Surviving Divorce was created to bring hope and healing to those who have experienced the pain and loneliness of a broken marriage. It is for the newly separated and divorced and those still struggling with issues many years later. It will help them answer their questions, restore hope, and begin authentic healing.

Hope and healing for the Catholic Family

Surviving Divorce

Diocese of Victoria
Office of Family Evangelization
361-573-0828 x 2265
jreyes@victoriadiocese.org
www.victoriadiocese.org/survivingdivorce

For Men and Women Seeking Healing from Divorce or Separation

Surviving Divorce
HOPE AND HEALING FOR THE CATHOLIC FAMILY

Provided by the Diocese of Victoria Office of Family Evangelization
**Surviving Divorce** was created to bring hope and healing to those who have experienced the pain and loneliness of a broken marriage. It is for the newly separated and divorced and those still struggling with issues many years later. It will help them find answers to their questions, restore hope, and begin authentic healing. Developed and hosted by Rose Sweet, Surviving Divorce features experts Dr. Ray Guarendi, Ph.D., Fr. Donald Calloway, M.I.C., Fr. Steve Porter, S.T.L., Fr. Mitch Pacwa, S.J., and Christopher West. It also includes personal testimonies of Catholic men and women who have experienced the breakdown of their families. They courageously share their stories with heart, humor, and wisdom. As they witness to their pain and the healing power of Christ in their lives, participants will laugh, cry, and identify with their journeys from heartache to healing.

**Surviving Divorce will help you:**
- Work through the emotional upheaval of separation and divorce.
- Find personal healing and hope.
- Discover a deeper understanding of God’s love for you.
- Gain wisdom and comfort from experts and others who share your experiences.
- Navigate new concerns like custody, court hearings, and finances.

**How does it work?**
Participants meet for weekly group sessions in an open, honest, and confidential environment. A video is usually played and there is time for group discussion for those who would like to share. Participants are also welcome to remain silent and simply listen. We are blessed to have experienced male and female group facilitators so men and women can discuss issues separately at times. Listed below are the sessions and topics.

<table>
<thead>
<tr>
<th>Session 1</th>
<th>Introductory</th>
<th>Session 8</th>
<th>Handling Money Wisely</th>
</tr>
</thead>
<tbody>
<tr>
<td>Session 2</td>
<td>Getting Your Bearings</td>
<td>Session 9</td>
<td>Learning to Let Go</td>
</tr>
<tr>
<td>Session 3</td>
<td>Finding Strength and Help</td>
<td>Session 10</td>
<td>Seeing God in Romance</td>
</tr>
<tr>
<td>Session 4</td>
<td>Getting Through Your Anger</td>
<td>Session 11</td>
<td>Deciding About Dating</td>
</tr>
<tr>
<td>Session 5</td>
<td>Dealing with Depression</td>
<td>Session 12</td>
<td>Loving All Church Teachings</td>
</tr>
<tr>
<td>Session 6</td>
<td>Learning to Forgive</td>
<td>Session 13</td>
<td>Finding Love that Lasts</td>
</tr>
<tr>
<td>Session 7</td>
<td>Dealing with Your Family</td>
<td>Fall Gathering</td>
<td>Date &amp; Time TBD</td>
</tr>
</tbody>
</table>

The Fall 2022 Group will meet on Thursdays at 6:30pm starting on September 8 at the Cathedral of Our Lady of Victory in Victoria.

Register at:
[www.victoriadiocese.org/survivingdivorce](http://www.victoriadiocese.org/survivingdivorce)