

IMMACULATE CONCEPTION CHURCH

Bringing all souls to Jesus through Mary, the Immaculate Conception.

ICC Parish Staff:

Rev. Fr. Tom Kuffel (Pastor)
tkuffel@cbna.org
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Rev. Mr. Sean Stack, Deacon
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Security
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2 Doyon Place
Fairbanks, AK
99701

(907) 452-3533

iccsecretary2@cbna.org
http://iccfairbanks.org

Parish Office Hours
Tues.-Fri. 10:00AM - 3:00PM

8.15.2021

Assumption Of Mary

Parish Information

Mass Times:

Sat: 4:00 PM; Sun 7:30 AM; 10:00 AM

M. T. T. F. 12:10 PM at ICC

Wed: 5:30 PM followed by Adoration/Confession

Confessions:

11:30 AM—12:00 PM Immaculate Conception

Saturday 3:00 PM— 4:00 PM at Sacred Heart

Saturday 3:00 PM—3:30 PM ICC

Or please call the parish to arrange a time

Baptism: Call Dc. Sean Stack 907-452-3533

Marriage: Call six months prior to wedding date.

Status of Operating Fund - (July 1, 2019 - April 25, 2021)

Includes CC Donations received

<http://giving.parishsoft.com/iccfairbanks>

Weekly Budgeted	\$6,651.79
Actual Collection **includes grants received**	\$3,291.00
Over/<Under> Weekly Budget	<\$3,360.79>
Year-to-Date Budgeted	\$39,950.74
Year-to-Date Actual Collections	\$39,495.52
Over/<Under> Yearly Budget	<\$455.22>
Expenses Budgeted for the year	\$39,950.74
Expenses for the year to date	\$20,829.52

The Arc of the Covenant

Then God's temple in heaven was opened, and the ark of his covenant could be seen in the temple (Rev. 11:19).

To behold the Arc of the Covenant transfigures our minds for we do not see a golden box, with angels adorning, and the Mercy Seat displayed with the Tablets of the Law (10 Commandments), the staff of Aaron, the Manna from heaven within. This depiction describes the Arc of the Old Testament.

What we witness in the New Testament beholds a Lady clothed with the sun, and the moon under her feet, and a crown with 12 stars who is ready to give birth. Mary fulfills this description of the Arc of the Covenant for she is filled with light, not the light of the sun, but the Light of the Son of God, Who descended through the Holy Spirit to entering our world battling the dragon, the great monster, who caused sin, death, and suffering to plague our world.

The Son, born of this woman, sanctifies her from the moment of her conception so He, the Holy One of God, restores to all, through his mercy — the New Law — our rightful dwelling place. We, with Mary, dwell with our living God adorned with holy attire: Clothed with grace

**Death is swallowed up in victory.
Where, O death, is your victory?
Where, O death, is your sting?**

"When the Holy Spirit finds Mary in a soul,
He enters that soul completely and communicates
Himself completely to that soul."

**Blessed are they who hear the
word of God
and observe it.**

Date	Mass Time	Intentions of ICC Parishioners	Priest	Feast Day	Activity
Sat. Aug 14	4:00 PM 6:30 PM	Pour Souls Del Solar Family	Fr. Dismas Fr. Dismas	Assumption Dominican Rite Mass	3:00 PM Confessions Sacred Heart
Sun. Aug 15	7:30 AM 10:00AM	ICC, Healy, Nenana Bridget McGovern +	Fr. Dismas Fr. Umberto	Assumption	
Mon Aug 16	12:10PM	John and Mary Cubit	Fr. Tom	St. Stephen of Hungry	Legion of Mary 5:30 PM
Tue. Aug 17	12:10PM	John and Patricia Adams	Fr. Tom		Knights of Columbus
Wed Aug 18	5:30 PM	Delphino Berta	Fr. Tom	St. Clare	Confessions/Adoration 6:00 PM—7:00 PM
Th Aug 19	12:10PM	Fr. Tom K. Intentions	Fr. Tom	St. John Eudes	Beloved Series 6:30 PM ICC
Fri Aug 20	12:10PM	Bernard McGovern (health)	Fr. Tom	St. Bernard of Clairvaux	Voices of Wildness 6:30 PM
Sat. Aug 21	4:00 PM	Land Family	Fr. Tom	St. Pius X 21st Sunday	Confessions 3:00 PM
Sun Aug 22	7:30 AM 10:00AM	ICC, Healy, Nenana Margie Clemens +	Fr. Tom Fr. Tom	21st Sunday	Healing Service 12:00 PM

PLEASE REMEMBER IN YOUR PRAYERS



Mason Edwards; Ralph Payner; Rocco Vicari; Jim & Sandy Harity; Rebecca Weatherford and family; Edie Del Cecato; Fred; Drew; Phillip Penpraze; Lily; Luna; Bishop Chad and clergy; Dorothy Stella & family; May Walsh; Claudia Piatt; Gary Jones; Family, Gerry Walsh; Lorraine Salzman, Kay McLevey, John Gregory, Emily, Peggy Mantei, Teri Walsh, Annette Chuckwu and family, Kathy Geco+, Jullian, Bobby & Marlene Masick, Teri Landean, Jos. Luca Comperchio, Tonya Kistner, Ann Canavan, Martin & Amy Moriarty, Dante McNulty, Donna Gutbrod, Mikey Noble, Jordan Williams, Arelene & Hennie Estiamba, Jaylynn, Curtis, Dianna, and Daniel, Debbie, Tom, Tim & Terry McAteer, Joe & Cindy Fields, Mike Sexton, Erna Chlupp, and all names and intentions in our Book of Intentions.



Soup Kitchen

**Fruit Cups, Pudding Cups
VOLUNTEERS NEEDED**

Thank you to everyone who helped out!

**Value Village Clothing Drive for Regional Council
Till Oct 12.**

Clothing Accessories Linens Curtains Bedding Coats

Please no furniture, books, or heavy items.

Call 907-374-9536 or email: pwalter@cbna.org

Married?

Wanting to know more about marriage, friendship, and personal happiness then the Beloved Series is for you!

At Immaculate Conception (ICC)

Aug 12– Aug 26: 6:30 PM – 8:00 PM

Knights of Columbus

Corporate Communion

Aug 21 4:00 PM Mass

Followed by potluck dinner

Knights will provide pulled pork and coleslaw

Please bring side dishes of Fruit, hot dishes, or deserts.

Positions available at ICC:

Security Guard for weekends 10:00 AM—1:30 PM

Admin: 15 hours a week excellent computer skills needed

Legion of Mary sponsors Eucharistic Rosary Congress

Oct 1 –3

in honor of our First Friday Devotions.

Fr. Hugh Gillespie a DeMonfort Priest from New York offers 4 talks on True Devotion to Our Lady

7:00 PM Oct 1; 10:00 AM Oct 2

7:00 PM Oct 2 3:00 PM Oct 3

On the Importance of Marian Devotion, learning to say Yes to God's will — not my will.

40 Days for Life Campaign

**Sept 24th -Friday 6PM-10PM Journey Church
1201 Hoselton Road. Fairbanks'**

Prayer to save lives of the Innocent

Come to participate in the Prayerful Vigil being held
Sept 22-Oct 31st 7am-7pm

Sign-up: @ 40daysforlife.com/en/Fairbanks

thank you,

Seven Sisters Apostolate: Women who commit to a holy hour once a week at our parish during adoration times to pray for a specific priest. Men are welcome too!

Contact: Alicia amenard@cbna.org or call 907-374-9553

Leadership Styles By Terri A. Building Strong Teams

This article is based on Strategic HR, Inc.

No matter where you work, there needs to be strong teams in your organizations.

Every employee should be an impact member of a team and their part matters to the whole.

To have a successful team, there needs to be a strategy for a successful team building. We look and consider what creates strong impacting teams.

1. Employee suitability: are they tasked in their strength zones?
2. Are job responsibilities defined and discussed so the employee knows what is expected
3. Do leaders communicate and do leaders listen knowing that each person has his or her way of communicating building trust and confidence.
4. Does business provide necessary equipment from offices to computers to pens and paper.
5. Scheduling is also important to get an employee at their best working time.
6. Finally, consider tax and other legal obligations when it comes to hiring an employee. Turn over causes gaps and gets expensive. The old adage helps clarify:
Would you hire this person today?

Once an employer puts together a strong team, the leader needs to strengthen the emotional bond and increase team loyalty.

One of the most important actions, things a leader can do, is to lead by example.

If you want everyone else to be passionate, committed, dedicated, and motivated, you go first!

Marshall Goldsmith

Integrity
is choosing your thoughts and actions based on values rather than personal gain

Integrity creates team loyalty. Each person has value and dignity not for their talent but they are a person. To ensure that each person is respected and honored, each person integrates loyalty:

1. Keep promises when made
2. Promote people for their performance
3. Understand under performance and offer help
4. Motivate employees with affirmations and encouragements that speak to them — not to self.
5. Recognize employees not just on performance, but also on being a person
6. Be gracious and thankful, looking for ways to praise and uplift
7. Celebrate and connect even at offsites

Once the team is strong and everyone is working well together the team may need to grow. When interviewing and hiring a new team member it is important to evaluate if this perspective employee would fit into the culture and become a strong team member. Nothing tears a team apart faster than a person who does not want to be part of the team and has their own agenda.

At ICC Father Tom is very good at bringing the employees together and building a strong team. He presents inspirational video clips to help us with the ideas he is discussing. In our weekly staff meeting, he always lets us know what is happening at our church and our sister churches. We talk about what is happening and the changes needed. For example, since we are such a small team, when someone is on vacation, we need to make sure their job is covered so everything continues to run smoothly.

Soup Kitchen: Update:

This past week we served:

588 meals

81 service hours

A diet of fresh foods, especially fruits, vegetables, and eggs and also hot healthy dishes keep us busy.

We also serve snacks and desserts such as potato chips, granola, apple sauce and pudding cups and treats of all sorts.

We prepare lunch bags that we can serve at any time as many of our patrons come at all hours.

If you have a chance, please bring donated items to our kitchen from 9:00 AM 1:00 PM.

If that doesn't fit your schedule, please call the office number to coordinate a drop-off time. Many times someone is in the office though the doors are locked.

The weather is shifting, and it looks like cooler weather has settled in and we would need warmer clothes:

- ◆ Socks,
- ◆ hoodies,
- ◆ rain gear

We also provide travel size hygiene items. If you are able, we would greatly appreciate your donations:

They will find a home!

What we need most through are volunteers. Everyone has gifts and we would love to use your gifts as a gift to those in need.

Call or come to the office if you want to volunteer or look on line at our Facebook page to sign up.

**Thank you for all your donations given.
We hope to see you again!**

**"DEDICATION BEATS TALENT.
PRACTICE TRUMPS GENETICS.
AND A STRONG CHARACTER
IS MORE VALUABLE THAN A
LUCKY BREAK."**

Robin Sharma

Assumptions

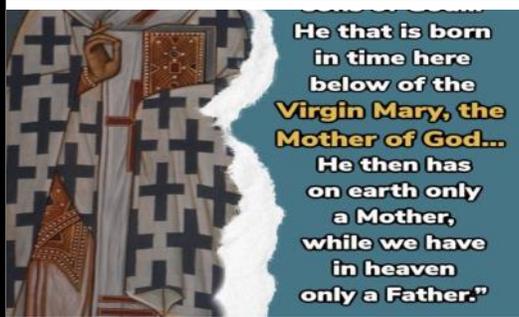
False assumptions abound. Perspectives controlled by experiences and involvements create channels of thought. Thought channels become blind for we have been trained to think according to a system or program. Whether right or wrong, the thought process never addresses the critical question: is it true or not? Assumptions merely determine if they adhere to my way of thinking or not.

Mindsets, rooted in assumptions, cloud even blind our thinking. We cannot believe because it fails to fit our self-imposed paradigm.

Catholicism, authentic and vibrant, challenges us, making us break from self-imposed paradigms to seek the divinely revealed truths. Only through examination and contemplation do Christians create the mindset of Christ, breaking free from the mindset of our assumptions.

Sadly many Christians as well as Catholics have an assumption mindset. They think and act according to their interpretation. They believe something to be true because that is what they experienced. It is the way it has always been done. They fail to examine to see if it is true according to Scripture, Tradition, and the Magisterium. They do not discern in the Spirit, but discern by their own spirit.

They create their own authority rather than assume the Church and Traditions have authentic insights. We think not like God, but as rational thinkers who want clear, unclouded, literal explanations.



Scripture unveils mysteries that appear irrational and illogical for mysteries fail to fit in scientific paradigm and that is why believers need a paradigm shift.

Christianity herself is a mystery. Christianity, the very word speaks not of facts and figures, history and happenings, nor persons and prophets, but of friendship: a likeness. Christians belong to Christ. They are identifiable as we live, move, and act like Christ. Christianity means fellowship with Christ. **We are his other self.**

Scripture reveals this divinely revealed mystery expressing covenantal love by unveiling the beauty, truth, and goodness of God through creation and most explicitly through his crowning of creation: man and woman. This is the greatest mystery of all.

Adam and Eve, every man and woman, bespeak of this marital mystery in which love invites the other into a communion with the divine. Adam and Eve commune with each other in the mystery of love and their love participates in the mystery of Divine Love unveiled through creation.

Scripture records this love affair enticing us to partake in the mystery of love.

Eve, the highlight of this love affair, is born of Adam, taken from his side. Woman is born of man! The Creator saw the emptiness and solitude of Adam and allowed him to experience the depths of this loneliness. In paradise, without another self — friend to love — the sight of Eve creates ecstasy and rapture.

Beholding her and she beholding him, they behold God and experience the depths of communion, the depths of friendship which is another self, outside self to belong to and become one as a trinity of love.

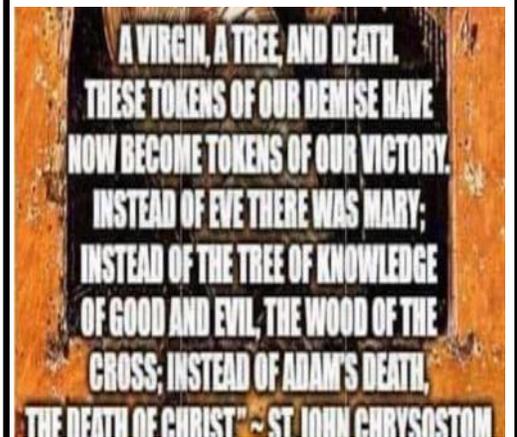
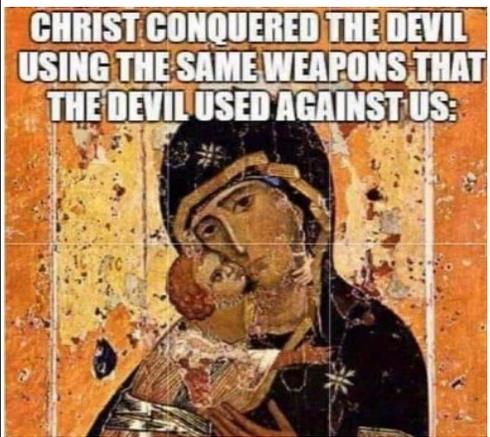
Their oneness incites the drama that the rest of Scripture unveils. Unlike those who read Scripture as a historical, scientific journal, the authentic interpretation reads Scripture as a conquest, a battle between envy and dignity.

Lucifer lost his oneness with Divinity; He lost his dignity and envies the dignity and divinity of humanity. He attacks, seeking to conquer through seduction the crown of the Artisan's creation: Eve. She, the woman of grace, she the woman of exquisite beauty, born of Adam who was formed by the Artisan becomes the target of Satan's envy.

He attacks her not with threats of cruelty and brutality, but with soft seductions alluring her to a new love, another love. This new love explores the thoughts and dreams of becoming more, more like God. To eat of the tree, the forbidden fruit that protected her innocence. To eat, however, emptied her of her purity and integrity causing death: death to the Divine Image dwelling within her being! Death to all!

She assumed that she knew better than God. She assumed she could become more: more beautiful, more wise, more loving, but what she became was lost in a sea of seductions, deluding herself that passions, pleasures, possessions would create powers and potentials. She became torn and torpid, shamed and debased; she became sin for she choose sin, that selfishness in which she knew better than God.

Immediately, Divine Love counter-attacks. What seems to be lost: her beauty, her purity, and her dignity, a Savior comes.



A man born of another woman, born into fulness of time who comes from eternity inverts the perversion caused by Lucifer.

Jesus, unlike Adam, who was born of God, is born of a woman, Mary. Not from lust or passion, but by the overshadowing of the Spirit, that same Spirit Who overshadowed all of creation at the foundation of the world. He now overshadows the Woman, the New Eve, filled with grace, who is pure and undefiled. From her, from her virginal womb comes the promised Messiah Who subjects the powers and principalities — Satan's minions — to his authority.

He Who is Divine, appears to be human and not just human but a false, fake, weak human who betrays the Jewish customs and culture. He Who comes teaching a new way, the way of goodness, truth, and life by offering pure love, sacrificially, becomes the object of scorn, hatred, and blasphemy.

Assumed to be the false prophet, the elders and leaders attack in the name of God and cause Him to die, to die on a tree the curse of God (Dt 21:22-23).

If a man guilty of a capital offense is put to death and you hang him on a tree,* his corpse shall not remain on the tree overnight.

You must bury it the same day; anyone who is hanged is a curse of God.

His death fulfills the curse. Jesus is not God, He cannot be God for He died hanging on the tree, the cross.

But these assumptions are just that, false and fake. The paradigm that restricts our vision and viewpoint breaks when we open our minds not to our understanding of Scripture but to God's expression and intention.

**"From Mary we learn to surrender to God's Will in all things.
From Mary we learn to trust even when all hope seems gone.
From Mary we learn to love Christ her Son and the Son of God!"**



As Eve, a pure woman filled with grace, taken from the side of Adam became beguiled by Lucifer, tempted to eat of the tree that reveals the source of death; so now, Mary, a pure virgin filled with grace by the overshadowing of the Holy Spirit, bears a Son, the Son of Man and the Son of God, born of a woman — not a man — sits at the foot of the tree of death — the cross — only to see the curse of death destroyed when her Child by the power of the Spirit rises from the dead.

This unveils the intention of God's mysterious love (John 3:16-18).

For God so loved the world that he gave his only Son, so that everyone who believes in him might not perish but might have eternal life.

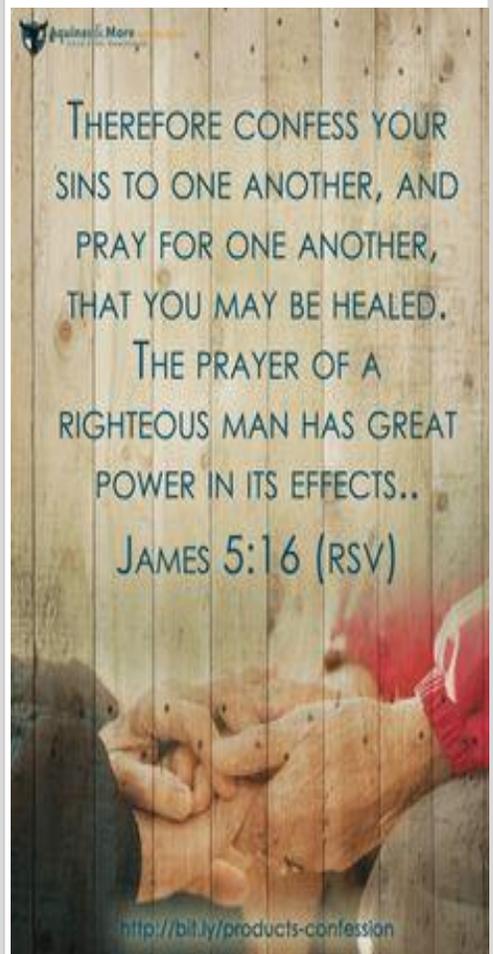
For God did not send his Son into the world to condemn the world, but that the world might be saved through him.

Whoever believes in him will not be condemned, but whoever does not believe has already been condemned, because he has not believed in the name of the only Son of God.

Sadly, even today people prefer to live in the darkness and their acts are evil for they fail to break free from their false assumptions concerning Salvation History denying Mary, denying Christ, denying the Mystery of God's unquenchable love for humanity to live full of grace free from sin!

Marian doctrines do not fit modern mindsets. Marian beliefs challenge our personal assumptions for they expose our true thoughts concerning these great and often debated truths revealed to us through Scripture.

Mary is Eve. Jesus is Adam. The events that take place in their lives sets the stage for us to conquer Lucifer's seductions to pleasures and powers by opening our minds not to our ways, but his way: the way to truth the way to divine life.



To Every Beautiful Woman

Fantastic Lines by Mother Teresa:
"If your Eyes are Positive, You will Love the World. But if Your Tongue is Positive, The World will Love you." A woman's love is in action. She looks with her heart and feels with her eyes. A woman is the bank where her family deposits all anger, worries and hurt. A woman is the cement that keeps her family together and her love lasts a lifetime.

Send this to every beautiful woman you know.

Authentic Gifts

Christ, naked on the cross, had no shame. He was pure and undefiled and his nakedness reveals his shamelessness: without sin. We, when enduring our cross, have shame, only if we have not completely understood the power of Christ's shameless, forgiving love.

Nakedness means shamelessness.

Completely exposed in mind, heart, body, and soul, a person whose love is pure fearlessly reveals their inner self for they are shameless. Not that they are without sin, but their sin has been healed and their shame has been removed.

Forgiving love removes shame, heals the source of shame: selfishness; and empowers true love: the sincere gift of true self-giving love that befits the other.

Authentic and dynamic love exposes the shame of our inner self to another not to be humiliated but to be accepted. For Christ, ***died for all, that those who live might no longer live for themselves but for him who for their sake died and was raised*** (II Cor 5;15).

Through confession of our shamefulness, Christ raises us up. No longer are we covered in shame, no longer are we blamed for our sins. We are clothed in Christ's love; and healed, our sins are washed away.

In vocational love then, such as marriage, priesthood, religious, even single life, we sincerely and totally gift oneself to another.

This likeness reveals that man, who is the only creature on earth which God willed for itself, cannot fully find himself except through a sincere gift of himself (GS, # 24).

Gift love is authentic love and any love that inverts the gift back upon oneself, perverts love. It reduces us to a beast rather than a person.

Nakedness, even if it creates shame and blame defaming us of our true and dignified self, seeks purity for purity protects us from selfishness. That desire to steal purity rather than to choose purity shames us; whereas battling for purity — the ability to be total, free, faithful, — produces fruits of honesty, generosity, and self-mastery.

This self-mastery of authentic and genuine love comes from Christ and his priesthood, that is his total self-sacrifice on the cross. This too is the vocation not only of priests, but of us all for each of us through our baptism are baptized into Christ's priesthood of self-giving love:

Keeping in mind what they are doing and imitating what they are handling, these priests, in their apostolic labors, rather than being ensnared by perils and hardships, should rather rise to greater holiness through these perils and hardships. They should ever nourish and strengthen their action from an abundance of contemplation, doing all this for the well-being of the entire Church of God (LG #41).

Every time we say Amen, we renew and complete that first I Do, we said at our baptism that we reject shame and the source of shame: Lucifer. We then confirm with our actions — not our words — to work, labor, and exercise our Yes to God Who infuses his love into our hearts without conditions or stipulations, but is his pure gift of shameless love as seen on the cross which takes away our shame when we say I do!

Each vocation to which we are called witnesses to this love of the living God Who calls us to imitate and mirror his self-donating love for us. Self-donation creates unconditional love. Unless Christians live this self-donation, their love will always have conditions and stipulations attached to it. Love will be limited, restricted, even manipulated. Shameless love requires pure freedom, not slavery to sin.

Restricted love creates shame. Authentic love removes all conditions and over time, we become free to love without reservation even giving up comfort and complacency so as to find true fulfillment.

Authenticity

is not something we have or don't have. It's a practice -- a conscious choice of how we want to live. Authenticity is a collection of choices that we have to make every day. It's about the choice to show up and be real. The choice to be honest. The choice to let our true selves be seen.

Brene Brown

Area Mass Times

Sacred Heart Cathedral

Sat. 4:30 PM Livestreamed
Sun. 8:00 AM; 11: 00 AM Livestream
1:00 PM Spanish
Mon-Friday. 7:30 AM

Immaculate Conception

Sat. 4:00 PM; Sun. 7:30 AM 10:00 AM
M, T, T, F. 12:10 PM Wed 5:30 PM
All Masses livestreamed

St. Raphael

Sat. 6:00 PM; Sun. 9:30 AM
T, Th. 9:30 AM; W. 5:30 PM

Saint Nicholas, North Pole

Sat. 5:00 PM; Sun. 9:00 AM&12:00
PM
M, T, Th, F. 9:00 AM; W 6:00 PM

St. Mark University Parish

Sun. 5:30 PM at Sacred Heart

Good Shepherd, Ft. Wainwright

9:00 AM Sunday

Our Lady of Snows, Eielson AFB

Sun. 10:30 AM
T-F. 11:30 AM

**THE MORE YOU ARE AFFLICTED,
THE MORE YOU OUGHT TO REJOICE,
BECAUSE IN THE FIRE
OF TRIBULATION THE SOUL WILL BECOME PURE GOLD,
WORTHY TO BE PLACED AND
TO SHINE IN THE HEAVENLY PALACE**

— St. Padre Pio —

ADORATION TIMES

Immaculate Conception

Wed 5:30 PM Mass
6:00 PM - 7:00 PM Adoration
with Confessions

First Friday Devotions

5:30 PM Mass
6:00 PM - 6:00 AM Adoration
6:00 AM Patriotic Rosary
7:00 AM Benediction & Mass

Sacred Heart Cathedral

Thursdays 8:00 AM - 12:30 PM
Saturdays 2:30 PM - 4:00 PM

St. Nicholas

Wednesday 6:30PM- 7:00 PM
M.T. Th. F. 8:30 AM

UP COMING EVENTS

Schedule of Events:

Aug 19 - Aug 26 Beloved Series for All who want to learn about covenant which is the key to marriage. All are invited.

Aug 21 4:00 PM Corporate Communion Mass with Knights of Columbus and installation of officers,, followed by a dinner for all.

Aug 28 6:30 PM SHC Extra-Ordinary Form (Latin) Mass

Sept 9 6:30 PM — 8:00 PM RCIA begins

Sept 11 Religious Ed begins

Sept 22—Oct 31 40 Days for Life

Oct 1—3 Eucharistic Rosary Congress Friday and Saturday Night all night adoration.

Knights of Columbus: Charity, Unity, Fraternity in our Lord The World's largest Catholic Fraternal Service Organization.

Do you want to become a Knight?

- Life from conception till natural death.
- Assists the sick, homeless, and needy
- Prayer and virtuous lifestyle by example
- It supports our parishes and diocese

Guided by the principles of charity, unity, and fraternity, members of the Knights of Columbus work to overcome the hardships that people face in their parishes

Joining your local council of the Knights of Columbus can change your life.



Voice in the Wilderness Charismatic Prayer

Invites you to join us

Friday, 6:30 PM

At ICC Living Room
As we express our love for
God through praise and
worship

Contact :

Joe Malen 388-2550

Ann Dobbs 479-8567

"For where two
or three are
gathered in my
name, there am
I among them.

Matthew 18:20

FamilyFire

Legion of Mary Meetings 5:30 PM Mondays

Being Legion of Mary
inspires us to fill our
souls with the Holy
Spirit as did Mary at the
Incarnation

The Legion of Mary
inspires legion mem-
bers to pray daily.
Having prayed, Legion
members may want to
become active and
evangelize others.

Are You Called?

BLESSED POPE JOHN PAUL II



"From Mary we learn to surrender
to God's Will in all things.
From Mary we learn to trust
even when all hope seems gone.
From Mary we learn to love
Christ her Son and the Son of God!"

Shame, Blame, and Name

It is not my problem and its not my fault!

Naming the other while shaming them for the problem, stating: Someone did it to me! This mindset rejects responsibility and blames the other, .

Looking for someone or something else to blame creates a greater problem that grows and produces fruits of irresponsibility, irrationality, and ultimately instability. We lose our center and our focus and create dissonance: a false reality. I could never be the problem!

Rejecting responsibility, rooted in pride, we fear failure whether we caused the failure or not. Shame seeks protection from failing and shame disowns what happened or happens to me, or what I happened to do. A false subjectivity develops protecting ourselves from suffering the embarrassment and humiliation that arises in life.

Whether the disgrace comes from another or from myself, shaming and blaming never cures the indignity. Naming it; owning it does.

Reconciling ourselves with the indignities that humanity causes forgives first. Forgiving ourself for our mistakes proceeds by taking ownership of our personal actions. Restoring our dignity must begin for sin, shame, or indignity defiles and degrades the beauty and sacredness of which we partake.

Mary partook fully in the beauty of grace becoming the sacred vessel of divine life. She, a vessel of clay, became the chalice of our salvation, the unblemished and immaculate conception through which shame and blame have changed becoming the source our majesty and dignity.

NEVER BLAME

another person for your
personal choices —
you are still the one
who must live out the
consequences of your choices.

— Caroline Myss

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Heidi M. Holmes, J.D., LL.M
Monroe Catholic High School Class of 2000

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Fairbanks, AK 99701 heidi@averettholmes.com

WANTED
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