



The Spirit drove Jesus out into the desert, and he remained in the desert for forty days, tempted by Satan. He was among wild beasts, and the angels ministered to him. After John had been arrested, Jesus came to Galilee proclaiming the gospel of God: “This is the time of fulfillment. The kingdom of God is at hand. Repent, and believe in the gospel.” Mk 1:12-15

Moretto da Brescia, “*Christ in the Wilderness*”, ca. 1515-20, Metropolitan Museum of Art

FAITH FORMATION IN FEBRUARY

Sunday at 11AM-Noon in the SJV Zoom Room

Feb. 28 Adult FF Zoom Session: *A Lenten Retreat with the Holy Spirit*. Led by Andrew Casad

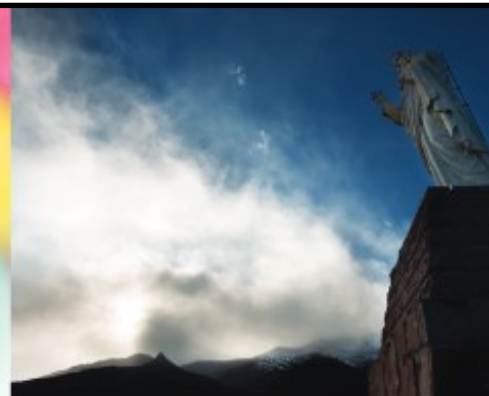
Join Zoom Meeting

<https://us02web.zoom.us/j/4074356786>

Meeting ID: 407 435 6786



STRENGTHENING THE CHURCH AT HOME



CATHOLIC HOME MISSIONS APPEAL THIS WEEKEND

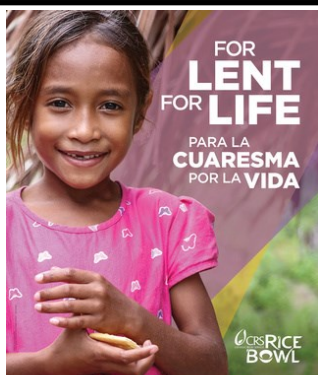
Four out of ten dioceses in our country and its territories are considered home mission territories. This appeal helps our brothers and sisters here in the United States who do not have access to basic pastoral services like Mass, the sacraments, and religious education. Through your support, the Catholic Home Missions Appeal helps these mission dioceses form vibrant faith communities and strengthens the Church at home. Please be generous.

Envelopes are found on the check in table, or it is easy to make your contribution online.

[Catholic Home Missions - Archdiocese of Seattle \(seattlearchdiocese.org\)](http://seattlearchdiocese.org)

PREPARES Pregnancy & Parenting Support

The snow kept us away from the **2021 Statewide Bishops' PREPARES Valentine Appeal** which took place in Catholic churches last weekend. PREPARES – Pregnancy & Parenting Support – is our promise to care for mothers and fathers from pregnancy to the child's fifth birthday – no matter their beliefs. This program is a way we can “walk our talk” about celebrating the gift of life and making sure that no child – born or unborn – is ever abandoned or alone. Learn more and support vulnerable families: www.preparesforlife.org/valentine



CATHOLIC RELIEF SERVICES RICE BOWL PROJECT

HUNGER IN OUR WORLD Jesus told us that whatever we did for one of these least brothers of his we did for him. Reflect on the challenge of global hunger—it is a reality for millions of our sisters and brothers. What will you do to support the hungry in our community and around the world? Visit crsricebowl.org to learn more.

Please pick up your family's Rice Bowl(s) in the vestibule.

Lenten Services at St. John Vianney

Wednesdays, Noon-1:00 and 7:00-7:30PM

Mass and Divine Mercy Devotion
Ash Wednesday Rosary Challenge

Thursdays, Noon-1:00

Mass and Eucharistic Adoration

Fridays, Noon-1:00 and 7:00-9:00PM

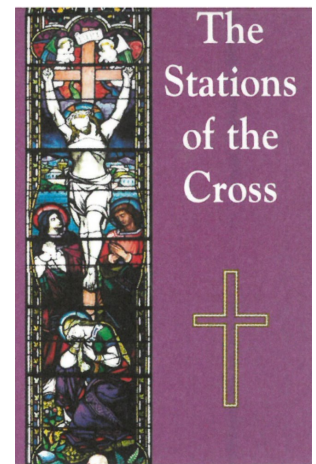
Mass and Stations of the Cross
Eucharistic Holy Hour and Confession

Saturdays

Confession 3:00-4:30 and 6:00-6:45
Mass 5:00-6:00

Sundays

Mass 9:00-10:00
Communion 10:00-10:30 and Noon-1:00
FF Zoom Session 11:00-Noon



FASTING AND ABSTINENCE

Fasting, almsgiving, and prayer are the three traditional disciplines of Lent. The faithful and catechumens should undertake these practices seriously in a spirit of penance and of preparation for Baptism or of renewal of Baptism at Easter. (Code of Canon Law, 1249-1252)

Ash Wednesday, Feb. 17, and Good Friday, April 2, are days of fast and abstinence.

Fridays of Lent are also days of abstinence. Fasting is to be observed by all eighteen years of age and older, who have not yet celebrated their sixtieth birthday. On a fast day one full meal is allowed. Two other meals, sufficient to maintain strength, may be taken according to each one's needs, but together they should not equal another full meal. Eating between meals is not permitted, but liquids, including milk and juices, are allowed.

Abstinence is observed by all fourteen years of age and older. On days of abstinence no meat is allowed. Note that when health or ability to work would be seriously affected, the law does not oblige. When in doubt concerning fast and abstinence, the parish priest should be consulted.



BLESSED PALM BRANCHES AT YOUR HOUSE...

Please bring last year's Palm Sunday palms to SJV and place them in the basket in the vestibule; they will be burned in this year's Easter fire.

Ash Wednesday Rosary Challenge



This Lent, join your fellow parishioners in praying the Rosary on Zoom! All prayer levels and ages welcome. How many in your family can squish on the couch together while praying the Rosary?

Fr. David is challenging us to Zoom in on every Lenten Wednesday.

A half hour of prayer with parish friends...
will you join us this Lent?

Wednesdays from 7-7:30 pm.

Join Zoom Meeting (Rosary)

<https://us02web.zoom.us/j/82393684503>

New SJV Zoom Study Group will discuss Pope Francis's newest encyclical, *Fratelli Tutti - On Brotherly Love and Friendship*

Our first session is next Thursday, February 25th, at 7:00



The encyclical is made up of eight chapters and we will discuss one chapter each session.

Below you will find a copy of the **document** and the **study guide we will follow to** assist us in our discussion of *Fratelli Tutti*.

[Fratelli tutti \(3 October 2020\) | Francis \(vatican.va\)](#)
Link to the encyclical

[fratellituttiguide.pdf \(wherepeteris.com\)](#) Link to the study guide

If you plan to join (and we hope you will), please start reading chapter one. We will have our first “encyclical club” on Feb. 25th.

Contact the office or Mary Lawrence if you would like to be part of the group.

Join Zoom Meeting <https://us02web.zoom.us/j/83626967535>

Thursdays at 7:00PM, February 25-April 22

Holy Hour of Eucharistic Adoration Friday Evenings, 7-8PM

This evening Fr. David will celebrate a **Holy Hour of Prayer for Deliverance from Temptation and Evil**. The Holy Hour, which will be live-streamed for those who feel safer praying from home, will include the Liturgy of the Word, Silent Adoration, a Reflection, a Litany of Saints, Intercessions, and Divine Praises.

UPCOMING HOLY HOURS:

February 26: The Grace of Conversion

March 5: Reparation from Sin for the Sacred Heart of Jesus

March 12: For the Grace of Perseverance during Lent

March 19: St. Joseph and All Foster Fathers

March 26: The Elect of the Church

Repent and Believe in the Gospel

February 21, 2021

1st Sunday in Lent

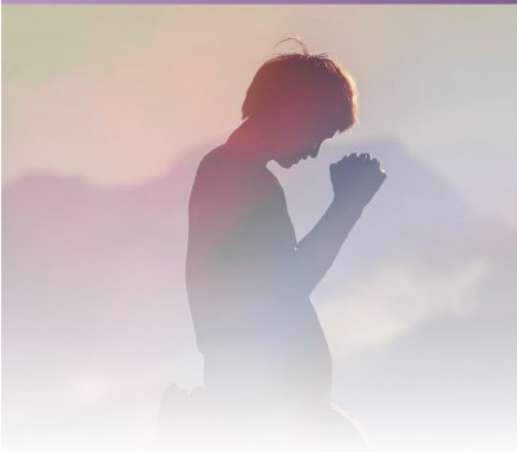


ARCHDIOCESE OF SEATTLE

At Home with Faith

Jesus calls us to take a fresh look at things so we can receive his good news.

Lent prepares us, through simplicity, to see God's blessings and receive them joyfully.



Read

Take time to read and reflect
on the Scriptures for
this day.

Don't have access to a Bible?

Visit www.usccb.org/bible/readings
or download an app such as *Laudate*
or *iBreviary* to access the
Mass readings.

With the beginning of Lent, the Church calls us to renew our devotion to three spiritual practices that help us follow Jesus' instruction to repent and believe in the gospel. Each is about restoring justice — the right ordering of things — to our lives.

Prayer is about justice toward God. By giving our attention to God, we grow closer to him and become more aware of his grace.

Fasting is about justice toward self. Surrounded by so many blessings, we can take them for granted. Fasting breaks disordered attachments, restores our balance and makes us more aware of the blessings God has given us.

Almsgiving is about justice towards our neighbors. We care for our neighbors because, as fellow children of God, they are our brothers and sisters.

Genesis 9:8-15

I will remember the covenant I made with you.

Psalms 25:4-5, 6-7, 8-9

You remember your love for those who keep your covenant.

1 Peter 3:18-22

Baptism is a covenant with God.

Mark 1:12-15

Repent and believe in the Gospel!

For more resources, visit us online at:

<https://marriagefamilylife.seattlearchdiocese.org/athomewithfaith>

At Home with Faith

Talk

Here are some reflection questions to help you have **Great Conversations** with the whole family.

Help your child become more aware of grace:

- **Fill a large glass halfway with water and ask them if it is half empty or half full.** As familiar as this proverbial saying is to us, it can be useful for children. Ask them what makes it half-full or half-empty.
- **Pour the water into a smaller glass so the smaller glass is now full.** Tell them that the amount of water didn't change, but our perception did. If we are thirsty, we would be grateful for the water and not worried about the size of the glass. Sometimes it helps us to change our perception of things.
- **Tell them that Lent is about changing our perception.** During Lent we do something like using a smaller glass to hold our water. It helps change our perception, get rid of the things we don't really need and become more aware of our blessings.



It's encouraging to hear about how God rescued Noah and his family. At the same time, it's upsetting to think about a disaster that wipes out life on earth. Why would God let that happen?

Of course, this thinking is backwards. In *The Seven Storey Mountain*, the wise monk Thomas Merton explains that we should not be shocked when bad things happen. War, sickness and disaster come quite naturally when things are out of order. What's more interesting is when good things happen: "How could all this be possible without the merciful love of God, pouring out His grace upon us?" Lent is about reconnecting with that grace.

When Jesus instructs us to "repent and believe in the gospel," he wants us to change our thinking. He wants us to look at things with a spirit of gratitude and joy, alert for God's grace so we may receive it.

When we teach our children the practices of Lent, we want them to see them as ways to become more ready for grace. Encourage them to look at Lent as an adventure where, through setting aside distractions, we are open to grace.

[Check out this website](https://marriagefamilylife.seattlearchdiocese.org/athomewithfaith) for Lenten resources.

For more resources, visit us online at:

<https://marriagefamilylife.seattlearchdiocese.org/athomewithfaith>

MASS SCHEDULE

Saturday Vigil 5:00 pm

Sunday Mass 9:00 am

Communion Distribution

10:00-10:30 and Noon-1:00

(RSVPs Required)

SACRAMENTS

Eucharistic Adoration Fri. 7:00pm

Reconciliation Sat. 3:30-4:30, 5:45-6:30pm, and by appointment

HORARIO DE MISAS

Sabados 5 pm transmisión en vivo

Domingos 9 am

Distribución de Comunión 10-10:30am, 12-1 pm

SACRAMENTOS Bautizo: Avisar 1 mes antes y preparacion se requiere

Matrimonio: Avisar 6 meses antes y preparacion

Reconciliacion: Sabados 3:30-4:30, 5:45-6:30pm y con cita

Adoracion de Eucaristia: Viernes 7:00

ST VINCENT DE PAUL: EMERGENCY HOT-

LINE Please call/llame por favor the St. Vincent de Paul hotline if in need of emergency help/ayuda de emergencia: 206-450-7577

HOMEBOUND MINISTRY Please call the office at 206-567-4149 if you know of anyone sick or homebound and who wants to receive Communion.

FINANCE COUNCIL

Matt Sullivan Brian Reiling
Drew Folkestad Dina Campion

PASTORAL COUNCIL

Linda Bianchi Constance Walker - Secretary
Dennis Carda
Francisco Esquiviez
Wintry Sheehan
Jim Walker
Ann Zapf —Chair
Karl Zapf

Prayer for the Sick Requests



Repose of the Soul of Dorothy Dougher **Fr. Patrick Clark (Former SJV Pastor)**

Michael Hutchinson (son of Mary Lee Hutchinson)

Edith Aspiri

Peter Steen

Mary Devlin Sage

Andelka Chorak

Carolyn Kinsler Steen

Jacqueline Baldessari

Marilyn Klob

Ira Langlois

Please submit requests to

Barbara Powell at

waltersmom50@gmail.com or

707-812-2420 .

STAFF

Office Hours W-F 9am-12pm

Maria Pottinger—Administrator

Mary Lawrence —Faith Formation

Michelle Casad —Music

Molly Malone —Bookkeeper

Kristen Elliott —Admin Assistant

Nathan Seder—Tech/Facilities/Pianist



Online
Giving

Attending Mass remotely during the coronavirus pandemic? Please use Online Giving to keep up on your sacrificial giving.

As Fr. has told us, even while so many of us are participating in the Mass with him from home via his excellent live streaming on Facebook, most of our SJV expenses remain. Go to stjohnvianneyvashon.com and click on the Online Giving link – it's quick and easy! Call the office if you would like us to talk you through the steps.



Formed and myParish app
Great Catholic and parish information—see the office for help adding both to your phone.