CREED – WHAT WE BELIEVE

DOMAIN 1: GOD: FATHER, SON AND HOLY SPIRIT

Standard 1: To understand the human need for God based on revelation and faith

- 1.1 Describe ways God has revealed himself to us.
- 1.2 Identify the ways Jesus, Mary and the saints respond to God's revelation.
- 1.3 Describe our part in sharing in Jesus' mission of salvation for all.

Standard 2: To recognize the Trinity as the central mystery of the faith, and God as Father, Son and Holy Spirit

- 2.1 Practice ways and places that the sign of the cross may be used.
- 2.2 Identify the three distinct members of the Trinity.
- 2.3 Describe the role of each person in the Trinity.
- 2.4 Illustrate the connection of the Holy Trinity with various aspects of our Catholic faith.
- 2.5 Express a basic understanding of doctrine in light of the Creed.

DOMAIN 2: CHURCH: ONE, HOLY, CATHOLIC AND APOSTOLIC

Standard 3: To understand the origin, mission, structure, community, and membership of the Church

- 3.1 Identify who consists of the Communion of Saints.
- 3.2 Recognize and define the marks of the Church as one, holy, catholic and apostolic
- 3.3 Define dogma and share an example of a dogma.
- 3.4 Define the Magisterium and its purpose.

DOMAIN 3: REVELATION, SCRIPTURE, AND FAITH

Standard 4: To be able to recognize Scripture as God's inspired word.

- 4.1 Explain what is meant by Divine Inspiration.
- 4.2 Explain how Scripture is one of the visible elements of the Church

Standard 5: to know the major divisions of the Bible, the chief persons in biblical history, and major biblical themes from the Old and New Testaments

- 5.1 Be able to locate scripture references that are the basis for traditional Catholic prayer: (Non-Inclusive List)
- 5.2 Our Father (Luke 11: 1-4 and Matthew 6: 9-13)
 - a. Hail Mary (Luke 1: 28, 42)
 - b. Magnificat (Luke 1: 46-55)
- 5.3 Label the major divisions of the Bible.
- 5.4 List the patriarchs of the Old Testament.
- 5.5 Identify the major theme of the Old Testament.
- 5.6 Explain how Jesus is the major theme of the New Testament.

DOMAIN 4: CHURCH HISTORY

Standard 6: To become familiar with the central stories, key events, and major figures that have shaped the history and development of the Church over time as appropriate for the student's grade level.

- 6.1 Explore the beginnings of the Church and its expansion.
- 6.2 Identify major periods in Church History:
 - a. Christians of the Roman Empire
 - b. Christians in the Middle Ages
 - c. Church in crisis (1305-1517)
 - d. Church in reform and renewal (1517-1648)
 - e. Church in a changing world (1648-present day)
 - f. Church in America
 - g. Church after Vatican II
 - h. Church in relation today to the world
 - i. Church in relation today to the Jewish community
- 6.3 Examine the purpose of the Councils of the Church. (an overview)
- 6.4 Identify the changes in the Church following Vatican II.
- 6.5 Describe major clerical and lay figures in each of the major periods.

SACRAMENTS – HOW WE CELEBRATE

DOMAIN 5: LITURGY AND SACRAMENTS

Standard 7: To be knowledgeable about the Church's liturgical life in terms of liturgical feasts, seasons, liturgical symbols, religious practices, and concepts of prayer

- 7.1 Explain how to participate at the celebration of the Mass.
- 7.2 Recall ways to observe the Lord's Day.
- 7.3 Identify the Holy Days of Obligation in CCC and in the United States.
- 7.4 Describe the cycles of the Liturgical Year as the Church's celebration of the Paschal Mystery.
- 7.5 Share a liturgical custom/practice for each liturgical season.
 - a. Advent- a season of both hope and penance of Christ

Reflect upon the Sunday scripture readings that focus on Jesus coming to us on Christmas, now and at the second coming

- 1. Use Advent wreath as part of this preparation
- i. Reflect on the names of Jesus
 - 2. O Antiphons
- b. Christmas-the manifestation of the Savior for all people
 - i. Blessing the Nativity scene
 - ii. The Solemnity of the Epiphany
- c. Ordinary time-a celebration of Jesus' life, teachings, miracles and parables
 - 1. Feast of Christ the King
 - 2. Feasts of Mary
 - 3. Feasts of Saints
- d. Lent-preparation for the celebration of Easter
 - i. Pray the Stations of the Cross
 - ii. Observe Lent through prayer, fasting and almsgiving
- e. Triduum- a reminder that Jesus is the light of the world
 - i. Study and experience the events of Holy Thursday, Good Friday and Holy Saturday/ Easter Sunday
- f. Easter- celebration of the resurrection of Christ
 - i. Recall that the waters of Baptism symbolize the death and resurrection of Jesus Christ.

Standard 8: To know and understand the sacraments as signs and instruments of grace

- 8.1 Explain how Jesus is sacrament.
- 8.2 Describe each of the seven sacraments and relate them to life experiences.
- 8.3 Describe a grace given in the celebration of each sacrament.

CHRISTIAN LIVING - HOW WE LIVE

DOMAIN 6: LIFE IN CHRIST: PERSONAL MORALITY AND CATHOLIC SOCIAL TEACHING

Standard 9: To be knowledgeable about the teaching of Jesus and the Church as the basis of Christian morality and to understand Catholic Social Teaching.

- 9.1 Explain how we are called to witness to Jesus by:
 - a. Caring for God's people
 - b. Promoting peace
 - c. Respecting all life
 - d. Acknowledging basic human rights
 - e. Being stewards of God's creation
 - f. Evangelizing by word and action
- 9.2 Identify the Corporal and Spiritual Works of Mercy

Standard 10: To be aware of the importance of a well-formed conscience for decision-making.

- 10.1 Explain how the Ten Commandments and Beatitudes are guides for living a moral life
- 10.2 Identify the Fruits and Gifts of the Holy Spirits and how they apply to our lives.
- 10.3 Give examples of situations when a good conscience helps us make good moral decisions.
- 10.4 Explore concepts of human sexuality:
 - a. Choice of relationships
 - b. Respect of life at conception
 - c. Danger of Pornography
 - d. Modesty in dress and behavior
 - e. Contemporary lifestyles
 - f. Guidelines for choosing media
 - g. Chastity

PRAYER - HOW WE PRAY

DOMAIN 7: PRAYER/RELIGIOUS PRACTICES

Standard 11: To recognize and learn how to engage in Catholic forms of personal prayer and ways of deepening one's spiritual life.

- 11.1 Model different forms of prayer: Traditional, Meditative, Scriptural, and Spontaneous
 - a. Lectio divina
 - b. Guided meditation
 - c. Reflective writing
 - d. Stations of the Cross
 - e. Litany
 - f. Holy hour
 - g. Liturgy of the Hours
- 11.2 Identify the five main types of prayer: Blessing, Petition, and Intercession. Thanksgiving and Praise and create one of each.
- 11.3 Maintain traditional prayers
 - a. Our Father
 - b. Hail Mary
 - c. Glory Be
 - d. Morning Offering
 - e. Prayers before and after meals
 - f. Act of Contrition
 - g. Apostles Creed
 - h. Nicene Creed
 - i. The Rosary
 - i. The Memorare
 - k. Prayer to the Holy Spirit
- 11.4 Experience other tradition prayers
 - a. The Angleus
 - b. Prayer for Vocations
 - c. The Magnificat
 - d. Psalms 20,21,23
 - e. Acts of Faith, Hope and Love
 - f. O Antiphons
 - g. Stations of the Cross
 - h. Litanies
 - i. Novenas
 - j. Prayer to St. Francis
 - k. Prayer for Peace and Justice

11.5 Maintain Catholic Religious Beliefs and Practices

- a. The Corporal and Spiritual Works of Mercy
- b. The Ten Commandments
- c. The Beatitudes
- d. The Precepts of the Church
- e. The Sacrament of Reconciliation
- f. The Sacrament of the Holy Eucharist
- g. Gifts of the Holy Spirit
- h. Catholic Social Teaching
- i. Adoration of the Blessed Sacrament