

LENTEN LITURGY SCHEDULE

ASH WEDNESDAY

February 14 | 9 a.m., 12 p.m., 7 p.m.

Masses with distribution of ashes.
12 p.m. Mass will be livestreamed.

COMMUNAL ANOINTING OF THE SICK

March 1 | 11 a.m. Mass

STATIONS OF THE CROSS

Church | 7 p.m.

February 16, 23, March 1, 8, 15, 22

School Stations | 2:30 p.m.

February 23, March 1, 15, 22

Living Stations | March 29 | 12 p.m.

SACRAMENT OF RECONCILIATION

February 16 - March 27

Tuesdays | 9:30 a.m. *Fr. Dwight*

Wednesdays | 12 p.m. *Fr. Mike*

Fridays | 6-7 p.m.

Saturdays | 3-4 p.m.

No Confessions on March 30

HOLY WEEK | TRIDUUM

HOLY THURSDAY

March 28 | 7 p.m.

Live-streamed

Mass of the Lord's Supper

Washing of the Feet

Adoration of the Blessed Sacrament

Following Mass with instruction

GOOD FRIDAY

March 29 | 12 p.m.

Living Stations

March 29 | 7 p.m.

Live-streamed

Passion of the Lord

Veneration of the Holy Cross

No Adoration

HOLY SATURDAY/ EASTER VIGIL

March 30 | 8 p.m.

Live-streamed

Mass with celebration of

Easter Sacraments

No Confessions or 5 p.m. Mass

EASTER SUNDAY

March 31 | 8 a.m., 10 a.m., 12:30 p.m.

2024 LENTEN BROCHURE

ST. CHARLES BORROMEO

FEBRUARY 14- MARCH 30

PRAY. FAST. GIVE.

A TIME WHEN WE INVITE
GOD TO HELP US BECOME
THE BEST VERSION OF
OURSELVES.

7112 S 12TH ST, TACOMA, WA 98465

253-564-5185

SAINTCHARLESB.ORG

FASTING & ABSTINENCE

By refraining from eating, we signify our oneness with the Lord, acknowledge our need for conversion and give witness to our solidarity with those less fortunate. Catholics who are 14-60 years old, are bound by the obligation of fasting (unless you have medical conditions that prevent you from doing so).

On a fasting day, people eat one full meal and two smaller meals, which together don't equal the full meal.

On days of abstinence, we are to abstain from eating meat.

- Ash Wednesday and Good Friday are days of fasting and abstinence.
- Catholics in the Archdiocese of Seattle are to abstain on all Fridays of Lent as well.
- We are encouraged to keep the ancient paschal fast, which includes Good Friday, Holy Saturday, and ends after the Easter Vigil.

9 WAYS TO EXPERIENCE *Lent* 2024

BEST LENT EVER

ARE YOU READY FOR YOUR BEST LENT EVER?

Do something different this Lent. It is a free video-based email program featuring author Matthew Kelly who will inspire and challenge you daily.

dynamiccatholic.com/bestlentever

CRS RICE BOWL

CRSRICEBOWL.ORG

During the 40 days of Lent, we will reflect on the impact of global hunger and climate change on vulnerable communities around the world, and we will pray, fast and give alms to help our sisters and brothers in need.

Rice Bowls available on Ash Wednesday in the vestibule.

LENTEN FESTIVAL

FEBRUARY 11

FEIST HALL | 9 A.M. - 12 P.M.

To begin your Lenten journey, come visit the Religious Art Festival "The Ultimate Gift." You will be exposed to many of The Eucharistic Miracles of the World Exhibit, as compiled by a young, modern-day saint-to-be, Carlo Acutis. We will have sacred art on display, devotions, crafts, music, and more.

Bring your family and friends to enjoy this free event.

REFLECT & RENEW SMALL GROUP STUDY BEGINS THE WEEK OF LENT

We are offering two options for small groups this year. One called, ***Around the Lenten Circle*** is a scripture-based reflection on the Sunday Lenten readings. The other is a book study on ***The Holy Longing*** by Ronald Rolheiser that addresses how we can use the restlessness within us to grow a healthy spirituality.

6 sessions | 90 minute sessions each week

Contact Jodie Clark for dates/times and locations at 253-564-5185 ext. 3036

EUCCHARISTIC ADORATION

CONVENT CHAPEL
FRIDAYS

9:30 A.M. - 4 P.M.

Silent prayer/Adoration.

*No Adoration
Friday, March 29*

LENTEN FISH FRY EVERY FRIDAY

IN LENT
FEIST HALL | 5:30 PM

Keep your Friday commitment to abstinence and have dinner at the Knights of the Columbus' Fish Fry.

*No Fish Fry on
Friday, March 29*

HEALING MASS

FEBRUARY 28
7 P.M.

A Mass where the intention is for healing. You can come for physical, emotional, or spiritual healing for yourself or for someone else.

THE EUCHARIST

MARCH 6
6:30 P.M.

In honor of the National Eucharistic Revival to restore understanding and devotion to this great mystery, Fr. Dwight will help us renew our worship in the Eucharist

PARISH LENTEN RETREAT

MARCH 11-13

Join Fr. Dwight on a Lenten mission this year to be inspired and challenged.

Mornings: 10-11:30 a.m.
Evenings: 7-8:30 p.m.

You may attend the morning or evening session. Evening sessions are a repeat of the morning.