CHRISTIAN FORMATION COURSE

1. **“MH101 The Apostolate of the Laity”** This course will explore the role of lay people in the mission of the Church and their role in renewing the temporal order. It will examine the relationship between faith, service and lay leadership. Considering the principles found in John Paul II’s document *Christi Fideles Laici* participants will analyze the call of lay people today, both to the world and to the Church.

2. **“MH102 Foundations of History Salvation”** This course will examine God’s response to the entrance of sin in the world and how He reunited His family through the institution of the covenants. Emphasis will be on God’s covenants with Adam, Noah, Abraham, Moses and David and how they prepared for the universal covenant with Christ.

3. **“MH103 Roots of the Eucharist Celebration, part I & II”** This course will examine the theology and the roots for the early Eucharist Celebration. After this course participants will have a deeper understanding of the actions of Jesus at the end of his life and the establishing of the New Covenant.

4. **“MH104 Celebration of the Christian Mystery, part I & II”** This course will look at the purpose of liturgy and sacraments in God’s plan of salvation and in the life of the Church today. It will also look at the 3 Sacraments of Initiation and how they make God’s grace present in the life of the recipient.

5. **“MH105 Introduction to the Catechism of the Church, The Creed”** This course will explore the key underlying themes that run through the Catechism of the Catholic Church. The focus will be on The Creed section.

6. **“MH106 Evangelization and Catechesis”** This course will look the Church’s mission to spread the Good News to all nations and how the good news cultivates and deepens the faith of the individual. The documents to be examined are John Paul II’s *Ecclesia in America*, *Catechesi Tradendae*, and the *General Directory for Catechesis from the Congregation for the Clergy*, along with highlights from contemporary magisterial documents on evangelization and catechesis.

7. **“MH107 Theology of Marriage”** This course will explore, from the theology of the sacraments, five notes on sacramentality: Marriage is effective, creative, domestic, baptismal and prophetic sign.

8. **“MH108 Practical elements of discipleship: Knowing myself”** This course seeks to explore the types of personality that exist, so that, students have a better understanding of themselves and those around them. Therefore, they can perform a more effective and conscious leadership.

*The following courses will be offered according to the availability of Valeria Dubourdieu, M.Ed., NCC, counselor of the Emmaus Center.*

9. **“MH109 Introduction to Mental Health Care”**
10. **“MH110 Regaining Control: Managing Anxiety”**