But do we individually seek ways to alleviate the burden of "the poor" in our lives, or do we only expect the institutional church and charities to shoulder that duty. In our every day lives, Jesus helps us carry our burdens so they are not too heavy. But Luke 12:48 reminds us, "From everyone to whom much has been given, much will be required; and from the one to whom much has been entrusted, even more will be demanded." Jesus helps and blesses us, so we in turn may bless others.

The 2023 Silicon Valley Pain Index was released last month, and as we acknowledge some of the harsh realities of our lowest-income brothers and sisters living among us and carrying burdensome loads, may we be stirred with compassion and find ways to help them.

In today's Gospel reading, Jesus says, "Come to me, all you who labor and are burdened, and I will give you rest. Take my yoke upon you and learn from me, for I am meek and humble of heart; and you will find rest for yourselves. For my yoke is easy, and my burden light." After living through a global pandemic and record-high inflation, people around the world know what it's like to carry a heavy burden of uncertainty, fear, sickness, and doubt.

The reality is that in our world, people who are poor and/or oppressed often carry the heaviest burdens. The Catholic phrase "preferential option for the poor" was first used by bishops in Latin America in the late 1960s who taught that throughout biblical texts, there is a demonstrable preference given to powerless individuals who live on the margins of society. In 1991, Pope John Paul II used the term, "option for the poor" when he wrote about the concept in his encyclical *Centesimus Annus*.

Pope Benedict XVI also agreed that the teaching on the option for the poor was a true Catholic obligation.

For him, the poor included all those on the peripheries of society, including widows and orphans, people with disabilities, the sick, prisoners, and victims of oppression, among others.

• **9,903 Number of houseless people in Santa Clara County on a single night in January, 2023, a 1% drop from the year before; with about two-thirds living in encampments or other places not designed for habitation.**

• **1,226 Number of houseless families (i.e., people with children) in Santa Clara County, up from 891 the previous year, with 20% unsheltered.**

• **600 Number of families that become homeless each year in Santa Clara County.**

• **246 Number of houseless people who died on the streets of Santa Clara County in 2022**

• **460,000 Number of clients that Second Harvest of Silicon Valley provides groceries for each month on average, up 10,000 households from last year, and an increase of 80% since pre-pandemic.**



Alessandra Harris



RESTING IN GOD'S GAZE

We have invented clever machines which should enable us to rest: washing machines, dishwashers, microwaves, cell phones, yet we are busier than ever: texting, messaging and now the latest: 'threading'.

We busy our lives with Facebook, television and movies, shopping, exercising, going to restaurants and coffee shops etc. – giving our prayer lives a lesser priority. Yet Scripture says,

"Seek ye FIRST the kingdom of God..."

God invites us to share his Sabbath rest. Jesus' Sacred Heart reminds us: *"Come to me all you who labor and I will give you rest."* Tell Jesus your pains, sufferings and sorrows, and joys.

What is this rest that God desires for us? "No one knows the Son except the Father, and no one knows the Father except the Son and anyone to whom the Son wishes to reveal him."

The Father and the Son rest in each other's gaze. It is here, in the gentle gaze of our God that we find our tranquility for which we truly long. Jesus modeled his own longing for restful union with God when he went away early in the morning to pray.

Resting in YOUR Gaze

Each of us is called to offer this tranquility and receive it in how we gaze at each other. Do you *intentionally* gaze into the eyes of those you encounter and **listen** to them? When we receive the Eucharist, we become One with the Father, Son and Spirit.

We are sent out to be a blessing to others, bringing peace, love and healing light.

Kathy Fanger



EXERCISE

THIS WEEK, PRAY:

"COME, HOLY SPIRIT"

AND TRUST THAT

THE SPIRIT WILL LEAD.

FAITH FORMATION

with Kristie Manning

HOLY FAMILIES K-5

Registration for Holy Families is now open. Go to <https://qofa.org/2023-2024-holy-families-msm-registration>.

Why wait, when you can sign your family up today? Kickoff is September 24th with a VERY special event!! Register now so you don't miss any important updates. Curious about Holy Families but not yet ready to commit? You can find info on it at that same link! Have a terrific summer and I look forward to seeing you soon!

WHAT'S NEW?

Do you want an easy way to follow along with the readings at Sunday mass or another perspective on what the gospel is trying to tell us? We have just the tool for you. If you visit qofa.org/readings, you will find all four readings for this week as well as a reflection for this week by our youth minister.

Again, you can find all of this at qofa.org/readings and come back *every Wednesday morning* to see what's new for the week.

QOFA YOUTH MINISTRY

Are you a family or a young person looking to get more involved in the mass or youth ministry? With the upcoming trial which sees the return of the Sunday afternoon mass, now is the perfect time to explore your faith in a new way. If you are interested in serving at mass or with youth ministry, please fill out our interest form.

You can find paper copies in the back of the church or visit qofa.org/YM and click the *first link* on the page.

We also look forward to seeing you and your friends on September 3rd at the Sunday 7:00 pm mass.

MIDDLE SCHOOL MINISTRY

Middle school is a tough time for kids, and it's more important than ever to give them a space to connect with other kids who share their values. Our middle school ministry program has gone through some growing pains over the past three years. With that in mind, we're tweaking things a bit this year to allow for more family time, as well as time set aside just for them.

So... welcome to Middle School Ministry 2.0, where our middle school kids will join their parents for the Holy Families sessions on Sundays, and on alternate weeks we will do an afternoon or evening activity that's just for them. It might be a speaker, a service project, movie night, or just time for fun. We will have more details in the coming months, so stay tuned. In the mean time, I want to encourage you to get your kids signed up now, so that they can be a part of our summer activities and more!

Go to:

<https://qofa.org/2023-2024-holy-families-msm-registration>

ANNOUNCEMENTS



QUEEN OF APOSTLES

Family Camping

Do you enjoy camping? Or do you want to try camping?

Come join fellow parishioners for camping at New Brighton State Beach over Labor Day weekend, Sept. 1 until Sept. 4. Expect LOTS of family fun!

The cost is \$120 per couple or family for the 3-day weekend. If you are interested or wish more information, contact **Jan Wedig**, at **408-858-9022** or **JanWedig@aol.com**.

Spiritual Exercises in Daily Life

"Go Deeper to Meet God" invite you to join 19th Annotation Retreat/ the Spiritual Exercises in Daily Life. The full Spiritual Exercises of St. Ignatius of Loyola is traditionally done in silence during a 30-Day Retreat. It can also be done in one's daily life over 8 months called a 19th Annotation Retreat. For this 19th Annotation Retreat, the only requirements is a heart of desire to deepen your relationship with God through prayer, and an hour commitment of personal daily scriptural prayer. The retreat involves: Weekly meetings for individual spiritual direction with a trained spiritual director, and regular small group meetings with a Jesuit priest (the supervisor). Applications are now being accepted for the retreat beginning in September, 2023. **To register online is: <https://rb.gy/sve0iz> or email to Margarita at: margarita.hua@dsj.org for registration and more information.**



GHS Rosary Luncheon

Guadalupe Hope Society is inviting you to our July 14th Rosary & Faith Talk Luncheon on Friday July 14th at 11:30AM with Deacon Ryan Mau, who is a transitional deacon at St. Frances Cabrini. Register to attend either in person at the Santa Maria Hall or virtually at **<https://rosaryjuly1423.eventbrite.com>**

Call or email to reserve your seat at the Hall. 408-447-5433; **admin@ghswomenscenter.com**



Parish Office

PHONE NUMBER: (408) 253 - 7560

HOURS: 8 AM TO 12:30 PM
(FROM MONDAY TO FRIDAY)



Pastoral Staff

FR. JEFF FERNANDEZ
PASTOR

(408) 253-7560 X 101
jeff.fernandez@dsj.org

FR. CELSO SINGSON
PAROCHIAL VICAR

(408) 253-7560 X 102
celso.singson@dsj.org

KRISTIE MANNING
DIRECTOR OF
FAITH FORMATION

(408) 253-7560 X 104
kristie.manning@dsj.org

Advertising Rates

QUEEN OF APOSTLES
OFFERS 4 DIFF. SIZES
FOR OUR BULLETIN ADS
(PRICING IS PER WEEK)

2 X 3.5	\$20
1/4 A PAGE	\$40
1/2 A PAGE	\$65
FULL PAGE	\$100

School Staff

STEPHANIE HOOVER
PRINCIPAL

stefaniehoover@qofa-school.org

SOPHIA PAUL
PRESCHOOL DIRECTOR

ANDREA GUEL
SCHOOL OFFICE
MANAGER

andrea.guel@qofa-school.org

WEBSITE
WWW.QOFA-SCHOOL.ORG
PHONE
(408) 252-3659

Liturgical Ministry (and volunteer coordinators)

HAIDEE BALUTA
ALTAR SERVERS

FR. CELSO SINGSON
BAPTISM

BOB WEDIG
EXTRAORDINARY MINISTERS

CONTACT THE PARISH OFFICE
FUNERAL

CAROLYN MCDONALD
LECTORS

GINA ARGENTI-SCHULTZ
MUSICIANS

FR. JEFF FERNANDEZ
SACRISTANS

Pastoral & Social Ministries (and volunteer coordinators)

BOB WEDIG
CHRISTIAN FAMILY MOVEMENT

SHIRLEY RUZZO
GRIEF COUNSELING

CATHERINE KIM
HOMEBOUND

KATHY FANGER & NATALIE VIDUNAS
LADIES GUILD

SHANNON MILNE
ST. VINCENT DE PAUL

RICHARD LAHEY
SPIRITUAL FORMATION TEAM

KATHY FANGER
SOCIAL JUSTICE



FOR BULLETIN INQUIRIES,
Please email us at:
qofabulletin@gmail.com

SUPPORT OUR ADVERTISERS!

Shalom

Bring Jesus into your home.

Watch Catholic programs on Shalom-World.org:

Programs for adults and children.

Subscribe to a Catholic magazine online or in print.

The Hebrew word 'Shalom' means Divine Peace,

The present world is craving for peace that
can only be found **in Jesus.**

Give the gift of life,
donate blood today!



STANFORD
BLOOD CENTER

THIS
COULD
BE
YOUR
AD



Dr. Cheryl Vicencio

Dentistry for Children & Adults | General & Cosmetic Dentistry

Most Insurance Plans Accepted | New Patients Welcome

(408) 255-2222

753 Saratoga Avenue