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 Scottish Charity Number: SCO 013514



ST. CADOC'S R.C. CHURCH WEEKLY BULLETIN

Thirteenth Sunday in Ordinary Time

Year A **2nd July 2023**



JOIN CANON EDDIE
for live-streamed Holy Mass
Sundays at 10am

[Available on Parish website/ YouTube](#)

CLASS of 2023
CONGRATULATIONS TO ALL!

May God bless all our young parishioners - pupils and students - who are moving on this summer. Always remember - you are not alone: "God is with you wherever you go." (Joshua 1:9) You are in our thoughts and prayers and we wish you every success in the future. Canon Eddie

SICK LIST As a parish community we pray at Mass for those who are sick. Your prayers have been appreciated by the recipients and their families who made the request. It would be helpful for all of us to know the present state of each person's wellbeing. Please contact Canon Eddie with an update.

SOLACE Bereavement Support Group was formed from the Parish Pastoral Council to support families in a time of bereavement. Working closely with the Parish Priest and the family - for as long as they are needed - the Group offers advice on what to do when a loved one dies especially in relation to the planning and preparing for the celebration of the funeral liturgies. If you wish to contact SOLACE, please call 0141 639 1073

ST. CADOC'S SSVP

"Please phone us if you need any help or know someone you think may need help and would benefit from either a visit or financial assistance. *All matters are treated in the strictest confidence.* Alternatively, please contact Canon Eddie and he will give your details to us; or speak to us after Mass. To contact a member of the Society, please phone **07561 640489**. If you would like to join the St Cadoc's SSVP Conference please phone or speak to us or Canon Eddie. *We can only do this work through your generosity, which is greatly appreciated.*" Rosaleen Smith (SSVP)

HOLY MASS and THE SACRAMENTS

HOLY MASS

Monday - Friday at 10am
Saturday (Vigil) - 4pm
Sunday - 10am and 12 noon

Live-streamed Mass: Sundays only at 10am

Holy Days of Obligation:

6.30pm Vigil and 10am

RECONCILIATION

Saturday 10.30-11.30am

FUNERALS

Requiem Masses will be live-streamed only if requested by the Families.

BAPTISM

Sundays at 1.30pm

MARRIAGE

By arrangement.

(Marriage preparation required.)

**Public recitation of the Rosary
before Mass:**

Monday to Friday at 9.30am.



Please pray for the victims of the war in Ukraine. Please remember in your prayers those who have asked for our prayers -

For those who are sick:

Anne Coates, Bill Reed, Ina Kelly, Patricia Sweeney, Adrienne Heggarty, Eilis O'Neill, Helen Gilliland, Esperanza Cuisak, Rosemary Lorenzelli, Ian Hay, Joseph Jin, Kate Cafferkey, Blythe Winning, Theresa Lockhart, James Gilfeather, Catherine Ayre, Michael McDonald, Olivia Chatterley, Joan Ross, Pamela Broadhead, Paul Lizzeri, Janet Eaton & Kenneth Griffin.

Our Lady of Lourdes, pray for them.

For those who died recently:

Frances Devine, Susan Donnelly, Frances Slaven, Carmella Murphy, Barbara Tormey, Ben Miller & John Hyslop. *Requiescant in Pace.*

For those whose anniversaries occur at this time

Janice McIvor & John Berning.

Month Mind: Michael Feeney.

Requiescant in Pace.

WEEKLY COLLECTIONS:

Many thanks for your continued support of the Parish through Standing Orders, Direct Debits, Pay Portals, envelopes and the basket in the porch of the church. *These continue to be difficult times for everyone financially so please simply give what you can. Your financial support is always very much appreciated and more so given the on-going impact of Covid-19 on our lives.* Canon Eddie
QR code - linked to our Parish PAYA Charity On-line Giving page: You may find it more convenient to scan our QR code so that you can use your phone to take you straight to the donation page



Special Collection - SEA SUNDAY - 9th July 2023

when you are asked to encourage prayer and financial contributions to support the work of Stella Maris, the official maritime charity of the Catholic Church. This second collection is vital for the future of Stella Maris and its support of seafarers and fishers in the UK and around the world.

VOTIVE CANDLES All offerings received from the candles will be donated to the Parish Ecclesiastical Students Fund to support the education and formation of our student priests.

TUESDAY COFFEE MORNINGS for **MARY'S MEALS** (after 10 am Mass). ALL WELCOME!

PARISH PASTORAL COUNCIL Keep up to date with what's happening in the Parish. Minutes of the latest PPC meetings are available to read/download on Parish web.

FEASTS of the WEEK

Sun 2 nd July	<i>Thirteenth Sunday in Ordinary Time</i>
Mon 3 rd	St. Thomas
Tues 4 th	St. Elizabeth of Portugal
Wed 5 th	St. Anthony Zaccaria
Thurs 6 th	St. Maria Goretti
Fri 7 th	FIRST FRIDAY
Sat 8 th	

Click on this page to access more news/events

ADULT SOCIAL CLUB: Fridays from 2.30pm until 4.30pm in the Parish Pastoral & Social Care Centre. Time for a coffee and a chat, or whatever else you wish to do as a group. Activities and suggestions will be helpful. New members are very welcome.

CHILDREN'S ROSARY GROUP: We'll resume in the new term; date to follow. For more information, please contact Sile Hessett - 07882037314.

CHILDREN'S LITURGY The new session will commence in mid/late August once the schools have returned. Our sincere thanks must go to the Children's Liturgy leaders, and senior pupils from St. Ninian's High School, for the help, support and spiritual guidance which they have given to the children. Thank you also to the parents/carers of the children who attend, for your support and co-operation throughout the year.

As always, the Children's Liturgy Group is looking for volunteers/leaders to assist with this very important ministry, when it resumes in late August. If you are interested, or wish you find out further information, please do not hesitate to contact the Children's Liturgy Co-ordinator, Catherine Senior (email: c.m.senior@talk21.com or mobile: 07555 094304).

Children (pre-school year - Primary 4 incl) are eligible to attend. We are also looking for volunteers to assist with this special Ministry. If you are interested or wish to find out more about what's involved please contact: Catherine Senior (Tel. 07555 094304, or by email: c.m.senior@talk21.com) for further information. It should be noted that anyone working with children in the Parish must be a PVG scheme member and it is also mandatory that volunteers attend a child protection training meeting. This process can be easily arranged through the Diocese.

OPEN CHURCH Due to the rising costs of heating and lighting it is not possible to have the church opened outside of Mass/Service times. Please know that the church will be open at least one hour before all Masses or Services to allow for some private prayer. Thank you for your understanding.

SUPPORT for UKRANIAN REFUGEES SCIAF have collated a selection of ways to help people in or fleeing Ukraine during this terrible time. Please visit www.sciaf.org.uk for more details. Information is also available to read/download on our web (SCIAF page).

SCIAF APPEALS Should you wish to make further donations please visit: www.sciaf.org.uk Thank you for your support; please pray for all who work for SCIAF and all whom they help.

PARISH SOCIAL COMMITTEE: Sunday Morning Teas & Coffees: This service will resume once again, in mid/late August, once the schools have returned. In the meantime, the Social Committee would like to take the opportunity of thanking all volunteers for their commitment and support and look forward to their continued help when teas/coffees resume after the summer break. Catherine Senior will be in touch with all volunteers in due course, seeking their continued support and availability for the new rota.

JUSTICE & PEACE: St. Cadoc's links with Eastwood Ecumenical Peace & Justice Forum. Minutes of Meeting & dates of future meetings - available on Parish web.

CATHOLIC MEN'S SOCIETY OF GREAT BRITAIN We would like to establish a branch in every parish in the UK. Our monthly meetings draw men from various walks of life who come together to pray; to discuss our faith in the light of church and world events; and to socialise. Ray Barber (President) + John Smartt (Secretary) For more information, contact: john.smartt45@gmail.com Address for correspondence: C/o 14 Blenheim Ave., Litherland, Liverpool L21 8LW.

EAST RENFREWSHIRE FOODBANK

St. Cadoc's is a Collection Point for the East Renfrewshire Foodbank. Items can be placed in the trolley provided at the entrance to the church. For further information about the Foodbank, please contact Agnes Brown on 07803052132.

COMMUNITY COUNCIL for Newton Mearns/Westacres/Crookfur. The Community Council meets every 1st Wednesday of the month at 7pm in Albertslund Community Hall, Westacres, Newton Mearns G77 6WW. We would like to invite anyone living in the area to attend the meetings and take part in making our Community a better place for all. The Community Council can be contacted by email: cgmvw1@gmail.com For more information, visit East Renfrewshire website.

COMMUNITY CAFÉ & KIDS' CLUB :Thursdays, 4.30pm-6pm in Albertslund Hall, Westacres Road. Organised by Mearns Village/Crookfur/Greenfarm Community Council, this initiative is part of Warm Spaces Project.

A leaflet, compiled by a parishioner of St. James' Parish, Renfrew, has information on help and support for those struggling with the rising cost of living and help available in Renfrewshire. Copies available in the church and on Parish web (Faith in Action/Here for You page...)

FACEBOOK (St. Cadoc's) Due to technical difficulties this facility is no longer available.

Details of the latest news/events can be accessed on the Parish website and via the Parish Bulletin.

AROUND OUR DIOCESE

LIVE-STREAM MASSES: Services can be accessed via the Diocesan website: www.rcdop.org.uk

DIAL-A-MASS: If you are unable to attend Mass in person and have no access to the Internet, the Diocese offers a phone Mass. Holy Mass is available to listen to from 12 noon every day. The number to call is: **0141-473 4869**.

Diocese of Paisley SAFEGUARDING THOUGHT for THE MONTH:

Safeguarding is a duty that is rooted in the message of Jesus and in the mission of the Catholic Church.

THINK VOCATION “Anyone who welcomes you welcomes me.”

If you think God might be calling you to bring God’s word to his people as a priest, deacon or in consecrated life, speak to our Diocesan Vocations Director, Fr., John Morrison tel: [01418895056](tel:01418895056) or email: vocations@rcdop.org.uk

Diocesan Safeguarding Action Plan 2023 has now been approved for use by the Diocesan Safeguarding Advisory Group (DSAG) and Bishop John. The plan was formed from the analysis of the latest Scottish Catholic Safeguarding Standards Agency audit and is intended to drive, monitor and improve safeguarding activity across the Diocese in line with the quality & evidence indicators contained within ‘*In God’s Image*’; the churches instruction on safeguarding in the Catholic Church in Scotland. A copy of the plan will be available on the Diocesan website.

SAFEGUARDING MATTERS: *Safeguarding Training Video for New Volunteers* is available to view on our Parish web. *Safeguarding Newsletter* The most recent issue of *Safeguarding Matters*, the newsletter of the Scottish Catholic Safeguarding Standards Agency can be found on our Parish web.

Safeguarding News – Papal update to ‘Vos estis lux mundi’

Pope Francis permanently decreed an updated version of Vos estis lux mundi, his landmark legislation to counter abuse in the Catholic Church. The decree now extends the Church’s norms for handling of abuse to cover lay leaders of international associations of the faithful recognized by the Vatican. **Vos estis lux mundi** (“You are the light of the world”) reaffirms an obligation to report cases of “vulnerable adult” victims of abuse, including violence against religious women by clerics and cases of harassment of adult seminarians or novices by a superior. It also includes protections for people who witness acts of abuse, in addition to those who submit reports of alleged abuse, stipulating that no “obligation of silence” may be imposed on those who report, witness, or are victims of abuse. The new provisions came into force on April 30 and replace the Pope’s provisional version of Vos estis lux mundi published nearly four years ago. Further information can be provided from the following link: [**Pope confirms ‘Vos estis lux mundi’ procedures against abuse - Vatican News**](#)

SETTING OUT ON THE ROAD Paisley Diocese supports **Setting Out on the Road** the course which leads to the award of the **Catholic Teacher's Certificate (CTC)** enabling the recipient to teach Religious Education in the Catholic school. It is taught by the St Andrew's Foundation for Catholic Teacher Education at the University of Glasgow. **Setting Out on the Road** is for qualified teachers who have not yet obtained their CTC. The cost is £310 and is fully refundable if the following criteria is met. Bishop John Keenan offers monthly supports seminars. If you are interested in attending these online sessions please -

1. Please register <https://www.gla.ac.uk/study/cpd/cpdforteachers/#settingoutontheroad>
2. Please pay the fee and you will be **reimbursed in full** on Completion of the course and full attendance of bishop’s support online sessions.
3. Once you have registered please contact Marianne Boland at curia@rcdop.org.uk

FATIMA VIGILS, Howwood: We have begun our 2023 season of Vigils in honour of Our Lady of Fatima; these run from **May until October on the 12th of every month**. The facilities will be open from 7pm. Rosary **Procession at 7.30pm**, followed by the celebration of Mass, finishing with a period of Exposition of the Blessed Sacrament and Benediction. Hall open for tea/coffee thereafter. All welcome - come join us in honouring Our Blessed Lady and praying for peace!

YOUNG ADULTS (18-35) To mark the end of another series of talks, the diocesan Young Adults’ group is having a BBQ on **Wednesday 12th July in the grounds outside the Diocesan Office**. We’ll begin with Mass in the Cathedral with Bishop Keenan at 6pm. Old and new faces are welcome. If you intend to come, please let Fr Joe McGill (joe.mcgill@rcdop.org.uk) or Fr Ryan Black (ryan.black@rcdop.org.uk) know before Sunday 9th July.

SYNOD OF BISHOPS 2023 The link to the latest Synod document called the *Instrumentum Laboris*, which will be discussed at the synod is <https://www.synod.va/en/synodal-process/the-universal-phase/documents.html>
Please send any comments on this document to Synod23@rcdop.org.uk **by Friday 21st July 2023**, so that they can be presented to Bishop Brian McGee who will represent Scotland at the Synod.

MARRIAGE PREPARATION COURSES 2023 We are pleased to confirm dates for Marriage Preparation courses in 2023. Each course will consist of an evening in-person session, one evening zoom and one 3-hour workshop, which will be held in the Diocesan centre or Cathedral Hall, depending on numbers. It's worth noting for our couples that the first session will not be available via Zoom for the time being as we felt that in-person yields greater connection and fruit. Couples should register via the Marriage and Family page on the Diocesan website, or by using this link [Diocese of Paisley | MARRIAGE PREPARATION DAY REGISTRATION FORM | Paisley, UK \(rcdop.org.uk\)](https://rcdop.org.uk)

The cost for the course per couple is £30 which includes an information pack, CTS booklet 'Cherish your wedding' and refreshments during the workshop. Once couples have registered we will contact them directly regarding attendance at the course and will send them a certificate of completion. *Rebecca Harrison Marriage and Family Administration Diocese of Paisley*

AUGUST 2023 COURSE: 3 sessions

Part 1: **Wednesday 9th August** 7.00pm - 8.30pm, in person workshop, Theology of the Body

Part 2: **Wednesday 16th August** 7.00pm- 8.30pm, via Zoom, NFP and the Family

Part 3: **Saturday 26th August** 10.00am - 1.00pm, in-person, Communication Workshop

Marriage and family webpage The Diocese has a dedicated page on the website for Marriage and Family life. It contains a wealth of information, support and resources for many aspects of this important vocation. For more information please visit <https://rcdop.org.uk/marriage-family-life-2>

Marriage Counselling Service: Our Diocese has a Counselling Service for Catholics Married in the Catholic Church with our dedicated Catholic Marriage Counsellor. If you are concerned about your relationship and feel you are both unable to reach a conclusion alone, it is likely that you will benefit from marriage counselling. The counsellor is there to maintain a neutral, non-judgmental position. For information or advice please email in confidence: counselling@rcdop.org.uk

Please note that the updated telephone number for the marriage counselling service in our Diocese is now: **07706 063936**

COMMUNICATIONS COMMISSION The Diocesan Communications Commission (which meets every 2-3 months) is responsible for all Diocesan communications, to ensure a frequent, consistent and synodal message. We wish to increase the number of representatives, especially recruiting people who are/have been engaged in media & communications. If interested, or want more information, please contact Fr Ryan Black - Vicar Episcopal for Communications - ryan.black@rcdop.org.uk

FIRST FRIDAYS FOR LIFE Will you fast and pray every First Friday for Life? Bishop John invites you to fast and pray on the First Friday of each month to protect the unborn child and the flourishing of the Pro-Life movement so that our society will build an authentic culture of life. Join your priests throughout the Diocese (October '22 – July '23) for a Novena of Masses on the First Fridays as we pray for life! All dates/venues (see below) are also available on our Parish web (Pro-Life page)

2022

7th October - St Mirin's Cathedral, Paisley

4th November - St Joseph's, Clarkston

2nd December - St Laurence's, Greenock

2023

6th January - St John's, Barrhead

3rd February - St Francis', Port Glasgow

3rd March - Little Sisters of the Poor, Greenock

7th April - Good Friday

5th May - St Mary's, Paisley

2nd June - St Aidan's, Johnstone

7th July - St Joseph's, Greenock

The format of each evening is as follows: Mass of the day is to be offered at 7pm by the Parish Priest for the Pro-Life Movement. Adoration & Confessions before Mass *if possible*.

FIRST SATURDAY FATIMA DEVOTIONS Join us in St Mirin's Cathedral or online from 8am for Mass, Adoration, Rosary, Scriptural Meditation and Simple Benediction. Holy Mass will be celebrated at 10am followed by the opportunity for the Sacrament of Reconciliation. STREAM LINK: <https://www.rcdop.org.uk/events/first-saturday-fatima-devotions>

Knights of St Columba: Faith, Family and Fraternity – A Call to Service: Are you interested in supporting our clergy, serving in our parishes, helping the needy and developing your personal and family faith with likeminded men, and much more, and if you are a man aged 16 or over, the Knights of St Columba could be your answer. Province 1 of the KSC is recruiting in the Diocese of Paisley. For more information on how to join Britain's largest Catholic laymen's organisation, phone John O'Donnell on **07854 886425** or email: pgk@glasgow.ksc.org.uk. Serving God by Serving Others for over 100 Years.

Adam's House, Johnstone Are you able to care for people with dementia at Adam's House? The Adam's House residents need the care of other human beings who can sit with them, be patient with them and see beyond the dementia to the person that they are, helping them to live in a happy and nurturing environment. For further details for working as a carer, domestic or office staff member, please contact Marjory at Adam's House on 01505 337 322 or email: marjory.perrit@crossreach.org.uk

Paolo Nutini Raffle: Our Online Raffle is live! Win a Fender FA-125 guitar donated and signed by Paolo Nutini. Tickets cost just £5! All proceeds will go towards the restoration of St Mirin's Cathedral and Halls in Paisley, Scotland. The competition **closes on 31st July at 5pm**. To purchase tickets, visit http://bit.ly/nutini_guitar.

WARNING – SCAM EMAILS Pretending to be from Parish Priests or Diocese

All Parishioners should be aware there have been a number of scams email pretending to be from Parish Priests, asking for payments to be made or for vouchers to be purchased on behalf of the priest. The latest emails are not from our official @rcdop.org.uk domain but even if they appeared to be - **DO NOT RESPOND to the emails**. Our Diocesan policy is that we will never email you to make any purchase or bank transfer on our behalf. If you do get such an email, please contact your Parish Priest preferably by phone or create a **new** email to the Parish (i.e. do not reply to the one you received). A good general principle is that you do not respond to unsolicited emails.

FURTHER AFIELD

LITTLE WAY PILGRIMAGE - **Skye** Father John Udris is leading a pilgrimage to Skye from **4th-8th September 2023** The trip costs £280 with a £60 deposit. If you are interested please visit: www.revivescotland.co.uk

NET Ministries Mission NET Ministries are putting together their mission team to work in our Catholic schools in Scotland for next year. They have a nearly full team but still need a male (age of 18-28) open to doing a mission year. For more information please email info@netscotland.org or follow the link to apply - netscotland.org/apply . **Training begins on 14th August in Minnesota, USA.**

CHRISTIAN HERITAGE CENTRE: Short courses/ongoing training in Catholic theology and philosophy

The CHC's Faith & Reason series of short courses is particularly aimed at senior leaders, teachers and catechists seeking to develop their understanding of the Church's vision in today's society.

Further information & booking: <https://christianheritagecentre.com/events/faith-and-reason-2/>

THEODORE HOUSE: a venue for retreat and R&R The CHC's residential facility, Theodore House, is open to the public and offers B&B stays for individuals and small groups, as well as a unique venue for retreats, conferences and meetings. Superb value with comfortable and modern amenities on the beautiful Stonyhurst estate in the heart of the Ribble Valley. Contact manager@theodorehouse.com for enquiries.

ON-LINE

JUSTICE & PEACE SCOTLAND: Fair Pay for Social Care Campaign Please support our campaign for fair pay for Social Care Workers A short highlight video of our day of reflection gives an overview of the campaign <https://youtu.be/NfO4SoGBYmc>

Frances Gallagher Justice and Peace Scotland 07988442146 www.justiceandpeacescotland.org.uk
My working days are Mon, Tues, Wed and Thurs each week.

For information about issues of social justice, and to keep up to date with current campaigns, follow Justice & Peace Scotland on Facebook, Twitter and Instagram or check out the website, www.justiceandpeacescotland.org.uk If you wish to be more involved in the work of justice and peace email office@justiceandpeacescotland.org.uk. The staff will be willing to help you in any way they can. At the moment the office is closed and staff are working from home, Mon to Weds.

RE-DISCOVER YOUR MARRIAGE: The Retrouvaille programme offers the chance to rediscover yourself, your spouse, and a loving relationship in your marriage. 10s of 1000s headed for divorce have successfully saved their marriages by attending and using the tools provided. There is no group therapy or group work. For confidential information about 'Retrouvaille' or to register for the programme commencing with a 'Virtual' weekend **on 6 - 9 July 2023** or a Face to Face weekend in Welwyn Garden City on **13-15 October 2023** call or text +44 788 7296983 or email retrouvailleukinfo@gmail.com - or visit www.retrouvaille.org.uk

U of G RESEARCH The University of Glasgow are looking for active or retired catholic teachers who qualified after 1965 to participate in their research. This involves a 60 min - 90 min online or in person interview. For more information, please contact Natalie Finnigan at: 9906213f@student.gla.ac.uk

COMMUNITY CIRCLE OF PRAYER

Every Friday evening people gather on-line **at 7pm** for this half hour event simply consists of a little music, some readings and the opportunity to share our prayer petitions and support others in theirs.

Why not spend half an hour with us this Friday in community and fellowship? You would be most welcome! To join please use the access the **Zoom link** via [Diocese of Paisley | Community Circle of Prayer | Paisley, UK \(rcdop.org.uk\)](https://www.dioceseofpaisley.org.uk/Community-Circle-of-Prayer/Paisley-UK/rcdop.org.uk)

DEFEND PRO-LIFE VIGILS Please visit the SPUC website for a detailed critique. Let your views count!

RIGHT TO LIFE:

Links via which you can register your views on current concerns. *It only takes 30 seconds using the easy tool provided:*

Genocide Response campaign website <https://righttolife.org.uk/StopAssistedSuicide> www.righttolife.org.uk/FetalPainMotion
www.standupandsmile.org.uk / **Equally Human** <https://carenotkilling.scot/>

WE ARE FAIR TRADE Following the sad closure of Traidcraft, We Are Fair Trade Ltd have stepped into the gap with our exciting, new, online, fair trade store. We are staffed by a group of former Traidcraft employees who don't want to see their pioneering work come to nothing. We are operating entirely separately from the Traidcraft Foundation and Transform Trade but, we share the vision and passion that drove Traidcraft's original founders. Our vision is to support growers and producers, in the Global South as well as those who provide the supply chain that makes their goods available in the UK. We believe the best way to help them is to provide the biggest, friendliest and most efficient shop window for Fair Trade goods that we possibly can. Trade justice is a huge mission and we are excited to be playing our part in such a noble cause. Of course, it is far too big a task to accomplish on our own, which is why we are hoping you will join with us. Every fairly traded product you buy helps pay for the next crop or the next production run. Every time you talk about Fair Trade, there is a chance that someone new will join the quest to make trade fairer for everyone. If enough of us take these simple steps, we could make a tangible difference to the well-being and future prospects of thousands of growers, producers and artisans in the Global South. If you would like to stay up to date with what we are doing, you can visit our brand-new website at: www.wearefairtrade.com We already have a lot of stock and we are adding more lines all the time. You will also find more information about who we are and what we are doing there.

CELEBRATE@Home Online Family Activity Packs **CELEBRATE Trust** has produced a variety of activity packs based on the liturgical seasons of the Church as well as some key areas of focus for families. You will find a huge range of ideas and links to help you, your children and your teenagers. These can also assist with ideas for children's liturgy, youth groups, schools and parishes within the Catholic Church and beyond. Link: www.celebratetrust.org/onlinefamilyactivitypacks
Access also available on Parish web (*Faith formation* page).

FOUR STEPS TO FREEDOM in Tanzania.

Can you buy some lovely home and garden plants and help free Tanzania from 1,500 death from rabies each year? This local Scottish based charity helps fund vaccination of the dog populations and saving many human lives, as well as reducing animal cruelty due to fear and mistrust of dogs. Every £2.50 you spend vaccinates one dog. For more information just email Phyllis@fourstepstofreedom.org.uk search www.fourstepstofreedom.org.uk

FAMILY ROSARY BOOK We invite all families to make a special pledge: to pray the family rosary at home every day. Family Rosary books have been specially commissioned and printed to guide families in this simple devotion. Please visit: www.marriagefamilylife.org/books

PLAYLIST FOR LIFE

Promoting the use of personal music for those living with Dementia. This can be a lifeline and can make living with Dementia easier and happier. They are currently building a network of Playlist for Life Help Points in the Renfrewshire community. If you are interested in free resources that might benefit those living with Dementia and/or their family/carers? By signing up they will send out the pack of resources and also offer places on their free eLearning. To find out more - <https://www.playlistforlife.org.uk/apply-help-point/>

WEST SCOTLAND BSL: SIGN LANGUAGE CLASSES IN RENFREWSHIRE

Are you interested in learning some basic British Sign Language skills? We are running various classes in Renfrewshire and the surrounding area. If you would be interested in joining us in a fun, safe and relaxed environment, you will get the chance to work with our Deaf BSL tutor Graham and Communication support worker David who will ensure flowing communication all round. You will learn about the basics of this beautiful language while finding out much more about deaf culture. All you have to do is follow us on Facebook or Twitter. Or simply email us at westscotlandbsl@gmail.com so we can keep you up to date on the next block of classes.

NATIONAL YOUNG PEOPLE'S COMPETITIONS The Knights of St. Columba have organised National competitions for young people. All details can be found at <https://tinyurl.com/KSCYoungPeopleCompetition2023> **Details also available to read/download on our Parish website.**