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ST. CADOC'S R.C. CHURCH
WEEKLY BULLETIN
Third Sunday in Ordinary Time
SUNDAY OF THE WORD OF GOD
 Year A **22nd January 2023**



JOIN CANON EDDIE
 for live-streamed Holy Mass
Sundays at 10am

[Available on Parish website/ YouTube](#)

OPEN CHURCH Due to the rising costs of heating and lighting it is not possible to have the church opened outside of Mass/Service times. Please know that the church will be open at least one hour before all Masses or Services to allow for some private prayer. Thank you for your understanding.

SICK LIST As a parish community we pray for those who are sick at Mass. Your prayers have been appreciated by the recipients and their families who made the request. It would be helpful for all of us to know the present state of each person's wellbeing. Please contact Canon Eddie with an update.

CHILDREN'S LITURGY Children (pre-school year - Primary 4 incl) are eligible to attend. We are also looking for volunteers to assist with this special Ministry. If you are interested or wish to find out more about what's involved please contact: Catherine Senior (Tel. 07555 094304, or by email: c.m.senior@talk21.com) for further information. It should be noted that anyone working with children in the Parish must be a PVG scheme member and it is also mandatory that volunteers attend a child protection training meeting. This process can be easily arranged through the Diocese.

CHILDREN'S ROSARY GROUP:
 Next date: **3rd February 2023**
 For more information, please contact Sile Hessett - 07882037314.

SOLACE Bereavement Support Group was formed from the Parish Pastoral Council to support families in a time of bereavement. Working closely with the Parish Priest and the family - for as long as they are needed - the Group offers advice on what to do when a loved one dies especially in relation to the planning and preparing for the celebration of the funeral liturgies. If you wish to contact SOLACE, please call 0141 6391073.

**HOLY MASS and
THE SACRAMENTS**

HOLY MASS

Monday – Friday at 10am
 Saturday (Vigil) – 4pm
 Sunday – 10am and 12 noon

Holy Days of Obligation:

6.30pm Vigil and 10am

Live-streamed Mass: Sundays only at 10am

RECONCILIATION

Saturday 10.30-11.30am

FUNERALS

*Requiem Masses will be live-streamed
only if requested by the Families.*

BAPTISM

Sundays at 1.30pm

MARRIAGE

By arrangement.

(Marriage preparation required.)

**Public recitation of the Rosary
each morning before Mass
at 9.30am Monday to Friday**



*Please pray for the victims of the war in
Ukraine. Please remember in your
prayers those who have asked for our
prayers -*

For those who are sick:

Anne Coates, Bill Reed, Ina Kelly,
 Ian Monan, Patricia Sweeney,
 Adrienne Heggarty, Ian Hay,
 John Caldwell, Eilis O'Neill,
 Helen Gilliland, Esperanza Cuisak,
 Rosemary Lorenzelli, Br. Tom Boyd,
 Bobby Little, Joseph Jin,
 Betty Kennedy (Mulhern) & Kathleen Hogan.

Our Lady of Lourdes, pray for them.

For those who died recently:

Mary MacIntyre, John Phillips,
 Betty Burns and Drew Bridges.

Requiescant in Pace

**For those whose anniversaries occur at
this time:**

Sean Fallon, Daniel McKay,
 Georgina Arnell, Mary Beatie,
 Elizabeth Wightman, Della Chambers,
 Annie Savage, Betty Flanagan, Joan
 Cowan & Msgr. Rocco Vallani.

Requiescant in Pace

WEEKLY COLLECTIONS:

Many thanks for your continued support of the Parish through Standing Orders, Direct Debits, Pay Portals, envelopes and the basket in the porch of the church. *These continue to be difficult times for everyone financially so please simply give what you can. Your financial support is always very much appreciated and more so given the on-going impact of Covid-19 on our lives.* Canon Eddie
 QR code - linked to our Parish PAYA Charity On-line Giving page: You may find it more convenient to scan our QR code so that you can use your phone to take you straight to the donation page



VOTIVE CANDLES All offerings received from the candles will be donated to the Parish Ecclesiastical Students Fund to support the education and formation of our student priests.

WARM PLACE St Cadoc's **Pastoral & Social Centre will be open every Friday afternoon from 2.30pm – 4.30pm** to offer a warm, safe place to meet. Tea, coffee, juice and biscuits will be available. Join us for a chat, activities (eg playing cards, puzzles etc) or simply to enjoy a quiet area. **All welcome.**

TUESDAY COFFEE MORNINGS for MARY'S MEALS (after 10 am Mass).

Parish Pastoral Council Keep up to date with what's happening in the Parish. Minutes of the PPC meetings are available to read/download on Parish web.

SUPPORT for UKRAINIAN

REFUGEES SCIAF have collated a selection of ways to help people in or fleeing Ukraine during this terrible time. Please visit www.sciaf.org.uk for more details. Information is also available to read/download on our web (SCIAF page).

FEASTS of the WEEK

Sun 22 nd	Third Sunday in Ordinary Time <i>Sunday of The Word of God</i>
Mon 23 rd	
Tues 24 th	St. Frances de Sales
Wed 25 th	Conversion of St. Paul
Thurs 26 th	Sts. Timothy & Titus
Fri 27 th	St. Agnes Merici Holocaust Memorial Day
Sat 28 th	St. Thomas Aquinas

Click on this page to access more news/events

Special Collection - Sick and Retired Clergy 22nd January 2023

We remember our Sick & Retired Priests of the diocese with great love and affection. We have thirteen retired priests, still active in prayer and witness: one living in Rome, five in houses throughout the diocese, three in parish presbyteries, and two at the Residence of the Little Sisters and two in Chile. We thank God for the gift of these priests and keep them in our prayers. In 2021 our two special collections and Friends Campaign raised £47,513 which represents 33% of our expenditure of £144,938 i.e. a shortfall of £97,425, which was met by the Sick & Retired Priests Investment income.

DOUBLE THE LOVE From **1st November 2022 to 31st January 2023** donations made to Mary's Meals will be doubled by a group of generous supporters, up to £1.5million. ***It costs just £15.90 to feed a child for a whole school year!***

ST. CADOC'S SSVP *Thank you for your support and generosity.*

If you or someone you know would benefit from either a visit or financial assistance, please phone us. Alternatively, please contact Canon Eddie and he will give your details to us; or speak to us after Mass.

To contact a member of the Society, please phone **07561 640489**.

If you would like to join the St Cadoc's SSVP Conference please phone or speak to us or Canon Eddie.

More information and photos on our SSVP page - the Parish web.

SCIAF APPEALS Should you wish to make further donations please visit: www.sciaf.org.uk Thank you for your support; please pray for all who work for SCIAF and all whom they help.

BURNS SUPPER & CEILIDH – **Friday 27th January beginning PROMPTLY at 7.30pm.** Donation of £15 includes a two-course dinner and an evening of fun - with a flavour of Burns; highland dancing performance; and dancing to a ceilidh band! **TICKETS ON SALE AFTER ALL MASSES EITHER IN THE PORCH, OR IN THE HALL (AFTER THE 10AM AND 12 NOON MASSES).** This is the first major social event from our recently formed Social Committee, please give them your full support. It will be a Bring Your Own Bottle - cheers! Further information and tickets are available from Catherine Senior (07555 094304), or any member of the Social Committee. Look forward to seeing you there.

PARISH SOCIAL COMMITTEE - SUNDAY MORNING TEAS/COFFEES **Now Being Served!** You are welcome to join us in the Pastoral & Social Centre for tea/coffee **following the 10am and 12 noon Masses.** Why chat outside in the cold with family, friends and parishioners, when you could be enjoying a lovely tea or coffee and a 'blether' in the warmth of the Pastoral & Social Centre? Please come along and support this new venture. The cost of tea/coffee will be by voluntary donation, with all proceeds going to the Diocesan Ecclesiastical Students fund. It costs £35,000 per year, per student, so any donations received will undoubtedly help towards training our future priests. Thank you to all of you who have so kindly volunteered to assist with the Teas/Coffees following the Sunday morning Masses. For more details, please contact: Catherine Senior on: c.m.senior@talk21.com or on: 07555 094304.

Thank you to all the volunteers who came along to our informal meetings last Sunday. It was great to see everyone so enthusiastic and eager to start serving teas & coffees! You should all, by now, have received an email with the rotas and relevant information. In addition, you should also have received an invitation to join either the 10am or 12 noon Mass "WhatsApp" Group, to ease communication between volunteers. If you have not received this information, please contact Catherine Senior by email: c.m.senior@talk21.com or on: 07555 094304. **It is still not too late to volunteer! We could do with more volunteers, especially for the 12 o'clock Mass.** If you wish to help, please contact Catherine Senior for further information.

JUSTICE & PEACE: St. Cadoc's links with Eastwood Ecumenical Peace & Justice Forum. Latest news available to read/download on Parish web (*Home/ Justice & Peace* pages).

EAST RENFREWSHIRE FOODBANK

St. Cadoc's is a **Collection Point for the East Renfrewshire Foodbank.** Items can be placed in the trolley provided at the entrance to the church. For further information about the Foodbank, please contact **Agnes Brown on 07803052132.**

COMMUNITY COUNCIL for Newton Mearns/Westacres/Crookfur. This is a committee formed just few months ago. We meet every **1st Wednesday of the month at 7pm**, Albertslund Community Hall at Westacres, G77 6WW. We would like to invite anyone living in the area to attend the meetings and take part in making our Community a better place for all. The agenda and minutes are available in East Renfrewshire website.

A leaflet, compiled by a parishioner of St. James' Parish, Renfrew, has information on help and support for those struggling with the rising cost of living and help available in Renfrewshire. Copies available in the church and on Parish web (Faith in Action/Here for You page...)

LOST PROPERTY – A necklace was found after one of the Christmas Masses. It is now available for collection from Canon Eddie.

AROUND OUR DIOCESE

LIVE STREAM MASSES: Services can be accessed via the Diocesan website: www.rcdop.org.uk

Also, to hear Canon Stephen's **DIAL-A-MASS:** **telephone 0141 473 4869**. Mass is recorded daily around 10am and is available to listen to anytime.

DIVINE MERCY MONTHLY MASS & DEVOTIONS *The next Mass will be on Wednesday 25th January 2023 at 7 p.m. in St. Mary's, Paisley.* Mass will be celebrated by Father Sean Cunney.

THE WHITE MASS for Catholic Healthcare Professionals and the intention of healthcare work in Scotland will take place on **Sunday 12th February 2023 at 11am in St. Mirin's Cathedral** and will be celebrated by Bishop John. There will be a reception in the Diocesan office foyer following the Mass. **Please RSVP if attending the Reception** and for more details please email: scottishcma@gmail.com

THINK VOCATION "Follow me and I will make you fishers of men." Is Jesus making the same invitation to you to leave everything in order to serve him and his people? Speak to our local Vocations Director, Fr. John Morrison tel: 0141 889 2602 or email vocations@rcdop.org.uk

Diocese of Paisley Safeguarding Thought for January 2023

The Gospel invites us to respond to the God of love who saves us, to see God in others and to go forth from ourselves to seek the good of others." Pope Francis

CHURCHES TOGETHER: Praying for Christian Unity **18th—25th January 2023** ; For more information, visit [Week of Prayer for Christian Unity 2023 \(ctbi.org.uk\)](http://Week of Prayer for Christian Unity 2023 (ctbi.org.uk))

SAFEGUARDING TRAINING – PART ONE – Church Volunteers- on: **Tuesday 7th March 2023 at 7pm in the Diocesan Offices**, Paisley. As part of the safe recruitment procedures for the Catholic Church in Scotland, new volunteers undertaking regulated work should complete an application form for their role, apply to become a member of the PVG scheme and attend Safeguarding Part One Training. If you would like to attend this training session, please contact SarahJane Colhoun on 0141 847 6138 /safeguardingadmin@rcdop.org.uk

REMINDER: Safeguarding Training - PART TWO – CANCELLED

Please note that the Part Two training session arranged for **Tuesday 7th February 2023** in St. Mary's, Greenock has been cancelled.

SAFEGUARDING MATTERS: REPORT OF THE SCIE AUDIT - August 2022 - is available to read/download on our Parish web and at: [Diocese of Paisley | Social Care Institute for Excellence Independent Audit of Safeguarding in the Diocese of Paisley August 2022 | Paisley, UK \(rcdop.org.uk\)](http://Diocese of Paisley | Social Care Institute for Excellence Independent Audit of Safeguarding in the Diocese of Paisley August 2022 | Paisley, UK (rcdop.org.uk))

Safeguarding Training Video for New Volunteers is available to view on our Parish web.

Safeguarding Newsletter The most recent issue of *Safeguarding Matters*, the newsletter of the Scottish Catholic Safeguarding Standards Agency which can be found on our Diocesan website www.rcdop.org.uk

SYNOD 2021-2024 The Papal Synod timeline has now been extended, by a year, to 2024. The document for the Continental Stage has now been published and is available on the Diocesan website homepage. This will be the focus of the European Assembly in February 2023. Please send any comments to Synod23@rcdop.org.uk

YOUNG ADULTS' PILGRIMAGE TO LOURDES The Diocesan Office for Pastoral Formation of Young Adults is organising a pilgrimage to coincide with the Diocesan and Youth to Lourdes pilgrimages in 2023, from **30th June until 7th July**. The cost will be a maximum of £500 per person. If you're aged 18-35 and would like to know more, or if you would like to register your interest, please email Fr Ryan (ryan.black@rcdop.org.uk) or Fr Joe (joe.mcgill@rcdop.org.uk). **Deposits of £100 should be paid before the end of January 2023.**

COMMUNICATIONS COMMISSION The Diocesan Communications Commission (which meets every 2-3 months) is responsible for all Diocesan communications, to ensure a frequent, consistent and synodal message. We wish to increase the number of representatives, especially recruiting people who are/have been engaged in media & communications.

If interested, or want more information, please contact Canon Danny McLoughlin at standrew@rcdop.org.uk.

FIRST FRIDAYS FOR LIFE Will you fast and pray every First Friday for Life? Bishop John invites you to fast and pray on the First Friday of each month to protect the unborn child and the flourishing of the Pro-Life movement so that our society will build an authentic culture of life. Join your priests throughout the Diocese (October '22 – July '23) for a Novena of Masses on the First Fridays as we pray for life! All dates/venues (see below) are also available on our Parish web (Pro-Life page)

2022

7th October - St Mirin's Cathedral, Paisley

4th November - St Joseph's, Clarkston

2nd December - St Laurence's, Greenock

2023

6th January - St John's, Barrhead

3rd February - St Francis', Port Glasgow

3rd March - Little Sisters of the Poor, Greenock

7th April - Good Friday

5th May - St Mary's, Paisley

2nd June - St Aidan's, Johnstone

7th July - St Joseph's, Greenock

The format of each evening is as follows: Mass of the day is to be offered at 7pm by the Parish Priest for the Pro-Life Movement. Adoration & Confessions before Mass *if possible*.

FIRST SATURDAY FATIMA DEVOTIONS Join us in St Mirin's Cathedral or online from 8am for Mass, Adoration, Rosary, Scriptural Meditation and Simple Benediction. Holy Mass will be celebrated at 10am followed by the opportunity for the Sacrament of Reconciliation. STREAM LINK: <https://www.rcdop.org.uk/events/first-saturday-fatima-devotions>

YOUTH TO LOURDES 2023 Our pilgrimage returns this summer. In s3-s6? Do you wish to serve others? Learn more about your faith? Meet other young people? If so, then Youth to Lourdes could be for you. This year the pilgrimage will leave Scotland on Thursday 29th June 2023. We will arrive in Lourdes on Friday 30th June. We will arrive back in Scotland on Friday 7th July 2023. The pilgrimage costs £650. Want to know more? Contact Fr. John Morrison tel: 01418895056 or email vocations@rcdop.org.uk or follow us on Instagram, Facebook and Twitter.

Knights of St Columba: Faith, Family and Fraternity – A Call to Service: Are you interested in supporting our clergy, serving in our parishes, helping the needy and developing your personal and family faith with likeminded men, and much more, and if you are a man aged 16 or over, the Knights of St Columba could be your answer. Province 1 of the KSC is recruiting in the Diocese of Paisley. For more information on how to join Britain's largest Catholic laymen's organisation, phone John O'Donnell on **07854 886425** or email: pgk@glasgow.ksc.org.uk. Serving God by Serving Others for over 100 Years.

NATIONAL YOUNG PEOPLE'S COMPETITIONS The Knights of St. Columba have organised National competitions for young people. All details can be found at <https://tinyurl.com/KSCYoungPeopleCompetition2023> **Details also available to read/download on our Parish web.**

Adam's House, Johnstone Are you able to care for people with dementia at Adam's House? The Adam's House residents need the care of other human beings who can sit with them, be patient with them and see beyond the dementia to the person that they are, helping them to live in a happy and nurturing environment. For further details for working as a carer, domestic or office staff member, please contact Marjory at Adam's House on 01505 337 322 or email: marjory.perrit@crossreach.org.uk

Paisley Diocese supports Setting Out on the Road The course which leads to the award of the Catholic Teacher's Certificate (CTC) enabling the recipient to teach Religious Education in the Catholic school. It is taught by the St Andrew's Foundation for Catholic Teacher Education at the University of Glasgow. Setting Out on the Road is for qualified teachers who have not yet obtained their CTC. If you have applied to Glasgow University for this course, the cost is fully refunded by the diocese on completion of the course and by attending bishop John's Monthly support seminars. For seminar dates please contact Marianne Boland by emailing curia@rcdop.org.uk

Marriage and family webpage The Diocese has a dedicated page on the website for Marriage and Family life. It contains a wealth of information, support and resources for many aspects of this important vocation. For more information please visit <https://rcdop.org.uk/marriage-family-life-2>

Marriage Counselling Service: Our Diocese has a Counselling Service for Catholics Married in the Catholic Church with our dedicated Catholic Marriage Counsellor. If you are concerned about your relationship and feel you are both unable to reach a conclusion alone, it is likely that you will benefit from marriage counselling. The counsellor is there to maintain a neutral, non-judgmental position. For information or advice please email in confidence: counselling@rcdop.org.uk
Please note that the updated telephone number for the marriage counselling service in our Diocese is now: **07706 063936**

FUNDRAISING for HCPT 2022/23.

The published book, *Celtic Minded 5* (£15), is being sold from some parish stalls to allow around £5 of its proceeds to help local HCPT Lourdes funds (with 25% also going to the Celtic FC Foundation charity). Several chapters have a particularly Catholic and religious focus (schools, community, charity, ethos, heritage), including from Bishop John who reflects on Celtic's Catholic roots and their meaning for the Church today. If you can take a box (26 copies) or can use contacts to help raise money to send kids and helpers to Lourdes this coming July and at Easter 2023, please contact Dr Joe Bradley, editor, at jmbradleyresearch@gmail.com

WARNING – SCAM EMAILS Pretending to be from Parish Priests or Diocese

All Parishioners should be aware there have been a number of scams email pretending to be from Parish Priests, asking for payments to be made or for vouchers to be purchased on behalf of the priest. The latest emails are not from our official @rcdop.org.uk domain but even if they appeared to be - **DO NOT RESPOND to the emails.** Our Diocesan policy is that we will never email you to make any purchase or bank transfer on our behalf. If you do get such an email, please contact your Parish Priest preferably by phone or create a **new** email to the Parish (i.e. do not reply to the one you received). A good general principle is that you do not respond to unsolicited emails.

FURTHER AFIELD

RECONCILIATION & HEALING SERVICE in St. Columbkille's Parish Hall (Kirkwood Street Rutherglen G73) **at 2.30pm on Sunday 5th February.** Speakers, Rev Jonathan Whitworth and Joe Livingston. Theme: Finding Forgiveness. All welcome.

Valentine's Retreat 2023

This free half-day retreat offers couples a chance to reflect on their love and commitment to each other, to God and to their community. It will be led by Annette and Paul O'Beirne, of Equipes Notre-Dame - Teams of Our Lady, which supports married couples in their vocation. They will share some of the stories and tools gathered over their 42 years together. The retreat takes place from **2-5pm on Saturday 11 February in the Gillis Centre**, 100 Strathearn Road, Edinburgh, EH9 1BB (free parking onsite).

Register at bit.ly/valentineretreat

CHRISTIAN HERITAGE CENTRE: Short courses/ongoing training in Catholic theology and philosophy

The CHC's Faith & Reason series of short courses is particularly aimed at senior leaders, teachers and catechists seeking to develop their understanding of the Church's vision in today's society.

Further information & booking: <https://christianheritagecentre.com/events/faith-and-reason-2/>

THEODORE HOUSE: a venue for retreat and R&R The CHC's residential facility, Theodore House, is open to the public and offers B&B stays for individuals and small groups, as well as a unique venue for retreats, conferences and meetings. Superb value with comfortable and modern amenities on the beautiful Stonyhurst estate in the heart of the Ribble Valley.

Contact manager@theodorehouse.com for enquiries.

RETROUVAILLE: A Programme for Couples Struggling in their Marriages **Help Your Marriage** – Do you feel alone? Are you frustrated or angry with each other? Do you argue ... or have you just stopped talking to each other? Does talking about it only make it worse? Retrouvaille is a programme to support couples who have difficulties in their marriage. It brings a positive focus, new hope and helps nourish and grow your marriage. Tens of thousands of couples headed for divorce have successfully saved their marriages by attending and using the tools provided. The programme helps spouses uncover or re-awaken the love, trust and commitment that originally brought them together. It helps them through difficult times whether they are disillusioned or in deep misery. There is no group therapy or group work. For confidential information about 'Retrouvaille' or to register for a **Face to Face weekend in Welwyn Garden City on 24 - 26 February 2023**, call or text 07887 296983 or 07973 380443 or email retrouvailleukinfo@gmail.com - or visit www.retrouvaille.org.uk

ON-LINE

HOLOCAUST MEMORIAL DAY (HMD), established in 2000, is marked each year on **27th January** – the anniversary of the liberation of the Nazi concentration and death camp Auschwitz-Birkenau. On and around this day, schools, communities and faith groups across the UK join together in national and local events to commemorate the victims of the Nazis and their collaborators and of more recent genocides, and to consider the contemporary relevance of the Holocaust. Each year HMD has a different theme, decided by the Holocaust Memorial Day Trust, as a focus for educational and commemorative events. **The theme for 2023 is Ordinary People.** This theme particularly invites us to consider persecuted people as ordinary people. The Holocaust Educational Trust is a registered charity in England and Wales (1092892) and in Scotland (SC042996). For more information, visit: [Holocaust Educational Trust - HMD 2023 \(het.org.uk\)](http://HolocaustEducationalTrust-HMD2023.het.org.uk)

COMMUNITY CIRCLE OF PRAYER

Every Friday evening people gather on-line **at 7pm** for this half hour event simply consists of a little music, some readings and the opportunity to share our prayer petitions and support others in theirs.

Why not spend half an hour with us this Friday in community and fellowship? You would be most welcome! To join please use the access the **Zoom link** via [Diocese of Paisley | Community Circle of Prayer | Paisley, UK \(rcdop.org.uk\)](https://dioceseofpaisley.org.uk/community-circle-of-prayer/)

DEFEND PRO-LIFE VIGILS The Abortion Services (Safe Access Zones) Bill will soon be in Holyrood. *It will be illegal to "influence or persuade a person concerning their access to or employment in connection with abortion services". This would prevent women being offered help outside clinics. It would even prevent a family member or social worker expressing an opinion to a woman about her abortion. *People will be criminalised for "persistently, continuously, or repeatedly occupying a safe access zone" - so even silent prayer would not be allowed. *Anyone taking part in a Pro-Life vigil (i.e. Catholics) in Scotland would be subject to a six-month jail sentence for a first offence, and to two years for subsequent breaches. Please email your MSP about this attack against the civil rights guaranteed by the European Convention on Human Rights - "Say no to buffer zones" Please visit the SPUC website for a detailed critique.

RIGHT TO LIFE:

Links via which you can register your views on current concerns. *It only takes 30 seconds using the easy tool provided:*

[Genocide Response campaign website](https://genocideresponse.org.uk/) <https://righttolife.org.uk/StopAssistedSuicide> www.righttolife.org.uk/FetalPainMotion
www.standupandsmile.org.uk/ / [Equally Human](http://EquallyHuman.org.uk/) <https://carenotkilling.scot/>

JUSTICE & PEACE:

For information about issues of social justice, and to keep up to date with current campaigns, follow Justice & Peace Scotland on Facebook, Twitter and Instagram or check out the website, www.justiceandpeacescotland.org.uk If you wish to be more involved in the work of justice and peace email office@justiceandpeacescotland.org.uk. The staff will be willing to help you in any way they can. At the moment the office is closed and staff are working from home, Mon to Weds.

FOUR STEPS TO FREEDOM in Tanzania.

Can you buy some lovely home and garden plants and help free Tanzania from 1,500 death from rabies each year? This local Scottish based charity helps fund vaccination of the dog populations and saving may human lives, as well as reducing animal cruelty due to fear and mistrust of dogs. Every £2.50 you spend vaccinates one dog. For more information just email Phyllis@fourstepstofreedom.org.uk search www.fourstepstofreedom.org.uk

FAMILY ROSARY BOOK We invite all families to make a special pledge: to pray the family rosary at home every day. Family Rosary books have been specially commissioned and printed to guide families in this simple devotion. Please visit: www.marriagefamilylife.org/books

PLAYLIST FOR LIFE

Promoting the use of personal music for those living with Dementia. This can be a lifeline and can make living with Dementia easier and happier. They are currently building a network of Playlist for Life Help Points in the Renfrewshire community. If you are interested in free resources that might benefit those living with Dementia and/or their family/carers? By signing up they will send out the pack of resources and also offer places on their free eLearning. To find out more - <https://www.playlistforlife.org.uk/apply-help-point/>

WEST SCOTLAND BSL: SIGN LANGUAGE CLASSES IN RENFREWSHIRE

Are you interested in learning some basic British Sign Language skills? We are running various classes in Renfrewshire and the surrounding area. If you would be interested in joining us in a fun, safe and relaxed environment, you will get the chance to work with our Deaf BSL tutor Graham and Communication support worker David who will ensure flowing communication all round. You will learn about the basics of this beautiful language while finding out much more about deaf culture. All you have to do is follow us on Facebook or Twitter. Or simply email us at westscotlandbsl@gmail.com so we can keep you up to date on the next block of classes.