



Tales of DeSales

Students for Life Take the Lead

The Pro-Life movement is defined as a movement to end legal abortions. It began in 1973 when Catholic bishops recommended that the U.S. Constitution should be amended to ban abortions. Pro-Life groups across America sponsor a variety of events like prayer vigils, speakers, debates, or informational tables.

At DeSales, we have a Students For Life Club supervised by Mrs. Guest. The club's main focus is on praying for an end to abortion, educating our students, and offering love and support to students in our community who are faced with an unplanned or crisis pregnancy. The club plans multiple peaceful events per month. Every month on the first Sunday of the month, at 1:30, they meet across the street from Planned Parenthood to pray the rosary. Some other upcoming events are the Washington State Life Chain on February 4th and the National Pro-Life T-Shirt Day on April 3rd. The DeSales Students For Life Club also hosted concessions at the January 29th basketball game to help raise funds to provide materials for newborn baskets.

On January 19, the Students for Life invited Dr. Joanne Perez to DeSales to talk about the effects that come with having an abortion. Dr. Perez is an Internal Medicine physician at St. Mary's Medical Center. Dr. Perez started by defining what abortion is and the physical and mental effects of abortion. Some physical effects of an abortion on women are damage to the uterus, damage to adjacent organs, risk of death, and increased risk of breast cancer. Some of the mental effects of abortion on women are an increased risk of anxiety and depression and increased substance abuse such as alcohol and drugs. Men are also deeply affected by abortion. A preliminary study discover that 4 out of 10 men experience PTSD symptoms, occurring 15 years after the abortion. In the end both male and female are affected by abortion. "Science cannot measure the value of human life," as stated by Dr. Perez. "The Pro-Life movement is fierce in love but gentle in its fight."

By: Lilly Haugen



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Meet Your Social Studies Teachers

This month's teacher feature is going to be covering the Social Studies teachers here at De-Sales. This means that Mrs. Sutlick, Mr. Rohde, and Dr. Valente are going to be answering some questions such as "What inspired you to teach?"; "What do you like most about teaching?"; "How long have you been teaching?"; and "What do you do outside of school?"

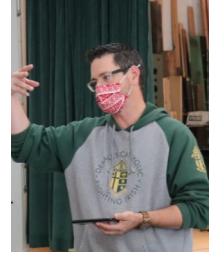


The first teacher featured this month is Mrs. Sutlick who teaches World Geography and U.S History. When asked her inspiration for teaching, she said that she always wanted to teach, but her high school teacher, Mrs. Tucker, was her main

inspiration for getting into drama and teaching. She has been in this career for 41 years now. In her free time, Mrs. Sutlick likes to do theatre, read, and travel. She used to be De-Sales' drama teacher and now she is highly involved at The Little Theatre. Some of the places she has traveled to are New York City, over 30 U.S. states, Mexico, Russia, and a few different countries in Europe.

The next teacher featured is Mr. Rohde, who teaches U.S History and Government and Economics. When asked about his favorite aspect of

teaching, he said that it was his students...without them there is no point in education. He loves it when he is teaching a certain subject and seeing the "light bulb" go off in their head when they finally understand. When asked what he would be doing if he wasn't teaching, he told us that he would probably be in a tech department or doing theatre somewhere.



Last up on the Social Studies feature is Dr. Valente who teaches AP U.S History, Northwest History, and Contemporary World Problems. Some of Dr. Valente's favorite things to do outside of school are running the local bridge club, taking care of her family, and playing music at the St. Francis Parish. Dr. Valente began to study history and planned on becoming a historian, but she realized that she loved teaching far more than research, so she has been focusing on that ever since. Thank you to all 3 dedicated teachers.

By: Frankie Healy

Middle School Game Night Social



Sunday, February 27
5:00 to 6:30 p.m.

Open Gym, BUMP, Board Games, Karoke,
Card Games, Pizza and Drinks
Lots of Fun! Come join us!

BRING \$3.00 FOR PIZZA/DRINKS FURNISHED

Sponsored by the Middle School ASB



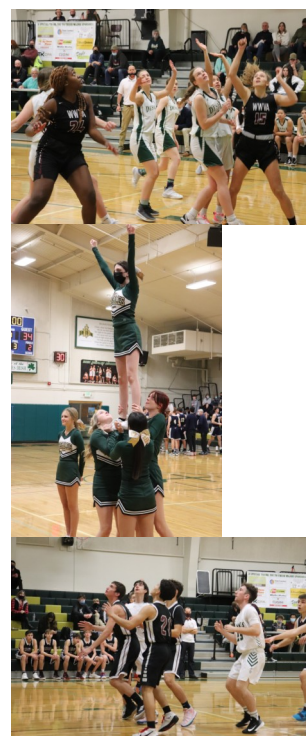
Basketball Heading Into Playoffs....

Winter sports are finally back for a full season and students are excited to play and watch this year's games. The boys varsity basketball team, coached by Eric Wood, John Lesko, and Greg Fazzari, includes Frankie, Ryan, Jadon, Franklin, Seamus, Aaron, Joe, Jack, Caden, Carter, Sal, Billy, and Remy. As their season comes to a close, the boys have only two losses for the season. Senior Franklin Magnaghi is excited to see what this team will do in the playoffs, maybe even making it to state.

The girls varsity team is Maddie, Morgan, Lin, Lian, Regina, Kate, Jeyten, Tori, Anniston, Heidi, Tessa, and Emmalyne and is coached by Kevin Magnaghi, Ali Martinez, and Wyatt Withers. Junior and Captain Morgan Thomas said she was happy for a team with a lot of underclassmen that will continue to improve the team for the next few years. She can't wait to see what the playoffs will bring for the girls. As for their season, the girls have had some ups and downs, but overall the season has been full of hard work and great leadership from the upperclassmen.

Basketball Cheer includes Grace, Erin, Natalia, Andrea, Zoey, Ashley, Janie, Macy, and Jenna and is coached by Hanna Schonoe. Though the play created scheduling issues for the cheerleaders with over half being involved, Grace Murray, a junior, was happy to see the season getting back to normal and being able to support the teams as they start the season. You can find this enthusiastic group of cheerleaders on the sidelines next to the Pub at every basketball game.

They finished out the season with three games in one week (Touchet, College Place, and Sunnyside Christian). Come support the teams as they enter into the playoffs. It's great when the home crowds are loud and proud. **By: Erin Beck**



Catholic Schools Week Fun....

Every year one week is set aside to celebrate Catholic Schools in the United States. The first Catholic school in America was opened in Philadelphia in 1783. In the beginning of Catholic school education, nuns were the primary teachers. Catholic education was also bolstered through the influx of Catholic immigrants in the nineteenth century.

There is a theme every year for Catholic Schools Week. This year the theme is "Catholic Schools: Faith, Excellence, Service." Consequently, this year's theme almost matches the WWCS' mission statement.

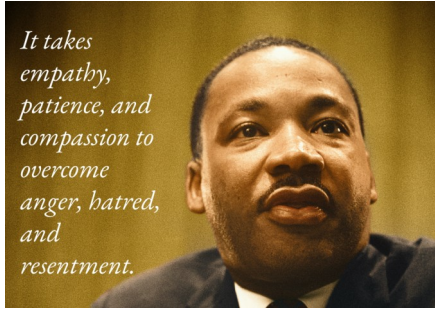
At both DeSales and Assumption, the students come together to celebrate Catholic Schools Week. January 30 kicks off Catholic Schools Week with Mass at St. Patrick's and a Mother-Son brunch to follow in Blanchet Hall. Each weekday the ASB has decided on a dress up theme that the whole school was encouraged to take part in. On Wednesday the middle and high school celebrated Mass with the elementary students at Assumption. The week was wrapped up with Father - Daughter bowling.

Catholic Schools Week is designed to be a fun-filled week for students and teachers alike. During this special week everyone involved in a Catholic school across America should be proud. They should be proud of the standard of education in Catholic schools and the community that it presents. In the words of senior Hadley Dunham, "Go fighting Irish!" **By: Taryn Cox**



Celebrating Martin Luther King....

*It takes
empathy,
patience, and
compassion to
overcome
anger, hatred,
and
resentment.*



Luther King. King was the chief spokesman for nonviolent activism in the Civil Rights Movement, which protested racial discrimination in federal and state law. The campaign for a federal holiday in his honor soon began after his assassination in 1968. Although President Reagan originally opposed the holiday, finally on November 2, 1983 the bill into law. . After King's death U.S. Representative John Conyers and U.S. Senator Edward Brooke introduced a bill in Congress to make King's birthday a national holiday. The bill first came into vote in the U.S. House of Representatives in 1979. Sally, it

Martin Luther King Jr. Day celebrated on January 18th celebrates the birthday of Martin

fell five votes short of the number needed for passage. Two of the main arguments mentioned by opponents were that a paid holiday for federal employees would be too expensive and that a holiday to honor a private citizen would be contrary to longstanding tradition; King has never held a public office. Only two other figures have national holidays in the US. honoring them: George Washington and Christopher Columbus. Shortly after this event the King Center turned to support from the corporate community and the general public. The prosperity of this strategy was cemented after the Rally for Peace Press Conference in 1981. A quote from a 2006 article in The nation states that this petition is the largest in favor of a national issue in U.S. history, the petition amassing over 6 million signatures. Martin Luther King will always be one historical figure that will be recognized as an important part of shaping our history and making it the incredible country we are today. **By: Izzi Parker**

New Year's is a New Start....

Happy New Year! New Year is the time when the new calendar year begins on the first day of January. Many common traditions to celebrate this time of year include attending parties, staying up until midnight, watching fireworks, and making resolutions for the new year. A New Year's resolution is a decision to do, or to not do something to accomplish a personal goal or break a habit. People tend to make these during the new year because they think of the new year as a new beginning. Some individuals don't make resolutions because as eighth grader Frankie Healy says, "Why make resolutions only on New Year's? If you want to better yourself, you can do it whenever." Those who do make new year resolutions, usually make them about self improvement which include eating healthier, exercising, losing weight, reducing smoking and reducing drinking. In addition, many people also make resolutions to meet career or job goals and to improve their relationships. Speaking of new year resolutions, some of our DeSales students and teachers have decided to make some! Mrs. Gogl says, "I've really been trying to slow down my prayers, so that I can think about them more. Even if it means doing less." With that, Mr. Ebding is trying to get through the whole bible in a year! He is also trying to get into podcasts. Senior Zoe Green says, "I'm just trying to finish my scholarships." We wish all of you a happy new year! **By: Sarah Auth**



Catholic Schools Week a Celebration....



PJ Day....Musical Chairs



Holiday Day....Move the Mats



Favorite Team Day/Dodge Ball

Green and Gold Day....Bump



All School Mass.....Dress Nice Day

Talent Show

