

# Safe Environment Education Second Grade

*"He Loves, He Hopes, He Waits."* - St. Maria Goretti



## Healthy Boundaries

For the second-grade student it would be appropriate to talk with them about who you feel are trusted adults in their lives. There are likely a lot of people who you might consider friends and family, but it is important that your children know who they should turn to in the event that they had something that was happening that they were uncomfortable with.

***Who are two people you could talk to if you ever felt uncomfortable?***

***When someone does something you don't feel comfortable with, what is something you could say to them?***

## Communication

Second grade students are at the age where they are understanding the difference between what is right and wrong. They often have difficulty at this age admitting when something goes wrong, or when they have made a bad choice. This can make it difficult for them to speak to their parents when they think something wrong is being done to them. It is important to work on communicating with second grade children about choices and help them understand that you are there for them to help them get through bad choices and experiences, and that you will love them no matter what.

***What are some ways that you could tell us when you feel like a bad choice has been made?***

***How do you think we would react if you told me something that you did wrong?***

## Technology

Your children will not be behind. That's right... if your child doesn't have any technology until well into high school, they won't be behind. The idea that kids using smartphones or social media is inevitable is one of big tech's biggest lies. Your child won't have a worse job. They will not get worse grades. Oh, but something will happen. They will be left out. Left out of confusion. Left out of distortion. Left out of explicit content. Left out of toxic comparisons. Left out of anxiety. Left out of inadequate social skills. Left out of cyberbullying. Yes, there's a chance they may be left out of a lot of things. They will thank you later.

***Do you know the difference between a good website and a bad website? Can you give us some examples of both?***

***Other than mom or dad, who are 2-3 other people who you could tell if you ever saw something online that was not good or appropriate?***

## Body Awareness

By this age, children should know the difference between good touch and bad touch. As their guardians, it is important to define what is a good touch and a bad touch, who is allowed or not allowed to touch them, especially in their most private areas. For example, the parents/guardians when the child needs help bathing, or doctors/medical staff with parents/guardians in the room. If anyone touches them that should not be, they should be taught what to do and who to tell.

***Who are the only people who are allowed to touch your private areas, and when is it ok?***

***If anyone touches you and you are uncomfortable, who should you tell?***

## Theology of the Body

*"We ought to be moved to choose the good not simply through a cold and gritty decision driven by our intellect or our will, but also by our heart."* ~Jason Evert: Theology of the Body in One Hour

SOURCES: Statistics on resource page: [www.d2l.org](http://www.d2l.org) ~ Technology: Chris McKenna @ Protect Young Eyes  
Body Awareness and Boundaries: Amy McNamara, LCSW; AM Counseling Services, PLLC