The Twelve Truths

1) God exists in all eternity in an eternal exchange of love – Father, Son, and Holy Spirit – and has revealed Himself in every age and era.

2) God created us in love to participate in His divine life by being in friendship and union with Him.

3) Through sin we rejected God's love, choosing to trust in ourselves rather than in Him. However, God reaches out to bring us back into right relationship with Him.

4) In the fullness of time, the Father sent His Son, Jesus Christ, Who maintained His Divinity while becoming a man like us in all things but sin.

5) We again rejected God's love by denying, mocking, and crucifying His Son Jesus Christ. But this provided redemption and gained us the possibility to be reconciled with God.

6) The Resurrection of Jesus Christ overcame the power of Satan and death, restored what had been lost by sin, and merited a new life for us which we can receive through faith, repentance, and the Sacrament of Baptism.

7) Jesus Christ established His one, holy, catholic, and apostolic Church as the sign and instrument of our friendship and union with God.

8) Jesus Christ gave the Church seven sacraments as external signs of grace by which His divine life is given to us. Every sacrament contains the power of Christ, but in the Eucharist Christ gives us His very Self – Body, Blood, Soul, and Divinity.

9) Jesus Christ provided His mother, Mary, as our mother and gave us His brothers and sisters, the saints, as our family members.

10) After ascending to heaven, Jesus Christ sent the Holy Spirit to vivify, empower, and sanctify us.

11) In cooperation with His grace, we believe and trust in God and His revelation, love God and neighbor, repent from our sins, live lives of prayerful obedience, accept the teachings of His Church, and give ourselves in service to Him and to others.

12) Jesus Christ will return again in judgment and welcome into eternal union and communion those who believe, trust, love, repent, pray, obey, accept, and serve.