

Life in the Spirit

Confirmation Retreat with the Salesian Sisters of St. John Bosco

Sunday, September 7th, 2025
St. Philip's in El Campo
304 Church St. El Campo, TX, 77437
10-5pm

*****Retreat begins with the 10 am Mass and continues with check-in at the Parish Hall.*****
PLEASE NOTE: Spaces are limited. Please contact Ana Rodriguez to see if there are spaces available before registering and paying online.

Step 1: Fill out the following forms and return to Ana Rodriguez in one of the following ways:

Email:	ana8638@sbcglobal.net
In-Person/mail:	Address to: Ana Rodriguez 304 Church St. El Campo, TX, 77437 ATTN: Confirmation Retreat

Forms:

1. [Youth Permission Release Form](#) (Spanish/Español-[Formulario de Permiso para Participaren en un Evento o Excursion](#))
2. [Social Media Release Form](#) (Video-Photo-Media-Audio Release) (Spanish/ Español-[Formulario de Autorizacion para el Uso de Imagen y Voz-Videos/Fotografias/Audio](#))

***The forms can also be found at <https://www.victoriadiocese.org/policy-forms>

Step 2: \$15 registration fee can be paid via cash, check, or online. If you choose to pay online, use the link below. Please note the name of the retreatant(s) you are paying for in the "Donor Acknowledgment" AND print the receipt and email to: apostle@stphilipapostle.org. Full payment is required before the retreat in order to participate.

Link for online payment: <https://www.victoriadiocese.org/donate-st-philip-el-campo>

Make checks payable to:

St. Philip's Catholic Church 304 Church St. El Campo, TX, 77437 Memo: Confirmation Retreat
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Step 3: In order to ensure a fruitful retreat for your young person, there are some resources we encourage parents/guardians to use to help facilitate conversations about the Sacrament of Confirmation. Below are some suggestions to help your young person prepare for the retreat and the sacrament.

Pray. Invite your teen to take a few minutes to look up a prayer that the two of you can memorize and pray together. It can be something simple like the “Come Holy Spirit” prayer. Ask them what they liked about the prayer? If they have any special things they would like to you to pray for? Pray it together slowly and share what God speaks to you as you do it. Put the prayer in a place that is visible through out your home (bathroom mirror, above the kitchen sink, inside of the front door etc.) Make a habit of praying the prayer with and for your young person as they prepare for the retreat and Confirmation.

Share: Ask your teen to pick a time and place for you to have more intentional time to talk about the sacrament of confirmation. Maybe it’s going to get ice cream after school, sitting down for breakfast at home after Mass, or going out to dinner at their favorite place. It is especially helpful if this time is free from distractions. Set this expectation when as you plan it together. Make it clear to your young person you want to spend time with them, to listen to them, pray with them, and generally *just be with them* to talk about this incredible sacrament. No phones, no other people. If you are not sure how to talk about Confirmation, the article from life teen or the video below can be a great to read or watch together. Ask them what they think. Share your experience or what you remember of Confirmation. Be honest.

Article: <https://lifeteen.com/8-things-you-need-to-know-about-confirmation/>

Video: <https://www.youtube.com/watch?v=-CjqBia4yRQ>

Encourage: Encourage your young person to ask questions. If you don’t know the answer respond with, “That is a good question. I don’t the know the answer to that. Let’s look up the answer together.” Follow through in a spirit of joyful curiosity and humility. Remember, young people can use google for answers but by asking a parent or guardian, it means they want more then just an answer. They want to discuss; they want connection. As parents/guardians we want to encourage them coming to us with questions. Them coming to us is a good thing because we can then walk with them through these questions and maybe even difficult situations to find the truth and help them live holier, happier lives.

Any questions? Please contact Ana Rodriguez (St. Philip’s Catholic Church) or Lydia Whitten (Diocesan Youth Office).

Ana Rodriguez Phone: 979-637-0106 ana8683@sbcglobal.net	Lydia Whitten Office: 361-573-0828 Ext. 2232 lwhitten@victoriadicoese.org
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