
Name

Year 1

Year 2

Following Jesus

Choose at least three FEET, but you're welcome to do as many as you want.

These are opportunities for YOU to step beyond yourself.

How are you following Jesus in your life?

How far will you follow Jesus?



-- Read the Gospel of Luke: Write about a few "Jesus stories" that you were not familiar with previously.



-- Make someone's day: Adopt one of our parish member who can no longer attend Mass. They may be very lonely. Send them cards or notes on special holidays or anytime, to let them know they are thought about by their parish community. Maybe you have a lonely relative ... S. Mimi can help with names and addresses.



-- Critique a Mass! Share your thoughts on Father's homily (or Deacon's reflection), the music during Mass, what you thought of the congregation and their participation, liturgical environment, etc. What did you like? What improvements can you suggest? Knowing what the mass is for and about, what can be done in our parish to improve it? Please put the date and time of mass and who was celebrating mass.



-- Catholic Artwork: Like to draw? Paint? Sculpt? Create a piece of Catholic art!




-- Attend First Friday Mass and Adoration of the Blessed Sacrament: First Friday Mass and Adoration is held on the first Friday of every month from 7:00pm-9:00pm. Write down a reflection.





-- Watch any current movie: Reflect on paper, the Christian values you see or don't see or Critique a current song: Print out the lyrics and explain why or why not it has a good message.





-- House Investigation: Take a walk around your home... how does it show it is a Christian home? What sacramentals do you see or do? List them. Also, write down what sacramentals you would want in the home you will have some day.


 -- Interview one of our Priests or Deacons: (Make an appointment time!) Ask them why they decided to become a priest or deacon and what their responsibilities entail.


 -- Listen to Relevant Radio: 1620AM or online at relevantradio.com. Write the date, the time you were listening, and person on the radio (or the name of the show). What did you think of the show? What did they talk about? Why is it important that we listen to Catholic radio?


 -- October canned food drive: Donate some canned food or Subway gift cards to the canned food drive. Pray for those who go hungry and those you are helping.


 -- Attend Walk for Life: Attend with your family and be a witness to our faith in Action. West coast walk for life is January 20, 2024. Visit: walkforlifewc.com for more info


 -- Attend Stations of the Cross: Fridays during the season of Lent. Attend with your family and reflect on The Way of the Cross.


 -- Find an article in a newspaper or magazine: about something **good** happening in the Catholic Church. Write a few thoughts about it.


 -- Donate to the Giving Tree: (Advent time) Pick a bell or two off the giving tree and donate to a family in need. Make it a family event. Continue to pray for those families in need.

 -- Read the Gospel of Matthew: Pay attention on how Jesus called his 12 apostles. What do you think about the men that Jesus chose to be his closest friends?

 -- Visit the Cathedral of the Blessed Sacrament: The cathedral offers guided tours on Sundays at 9am, Sundays at 11:00 am. Write a short reflection on what you saw. Check website for possible time changes.

 -- Attend Easter Vigil Mass: This is a great time to see those entering our church.

 -- Participate with CRS Rice Bowl: Make a sacrifice and continue to pray for those who go hungry on a daily basis. Don't forget to turn them into your catechist by April 1, 2024.

 -- Other: _____
Any other activity, needs approval. Look for activities/ministries you can be involved in.

→→→ **Please attach any reflections to this paper. If attending an event or volunteering, please get initial/signature of person in charge and DATE.** ←←←