Parish Priest: Canon Edward D. Cameron Address: 24 Fruin Avenue, Newton Mearns G77 6HA

Phone: **0141 639 1073**

Email: stcadoc@rcdop.org.uk

Web: www.stcadocsrcparish.org.uk Facebook: @stcadocscatholicchurch Scottish Charity Number: SCO 013514



ST. CADOC'S R.C. CHURCH WEEKLY BULLETIN

First Sunday of Lent Year A 26th February 2023

JOIN CANON EDDIE for live-streamed Holy Mass Sundays at 10am

Available on Parish website/ YouTube

FIRST WEEK OF LENT

Mon 27th Feb - Sat 4th March Join Canon Eddie each morning at 9.30am to celebrate the Season of Lent.

MONDAY—THURSDAY

Rosary at 9.15am Adoration & Prayers at 9.30am Mass at 10am

FRIDAY

Reflection on Way of the Cross at 9.30am.

> Mass at 10am. **SATURDAY**

Reconciliation: 10.30am -11.30am.

CHILDREN'S LITURGY Children

(pre-school year - Primary 4 incl) are eligible to attend. We are also looking for volunteers to assist with this special Ministry. If you are interested or wish to find out more about what's involved please contact: Catherine Senior (Tel. 07555 094304, or by email: c.m.senior@talk21.com) for further information. It should be noted that anyone working with children in the Parish must be a PVG scheme member and it is also mandatory that volunteers attend a child protection training meeting. This process can be easily arranged through the Diocese.

SOLACE Bereavement Support

Group was formed from the Parish Pastoral Council to support families in a time of bereavement. Working closely with the Parish Priest and the family - for as long as they are needed – the Group offers advice on what to do when a loved one dies especially in relation to the planning and preparing for the celebration of the funeral liturgies. If you wish to contact SOLACE, please call 0141 6391073.

THE WHITE FLOWER APPEAL

will be given next week at all Masses (4th/5th March) by a guest from SPUC.

HOLY MASS and THE SACRAMENTS

HOLY MASS

Monday - Friday at 10am Saturday (Vigil) - 4pm Sunday – 10am and 12 noon Live-streamed Mass: Sundays only at 10am

Holy Days of Obligation: 6.30pm Vigil and 10am

RECONCILIATION Saturday 10.30-11.30am

FUNERALS Requiem Masses will be live-streamed only if requested by the Families.

BAPTISM

Sundays at 1.30pm **MARRIAGE**

By arrangement. (Marriage preparation required.)

Public recitation of the Rosary each morning before Mass at 9.15am Monday to Friday during Lent.



Please pray for the victims of the war in Ukraine. Please remember in your prayers those who have asked for our prayers -

For those who are sick:

Anne Coates, Bill Reed, Ina Kelly, Eilis O'Neill, Patricia Sweeney, Adrienne Heggarty, Helen Gilliland, Esperanza Cuisak, Joseph Jin, Rosemary Lorenzelli, Br. Tom Boyd, Ian Hay, Bobby Little, Betty Kennedy (Mulhern), Kathleen Hogan, Kate Cafferkey, Vivian Montgomery, Blythe Winning & Marilyn Shearer.

Our Lady of Lourdes, pray for them.

For those who died recently:

Nan Black, John Cooper, Jean Howell & Colin Brockett. Requiescant in Pace

For those whose anniversaries occur at this time:

Gerry & Teresa Farmer, Robert Gray, Anne Devine, Patrick & Michael Duffy, Maria D'Ambrosio, Robin Oliphant, Mark Matthews & Mary McVey.

Requiescant in Pace

WEEKLY COLLECTIONS:

Many thanks for your continued support of the Parish through Standing Orders, Direct Debits, Pay Portals, envelopes and the basket in the porch of the church. These continue to be difficult times for everyone financially so please simply give what you can. Your financial support is always very much appreciated and more so given the on-going impact of Covid-19 on our lives. Canon Eddie OR code - linked to our Parish PAYA Charity On-line Giving page: You may find it more convenient to scan our QR code so that you can use your phone to take you straight to the donation page

VOTIVE CANDLES All offerings received from the candles will be donated to the Parish Ecclesiastical Students Fund to support the education and formation of our student priests.

CHILDREN'S ROSARY GROUP:

Next date: 3rd March 2023

For more information, please contact Síle Hessett - 07882037314.

WARM PLACE St Cadoc's Pastoral & Social Centre will be open every Friday afternoon from 2.30pm - 4.30pm to offer a warm, safe place to meet. Tea, coffee, juice and biscuits will be available. Join us for a chat, activities (eg playing cards, puzzles etc) or simply to enjoy a quiet area. All welcome.

TUESDAY COFFEE MORNINGS for MARY'S MEALS (after 10 am Mass). Parish Pastoral Council Keep up to date with what's happening in the Parish. Minutes of the PPC meetings are available to read/download on Parish web. SUPPORT for UKRANIAN

REFUGEES SCIAF have collated a selection of ways to help people in or fleeing Ukraine during this terrible time. Please visit www.sciaf.org.uk for more details. Information is also available to read/download on our web (SCIAF page).

FEASTS of the WEEK

Sun 26 th	First Sunday of Lent
Mon 27 th	St. Gabriel
Tues 28th	St. Oswald
Wed 1st	St. David
March	
Thurs 2 nd	
Fri 3 rd	FIRST FRIDAY
Sat 4th	FIRST SATURDAY

Click on this page to access more news/events

<u>OPEN CHURCH</u> Due to the rising costs of heating and lighting it is not possible to have the church opened outside of Mass/Service times. Please know that the church will be open at least one hour before all Masses or Services to allow for some private prayer. Thank you for your understanding.

<u>SICK LIST</u> As a parish community we pray for those who are sick at Mass. Your prayers have been appreciated by the recipients and their families who made the request. It would be helpful for all of us to know the present state of each person's wellbeing. Please contact Canon Eddie with an update.

ST. CADOC'S SSVP Thank you for your support and generosity.

Syria /Turkey Earthquake Relief – FEBRUARY 2023 We counted just over £970 in the SSVP Boxes. An excellent result! We will top it up to £1000 and add a further £1000 from our existing funds. A cheque for £2000 will be sent to SCIAF on behalf of St. Cadoc's Parishioners.

If you or someone you know would benefit from either a visit or financial assistance, please phone us. Alternatively, please contact Canon Eddie and he will give your details to us; or speak to us after Mass.

To contact a member of the Society, please phone 07561 640489.

If you would like to join the St Cadoc's SSVP Conference please phone or speak to us or Canon Eddie.

More information and photos on our SSVP page - the Parish web.

<u>PIONEER TOTAL ABSTINENCE ASSOCIATION</u> – Invite you to take part in a short-term pledge for Lent. Information is available on the table beside the hymn books. Visit: www.pioneerassociation.ie

<u>SCIAF APPEALS</u> Should you wish to make further donations please visit: <u>www.sciaf.org.uk</u> Thank you for your support; please pray for all who work for SCIAF and all whom they help.

ST. PATRICK'S NIGHT FAMILY CEILIDH on Friday 17th March 2023 at 7.30pm in the Pastoral & Social Centre. Tickets NOW available after Mass. Adults £5 BYOB; CHILDREN £2. Dancing & fun for all! Don't miss out!

PARISH SOCIAL COMMITTEE - SUNDAY MORNING TEAS/COFFEES Now Being Served! You are welcome to join us in the Pastoral & Social Centre for tea/coffee following the 10am and 12 noon Masses. Why chat outside in the cold with family, friends and parishioners, when you could be enjoying a lovely tea or coffee and a 'blether' in the warmth of the Pastoral & Social Centre? Please come along and support this new venture. The cost of tea/coffee will be by voluntary donation, with all proceeds going to the Diocesan Ecclesiastic Students fund. It costs £35,000 per year, per student, so any donations received will undoubtedly help towards training our future priests. Thank you to all of you who have so kindly volunteered to assist with the Teas/Coffees following the Sunday morning Masses. For more details, please contact: Catherine Senior on: c.m.senior@talk21.com or on: 07555 094304.

<u>Thank you</u> to all who have volunteered to assist. You should all, by now, have received an email with the rotas and relevant information. In addition, you should also have received an invitation to join either the 10am or 12 noon Mass "WhatsApp" Group, to ease communication between volunteers. If you have not received this information, please contact Catherine Senior by email: c.m.senior@talk21.com or on: 07555 094304. It is still not too late to volunteer! We could do with more volunteers, especially for the 12 o'clock Mass. If you wish to help, please contact Catherine Senior for further information.

<u>JUSTICE & PEACE</u>: St. Cadoc's links with Eastwood Ecumenical Peace & Justice Forum. Latest news available to read/download on Parish web (*Home/Justice & Peace* pages).

EAST RENFREWSHIRE FOODBANK

St. Cadoc's is a Collection Point for the East Renfrewshire Foodbank. Items can be placed in the trolley provided at the entrance to the church. For further information about the Foodbank, please contact **Agnes Brown on 07803052132**.

<u>COMMUNITY COUNCIL</u> for Newton Mearns/Westacres/Crookfur. This is a committee formed just few months ago. We meet every 1st Wednesday of the month at 7pm, Albertslund Community Hall at Westacres, G77 6WW. We would like to invite anyone living in the area to attend the meetings and take part in making our Community a better place for all. The agenda and minutes are available in East Renfrewshire website.

A leaflet, compiled by a parishioner of St. James' Parish, Renfrew, has information on help and support for those struggling with the rising cost of living and help available in Renfrewshire. Copies available in the church and on Parish web (Faith in Action/Here for You page...)

FACEBOOK (St. Cadoc's) Due to technical difficulties this facility is no longer available.

Details of the latest news/events can be accessed on the Parish website and via the Parish Bulletin.

AROUND OUR DIOCESE

LIVE STREAM MASSES: Services can be accessed via the Diocesan website: www.rcdop.org.uk

Also, to hear Canon Stephen's <u>DIAL-A-MASS</u>: <u>telephone</u> 0141 473 4869. Mass is recorded daily around 10am and is available to listen to anytime.

Here are the anniversaries of the deaths of our dear priests who have returned to the Lord that their names may be included in the Prayers of Intercession and/or the parish bulletin.

Diocese of Paisley SAFEGUARDING THOUGHT for FEBRUARY 2023

All allegations of abuse are reported to the police. This is in line with the mandatory reporting policy of the Catholic Church in Scotland.

R.C.I.A. - RITE OF ELECTION Those who will be received into full communion with the Church this Easter will register their intent to do so at a Diocesan Rite of Election in St. Mirin's Cathedral on Sunday 26th February (First Sunday of Lent) at 1.30 pm. Please keep them in your prayers.

RELICS of PADRE PIO in SCOTLAND There will be Mass followed by individual blessing with the mit/glove of Padre Pio. 20th March at 7pm in St. John's, Barrhead and 23rd March at 7pm in St. Francis', Port Glasgow.

MASS for FAMILIES with CHILDREN with ADDITIONAL SUPPORT NEEDS: Sunday 5th March at 12pm. in St. Francis' Port Glasgow.

Lent Reflection Day for Primary School Pupils

Sunday 12th March: The Diocese of Paisley will be facilitating a day of reflection and activities for Primary School pupils (p4-7) on **Sunday March 12th** at St. James, 50 Greenock Road, Paisley. **Beginning at 2pm and ending with Dinner at 5.00pm** (collection time 5.30pm), the afternoon will include activities, catechesis and Mass. Pre-booking is recommended but not required. All attendees will be required to bring a completed consent form. These can be collected from Diocesan Primary schools, Parishes or by emailing <u>vocations@rcdop.org.uk</u>. For further information or queries please contact Fr. John Morrison Tel: 01418892026 or e-mail <u>vocations@rcdop.org.uk</u>

<u>YOUNG ADULTS (18-35)</u> The new series of talks, *In God's Image: A Defence of Catholic Moral Teaching*, continues on <u>Wednesday 1st March</u>. In the next talk, You Knitted Me Together in My Mother's Womb, Fr Dan Fitzpatrick will discuss infertility, stem cell research and cloning. <u>Please arrive at the Diocesan Office before 7pm</u>. The talk will be followed by an opportunity to socialise over drinks in a local bar. Details of future talks can be found on Facebook.

SAFEGUARDING TRAINING – PART ONE – Church Volunteers- on: Tuesday 7th March 2023 at 7pm in the Diocesan Offices, Paisley. As part of the safe recruitment procedures for the Catholic Church in Scotland, new volunteers undertaking regulated work should complete an application form for their role, apply to become a member of the PVG scheme and attend Safeguarding Part One Training. If you would like to attend this training session, please contact SarahJane Colhoun on 0141 847 6138 /safeguardingadmin@rcdop.org.uk

SAFEGUARDING MATTERS: REPORT OF THE SCIE AUDIT - August 2022 - is available to read/download on our Parish web and at: Diocese of Paisley | Social Care Institute for Excellence Independent Audit of Safeguarding in the Diocese of Paisley August 2022 | Paisley, UK (rcdop.org.uk)

Safeguarding Training Video for New Volunteers is available to view on our Parish web.

Safeguarding Newsletter The most recent issue of *Safeguarding Matters*, the newsletter of the Scottish Catholic Safeguarding Standards Agency which can be found on our Diocesan website www.rcdop.org.uk

<u>THINK VOCATION</u> "Be holy, for I, the Lord, am holy." All are called to holiness, but there is something privileged in helping others to find that holiness in their lives as a priest, deacon or consecrated person. It could be your way. Speak to our Diocesan Vocations Director, Fr. John Morrison tel: 01418892602 or email: <u>vocations@rcdop.org.uk</u>

DIOCESAN PILGRIMAGE 30th June -7th July 2023. Pilgrimage is open to all. Prices start at £859 Esplanade Eden, (15 min walk to the Domain) £919 for Beau Site (12 min walk to the Grotto) and £984 for the Hotel Padoue. (3 min walk to the Domain, recommended if you struggle with distance). Prices are per person based on 2 people sharing and does not include insurance. (There is an additional single room supplement for each hotel) *If you have a medical condition, or require assistance you should register with the Pilgrimage medical team. You should do this prior to booking with Tangney Tours. Please contact Anne Louise Buchanan on 01475 638132*. To book phone Tangney Tours on 01732 886666 or visit www.tangney-tours.com/paisley

YOUTH TO LOURDES 2023 Our pilgrimage returns this summer. In s3-s6? Do you wish to serve others? Learn more about your faith? Meet other young people? If so, then Youth to Lourdes could be for you. This year the pilgrimage will leave Scotland on Thursday 29th June 2023. We will arrive in Lourdes on Friday 30th June. We will arrive back in Scotland on Friday 7th July 2023. The pilgrimage costs £650. Want to know more? Contact Fr. John Morrison tel: 01418895056 or email vocations@rcdop.org.uk or follow us on Instagram, Facebook and Twitter.

YOUNG ADULTS' PILGRIMAGE TO LOURDES The Diocesan Office for Pastoral Formation of Young Adults is organising a pilgrimage to coincide with the Diocesan and Youth to Lourdes pilgrimages in 2023, from 30th June until 7th July. The cost will be a maximum of £500 per person. If you're aged 18-35 and would like to know more, or if you would like to register your interest, please email Fr Ryan (ryan.black@rcdop.org.uk) or Fr Joe (joe.mcgill@rcdop.org.uk). Deposits of £100 should be paid before the end of January 2023.

St. PATRICK'S LADIES' AFTERNOON St Peter's Parish invite you to a Ladies Afternoon in the Parish Hall on Sunday 12th March from 1—5 pm. Tickets £5. BYOB and snacks. There will be Bingo, a Raffle and Music. To book a ticket please phone Jacqueline on 07591 970069. Raffle prizes will be gratefully received. Thank you.

LENTEN RETREATS in St Bridget's

We are offering two Lenten retreat afternoons on Saturday 11th and 25th March 2023. The retreats will start on both days with lunch at noon and run through until the parish vigil Mass at 6pm. There will be times for short reflections, communal prayer, group discussion, private prayer, and plenty of tea and biscuits! For further information and booking email stbridget@rcdop.org.uk

MARRIAGE PREPARATION COURSES 2023 We are pleased to confirm dates for Marriage Preparation courses in 2023. Each course will consist of an evening in-person session, one evening zoom and one 3-hour workshop, which will be held in the Diocesan centre or Cathedral Hall, depending on numbers. It's worth noting for our couples that the first session will not be available via Zoom for the time being as we felt that in-person yields greater connection and fruit. Couples should be directed to register via the Marriage and Family page on the Diocesan website, or by using this link Diocese of Paisley | MARRIAGE PREPARATION DAY REGISTRATION FORM | Paisley, UK (rcdop.org.uk)

The cost for the course per couple is £30 which includes an information pack, CTS booklet 'Cherish your wedding' and refreshments during the workshop. Once couples have registered we will contact them directly regarding attendance at the course and will send them a certificate of completion. *Rebecca Harrison Marriage and Family Administration Diocese of Paisley FEB/MAR COURSE NOW FULLY BOOKED*

APRIL DATES:

- Part 1: Wednesday 12th April 7.00pm 8.30pm, in person, Theology of the Body
- Part 2: Wednesday 19th April 7.00pm 8.30pm, via Zoom, NFP and the Family
- Part 3: Saturday 29th April 10.00am 1.00pm, in-person, Communication Workshop

AUGUST DATES:

- Part 1: Wednesday 9th August 7.00pm 8.30pm, in person, Theology of the Body
- Part 2: Wednesday 16th August 7.00pm- 8.30pm, via Zoom, NFP and the Family
- Part 3: Saturday 26 August 10.00am 1.00pm, in-person, Communication Workshop

<u>Marriage and family webpage</u> The Diocese has a dedicated page on the website for Marriage and Family life. It contains a wealth of information, support and resources for many aspects of this important vocation. For more information please visit https://rcdop.org.uk/marriage-family-life-2

Marriage Counselling Service: Our Diocese has a Counselling Service for Catholics Married in the Catholic Church with our dedicated Catholic Marriage Counsellor. If you are concerned about your relationship and feel you are both unable to reach a conclusion alone, it is likely that you will benefit from marriage counselling. The counsellor is there to maintain a neutral, non-judgmental position. For information or advice please email in confidence: counselling@rcdop.org.uk
Please note that the updated telephone number for the marriage counselling service in our Diocese is now: 07706 063936

SYNOD 2021-2024 The Papal Synod timeline has now been extended, by a year, to 2024. The document for the Continental Stage has now been published and is available on the Diocesan website homepage. This will be the focus of the European Assembly in February 2023. Please send any comments to Synod23@rcdop.org.uk
COMMUNICATIONS COMMISSION The Diocesan Communications Commission (which meets every 2-3 months) is

responsible for all Diocesan communications, to ensure a frequent, consistent and synodal message. We wish to increase the number of representatives, especially recruiting people who are/have been engaged in media & communications.

If interested, or want more information, please contact Canon Danny McLoughlin at standrew@rcdop.org.uk.

<u>FIRST SATURDAY FATIMA DEVOTIONS</u> Join us in St Mirin's Cathedral or online from 8am for Mass, Adoration, Rosary, Scriptural Meditation and Simple Benediction. Holy Mass will be celebrated at 10am followed by the opportunity for the Sacrament of Reconciliation. STREAM LINK: https://www.rcdop.org.uk/events/first-saturday-fatima-devotions

FIRST FRIDAYS FOR LIFE Will you fast and pray every First Friday for Life? Bishop John invites you to fast and pray on the First Friday of each month to protect the unborn child and the flourishing of the Pro-Life movement so that our society will build an authentic culture of life. Join your priests throughout the Diocese (October '22 – July '23) for a Novena of Masses on the First Fridays as we pray for life! All dates/venues (see below) are also available on our Parish web (Pro-Life page)

2022
7th October - St Mirin's Cathedral, Paisley 4th November - St Joseph's, Clarkston 2nd December - St Laurence's, Greenock

6th January - St John's, Barrhead

3rd February - St Francis', Port Glasgow

3rd March - Little Sisters of the Poor, Greenock

7th April - Good Friday

5th May - St Mary's, Paisley

2nd June - St Aidan's, Johnstone

7th July - St Joseph's, Greenock

The format of each evening is as follows: Mass of the day is to be offered at 7pm by the Parish Priest for the Pro-Life Movement. Adoration & Confessions before Mass if possible.

Knights of St Columba: Faith, Family and Fraternity – A Call to Service: Are you interested in supporting our clergy, serving in our parishes, helping the needy and developing your personal and family faith with likeminded men, and much more, and if you are a man aged 16 or over, the Knights of St Columba could be your answer. Province 1 of the KSC is recruiting in the Diocese of Paisley. For more information on how to join Britain's largest Catholic laymen's organisation, phone John O'Donnell on 07854 886425 or email: pgk@glasgow.ksc.org.uk. Serving God by Serving Others for over 100 Years.

Adam's House, Johnstone Are you able to care for people with dementia at Adam's House? The Adam's House residents need the care of other human beings who can sit with them, be patient with them and see beyond the dementia to the person that they are, helping them to live in a happy and nurturing environment. For further details for working as a carer, domestic or office staff member, please contact Marjory at Adam's House on 01505 337 322 or email: marjory.perrit@crossreach.org.uk

Paisley Diocese supports Setting Out on the Road The course which leads to the award of the Catholic Teacher's Certificate (CTC) enabling the recipient to teach Religious Education in the Catholic school. It is taught by the St Andrew's Foundation for Catholic Teacher Education at the University of Glasgow. Setting Out on the Road is for qualified teachers who have not yet obtained their CTC. If you have applied to Glasgow University for this course, the cost is fully refunded by the diocese on completion of the course and by attending bishop John's Monthly support seminars. For seminar dates please contact Marianne Boland by emailing curia@rcdop.org.uk

FUNDRAISING for HCPT 2022/23.

The published book, Celtic Minded 5 (£15), is being sold from some parish stalls to allow around £5 of its proceeds to help local HCPT Lourdes funds (with 25% also going to the Celtic FC Foundation charity). Several chapters have a particularly Catholic and religious focus (schools, community, charity, ethos, heritage), including from Bishop John who reflects on Celtic's Catholic roots and their meaning for the Church today. If you can take a box (26 copies) or can use contacts to help raise money to send kids and helpers to Lourdes this coming July and at Easter 2023, please contact Dr Joe Bradley, editor, at jmbradleyresearch@gmail.com

WARNING – SCAM EMAILS Pretending to be from Parish Priests or Diocese

All Parishioners should be aware there have been a number of scams email pretending to be from Parish Priests, asking for payments to be made or for vouchers to be purchased on behalf of the priest. The latest emails are not from our official @rcdop.org.uk domain but even if they appeared to be - DO NOT RESPOND to the emails. Our Diocesan policy is that we will never email you to make any purchase or bank transfer on our behalf. If you do get such an email, please contact your Parish Priest preferably by phone or create a **new** email to the Parish (i.e. do not reply to the one you received). A good general principle is that you do not respond to unsolicited emails.

FURTHER AFIELD

'Everyday Miracles of Lourdes' in Conversation with Marlene Watkins: Carfin Grotto, Sunday 5 March 7,30pm-9,00pm

When you feeling like you're drowning in the day to day life, overwhelmed by memories and hurt, miracles are happening, and can happen to you. Come hear Marlene Watkins speak about her new book Everyday Miracles of Lourdes and learn how God still heals His people today through the intercession of the Lady in the Grotto.

40 DAYS FOR LIFE Peaceful Prolife Lenten Prayer Vigil What are you going to do for Lent from Ash Wednesday 22nd February until Palm Sunday 2nd April 2023? Did you know that since 1967, 10 million children have been aborted in the UK? Our peaceful 40 Days for Life prolife prayer vigil outside the grounds of the Hardgate Road entrance Queen Elizabeth University Hospital (QEUH) begins Ash Wednesday February 22nd at 8am. Will you come an join us in peaceful public prayer for a culture of life here in Scotland and around the world? Can you spare one hour per week during these 40 Days for Life. They have no voice but ours. For more information please email Ogilvie1615@outlook.com

With the support of the Scottish Government a majority of MSP's will vote to criminalise, with the threat of 6 months imprisonment, any Catholic found praying within 150 yards of a hospital. This Lent will be the last time Catholics will be able to pray in freedom. Choose one hour in the week and come along to show your support for freedom to pray.

The Mission of 40 Days for Life is to bring together the body of Christ in a spirit of unity during a focused 40-day campaign of prayer, fasting, and peaceful activism, with the purpose of repentance, to seek God's favour to turn hearts and minds from a culture of death to a culture of life, thus bringing an end to abortion. Learn more: www.40daysforlife.

ANNUAL BRECBANNOCH PILGRIMAGE 9th -12th June 2023. With the permission of Bishop Brian McGhee, pilgrims will traverse the 43 miles from Oban to Iona on foot, praying for a new evangelisation in Scotland, which once rang with Catholic faith from sea to sea. Along the way we will not only invoke the special intercession of the holy men and women of Scotland, but we will carry the relics of St Columba, St Andrew, an St Margaret. Sign up as soon as places are running out: https://www.brecbannoch.org/book

ESCORTED PILGRIMAGE to KNOCK SHRINE Ireland 18th – 22nd April 2023. £699.00 per person sharing. Price includes flight, all transfers, 4 nights' in Knock House Hotel with full board. All entertainment and excursions included. Day trips to Westport, Ballintubber Abbey, Croagh Patrick, Fr. Peyton Centre & National Museum. Single supplement £150.00. Contact Patricia on 01268 762 278 or 07740 175557 or email knockpilgrimages@gmail.com.

<u>CHRISTIAN HERITAGE CENTRE: Short courses/ongoing training in Catholic theology and philosophy</u>
The CHC's Faith & Reason series of short courses is particularly aimed at senior leaders, teachers and catechists seeking to develop their understanding of the Church's vision in today's society.

Further information & booking: https://christianheritagecentre.com/events/faith-and-reason-2/

THEODORE HOUSE: a venue for retreat and R&R The CHC's residential facility, Theodore House, is open to the public and offers B&B stays for individuals and small groups, as well as a unique venue for retreats, conferences and meetings. Superb value with comfortable and modern amenities on the beautiful Stonyhurst estate in the heart of the Ribble Valley. Contact manager@theodorehouse.com for enquiries.

ON-LINE

IGNATIAN SPIRITUALITY CENTRE We are delighted again this year to run an online Lent retreat and to provide a free App and free booklets to those that would like them. Retreat details and how to get the booklets can be seen here: https://www.iscglasgow.co.uk/lent23.html (You can view the retreat on www.onlineprayer.net/saints)

COMMUNITY CIRCLE OF PRAYER

Every Friday evening people gather on-line at 7pm for this half hour event simply consists of a little music, some readings and the opportunity to share our prayer petitions and support others in theirs.

Why not spend half an hour with us this Friday in community and fellowship? You would be most welcome! To join please use the access the Zoom link via Diocese of Paisley | Community Circle of Prayer | Paisley, UK (rcdop.org.uk)

We will mark International Women's Day with a special online event (March 8, 7pm) entitled What Price Peace? Answering that question are two powerful advocates for peace, Sr Wamuyu Wachira, co-president of Pax Christi International & Senior Lecturer in Peace and Conflict Studies in Nairobi; & Helen Martin, community activist and Community Development expert at Glasgow University. Details & link at: https://www.paxchristiscotland.org/

CELEBRATE Catholic Ministry: Parenting for Faith - A new online course for those with Babies and Toddlers

Starts Thursday 23rd Feb for 5 weeks at 8pm for approx 45 minutes. On zoom so no need for babysitters! By introducing faith in simple steps, this course aim to help parents teach their children to pray and discover that they are perfectly positioned to show their children the reality of a life with God. To register scan the QR code or visit https://www.celebratetrust.org/parentingforfaith



The Heart's Hunger: A Reflective Journey Through Lent

Lent is a good time to listen to the longings within, what our hearts hunger for, to consider the things we need to sustain us and nourish us on our journey. This series of Lent reflections starts on Ash Wednesday (22nd February) and runs until the Easter week. A new guided audio reflection is made available for each week in Lent to listen to in your own time. This will also be sent to you in written form, along with other resources which you can dip into during times of reflection throughout the week (Scripture, poetry, art, spiritual writing etc). The aim is to create flexible material you can use in the time you have, which allows you to stay with what is standing out for you on your journey. To register visit https://heartinpilgrimage.org.uk/the-hearts-hunger-a-reflective-journey-through-lent/ or contact Susan Mansfield on info@heartinpilgrimage.org.uk or 07803 620038. The Lent Retreat costs £30—you can book and pay securely on the website, or email for more payment options. In these difficult times, "gift" places are available for those who would find it hard to pay, please get in touch for more information. Any donations received will go towards making the retreat possible for others.

Finding Sustenance: A Quiet Day for Lent

Saturday 25th March, 10.30am-4pm, Church Centre, Christ Church, 6a Morningside Road, Edinburgh. Cost £30 (£20 concession) includes lunch

Does your cup overflow, or does it more often feel like you're living off scraps that fall from the table? What helps sustain us if we find ourselves in a dry and weary land? How we find what we need to nourish us on our journey? This Quiet Day is an invitation to take time out, to pause and drink a cup of cool water at the well, and draw closer to the one who is our constant companion. The day will draw on a mixture of reflective approaches and creative material including Scripture, art, poetry and music, and will include guided reflections and individual quiet time. The price includes lunch, coffee and cake. It is designed to complement the online Lent series, The Heart's Hunger, so people can participate in both or either one. Register here: https://heartinpilgrimage.org.uk/finding-sustenance-a-quiet-day-for-lent/ or <a href="mailto:emailt

DEFEND PRO-LIFE VIGILS The Abortion Services (Safe Access Zones) Bill will soon be in Holyrood. *It will be illegal to "influence or persuade a person concerning their access to or employment in connection with abortion services". This would prevent women being offered help outside clinics. It would even prevent a family member or social worker expressing an opinion to a woman about her abortion. *People will be criminalised for "persistently, continuously, or repeatedly occupying a safe access zone" - so even silent prayer would not be allowed. *Anyone taking part in a Pro-Life vigil (i.e. Catholics) in Scotland would be subject to a six-month jail sentence for a first offence, and to two years for subsequent breaches. <u>Please email your MSP about this attack against the civil rights guaranteed</u> by the European Convention on Human Rights - "Say no to buffer zones" <u>Please visit the SPUC website for a detailed critique.</u>

RIGHT TO LIFE:

Links via which you can register your views on current concerns. It only takes 30 seconds using the easy tool provided:

Genocide Response campaign website https://righttolife.org.uk/StopAssistedSuicide www.righttolife.org.uk/FetalPainMotion https://carenotkilling.scot/

JUSTICE & PEACE:

For information about issues of social justice, and to keep up to date with current campaigns, follow Justice & Peace Scotland on Facebook, Twitter and Instagram or check out the website, www.justiceandpeacescotland.org.uk If you wish to be more involved in the work of justice and peace email office@justiceandpeacescotland.org.uk. The staff will be willing to help you in any way they can. At the moment the office is closed and staff are working from home, Mon to Weds.

FOUR STEPS TO FREEDOM in Tanzania.

Can you buy some lovely home and garden plants and help free Tanzania from 1,500 death from rabies each year? This local Scottish based charity helps fund vaccination of the dog populations and saving may human lives, as well as reducing animal cruelty due to fear and mistrust of dogs. Every £2.50 you spend vaccinates one dog. From more information just email Phyllis@ fourstepstofreedom.org.uk search www.fourstepstofreedom.org.ujk

FAMILY ROSARY BOOK We invite all families to make a special pledge: to pray the family rosary at home every day. Family Rosary books have been specially commissioned and printed to guide families in this simple devotion. Please visit: www.marriagefamilylife.org/books

PLAYLIST FOR LIFE

Promoting the use of personal music for those living with Dementia. This can be a lifeline and can make living with Dementia easier and happier. They are currently building a network of Playlist for Life Help Points in the Renfrewshire community. If you are interested in free resources that might benefit those living with Dementia and/or their family/carers? By signing up they will send out the pack of resources and also offer places on their free eLearning. To find out more - https://www.playlistforlife.org.uk/apply-help-point/

WEST SCOTLAND BSL: SIGN LANGUAGE CLASSES IN RENFREWSHIRE

Are you interested in learning some basic British Sign Language skills? We are running various classes in Renfrewshire and the surrounding area. If you would be interested in joining us in a fun, safe and relaxed environment, you will get the chance to work with our Deaf BSL tutor Graham and Communication support worker David who will ensure flowing communication all round. You will learn about the basics of this beautiful language while finding out much more about deaf culture. All you have to do is follow us on Facebook or Twitter. Or simply email us at **westscotlandbsl@gmail.com** so we can keep you up to date on the next block of classes.

<u>NATIONAL YOUNG PEOPLE'S COMPETITIONS</u> The Knights of St. Columba have organised National competitions for young people. All details can be found at https://tinyurl.com/KSCYoungPeopleCompetition2023 **Details also available to read/download on our Parish website.**

Season of Lent	& Holy Week	Masse	es & Services 2023
	SHROVE TUESDAY & A	SH WEDNESDA	AY
Vigil Mass 6.30pm.	Tuesday 21 st F	ebruary	Blessing & Distribution of Ashes
10am. Mass	Wednesday 22 nd	February	Participation of 2 Classes from St Cadoc's PS – Live streamed
11.15. Mass	Wednesday 22 nd	February	St Clare's PS

PROVISION IS ARRANGED FOR ALL PUPILS OF THE PRIMARY AND SECONDARY SCHOOLS

THURSDAY AFTER ASH WEDNESDAY

The National Day for those who have suffered abuse is marked annually on Friday after Ash Wednesday. In St Cadoc's there will be a Prayer Service for Victims on Thursday 23rd February at 9.30am, followed by Mass at 10am.

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FRIDAY AFTER ASH WEDNESDAY - Funeral Mass at 10am. FIRST WEEK OF LENT			
		Adoration & Prayers 9.30am	
		Mass 10am.	
Friday	3 rd March	Reflection on the Way of the	
		Cross at 9.30am. Mass at 10am.	
Saturday	4 th March	Reconciliation at 10.30am -	
		11.30am.	

	SECOND WEEK OF LENT	
Monday - Thursday	6 th – 9 th March	Rosary 9.15am
		Novena to St Joseph
		9.30am. Mass at 10am.
Monday	6 th March	First Confession
		St Clare's PS
Friday	10 th March	Rosary at 9.15am
		Way of the Cross 9.30am. Mass at
		10am.
Saturday	11 th March	Reconciliation at 10.30am -
		11.30am.
	THIRD WEEK OF LENT	
Monday - Thursday	13 th — 16 th March	Rosary 9.15am
		Novena to St Joseph 9.30am.
		Mass 10am.
Monday	13 th March	First Confession 7pm.
		St Cadoc's PS
Friday	17 th March	Rosary at 9.15am
		Way of the Cross 9.30am. Mass at
		10am.
Saturday	18 th March	Reconciliation at 10.30am -
		11.30am.

FOURTH WEEK OF LENT			
Monday	20 th March	Rosary 9.15am	
		Novena to St Joseph 9.30am.	
		Mass 10am.	
Tuesday – Thursday	21 st - 23 rd March	Rosary 9.15am	
		Adoration & Prayers 9.30am	
		Mass 10am.	
Friday	24 th March	Rosary at 9.15am	
		Way of the Cross 9.30am. Mass at	
		10am.	
Saturday	25 th March	Reconciliation at 10.30am -	
		11.30am.	

	FIFTH WEEK OF LENT	
Monday - Thursday	27 th – 30 th March	Rosary 9.15am
		Adoration & Prayers 9.30am
		Mass 10am.
Friday	31 st March	Rosary at 9.15am
		Way of the Cross 9.30am. Mass at
		10am.
Saturday	1 st April	Reconciliation at 10.30am -
		11.30am.
	HOLY WEEK	
Monday - Wednesday	3 rd – 5 th April	Rosary 9.15am
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		Mass 10am.
Wednesday	5 th April	Chrism Mass
		St Mirin's at 7pm.
Thursday	6 th April	Rosary 9.30am
		Morning Prayer & Office of
		Readings 10.00am.
HOLY THURSDAY	6 th April	Mass of the Lord's Supper at 7pm.
		Night Prayers at 9pm.
GOOD FRIDAY	7 th April	Rosary 9.30am
		Morning Prayer & Office of
		Readings 10.00am.
		Solemn Liturgy of the Lord's
		Passion 3.00pm. Way of the Cross
		at 7pm.
HOLY SATURDAY	8 th April	Rosary 9.30am
		Morning Prayer & Office of
		Readings 10.00am.
		Easter Vigil at 8.30pm.